

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN5: Percentage of students who rarely or never wore a bicycle helmet (among students who had ridden a bicycle)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	44.6	(32.4 - 57.5)	450	46.7	(34.2 - 59.6)	235	41.8	(26.8 - 58.6)	209
Age									
11 or younger	57.0	(39.0 - 73.3)	64	59.8	(36.3 - 79.5)	37	-	-	24
12	44.1	(29.3 - 60.0)	140	41.3	(25.9 - 58.6)	73	46.6	(28.1 - 66.1)	65
13	38.7	(24.5 - 55.2)	189	45.8	(31.5 - 60.9)	93	31.5	(15.2 - 54.1)	95
14 or older	36.3	(16.6 - 62.0)	57	38.9	(15.9 - 68.1)	32	-	-	25
Grade									
6th	56.7	(40.3 - 71.7)	84	57.9	(35.6 - 77.3)	49	53.9	(33.7 - 72.9)	31
7th	39.3	(28.7 - 51.1)	154	38.9	(26.7 - 52.7)	79	40.1	(25.6 - 56.5)	74
8th	39.7	(22.0 - 60.6)	212	45.0	(26.4 - 65.1)	107	33.9	(15.1 - 59.6)	104
Race/Ethnicity									
Asian*	28.7	(14.0 - 49.8)	30	-	-	18	-	-	12
Black*	59.1	(43.4 - 73.1)	74	56.5	(27.4 - 81.7)	44	63.1	(39.7 - 81.7)	30
Hispanic/ Latino	57.7	(44.8 - 69.7)	117	57.1	(43.0 - 70.1)	54	56.4	(34.7 - 75.9)	60
AI/AN**	-	-	4	-	-	2	-	-	2
White*	37.5	(24.0 - 53.2)	157	42.2	(30.4 - 54.9)	76	33.6	(15.7 - 57.9)	79
All other races*	-	-	14	-	-	9	-	-	5
Multiple races rac	36.8	(18.9 - 59.3)	44	-	-	26	-	-	18

Note: 189 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN6: Percentage of students who rarely or never wore a helmet when rollerblading or skateboarding (among students who used rollerblades or rode a skateboard)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	50.9	(36.4 - 65.3)	211	54.9	(36.1 - 72.4)	99	47.5	(30.4 - 65.3)	110
Age									
11 or younger	69.4	(47.3 - 85.1)	34	-	-	20	-	-	12
12	46.4	(33.0 - 60.3)	58	-	-	26	59.6	(45.9 - 72.0)	32
13	43.7	(24.7 - 64.7)	88	50.4	(25.8 - 74.9)	39	38.0	(17.4 - 64.1)	49
14 or older	45.4	(18.7 - 75.0)	31	-	-	14	-	-	17
Grade									
6th	67.5	(42.1 - 85.6)	45	-	-	26	-	-	17
7th	43.1	(35.3 - 51.2)	71	41.2	(19.6 - 66.7)	31	44.6	(28.1 - 62.4)	40
8th	43.5	(19.4 - 71.1)	95	50.4	(22.2 - 78.3)	42	37.2	(14.2 - 68.0)	53
Race/Ethnicity									
Asian*	-	-	13	-	-	8	-	-	5
Black*	67.2	(40.7 - 85.9)	42	-	-	23	-	-	19
Hispanic/ Latino	55.5	(38.2 - 71.6)	52	-	-	17	52.5	(33.6 - 70.7)	34
AI/AN**	-	-	2	-	-	0	-	-	2
White*	44.0	(27.6 - 61.9)	70	55.7	(28.7 - 79.6)	32	35.8	(14.2 - 65.3)	37
All other races*	-	-	4	-	-	3	-	-	1
Multiple races rac	-	-	21	-	-	11	-	-	10

Note: 428 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN7: Percentage of students who did not always wear a seat belt (when riding in a car driven by someone else)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	28.3	(22.6 - 34.7)	639	30.9	(21.6 - 42.1)	318	25.3	(20.5 - 30.8)	314
Age									
11 or younger	28.5	(11.9 - 54.2)	87	33.5	(8.1 - 74.2)	48	24.3	(15.0 - 36.8)	36
12	26.9	(20.4 - 34.6)	196	29.3	(21.9 - 38.0)	98	23.1	(13.2 - 37.2)	96
13	28.4	(21.9 - 35.9)	274	31.5	(23.4 - 40.9)	129	25.8	(19.1 - 33.9)	143
14 or older	31.8	(19.8 - 46.8)	82	29.4	(13.4 - 52.9)	43	35.3	(21.2 - 52.7)	39
Grade									
6th	31.1	(15.9 - 51.8)	116	33.8	(10.2 - 69.6)	65	27.8	(18.5 - 39.6)	47
7th	22.5	(15.7 - 31.2)	224	26.4	(20.3 - 33.5)	109	18.1	(9.5 - 31.7)	114
8th	31.3	(26.1 - 37.2)	298	33.2	(26.8 - 40.3)	144	29.8	(23.6 - 36.7)	152
Race/Ethnicity									
Asian*	34.0	(25.0 - 44.4)	51	-	-	26	-	-	25
Black*	40.8	(28.3 - 54.6)	107	44.4	(22.1 - 69.2)	60	35.7	(27.4 - 45.0)	47
Hispanic/ Latino	40.6	(31.1 - 50.9)	187	35.2	(27.4 - 43.8)	87	45.4	(33.7 - 57.5)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	15.6	(11.6 - 20.7)	200	18.2	(12.1 - 26.5)	93	13.5	(8.1 - 21.6)	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	24.6	(15.1 - 37.4)	53	-	-	29	-	-	24

Note: 0 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN8: Percentage of students who ever rode with a driver who had been drinking alcohol (in a car)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.2	(8.4 - 12.3)	637	7.3	(4.5 - 11.5)	318	12.7	(9.6 - 16.5)	313
Age									
11 or younger	14.2	(8.4 - 23.2)	86	12.7	(6.0 - 24.9)	48	14.6	(5.4 - 33.9)	35
12	8.4	(4.4 - 15.4)	195	6.0	(3.0 - 11.6)	98	10.0	(3.7 - 24.2)	96
13	10.8	(7.5 - 15.4)	274	7.1	(3.1 - 15.5)	129	14.5	(8.5 - 23.6)	143
14 or older	4.8	(1.4 - 14.9)	82	1.7	(0.2 - 12.4)	43	9.5	(3.1 - 26.0)	39
Grade									
6th	13.9	(9.3 - 20.2)	115	10.2	(5.5 - 18.3)	65	15.7	(7.7 - 29.2)	46
7th	6.4	(3.3 - 12.4)	223	6.4	(3.3 - 12.2)	109	6.5	(2.8 - 14.4)	114
8th	10.5	(6.8 - 15.8)	298	5.7	(2.2 - 14.0)	144	15.6	(8.8 - 26.1)	152
Race/Ethnicity									
Asian*	6.1	(1.6 - 20.4)	51	-	-	26	-	-	25
Black*	11.4	(5.5 - 22.1)	107	7.3	(2.9 - 16.9)	60	17.1	(8.2 - 32.3)	47
Hispanic/ Latino	8.8	(5.7 - 13.3)	186	7.7	(3.3 - 17.0)	87	10.1	(4.9 - 19.7)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	10.6	(7.0 - 15.8)	200	5.5	(2.0 - 14.1)	93	14.5	(8.5 - 23.7)	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	9.4	(2.7 - 28.4)	53	-	-	29	-	-	24

Note: 2 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN9: Percentage of students who were ever in a physical fight

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	39.3	(27.9 - 52.0)	634	48.4	(33.1 - 64.0)	314	29.4	(20.9 - 39.5)	313
Age									
11 or younger	46.5	(22.5 - 72.2)	85	48.4	(15.1 - 83.2)	46	42.9	(23.4 - 64.9)	36
12	43.5	(30.0 - 58.1)	193	52.7	(37.0 - 67.9)	96	32.9	(20.1 - 49.0)	95
13	31.3	(20.8 - 44.2)	274	45.4	(32.6 - 58.8)	129	18.4	(9.2 - 33.4)	143
14 or older	36.3	(24.8 - 49.7)	82	44.3	(25.8 - 64.5)	43	24.1	(14.1 - 38.0)	39
Grade									
6th	51.9	(25.5 - 77.3)	113	56.0	(19.3 - 87.1)	62	45.9	(25.7 - 67.6)	47
7th	37.6	(22.1 - 56.1)	222	50.7	(33.1 - 68.0)	108	23.8	(12.3 - 41.1)	113
8th	30.3	(20.2 - 42.9)	298	40.0	(29.2 - 51.9)	144	20.5	(10.6 - 36.0)	152
Race/Ethnicity									
Asian*	29.4	(22.5 - 37.5)	51	-	-	26	-	-	25
Black*	65.9	(41.1 - 84.2)	106	73.6	(36.6 - 93.1)	60	55.1	(43.0 - 66.7)	46
Hispanic/ Latino	32.6	(25.7 - 40.4)	186	35.4	(28.3 - 43.2)	86	29.0	(18.5 - 42.3)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	30.8	(17.3 - 48.4)	199	42.7	(21.5 - 66.8)	92	19.4	(8.8 - 37.6)	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	38.2	(24.6 - 53.8)	53	-	-	29	-	-	24

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN10: Percentage of students who ever saw someone get physically attacked, beaten, stabbed, or shot in their neighborhood

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	18.2	(12.5 - 25.8)	634	18.2	(10.1 - 30.6)	317	18.2	(12.6 - 25.7)	310
Age									
11 or younger	28.4	(15.5 - 46.3)	85	33.2	(13.3 - 61.7)	47	23.4	(14.2 - 36.1)	35
12	14.8	(8.5 - 24.4)	194	9.8	(4.7 - 19.3)	98	20.6	(12.3 - 32.6)	94
13	16.1	(10.7 - 23.5)	273	21.2	(12.0 - 34.8)	129	11.5	(4.3 - 27.5)	142
14 or older	13.8	(7.0 - 25.4)	82	7.3	(2.7 - 18.3)	43	23.7	(11.6 - 42.5)	39
Grade									
6th	30.2	(15.6 - 50.4)	114	33.2	(14.4 - 59.6)	64	27.2	(15.5 - 43.4)	46
7th	13.4	(11.2 - 16.0)	222	11.4	(6.5 - 19.2)	109	15.7	(10.2 - 23.4)	112
8th	12.6	(8.1 - 19.0)	297	12.8	(8.1 - 19.7)	144	12.5	(5.6 - 25.5)	151
Race/Ethnicity									
Asian*	12.2	(4.7 - 27.9)	51	-	-	26	-	-	25
Black*	33.4	(15.5 - 58.0)	105	31.3	(9.6 - 66.3)	60	36.4	(25.9 - 48.4)	45
Hispanic/ Latino	17.4	(11.1 - 26.2)	187	16.8	(10.5 - 25.8)	87	18.7	(10.3 - 31.5)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	13.1	(9.7 - 17.5)	200	13.7	(9.4 - 19.5)	93	11.9	(5.7 - 23.3)	105
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	13.7	(5.1 - 31.8)	53	-	-	29	-	-	24

Note: 5 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN11: Percentage of students who felt that they were ever treated badly or unfairly in school because of their race or ethnicity (during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	45.0	(38.8 - 51.4)	633	43.5	(36.7 - 50.6)	314	46.3	(36.4 - 56.4)	312
Age									
11 or younger	43.4	(38.7 - 48.3)	86	38.5	(24.5 - 54.8)	47	46.9	(37.3 - 56.7)	36
12	46.6	(34.7 - 58.9)	195	40.6	(27.6 - 55.2)	97	52.3	(37.4 - 66.8)	96
13	46.2	(35.0 - 57.8)	271	51.9	(41.2 - 62.3)	127	41.5	(25.6 - 59.4)	142
14 or older	39.4	(32.4 - 46.9)	81	38.2	(26.9 - 50.8)	43	41.3	(32.1 - 51.1)	38
Grade									
6th	48.1	(42.1 - 54.0)	116	40.8	(31.2 - 51.2)	65	54.3	(47.5 - 60.9)	47
7th	47.0	(35.0 - 59.3)	220	43.6	(30.1 - 58.2)	106	50.3	(34.6 - 66.0)	113
8th	40.7	(35.1 - 46.6)	296	45.6	(38.1 - 53.3)	143	36.1	(25.0 - 48.8)	151
Race/Ethnicity									
Asian*	59.5	(49.0 - 69.1)	51	-	-	26	-	-	25
Black*	56.1	(40.8 - 70.3)	105	48.3	(38.8 - 58.0)	58	66.5	(41.4 - 84.8)	47
Hispanic/ Latino	54.8	(40.4 - 68.4)	186	55.0	(42.2 - 67.1)	86	52.6	(33.0 - 71.5)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	33.2	(26.5 - 40.7)	198	32.7	(24.1 - 42.7)	92	34.3	(23.2 - 47.3)	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	46.7	(28.7 - 65.6)	53	-	-	29	-	-	24

Note: 6 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN12: Percentage of students who were ever bullied on school property

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	38.8	(32.0 - 46.0)	636	31.1	(22.8 - 40.8)	316	46.3	(34.6 - 58.5)	313
Age									
11 or younger	34.2	(25.3 - 44.4)	87	23.0	(18.2 - 28.8)	48	42.5	(25.1 - 62.1)	36
12	44.8	(32.6 - 57.8)	195	35.2	(23.7 - 48.7)	98	56.4	(33.6 - 76.8)	95
13	40.9	(34.4 - 47.8)	272	39.2	(29.1 - 50.4)	127	42.1	(29.8 - 55.4)	143
14 or older	21.6	(12.7 - 34.1)	82	11.9	(3.2 - 35.5)	43	36.4	(17.2 - 61.2)	39
Grade									
6th	37.4	(32.4 - 42.8)	116	23.7	(21.1 - 26.5)	65	50.5	(35.5 - 65.4)	47
7th	45.7	(30.6 - 61.6)	223	40.6	(25.7 - 57.4)	109	51.3	(27.2 - 74.9)	113
8th	33.1	(28.5 - 38.0)	296	27.5	(19.5 - 37.2)	142	38.4	(24.9 - 53.9)	152
Race/Ethnicity									
Asian*	23.9	(13.8 - 38.1)	51	-	-	26	-	-	25
Black*	41.4	(33.4 - 49.9)	107	28.8	(16.4 - 45.7)	60	58.7	(42.1 - 73.5)	47
Hispanic/ Latino	34.2	(24.1 - 45.9)	186	27.2	(16.7 - 41.0)	86	39.2	(29.8 - 49.5)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	43.2	(29.3 - 58.2)	198	34.2	(21.1 - 50.2)	92	50.5	(30.8 - 70.0)	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	34.0	(17.9 - 54.8)	53	-	-	29	-	-	24

Note: 3 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN13: Percentage of students who were ever electronically bullied (counting being bullied through texting, Instagram, Facebook, or other social media)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	20.2	(16.7 - 24.2)	632	16.2	(11.5 - 22.3)	313	24.0	(19.1 - 29.6)	312
Age									
11 or younger	16.7	(10.7 - 25.1)	86	18.4	(14.7 - 22.7)	47	13.6	(6.7 - 25.8)	36
12	25.7	(21.4 - 30.5)	194	15.9	(7.9 - 29.3)	97	37.0	(28.3 - 46.7)	95
13	19.7	(14.6 - 26.1)	270	18.4	(9.0 - 33.9)	126	20.3	(18.4 - 22.3)	142
14 or older	11.9	(8.9 - 15.7)	82	7.6	(2.1 - 24.0)	43	18.5	(12.0 - 27.6)	39
Grade									
6th	20.3	(13.6 - 29.1)	113	22.6	(13.9 - 34.7)	63	17.0	(9.6 - 28.4)	46
7th	24.5	(19.6 - 30.2)	223	16.7	(10.0 - 26.7)	109	32.9	(26.2 - 40.4)	113
8th	15.9	(13.6 - 18.6)	295	10.4	(5.3 - 19.5)	141	20.9	(18.1 - 24.1)	152
Race/Ethnicity									
Asian*	16.7	(7.3 - 33.8)	51	-	-	26	-	-	25
Black*	25.5	(19.6 - 32.4)	107	20.7	(9.6 - 39.2)	60	32.0	(16.1 - 53.5)	47
Hispanic/ Latino	20.6	(12.8 - 31.4)	184	12.9	(6.5 - 23.9)	85	25.4	(15.1 - 39.7)	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	18.5	(14.1 - 23.9)	198	14.4	(9.1 - 22.1)	91	21.9	(13.2 - 34.1)	105
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	19.0	(8.3 - 38.0)	53	-	-	29	-	-	24

Note: 7 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN14: Percentage of students who ever did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	15.5	(13.0 - 18.4)	619	11.9	(6.9 - 19.8)	311	18.7	(14.7 - 23.5)	303
Age									
11 or younger	15.8	(12.1 - 20.3)	82	19.1	(9.6 - 34.4)	46	12.9	(2.9 - 42.1)	35
12	15.8	(9.9 - 24.2)	188	7.3	(2.8 - 17.5)	96	24.5	(17.5 - 33.3)	90
13	17.1	(12.4 - 23.0)	267	16.5	(10.6 - 25.0)	126	16.9	(11.8 - 23.7)	139
14 or older	8.4	(4.6 - 15.0)	82	0.0	-	43	21.4	(9.0 - 42.8)	39
Grade									
6th	21.6	(17.0 - 26.9)	109	19.8	(8.9 - 38.4)	63	22.7	(12.1 - 38.6)	44
7th	12.3	(8.6 - 17.4)	216	8.6	(4.4 - 16.1)	107	16.4	(11.8 - 22.3)	108
8th	13.7	(9.9 - 18.6)	293	8.8	(4.5 - 16.4)	141	18.1	(12.7 - 25.2)	150
Race/Ethnicity									
Asian*	7.5	(3.3 - 15.9)	51	-	-	26	-	-	25
Black*	19.3	(12.2 - 29.2)	104	15.9	(5.3 - 39.3)	59	24.3	(9.7 - 48.8)	45
Hispanic/ Latino	17.1	(10.6 - 26.3)	176	11.2	(5.6 - 21.4)	85	22.7	(15.4 - 32.2)	90
AI/AN**	-	-	6	-	-	2	-	-	4
White*	13.9	(11.1 - 17.1)	197	12.2	(7.1 - 20.1)	91	14.9	(10.1 - 21.4)	104
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	15.6	(7.7 - 29.1)	53	-	-	29	-	-	24

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN15: Percentage of students who ever seriously thought about killing themselves

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	15.2	(13.4 - 17.2)	621	8.9	(6.7 - 11.9)	311	21.7	(18.1 - 25.8)	304
Age									
11 or younger	19.3	(11.8 - 30.1)	82	11.6	(4.4 - 27.2)	45	27.5	(15.9 - 43.2)	35
12	13.6	(8.6 - 20.8)	190	4.4	(1.2 - 15.2)	96	22.8	(15.2 - 32.6)	92
13	16.3	(13.4 - 19.5)	268	14.0	(9.1 - 20.9)	127	18.6	(15.5 - 22.1)	139
14 or older	8.0	(4.2 - 14.5)	81	3.4	(0.4 - 23.1)	43	15.2	(6.0 - 33.3)	38
Grade									
6th	19.9	(16.8 - 23.3)	109	9.6	(4.5 - 19.2)	61	30.1	(23.7 - 37.3)	45
7th	13.0	(10.5 - 16.0)	218	8.3	(4.0 - 16.6)	108	18.1	(14.7 - 22.0)	109
8th	13.8	(10.1 - 18.5)	293	9.1	(5.1 - 15.7)	142	18.9	(13.4 - 26.0)	149
Race/Ethnicity									
Asian*	12.7	(5.6 - 26.4)	51	-	-	26	-	-	25
Black*	17.7	(11.2 - 26.8)	100	9.2	(5.7 - 14.6)	56	29.4	(16.5 - 46.8)	44
Hispanic/ Latino	19.5	(10.7 - 32.8)	181	12.4	(6.3 - 22.8)	87	26.8	(14.1 - 44.8)	92
AI/AN**	-	-	6	-	-	2	-	-	4
White*	13.4	(10.1 - 17.6)	197	7.7	(4.8 - 12.2)	91	18.9	(13.3 - 26.0)	104
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	9.4	(3.6 - 22.6)	53	-	-	29	-	-	24

Note: 18 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN16: Percentage of students who ever made a plan about how they would kill themselves

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.9	(7.8 - 14.9)	623	7.4	(3.2 - 16.2)	312	13.6	(8.9 - 20.3)	304
Age									
11 or younger	17.9	(11.4 - 26.9)	84	9.8	(1.2 - 49.9)	46	24.9	(19.5 - 31.1)	35
12	6.0	(2.5 - 13.7)	189	2.7	(0.6 - 10.9)	96	8.6	(4.0 - 17.8)	91
13	12.9	(8.2 - 19.6)	268	12.8	(6.3 - 24.4)	127	12.2	(7.8 - 18.6)	139
14 or older	4.1	(1.4 - 11.9)	82	1.7	(0.2 - 12.4)	43	7.9	(1.5 - 33.4)	39
Grade									
6th	17.9	(13.9 - 22.8)	112	9.6	(1.4 - 44.2)	63	25.0	(19.2 - 31.9)	45
7th	6.4	(2.6 - 15.2)	216	6.4	(2.9 - 13.3)	107	6.5	(2.0 - 19.0)	108
8th	9.5	(5.8 - 15.0)	294	6.5	(2.4 - 16.3)	142	11.8	(6.5 - 20.4)	150
Race/Ethnicity									
Asian*	11.1	(3.9 - 27.8)	51	-	-	26	-	-	25
Black*	13.4	(7.8 - 21.9)	104	11.1	(2.3 - 40.1)	59	16.7	(6.5 - 36.3)	45
Hispanic/ Latino	10.5	(4.3 - 23.4)	179	2.2	(0.2 - 17.0)	85	18.6	(8.2 - 36.8)	91
AI/AN**	-	-	6	-	-	2	-	-	4
White*	10.4	(6.3 - 16.7)	197	8.6	(5.4 - 13.4)	91	10.5	(3.9 - 25.1)	104
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	8.1	(2.6 - 22.6)	53	-	-	29	-	-	24

Note: 16 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN17: Percentage of students who ever tried to kill themselves

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.8	(5.1 - 9.0)	622	6.1	(3.9 - 9.5)	312	7.3	(3.8 - 13.4)	303
Age									
11 or younger	9.2	(6.6 - 12.6)	85	13.0	(5.4 - 28.3)	47	5.8	(0.8 - 31.4)	35
12	4.6	(1.9 - 11.1)	188	1.5	(0.3 - 7.8)	96	7.1	(3.3 - 14.7)	90
13	7.8	(4.2 - 14.0)	268	8.0	(3.3 - 18.5)	126	7.7	(3.5 - 16.2)	140
14 or older	5.0	(2.2 - 11.1)	81	1.7	(0.2 - 12.4)	43	10.3	(5.0 - 20.0)	38
Grade									
6th	9.8	(5.7 - 16.2)	112	10.7	(6.4 - 17.4)	64	8.0	(1.4 - 34.2)	44
7th	5.8	(2.5 - 12.8)	216	5.4	(2.4 - 11.6)	106	6.3	(2.3 - 16.3)	109
8th	5.3	(2.5 - 10.8)	293	3.0	(0.8 - 11.3)	142	7.8	(2.8 - 20.0)	149
Race/Ethnicity									
Asian*	5.2	(1.2 - 20.0)	50	-	-	25	-	-	25
Black*	9.2	(3.2 - 23.7)	104	6.8	(3.0 - 14.7)	59	12.6	(1.4 - 60.1)	45
Hispanic/ Latino	8.1	(3.8 - 16.4)	180	5.8	(2.1 - 14.9)	86	10.7	(4.4 - 23.6)	91
AI/AN**	-	-	6	-	-	2	-	-	4
White*	5.0	(2.9 - 8.5)	196	6.7	(3.5 - 12.3)	91	3.5	(1.6 - 7.5)	103
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	5.2	(0.9 - 24.8)	53	-	-	29	-	-	24

Note: 17 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN18: Percentage of students who ever smoked a cigarette (even one or two puffs)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	2.9	(1.7 - 4.8)	625	3.8	(2.0 - 7.0)	311	1.7	(0.7 - 3.9)	307
Age									
11 or younger	2.6	(1.3 - 5.4)	84	3.3	(0.4 - 21.0)	46	2.2	(0.2 - 20.2)	35
12	1.9	(0.5 - 7.0)	194	2.1	(0.4 - 10.4)	97	0.5	(0.1 - 3.9)	95
13	4.6	(1.9 - 11.0)	267	7.5	(2.7 - 19.0)	125	2.1	(0.8 - 5.5)	140
14 or older	1.1	(0.1 - 9.7)	80	0.0	-	43	3.0	(0.3 - 24.8)	37
Grade									
6th	2.7	(1.6 - 4.3)	113	2.4	(0.4 - 13.6)	63	1.7	(0.2 - 17.0)	46
7th	2.3	(0.8 - 6.4)	219	4.0	(1.2 - 12.8)	106	0.5	(0.1 - 3.3)	112
8th	3.7	(1.4 - 9.8)	292	4.7	(1.6 - 13.3)	142	2.8	(0.9 - 8.5)	148
Race/Ethnicity									
Asian*	0.0	-	50	-	-	25	-	-	25
Black*	5.6	(2.7 - 11.3)	104	5.3	(2.7 - 10.1)	59	6.0	(1.0 - 29.1)	45
Hispanic/ Latino	3.7	(1.7 - 7.8)	182	7.2	(3.3 - 15.0)	85	0.9	(0.1 - 7.6)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	1.5	(0.3 - 7.1)	196	2.6	(0.5 - 11.5)	91	0.5	(0.1 - 5.1)	103
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	1.2	(0.1 - 10.9)	53	-	-	29	-	-	24

Note: 14 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN19: Percentage of students who smoked a cigarette before age 11 years (even one or two puffs)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	2.0	(1.1 - 3.9)	623	2.9	(1.2 - 6.8)	311	0.8	(0.2 - 3.6)	306
Age									
11 or younger	2.6	(1.3 - 5.4)	84	3.3	(0.4 - 21.0)	46	2.2	(0.2 - 20.2)	35
12	1.4	(0.3 - 5.4)	192	1.1	(0.2 - 5.8)	97	0.5	(0.1 - 3.9)	94
13	2.9	(0.7 - 10.9)	267	5.6	(1.3 - 20.5)	125	0.4	(0.1 - 3.3)	140
14 or older	0.0	-	80	0.0	-	43	0.0	-	37
Grade									
6th	2.7	(1.6 - 4.3)	113	2.4	(0.4 - 13.6)	63	1.7	(0.2 - 17.0)	46
7th	1.8	(0.6 - 5.7)	217	3.1	(0.8 - 11.2)	106	0.5	(0.1 - 3.4)	111
8th	1.7	(0.3 - 9.5)	292	3.0	(0.4 - 18.2)	142	0.4	(0.1 - 3.4)	148
Race/Ethnicity									
Asian*	0.0	-	50	-	-	25	-	-	25
Black*	4.3	(2.4 - 7.4)	104	5.3	(2.7 - 10.1)	59	2.8	(0.2 - 34.9)	45
Hispanic/ Latino	1.3	(0.4 - 4.1)	180	1.8	(0.4 - 7.5)	85	0.9	(0.1 - 7.6)	93
AI/AN**	-	-	6	-	-	2	-	-	4
White*	1.2	(0.2 - 6.6)	196	2.6	(0.5 - 11.5)	91	0.0	-	103
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	1.2	(0.1 - 10.9)	53	-	-	29	-	-	24

Note: 16 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN20: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.7	(0.2 - 2.5)	629	1.1	(0.3 - 4.5)	313	0.0	-	309
Age									
11 or younger	1.6	(0.2 - 12.5)	85	3.2	(0.4 - 20.9)	47	0.0	-	35
12	0.5	(0.1 - 4.8)	194	0.0	-	97	0.0	-	95
13	0.6	(0.1 - 5.1)	271	1.3	(0.2 - 10.2)	126	0.0	-	143
14 or older	0.0	-	79	0.0	-	43	0.0	-	36
Grade									
6th	1.8	(0.5 - 6.7)	114	2.4	(0.4 - 13.6)	64	0.0	-	46
7th	0.0	-	220	0.0	-	106	0.0	-	113
8th	0.6	(0.1 - 5.3)	294	1.2	(0.1 - 9.8)	143	0.0	-	149
Race/Ethnicity									
Asian*	0.0	-	50	-	-	25	-	-	25
Black*	2.7	(1.2 - 5.7)	104	4.5	(2.3 - 8.6)	59	0.0	-	45
Hispanic/ Latino	0.0	-	184	0.0	-	85	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	198	0.0	-	93	0.0	-	103
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 10 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNFRSIG: Percentage of students who currently smoked cigarettes frequently (on 20 or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.5	(0.1 - 2.5)	629	0.9	(0.2 - 4.5)	313	0.0	-	309
Age									
11 or younger	1.6	(0.2 - 12.5)	85	3.2	(0.4 - 20.9)	47	0.0	-	35
12	0.0	-	194	0.0	-	97	0.0	-	95
13	0.3	(0.0 - 2.5)	271	0.6	(0.1 - 5.0)	126	0.0	-	143
14 or older	0.0	-	79	0.0	-	43	0.0	-	36
Grade									
6th	1.2	(0.2 - 9.0)	114	2.4	(0.4 - 13.6)	64	0.0	-	46
7th	0.0	-	220	0.0	-	106	0.0	-	113
8th	0.3	(0.0 - 2.6)	294	0.6	(0.1 - 4.8)	143	0.0	-	149
Race/Ethnicity									
Asian*	0.0	-	50	-	-	25	-	-	25
Black*	2.1	(0.7 - 6.0)	104	3.6	(1.4 - 8.7)	59	0.0	-	45
Hispanic/ Latino	0.0	-	184	0.0	-	85	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	198	0.0	-	93	0.0	-	103
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 10 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.1	(0.0 - 0.8)	629	0.2	(0.0 - 1.6)	313	0.0	-	309
Age									
11 or younger	0.0	-	85	0.0	-	47	0.0	-	35
12	0.0	-	194	0.0	-	97	0.0	-	95
13	0.3	(0.0 - 2.5)	271	0.6	(0.1 - 5.0)	126	0.0	-	143
14 or older	0.0	-	79	0.0	-	43	0.0	-	36
Grade									
6th	0.0	-	114	0.0	-	64	0.0	-	46
7th	0.0	-	220	0.0	-	106	0.0	-	113
8th	0.3	(0.0 - 2.6)	294	0.6	(0.1 - 4.8)	143	0.0	-	149
Race/Ethnicity									
Asian*	0.0	-	50	-	-	25	-	-	25
Black*	0.5	(0.1 - 3.0)	104	0.8	(0.1 - 5.5)	59	0.0	-	45
Hispanic/ Latino	0.0	-	184	0.0	-	85	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	198	0.0	-	93	0.0	-	103
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 10 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN21: Percentage of students who smoked more than 10 cigarettes per day (on the days they smoked during the 30 days before the survey, among students who currently smoked cigarettes)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	-	-	4	-	-	3	-	-	0
Age									
11 or younger	-	-	1	-	-	1	-	-	0
12	-	-	1	-	-	0	-	-	0
13	-	-	2	-	-	2	-	-	0
14 or older	-	-	0	-	-	0	-	-	0
Grade									
6th	-	-	2	-	-	1	-	-	0
7th	-	-	0	-	-	0	-	-	0
8th	-	-	2	-	-	2	-	-	0
Race/Ethnicity									
Asian*	-	-	0	-	-	0	-	-	0
Black*	-	-	3	-	-	3	-	-	0
Hispanic/ Latino	-	-	0	-	-	0	-	-	0
AI/AN**	-	-	0	-	-	0	-	-	0
White*	-	-	0	-	-	0	-	-	0
All other races*	-	-	0	-	-	0	-	-	0
Multiple races rac	-	-	0	-	-	0	-	-	0

Note: 635 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN22: Percentage of students who ever used an electronic vapor product

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	6.8	(3.7 - 12.0)	631	6.1	(2.8 - 12.4)	315	7.3	(3.9 - 13.4)	310
Age									
11 or younger	6.6	(1.4 - 25.8)	85	6.5	(0.8 - 37.0)	47	7.0	(2.2 - 20.3)	35
12	6.7	(2.7 - 15.8)	193	3.0	(0.6 - 14.3)	97	9.7	(3.9 - 22.2)	95
13	7.7	(3.4 - 16.7)	271	10.5	(4.5 - 22.7)	128	5.2	(1.5 - 16.2)	141
14 or older	4.3	(1.3 - 13.4)	82	1.8	(0.2 - 14.5)	43	8.2	(3.1 - 19.9)	39
Grade									
6th	8.1	(2.6 - 22.7)	114	7.2	(1.1 - 35.4)	64	8.3	(3.7 - 17.6)	46
7th	5.1	(2.5 - 10.0)	220	3.5	(0.9 - 12.1)	107	6.8	(2.5 - 17.2)	113
8th	7.4	(3.0 - 17.2)	296	7.7	(3.0 - 18.1)	144	7.2	(2.4 - 19.5)	150
Race/Ethnicity									
Asian*	4.4	(0.6 - 24.3)	50	-	-	25	-	-	25
Black*	14.0	(8.4 - 22.5)	105	12.6	(6.0 - 24.4)	59	16.1	(9.2 - 26.6)	46
Hispanic/ Latino	6.4	(3.4 - 11.7)	183	5.3	(2.1 - 12.6)	87	7.6	(2.4 - 21.8)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	4.0	(2.1 - 7.3)	199	3.3	(0.9 - 11.2)	92	4.7	(2.1 - 10.2)	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	1.3	(0.1 - 10.6)	53	-	-	29	-	-	24

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNFREVP: Percentage of students who currently used electronic vapor products frequently (on 20 or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.8	(0.2 - 3.1)	631	0.9	(0.2 - 4.5)	315	0.7	(0.1 - 6.3)	310
Age									
11 or younger	1.6	(0.2 - 12.5)	85	3.2	(0.4 - 20.9)	47	0.0	-	35
12	1.0	(0.1 - 9.2)	193	0.0	-	98	2.1	(0.2 - 16.3)	94
13	0.3	(0.0 - 2.5)	272	0.6	(0.1 - 5.0)	127	0.0	-	143
14 or older	0.0	-	81	0.0	-	43	0.0	-	38
Grade									
6th	1.2	(0.2 - 9.0)	114	2.4	(0.4 - 13.6)	64	0.0	-	46
7th	0.9	(0.1 - 9.0)	220	0.0	-	108	1.9	(0.2 - 14.9)	112
8th	0.3	(0.0 - 2.5)	296	0.6	(0.1 - 4.8)	143	0.0	-	151
Race/Ethnicity									
Asian*	0.0	-	49	-	-	24	-	-	25
Black*	2.1	(0.7 - 6.0)	105	3.6	(1.4 - 8.7)	59	0.0	-	46
Hispanic/ Latino	0.0	-	185	0.0	-	87	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.8	(0.1 - 8.5)	199	0.0	-	93	1.5	(0.1 - 13.7)	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	52	-	-	29	-	-	23

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNDAYEVP: Percentage of students who currently used electronic vapor products daily (on all 30 days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.5	(0.1 - 2.5)	631	0.9	(0.2 - 4.5)	315	0.0	-	310
Age									
11 or younger	1.6	(0.2 - 12.5)	85	3.2	(0.4 - 20.9)	47	0.0	-	35
12	0.0	-	193	0.0	-	98	0.0	-	94
13	0.3	(0.0 - 2.5)	272	0.6	(0.1 - 5.0)	127	0.0	-	143
14 or older	0.0	-	81	0.0	-	43	0.0	-	38
Grade									
6th	1.2	(0.2 - 9.0)	114	2.4	(0.4 - 13.6)	64	0.0	-	46
7th	0.0	-	220	0.0	-	108	0.0	-	112
8th	0.3	(0.0 - 2.5)	296	0.6	(0.1 - 4.8)	143	0.0	-	151
Race/Ethnicity									
Asian*	0.0	-	49	-	-	24	-	-	25
Black*	2.1	(0.7 - 6.0)	105	3.6	(1.4 - 8.7)	59	0.0	-	46
Hispanic/ Latino	0.0	-	185	0.0	-	87	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	199	0.0	-	93	0.0	-	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	52	-	-	29	-	-	23

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN23: Percentage of students who currently used an electronic vapor product (including e-cigarettes, vapes, vape pens, e-cigars, e-hookahs, hookah pens, and mods [such as JUUL, SMOK, Suorin, Vuse, and blu], on at least 1 day during the 30 days before the survey)

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Total	4.3	(1.9 - 9.3)	631	3.6	(1.1 - 11.8)	315	4.7	(2.6 - 8.7)	310
Age									
11 or younger	6.6	(1.4 - 25.8)	85	6.5	(0.8 - 37.0)	47	7.0	(2.2 - 20.3)	35
12	4.9	(1.8 - 12.5)	193	2.5	(0.4 - 14.0)	98	6.4	(2.4 - 15.8)	94
13	3.0	(0.8 - 10.5)	272	4.4	(1.1 - 16.5)	127	1.6	(0.3 - 8.7)	143
14 or older	2.1	(0.6 - 7.6)	81	0.0	-	43	5.5	(1.8 - 15.2)	38
Grade									
6th	8.1	(2.6 - 22.7)	114	7.2	(1.1 - 35.4)	64	8.3	(3.7 - 17.6)	46
7th	2.3	(0.7 - 7.1)	220	1.0	(0.2 - 5.3)	108	3.8	(1.1 - 12.3)	112
8th	3.2	(1.0 - 9.4)	296	3.5	(0.7 - 14.6)	143	2.9	(0.9 - 8.9)	151
Race/Ethnicity									
Asian*	2.2	(0.3 - 13.1)	49	-	-	24	-	-	25
Black*	12.6	(7.4 - 20.7)	105	11.7	(5.2 - 24.3)	59	13.9	(9.5 - 19.9)	46
Hispanic/ Latino	3.1	(1.1 - 8.2)	185	1.8	(0.4 - 7.3)	87	4.4	(1.2 - 15.2)	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	1.3	(0.3 - 6.3)	199	0.0	-	93	2.6	(0.6 - 10.9)	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	1.3	(0.1 - 10.7)	52	-	-	29	-	-	23

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN24: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, dip, snus, dissolvable tobacco products, or nicotine pouches [such as Copenhagen, Grizzly, Skoal, Camel Snus, or on!, ZYN, or Velo], not counting any electronic vapor products, on at least 1 day during the 30 days before the survey)

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Total	1.3	(0.5 - 3.1)	635	1.9	(0.5 - 6.5)	317	0.7	(0.2 - 2.3)	312
Age									
11 or younger	0.7	(0.1 - 4.6)	86	1.4	(0.2 - 10.0)	48	0.0	-	35
12	0.8	(0.1 - 5.8)	193	1.5	(0.2 - 10.1)	97	0.0	-	95
13	2.3	(0.9 - 5.5)	274	3.4	(0.8 - 13.7)	129	1.3	(0.3 - 5.0)	143
14 or older	1.0	(0.1 - 9.6)	82	0.0	-	43	2.6	(0.3 - 19.6)	39
Grade									
6th	0.5	(0.1 - 3.5)	115	1.1	(0.1 - 8.0)	65	0.0	-	46
7th	1.7	(0.7 - 4.1)	221	2.5	(0.6 - 10.1)	108	0.8	(0.1 - 8.1)	113
8th	1.6	(0.5 - 5.0)	298	2.0	(0.5 - 8.3)	144	1.1	(0.2 - 5.3)	152
Race/Ethnicity									
Asian*	5.9	(1.3 - 23.8)	51	-	-	26	-	-	25
Black*	3.4	(0.9 - 11.8)	106	4.2	(0.9 - 17.8)	60	2.2	(0.6 - 8.3)	46
Hispanic/ Latino	0.0	-	184	0.0	-	86	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.3	(0.0 - 2.4)	200	0.0	-	93	0.6	(0.1 - 4.8)	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 4 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNFRSKL: Percentage of students who currently used smokeless tobacco frequently (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on 20 or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.1	(0.0 - 0.9)	635	0.2	(0.0 - 1.9)	317	0.0	-	312
Age									
11 or younger	0.0	-	86	0.0	-	48	0.0	-	35
12	0.0	-	193	0.0	-	97	0.0	-	95
13	0.3	(0.0 - 3.5)	274	0.6	(0.0 - 7.2)	129	0.0	-	143
14 or older	0.0	-	82	0.0	-	43	0.0	-	39
Grade									
6th	0.0	-	115	0.0	-	65	0.0	-	46
7th	0.3	(0.0 - 2.8)	221	0.5	(0.0 - 5.5)	108	0.0	-	113
8th	0.0	-	298	0.0	-	144	0.0	-	152
Race/Ethnicity									
Asian*	1.6	(0.1 - 18.1)	51	-	-	26	-	-	25
Black*	0.0	-	106	0.0	-	60	0.0	-	46
Hispanic/ Latino	0.0	-	184	0.0	-	86	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	200	0.0	-	93	0.0	-	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 4 students were excluded from this analysis.

*Non-Hispanic.

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- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNDAYSKL: Percentage of students who currently used smokeless tobacco daily (chewing tobacco, snuff, dip, snus, or dissolvable tobacco products [such as Copenhagen, Grizzly, Skoal, or Camel Snus], not counting any electronic vapor products, on all 30 days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.1	(0.0 - 0.9)	635	0.2	(0.0 - 1.9)	317	0.0	-	312
Age									
11 or younger	0.0	-	86	0.0	-	48	0.0	-	35
12	0.0	-	193	0.0	-	97	0.0	-	95
13	0.3	(0.0 - 3.5)	274	0.6	(0.0 - 7.2)	129	0.0	-	143
14 or older	0.0	-	82	0.0	-	43	0.0	-	39
Grade									
6th	0.0	-	115	0.0	-	65	0.0	-	46
7th	0.3	(0.0 - 2.8)	221	0.5	(0.0 - 5.5)	108	0.0	-	113
8th	0.0	-	298	0.0	-	144	0.0	-	152
Race/Ethnicity									
Asian*	1.6	(0.1 - 18.1)	51	-	-	26	-	-	25
Black*	0.0	-	106	0.0	-	60	0.0	-	46
Hispanic/ Latino	0.0	-	184	0.0	-	86	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	200	0.0	-	93	0.0	-	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 4 students were excluded from this analysis.

*Non-Hispanic.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN25: Percentage of students who currently smoked cigars, cigarillos, or little cigars (such as Swisher Sweets, Middleton's [including Black & Mild], or Backwoods, on at least 1 day during the 30 days before the survey)

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Total	0.7	(0.3 - 1.6)	636	0.7	(0.1 - 6.8)	317	0.6	(0.2 - 2.1)	312
Age									
11 or younger	0.7	(0.1 - 4.6)	86	1.4	(0.2 - 10.0)	48	0.0	-	35
12	0.0	-	194	0.0	-	97	0.0	-	95
13	0.8	(0.1 - 5.5)	274	1.2	(0.1 - 13.8)	129	0.5	(0.1 - 4.5)	143
14 or older	2.1	(0.5 - 8.1)	82	0.0	-	43	5.4	(1.7 - 15.4)	39
Grade									
6th	0.5	(0.1 - 3.5)	114	1.1	(0.1 - 8.2)	64	0.0	-	46
7th	0.5	(0.1 - 5.4)	224	1.1	(0.1 - 10.6)	109	0.0	-	114
8th	0.9	(0.3 - 2.4)	298	0.0	-	144	1.8	(0.6 - 5.1)	152
Race/Ethnicity									
Asian*	1.6	(0.1 - 18.1)	51	-	-	26	-	-	25
Black*	1.6	(0.4 - 6.3)	106	1.2	(0.1 - 13.2)	60	2.2	(0.6 - 8.3)	46
Hispanic/ Latino	0.0	-	185	0.0	-	86	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.3	(0.0 - 2.0)	200	0.0	-	93	0.5	(0.1 - 4.1)	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 3 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNFRRCGR: Percentage of students who currently smoked cigars frequently (cigars, cigarillos, or little cigars, on 20 or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.3	(0.1 - 1.3)	636	0.3	(0.0 - 3.2)	317	0.2	(0.0 - 1.8)	312
Age									
11 or younger	0.7	(0.1 - 4.6)	86	1.4	(0.2 - 10.0)	48	0.0	-	35
12	0.0	-	194	0.0	-	97	0.0	-	95
13	0.0	-	274	0.0	-	129	0.0	-	143
14 or older	1.0	(0.1 - 9.6)	82	0.0	-	43	2.6	(0.3 - 19.6)	39
Grade									
6th	0.5	(0.1 - 3.5)	114	1.1	(0.1 - 8.2)	64	0.0	-	46
7th	0.0	-	224	0.0	-	109	0.0	-	114
8th	0.3	(0.0 - 2.7)	298	0.0	-	144	0.6	(0.1 - 5.4)	152
Race/Ethnicity									
Asian*	0.0	-	51	-	-	26	-	-	25
Black*	1.2	(0.2 - 7.3)	106	1.2	(0.1 - 13.2)	60	1.2	(0.1 - 11.2)	46
Hispanic/ Latino	0.0	-	185	0.0	-	86	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	200	0.0	-	93	0.0	-	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 3 students were excluded from this analysis.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNDAYCGR: Percentage of students who currently smoked cigars daily (cigars, cigarillos, or little cigars, on all 30 days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.0	-	636	0.0	-	317	0.0	-	312
Age									
11 or younger	0.0	-	86	0.0	-	48	0.0	-	35
12	0.0	-	194	0.0	-	97	0.0	-	95
13	0.0	-	274	0.0	-	129	0.0	-	143
14 or older	0.0	-	82	0.0	-	43	0.0	-	39
Grade									
6th	0.0	-	114	0.0	-	64	0.0	-	46
7th	0.0	-	224	0.0	-	109	0.0	-	114
8th	0.0	-	298	0.0	-	144	0.0	-	152
Race/Ethnicity									
Asian*	0.0	-	51	-	-	26	-	-	25
Black*	0.0	-	106	0.0	-	60	0.0	-	46
Hispanic/ Latino	0.0	-	185	0.0	-	86	0.0	-	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	200	0.0	-	93	0.0	-	105
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 3 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QNTB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.8	(0.3 - 2.8)	627	1.1	(0.3 - 4.5)	312	0.2	(0.0 - 1.6)	308
Age									
11 or younger	1.6	(0.2 - 12.5)	85	3.2	(0.4 - 20.9)	47	0.0	-	35
12	0.5	(0.1 - 4.9)	192	0.0	-	96	0.0	-	94
13	0.9	(0.1 - 7.3)	271	1.3	(0.2 - 10.2)	126	0.5	(0.1 - 4.5)	143
14 or older	0.0	-	79	0.0	-	43	0.0	-	36
Grade									
6th	1.8	(0.5 - 6.7)	113	2.4	(0.4 - 13.6)	63	0.0	-	46
7th	0.0	-	220	0.0	-	106	0.0	-	113
8th	0.9	(0.1 - 7.5)	294	1.2	(0.1 - 9.8)	143	0.5	(0.1 - 5.0)	149
Race/Ethnicity									
Asian*	0.0	-	50	-	-	25	-	-	25
Black*	3.1	(1.5 - 6.3)	104	4.5	(2.3 - 8.6)	59	1.1	(0.2 - 6.0)	45
Hispanic/ Latino	0.0	-	182	0.0	-	84	0.0	-	95
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	198	0.0	-	93	0.0	-	103
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 12 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QNTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products (on at least 1 day during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	4.6	(2.1 - 9.9)	621	4.1	(1.2 - 12.8)	310	4.8	(2.6 - 8.8)	305
Age									
11 or younger	6.6	(1.4 - 25.8)	85	6.5	(0.8 - 37.0)	47	7.0	(2.2 - 20.3)	35
12	5.7	(2.2 - 13.9)	188	4.0	(1.2 - 13.0)	95	6.5	(2.5 - 16.3)	92
13	3.2	(1.0 - 10.2)	270	4.2	(0.9 - 17.3)	125	2.4	(0.7 - 8.3)	143
14 or older	1.0	(0.1 - 9.0)	78	0.0	-	43	2.9	(0.3 - 20.7)	35
Grade									
6th	8.2	(2.6 - 22.7)	113	7.2	(1.1 - 35.5)	63	8.3	(3.7 - 17.6)	46
7th	3.2	(1.0 - 9.6)	216	1.9	(0.4 - 8.2)	105	4.5	(1.4 - 13.4)	111
8th	3.1	(0.8 - 10.7)	292	3.8	(0.9 - 15.0)	142	2.3	(0.5 - 9.8)	148
Race/Ethnicity									
Asian*	4.4	(0.7 - 24.4)	49	-	-	24	-	-	25
Black*	13.9	(8.4 - 22.0)	104	13.8	(7.0 - 25.5)	59	14.0	(9.6 - 20.1)	45
Hispanic/ Latino	2.8	(0.9 - 8.8)	179	1.0	(0.1 - 7.4)	83	4.6	(1.2 - 16.0)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	1.4	(0.3 - 6.3)	197	0.0	-	93	2.7	(0.6 - 11.1)	102
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	1.3	(0.1 - 10.7)	52	-	-	29	-	-	23

Note: 18 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNFRTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products frequently (on 20 or more days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	1.1	(0.2 - 5.0)	621	1.6	(0.2 - 9.5)	310	0.7	(0.1 - 6.3)	305
Age									
11 or younger	3.1	(0.3 - 23.1)	85	6.5	(0.8 - 37.0)	47	0.0	-	35
12	1.0	(0.1 - 9.4)	188	0.0	-	95	2.1	(0.2 - 16.5)	92
13	0.3	(0.0 - 2.5)	270	0.6	(0.1 - 5.1)	125	0.0	-	143
14 or older	0.0	-	78	0.0	-	43	0.0	-	35
Grade									
6th	2.4	(0.3 - 17.1)	113	4.8	(0.8 - 25.4)	63	0.0	-	46
7th	0.9	(0.1 - 9.1)	216	0.0	-	105	1.9	(0.2 - 14.9)	111
8th	0.3	(0.0 - 2.6)	292	0.6	(0.1 - 4.8)	142	0.0	-	148
Race/Ethnicity									
Asian*	0.0	-	49	-	-	24	-	-	25
Black*	3.8	(1.0 - 13.1)	104	6.4	(2.0 - 18.9)	59	0.0	-	45
Hispanic/ Latino	0.0	-	179	0.0	-	83	0.0	-	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.8	(0.1 - 8.5)	197	0.0	-	93	1.5	(0.1 - 13.8)	102
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	0.0	-	52	-	-	29	-	-	23

Note: 18 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNDAYTB4: Percentage of students who currently smoked cigarettes or cigars or used smokeless tobacco or electronic vapor products daily (on all 30 days during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.5	(0.1 - 2.5)	621	0.9	(0.2 - 4.5)	310	0.0	-	305
Age									
11 or younger	1.6	(0.2 - 12.5)	85	3.2	(0.4 - 20.9)	47	0.0	-	35
12	0.0	-	188	0.0	-	95	0.0	-	92
13	0.3	(0.0 - 2.5)	270	0.6	(0.1 - 5.1)	125	0.0	-	143
14 or older	0.0	-	78	0.0	-	43	0.0	-	35
Grade									
6th	1.2	(0.2 - 9.0)	113	2.4	(0.4 - 13.6)	63	0.0	-	46
7th	0.0	-	216	0.0	-	105	0.0	-	111
8th	0.3	(0.0 - 2.6)	292	0.6	(0.1 - 4.8)	142	0.0	-	148
Race/Ethnicity									
Asian*	0.0	-	49	-	-	24	-	-	25
Black*	2.1	(0.7 - 6.0)	104	3.6	(1.4 - 8.7)	59	0.0	-	45
Hispanic/ Latino	0.0	-	179	0.0	-	83	0.0	-	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.0	-	197	0.0	-	93	0.0	-	102
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	0.0	-	52	-	-	29	-	-	23

Note: 18 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN26: Percentage of students who ever drank alcohol (other than a few sips)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	8.8	(5.7 - 13.4)	615	7.0	(4.0 - 12.0)	306	10.5	(6.0 - 17.7)	302
Age									
11 or younger	12.4	(4.4 - 30.4)	82	11.4	(2.2 - 42.3)	45	13.9	(5.1 - 32.7)	34
12	7.5	(3.4 - 15.7)	185	3.8	(1.0 - 12.8)	94	10.7	(4.2 - 25.0)	89
13	8.0	(4.9 - 13.0)	266	8.0	(4.6 - 13.5)	124	8.2	(4.0 - 16.1)	140
14 or older	7.6	(3.3 - 16.5)	82	5.9	(1.2 - 24.2)	43	10.2	(5.2 - 19.1)	39
Grade									
6th	12.8	(5.1 - 29.0)	108	8.5	(2.1 - 28.2)	60	16.7	(5.5 - 40.8)	44
7th	6.3	(3.9 - 10.1)	215	4.9	(2.2 - 10.7)	105	7.8	(3.3 - 17.5)	109
8th	8.0	(5.5 - 11.5)	292	7.9	(4.9 - 12.5)	141	8.2	(5.0 - 13.2)	149
Race/Ethnicity									
Asian*	8.1	(2.5 - 23.5)	49	-	-	25	-	-	24
Black*	15.9	(8.3 - 28.3)	101	11.2	(4.3 - 26.5)	57	22.5	(13.0 - 36.2)	44
Hispanic/ Latino	5.2	(2.7 - 9.6)	178	4.3	(1.5 - 11.4)	83	6.2	(2.3 - 15.6)	92
AI/AN**	-	-	6	-	-	2	-	-	4
White*	7.3	(4.4 - 11.9)	194	5.4	(2.3 - 12.1)	90	9.1	(3.7 - 20.7)	102
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	8.2	(2.7 - 22.1)	53	-	-	29	-	-	24

Note: 24 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN27: Percentage of students who drank alcohol for the first time before age 11 years (other than a few sips)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	5.5	(3.7 - 8.2)	607	5.2	(2.4 - 10.9)	301	5.5	(2.4 - 12.2)	299
Age									
11 or younger	10.0	(4.3 - 21.4)	81	11.6	(2.3 - 42.8)	44	9.0	(1.9 - 33.5)	34
12	3.8	(1.5 - 9.4)	182	1.7	(0.4 - 6.5)	91	5.1	(2.3 - 10.8)	89
13	5.2	(3.0 - 8.8)	262	6.7	(3.2 - 13.7)	123	3.8	(1.1 - 11.6)	137
14 or older	2.1	(0.4 - 10.0)	82	0.0	-	43	5.4	(1.1 - 23.3)	39
Grade									
6th	9.0	(5.2 - 15.4)	108	8.5	(2.2 - 28.3)	60	8.7	(2.4 - 26.8)	44
7th	4.5	(2.3 - 8.5)	211	3.0	(1.0 - 8.5)	101	6.0	(1.9 - 17.0)	109
8th	3.6	(2.4 - 5.6)	288	4.7	(2.7 - 8.2)	140	2.6	(1.0 - 6.6)	146
Race/Ethnicity									
Asian*	8.2	(2.5 - 23.6)	48	-	-	24	-	-	24
Black*	8.1	(5.2 - 12.6)	98	8.9	(2.0 - 31.5)	55	7.0	(1.4 - 29.0)	43
Hispanic/ Latino	4.3	(2.1 - 8.3)	177	4.2	(1.5 - 11.5)	83	4.5	(1.9 - 10.3)	91
AI/AN**	-	-	6	-	-	2	-	-	4
White*	5.0	(2.1 - 11.5)	193	2.9	(1.3 - 6.1)	89	7.0	(1.9 - 22.3)	102
All other races*	-	-	18	-	-	12	-	-	6
Multiple races rac	1.5	(0.3 - 8.6)	53	-	-	29	-	-	24

Note: 32 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN28: Percentage of students who ever used marijuana

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	2.2	(1.0 - 4.7)	624	3.1	(1.3 - 7.6)	312	0.9	(0.3 - 2.4)	306
Age									
11 or younger	3.2	(0.3 - 23.9)	83	6.5	(0.8 - 37.2)	46	0.0	-	35
12	0.8	(0.2 - 4.1)	191	0.0	-	97	0.5	(0.1 - 4.2)	92
13	3.1	(1.4 - 6.6)	269	5.4	(3.0 - 9.5)	126	0.9	(0.1 - 7.8)	141
14 or older	1.8	(0.3 - 9.0)	81	0.0	-	43	4.7	(0.8 - 22.6)	38
Grade									
6th	3.1	(0.6 - 14.2)	110	4.8	(0.8 - 25.4)	63	0.0	-	44
7th	0.5	(0.1 - 2.5)	220	0.5	(0.0 - 5.6)	107	0.5	(0.1 - 3.9)	112
8th	3.2	(1.5 - 6.8)	294	4.4	(2.4 - 7.8)	142	2.0	(0.5 - 7.9)	150
Race/Ethnicity									
Asian*	2.2	(0.3 - 13.2)	48	-	-	24	-	-	24
Black*	4.8	(1.9 - 11.9)	104	7.4	(3.0 - 16.9)	58	1.2	(0.1 - 13.4)	46
Hispanic/ Latino	1.6	(0.5 - 5.3)	181	1.5	(0.1 - 14.1)	85	1.7	(0.8 - 3.3)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.7	(0.2 - 3.0)	197	1.5	(0.4 - 5.8)	93	0.0	-	102
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	1.3	(0.1 - 10.6)	53	-	-	29	-	-	24

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN29: Percentage of students who tried marijuana for the first time before age 11 years

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.5	(0.1 - 2.5)	626	1.0	(0.2 - 4.4)	313	0.0	-	307
Age									
11 or younger	1.6	(0.2 - 13.0)	83	3.3	(0.4 - 21.0)	46	0.0	-	35
12	0.0	-	193	0.0	-	98	0.0	-	93
13	0.4	(0.1 - 3.8)	269	0.9	(0.1 - 7.5)	126	0.0	-	141
14 or older	0.0	-	81	0.0	-	43	0.0	-	38
Grade									
6th	1.2	(0.2 - 9.3)	110	2.4	(0.4 - 13.6)	63	0.0	-	44
7th	0.0	-	221	0.0	-	108	0.0	-	112
8th	0.4	(0.0 - 3.8)	294	0.8	(0.1 - 7.3)	142	0.0	-	150
Race/Ethnicity									
Asian*	0.0	-	48	-	-	24	-	-	24
Black*	1.7	(0.3 - 8.1)	104	2.8	(0.6 - 11.8)	58	0.0	-	46
Hispanic/ Latino	0.0	-	183	0.0	-	86	0.0	-	95
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.4	(0.0 - 3.3)	198	0.8	(0.1 - 6.4)	93	0.0	-	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN30: Percentage of students who ever took prescription pain medicine without a doctor's prescription or differently than how a doctor told them to use it (counting drugs such as codeine, Vicodin, Oxycontin, hydrocodone, and Percocet)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	7.1	(4.6 - 10.8)	628	7.1	(4.3 - 11.6)	313	7.0	(4.0 - 12.0)	308
Age									
11 or younger	4.8	(2.5 - 8.9)	84	6.3	(3.4 - 11.2)	47	3.6	(1.0 - 12.4)	34
12	7.0	(2.9 - 15.9)	193	7.4	(4.1 - 13.1)	97	6.2	(1.5 - 22.0)	94
13	8.2	(4.9 - 13.5)	269	8.5	(3.2 - 20.7)	126	8.0	(3.8 - 16.1)	141
14 or older	8.5	(2.9 - 22.4)	82	4.1	(0.8 - 19.1)	43	15.3	(5.0 - 38.3)	39
Grade									
6th	9.0	(3.2 - 23.0)	113	10.2	(4.1 - 22.9)	64	8.2	(2.3 - 25.5)	45
7th	5.6	(3.1 - 9.9)	220	6.8	(3.0 - 14.9)	107	3.8	(1.1 - 12.3)	112
8th	7.0	(4.7 - 10.3)	294	4.9	(3.3 - 7.1)	142	9.4	(5.3 - 16.1)	150
Race/Ethnicity									
Asian*	12.2	(4.0 - 31.7)	49	-	-	25	-	-	24
Black*	11.7	(4.9 - 25.4)	104	12.9	(6.3 - 24.6)	59	9.9	(2.7 - 30.2)	45
Hispanic/ Latino	6.7	(3.8 - 11.5)	185	4.3	(2.5 - 7.6)	86	8.3	(4.3 - 15.5)	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	4.4	(1.8 - 10.3)	197	3.9	(1.2 - 12.4)	91	5.0	(1.5 - 14.9)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	10.5	(3.2 - 29.5)	53	-	-	29	-	-	24

Note: 11 students were excluded from this analysis.

*Non-Hispanic.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN31: Percentage of students who ever used cocaine (any form of cocaine, including powder, crack, or freebase)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	0.5	(0.2 - 1.5)	631	0.5	(0.3 - 0.8)	315	0.6	(0.1 - 3.1)	309
Age									
11 or younger	0.7	(0.1 - 6.6)	84	0.0	-	47	1.5	(0.2 - 12.9)	34
12	0.0	-	194	0.0	-	98	0.0	-	94
13	0.7	(0.5 - 0.9)	271	1.5	(1.1 - 2.0)	127	0.0	-	142
14 or older	1.1	(0.2 - 7.1)	82	0.0	-	43	2.8	(0.5 - 14.3)	39
Grade									
6th	0.6	(0.1 - 5.1)	113	0.0	-	64	1.2	(0.1 - 10.9)	45
7th	0.7	(0.3 - 1.6)	220	1.3	(0.5 - 3.3)	107	0.0	-	112
8th	0.3	(0.0 - 2.0)	297	0.0	-	144	0.7	(0.1 - 4.3)	151
Race/Ethnicity									
Asian*	0.0	-	50	-	-	26	-	-	24
Black*	0.0	-	105	0.0	-	59	0.0	-	46
Hispanic/ Latino	0.9	(0.1 - 6.8)	185	0.0	-	87	1.7	(0.2 - 13.9)	95
AI/AN**	-	-	6	-	-	2	-	-	4
White*	0.6	(0.1 - 4.6)	198	0.7	(0.1 - 5.2)	92	0.5	(0.1 - 4.1)	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 8 students were excluded from this analysis.

*Non-Hispanic.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN32: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	3.1	(2.1 - 4.7)	624	3.1	(1.3 - 7.1)	314	2.3	(1.4 - 3.5)	303
Age									
11 or younger	1.8	(0.4 - 7.4)	84	1.1	(0.1 - 7.9)	47	0.0	-	34
12	2.5	(0.6 - 9.7)	191	1.7	(0.5 - 5.5)	98	2.2	(0.3 - 16.0)	91
13	5.3	(2.8 - 9.8)	268	7.2	(2.6 - 18.4)	126	3.5	(1.8 - 7.0)	140
14 or older	1.1	(0.2 - 7.1)	81	0.0	-	43	2.9	(0.5 - 13.9)	38
Grade									
6th	2.6	(0.8 - 8.5)	113	0.8	(0.1 - 6.2)	64	1.4	(0.2 - 7.7)	45
7th	3.4	(1.6 - 7.3)	215	5.0	(1.9 - 12.6)	107	1.7	(0.8 - 3.5)	107
8th	3.2	(2.4 - 4.5)	295	3.1	(0.9 - 9.8)	143	3.5	(1.6 - 7.2)	150
Race/Ethnicity									
Asian*	4.4	(1.1 - 15.4)	49	-	-	26	-	-	23
Black*	0.4	(0.1 - 2.9)	104	0.0	-	58	1.0	(0.2 - 6.0)	46
Hispanic/ Latino	5.4	(2.7 - 10.8)	183	3.1	(0.7 - 12.5)	87	5.1	(1.6 - 15.3)	93
AI/AN**	-	-	5	-	-	2	-	-	3
White*	2.7	(0.9 - 7.9)	196	3.8	(1.0 - 13.1)	91	1.8	(0.4 - 8.1)	103
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	3.2	(0.5 - 17.0)	53	-	-	29	-	-	24

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN37: Percentage of students who described themselves as slightly or very overweight

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	19.5	(15.1 - 24.8)	620	16.5	(12.9 - 21.0)	312	22.7	(16.1 - 31.0)	303
Age									
11 or younger	19.7	(11.6 - 31.3)	83	19.5	(10.6 - 33.0)	45	20.6	(7.2 - 46.5)	36
12	20.5	(15.7 - 26.2)	191	17.4	(13.1 - 22.8)	98	23.2	(14.3 - 35.2)	91
13	21.1	(15.2 - 28.4)	267	16.8	(10.3 - 26.1)	127	25.3	(13.9 - 41.6)	139
14 or older	10.7	(6.3 - 17.6)	79	8.0	(2.5 - 22.8)	42	15.1	(8.4 - 25.6)	37
Grade									
6th	18.3	(11.2 - 28.5)	110	16.2	(8.8 - 27.8)	62	20.0	(7.9 - 42.3)	45
7th	22.6	(18.2 - 27.8)	219	20.7	(16.3 - 26.0)	107	24.8	(14.9 - 38.2)	111
8th	17.5	(11.3 - 26.1)	290	12.6	(6.9 - 21.9)	143	23.0	(12.1 - 39.5)	146
Race/Ethnicity									
Asian*	18.0	(10.0 - 30.3)	51	-	-	26	-	-	25
Black*	14.4	(5.0 - 34.9)	105	11.3	(4.4 - 26.3)	59	18.6	(4.3 - 53.7)	46
Hispanic/ Latino	30.1	(23.7 - 37.3)	181	27.9	(18.1 - 40.5)	86	33.0	(23.5 - 44.2)	93
AI/AN**	-	-	6	-	-	2	-	-	4
White*	19.5	(13.0 - 28.4)	194	17.5	(9.2 - 30.8)	92	21.8	(12.9 - 34.4)	100
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	13.8	(7.4 - 24.3)	51	-	-	28	-	-	23

Note: 19 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN38: Percentage of students who were trying to lose weight

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	41.1	(34.4 - 48.3)	624	31.1	(24.9 - 38.0)	313	51.3	(40.3 - 62.2)	306
Age									
11 or younger	41.5	(33.7 - 49.8)	85	25.3	(17.2 - 35.6)	47	56.2	(44.0 - 67.7)	36
12	46.9	(39.2 - 54.7)	192	36.3	(30.4 - 42.6)	97	58.0	(47.4 - 67.8)	93
13	38.5	(29.8 - 47.9)	267	35.1	(28.3 - 42.6)	126	41.9	(26.0 - 59.7)	140
14 or older	29.8	(19.0 - 43.4)	80	16.0	(5.3 - 39.5)	43	51.8	(34.3 - 68.9)	37
Grade									
6th	43.7	(37.0 - 50.6)	114	29.0	(23.4 - 35.2)	64	57.8	(45.6 - 69.2)	47
7th	41.7	(34.7 - 49.1)	218	34.2	(28.0 - 41.1)	106	49.4	(38.2 - 60.6)	111
8th	38.5	(30.3 - 47.4)	291	29.7	(21.7 - 39.3)	143	48.4	(33.3 - 63.7)	147
Race/Ethnicity									
Asian*	31.9	(18.2 - 49.6)	51	-	-	26	-	-	25
Black*	41.7	(27.7 - 57.1)	105	27.1	(17.3 - 39.7)	59	61.6	(41.9 - 78.1)	46
Hispanic/ Latino	56.5	(50.0 - 62.8)	181	50.8	(41.7 - 59.9)	85	60.0	(52.5 - 67.0)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	34.2	(22.5 - 48.3)	196	24.5	(13.6 - 40.0)	92	44.0	(25.1 - 64.8)	102
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	45.3	(32.5 - 58.7)	52	-	-	29	-	-	23

Note: 15 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN39: Percentage of students who did not eat breakfast (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.8	(7.4 - 15.5)	628	9.9	(6.7 - 14.5)	312	11.4	(6.4 - 19.4)	310
Age									
11 or younger	8.6	(2.8 - 23.7)	84	7.9	(2.9 - 19.6)	47	9.7	(2.4 - 32.0)	35
12	7.8	(2.9 - 19.2)	192	4.9	(1.5 - 14.6)	96	9.4	(3.3 - 24.2)	94
13	14.3	(10.7 - 18.9)	270	16.9	(9.9 - 27.5)	126	12.1	(6.8 - 20.7)	142
14 or older	13.9	(6.3 - 28.0)	82	9.3	(3.5 - 22.8)	43	21.1	(7.1 - 48.3)	39
Grade									
6th	10.6	(5.7 - 18.8)	112	8.4	(4.5 - 15.4)	63	12.0	(5.5 - 24.1)	46
7th	6.4	(3.8 - 10.6)	219	6.6	(3.4 - 12.6)	106	5.7	(1.9 - 15.9)	112
8th	14.9	(10.8 - 20.3)	296	14.4	(9.1 - 22.1)	143	15.6	(8.2 - 27.6)	151
Race/Ethnicity									
Asian*	3.8	(1.0 - 13.6)	50	-	-	25	-	-	25
Black*	7.8	(4.3 - 13.8)	105	7.7	(3.2 - 17.2)	58	8.0	(2.3 - 24.1)	47
Hispanic/ Latino	15.4	(12.0 - 19.6)	184	9.6	(4.9 - 18.0)	87	20.6	(15.7 - 26.4)	95
AI/AN**	-	-	6	-	-	2	-	-	4
White*	10.1	(4.4 - 21.6)	198	12.3	(6.8 - 21.1)	92	8.3	(2.1 - 27.7)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	14.4	(6.1 - 30.3)	53	-	-	29	-	-	24

Note: 11 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNBK7DAY: Percentage of students who ate breakfast on all 7 days (during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	46.4	(40.3 - 52.7)	628	53.1	(45.3 - 60.8)	312	38.9	(34.2 - 43.9)	310
Age									
11 or younger	62.3	(51.8 - 71.8)	84	67.2	(50.4 - 80.5)	47	56.0	(41.2 - 69.8)	35
12	48.1	(38.2 - 58.1)	192	58.0	(44.8 - 70.2)	96	37.9	(27.4 - 49.7)	94
13	37.7	(29.3 - 47.0)	270	45.0	(35.0 - 55.5)	126	30.2	(18.9 - 44.6)	142
14 or older	34.0	(21.0 - 49.9)	82	35.2	(18.8 - 56.1)	43	32.1	(19.6 - 47.8)	39
Grade									
6th	55.5	(46.1 - 64.4)	112	63.2	(51.2 - 73.7)	63	46.8	(36.8 - 57.0)	46
7th	50.2	(41.0 - 59.5)	219	55.5	(43.0 - 67.4)	106	44.9	(37.3 - 52.8)	112
8th	35.4	(26.3 - 45.7)	296	42.7	(31.8 - 54.3)	143	27.0	(15.9 - 41.9)	151
Race/Ethnicity									
Asian*	59.7	(35.9 - 79.6)	50	-	-	25	-	-	25
Black*	51.0	(34.4 - 67.3)	105	62.4	(48.0 - 74.8)	58	35.9	(19.1 - 57.2)	47
Hispanic/ Latino	47.3	(42.9 - 51.8)	184	59.1	(53.1 - 64.9)	87	35.4	(30.7 - 40.4)	95
AI/AN**	-	-	6	-	-	2	-	-	4
White*	44.4	(35.4 - 53.7)	198	50.5	(34.9 - 66.0)	92	37.8	(30.9 - 45.1)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	36.0	(22.8 - 51.6)	53	-	-	29	-	-	24

Note: 11 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN40: Percentage of students who were physically active at least 60 minutes per day on 5 or more days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	52.6	(44.1 - 61.0)	626	55.7	(45.8 - 65.3)	312	49.5	(39.7 - 59.3)	308
Age									
11 or younger	42.4	(32.1 - 53.4)	82	41.4	(20.8 - 65.4)	46	43.3	(29.8 - 57.9)	34
12	54.0	(45.2 - 62.6)	194	61.8	(51.8 - 70.9)	98	44.7	(33.5 - 56.5)	94
13	54.2	(44.9 - 63.2)	268	53.1	(39.2 - 66.6)	125	55.5	(44.9 - 65.7)	141
14 or older	65.5	(45.9 - 81.0)	82	70.3	(45.3 - 87.1)	43	58.2	(38.4 - 75.6)	39
Grade									
6th	46.0	(40.5 - 51.5)	110	50.6	(40.3 - 60.9)	63	40.2	(32.3 - 48.5)	44
7th	49.7	(41.3 - 58.2)	220	53.0	(46.7 - 59.2)	107	46.5	(33.2 - 60.4)	112
8th	61.2	(51.8 - 69.9)	295	62.7	(44.1 - 78.2)	142	60.1	(49.3 - 70.1)	151
Race/Ethnicity									
Asian*	56.1	(33.6 - 76.5)	50	-	-	25	-	-	25
Black*	52.7	(45.5 - 59.8)	104	53.0	(39.1 - 66.5)	58	52.2	(32.6 - 71.2)	46
Hispanic/ Latino	42.0	(32.5 - 52.1)	185	50.8	(34.0 - 67.5)	86	35.7	(26.7 - 45.9)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	57.2	(50.4 - 63.6)	196	59.6	(47.3 - 70.8)	91	54.9	(43.2 - 66.0)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	60.3	(41.8 - 76.2)	53	-	-	29	-	-	24

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	8.1	(3.9 - 15.9)	626	8.5	(3.8 - 17.8)	312	7.6	(3.7 - 15.3)	308
Age									
11 or younger	8.9	(4.8 - 15.9)	82	12.8	(6.1 - 24.9)	46	5.4	(1.5 - 17.4)	34
12	8.6	(4.0 - 17.7)	194	6.3	(2.5 - 14.9)	98	10.9	(5.3 - 21.1)	94
13	7.0	(3.3 - 14.2)	268	9.6	(4.0 - 21.2)	125	4.7	(1.9 - 11.2)	141
14 or older	8.0	(2.3 - 24.1)	82	4.2	(0.6 - 24.4)	43	13.8	(4.4 - 35.7)	39
Grade									
6th	9.8	(4.6 - 19.5)	110	11.9	(5.0 - 25.8)	63	7.9	(2.9 - 19.4)	44
7th	8.1	(3.3 - 18.3)	220	8.2	(3.7 - 17.1)	107	7.6	(2.8 - 18.8)	112
8th	6.2	(2.5 - 14.2)	295	5.9	(1.5 - 20.2)	142	6.5	(3.1 - 13.0)	151
Race/Ethnicity									
Asian*	8.9	(3.6 - 20.5)	50	-	-	25	-	-	25
Black*	5.4	(1.1 - 22.4)	104	5.6	(0.9 - 28.3)	58	5.1	(0.6 - 31.0)	46
Hispanic/ Latino	19.3	(10.6 - 32.6)	185	17.9	(8.2 - 34.9)	86	20.5	(11.5 - 33.9)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	2.1	(0.6 - 6.8)	196	3.2	(0.6 - 15.6)	91	1.1	(0.2 - 5.7)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	8.4	(2.5 - 24.2)	53	-	-	29	-	-	24

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNPA7DAY: Percentage of students who were physically active at least 60 minutes per day on all 7 days (in any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	31.4	(25.8 - 37.6)	626	36.7	(27.5 - 46.9)	312	25.9	(20.2 - 32.7)	308
Age									
11 or younger	25.9	(21.0 - 31.4)	82	26.7	(9.6 - 55.5)	46	24.3	(7.9 - 54.6)	34
12	34.8	(26.7 - 43.8)	194	40.0	(31.4 - 49.1)	98	29.4	(21.9 - 38.1)	94
13	31.1	(25.0 - 38.0)	268	36.9	(27.4 - 47.6)	125	26.2	(21.2 - 31.8)	141
14 or older	33.1	(24.4 - 43.0)	82	44.1	(30.1 - 59.1)	43	16.2	(9.3 - 26.6)	39
Grade									
6th	27.3	(22.8 - 32.3)	110	30.8	(17.9 - 47.6)	63	23.1	(9.5 - 46.4)	44
7th	32.1	(23.6 - 42.0)	220	36.3	(24.3 - 50.3)	107	27.8	(21.6 - 34.8)	112
8th	34.2	(27.0 - 42.2)	295	41.8	(30.4 - 54.2)	142	26.6	(21.8 - 32.0)	151
Race/Ethnicity									
Asian*	30.9	(18.8 - 46.4)	50	-	-	25	-	-	25
Black*	33.1	(27.5 - 39.2)	104	31.0	(25.4 - 37.3)	58	36.0	(21.5 - 53.6)	46
Hispanic/ Latino	22.6	(15.2 - 32.2)	185	28.0	(14.1 - 48.0)	86	18.5	(13.6 - 24.7)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	34.2	(27.4 - 41.7)	196	44.1	(31.1 - 58.0)	91	24.6	(20.3 - 29.4)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	37.3	(25.4 - 51.0)	53	-	-	29	-	-	24

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN41: Percentage of students who attended physical education (PE) classes on 1 or more days (in an average week when they were in school)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	95.6	(84.7 - 98.9)	619	94.5	(81.2 - 98.6)	306	96.7	(87.0 - 99.2)	308
Age									
11 or younger	93.7	(77.6 - 98.5)	80	88.8	(64.1 - 97.2)	43	98.1	(85.5 - 99.8)	35
12	98.3	(93.0 - 99.6)	188	98.8	(95.6 - 99.7)	95	97.7	(83.4 - 99.7)	92
13	94.4	(75.1 - 98.9)	269	93.8	(74.6 - 98.8)	125	94.8	(75.5 - 99.1)	142
14 or older	95.1	(79.6 - 99.0)	82	93.9	(77.8 - 98.6)	43	96.9	(70.4 - 99.8)	39
Grade									
6th	94.8	(82.5 - 98.6)	108	91.0	(71.0 - 97.7)	60	98.4	(88.7 - 99.8)	46
7th	98.9	(94.0 - 99.8)	215	99.5	(96.5 - 99.9)	104	98.4	(85.2 - 99.8)	110
8th	93.6	(71.2 - 98.8)	295	92.4	(71.4 - 98.4)	142	94.6	(70.4 - 99.2)	151
Race/Ethnicity									
Asian*	100.0	(- - -)	49	-	-	25	-	-	24
Black*	96.9	(80.6 - 99.6)	104	97.2	(80.4 - 99.7)	58	96.4	(77.9 - 99.5)	46
Hispanic/ Latino	94.3	(87.6 - 97.5)	181	95.6	(88.4 - 98.4)	84	93.0	(77.3 - 98.1)	95
AI/AN**	-	-	6	-	-	2	-	-	4
White*	94.7	(73.4 - 99.1)	196	91.2	(63.9 - 98.4)	90	97.8	(80.2 - 99.8)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	95.5	(62.7 - 99.6)	53	-	-	29	-	-	24

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QNDLYPE: Percentage of students who attended physical education (PE) classes on all 5 days (in an average week when they were in school)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	21.5	(14.2 - 31.4)	619	26.7	(17.6 - 38.2)	306	16.1	(10.0 - 25.0)	308
Age									
11 or younger	12.1	(8.2 - 17.6)	80	19.6	(10.5 - 33.6)	43	5.7	(2.2 - 14.1)	35
12	14.4	(4.7 - 36.5)	188	17.1	(5.5 - 42.3)	95	10.9	(3.3 - 30.2)	92
13	29.7	(19.5 - 42.4)	269	36.4	(23.4 - 51.8)	125	23.1	(14.5 - 34.7)	142
14 or older	38.0	(30.0 - 46.7)	82	40.2	(28.9 - 52.5)	43	34.7	(24.1 - 47.0)	39
Grade									
6th	11.9	(8.4 - 16.5)	108	17.9	(10.2 - 29.4)	60	6.2	(2.3 - 15.9)	46
7th	13.8	(4.7 - 34.5)	215	17.1	(5.3 - 43.1)	104	10.1	(3.4 - 26.7)	110
8th	37.0	(25.5 - 50.1)	295	43.0	(29.4 - 57.8)	142	30.2	(19.5 - 43.5)	151
Race/Ethnicity									
Asian*	31.0	(10.3 - 63.8)	49	-	-	25	-	-	24
Black*	18.8	(6.3 - 44.4)	104	24.1	(9.5 - 49.0)	58	11.2	(1.7 - 48.3)	46
Hispanic/ Latino	26.5	(16.6 - 39.5)	181	30.7	(21.8 - 41.3)	84	23.1	(10.0 - 44.9)	95
AI/AN**	-	-	6	-	-	2	-	-	4
White*	17.5	(10.3 - 27.9)	196	23.4	(12.2 - 40.1)	90	11.7	(6.8 - 19.3)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	23.1	(13.3 - 37.2)	53	-	-	29	-	-	24

Note: 20 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN42: Percentage of students who played on at least one sports team (counting any teams run by their school or community groups, during the past 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	58.8	(49.5 - 67.5)	629	62.2	(51.2 - 72.1)	311	54.9	(45.2 - 64.1)	311
Age									
11 or younger	56.5	(46.3 - 66.3)	85	69.2	(57.6 - 78.8)	47	42.7	(23.3 - 64.7)	35
12	57.2	(41.7 - 71.4)	195	61.9	(45.5 - 76.0)	98	51.6	(36.5 - 66.3)	95
13	57.4	(45.2 - 68.8)	267	53.6	(36.8 - 69.6)	123	60.7	(48.9 - 71.4)	142
14 or older	74.0	(54.5 - 87.1)	82	72.7	(51.5 - 87.0)	43	76.0	(56.3 - 88.6)	39
Grade									
6th	56.2	(48.4 - 63.8)	114	69.4	(60.2 - 77.3)	64	40.5	(24.8 - 58.5)	46
7th	56.3	(40.8 - 70.7)	220	57.7	(40.9 - 72.8)	106	55.1	(40.2 - 69.1)	113
8th	63.8	(50.5 - 75.3)	294	60.8	(39.7 - 78.6)	141	66.8	(55.9 - 76.1)	151
Race/Ethnicity									
Asian*	64.6	(38.2 - 84.4)	50	-	-	25	-	-	25
Black*	60.3	(51.7 - 68.4)	103	71.4	(55.3 - 83.5)	57	44.7	(35.1 - 54.6)	46
Hispanic/ Latino	51.6	(44.5 - 58.5)	185	57.3	(41.6 - 71.7)	85	46.3	(36.6 - 56.2)	97
AI/AN**	-	-	6	-	-	2	-	-	4
White*	62.7	(50.1 - 73.8)	198	60.8	(47.7 - 72.5)	92	63.9	(47.1 - 77.8)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	60.4	(41.9 - 76.3)	53	-	-	29	-	-	24

Note: 10 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN43: Percentage of students who had a concussion from playing a sport or being physically active (one or more times during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	20.6	(14.2 - 28.7)	620	21.9	(14.3 - 31.9)	310	18.7	(12.6 - 26.7)	303
Age									
11 or younger	29.0	(15.8 - 47.1)	84	31.7	(11.7 - 62.0)	47	25.4	(16.9 - 36.2)	34
12	20.6	(15.1 - 27.4)	188	21.3	(14.9 - 29.6)	97	18.9	(10.7 - 31.2)	89
13	16.8	(9.8 - 27.3)	266	19.8	(11.0 - 33.0)	123	14.3	(7.8 - 25.0)	141
14 or older	14.0	(9.7 - 19.8)	82	11.1	(5.3 - 21.6)	43	18.4	(9.3 - 33.2)	39
Grade									
6th	31.9	(19.6 - 47.3)	111	34.2	(17.6 - 55.9)	64	27.8	(16.7 - 42.3)	43
7th	15.6	(12.1 - 20.0)	214	16.2	(12.1 - 21.3)	105	15.1	(8.9 - 24.4)	108
8th	16.2	(9.9 - 25.4)	294	17.3	(10.6 - 26.9)	141	15.4	(8.5 - 26.2)	151
Race/Ethnicity									
Asian*	28.2	(19.7 - 38.5)	46	-	-	23	-	-	23
Black*	28.7	(18.9 - 41.1)	104	30.3	(14.1 - 53.5)	58	26.6	(15.1 - 42.4)	46
Hispanic/ Latino	21.7	(14.2 - 31.7)	179	20.8	(12.8 - 31.9)	84	20.8	(11.2 - 35.3)	92
AI/AN**	-	-	6	-	-	2	-	-	4
White*	11.9	(8.1 - 17.1)	199	11.6	(5.4 - 23.2)	93	12.4	(7.0 - 21.0)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	26.2	(10.7 - 51.4)	53	-	-	29	-	-	24

Note: 19 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN44: Percentage of students who use social media several times a day

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	50.0	(43.2 - 56.9)	620	50.6	(43.9 - 57.2)	307	49.2	(40.8 - 57.7)	307
Age									
11 or younger	43.5	(22.5 - 67.1)	83	51.0	(29.4 - 72.3)	45	36.0	(17.0 - 60.6)	36
12	46.9	(37.0 - 57.1)	189	43.4	(31.7 - 55.9)	97	50.6	(36.6 - 64.5)	90
13	55.8	(49.0 - 62.3)	266	53.2	(48.4 - 58.0)	122	57.9	(46.3 - 68.7)	142
14 or older	56.1	(49.2 - 62.8)	82	63.5	(55.7 - 70.6)	43	44.7	(32.9 - 57.2)	39
Grade									
6th	45.2	(24.6 - 67.5)	110	49.9	(30.5 - 69.3)	62	39.2	(19.4 - 63.3)	45
7th	45.9	(36.1 - 56.1)	216	42.7	(31.8 - 54.3)	105	49.5	(32.5 - 66.6)	110
8th	58.5	(52.2 - 64.6)	293	59.1	(50.3 - 67.3)	140	57.7	(51.1 - 64.1)	151
Race/Ethnicity									
Asian*	41.9	(32.9 - 51.4)	47	-	-	24	-	-	23
Black*	61.7	(48.2 - 73.6)	105	58.2	(42.9 - 72.1)	58	66.5	(44.1 - 83.3)	47
Hispanic/ Latino	60.9	(48.8 - 71.9)	178	58.7	(36.9 - 77.5)	83	62.3	(50.1 - 73.2)	93
AI/AN**	-	-	6	-	-	2	-	-	4
White*	41.3	(31.5 - 51.7)	198	44.8	(36.7 - 53.1)	92	38.0	(24.7 - 53.4)	104
All other races*	-	-	19	-	-	12	-	-	7
Multiple races rac	47.2	(34.3 - 60.6)	53	-	-	29	-	-	24

Note: 19 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN45: Percentage of students who reported that their mental health was most of the time or always not good (including stress, anxiety, and depression, during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	17.0	(14.8 - 19.3)	620	11.5	(7.2 - 18.0)	310	21.4	(15.3 - 29.0)	303
Age									
11 or younger	15.3	(14.1 - 16.6)	86	11.4	(3.4 - 31.8)	47	15.6	(5.3 - 38.2)	36
12	20.0	(12.2 - 30.9)	187	12.2	(5.9 - 23.6)	97	28.2	(16.9 - 43.1)	88
13	16.9	(13.2 - 21.3)	265	13.9	(8.0 - 23.1)	123	18.9	(13.5 - 25.9)	140
14 or older	11.4	(7.5 - 17.0)	82	3.8	(1.4 - 9.8)	43	23.1	(11.4 - 41.2)	39
Grade									
6th	19.7	(14.1 - 26.8)	114	10.8	(3.4 - 29.4)	64	25.4	(12.6 - 44.4)	46
7th	16.5	(12.3 - 21.9)	211	15.6	(8.6 - 26.6)	105	17.7	(13.0 - 23.5)	105
8th	15.2	(11.6 - 19.6)	294	8.1	(4.5 - 14.2)	141	21.8	(14.8 - 31.0)	151
Race/Ethnicity									
Asian*	11.2	(4.6 - 24.7)	48	-	-	24	-	-	24
Black*	19.5	(9.8 - 35.0)	105	16.9	(8.9 - 29.7)	58	22.9	(4.6 - 64.9)	47
Hispanic/ Latino	19.3	(12.1 - 29.3)	179	9.2	(3.1 - 24.2)	85	26.7	(16.3 - 40.4)	91
AI/AN**	-	-	6	-	-	2	-	-	4
White*	15.8	(13.1 - 18.9)	197	11.0	(5.3 - 21.2)	92	18.8	(11.7 - 28.9)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	18.5	(9.4 - 33.0)	53	-	-	29	-	-	24

Note: 19 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN46: Percentage of students who most of the time or always got the kind of help they needed when feeling sad, empty, hopeless, angry, or anxious (among students who needed help with feeling sad, empty, hopeless, angry, or anxious, during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	25.5	(20.2 - 31.7)	419	26.5	(19.4 - 35.2)	186	23.8	(15.9 - 34.0)	227
Age									
11 or younger	29.3	(15.1 - 49.1)	67	35.6	(12.0 - 69.1)	31	24.3	(12.4 - 42.1)	33
12	29.2	(19.2 - 41.7)	130	29.7	(15.7 - 49.0)	57	27.8	(16.4 - 43.2)	71
13	22.5	(15.0 - 32.2)	168	22.2	(12.2 - 37.0)	72	21.7	(12.4 - 35.0)	95
14 or older	13.9	(6.6 - 27.0)	54	-	-	26	-	-	28
Grade									
6th	29.4	(17.8 - 44.3)	85	30.1	(14.6 - 52.2)	39	27.1	(14.7 - 44.4)	42
7th	27.6	(16.8 - 41.9)	151	28.7	(13.2 - 51.7)	69	26.7	(16.1 - 40.8)	81
8th	19.8	(14.6 - 26.2)	182	21.1	(12.6 - 33.3)	78	17.5	(10.0 - 28.8)	103
Race/Ethnicity									
Asian*	-	-	25	-	-	15	-	-	10
Black*	30.1	(17.4 - 46.7)	62	41.8	(21.6 - 65.2)	30	19.4	(14.7 - 25.2)	32
Hispanic/ Latino	25.0	(20.9 - 29.5)	127	26.8	(17.9 - 38.1)	49	22.0	(15.5 - 30.1)	75
AI/AN**	-	-	5	-	-	1	-	-	4
White*	24.2	(15.1 - 36.5)	143	19.4	(10.6 - 32.8)	61	27.7	(12.2 - 51.4)	80
All other races*	-	-	17	-	-	10	-	-	7
Multiple races rac	31.9	(12.4 - 60.6)	34	-	-	18	-	-	16

Note: 220 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN47: Percentage of students who got 8 or more hours of sleep (on an average school night)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	50.0	(42.9 - 57.1)	626	53.6	(47.1 - 60.1)	312	46.7	(35.5 - 58.3)	308
Age									
11 or younger	47.9	(29.4 - 66.9)	85	48.1	(32.1 - 64.5)	47	47.8	(22.2 - 74.7)	36
12	58.7	(49.8 - 67.1)	192	61.2	(52.6 - 69.3)	98	56.8	(39.9 - 72.3)	92
13	43.1	(33.5 - 53.2)	267	47.2	(37.1 - 57.5)	124	39.9	(28.1 - 52.9)	141
14 or older	48.6	(37.1 - 60.2)	82	58.2	(42.6 - 72.3)	43	33.8	(21.1 - 49.3)	39
Grade									
6th	48.4	(36.4 - 60.5)	113	51.1	(39.4 - 62.7)	64	46.2	(28.4 - 65.0)	46
7th	59.1	(50.2 - 67.4)	218	59.4	(52.5 - 65.9)	107	59.0	(40.9 - 75.0)	110
8th	42.5	(34.2 - 51.2)	294	49.9	(37.9 - 61.8)	141	35.3	(26.7 - 45.0)	151
Race/Ethnicity									
Asian*	53.8	(37.8 - 69.0)	48	-	-	24	-	-	24
Black*	46.5	(36.8 - 56.4)	105	53.0	(40.9 - 64.9)	58	37.6	(21.4 - 57.2)	47
Hispanic/ Latino	52.8	(45.7 - 59.7)	181	59.2	(47.1 - 70.3)	85	48.9	(37.3 - 60.5)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	48.9	(36.5 - 61.4)	199	54.0	(43.1 - 64.6)	93	44.0	(25.8 - 63.9)	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	44.6	(31.4 - 58.6)	53	-	-	29	-	-	24

Note: 13 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN48: Percentage of students who experienced unstable housing (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	2.3	(0.9 - 5.5)	620	1.7	(0.7 - 4.3)	308	3.0	(0.8 - 9.9)	306
Age									
11 or younger	4.8	(1.4 - 14.9)	83	1.5	(0.2 - 10.7)	46	8.1	(1.9 - 28.8)	35
12	1.1	(0.1 - 9.5)	190	2.0	(0.2 - 16.2)	97	0.0	-	91
13	1.9	(0.8 - 4.5)	266	1.6	(1.2 - 2.2)	122	2.2	(0.5 - 8.7)	142
14 or older	1.9	(0.4 - 9.4)	81	1.4	(0.1 - 13.9)	43	2.6	(0.3 - 19.0)	38
Grade									
6th	4.9	(2.0 - 11.6)	111	3.5	(1.0 - 11.2)	63	6.7	(1.4 - 25.9)	45
7th	0.3	(0.0 - 2.9)	217	0.5	(0.0 - 5.8)	106	0.0	-	110
8th	2.1	(0.9 - 4.8)	291	1.4	(0.3 - 5.5)	139	2.9	(0.8 - 10.0)	150
Race/Ethnicity									
Asian*	0.0	-	48	-	-	24	-	-	24
Black*	2.9	(1.1 - 7.6)	102	4.2	(1.4 - 12.0)	56	1.1	(0.1 - 11.2)	46
Hispanic/ Latino	1.0	(0.2 - 5.9)	180	0.0	-	84	1.9	(0.3 - 10.4)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	2.9	(0.7 - 10.6)	197	0.8	(0.1 - 5.5)	92	4.9	(1.0 - 20.8)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	1.2	(0.1 - 10.9)	53	-	-	29	-	-	24

Note: 19 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN49: Percentage of students who reported their family sometimes, most of the time, or always worried that their food would run out before they got money to buy more (during the 12 months before the survey)

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Total	10.6	(7.4 - 15.0)	609	8.8	(5.7 - 13.3)	302	12.3	(7.5 - 19.7)	302
Age									
11 or younger	13.5	(5.5 - 29.6)	81	8.4	(3.3 - 19.7)	46	18.8	(4.2 - 54.9)	34
12	12.0	(8.3 - 17.0)	187	10.0	(4.5 - 20.7)	94	13.2	(9.5 - 18.2)	91
13	8.4	(3.9 - 17.2)	262	10.5	(4.8 - 21.3)	119	6.7	(2.8 - 15.2)	141
14 or older	7.1	(3.1 - 15.6)	79	1.8	(0.2 - 14.5)	43	16.0	(8.9 - 26.9)	36
Grade									
6th	13.3	(5.9 - 27.1)	107	8.8	(4.7 - 15.9)	62	17.1	(4.6 - 46.7)	43
7th	12.1	(8.7 - 16.6)	214	11.2	(7.1 - 17.2)	103	13.1	(7.2 - 22.5)	110
8th	7.1	(3.6 - 13.3)	287	6.2	(2.4 - 14.9)	137	8.0	(4.4 - 14.1)	148
Race/Ethnicity									
Asian*	5.8	(1.6 - 19.4)	49	-	-	25	-	-	24
Black*	14.3	(8.6 - 22.9)	98	7.8	(3.9 - 14.8)	53	23.1	(9.8 - 45.2)	45
Hispanic/ Latino	10.7	(7.9 - 14.3)	179	11.2	(5.6 - 21.4)	85	10.3	(6.2 - 16.5)	93
AI/AN**	-	-	6	-	-	2	-	-	4
White*	8.8	(5.8 - 13.0)	194	6.5	(3.8 - 10.8)	90	11.1	(7.1 - 16.8)	102
All other races*	-	-	17	-	-	11	-	-	6
Multiple races rac	8.8	(2.9 - 23.7)	52	-	-	29	-	-	23

Note: 30 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

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- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN50: Percentage of students who reported sometimes, most of the time, or always the food their family bought ran out and they did not have money to buy more (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	7.1	(4.0 - 12.3)	600	8.2	(3.1 - 19.8)	299	5.5	(2.5 - 11.4)	296
Age									
11 or younger	8.7	(4.9 - 15.1)	79	6.1	(1.8 - 18.8)	45	11.5	(3.1 - 34.9)	33
12	10.8	(4.2 - 25.2)	183	13.4	(3.2 - 41.8)	92	6.3	(2.6 - 14.6)	89
13	4.2	(1.7 - 10.2)	260	7.0	(2.5 - 18.2)	119	1.8	(0.3 - 9.0)	139
14 or older	1.0	(0.1 - 10.0)	78	0.0	-	43	2.8	(0.3 - 21.9)	35
Grade									
6th	14.2	(6.9 - 26.8)	106	14.5	(2.7 - 51.3)	62	12.7	(5.0 - 28.8)	42
7th	6.9	(4.5 - 10.3)	209	8.8	(4.9 - 15.2)	100	4.5	(2.0 - 9.7)	108
8th	1.8	(0.7 - 4.8)	284	2.5	(1.0 - 6.3)	137	1.1	(0.2 - 5.5)	145
Race/Ethnicity									
Asian*	7.6	(1.6 - 29.0)	49	-	-	25	-	-	24
Black*	15.2	(9.3 - 23.9)	96	20.2	(7.2 - 45.3)	53	8.4	(2.0 - 29.6)	43
Hispanic/ Latino	8.1	(4.9 - 13.2)	173	8.7	(3.9 - 18.1)	82	7.0	(2.7 - 16.9)	90
AI/AN**	-	-	6	-	-	2	-	-	4
White*	3.1	(1.1 - 8.5)	192	2.6	(0.6 - 10.9)	89	3.6	(0.4 - 27.2)	101
All other races*	-	-	17	-	-	11	-	-	6
Multiple races rac	3.7	(0.4 - 28.8)	52	-	-	29	-	-	23

Note: 39 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN51: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Total	2.9	(1.7 - 4.7)	630	3.6	(1.9 - 6.6)	315	1.6	(0.8 - 3.2)	308
Age									
11 or younger	2.8	(0.8 - 9.9)	86	5.8	(1.5 - 19.8)	48	0.0	-	35
12	2.8	(1.3 - 5.9)	194	1.3	(0.2 - 7.1)	98	2.9	(0.9 - 8.4)	94
13	2.6	(0.9 - 7.2)	270	4.5	(1.2 - 14.7)	127	0.8	(0.2 - 3.5)	141
14 or older	4.2	(1.6 - 10.8)	80	4.0	(0.5 - 26.9)	42	4.6	(1.0 - 19.7)	38
Grade									
6th	3.4	(1.1 - 10.0)	115	4.3	(0.9 - 17.5)	65	1.3	(0.2 - 7.6)	46
7th	3.1	(1.5 - 6.0)	221	3.6	(1.7 - 7.5)	108	2.0	(0.7 - 6.2)	112
8th	2.2	(1.4 - 3.6)	293	3.0	(1.1 - 7.9)	142	1.4	(0.4 - 5.4)	149
Race/Ethnicity									
Asian*	7.6	(2.9 - 18.6)	49	-	-	25	-	-	24
Black*	1.3	(0.2 - 6.9)	106	1.2	(0.1 - 13.2)	60	1.3	(0.1 - 11.2)	46
Hispanic/ Latino	3.3	(1.7 - 6.1)	186	1.0	(0.1 - 7.3)	87	4.8	(2.2 - 10.2)	96
AI/AN**	-	-	6	-	-	2	-	-	4
White*	2.5	(0.9 - 7.1)	197	5.3	(1.8 - 14.4)	92	0.0	-	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	1.7	(0.3 - 9.7)	53	-	-	29	-	-	24

Note: 9 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN52: Percentage of students who spent 3 or more hours per day of screen time (in front of a TV, computer, smart phone, or other electronic device watching shows or videos, playing games, accessing the Internet, or using social media, not counting time spent doing schoolwork, on an average school day)

	Percentage	Total 95% confidence interval	N	Percentage	Male 95% confidence interval	N	Percentage	Female 95% confidence interval	N
Total	58.5	(47.2 - 68.9)	623	57.9	(47.1 - 68.0)	310	58.8	(44.2 - 72.1)	306
Age									
11 or younger	58.3	(32.0 - 80.6)	84	50.8	(27.4 - 73.9)	46	65.3	(25.3 - 91.2)	35
12	60.4	(43.3 - 75.3)	191	62.5	(45.4 - 77.0)	97	57.7	(37.0 - 76.1)	92
13	55.3	(45.5 - 64.8)	266	54.1	(36.4 - 70.8)	124	56.3	(41.8 - 69.7)	140
14 or older	62.8	(51.8 - 72.6)	82	67.1	(50.4 - 80.3)	43	56.3	(37.4 - 73.5)	39
Grade									
6th	60.6	(30.2 - 84.6)	111	54.5	(23.0 - 82.7)	62	66.4	(29.3 - 90.4)	45
7th	57.0	(39.0 - 73.3)	218	58.5	(45.8 - 70.2)	107	55.6	(31.2 - 77.6)	110
8th	58.4	(49.9 - 66.4)	293	60.0	(46.7 - 72.0)	141	56.6	(47.2 - 65.6)	150
Race/Ethnicity									
Asian*	52.3	(31.7 - 72.1)	49	-	-	24	-	-	25
Black*	72.3	(46.1 - 88.8)	104	67.2	(36.9 - 87.8)	58	79.5	(53.3 - 92.9)	46
Hispanic/ Latino	62.1	(55.1 - 68.6)	181	59.3	(46.5 - 71.0)	84	63.4	(54.9 - 71.1)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	51.7	(37.7 - 65.5)	197	51.0	(38.6 - 63.3)	92	52.5	(30.4 - 73.7)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	52.9	(43.1 - 62.5)	53	-	-	29	-	-	24

Note: 16 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN53: Percentage of students who have serious difficulty concentrating, remembering, or making decisions (because of a physical, mental, or emotional problem)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	33.5	(28.6 - 38.8)	613	24.9	(20.7 - 29.7)	306	41.7	(33.5 - 50.3)	300
Age									
11 or younger	36.7	(27.8 - 46.7)	80	27.6	(19.3 - 37.7)	43	42.8	(30.5 - 56.1)	34
12	32.6	(25.0 - 41.1)	188	23.4	(16.7 - 31.9)	98	42.8	(28.9 - 57.9)	88
13	36.9	(25.8 - 49.5)	264	31.1	(22.1 - 41.7)	122	41.7	(24.3 - 61.4)	140
14 or older	18.5	(10.9 - 29.8)	81	9.0	(3.8 - 19.9)	43	33.8	(16.2 - 57.4)	38
Grade									
6th	37.9	(31.7 - 44.5)	108	25.3	(18.4 - 33.7)	60	48.2	(39.4 - 57.1)	44
7th	36.3	(30.1 - 43.0)	213	31.4	(26.3 - 37.1)	106	41.8	(31.6 - 52.8)	106
8th	26.9	(19.3 - 36.1)	291	18.0	(12.2 - 25.7)	140	35.6	(20.4 - 54.5)	149
Race/Ethnicity									
Asian*	30.8	(15.3 - 52.4)	49	-	-	25	-	-	24
Black*	36.3	(25.4 - 48.9)	101	21.7	(13.8 - 32.5)	56	56.1	(41.9 - 69.4)	45
Hispanic/ Latino	41.1	(32.9 - 49.7)	178	32.7	(23.3 - 43.8)	84	47.8	(35.9 - 60.0)	91
AI/AN**	-	-	6	-	-	2	-	-	4
White*	30.2	(23.3 - 38.3)	195	26.0	(18.3 - 35.6)	91	33.0	(24.1 - 43.3)	102
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	32.0	(19.9 - 47.3)	53	-	-	29	-	-	24

Note: 26 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN54: Percentage of students who have ever slept away from their parents or guardians because they were kicked out, ran away, or were abandoned (during the 30 days before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	1.6	(0.6 - 4.1)	618	0.7	(0.2 - 2.3)	305	2.5	(0.7 - 8.9)	307
Age									
11 or younger	2.9	(0.3 - 21.1)	84	0.0	-	46	5.8	(0.6 - 36.4)	36
12	0.9	(0.2 - 3.9)	188	0.0	-	95	1.9	(0.5 - 7.5)	91
13	1.0	(0.4 - 2.9)	264	2.2	(0.8 - 6.0)	121	0.0	-	141
14 or older	2.2	(0.6 - 7.9)	82	0.0	-	43	5.7	(1.6 - 18.4)	39
Grade									
6th	2.3	(0.3 - 16.8)	111	0.0	-	63	4.8	(0.6 - 30.2)	45
7th	0.3	(0.0 - 2.0)	216	0.0	-	104	0.6	(0.1 - 4.1)	111
8th	1.7	(0.6 - 4.7)	290	2.0	(0.7 - 5.4)	138	1.3	(0.3 - 5.0)	150
Race/Ethnicity									
Asian*	0.0	-	48	-	-	24	-	-	24
Black*	1.8	(0.3 - 11.0)	103	0.8	(0.1 - 6.1)	56	3.1	(0.3 - 28.3)	47
Hispanic/ Latino	1.5	(0.5 - 4.6)	180	1.1	(0.1 - 8.2)	84	1.9	(0.3 - 10.4)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	1.8	(0.5 - 6.4)	196	0.8	(0.1 - 5.5)	91	2.9	(0.6 - 12.9)	103
All other races*	-	-	18	-	-	12	-	-	6
Multiple races rac	0.0	-	53	-	-	29	-	-	24

Note: 21 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN55: Percentage of students who have ever gambled on a sports team, gambled when playing cards or a dice game, played one of their state's lottery games, gambled on the Internet, or bet on a game of personal skill such as pool or a video game (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	15.1	(11.2 - 20.0)	610	21.5	(15.0 - 29.7)	303	8.6	(4.6 - 15.6)	302
Age									
11 or younger	22.2	(8.5 - 46.7)	82	34.2	(8.8 - 73.7)	47	10.8	(2.9 - 32.9)	33
12	13.6	(10.3 - 17.8)	185	19.1	(13.2 - 26.8)	93	7.4	(3.6 - 14.8)	91
13	12.5	(9.5 - 16.3)	262	17.3	(12.4 - 23.5)	120	8.4	(4.1 - 16.5)	140
14 or older	12.8	(6.7 - 22.9)	81	15.8	(6.3 - 34.4)	43	8.1	(3.4 - 17.8)	38
Grade									
6th	19.6	(9.9 - 35.2)	107	28.3	(12.8 - 51.7)	63	10.4	(2.7 - 32.2)	42
7th	14.2	(10.6 - 18.7)	214	20.8	(14.2 - 29.3)	103	7.5	(3.4 - 15.6)	110
8th	12.4	(8.9 - 17.0)	288	16.4	(9.3 - 27.2)	137	8.5	(4.8 - 14.8)	149
Race/Ethnicity									
Asian*	13.6	(7.0 - 24.5)	47	-	-	23	-	-	24
Black*	22.3	(15.5 - 30.9)	99	33.4	(21.8 - 47.5)	54	6.4	(0.8 - 36.1)	45
Hispanic/ Latino	19.6	(11.6 - 31.4)	180	23.2	(12.5 - 38.9)	84	17.2	(7.2 - 35.6)	94
AI/AN**	-	-	6	-	-	2	-	-	4
White*	9.1	(7.3 - 11.4)	196	14.3	(9.4 - 21.2)	92	4.4	(1.3 - 13.5)	102
All other races*	-	-	18	-	-	12	-	-	6
Multiple races rac	23.0	(11.2 - 41.4)	53	-	-	29	-	-	24

Note: 29 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN56: Percentage of students who have ever been separated from a parent or guardian because they went to jail, prison, or a detention center

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	10.3	(5.6 - 18.3)	616	9.1	(4.1 - 18.9)	306	11.3	(5.8 - 20.8)	304
Age									
11 or younger	16.3	(5.4 - 39.7)	82	11.1	(1.6 - 49.3)	46	19.6	(9.0 - 37.3)	34
12	8.6	(3.9 - 18.1)	188	9.5	(3.8 - 21.9)	96	7.8	(1.9 - 27.1)	90
13	8.5	(4.2 - 16.2)	265	7.4	(2.3 - 21.4)	121	9.5	(4.7 - 18.3)	142
14 or older	9.2	(2.5 - 28.3)	81	8.7	(1.4 - 39.8)	43	9.9	(2.8 - 29.5)	38
Grade									
6th	15.7	(6.2 - 34.3)	109	10.6	(1.8 - 43.5)	63	20.0	(10.7 - 34.1)	43
7th	8.6	(3.3 - 20.5)	217	12.3	(5.0 - 27.1)	106	4.8	(1.7 - 12.9)	110
8th	7.3	(3.4 - 14.8)	289	4.6	(1.3 - 15.1)	137	10.1	(4.9 - 19.7)	150
Race/Ethnicity									
Asian*	0.0	-	49	-	-	25	-	-	24
Black*	16.5	(7.7 - 32.1)	99	19.4	(9.5 - 35.6)	54	12.6	(5.4 - 26.5)	45
Hispanic/ Latino	12.1	(7.0 - 20.2)	179	6.9	(3.7 - 12.7)	86	14.5	(6.8 - 28.5)	91
AI/AN**	-	-	6	-	-	2	-	-	4
White*	9.5	(4.4 - 19.4)	196	7.7	(1.8 - 26.9)	90	11.3	(4.3 - 26.8)	104
All other races*	-	-	20	-	-	13	-	-	7
Multiple races rac	2.5	(0.8 - 8.1)	53	-	-	29	-	-	24

Note: 23 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QN57: Percentage of students who most of the time or always feel that they are able to talk to an adult in their family or another caring adult about their feelings (during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	56.3	(48.6 - 63.8)	612	57.9	(48.7 - 66.7)	304	54.6	(44.2 - 64.7)	302
Age									
11 or younger	56.2	(45.4 - 66.4)	82	48.5	(28.5 - 68.9)	46	61.9	(37.6 - 81.4)	34
12	56.5	(47.9 - 64.7)	187	62.8	(55.8 - 69.3)	95	50.2	(34.6 - 65.7)	90
13	53.5	(43.6 - 63.1)	264	54.0	(41.9 - 65.6)	120	53.4	(41.5 - 64.9)	142
14 or older	65.8	(51.1 - 78.0)	79	70.8	(50.3 - 85.3)	43	57.6	(41.8 - 72.0)	36
Grade									
6th	54.8	(46.2 - 63.2)	110	56.0	(40.8 - 70.3)	63	52.7	(30.8 - 73.5)	44
7th	58.3	(47.6 - 68.2)	214	57.7	(44.2 - 70.1)	103	59.1	(42.8 - 73.7)	110
8th	55.6	(45.9 - 65.0)	288	59.8	(48.6 - 70.0)	138	51.7	(40.3 - 62.9)	148
Race/Ethnicity									
Asian*	60.5	(37.1 - 80.0)	49	-	-	25	-	-	24
Black*	50.2	(37.5 - 62.8)	99	56.1	(43.0 - 68.5)	55	41.6	(21.9 - 64.3)	44
Hispanic/ Latino	39.0	(28.1 - 51.1)	177	42.8	(31.5 - 54.9)	84	34.2	(18.2 - 54.8)	91
AI/AN**	-	-	6	-	-	2	-	-	4
White*	67.5	(62.1 - 72.4)	196	65.5	(53.1 - 76.1)	90	69.4	(62.4 - 75.7)	104
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	52.6	(35.7 - 68.9)	53	-	-	29	-	-	24

Note: 27 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN58: Percentage of students who most of the time or always feel that they are able to talk to a friend about their feelings (during their life)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	51.6	(44.5 - 58.7)	609	44.9	(36.1 - 53.9)	301	58.2	(48.5 - 67.2)	302
Age									
11 or younger	47.9	(36.7 - 59.3)	79	38.6	(35.2 - 42.1)	43	54.0	(32.0 - 74.6)	34
12	52.9	(40.7 - 64.6)	188	49.9	(33.6 - 66.1)	95	57.1	(44.7 - 68.7)	91
13	49.9	(43.2 - 56.6)	264	39.4	(27.8 - 52.3)	120	58.6	(45.4 - 70.6)	142
14 or older	61.4	(45.5 - 75.1)	78	54.5	(33.1 - 74.3)	43	73.1	(62.0 - 81.9)	35
Grade									
6th	46.0	(36.5 - 55.9)	107	41.2	(33.7 - 49.2)	60	49.6	(30.9 - 68.4)	44
7th	54.7	(46.5 - 62.7)	214	46.2	(32.4 - 60.6)	103	63.8	(51.5 - 74.5)	110
8th	53.3	(43.9 - 62.5)	287	46.4	(31.5 - 61.9)	138	60.0	(44.3 - 73.8)	147
Race/Ethnicity									
Asian*	42.1	(27.8 - 57.9)	49	-	-	25	-	-	24
Black*	40.5	(33.4 - 47.9)	97	39.5	(31.9 - 47.8)	53	41.7	(32.1 - 52.1)	44
Hispanic/ Latino	44.3	(32.5 - 56.8)	178	39.5	(27.4 - 52.9)	84	47.5	(30.1 - 65.5)	92
AI/AN**	-	-	6	-	-	2	-	-	4
White*	62.6	(55.9 - 68.8)	194	50.4	(39.4 - 61.3)	89	73.0	(67.1 - 78.1)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	60.2	(41.9 - 76.1)	53	-	-	29	-	-	24

Note: 30 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey Summary Tables - Weighted Data

QN59: Percentage of students who strongly agree or agree that they feel close to people at their school

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	56.0	(46.9 - 64.7)	609	60.6	(52.1 - 68.6)	303	52.0	(37.5 - 66.1)	300
Age									
11 or younger	50.6	(32.9 - 68.1)	83	51.2	(31.7 - 70.4)	46	52.1	(15.9 - 86.3)	35
12	52.9	(41.8 - 63.8)	183	62.5	(50.4 - 73.3)	94	43.0	(25.7 - 62.2)	87
13	58.4	(50.1 - 66.2)	263	57.9	(45.6 - 69.2)	120	58.8	(50.6 - 66.5)	141
14 or older	70.0	(53.2 - 82.8)	80	79.1	(64.9 - 88.6)	43	55.4	(32.7 - 76.1)	37
Grade									
6th	46.2	(28.2 - 65.3)	110	48.4	(36.0 - 61.1)	62	46.2	(13.1 - 83.0)	45
7th	53.9	(47.4 - 60.3)	210	61.3	(51.2 - 70.6)	103	46.4	(36.0 - 57.1)	106
8th	65.9	(58.1 - 73.0)	288	70.0	(61.1 - 77.7)	138	61.7	(48.6 - 73.2)	148
Race/Ethnicity									
Asian*	53.7	(37.9 - 68.8)	47	-	-	24	-	-	23
Black*	49.3	(34.6 - 64.0)	101	59.1	(45.4 - 71.5)	55	36.2	(8.6 - 77.5)	46
Hispanic/ Latino	60.7	(49.5 - 70.9)	175	70.4	(53.8 - 82.9)	84	54.2	(42.2 - 65.7)	89
AI/AN**	-	-	6	-	-	2	-	-	4
White*	58.7	(49.7 - 67.1)	195	58.2	(43.8 - 71.3)	90	59.4	(49.6 - 68.5)	103
All other races*	-	-	19	-	-	13	-	-	6
Multiple races rac	66.1	(53.2 - 77.0)	53	-	-	29	-	-	24

Note: 30 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.

2025 YOUTH RISK BEHAVIOR SURVEY RESULTS

Virginia Middle School Survey

Summary Tables - Weighted Data

QNFDINSC: Percentage of students who were at risk for food insecurity (during the 12 months before the survey)

	Total			Male			Female		
	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N	Percentage	95% confidence interval	N
Total	13.7	(8.9 - 20.4)	597	12.3	(6.9 - 21.2)	297	14.7	(9.9 - 21.2)	295
Age									
11 or younger	18.7	(9.2 - 34.6)	78	13.5	(7.7 - 22.5)	44	24.4	(8.7 - 52.4)	33
12	15.8	(9.3 - 25.4)	182	14.8	(5.1 - 35.8)	91	15.4	(11.1 - 21.1)	89
13	10.4	(5.0 - 20.3)	259	13.1	(5.7 - 27.2)	119	8.1	(3.8 - 16.1)	138
14 or older	7.2	(3.1 - 15.9)	78	1.8	(0.2 - 14.5)	43	16.4	(8.7 - 28.6)	35
Grade									
6th	20.8	(9.4 - 40.0)	104	17.8	(6.6 - 40.0)	60	23.3	(9.9 - 45.6)	42
7th	14.2	(10.3 - 19.2)	208	12.9	(7.6 - 21.1)	100	15.1	(9.0 - 24.3)	107
8th	7.7	(3.8 - 15.0)	284	7.4	(2.8 - 17.9)	137	8.1	(4.4 - 14.5)	145
Race/Ethnicity									
Asian*	9.3	(3.2 - 24.5)	49	-	-	25	-	-	24
Black*	22.6	(12.9 - 36.4)	95	18.6	(7.7 - 38.5)	52	27.9	(17.9 - 40.6)	43
Hispanic/ Latino	16.1	(12.5 - 20.6)	172	15.9	(9.5 - 25.4)	82	15.7	(8.3 - 27.6)	89
AI/AN**	-	-	6	-	-	2	-	-	4
White*	9.0	(5.9 - 13.6)	192	6.6	(3.9 - 10.8)	89	11.5	(7.2 - 17.9)	101
All other races*	-	-	17	-	-	11	-	-	6
Multiple races rac	8.8	(2.9 - 23.7)	52	-	-	29	-	-	23

Note: 42 students were excluded from this analysis.

*Non-Hispanic.

**AI/AN = American Indian or Alaska Native.

N = Number of students in this subgroup.

- = Fewer than 30 students in this subgroup.