

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN6: Rarely or never wore a bicycle helmet

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	42.7%	(37.6 - 47.9)	1,518	46.3%	(39.2 - 53.6)	820	38.4%	(31.4 - 46.0)	694
Age									
11 years old or younger	25.7%	(16.3 - 38.2)	366	28.5%	(15.3 - 46.6)	192	22.5%	(11.1 - 40.3)	173
12 years old	43.9%	(34.5 - 53.9)	470	48.4%	(35.6 - 61.4)	269	38.6%	(25.3 - 53.7)	199
13 years old or older	48.5%	(41.6 - 55.4)	682	52.0%	(42.2 - 61.6)	359	44.5%	(35.1 - 54.2)	322
Gender									
Male	-	-	0	-	-	0	-	-	0
Female	46.3%	(39.2 - 53.5)	820	46.3%	(39.2 - 53.6)	820	-	-	0
Grade									
6th grade	25.2%	(16.9 - 35.9)	462	29.1%	(17.3 - 44.7)	253	20.5%	(10.7 - 35.7)	208
7th grade	49.3%	(39.9 - 58.7)	484	52.3%	(39.9 - 64.4)	273	45.8%	(32.1 - 60.0)	209
8th grade	47.6%	(40.2 - 55.1)	570	51.7%	(41.0 - 62.2)	293	42.9%	(33.2 - 53.2)	276
Race/Ethnicity									
Asian	36.0%	(25.3 - 48.3)	170	36.5%	(23.7 - 51.6)	100	34.8%	(17.8 - 56.9)	70
Black*	42.9%	(28.5 - 58.7)	147	63.8%	(36.9 - 84.2)	71	28.9%	(14.9 - 48.5)	76
Hispanic/Latino	60.3%	(49.7 - 70.0)	330	55.7%	(40.6 - 69.8)	166	65.1%	(50.2 - 77.5)	163
White*	37.2%	(29.2 - 46.0)	681	42.4%	(31.2 - 54.5)	379	30.8%	(20.4 - 43.5)	300
Other/Multiple races	29.2%	(17.1 - 45.0)	161	35.1%	(16.5 - 59.7)	84	23.5%	(11.1 - 42.9)	77

Note: 494 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN7: Rarely or never wore a helmet when rollerblading or skateboarding

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	42.6%	(35.4 - 50.2)	788	46.7%	(35.0 - 58.7)	349	39.8%	(30.9 - 49.4)	435
Age									
11 years old or younger	21.8%	(10.7 - 39.4)	200	22.9%	(6.7 - 54.9)	88	21.1%	(8.6 - 43.2)	111
12 years old	51.0%	(36.9 - 65.0)	250	42.5%	(22.3 - 65.5)	112	56.2%	(38.0 - 73.0)	136
13 years old or older	46.6%	(36.9 - 56.5)	338	57.6%	(41.6 - 72.2)	149	38.0%	(27.1 - 50.2)	188
Gender									
Male	46.7%	(35.1 - 58.7)	349	46.7%	(35.0 - 58.7)	349	-	-	0
Female	39.8%	(30.9 - 49.4)	435	-	-	0	39.8%	(30.9 - 49.4)	435
Grade									
6th grade	20.1%	(10.4 - 35.3)	255	19.9%	(6.1 - 48.7)	118	20.3%	(9.1 - 39.3)	136
7th grade	50.9%	(37.2 - 64.4)	247	45.5%	(25.6 - 66.9)	105	54.2%	(36.5 - 71.0)	140
8th grade	49.6%	(39.1 - 60.2)	285	60.2%	(42.8 - 75.4)	125	41.2%	(29.3 - 54.3)	159
Race/Ethnicity									
Asian	31.9%	(14.8 - 55.8)	77	26.1%	(6.6 - 63.9)	29	34.9%	(13.4 - 64.9)	48
Black*	71.6%	(44.8 - 88.7)	68	98.7%	(96.1 - 99.6)	24	57.5%	(27.4 - 82.9)	44
Hispanic/Latino	50.8%	(37.0 - 64.5)	189	44.6%	(25.1 - 66.0)	80	56.1%	(37.6 - 73.0)	107
White*	32.9%	(22.9 - 44.7)	343	43.4%	(26.0 - 62.6)	163	25.8%	(15.3 - 40.0)	179
Other/Multiple races	22.2%	(10.3 - 41.5)	95	13.4%	(2.4 - 49.0)	43	29.4%	(12.3 - 55.3)	52

Note: 1224 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN10: Were ever in a physical fight

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	32.8%	(28.6 - 37.4)	2,005	43.3%	(36.9 - 50.0)	1,023	21.7%	(16.7 - 27.7)	974
Age									
11 years old or younger	34.9%	(24.9 - 46.4)	485	50.5%	(35.3 - 65.6)	244	17.3%	(8.3 - 32.5)	239
12 years old	32.2%	(24.7 - 40.7)	627	38.9%	(28.0 - 51.0)	333	25.0%	(15.9 - 37.1)	290
13 years old or older	32.4%	(26.7 - 38.7)	893	43.1%	(34.4 - 52.3)	446	21.3%	(14.8 - 29.8)	445
Gender									
Male	43.3%	(37.0 - 50.0)	1,023	43.3%	(36.9 - 50.0)	1,023	-	-	0
Female	21.7%	(16.7 - 27.7)	974	-	-	0	21.7%	(16.7 - 27.7)	974
Grade									
6th grade	34.8%	(26.2 - 44.5)	618	46.8%	(33.7 - 60.4)	321	21.9%	(12.8 - 35.0)	295
7th grade	34.1%	(26.5 - 42.6)	644	41.2%	(30.4 - 52.9)	342	26.5%	(16.9 - 38.9)	297
8th grade	30.4%	(24.5 - 37.1)	742	42.4%	(33.0 - 52.3)	359	18.3%	(12.0 - 26.8)	382
Race/Ethnicity									
Asian	40.3%	(29.8 - 51.8)	234	49.5%	(36.1 - 63.0)	132	19.3%	(8.9 - 37.1)	101
Black*	44.1%	(30.6 - 58.6)	208	66.2%	(42.8 - 83.7)	92	29.6%	(16.1 - 48.1)	116
Hispanic/Latino	30.7%	(23.5 - 39.0)	542	38.8%	(27.6 - 51.3)	256	23.4%	(15.0 - 34.5)	284
White*	26.2%	(19.7 - 34.0)	786	33.8%	(24.0 - 45.1)	419	18.1%	(10.6 - 29.3)	364
Other/Multiple races	22.3%	(12.4 - 36.8)	197	36.9%	(18.8 - 59.6)	100	9.1%	(2.6 - 27.1)	97

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN13: Were ever bullied on school property

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	22.5%	(18.9 - 26.5)	2,003	16.7%	(12.4 - 22.2)	1,019	28.6%	(23.2 - 34.8)	976
Age									
11 years old or younger	27.1%	(18.4 - 37.9)	484	17.8%	(8.8 - 32.6)	241	37.4%	(23.5 - 53.9)	241
12 years old	27.4%	(20.6 - 35.5)	628	24.5%	(15.7 - 36.2)	334	30.5%	(20.7 - 42.5)	290
13 years old or older	17.8%	(13.5 - 22.9)	891	11.4%	(6.9 - 18.3)	444	24.3%	(17.7 - 32.4)	445
Gender									
Male	16.7%	(12.4 - 22.2)	1,019	16.7%	(12.4 - 22.2)	1,019	-	-	0
Female	28.6%	(23.2 - 34.8)	976	-	-	0	28.6%	(23.2 - 34.8)	976
Grade									
6th grade	29.0%	(21.2 - 38.3)	617	19.3%	(10.8 - 32.0)	318	39.3%	(27.1 - 53.1)	297
7th grade	22.3%	(16.1 - 30.0)	645	20.4%	(12.5 - 31.4)	343	24.3%	(15.5 - 36.0)	297
8th grade	18.8%	(14.2 - 24.5)	740	12.5%	(7.4 - 20.4)	357	25.3%	(18.3 - 33.9)	382
Race/Ethnicity									
Asian	18.5%	(11.0 - 29.4)	235	22.9%	(12.9 - 37.1)	133	8.4%	(2.5 - 24.8)	101
Black*	19.8%	(11.0 - 33.0)	208	12.9%	(3.5 - 38.1)	92	24.3%	(12.6 - 41.8)	116
Hispanic/Latino	25.3%	(18.7 - 33.3)	541	12.7%	(6.7 - 22.9)	255	36.8%	(26.5 - 48.5)	284
White*	23.4%	(17.4 - 30.6)	785	17.5%	(10.7 - 27.3)	417	29.7%	(20.6 - 40.7)	365
Other/Multiple races	28.7%	(17.1 - 44.0)	197	17.4%	(6.2 - 40.2)	100	38.9%	(21.6 - 59.6)	97

Note: 9 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN14: Were ever electronically bullied

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	18.3%	(15.0 - 22.1)	2,005	14.5%	(10.4 - 19.7)	1,021	22.4%	(17.4 - 28.2)	976
Age									
11 years old or younger	21.2%	(13.4 - 31.7)	485	16.8%	(8.0 - 32.0)	242	26.0%	(14.4 - 42.2)	241
12 years old	16.4%	(11.2 - 23.4)	628	10.5%	(5.6 - 18.8)	334	22.8%	(14.2 - 34.5)	290
13 years old or older	18.3%	(13.9 - 23.7)	892	15.9%	(10.2 - 24.0)	445	20.8%	(14.6 - 28.7)	445
Gender									
Male	14.5%	(10.4 - 19.7)	1,021	14.5%	(10.4 - 19.7)	1,021	-	-	0
Female	22.4%	(17.4 - 28.2)	976	-	-	0	22.4%	(17.4 - 28.2)	976
Grade									
6th grade	19.3%	(12.8 - 27.9)	618	13.2%	(6.3 - 25.5)	319	25.7%	(15.7 - 39.1)	297
7th grade	15.4%	(10.4 - 22.2)	645	10.7%	(5.8 - 18.8)	343	20.6%	(12.4 - 32.3)	297
8th grade	19.4%	(14.6 - 25.4)	741	17.4%	(10.9 - 26.5)	358	21.5%	(14.9 - 30.1)	382
Race/Ethnicity									
Asian	17.7%	(10.6 - 28.1)	235	18.5%	(9.9 - 31.8)	133	15.9%	(6.3 - 34.5)	101
Black*	20.9%	(11.4 - 35.1)	207	21.9%	(8.0 - 47.7)	91	20.1%	(9.3 - 38.3)	116
Hispanic/Latino	22.6%	(16.3 - 30.4)	542	12.4%	(6.4 - 22.5)	256	31.9%	(22.1 - 43.6)	284
White*	14.2%	(9.7 - 20.4)	787	11.5%	(6.4 - 19.8)	420	17.2%	(10.4 - 27.2)	364
Other/Multiple races	23.4%	(12.9 - 38.6)	196	14.8%	(5.0 - 36.4)	99	30.8%	(15.3 - 52.4)	97

Note: 7 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN15: Ever seriously thought about killing themselves

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	13.4%	(10.5 - 16.9)	1,992	7.9%	(5.0 - 12.2)	1,020	19.3%	(14.6 - 25.0)	964
Age									
11 years old or younger	14.0%	(7.9 - 23.5)	485	10.8%	(4.3 - 24.8)	243	17.4%	(8.4 - 32.8)	240
12 years old	15.6%	(10.1 - 23.2)	622	11.6%	(5.7 - 22.3)	331	19.8%	(11.5 - 31.8)	287
13 years old or older	11.9%	(8.5 - 16.4)	885	4.5%	(2.2 - 8.8)	446	19.6%	(13.6 - 27.6)	437
Gender									
Male	7.9%	(5.0 - 12.2)	1,020	7.9%	(5.0 - 12.2)	1,020	-	-	0
Female	19.3%	(14.6 - 25.0)	964	-	-	0	19.3%	(14.6 - 25.0)	964
Grade									
6th grade	14.3%	(8.8 - 22.3)	617	8.7%	(3.5 - 19.9)	319	20.0%	(11.3 - 33.0)	296
7th grade	14.6%	(9.4 - 21.9)	638	11.8%	(5.9 - 22.1)	341	17.6%	(9.9 - 29.4)	292
8th grade	12.1%	(8.4 - 17.0)	736	4.6%	(2.2 - 9.6)	359	19.9%	(13.4 - 28.4)	376
Race/Ethnicity									
Asian	5.7%	(2.5 - 12.5)	232	3.3%	(0.9 - 10.9)	132	11.3%	(3.8 - 28.8)	99
Black*	17.9%	(9.0 - 32.3)	206	17.4%	(5.6 - 42.8)	92	18.3%	(7.6 - 37.8)	114
Hispanic/Latino	18.9%	(13.1 - 26.5)	538	6.8%	(2.7 - 16.0)	256	30.1%	(20.5 - 41.9)	280
White*	11.0%	(7.0 - 16.8)	782	8.0%	(3.7 - 16.4)	418	14.2%	(8.2 - 23.6)	361
Other/Multiple races	11.6%	(4.9 - 25.0)	196	12.6%	(3.3 - 37.7)	99	10.8%	(3.6 - 28.4)	97

Note: 20 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN16: Ever made a plan about how they would kill themselves

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	9.7%	(7.3 - 12.9)	1,997	6.2%	(3.5 - 10.7)	1,020	13.4%	(9.6 - 18.5)	969
Age									
11 years old or younger	8.0%	(3.9 - 15.8)	485	2.6%	(0.6 - 10.6)	243	14.0%	(6.1 - 28.8)	240
12 years old	10.5%	(6.1 - 17.5)	624	8.7%	(3.5 - 20.1)	332	12.5%	(6.4 - 22.9)	288
13 years old or older	9.9%	(6.7 - 14.5)	888	6.2%	(2.8 - 13.2)	445	13.8%	(8.8 - 21.0)	441
Gender									
Male	6.2%	(3.5 - 10.7)	1,020	6.2%	(3.5 - 10.7)	1,020	-	-	0
Female	13.4%	(9.6 - 18.5)	969	-	-	0	13.4%	(9.6 - 18.5)	969
Grade									
6th grade	10.6%	(6.1 - 17.8)	617	4.1%	(1.3 - 12.5)	319	17.5%	(9.4 - 30.1)	296
7th grade	9.7%	(5.5 - 16.5)	640	8.5%	(3.4 - 19.7)	341	11.0%	(5.4 - 21.2)	294
8th grade	8.8%	(5.6 - 13.6)	739	5.1%	(1.9 - 12.9)	359	12.7%	(7.7 - 20.1)	379
Race/Ethnicity									
Asian	6.3%	(2.4 - 15.2)	233	5.5%	(1.5 - 18.3)	133	8.1%	(2.1 - 26.3)	99
Black*	14.0%	(6.3 - 28.4)	205	19.5%	(6.3 - 46.8)	91	10.2%	(3.3 - 27.5)	114
Hispanic/Latino	12.9%	(8.3 - 19.5)	540	2.9%	(0.8 - 9.5)	256	22.0%	(13.9 - 33.1)	282
White*	6.4%	(3.5 - 11.6)	784	4.7%	(1.6 - 12.7)	418	8.3%	(3.8 - 17.0)	363
Other/Multiple races	12.7%	(5.8 - 25.5)	196	11.0%	(2.9 - 33.9)	99	14.2%	(5.4 - 32.3)	97

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN17: Ever tried to kill themselves

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	5.8%	(3.9 - 8.4)	1,997	3.1%	(1.4 - 6.4)	1,017	8.6%	(5.5 - 13.3)	972
Age									
11 years old or younger	5.2%	(2.1 - 12.3)	485	4.2%	(1.1 - 14.3)	242	6.3%	(1.8 - 20.1)	241
12 years old	6.3%	(3.0 - 13.0)	623	5.7%	(1.8 - 16.2)	330	7.0%	(2.5 - 18.1)	289
13 years old or older	5.7%	(3.4 - 9.3)	889	1.1%	(0.3 - 4.0)	445	10.5%	(6.2 - 17.3)	442
Gender									
Male	3.1%	(1.4 - 6.4)	1,017	3.1%	(1.4 - 6.4)	1,017	-	-	0
Female	8.6%	(5.5 - 13.2)	972	-	-	0	8.6%	(5.5 - 13.3)	972
Grade									
6th grade	4.5%	(2.0 - 10.0)	617	3.3%	(0.9 - 11.3)	318	5.8%	(2.0 - 15.8)	297
7th grade	7.2%	(3.6 - 14.0)	640	6.1%	(2.2 - 16.0)	340	8.3%	(3.2 - 20.2)	295
8th grade	5.6%	(3.3 - 9.3)	739	0.7%	(0.1 - 4.4)	358	10.6%	(6.1 - 17.7)	380
Race/Ethnicity									
Asian	3.3%	(1.1 - 9.6)	231	0.2%	(0.1 - 0.4)	131	10.5%	(3.4 - 28.2)	99
Black*	9.6%	(3.6 - 23.4)	206	7.2%	(1.0 - 36.6)	91	11.2%	(3.5 - 30.5)	115
Hispanic/Latino	8.2%	(4.7 - 13.9)	540	4.3%	(1.4 - 12.2)	256	11.8%	(6.2 - 21.2)	282
White*	4.0%	(1.8 - 8.7)	785	2.8%	(0.7 - 10.0)	417	5.3%	(1.9 - 13.8)	365
Other/Multiple races	2.6%	(0.4 - 14.8)	196	0.1%	(0.0 - 0.5)	99	4.9%	(0.8 - 25.8)	97

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

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Summary Tables - Weighted Data

QN19: Smoked a cigarette before age 11 years

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.9%	(0.4 - 2.2)	2,001	1.2%	(0.4 - 3.7)	1,018	0.6%	(0.2 - 2.1)	975
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	486	0.0%	(0.0 - 0.3)	242	0.1%	(0.0 - 0.4)	242
12 years old	1.9%	(0.6 - 6.1)	626	2.8%	(0.7 - 10.9)	334	1.0%	(0.1 - 6.8)	288
13 years old or older	0.6%	(0.2 - 2.2)	889	0.6%	(0.1 - 4.2)	442	0.6%	(0.1 - 3.0)	445
Gender									
Male	1.2%	(0.4 - 3.7)	1,018	1.2%	(0.4 - 3.7)	1,018	-	-	0
Female	0.6%	(0.2 - 2.1)	975	-	-	0	0.6%	(0.2 - 2.1)	975
Grade									
6th grade	0.6%	(0.1 - 3.6)	618	0.0%	-	319	1.3%	(0.2 - 7.4)	297
7th grade	1.5%	(0.4 - 5.7)	644	2.8%	(0.7 - 10.7)	343	0.0%	(0.0 - 0.2)	296
8th grade	0.1%	(0.0 - 0.1)	737	0.0%	(0.0 - 0.1)	355	0.1%	(0.0 - 0.2)	381
Race/Ethnicity									
Asian	1.6%	(0.2 - 10.5)	235	2.3%	(0.3 - 14.6)	133	0.0%	-	101
Black*	1.0%	(0.2 - 5.7)	207	0.0%	(0.0 - 0.4)	90	1.6%	(0.2 - 9.4)	117
Hispanic/Latino	0.6%	(0.1 - 3.4)	540	1.2%	(0.2 - 7.2)	256	0.1%	(0.0 - 0.2)	282
White*	0.0%	(0.0 - 0.1)	785	0.0%	(0.0 - 0.2)	417	0.1%	(0.0 - 0.2)	365
Other/Multiple races	5.5%	(1.4 - 19.1)	194	5.9%	(0.8 - 32.0)	98	5.2%	(0.8 - 27.3)	96

Note: 11 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN20: Currently smoked cigarettes

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.5%	(0.2 - 1.3)	1,991	0.6%	(0.2 - 2.4)	1,015	0.3%	(0.0 - 1.7)	968
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	482	0.0%	(0.0 - 0.3)	241	0.0%	(0.0 - 0.2)	239
12 years old	0.5%	(0.1 - 3.5)	625	1.0%	(0.1 - 6.7)	333	0.0%	-	288
13 years old or older	0.6%	(0.2 - 2.2)	884	0.6%	(0.1 - 4.2)	441	0.5%	(0.1 - 3.4)	441
Gender									
Male	0.6%	(0.2 - 2.4)	1,015	0.6%	(0.2 - 2.4)	1,015	-	-	0
Female	0.3%	(0.0 - 1.7)	968	-	-	0	0.3%	(0.0 - 1.7)	968
Grade									
6th grade	0.0%	(0.0 - 0.1)	614	0.0%	-	318	0.0%	(0.0 - 0.1)	294
7th grade	0.5%	(0.1 - 3.3)	642	1.0%	(0.1 - 6.4)	341	0.0%	(0.0 - 0.1)	296
8th grade	0.0%	(0.0 - 0.1)	733	0.0%	(0.0 - 0.1)	355	0.0%	(0.0 - 0.1)	377
Race/Ethnicity									
Asian	0.0%	-	233	0.0%	-	133	0.0%	-	99
Black*	0.9%	(0.1 - 6.0)	207	0.0%	-	90	1.5%	(0.2 - 9.7)	117
Hispanic/Latino	0.6%	(0.1 - 3.7)	535	1.2%	(0.2 - 7.5)	254	0.0%	-	279
White*	0.0%	(0.0 - 0.1)	784	0.0%	(0.0 - 0.2)	417	0.0%	-	364
Other/Multiple races	2.9%	(0.5 - 16.9)	193	5.9%	(0.9 - 31.8)	98	0.2%	(0.0 - 0.8)	95

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN21: Smoked more than 10 cigarettes per day

	Percentage	Total		Percentage	Male		Percentage	Female		N
		95% confidence interval	N		95% confidence interval	N		95% confidence interval		
Overall	-	-	9	-	-	-	-	-	-	4
Age										
11 years old or younger	-	-	2	-	-	1	-	-	-	1
12 years old	-	-	1	-	-	1	-	-	-	0
13 years old or older	-	-	6	-	-	3	-	-	-	3
Gender										
Male	-	-	5	-	-	5	-	-	-	0
Female	-	-	4	-	-	0	-	-	-	4
Grade										
6th grade	-	-	1	-	-	0	-	-	-	1
7th grade	-	-	3	-	-	2	-	-	-	1
8th grade	-	-	3	-	-	2	-	-	-	1
Race/Ethnicity										
Asian	-	-	0	-	-	0	-	-	-	0
Black*	-	-	2	-	-	0	-	-	-	2
Hispanic/Latino	-	-	2	-	-	2	-	-	-	0
White*	-	-	1	-	-	1	-	-	-	0
Other/Multiple races	-	-	4	-	-	2	-	-	-	2

Note: 2003 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN22: Ever used an electronic vapor product

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	5.2%	(3.5 - 7.7)	2,003	4.2%	(2.2 - 7.9)	1,021	6.3%	(3.8 - 10.3)	974
Age									
11 years old or younger	1.5%	(0.2 - 8.6)	486	0.1%	(0.0 - 0.4)	243	3.0%	(0.4 - 17.6)	241
12 years old	5.6%	(2.8 - 10.9)	627	5.0%	(1.8 - 12.9)	334	6.3%	(2.4 - 15.5)	289
13 years old or older	6.4%	(3.8 - 10.5)	890	5.3%	(2.3 - 12.1)	444	7.5%	(4.0 - 13.7)	444
Gender									
Male	4.2%	(2.2 - 7.9)	1,021	4.2%	(2.2 - 7.9)	1,021	-	-	0
Female	6.3%	(3.8 - 10.3)	974	-	-	0	6.3%	(3.8 - 10.3)	974
Grade									
6th grade	2.1%	(0.5 - 7.6)	618	2.0%	(0.3 - 12.2)	319	2.2%	(0.3 - 13.1)	297
7th grade	4.8%	(2.3 - 9.6)	645	3.3%	(1.1 - 9.8)	344	6.4%	(2.5 - 15.5)	296
8th grade	7.1%	(4.2 - 11.9)	738	6.2%	(2.6 - 13.9)	357	8.1%	(4.2 - 15.2)	380
Race/Ethnicity									
Asian	1.7%	(0.4 - 6.5)	234	1.4%	(0.2 - 9.0)	133	2.5%	(0.4 - 14.7)	100
Black*	9.7%	(3.8 - 22.7)	207	12.2%	(2.8 - 40.4)	90	8.1%	(2.4 - 23.9)	117
Hispanic/Latino	9.7%	(5.8 - 15.7)	543	6.5%	(2.8 - 14.4)	257	12.6%	(6.7 - 22.5)	284
White*	2.4%	(0.9 - 6.3)	785	2.6%	(0.7 - 9.8)	418	2.2%	(0.6 - 8.4)	364
Other/Multiple races	0.3%	(0.1 - 0.6)	194	0.2%	(0.0 - 0.7)	99	0.4%	(0.2 - 1.0)	95

Note: 9 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN23: Currently used an electronic vapor product

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	2.1%	(1.2 - 3.7)	1,996	1.9%	(0.8 - 4.3)	1,017	2.3%	(1.0 - 5.0)	971
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	483	0.1%	(0.0 - 0.4)	241	0.0%	-	240
12 years old	3.5%	(1.4 - 8.3)	624	2.6%	(0.6 - 10.4)	333	4.5%	(1.4 - 13.1)	287
13 years old or older	2.0%	(0.9 - 4.2)	889	2.1%	(0.7 - 6.0)	443	1.8%	(0.6 - 5.3)	444
Gender									
Male	1.9%	(0.8 - 4.3)	1,017	1.9%	(0.8 - 4.3)	1,017	-	-	0
Female	2.3%	(1.0 - 5.0)	971	-	-	0	2.3%	(1.0 - 5.0)	971
Grade									
6th grade	1.0%	(0.2 - 6.5)	615	2.0%	(0.3 - 12.2)	317	0.0%	-	296
7th grade	2.7%	(1.0 - 6.9)	641	1.0%	(0.1 - 6.4)	342	4.6%	(1.5 - 13.1)	294
8th grade	2.0%	(0.9 - 4.5)	738	2.5%	(0.9 - 7.0)	357	1.5%	(0.4 - 5.7)	380
Race/Ethnicity									
Asian	1.0%	(0.1 - 6.4)	234	1.4%	(0.2 - 9.0)	133	0.0%	-	100
Black*	2.3%	(0.6 - 8.8)	207	3.4%	(0.5 - 21.2)	90	1.6%	(0.2 - 9.4)	117
Hispanic/Latino	4.5%	(2.2 - 9.2)	539	2.4%	(0.7 - 8.3)	255	6.4%	(2.6 - 14.8)	282
White*	0.9%	(0.1 - 5.3)	784	1.7%	(0.3 - 9.9)	417	0.0%	(0.0 - 0.1)	364
Other/Multiple races	0.2%	(0.1 - 0.4)	193	0.2%	(0.0 - 0.7)	99	0.2%	(0.0 - 0.7)	94

Note: 16 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN24: Currently used smokeless tobacco

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.7%	(0.3 - 1.7)	2,005	0.9%	(0.3 - 2.7)	1,022	0.5%	(0.1 - 1.8)	975
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	484	0.0%	(0.0 - 0.3)	242	0.1%	(0.0 - 0.3)	240
12 years old	0.5%	(0.1 - 3.5)	627	1.0%	(0.1 - 6.7)	334	0.0%	(0.0 - 0.1)	289
13 years old or older	1.1%	(0.4 - 2.8)	894	1.3%	(0.3 - 4.6)	446	0.9%	(0.2 - 3.5)	446
Gender									
Male	0.9%	(0.3 - 2.7)	1,022	0.9%	(0.3 - 2.7)	1,022	-	-	0
Female	0.5%	(0.1 - 1.8)	975	-	-	0	0.5%	(0.1 - 1.8)	975
Grade									
6th grade	0.0%	(0.0 - 0.1)	617	0.0%	-	319	0.0%	(0.0 - 0.2)	296
7th grade	0.5%	(0.1 - 3.2)	643	1.0%	(0.2 - 6.3)	342	0.1%	(0.0 - 0.2)	296
8th grade	0.6%	(0.2 - 2.3)	743	0.7%	(0.1 - 4.4)	360	0.5%	(0.1 - 3.1)	382
Race/Ethnicity									
Asian	0.0%	-	235	0.0%	-	133	0.0%	-	101
Black*	0.9%	(0.1 - 5.9)	209	0.0%	-	92	1.5%	(0.2 - 9.5)	117
Hispanic/Latino	0.9%	(0.2 - 3.5)	540	1.2%	(0.2 - 7.2)	255	0.7%	(0.1 - 4.4)	283
White*	0.5%	(0.1 - 3.2)	787	0.9%	(0.1 - 6.1)	419	0.0%	(0.0 - 0.2)	365
Other/Multiple races	2.8%	(0.4 - 16.0)	196	5.8%	(0.9 - 30.5)	100	0.2%	(0.0 - 0.7)	96

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN25: Currently smoked cigars

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.9%	(0.4 - 2.0)	2,004	0.9%	(0.3 - 2.7)	1,022	0.9%	(0.3 - 2.6)	974
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	484	0.0%	(0.0 - 0.3)	242	0.1%	(0.0 - 0.4)	240
12 years old	1.1%	(0.3 - 4.3)	626	1.0%	(0.1 - 6.7)	334	1.2%	(0.2 - 8.3)	288
13 years old or older	1.1%	(0.4 - 2.8)	894	1.3%	(0.3 - 4.6)	446	0.9%	(0.2 - 3.5)	446
Gender									
Male	0.9%	(0.3 - 2.7)	1,022	0.9%	(0.3 - 2.7)	1,022	-	-	0
Female	0.9%	(0.3 - 2.6)	974	-	-	0	0.9%	(0.3 - 2.6)	974
Grade									
6th grade	0.7%	(0.1 - 4.6)	617	0.0%	-	319	1.5%	(0.2 - 9.2)	296
7th grade	0.5%	(0.1 - 3.4)	642	1.0%	(0.1 - 6.4)	342	0.0%	(0.0 - 0.1)	295
8th grade	0.6%	(0.2 - 2.3)	743	0.8%	(0.1 - 4.3)	360	0.5%	(0.1 - 3.0)	382
Race/Ethnicity									
Asian	0.0%	(0.0 - 0.1)	235	0.0%	-	133	0.1%	(0.0 - 0.5)	101
Black*	0.9%	(0.1 - 5.9)	209	0.0%	-	92	1.5%	(0.2 - 9.5)	117
Hispanic/Latino	0.9%	(0.2 - 3.5)	539	1.2%	(0.2 - 7.2)	255	0.7%	(0.1 - 4.4)	282
White*	0.5%	(0.1 - 3.2)	786	0.9%	(0.1 - 6.1)	418	0.0%	(0.0 - 0.2)	365
Other/Multiple races	5.8%	(1.5 - 20.1)	196	5.8%	(0.9 - 30.5)	100	5.9%	(0.9 - 31.3)	96

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN27: Drank alcohol for the first time before age 11 years

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	4.0%	(2.5 - 6.3)	1,970	3.8%	(2.0 - 7.2)	1,003	4.2%	(2.2 - 7.8)	959
Age									
11 years old or younger	4.9%	(1.7 - 13.2)	470	8.5%	(2.8 - 22.8)	239	0.5%	(0.2 - 0.9)	229
12 years old	4.1%	(1.8 - 9.0)	617	3.2%	(0.9 - 10.9)	327	5.1%	(1.8 - 13.9)	286
13 years old or older	3.6%	(1.9 - 6.7)	883	2.2%	(0.8 - 5.8)	437	4.9%	(2.2 - 10.8)	444
Gender									
Male	3.8%	(2.0 - 7.2)	1,003	3.8%	(2.0 - 7.2)	1,003	-	-	0
Female	4.2%	(2.2 - 7.8)	959	-	-	0	4.2%	(2.2 - 7.8)	959
Grade									
6th grade	5.7%	(2.5 - 12.4)	600	6.7%	(2.3 - 18.0)	313	4.7%	(1.3 - 15.1)	285
7th grade	3.5%	(1.4 - 8.4)	632	3.1%	(0.8 - 10.9)	334	3.9%	(1.1 - 13.1)	293
8th grade	3.0%	(1.5 - 6.0)	736	1.8%	(0.6 - 5.5)	355	4.2%	(1.7 - 9.8)	380
Race/Ethnicity									
Asian	3.5%	(1.1 - 10.3)	228	3.8%	(1.0 - 14.0)	128	2.6%	(0.4 - 14.2)	99
Black*	9.5%	(4.0 - 20.9)	206	6.8%	(1.0 - 34.1)	91	11.2%	(4.2 - 26.3)	115
Hispanic/Latino	1.8%	(0.7 - 4.5)	530	2.7%	(0.8 - 8.7)	249	1.0%	(0.3 - 3.7)	279
White*	3.6%	(1.5 - 8.6)	779	2.4%	(0.5 - 10.2)	415	5.0%	(1.7 - 14.1)	361
Other/Multiple races	6.1%	(1.8 - 19.1)	193	12.6%	(3.4 - 37.2)	97	0.5%	(0.2 - 1.3)	96

Note: 42 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN28: Ever used marijuana

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	2.9%	(1.7 - 4.8)	2,000	2.5%	(1.2 - 5.2)	1,018	3.3%	(1.6 - 6.5)	974
Age									
11 years old or younger	0.0%	(0.0 - 0.2)	482	0.0%	(0.0 - 0.3)	241	0.0%	-	239
12 years old	3.0%	(1.1 - 7.8)	629	1.0%	(0.1 - 6.6)	335	5.2%	(1.7 - 14.8)	290
13 years old or older	3.9%	(2.2 - 7.0)	889	4.5%	(2.0 - 9.6)	442	3.4%	(1.4 - 8.0)	445
Gender									
Male	2.5%	(1.2 - 5.2)	1,018	2.5%	(1.2 - 5.2)	1,018	-	-	0
Female	3.3%	(1.6 - 6.5)	974	-	-	0	3.3%	(1.6 - 6.5)	974
Grade									
6th grade	0.0%	-	615	0.0%	-	318	0.0%	-	295
7th grade	3.0%	(1.1 - 7.7)	645	1.0%	(0.2 - 6.2)	343	5.2%	(1.7 - 14.8)	297
8th grade	3.9%	(2.1 - 7.4)	738	4.5%	(1.9 - 10.3)	356	3.3%	(1.2 - 8.7)	381
Race/Ethnicity									
Asian	1.0%	(0.1 - 6.5)	234	1.4%	(0.2 - 9.2)	133	0.0%	-	100
Black*	2.3%	(0.6 - 8.8)	207	3.5%	(0.5 - 21.0)	91	1.6%	(0.2 - 9.4)	116
Hispanic/Latino	6.5%	(3.4 - 12.1)	541	4.4%	(1.4 - 12.9)	255	8.3%	(3.7 - 17.7)	284
White*	1.2%	(0.3 - 4.4)	783	1.0%	(0.2 - 5.8)	416	1.4%	(0.2 - 8.9)	364
Other/Multiple races	2.7%	(0.4 - 16.4)	195	5.6%	(0.8 - 31.0)	99	0.1%	(0.0 - 0.5)	96

Note: 12 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN29: Tried marijuana for the first time before age 11 years

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.8%	(0.3 - 2.0)	2,002	0.6%	(0.2 - 2.4)	1,020	1.0%	(0.3 - 3.3)	974
Age									
11 years old or younger	0.0%	(0.0 - 0.2)	481	0.0%	(0.0 - 0.3)	241	0.0%	-	238
12 years old	1.3%	(0.3 - 5.4)	629	1.0%	(0.1 - 6.6)	335	1.7%	(0.2 - 11.2)	290
13 years old or older	0.8%	(0.3 - 2.4)	892	0.7%	(0.1 - 4.1)	444	0.9%	(0.2 - 3.5)	446
Gender									
Male	0.6%	(0.2 - 2.4)	1,020	0.6%	(0.2 - 2.4)	1,020	-	-	0
Female	1.0%	(0.3 - 3.3)	974	-	-	0	1.0%	(0.3 - 3.3)	974
Grade									
6th grade	0.0%	-	614	0.0%	-	318	0.0%	-	294
7th grade	1.3%	(0.3 - 5.3)	646	1.0%	(0.1 - 6.3)	344	1.7%	(0.2 - 11.1)	297
8th grade	0.3%	(0.0 - 1.5)	740	0.0%	(0.0 - 0.1)	357	0.5%	(0.1 - 3.2)	382
Race/Ethnicity									
Asian	0.0%	-	235	0.0%	-	133	0.0%	-	101
Black*	0.9%	(0.1 - 5.9)	208	0.0%	(0.0 - 0.3)	92	1.5%	(0.2 - 9.7)	116
Hispanic/Latino	1.8%	(0.5 - 5.7)	541	1.2%	(0.2 - 7.1)	255	2.3%	(0.5 - 9.9)	284
White*	0.0%	-	782	0.0%	-	416	0.0%	-	363
Other/Multiple races	2.7%	(0.4 - 16.7)	196	5.6%	(0.8 - 31.0)	100	0.0%	-	96

Note: 10 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN30: Ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	4.9%	(3.4 - 7.2)	1,999	4.4%	(2.5 - 7.8)	1,018	5.5%	(3.4 - 8.9)	973
Age									
11 years old or younger	4.0%	(1.4 - 10.9)	480	5.1%	(1.4 - 17.4)	241	2.6%	(0.5 - 12.7)	237
12 years old	4.0%	(1.9 - 8.4)	626	4.7%	(1.8 - 11.8)	332	3.3%	(0.9 - 11.0)	290
13 years old or older	5.8%	(3.6 - 9.3)	893	3.9%	(1.6 - 9.2)	445	7.8%	(4.4 - 13.4)	446
Gender									
Male	4.4%	(2.5 - 7.8)	1,018	4.4%	(2.5 - 7.8)	1,018	-	-	0
Female	5.5%	(3.4 - 8.9)	973	-	-	0	5.5%	(3.4 - 8.9)	973
Grade									
6th grade	4.5%	(2.0 - 10.1)	611	5.5%	(1.8 - 15.3)	316	3.4%	(1.0 - 11.4)	293
7th grade	2.8%	(1.1 - 6.6)	644	3.4%	(1.2 - 9.5)	342	2.1%	(0.4 - 9.8)	297
8th grade	6.1%	(3.6 - 10.0)	742	3.8%	(1.4 - 9.9)	359	8.4%	(4.7 - 14.8)	382
Race/Ethnicity									
Asian	2.3%	(0.6 - 8.5)	234	0.1%	(0.0 - 0.3)	133	7.7%	(2.0 - 26.1)	100
Black*	2.4%	(0.6 - 8.8)	209	0.1%	(0.0 - 0.5)	92	4.0%	(1.0 - 14.2)	117
Hispanic/Latino	10.6%	(6.4 - 17.0)	538	12.1%	(6.0 - 22.9)	252	9.2%	(4.5 - 18.0)	284
White*	1.8%	(0.7 - 4.4)	784	1.7%	(0.4 - 7.1)	418	1.8%	(0.6 - 5.7)	363
Other/Multiple races	8.3%	(2.8 - 22.2)	196	11.0%	(2.9 - 33.9)	99	6.0%	(0.9 - 31.0)	97

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN31: Ever used cocaine

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.8%	(0.3 - 1.8)	2,006	0.6%	(0.2 - 2.4)	1,024	0.9%	(0.3 - 2.9)	974
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	485	0.0%	(0.0 - 0.3)	244	0.1%	(0.0 - 0.3)	239
12 years old	0.5%	(0.1 - 3.5)	629	1.0%	(0.1 - 6.6)	335	0.0%	-	290
13 years old or older	1.2%	(0.4 - 3.2)	892	0.6%	(0.1 - 4.2)	445	1.8%	(0.6 - 5.6)	445
Gender									
Male	0.6%	(0.2 - 2.4)	1,024	0.6%	(0.2 - 2.4)	1,024	-	-	0
Female	0.9%	(0.3 - 2.9)	974	-	-	0	0.9%	(0.3 - 2.9)	974
Grade									
6th grade	0.0%	(0.0 - 0.1)	618	0.0%	-	321	0.1%	(0.0 - 0.2)	295
7th grade	0.5%	(0.1 - 3.3)	646	1.0%	(0.1 - 6.3)	344	0.0%	(0.0 - 0.1)	297
8th grade	0.8%	(0.2 - 3.1)	740	0.0%	(0.0 - 0.1)	358	1.5%	(0.4 - 6.1)	381
Race/Ethnicity									
Asian	0.7%	(0.1 - 4.9)	234	0.0%	-	133	2.4%	(0.3 - 15.3)	100
Black*	0.9%	(0.1 - 5.9)	209	0.0%	(0.0 - 0.3)	92	1.5%	(0.2 - 9.6)	117
Hispanic/Latino	1.2%	(0.3 - 4.8)	543	1.1%	(0.2 - 7.4)	257	1.3%	(0.2 - 8.8)	284
White*	0.0%	(0.0 - 0.1)	785	0.0%	-	419	0.0%	(0.0 - 0.2)	363
Other/Multiple races	2.8%	(0.4 - 16.7)	196	5.9%	(0.8 - 32.0)	99	0.1%	(0.0 - 0.7)	97

Note: 6 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN39: Did not eat breakfast

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	11.1%	(8.5 - 14.3)	2,007	6.6%	(4.0 - 10.7)	1,025	15.9%	(11.7 - 21.3)	974
Age									
11 years old or younger	8.7%	(4.0 - 17.7)	485	8.6%	(2.9 - 23.2)	244	8.8%	(3.0 - 23.2)	239
12 years old	8.6%	(5.0 - 14.3)	629	4.9%	(1.9 - 12.1)	335	12.6%	(6.6 - 22.6)	290
13 years old or older	13.6%	(9.8 - 18.6)	893	6.8%	(3.4 - 13.0)	446	20.5%	(14.2 - 28.7)	445
Gender									
Male	6.6%	(4.0 - 10.7)	1,025	6.6%	(4.0 - 10.7)	1,025	-	-	0
Female	15.9%	(11.7 - 21.3)	974	-	-	0	15.9%	(11.7 - 21.3)	974
Grade									
6th grade	9.1%	(4.9 - 16.5)	618	6.7%	(2.3 - 18.3)	321	11.7%	(5.4 - 23.5)	295
7th grade	9.6%	(5.8 - 15.5)	646	5.4%	(2.3 - 12.5)	344	14.2%	(7.6 - 24.7)	297
8th grade	13.2%	(9.2 - 18.6)	741	7.4%	(3.6 - 14.6)	359	19.1%	(12.6 - 27.8)	381
Race/Ethnicity									
Asian	6.9%	(2.9 - 15.6)	233	6.5%	(2.0 - 19.5)	133	7.9%	(2.7 - 21.3)	99
Black*	15.8%	(8.1 - 28.7)	209	9.7%	(2.3 - 33.2)	92	19.8%	(9.2 - 37.4)	117
Hispanic/Latino	15.0%	(9.9 - 21.9)	541	7.2%	(3.4 - 14.7)	256	22.0%	(13.7 - 33.3)	283
White*	8.4%	(4.9 - 14.1)	787	4.0%	(1.1 - 12.8)	420	13.3%	(7.4 - 22.8)	364
Other/Multiple races	11.3%	(4.8 - 24.6)	197	11.6%	(3.0 - 35.9)	100	11.1%	(3.7 - 29.2)	97

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN40: Were physically active at least 60 minutes per day on 5 or more days

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	52.3%	(47.6 - 56.8)	2,000	58.7%	(52.1 - 65.1)	1,019	45.5%	(39.1 - 52.0)	973
Age									
11 years old or younger	48.3%	(37.3 - 59.6)	485	47.9%	(33.0 - 63.2)	244	48.8%	(33.0 - 64.9)	239
12 years old	54.7%	(46.1 - 63.0)	623	56.8%	(44.7 - 68.1)	331	52.5%	(40.3 - 64.3)	288
13 years old or older	52.3%	(46.1 - 58.5)	892	64.4%	(55.2 - 72.6)	444	40.1%	(32.2 - 48.6)	446
Gender									
Male	58.7%	(52.1 - 65.1)	1,019	58.7%	(52.1 - 65.1)	1,019	-	-	0
Female	45.5%	(39.1 - 52.0)	973	-	-	0	45.5%	(39.1 - 52.0)	973
Grade									
6th grade	47.7%	(38.2 - 57.4)	616	46.8%	(33.7 - 60.2)	320	48.7%	(35.2 - 62.3)	294
7th grade	59.9%	(51.5 - 67.7)	642	64.3%	(52.6 - 74.5)	341	55.1%	(42.9 - 66.8)	296
8th grade	49.6%	(43.0 - 56.3)	740	61.9%	(51.8 - 71.0)	357	37.2%	(29.2 - 46.0)	382
Race/Ethnicity									
Asian	53.7%	(42.5 - 64.6)	234	61.8%	(47.6 - 74.3)	133	35.0%	(19.8 - 54.1)	100
Black*	41.2%	(28.1 - 55.7)	209	46.7%	(25.5 - 69.3)	92	37.6%	(22.0 - 56.3)	117
Hispanic/Latino	45.2%	(36.9 - 53.7)	537	58.7%	(46.0 - 70.3)	252	33.2%	(23.4 - 44.6)	283
White*	60.0%	(52.1 - 67.4)	785	59.7%	(48.2 - 70.2)	419	60.3%	(49.4 - 70.3)	363
Other/Multiple races	59.5%	(44.3 - 73.1)	197	59.0%	(35.8 - 78.8)	100	59.9%	(40.4 - 76.8)	97

Note: 12 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN44: Used social media several times a day

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	56.0%	(51.3 - 60.5)	2,005	51.5%	(44.9 - 58.0)	1,021	60.7%	(54.2 - 66.8)	976
Age									
11 years old or younger	40.8%	(30.4 - 52.2)	486	29.1%	(17.2 - 44.8)	243	53.9%	(37.6 - 69.4)	241
12 years old	54.9%	(46.3 - 63.2)	627	50.4%	(38.6 - 62.1)	333	59.7%	(47.3 - 70.9)	290
13 years old or older	62.5%	(56.3 - 68.3)	892	61.2%	(52.1 - 69.6)	445	63.8%	(55.3 - 71.5)	445
Gender									
Male	51.5%	(44.9 - 58.0)	1,021	51.5%	(44.9 - 58.0)	1,021	-	-	0
Female	60.7%	(54.2 - 66.8)	976	-	-	0	60.7%	(54.2 - 66.8)	976
Grade									
6th grade	39.6%	(30.7 - 49.4)	618	33.8%	(22.4 - 47.4)	319	45.9%	(32.7 - 59.6)	297
7th grade	63.4%	(55.1 - 71.1)	645	53.9%	(42.4 - 65.0)	343	73.8%	(61.9 - 83.0)	297
8th grade	60.3%	(53.6 - 66.6)	740	60.3%	(50.4 - 69.4)	358	60.3%	(51.2 - 68.7)	381
Race/Ethnicity									
Asian	49.3%	(38.4 - 60.3)	235	46.1%	(33.2 - 59.6)	133	56.6%	(37.6 - 73.9)	101
Black*	60.3%	(45.9 - 73.1)	209	61.6%	(37.9 - 80.9)	92	59.4%	(41.4 - 75.1)	117
Hispanic/Latino	71.7%	(63.6 - 78.7)	540	61.0%	(48.4 - 72.3)	254	81.4%	(71.1 - 88.6)	284
White*	47.2%	(39.5 - 55.1)	785	44.9%	(34.2 - 56.2)	418	49.6%	(38.8 - 60.4)	364
Other/Multiple races	43.4%	(29.5 - 58.5)	196	37.2%	(19.4 - 59.4)	100	49.0%	(30.0 - 68.3)	96

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN45: Reported that their mental health was most of the time or always not good

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	16.1%	(13.0 - 19.8)	1,997	8.6%	(5.5 - 13.1)	1,017	23.8%	(18.7 - 29.8)	972
Age									
11 years old or younger	11.2%	(6.0 - 19.9)	485	5.5%	(1.4 - 19.7)	244	17.5%	(8.7 - 32.0)	239
12 years old	14.4%	(9.3 - 21.7)	624	12.6%	(6.5 - 23.0)	331	16.2%	(8.9 - 27.7)	289
13 years old or older	19.0%	(14.5 - 24.4)	888	7.5%	(3.8 - 14.0)	442	30.7%	(23.2 - 39.3)	444
Gender									
Male	8.6%	(5.5 - 13.1)	1,017	8.6%	(5.5 - 13.1)	1,017	-	-	0
Female	23.8%	(18.7 - 29.8)	972	-	-	0	23.8%	(18.7 - 29.8)	972
Grade									
6th grade	13.2%	(8.1 - 20.9)	616	8.1%	(3.2 - 19.4)	320	18.4%	(10.3 - 30.8)	294
7th grade	17.3%	(11.6 - 25.0)	641	9.8%	(4.7 - 19.1)	340	25.4%	(15.9 - 38.0)	296
8th grade	17.0%	(12.6 - 22.6)	738	8.1%	(4.0 - 15.7)	356	26.1%	(19.0 - 34.8)	381
Race/Ethnicity									
Asian	10.2%	(5.5 - 18.2)	235	2.7%	(0.7 - 10.0)	133	27.6%	(14.1 - 47.0)	101
Black*	19.8%	(10.3 - 34.6)	207	22.4%	(7.6 - 50.4)	91	18.1%	(7.9 - 36.3)	116
Hispanic/Latino	19.5%	(13.7 - 26.9)	537	7.6%	(3.5 - 15.8)	252	29.8%	(20.4 - 41.3)	283
White*	14.9%	(10.0 - 21.5)	783	8.0%	(3.8 - 16.3)	418	22.1%	(14.0 - 33.1)	362
Other/Multiple races	18.5%	(9.4 - 33.2)	196	19.4%	(6.6 - 45.3)	99	17.6%	(7.5 - 36.1)	97

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN46: Got 8 or more hours of sleep

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	57.0%	(52.4 - 61.5)	2,000	64.6%	(58.1 - 70.6)	1,018	48.9%	(42.5 - 55.4)	974
Age									
11 years old or younger	66.1%	(54.8 - 75.8)	484	62.2%	(46.2 - 75.9)	242	70.7%	(54.5 - 82.9)	240
12 years old	53.0%	(44.4 - 61.4)	624	59.2%	(47.0 - 70.4)	332	46.3%	(34.5 - 58.6)	288
13 years old or older	56.0%	(49.8 - 62.0)	892	68.9%	(60.3 - 76.4)	444	43.0%	(34.9 - 51.5)	446
Gender									
Male	64.6%	(58.1 - 70.6)	1,018	64.6%	(58.1 - 70.6)	1,018	-	-	0
Female	48.9%	(42.5 - 55.4)	974	-	-	0	48.9%	(42.5 - 55.4)	974
Grade									
6th grade	63.7%	(54.0 - 72.3)	616	65.7%	(51.8 - 77.2)	318	61.5%	(47.8 - 73.7)	296
7th grade	50.7%	(42.3 - 59.0)	642	58.5%	(46.8 - 69.4)	342	42.0%	(30.5 - 54.5)	295
8th grade	57.6%	(50.9 - 63.9)	740	68.2%	(58.7 - 76.5)	357	46.8%	(38.1 - 55.8)	382
Race/Ethnicity									
Asian	55.8%	(44.6 - 66.5)	235	66.2%	(52.2 - 77.8)	133	31.9%	(17.5 - 50.9)	101
Black*	55.9%	(41.5 - 69.4)	206	60.5%	(36.3 - 80.5)	90	53.1%	(35.4 - 70.0)	116
Hispanic/Latino	49.5%	(41.1 - 57.9)	539	59.8%	(47.2 - 71.2)	254	40.2%	(29.7 - 51.8)	283
White*	63.6%	(55.7 - 70.8)	784	67.4%	(56.0 - 77.0)	417	59.6%	(48.5 - 69.8)	364
Other/Multiple races	61.5%	(46.6 - 74.6)	197	69.5%	(46.2 - 85.8)	100	54.3%	(34.9 - 72.5)	97

Note: 12 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN47: Usually did not sleep in their parent's or guardian's home

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.9%	(0.4 - 2.3)	1,997	1.2%	(0.4 - 3.5)	1,014	0.6%	(0.1 - 3.4)	975
Age									
11 years old or younger	2.3%	(0.6 - 8.6)	483	1.7%	(0.3 - 9.8)	241	3.0%	(0.5 - 17.4)	240
12 years old	0.9%	(0.2 - 5.3)	624	1.7%	(0.3 - 10.3)	331	0.1%	(0.0 - 0.3)	289
13 years old or older	0.3%	(0.1 - 1.9)	890	0.6%	(0.1 - 3.9)	442	0.0%	(0.0 - 0.1)	446
Gender									
Male	1.2%	(0.4 - 3.5)	1,014	1.2%	(0.4 - 3.5)	1,014	-	-	0
Female	0.6%	(0.1 - 3.4)	975	-	-	0	0.6%	(0.1 - 3.4)	975
Grade									
6th grade	2.8%	(0.9 - 8.1)	614	3.4%	(0.9 - 12.1)	316	2.2%	(0.3 - 13.0)	296
7th grade	0.0%	(0.0 - 0.1)	642	0.0%	(0.0 - 0.1)	341	0.1%	(0.0 - 0.3)	296
8th grade	0.4%	(0.1 - 2.2)	739	0.7%	(0.1 - 4.5)	356	0.0%	(0.0 - 0.1)	382
Race/Ethnicity									
Asian	0.0%	(0.0 - 0.1)	234	0.0%	(0.0 - 0.2)	132	0.0%	-	101
Black*	0.0%	(0.0 - 0.1)	207	0.0%	-	90	0.0%	(0.0 - 0.2)	117
Hispanic/Latino	1.6%	(0.4 - 5.7)	538	1.3%	(0.2 - 6.7)	253	1.9%	(0.3 - 10.9)	283
White*	0.9%	(0.1 - 5.3)	784	1.6%	(0.2 - 10.2)	418	0.0%	(0.0 - 0.2)	363
Other/Multiple races	2.8%	(0.4 - 16.1)	196	5.7%	(0.8 - 30.6)	99	0.2%	(0.0 - 0.7)	97

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN48: Described their grades in school as mostly A'''s or B'''s

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	86.1%	(82.6 - 89.1)	1,998	87.6%	(82.6 - 91.3)	1,015	84.7%	(79.2 - 88.9)	975
Age									
11 years old or younger	89.1%	(79.9 - 94.4)	480	93.3%	(80.1 - 98.0)	238	84.6%	(69.1 - 93.1)	240
12 years old	83.1%	(75.5 - 88.7)	626	81.7%	(70.6 - 89.3)	333	84.6%	(73.1 - 91.7)	289
13 years old or older	86.8%	(81.9 - 90.6)	892	88.9%	(81.9 - 93.4)	444	84.7%	(77.1 - 90.2)	446
Gender									
Male	87.6%	(82.6 - 91.3)	1,015	87.6%	(82.6 - 91.3)	1,015	-	-	0
Female	84.7%	(79.2 - 88.9)	975	-	-	0	84.7%	(79.2 - 88.9)	975
Grade									
6th grade	88.0%	(80.0 - 93.1)	613	89.7%	(77.2 - 95.7)	315	86.3%	(73.9 - 93.4)	296
7th grade	82.4%	(75.0 - 88.0)	643	83.4%	(73.2 - 90.3)	342	81.4%	(69.4 - 89.4)	296
8th grade	87.8%	(82.6 - 91.6)	740	89.2%	(81.6 - 93.9)	357	86.4%	(78.4 - 91.8)	382
Race/Ethnicity									
Asian	92.4%	(83.8 - 96.6)	234	90.4%	(78.5 - 96.0)	133	97.0%	(84.1 - 99.5)	100
Black*	79.1%	(64.8 - 88.6)	207	73.5%	(48.6 - 89.0)	90	82.5%	(63.4 - 92.7)	117
Hispanic/Latino	75.2%	(67.3 - 81.7)	538	84.0%	(73.6 - 90.7)	252	67.4%	(55.7 - 77.3)	284
White*	94.2%	(89.0 - 97.0)	783	93.8%	(85.4 - 97.5)	417	94.6%	(86.4 - 98.0)	363
Other/Multiple races	95.7%	(86.8 - 98.7)	197	94.8%	(78.4 - 98.9)	100	96.4%	(81.0 - 99.4)	97

Note: 14 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

QN49: ever gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	14.0%	(11.1 - 17.5)	1,999	15.4%	(11.3 - 20.6)	1,019	12.5%	(8.8 - 17.5)	972
Age									
11 years old or younger	15.6%	(9.1 - 25.6)	479	22.3%	(11.9 - 37.9)	241	8.2%	(2.8 - 21.7)	236
12 years old	14.1%	(9.2 - 21.0)	628	15.0%	(8.6 - 25.1)	334	13.1%	(6.7 - 24.0)	290
13 years old or older	13.3%	(9.6 - 18.0)	892	12.9%	(8.0 - 20.0)	444	13.7%	(8.8 - 20.8)	446
Gender									
Male	15.4%	(11.3 - 20.6)	1,019	15.4%	(11.3 - 20.6)	1,019	-	-	0
Female	12.5%	(8.8 - 17.5)	972	-	-	0	12.5%	(8.8 - 17.5)	972
Grade									
6th grade	15.3%	(9.6 - 23.4)	612	17.4%	(9.3 - 30.1)	318	13.0%	(6.4 - 24.8)	292
7th grade	14.6%	(9.6 - 21.7)	645	15.2%	(8.8 - 24.9)	343	14.1%	(7.2 - 25.7)	297
8th grade	12.2%	(8.5 - 17.1)	740	13.7%	(8.3 - 21.9)	357	10.6%	(6.4 - 17.2)	382
Race/Ethnicity									
Asian	12.6%	(7.0 - 21.6)	234	12.3%	(5.9 - 23.9)	133	13.5%	(5.1 - 31.3)	100
Black*	9.3%	(3.8 - 21.1)	206	11.4%	(2.9 - 35.6)	90	8.1%	(2.4 - 24.0)	116
Hispanic/Latino	19.4%	(13.5 - 27.2)	539	23.7%	(14.7 - 35.9)	254	15.6%	(8.7 - 26.3)	283
White*	11.3%	(7.1 - 17.6)	784	13.1%	(7.2 - 22.7)	418	9.4%	(4.4 - 18.9)	363
Other/Multiple races	17.2%	(8.8 - 31.0)	197	14.3%	(4.9 - 35.2)	100	19.8%	(8.2 - 40.6)	97

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qnfrcig: Currently smoked cigarettes frequently

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.3%	(0.1 - 1.1)	1,991	0.3%	(0.0 - 2.1)	1,015	0.3%	(0.0 - 1.8)	968
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	482	0.0%	(0.0 - 0.3)	241	0.0%	(0.0 - 0.2)	239
12 years old	0.0%	-	625	0.0%	-	333	0.0%	-	288
13 years old or older	0.6%	(0.1 - 2.2)	884	0.6%	(0.1 - 4.2)	441	0.5%	(0.1 - 3.5)	441
Gender									
Male	0.3%	(0.0 - 2.1)	1,015	0.3%	(0.0 - 2.1)	1,015	-	-	0
Female	0.3%	(0.0 - 1.8)	968	-	-	0	0.3%	(0.0 - 1.8)	968
Grade									
6th grade	0.0%	(0.0 - 0.1)	614	0.0%	-	318	0.0%	(0.0 - 0.1)	294
7th grade	0.0%	(0.0 - 0.1)	642	0.0%	(0.0 - 0.2)	341	0.0%	-	296
8th grade	0.0%	(0.0 - 0.1)	733	0.0%	(0.0 - 0.1)	355	0.0%	-	377
Race/Ethnicity									
Asian	0.0%	-	233	0.0%	-	133	0.0%	-	99
Black*	0.9%	(0.1 - 6.1)	207	0.0%	-	90	1.5%	(0.2 - 9.8)	117
Hispanic/Latino	0.0%	(0.0 - 0.1)	535	0.0%	(0.0 - 0.2)	254	0.0%	-	279
White*	0.0%	(0.0 - 0.1)	784	0.0%	(0.0 - 0.2)	417	0.0%	-	364
Other/Multiple races	2.9%	(0.4 - 17.3)	193	5.9%	(0.8 - 32.0)	98	0.1%	(0.0 - 0.6)	95

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qndaycig: Currently smoked cigarettes daily

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.3%	(0.1 - 1.1)	1,991	0.3%	(0.0 - 2.1)	1,015	0.3%	(0.0 - 1.8)	968
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	482	0.0%	(0.0 - 0.3)	241	0.0%	(0.0 - 0.2)	239
12 years old	0.0%	-	625	0.0%	-	333	0.0%	-	288
13 years old or older	0.6%	(0.1 - 2.2)	884	0.6%	(0.1 - 4.2)	441	0.5%	(0.1 - 3.5)	441
Gender									
Male	0.3%	(0.0 - 2.1)	1,015	0.3%	(0.0 - 2.1)	1,015	-	-	0
Female	0.3%	(0.0 - 1.8)	968	-	-	0	0.3%	(0.0 - 1.8)	968
Grade									
6th grade	0.0%	(0.0 - 0.1)	614	0.0%	-	318	0.0%	(0.0 - 0.1)	294
7th grade	0.0%	(0.0 - 0.1)	642	0.0%	(0.0 - 0.2)	341	0.0%	-	296
8th grade	0.0%	(0.0 - 0.1)	733	0.0%	(0.0 - 0.1)	355	0.0%	-	377
Race/Ethnicity									
Asian	0.0%	-	233	0.0%	-	133	0.0%	-	99
Black*	0.9%	(0.1 - 6.1)	207	0.0%	-	90	1.5%	(0.2 - 9.8)	117
Hispanic/Latino	0.0%	(0.0 - 0.1)	535	0.0%	(0.0 - 0.2)	254	0.0%	-	279
White*	0.0%	(0.0 - 0.1)	784	0.0%	(0.0 - 0.2)	417	0.0%	-	364
Other/Multiple races	2.9%	(0.4 - 17.3)	193	5.9%	(0.8 - 32.0)	98	0.1%	(0.0 - 0.6)	95

Note: 21 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qnfrevp: Currently used electronic vapor products frequently

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.8%	(0.3 - 2.3)	1,996	0.5%	(0.1 - 3.3)	1,017	1.2%	(0.4 - 3.7)	971
Age									
11 years old or younger	0.0%	(0.0 - 0.2)	483	0.0%	(0.0 - 0.3)	241	0.0%	-	240
12 years old	1.7%	(0.4 - 6.5)	624	1.7%	(0.2 - 10.8)	333	1.7%	(0.2 - 11.3)	287
13 years old or older	0.7%	(0.2 - 2.6)	889	0.0%	(0.0 - 0.1)	443	1.3%	(0.3 - 5.2)	444
Gender									
Male	0.5%	(0.1 - 3.3)	1,017	0.5%	(0.1 - 3.3)	1,017	-	-	0
Female	1.2%	(0.4 - 3.7)	971	-	-	0	1.2%	(0.4 - 3.7)	971
Grade									
6th grade	1.0%	(0.1 - 6.7)	615	1.9%	(0.3 - 12.5)	317	0.0%	-	296
7th grade	0.8%	(0.1 - 5.5)	641	0.0%	(0.0 - 0.2)	342	1.7%	(0.2 - 11.3)	294
8th grade	0.5%	(0.1 - 3.1)	738	0.0%	(0.0 - 0.2)	357	0.9%	(0.1 - 6.3)	380
Race/Ethnicity									
Asian	0.0%	-	234	0.0%	-	133	0.0%	-	100
Black*	0.9%	(0.1 - 6.0)	207	0.0%	-	90	1.5%	(0.2 - 9.7)	117
Hispanic/Latino	1.6%	(0.4 - 6.1)	539	0.1%	(0.0 - 0.2)	255	3.0%	(0.7 - 11.4)	282
White*	0.8%	(0.1 - 5.5)	784	1.6%	(0.2 - 10.3)	417	0.0%	-	364
Other/Multiple races	0.0%	-	193	0.0%	-	99	0.0%	-	94

Note: 16 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qndayevp: Currently used electronic vapor products daily

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.4%	(0.1 - 1.6)	1,996	0.0%	(0.0 - 0.1)	1,017	0.8%	(0.2 - 3.3)	971
Age									
11 years old or younger	0.0%	(0.0 - 0.2)	483	0.0%	(0.0 - 0.3)	241	0.0%	-	240
12 years old	0.8%	(0.1 - 5.7)	624	0.0%	-	333	1.7%	(0.2 - 11.3)	287
13 years old or older	0.3%	(0.0 - 1.7)	889	0.0%	(0.0 - 0.1)	443	0.5%	(0.1 - 3.5)	444
Gender									
Male	0.0%	(0.0 - 0.1)	1,017	0.0%	(0.0 - 0.1)	1,017	-	-	0
Female	0.8%	(0.2 - 3.3)	971	-	-	0	0.8%	(0.2 - 3.3)	971
Grade									
6th grade	0.0%	-	615	0.0%	-	317	0.0%	-	296
7th grade	0.8%	(0.1 - 5.5)	641	0.0%	(0.0 - 0.2)	342	1.7%	(0.2 - 11.3)	294
8th grade	0.0%	(0.0 - 0.1)	738	0.0%	(0.0 - 0.1)	357	0.0%	-	380
Race/Ethnicity									
Asian	0.0%	-	234	0.0%	-	133	0.0%	-	100
Black*	0.9%	(0.1 - 6.1)	207	0.0%	-	90	1.5%	(0.2 - 9.8)	117
Hispanic/Latino	0.9%	(0.1 - 5.8)	539	0.1%	(0.0 - 0.2)	255	1.7%	(0.2 - 11.0)	282
White*	0.0%	-	784	0.0%	-	417	0.0%	-	364
Other/Multiple races	0.0%	-	193	0.0%	-	99	0.0%	-	94

Note: 16 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qnfrskl: Currently used smokeless tobacco frequently

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.5%	(0.2 - 1.4)	2,005	0.6%	(0.2 - 2.3)	1,022	0.5%	(0.1 - 1.8)	975
Age									
11 years old or younger	0.0%	(0.0 - 0.2)	484	0.0%	(0.0 - 0.3)	242	0.0%	(0.0 - 0.3)	240
12 years old	0.0%	-	627	0.0%	-	334	0.0%	-	289
13 years old or older	1.1%	(0.4 - 2.8)	894	1.2%	(0.3 - 4.7)	446	0.9%	(0.2 - 3.5)	446
Gender									
Male	0.6%	(0.2 - 2.3)	1,022	0.6%	(0.2 - 2.3)	1,022	-	-	0
Female	0.5%	(0.1 - 1.8)	975	-	-	0	0.5%	(0.1 - 1.8)	975
Grade									
6th grade	0.0%	(0.0 - 0.1)	617	0.0%	-	319	0.0%	(0.0 - 0.2)	296
7th grade	0.0%	(0.0 - 0.1)	643	0.0%	(0.0 - 0.2)	342	0.0%	-	296
8th grade	0.6%	(0.1 - 2.3)	743	0.7%	(0.1 - 4.6)	360	0.5%	(0.1 - 3.2)	382
Race/Ethnicity									
Asian	0.0%	-	235	0.0%	-	133	0.0%	-	101
Black*	0.9%	(0.1 - 6.1)	209	0.0%	-	92	1.5%	(0.2 - 9.8)	117
Hispanic/Latino	0.4%	(0.1 - 2.3)	540	0.0%	(0.0 - 0.2)	255	0.7%	(0.1 - 4.5)	283
White*	0.5%	(0.1 - 3.2)	787	0.9%	(0.1 - 6.2)	419	0.0%	(0.0 - 0.2)	365
Other/Multiple races	2.7%	(0.4 - 16.5)	196	5.7%	(0.8 - 30.7)	100	0.0%	-	96

Note: 7 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qndayskl: Currently used smokeless tobacco daily

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.5%	(0.2 - 1.4)	2,005	0.6%	(0.2 - 2.3)	1,022	0.5%	(0.1 - 1.8)	975
Age									
11 years old or younger	0.0%	(0.0 - 0.2)	484	0.0%	(0.0 - 0.3)	242	0.0%	(0.0 - 0.3)	240
12 years old	0.0%	-	627	0.0%	-	334	0.0%	-	289
13 years old or older	1.1%	(0.4 - 2.8)	894	1.2%	(0.3 - 4.7)	446	0.9%	(0.2 - 3.5)	446
Gender									
Male	0.6%	(0.2 - 2.3)	1,022	0.6%	(0.2 - 2.3)	1,022	-	-	0
Female	0.5%	(0.1 - 1.8)	975	-	-	0	0.5%	(0.1 - 1.8)	975
Grade									
6th grade	0.0%	(0.0 - 0.1)	617	0.0%	-	319	0.0%	(0.0 - 0.2)	296
7th grade	0.0%	(0.0 - 0.1)	643	0.0%	(0.0 - 0.2)	342	0.0%	-	296
8th grade	0.6%	(0.1 - 2.3)	743	0.7%	(0.1 - 4.6)	360	0.5%	(0.1 - 3.2)	382
Race/Ethnicity									
Asian	0.0%	-	235	0.0%	-	133	0.0%	-	101
Black*	0.9%	(0.1 - 6.1)	209	0.0%	-	92	1.5%	(0.2 - 9.8)	117
Hispanic/Latino	0.4%	(0.1 - 2.3)	540	0.0%	(0.0 - 0.2)	255	0.7%	(0.1 - 4.5)	283
White*	0.5%	(0.1 - 3.2)	787	0.9%	(0.1 - 6.2)	419	0.0%	(0.0 - 0.2)	365
Other/Multiple races	2.7%	(0.4 - 16.5)	196	5.7%	(0.8 - 30.7)	100	0.0%	-	96

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qnfrcgr: Currently smoked cigars frequently

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.5%	(0.2 - 1.4)	2,004	0.6%	(0.2 - 2.3)	1,022	0.5%	(0.1 - 1.8)	974
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	484	0.0%	(0.0 - 0.3)	242	0.0%	(0.0 - 0.2)	240
12 years old	0.0%	-	626	0.0%	-	334	0.0%	-	288
13 years old or older	1.1%	(0.4 - 2.8)	894	1.2%	(0.3 - 4.7)	446	0.9%	(0.2 - 3.5)	446
Gender									
Male	0.6%	(0.2 - 2.3)	1,022	0.6%	(0.2 - 2.3)	1,022	-	-	0
Female	0.5%	(0.1 - 1.8)	974	-	-	0	0.5%	(0.1 - 1.8)	974
Grade									
6th grade	0.0%	(0.0 - 0.1)	617	0.0%	-	319	0.0%	(0.0 - 0.1)	296
7th grade	0.0%	(0.0 - 0.1)	642	0.0%	(0.0 - 0.2)	342	0.0%	-	295
8th grade	0.6%	(0.1 - 2.3)	743	0.7%	(0.1 - 4.5)	360	0.5%	(0.1 - 3.2)	382
Race/Ethnicity									
Asian	0.0%	-	235	0.0%	-	133	0.0%	-	101
Black*	0.9%	(0.1 - 6.1)	209	0.0%	-	92	1.5%	(0.2 - 9.8)	117
Hispanic/Latino	0.4%	(0.1 - 2.3)	539	0.1%	(0.0 - 0.2)	255	0.7%	(0.1 - 4.5)	282
White*	0.5%	(0.1 - 3.3)	786	0.9%	(0.1 - 6.2)	418	0.0%	-	365
Other/Multiple races	2.8%	(0.4 - 16.3)	196	5.7%	(0.8 - 30.7)	100	0.1%	(0.0 - 0.5)	96

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

N = Number of students in this subgroup.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qndaycgr: Currently smoked cigars daily

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.5%	(0.2 - 1.4)	2,004	0.6%	(0.2 - 2.3)	1,022	0.5%	(0.1 - 1.8)	974
Age									
11 years old or younger	0.0%	(0.0 - 0.1)	484	0.0%	(0.0 - 0.3)	242	0.0%	(0.0 - 0.2)	240
12 years old	0.0%	-	626	0.0%	-	334	0.0%	-	288
13 years old or older	1.1%	(0.4 - 2.8)	894	1.2%	(0.3 - 4.7)	446	0.9%	(0.2 - 3.5)	446
Gender									
Male	0.6%	(0.2 - 2.3)	1,022	0.6%	(0.2 - 2.3)	1,022	-	-	0
Female	0.5%	(0.1 - 1.8)	974	-	-	0	0.5%	(0.1 - 1.8)	974
Grade									
6th grade	0.0%	(0.0 - 0.1)	617	0.0%	-	319	0.0%	(0.0 - 0.1)	296
7th grade	0.0%	(0.0 - 0.1)	642	0.0%	(0.0 - 0.2)	342	0.0%	-	295
8th grade	0.6%	(0.1 - 2.3)	743	0.7%	(0.1 - 4.6)	360	0.5%	(0.1 - 3.2)	382
Race/Ethnicity									
Asian	0.0%	-	235	0.0%	-	133	0.0%	-	101
Black*	0.9%	(0.1 - 6.1)	209	0.0%	-	92	1.5%	(0.2 - 9.8)	117
Hispanic/Latino	0.4%	(0.1 - 2.3)	539	0.0%	(0.0 - 0.2)	255	0.7%	(0.1 - 4.5)	282
White*	0.5%	(0.1 - 3.3)	786	0.9%	(0.1 - 6.2)	418	0.0%	-	365
Other/Multiple races	2.8%	(0.4 - 16.3)	196	5.7%	(0.8 - 30.7)	100	0.1%	(0.0 - 0.5)	96

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qntb2: Currently smoked cigarettes or cigars

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.6%	(0.2 - 1.4)	1,987	0.6%	(0.2 - 2.4)	1,014	0.5%	(0.1 - 1.8)	965
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	480	0.0%	(0.0 - 0.3)	240	0.1%	(0.0 - 0.4)	238
12 years old	0.5%	(0.1 - 3.5)	623	1.0%	(0.1 - 6.7)	333	0.0%	-	286
13 years old or older	0.8%	(0.3 - 2.4)	884	0.7%	(0.1 - 4.1)	441	0.9%	(0.3 - 3.5)	441
Gender									
Male	0.6%	(0.2 - 2.4)	1,014	0.6%	(0.2 - 2.4)	1,014	-	-	0
Female	0.5%	(0.1 - 1.8)	965	-	-	0	0.5%	(0.1 - 1.8)	965
Grade									
6th grade	0.0%	(0.0 - 0.1)	612	0.0%	-	317	0.1%	(0.0 - 0.3)	293
7th grade	0.5%	(0.1 - 3.3)	640	1.0%	(0.1 - 6.4)	341	0.0%	(0.0 - 0.2)	294
8th grade	0.3%	(0.1 - 1.4)	733	0.0%	(0.0 - 0.1)	355	0.5%	(0.1 - 3.0)	377
Race/Ethnicity									
Asian	0.0%	(0.0 - 0.1)	233	0.0%	-	133	0.1%	(0.0 - 0.5)	99
Black*	0.9%	(0.1 - 5.9)	207	0.0%	-	90	1.5%	(0.2 - 9.5)	117
Hispanic/Latino	0.9%	(0.2 - 3.5)	533	1.2%	(0.2 - 7.3)	254	0.7%	(0.1 - 4.4)	277
White*	0.0%	(0.0 - 0.1)	783	0.0%	(0.0 - 0.2)	416	0.0%	(0.0 - 0.2)	364
Other/Multiple races	2.9%	(0.5 - 16.9)	193	5.9%	(0.9 - 31.8)	98	0.2%	(0.0 - 0.8)	95

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qntb3: Currently smoked cigarettes or cigars or used smokeless tobacco

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	0.6%	(0.2 - 1.4)	1,987	0.6%	(0.2 - 2.4)	1,014	0.5%	(0.1 - 1.8)	965
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	480	0.0%	(0.0 - 0.3)	240	0.1%	(0.0 - 0.4)	238
12 years old	0.5%	(0.1 - 3.5)	623	1.0%	(0.1 - 6.7)	333	0.0%	(0.0 - 0.1)	286
13 years old or older	0.8%	(0.3 - 2.4)	884	0.7%	(0.1 - 4.0)	441	0.9%	(0.3 - 3.5)	441
Gender									
Male	0.6%	(0.2 - 2.4)	1,014	0.6%	(0.2 - 2.4)	1,014	-	-	0
Female	0.5%	(0.1 - 1.8)	965	-	-	0	0.5%	(0.1 - 1.8)	965
Grade									
6th grade	0.0%	(0.0 - 0.1)	612	0.0%	-	317	0.1%	(0.0 - 0.3)	293
7th grade	0.5%	(0.1 - 3.2)	640	1.0%	(0.2 - 6.3)	341	0.1%	(0.0 - 0.2)	294
8th grade	0.3%	(0.1 - 1.4)	733	0.0%	(0.0 - 0.1)	355	0.5%	(0.1 - 3.0)	377
Race/Ethnicity									
Asian	0.0%	(0.0 - 0.1)	233	0.0%	-	133	0.1%	(0.0 - 0.5)	99
Black*	0.9%	(0.1 - 5.8)	207	0.0%	-	90	1.6%	(0.2 - 9.4)	117
Hispanic/Latino	0.9%	(0.2 - 3.5)	533	1.2%	(0.2 - 7.2)	254	0.7%	(0.1 - 4.4)	277
White*	0.0%	(0.0 - 0.1)	783	0.0%	(0.0 - 0.2)	416	0.0%	(0.0 - 0.2)	364
Other/Multiple races	2.9%	(0.5 - 16.9)	193	5.9%	(0.9 - 31.8)	98	0.2%	(0.0 - 0.8)	95

Note: 25 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qntb4: Currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	2.0%	(1.1 - 3.6)	1,979	2.2%	(1.0 - 4.7)	1,011	1.9%	(0.8 - 4.5)	960
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	478	0.1%	(0.0 - 0.4)	239	0.1%	(0.0 - 0.3)	237
12 years old	3.5%	(1.5 - 8.4)	620	2.6%	(0.6 - 10.4)	332	4.5%	(1.4 - 13.3)	284
13 years old or older	1.9%	(0.9 - 4.0)	881	2.8%	(1.1 - 6.9)	440	1.0%	(0.3 - 3.4)	439
Gender									
Male	2.2%	(1.0 - 4.7)	1,011	2.2%	(1.0 - 4.7)	1,011	-	-	0
Female	1.9%	(0.8 - 4.5)	960	-	-	0	1.9%	(0.8 - 4.5)	960
Grade									
6th grade	1.1%	(0.2 - 6.5)	609	2.0%	(0.3 - 12.2)	315	0.1%	(0.0 - 0.2)	292
7th grade	2.7%	(1.0 - 6.9)	638	1.0%	(0.2 - 6.3)	341	4.6%	(1.5 - 13.1)	292
8th grade	1.5%	(0.6 - 3.8)	730	2.5%	(0.9 - 7.0)	354	0.6%	(0.1 - 2.8)	375
Race/Ethnicity									
Asian	1.0%	(0.2 - 6.3)	232	1.4%	(0.2 - 9.0)	133	0.1%	(0.0 - 0.5)	98
Black*	2.3%	(0.6 - 8.8)	205	3.4%	(0.5 - 21.2)	88	1.6%	(0.3 - 9.3)	117
Hispanic/Latino	3.9%	(1.7 - 8.3)	532	2.4%	(0.7 - 8.3)	254	5.2%	(1.9 - 13.3)	276
White*	0.9%	(0.2 - 5.2)	781	1.7%	(0.3 - 9.9)	415	0.0%	(0.0 - 0.2)	363
Other/Multiple races	3.0%	(0.5 - 16.8)	191	6.0%	(0.9 - 31.5)	98	0.2%	(0.0 - 0.8)	93

Note: 33 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qntb5: Currently smoked cigarettes or used electronic vapor products

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	2.0%	(1.1 - 3.6)	1,982	2.2%	(1.0 - 4.7)	1,012	1.9%	(0.8 - 4.5)	962
Age									
11 years old or younger	0.1%	(0.0 - 0.2)	480	0.1%	(0.0 - 0.4)	240	0.0%	-	238
12 years old	3.5%	(1.5 - 8.4)	621	2.6%	(0.6 - 10.4)	332	4.5%	(1.4 - 13.3)	285
13 years old or older	1.9%	(0.9 - 4.0)	881	2.8%	(1.1 - 6.8)	440	1.0%	(0.3 - 3.4)	439
Gender									
Male	2.2%	(1.0 - 4.7)	1,012	2.2%	(1.0 - 4.7)	1,012	-	-	0
Female	1.9%	(0.8 - 4.5)	962	-	-	0	1.9%	(0.8 - 4.5)	962
Grade									
6th grade	1.0%	(0.2 - 6.6)	611	2.0%	(0.3 - 12.2)	316	0.0%	-	293
7th grade	2.7%	(1.0 - 6.9)	639	1.0%	(0.1 - 6.4)	341	4.6%	(1.5 - 13.1)	293
8th grade	1.5%	(0.6 - 3.8)	730	2.5%	(0.9 - 7.0)	354	0.6%	(0.1 - 2.9)	375
Race/Ethnicity									
Asian	1.0%	(0.1 - 6.4)	232	1.4%	(0.2 - 9.0)	133	0.0%	-	98
Black*	2.3%	(0.6 - 8.8)	205	3.4%	(0.5 - 21.2)	88	1.6%	(0.2 - 9.4)	117
Hispanic/Latino	3.8%	(1.7 - 8.3)	533	2.4%	(0.7 - 8.4)	254	5.2%	(1.9 - 13.3)	277
White*	0.9%	(0.1 - 5.3)	782	1.7%	(0.3 - 9.9)	416	0.0%	(0.0 - 0.1)	363
Other/Multiple races	3.0%	(0.5 - 16.8)	191	6.0%	(0.9 - 31.5)	98	0.2%	(0.0 - 0.8)	93

Note: 30 students were excluded from this analysis.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qnbk7day: Ate breakfast on all 7 days

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	47.7%	(43.1 - 52.3)	2,007	55.2%	(48.6 - 61.6)	1,025	39.8%	(33.6 - 46.4)	974
Age									
11 years old or younger	60.8%	(49.4 - 71.1)	485	53.9%	(38.4 - 68.7)	244	68.6%	(52.5 - 81.2)	239
12 years old	45.4%	(37.1 - 53.9)	629	51.7%	(40.0 - 63.2)	335	38.5%	(27.6 - 50.8)	290
13 years old or older	44.0%	(37.9 - 50.3)	893	57.9%	(48.9 - 66.3)	446	29.9%	(22.8 - 38.2)	445
Gender									
Male	55.2%	(48.6 - 61.6)	1,025	55.2%	(48.6 - 61.6)	1,025	-	-	0
Female	39.8%	(33.6 - 46.4)	974	-	-	0	39.8%	(33.6 - 46.4)	974
Grade									
6th grade	57.7%	(48.0 - 66.9)	618	57.3%	(43.6 - 70.0)	321	58.2%	(44.4 - 70.7)	295
7th grade	44.3%	(36.2 - 52.7)	646	52.0%	(40.6 - 63.2)	344	35.7%	(25.1 - 48.0)	297
8th grade	44.4%	(37.9 - 51.1)	741	56.7%	(46.9 - 65.9)	359	32.0%	(24.3 - 40.8)	381
Race/Ethnicity									
Asian	56.4%	(45.2 - 67.0)	233	61.6%	(47.9 - 73.7)	133	44.4%	(26.9 - 63.4)	99
Black*	41.5%	(28.4 - 55.9)	209	46.6%	(25.2 - 69.3)	92	38.2%	(22.9 - 56.4)	117
Hispanic/Latino	45.9%	(37.6 - 54.4)	541	61.7%	(49.1 - 72.8)	256	31.7%	(22.0 - 43.3)	283
White*	47.4%	(39.6 - 55.2)	787	51.3%	(40.2 - 62.3)	420	43.1%	(32.7 - 54.1)	364
Other/Multiple races	40.2%	(26.3 - 55.9)	197	40.1%	(20.6 - 63.2)	100	40.3%	(22.4 - 61.4)	97

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 10 students in this subgroup.

2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qnpa0day: Did not participate in at least 60 minutes of physical activity on at least 1 day

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	9.3%	(6.9 - 12.5)	2,000	7.5%	(4.7 - 11.8)	1,019	11.3%	(7.6 - 16.3)	973
Age									
11 years old or younger	3.8%	(1.2 - 11.7)	485	4.0%	(0.8 - 18.9)	244	3.6%	(0.7 - 16.3)	239
12 years old	9.4%	(5.4 - 15.8)	623	7.4%	(3.2 - 16.1)	331	11.4%	(5.4 - 22.5)	288
13 years old or older	11.5%	(7.9 - 16.3)	892	9.0%	(4.9 - 15.9)	444	14.0%	(8.7 - 21.7)	446
Gender									
Male	7.5%	(4.7 - 11.8)	1,019	7.5%	(4.7 - 11.8)	1,019	-	-	0
Female	11.3%	(7.6 - 16.3)	973	-	-	0	11.3%	(7.6 - 16.3)	973
Grade									
6th grade	4.9%	(2.1 - 11.1)	616	4.8%	(1.4 - 15.4)	320	5.0%	(1.5 - 15.2)	294
7th grade	8.4%	(4.8 - 14.4)	642	6.7%	(2.9 - 14.8)	341	10.2%	(4.7 - 20.8)	296
8th grade	12.5%	(8.4 - 18.0)	740	9.8%	(5.2 - 17.9)	357	15.1%	(9.2 - 23.8)	382
Race/Ethnicity									
Asian	8.6%	(3.9 - 17.8)	234	8.1%	(2.8 - 20.8)	133	9.8%	(3.1 - 27.0)	100
Black*	9.9%	(4.0 - 22.5)	209	6.7%	(1.0 - 33.9)	92	11.9%	(4.2 - 29.3)	117
Hispanic/Latino	15.8%	(10.4 - 23.1)	537	11.1%	(5.4 - 21.4)	252	19.9%	(12.0 - 31.2)	283
White*	4.8%	(2.3 - 9.7)	785	4.6%	(1.8 - 11.4)	419	5.0%	(1.6 - 14.3)	363
Other/Multiple races	5.6%	(1.4 - 20.0)	197	8.0%	(1.3 - 37.5)	100	3.5%	(0.5 - 19.4)	97

Note: 12 students were excluded from this analysis.

*Non-Hispanic.

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2023 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Northern Region - Middle School Survey

Summary Tables - Weighted Data

qnpa7day: Were physically active at least 60 minutes per day on all 7 days

	Percentage	Total		Percentage	Male		Percentage	Female	
		95% confidence interval	N		95% confidence interval	N		95% confidence interval	N
Overall	29.0%	(25.0 - 33.4)	2,000	34.8%	(28.9 - 41.2)	1,019	23.0%	(17.9 - 29.2)	973
Age									
11 years old or younger	25.7%	(16.8 - 37.1)	485	25.4%	(14.4 - 40.8)	244	25.9%	(13.4 - 44.2)	239
12 years old	34.5%	(26.9 - 43.1)	623	39.2%	(28.4 - 51.3)	331	29.6%	(19.6 - 42.1)	288
13 years old or older	27.1%	(21.9 - 32.9)	892	35.9%	(27.8 - 44.9)	444	18.1%	(12.5 - 25.4)	446
Gender									
Male	34.8%	(28.9 - 41.2)	1,019	34.8%	(28.9 - 41.2)	1,019	-	-	0
Female	23.0%	(17.9 - 29.2)	973	-	-	0	23.0%	(17.9 - 29.2)	973
Grade									
6th grade	25.3%	(17.7 - 34.9)	616	24.9%	(15.1 - 38.1)	320	25.8%	(15.1 - 40.5)	294
7th grade	39.8%	(31.8 - 48.3)	642	48.0%	(36.8 - 59.5)	341	30.9%	(20.5 - 43.7)	296
8th grade	23.5%	(18.4 - 29.5)	740	30.8%	(22.6 - 40.5)	357	16.1%	(10.9 - 23.3)	382
Race/Ethnicity									
Asian	23.4%	(15.4 - 33.9)	234	28.3%	(17.9 - 41.6)	133	12.3%	(4.3 - 30.6)	100
Black*	25.7%	(15.1 - 40.2)	209	38.9%	(19.8 - 62.2)	92	17.2%	(6.8 - 37.1)	117
Hispanic/Latino	28.9%	(21.8 - 37.1)	537	37.8%	(26.6 - 50.5)	252	20.9%	(13.1 - 31.6)	283
White*	29.9%	(23.2 - 37.6)	785	33.5%	(23.8 - 44.9)	419	26.1%	(17.6 - 36.8)	363
Other/Multiple races	35.8%	(22.8 - 51.3)	197	34.8%	(17.3 - 57.6)	100	36.7%	(19.6 - 58.0)	97

Note: 12 students were excluded from this analysis.

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