

VIRGINIA

2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. 0 courses	0.0	†	61	11.3	6.1 - 20.1	71	-	-	12	6.8	3.9 - 11.5	144
b. 1 course	6.1	2.5 - 14.2	61	10.1	5.2 - 18.8	71	-	-	12	8.3	4.9 - 13.5	144
c. 2 courses	62.8	49.8 - 74.2	61	19.2	12.3 - 28.6	71	-	-	12	37.3	30.7 - 44.3	144
d. 3 courses	1.9	0.3 - 10.3	61	28.2	19.7 - 38.5	71	-	-	12	16.5	11.9 - 22.4	144
e. 4 or more courses	29.2	19.7 - 41.1	61	31.3	22.1 - 42.2	71	-	-	12	31.3	24.5 - 38.9	144

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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1N. Percentage of all schools that require students to take two or more health education courses.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
93.9	85.8 - 97.5	61	78.6	68.0 - 86.4	71	-	-	12	85.0	78.7 - 89.7	144

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Sixth grade	§	§	§	77.8	65.0 - 86.8	51	-	-	3	77.4	65.1 - 86.3	54
b. Seventh grade	§	§	§	79.9	68.1 - 88.1	56	-	-	3	79.5	68.1 - 87.5	59
c. Eighth grade	§	§	§	75.6	63.8 - 84.5	50	-	-	9	76.0	65.0 - 84.4	59
d. Ninth grade	97.6	87.3 - 99.6	49	-	-	1	-	-	9	95.1	86.9 - 98.3	59
e. Tenth grade	94.2	84.7 - 97.9	49	§	§	§	-	-	9	90.6	81.5 - 95.4	58
f. Eleventh grade	10.0	4.8 - 19.7	39	§	§	§	-	-	7	10.5	5.4 - 19.6	46
g. Twelfth grade	10.0	4.8 - 19.7	39	§	§	§	-	-	7	10.5	5.4 - 19.6	46

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
93.2	86.4 - 96.7	59	14.6	8.3 - 24.5	63	80.0	45.3 - 95.1	10	54.8	49.7 - 59.8	132

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.
N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	
a. Goals, objectives, and expected outcomes for health education	100.0	†	59	97.2	90.8 - 99.2	72	-	-	12	98.6	95.2 - 99.6	143
b. A chart describing the annual scope and sequence of instruction for health education	86.0	75.9 - 92.3	59	80.2	71.3 - 86.8	70	-	-	12	82.4	76.5 - 87.1	141
c. Plans for how to assess student performance in health education	85.5	75.0 - 92.1	59	77.8	69.0 - 84.7	70	-	-	12	81.6	75.8 - 86.3	141
d. A written health education curriculum	92.1	83.6 - 96.4	58	87.1	77.6 - 92.9	70	-	-	12	89.6	83.9 - 93.4	140

*Among schools that teach health education. Respondents that answered “NA” are excluded.

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehending concepts related to health promotion and disease prevention to enhance health	98.5	91.8 - 99.7	57	95.6	88.3 - 98.4	76	-	-	12	97.1	93.1 - 98.8	145
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	98.5	91.9 - 99.7	58	94.1	86.4 - 97.6	76	-	-	12	95.8	91.4 - 98.0	146
c. Accessing valid information and products and services to enhance health	96.5	88.7 - 99.0	58	92.5	84.2 - 96.7	75	-	-	12	94.7	89.9 - 97.3	145
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	96.5	88.4 - 99.0	58	94.1	86.4 - 97.6	76	-	-	12	95.5	91.0 - 97.8	146
e. Using decision-making skills to enhance health	94.5	85.7 - 98.0	58	94.1	86.2 - 97.6	75	-	-	12	94.7	89.9 - 97.3	145
f. Using goal-setting skills to enhance health	94.5	85.7 - 98.0	58	93.0	85.1 - 96.9	76	-	-	12	94.1	89.3 - 96.9	146
g. Practicing health-enhancing behaviors to avoid or reduce risks	94.5	85.7 - 98.0	58	94.1	86.4 - 97.6	76	-	-	12	94.7	90.0 - 97.3	146
h. Advocating for personal, family, and community health	94.5	85.5 - 98.1	58	93.0	85.1 - 96.9	76	-	-	12	94.1	89.2 - 96.9	146

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	
a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction	88.6	78.5 - 94.3	49	93.7	85.4 - 97.4	63	-	-	8	91.2	85.6 - 94.8	120
b. A written health education curriculum that includes objectives and content addressing sexual health education	90.9	81.8 - 95.7	49	90.9	83.4 - 95.2	63	-	-	8	90.1	84.8 - 93.7	120
c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum)	78.4	68.5 - 85.8	49	77.9	69.2 - 84.7	62	-	-	8	78.0	71.9 - 83.2	119
d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction	83.9	72.7 - 91.1	49	87.3	78.6 - 92.8	63	-	-	8	85.3	78.9 - 90.0	120
e. Strategies that are age-appropriate, relevant, and actively engage students in learning	90.9	81.8 - 95.7	49	89.2	81.1 - 94.0	61	-	-	8	89.9	84.5 - 93.5	118
f. Methods to assess student knowledge and skills related to sexual health education	83.9	72.2 - 91.3	49	74.1	64.2 - 82.1	62	-	-	7	77.6	70.6 - 83.3	118

*Among schools that teach sexual health education.

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
52.2	41.1 - 63.2	57	44.7	34.9 - 54.9	75	-	-	11	46.1	39.1 - 53.3	143

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
100.0	†	52	89.2	80.0 - 94.4	63	-	-	12	94.6	89.7 - 97.2	127

- Results are suppressed due to insufficient number of respondents in subgroup.

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Alcohol- or other drug-use prevention	100.0	†	55	84.9	75.0 - 91.4	69	-	-	13	92.3	86.9 - 95.6	137
b. Asthma	79.4	66.8 - 88.1	54	48.9	38.7 - 59.1	69	-	-	13	64.2	57.0 - 70.8	136
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	96.3	87.9 - 98.9	53	82.0	72.9 - 88.5	70	-	-	13	89.1	83.8 - 92.9	136
d. Emotional and mental health	100.0	†	55	86.8	77.2 - 92.7	70	-	-	13	93.2	88.1 - 96.2	138
e. Epilepsy or seizure disorder	74.2	60.9 - 84.2	54	30.6	22.9 - 39.6	67	-	-	13	52.4	45.7 - 59.0	134
f. Food allergies	88.9	78.3 - 94.7	54	63.3	51.1 - 74.0	70	-	-	13	76.0	68.4 - 82.3	137
g. Foodborne illness prevention	83.1	71.3 - 90.7	54	61.8	50.5 - 71.9	70	-	-	12	71.9	64.3 - 78.4	136
h. Human immunodeficiency virus (HIV) prevention	85.0	74.3 - 91.7	53	65.5	54.5 - 75.0	62	-	-	11	73.5	66.3 - 79.7	126
i. Human sexuality	76.3	66.3 - 84.0	53	65.4	54.9 - 74.5	62	-	-	11	69.8	62.9 - 76.0	126

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	96.4	87.8 - 99.0	54	81.6	73.4 - 87.7	70	-	-	13	89.1	84.1 - 92.6	137
k. Injury prevention and safety	100.0	†	54	82.3	72.1 - 89.3	70	-	-	13	90.2	84.4 - 94.0	137
l. Nutrition and dietary behavior	100.0	†	51	91.8	82.8 - 96.3	67	-	-	12	95.7	90.8 - 98.0	130
m. Physical activity and fitness	100.0	†	52	95.1	87.1 - 98.3	68	-	-	13	97.5	93.2 - 99.1	133
n. Pregnancy prevention	80.5	68.8 - 88.5	54	70.6	58.7 - 80.2	61	-	-	11	73.6	65.9 - 80.0	126
o. Sexually transmitted disease (STD) prevention	91.0	80.8 - 96.1	54	73.3	62.3 - 82.0	62	-	-	11	79.4	72.4 - 85.0	127
p. Suicide prevention	89.5	79.5 - 94.9	54	68.7	58.0 - 77.7	69	-	-	13	79.7	73.1 - 85.0	136
q. Tobacco-use prevention	95.0	86.4 - 98.2	55	86.0	76.0 - 92.3	68	-	-	13	90.9	85.1 - 94.5	136
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	97.9	88.5 - 99.6	54	89.0	79.8 - 94.3	69	-	-	13	93.5	88.3 - 96.5	136

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† Confidence intervals not applicable for 0 percent or 100 percent.

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2020 School Health Profiles Report
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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
			N			N			N			N
a. Identifying tobacco products and the harmful substances they contain	91.2	81.5 - 96.1	54	84.4	74.7 - 90.8	68	-	-	13	88.5	82.6 - 92.6	135
b. Identifying short- and long-term health consequences of tobacco product use	91.2	81.5 - 96.1	54	84.4	74.7 - 90.8	68	-	-	13	88.5	82.6 - 92.6	135
c. Identifying social, economic, and cosmetic consequences of tobacco product use	91.2	81.5 - 96.1	54	78.9	68.2 - 86.7	68	-	-	12	84.7	78.0 - 89.6	134
d. Understanding the addictive nature of nicotine	91.2	81.5 - 96.1	54	82.7	72.6 - 89.6	68	-	-	13	87.6	81.5 - 91.9	135
e. Effects of nicotine on the adolescent brain	91.2	81.5 - 96.1	54	81.4	71.1 - 88.7	68	-	-	13	86.1	79.7 - 90.7	135
f. Effects of tobacco product use on athletic performance	87.4	76.8 - 93.6	54	81.1	70.8 - 88.4	68	-	-	13	84.4	77.7 - 89.3	135
g. Effects of second-hand smoke and benefits of a smoke-free environment	91.2	81.5 - 96.1	54	82.7	72.6 - 89.6	68	-	-	13	87.6	81.5 - 91.9	135
h. Understanding the social influences on tobacco product use, including media, family, peers, and culture	91.8	82.4 - 96.4	54	83.4	73.6 - 90.0	69	-	-	13	88.1	82.2 - 92.3	136
i. Identifying reasons why students do and do not use tobacco products	93.3	84.4 - 97.3	54	84.4	74.7 - 90.8	68	-	-	13	89.3	83.6 - 93.2	135
j. Making accurate assessments of how many peers use tobacco products	85.3	73.7 - 92.3	54	69.8	59.0 - 78.8	69	-	-	13	77.1	69.9 - 83.0	136

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)	91.8	82.4 - 96.4	54	83.4	73.6 - 90.0	69	-	-	13	88.1	82.2 - 92.3	136
l. Using goal-setting and decision-making skills related to not using tobacco products	91.0	81.0 - 96.0	53	81.5	71.2 - 88.7	68	-	-	13	86.9	80.6 - 91.3	134
m. Finding valid information and services related to tobacco-use prevention and cessation	86.4	75.4 - 93.0	54	70.5	60.4 - 79.0	69	-	-	13	78.8	72.1 - 84.3	136
n. Supporting others who abstain from or want to quit using tobacco products	83.7	71.9 - 91.2	54	71.8	61.5 - 80.2	69	-	-	13	78.4	71.4 - 84.0	136
o. Identifying harmful effects of tobacco product use on fetal development	85.1	72.9 - 92.3	53	68.2	57.6 - 77.1	69	-	-	13	75.5	68.1 - 81.6	135
p. Relationship between using tobacco products and alcohol or other drugs	91.2	81.5 - 96.1	54	83.4	73.6 - 90.0	69	-	-	13	87.9	81.9 - 92.1	136
q. How addiction to tobacco products can be treated	91.2	81.1 - 96.1	54	76.9	67.7 - 84.1	68	-	-	13	83.8	77.7 - 88.5	135
r. Understanding school policies and community laws related to the sale and use of tobacco products	91.2	81.1 - 96.1	54	77.8	66.7 - 85.9	68	-	-	13	85.1	78.4 - 90.0	135
s. Benefits of tobacco product cessation programs	77.8	64.6 - 87.1	54	58.0	47.3 - 67.9	68	-	-	13	68.1	60.3 - 74.9	135

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**2020 School Health Profiles Report
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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
71.9	58.1 - 82.5	54	49.2	39.3 - 59.2	68	-	-	12	60.4	52.6 - 67.7	134

*Responses to question 10 a through s all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Cigarettes	90.2	80.4 - 95.4	54	84.8	75.3 - 91.1	70	-	-	13	87.6	81.6 - 91.8	137
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)	89.6	79.2 - 95.1	54	83.6	73.9 - 90.1	70	-	-	13	86.7	80.5 - 91.2	137
c. Cigars, little cigars, or cigarillos	83.4	71.4 - 91.0	53	77.8	68.7 - 84.8	70	-	-	13	80.0	73.3 - 85.4	136
d. Pipes	78.0	66.1 - 86.6	53	74.6	66.0 - 81.6	69	-	-	13	74.7	68.0 - 80.4	135
e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)	89.6	79.2 - 95.1	54	84.6	75.0 - 90.9	69	-	-	13	87.3	81.1 - 91.6	136

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Differences between proper use and abuse of over-the-counter medicines and prescription medicines	94.8	86.1 - 98.2	54	77.6	68.3 - 84.7	70	-	-	13	86.3	80.7 - 90.5	137
b. Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs	94.8	86.1 - 98.2	54	83.3	73.6 - 89.9	69	-	-	13	89.3	83.6 - 93.2	136
c. Situations that lead to the use of alcohol and other drugs	91.1	81.3 - 96.0	54	82.0	72.2 - 88.9	69	-	-	13	87.2	81.1 - 91.5	136
d. Alcohol and other drug use as an unhealthy way to manage weight	87.4	76.4 - 93.6	54	67.9	57.4 - 76.8	70	-	-	13	76.3	69.2 - 82.2	137
e. Identifying reasons why individuals choose to use or not to use alcohol and other drugs	91.1	81.3 - 96.0	54	82.0	72.3 - 88.8	70	-	-	12	87.0	81.0 - 91.4	136
f. Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)	93.2	84.0 - 97.3	54	83.3	73.6 - 89.9	69	-	-	13	88.7	82.8 - 92.7	136
g. Supporting others who abstain from or want to quit using alcohol and other drugs	88.5	79.9 - 93.7	54	80.8	71.5 - 87.6	69	-	-	13	84.3	78.3 - 88.8	136

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture	93.3	84.2 - 97.3	54	80.5	70.5 - 87.7	69	-	-	13	87.3	81.2 - 91.6	136
i. How to persuade and support others to be alcohol and other drug free	88.4	78.0 - 94.2	53	80.7	70.8 - 87.9	70	-	-	13	85.4	79.1 - 90.0	136

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. How HIV and other STDs are transmitted	§	§	§	63.7	51.2 - 74.7	50	-	-	7	62.7	50.8 - 73.3	57
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	63.7	51.2 - 74.7	50	-	-	7	62.7	50.8 - 73.3	57
c. The benefits of being sexually abstinent	§	§	§	30.8	21.2 - 42.5	50	-	-	8	31.4	22.1 - 42.6	58
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	26.1	17.5 - 37.1	50	-	-	8	27.3	18.7 - 37.9	58
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	48.0	36.0 - 60.2	50	-	-	7	48.7	37.3 - 60.3	57
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	45.7	33.5 - 58.4	50	-	-	8	46.0	34.4 - 58.0	58
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	75.1	61.7 - 84.9	47	-	-	7	-	-	54
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	53.8	41.0 - 66.2	50	-	-	8	53.1	41.0 - 64.9	58

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	54.5	41.6 - 66.9	49	-	-	8	52.2	40.1 - 64.0	57
j. The importance of using condoms consistently and correctly	§	§	§	54.5	41.8 - 66.6	48	-	-	8	53.7	41.7 - 65.2	56
k. How to obtain condoms	§	§	§	64.8	50.9 - 76.6	48	-	-	8	62.7	49.7 - 74.1	56
l. How to correctly use a condom	§	§	§	31.5	22.0 - 42.9	48	-	-	8	32.2	23.0 - 42.9	56
m. Methods of contraception other than condoms	§	§	§	67.5	53.8 - 78.7	49	-	-	7	66.0	53.2 - 76.9	56
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	47.7	35.6 - 60.1	48	-	-	8	47.8	36.2 - 59.6	56
o. How to create and sustain healthy and respectful relationships	§	§	§	68.2	54.8 - 79.2	46	-	-	7	-	-	53
p. The importance of limiting the number of sexual partners	§	§	§	60.7	48.2 - 72.0	50	-	-	8	59.2	47.3 - 70.1	58
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	72.0	58.8 - 82.3	49	-	-	8	69.1	56.6 - 79.2	57

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	§	§	§	65.7	52.6 - 76.7	49	-	-	7	64.4	52.1 - 75.1	56
s. Recognizing and responding to sexual victimization and violence	§	§	§	59.7	47.3 - 71.1	50	-	-	8	58.3	46.5 - 69.3	58
t. Diversity of sexual orientations and gender identities	§	§	§	63.7	51.2 - 74.7	50	-	-	8	61.8	49.9 - 72.4	58
u. How gender roles and stereotypes affect goals, decision making, and relationships	§	§	§	53.9	40.6 - 66.7	50	-	-	7	52.5	40.0 - 64.6	57
v. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	41.1	29.1 - 54.3	50	-	-	7	41.0	29.7 - 53.5	57

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. How HIV and other STDs are transmitted	85.4	72.1 - 92.9	43	§	§	§	-	-	9	-	-	52
b. Health consequences of HIV, other STDs, and pregnancy	82.7	68.6 - 91.3	43	§	§	§	-	-	9	-	-	52
c. The benefits of being sexually abstinent	56.0	42.5 - 68.7	42	§	§	§	-	-	10	-	-	52
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	51.5	37.5 - 65.3	42	§	§	§	-	-	10	-	-	52
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	73.7	59.6 - 84.1	42	§	§	§	-	-	9	-	-	51
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	73.0	58.8 - 83.6	42	§	§	§	-	-	10	-	-	52
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	88.3	75.9 - 94.8	41	§	§	§	-	-	9	-	-	50
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	68.2	53.4 - 80.1	42	§	§	§	-	-	10	-	-	52

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2020 School Health Profiles Report
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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	77.7	65.3 - 86.6	42	§	§	§	-	-	10	-	-	52
j. The importance of using condoms consistently and correctly	70.1	57.8 - 80.1	41	§	§	§	-	-	10	-	-	51
k. How to obtain condoms	78.5	65.2 - 87.7	41	§	§	§	-	-	10	-	-	51
l. How to correctly use a condom	58.8	46.1 - 70.5	42	§	§	§	-	-	10	-	-	52
m. Methods of contraception other than condoms	82.3	68.0 - 91.1	42	§	§	§	-	-	9	-	-	51
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	68.2	54.0 - 79.7	41	§	§	§	-	-	10	-	-	51
o. How to create and sustain healthy and respectful relationships	83.4	71.5 - 91.0	41	§	§	§	-	-	9	-	-	50
p. The importance of limiting the number of sexual partners	80.4	66.1 - 89.6	42	§	§	§	-	-	10	-	-	52
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	80.4	66.1 - 89.6	42	§	§	§	-	-	10	-	-	52

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	83.9	72.3 - 91.2	42	§	§	§	-	-	9	-	-	51
s. Recognizing and responding to sexual victimization and violence	77.2	64.8 - 86.2	42	§	§	§	-	-	10	-	-	52
t. Diversity of sexual orientations and gender identities	83.9	72.3 - 91.2	42	§	§	§	-	-	10	-	-	52
u. How gender roles and stereotypes affect goals, decision making, and relationships	73.7	59.6 - 84.1	42	§	§	§	-	-	9	-	-	51
v. The relationship between alcohol and other drug use and sexual risk behaviors	66.2	52.1 - 77.9	42	§	§	§	-	-	9	-	-	51

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	18.1	12.3 - 26.0	50	-	-	8	18.9	12.9 - 26.8	58

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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13N_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
42.4	29.9 - 56.0	41	§	§	§	-	-	10	-	-	51

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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**2020 School Health Profiles Report
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14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		§	§		§	§		§	§		§	§
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	55.4	42.7 - 67.4	50	-	-	8	56.0	44.1 - 67.2	58
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	56.4	43.6 - 68.4	50	-	-	8	55.4	43.3 - 66.8	58
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	49.6	36.8 - 62.4	50	-	-	8	49.3	37.4 - 61.2	58
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	61.7	48.0 - 73.7	50	-	-	8	60.0	47.2 - 71.5	58
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	57.7	45.4 - 69.0	50	-	-	8	56.5	44.9 - 67.5	58
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	61.7	47.5 - 74.1	50	-	-	8	60.0	46.8 - 71.9	58
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	57.7	44.6 - 69.7	50	-	-	8	56.5	44.2 - 68.0	58

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2020 School Health Profiles Report
 Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	81.5	67.9 - 90.1	43	§	§	§	-	-	10	-	-	53
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	74.2	60.1 - 84.6	43	§	§	§	-	-	10	-	-	53
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	79.5	69.5 - 86.8	43	§	§	§	-	-	10	-	-	53
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	81.7	70.0 - 89.5	42	§	§	§	-	-	10	-	-	52
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	82.2	70.3 - 90.0	43	§	§	§	-	-	10	-	-	53
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	78.8	64.5 - 88.4	43	§	§	§	-	-	10	-	-	53
g. Influence and support others to avoid or reduce sexual risk behaviors	76.2	62.7 - 85.9	42	§	§	§	-	-	9	-	-	51

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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**2020 School Health Profiles Report
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15. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)	67.6	55.7 - 77.6	51	47.1	36.1 - 58.3	70	-	-	13	52.2	44.6 - 59.7	134
b. Analyzing the influence of family, media, and culture on sexual health	69.9	58.8 - 79.0	51	49.9	39.4 - 60.5	70	-	-	13	57.1	49.8 - 64.1	134
c. Accessing valid sexual health information, products, and services	56.2	42.5 - 69.0	51	43.9	33.6 - 54.8	70	-	-	13	47.4	39.6 - 55.3	134

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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16. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Encouraged use of gender-neutral pronouns such as “they/them” during instruction to recognize gender diversity among students	53.4	42.2 - 64.3	39	31.3	22.2 - 42.1	55	-	-	10	41.5	34.2 - 49.2	104
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex relationships	45.5	34.4 - 57.0	39	20.0	12.3 - 31.0	56	-	-	10	31.6	24.8 - 39.4	105
c. Encouraged students to respect others’ sexual and gender identities	74.2	64.0 - 82.3	39	52.8	40.4 - 64.9	55	-	-	10	61.7	53.1 - 69.6	104
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)	50.1	37.9 - 62.3	39	25.6	16.6 - 37.2	55	-	-	10	36.5	29.0 - 44.7	104
e. Identified additional LGBT resources available in the community or online	50.1	37.0 - 63.2	39	24.5	15.1 - 37.3	54	-	-	10	36.0	28.1 - 44.7	103

*Among schools that teach sexual health education.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	97.8	88.2 - 99.6	53	90.5	81.2 - 95.4	67	-	-	13	94.2	89.0 - 97.0	133
b. Benefits of drinking plenty of water	97.8	88.6 - 99.6	53	91.6	82.5 - 96.2	66	-	-	13	94.9	89.8 - 97.5	132
c. Benefits of eating breakfast every day	95.7	86.2 - 98.7	54	89.3	80.0 - 94.6	68	-	-	13	92.8	87.4 - 96.0	135
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	94.1	84.7 - 97.9	54	86.8	78.0 - 92.4	68	-	-	13	90.9	85.6 - 94.3	135
e. Using food labels	96.2	87.2 - 98.9	53	89.3	80.0 - 94.6	68	-	-	13	93.0	87.6 - 96.1	134
f. Differentiating between nutritious and non-nutritious beverages	95.7	86.2 - 98.7	54	89.3	80.0 - 94.6	68	-	-	13	92.8	87.4 - 96.0	135
g. Balancing food intake and physical activity	97.8	88.2 - 99.6	53	89.3	80.0 - 94.6	68	-	-	13	93.6	88.3 - 96.6	134
h. Eating more fruits, vegetables, and whole grain products	95.7	86.2 - 98.7	54	89.3	80.0 - 94.6	68	-	-	13	92.8	87.4 - 96.0	135
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	96.2	87.4 - 98.9	53	88.0	79.6 - 93.3	68	-	-	13	92.3	87.4 - 95.4	134
j. Choosing foods, snacks, and beverages that are low in added sugars	97.8	88.2 - 99.6	53	89.3	80.0 - 94.6	68	-	-	13	93.6	88.3 - 96.6	134
k. Choosing foods and snacks that are low in sodium	96.2	87.2 - 98.9	53	86.0	76.3 - 92.2	68	-	-	13	91.3	85.6 - 94.9	134

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	94.0	84.0 - 97.9	53	86.0	76.3 - 92.2	68	-	-	13	89.8	83.8 - 93.7	134
m. Eating a variety of foods that are high in iron	92.0	81.7 - 96.7	54	86.0	76.3 - 92.2	68	-	-	13	89.0	82.9 - 93.1	135
n. Food safety	94.1	84.7 - 97.9	54	78.0	67.7 - 85.8	68	-	-	13	86.4	80.3 - 90.8	135
o. Preparing healthy meals and snacks	95.7	86.2 - 98.7	54	82.2	72.0 - 89.3	68	-	-	13	88.3	82.1 - 92.5	135
p. Risks of unhealthy weight control practices	94.1	84.7 - 97.9	54	86.0	76.3 - 92.2	68	-	-	13	89.6	83.6 - 93.6	135
q. Accepting body size differences	94.5	85.5 - 98.1	53	81.4	71.1 - 88.7	68	-	-	13	87.7	81.4 - 92.0	134
r. Signs, symptoms, and treatment for eating disorders	96.2	87.2 - 98.9	53	77.0	66.1 - 85.2	68	-	-	13	85.1	78.5 - 90.0	134
s. Relationship between diet and chronic diseases	94.5	85.5 - 98.1	53	82.2	72.6 - 89.0	68	-	-	13	88.1	82.2 - 92.2	134
t. Assessing body mass index (BMI)	92.0	82.0 - 96.6	54	71.4	60.3 - 80.4	68	-	-	13	80.3	73.6 - 85.6	135
u. The influence of the media on dietary behaviors	92.5	82.9 - 96.9	54	83.1	72.7 - 90.1	68	-	-	13	88.4	82.1 - 92.6	135
v. Food production, including how food is grown, harvested, processed, packaged, and transported	83.8	73.6 - 90.5	52	66.4	55.6 - 75.7	68	-	-	13	75.5	68.6 - 81.4	133

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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17N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
77.0	66.9 - 84.8	53	55.6	43.8 - 66.8	69	-	-	13	65.2	57.5 - 72.1	135

*Responses to question 17 a through v all are “yes.”

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	97.8	88.2 - 99.6	53	90.9	82.1 - 95.6	68	-	-	13	94.5	89.4 - 97.2	134
b. Mental and social benefits of physical activity	96.1	87.0 - 98.9	52	93.5	85.1 - 97.3	68	-	-	13	95.1	90.1 - 97.6	133
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	97.8	88.2 - 99.6	53	93.7	85.4 - 97.5	67	-	-	13	95.9	91.2 - 98.2	133
d. Phases of a workout (i.e., warm-up, workout, and cool down)	97.8	88.2 - 99.6	53	93.4	84.8 - 97.3	67	-	-	13	95.7	90.9 - 98.1	133
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	97.8	88.2 - 99.6	53	92.2	83.6 - 96.5	68	-	-	13	95.1	90.2 - 97.6	134
f. Decreasing sedentary activities (e.g., television viewing, using video games)	96.2	87.2 - 98.9	53	93.5	85.1 - 97.3	68	-	-	13	95.1	90.2 - 97.6	134
g. Preventing injury during physical activity	97.8	88.2 - 99.6	53	92.4	83.9 - 96.6	67	-	-	13	95.3	90.4 - 97.7	133

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	95.0	91.1 - 97.3	52	87.7	78.1 - 93.4	68	-	-	13	91.6	86.5 - 94.9	133
i. Dangers of using performance-enhancing drugs (e.g., steroids)	92.9	86.3 - 96.5	53	76.2	66.6 - 83.8	69	-	-	13	84.0	78.1 - 88.5	135
j. Increasing daily physical activity	97.8	88.4 - 99.6	52	93.7	85.4 - 97.5	67	-	-	13	95.9	91.2 - 98.1	132
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	98.3	90.9 - 99.7	52	95.0	86.8 - 98.2	67	-	-	13	96.8	92.4 - 98.7	132
l. Using safety equipment for specific physical activities	95.7	86.2 - 98.7	54	86.3	78.2 - 91.8	68	-	-	13	90.4	85.2 - 93.9	135
m. Benefits of drinking water before, during, and after physical activity	97.8	88.0 - 99.6	52	93.7	85.2 - 97.4	66	-	-	13	95.9	91.1 - 98.1	131

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18N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
90.4	82.2 - 95.1	51	71.4	60.9 - 80.0	68	-	-	13	80.4	73.9 - 85.6	132

*Responses to question 18 a through m all are “yes.”

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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19. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Physical education staff	96.1	87.8 - 98.9	44	94.7	86.0 - 98.1	58	-	-	10	95.0	90.0 - 97.6	112
b. Health services staff (e.g., nurses)	79.5	67.8 - 87.7	44	73.3	62.8 - 81.7	58	-	-	10	75.4	67.9 - 81.6	112
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	81.0	68.1 - 89.4	44	78.4	68.1 - 86.0	58	-	-	10	79.4	71.9 - 85.3	112
d. Nutrition or food service staff	36.8	25.8 - 49.4	44	46.4	36.1 - 57.0	57	-	-	10	42.6	34.9 - 50.6	111
e. School health council, committee, or team	52.3	37.8 - 66.5	44	64.1	53.4 - 73.5	58	-	-	10	59.0	50.4 - 67.1	112

*Among schools that have health education staff.

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence		Percent	95% Confidence	
		Interval	N		Interval	N		Interval	N		Interval	N
a. HIV, other STD, or pregnancy prevention	30.6	20.4 - 43.0	50	32.3	22.5 - 43.9	71	-	-	13	30.1	23.3 - 38.0	134
b. Tobacco-use prevention	39.9	28.5 - 52.5	50	35.1	25.6 - 46.0	70	-	-	13	37.7	30.6 - 45.3	133
c. Alcohol- or other drug-use prevention	39.9	28.5 - 52.5	50	32.2	22.7 - 43.5	70	-	-	13	35.5	28.5 - 43.2	133
d. Physical activity	53.4	39.7 - 66.5	50	56.4	45.0 - 67.2	70	-	-	13	56.7	48.4 - 64.6	133
e. Nutrition and healthy eating	48.6	35.4 - 62.0	51	58.1	47.4 - 68.0	70	-	-	13	55.7	47.8 - 63.3	134
f. Asthma	27.2	17.0 - 40.5	50	38.9	28.7 - 50.2	70	-	-	13	34.9	27.8 - 42.8	133
g. Food allergies	30.7	19.6 - 44.4	50	43.0	31.3 - 55.5	70	-	-	13	39.6	31.7 - 48.2	133
h. Diabetes	33.0	21.6 - 46.8	50	35.7	24.7 - 48.5	68	-	-	13	35.4	27.6 - 44.0	131
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	58.0	46.4 - 68.8	51	68.1	57.5 - 77.2	70	-	-	13	65.5	58.1 - 72.2	134

- Results are suppressed due to insufficient number of respondents in subgroup.
 N = Unweighted number of observations

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21. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
65.5	51.5 - 77.3	51	57.7	46.7 - 68.0	69	-	-	12	58.8	50.6 - 66.6	132

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	44.1	33.3 - 55.6	53	42.5	33.6 - 51.9	71	-	-	12	43.0	36.3 - 50.0	136
b. Asthma	50.6	37.9 - 63.3	53	45.6	36.0 - 55.6	71	-	-	12	47.2	39.6 - 54.9	136
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	53.3	41.8 - 64.4	53	42.8	33.0 - 53.2	70	-	-	12	47.6	40.3 - 55.1	135
d. Emotional and mental health	77.1	67.7 - 84.3	53	78.4	68.9 - 85.6	71	-	-	12	77.7	71.6 - 82.8	136
e. Epilepsy or seizure disorder	59.2	45.8 - 71.3	53	47.2	37.7 - 56.9	71	-	-	12	52.0	44.4 - 59.5	136
f. Food allergies	63.6	51.3 - 74.4	53	47.5	36.5 - 58.8	70	-	-	12	54.2	46.4 - 61.9	135
g. Foodborne illness prevention	45.7	34.4 - 57.4	53	37.5	28.4 - 47.5	70	-	-	12	40.3	33.4 - 47.7	135
h. HIV prevention	35.3	25.6 - 46.4	53	32.6	25.1 - 41.1	70	-	-	12	33.0	27.1 - 39.6	135
i. Human sexuality	38.7	28.6 - 49.9	53	35.9	26.7 - 46.2	71	-	-	12	35.5	28.9 - 42.7	136
j. Infectious disease prevention (e.g., flu prevention)	61.0	46.9 - 73.5	53	65.4	55.7 - 74.0	71	-	-	12	62.4	54.6 - 69.7	136

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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**2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Injury prevention and safety	62.9	49.9 - 74.2	53	47.9	38.5 - 57.4	71	-	-	12	54.4	47.0 - 61.7	136
l. Nutrition and dietary behavior	46.5	33.8 - 59.8	53	38.8	29.1 - 49.4	71	-	-	12	41.3	33.7 - 49.4	136
m. Physical activity and fitness	68.2	55.3 - 78.9	53	63.3	51.8 - 73.5	71	-	-	12	64.1	56.0 - 71.5	136
n. Pregnancy prevention	24.7	16.0 - 36.2	53	22.3	16.6 - 29.3	71	-	-	12	23.4	18.3 - 29.5	136
o. STD prevention	26.3	17.2 - 38.0	53	32.4	25.0 - 40.8	70	-	-	12	28.7	23.1 - 35.2	135
p. Suicide prevention	66.4	55.8 - 75.6	53	58.5	46.9 - 69.3	71	-	-	12	60.9	53.3 - 68.0	136
q. Tobacco-use prevention	41.3	29.8 - 53.8	53	33.8	24.6 - 44.4	71	-	-	12	36.6	29.5 - 44.4	136
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	74.1	62.5 - 83.1	53	52.5	41.0 - 63.6	71	-	-	12	62.8	54.9 - 70.0	136

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Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	81.2	71.6 - 88.1	54	59.2	48.1 - 69.5	70	-	-	12	69.3	62.1 - 75.8	136
b. Teaching students of various cultural backgrounds	83.2	73.6 - 89.9	54	70.5	60.6 - 78.8	70	-	-	12	73.6	66.9 - 79.3	136
c. Teaching students with limited English proficiency	72.2	60.4 - 81.6	54	49.3	39.0 - 59.6	70	-	-	12	58.0	50.7 - 65.0	136
d. How to support lesbian, gay, bisexual, and transgender students	47.5	35.8 - 59.4	54	34.3	24.7 - 45.4	70	-	-	12	38.2	31.0 - 46.0	136
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	72.9	61.5 - 81.9	54	61.3	50.0 - 71.4	70	-	-	12	65.2	57.6 - 72.2	136
f. Encouraging family or community involvement	52.0	39.2 - 64.4	54	53.6	41.3 - 65.4	70	-	-	12	51.9	43.4 - 60.4	136
g. Teaching skills for behavior change	59.5	48.2 - 69.9	54	58.1	47.5 - 68.0	70	-	-	12	57.5	50.2 - 64.6	136
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	75.9	64.9 - 84.3	54	72.7	62.5 - 81.0	70	-	-	12	72.3	65.5 - 78.3	136
i. Assessing or evaluating students in health education	56.2	43.3 - 68.4	53	52.1	42.3 - 61.7	69	-	-	12	52.3	44.7 - 59.7	134

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**2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	47.1	36.3 - 58.2	54	40.5	30.3 - 51.6	69	-	-	12	41.3	34.2 - 48.8	135
b. Creating a comfortable and safe learning environment for students receiving sexual health education	37.7	26.5 - 50.3	54	39.0	28.6 - 50.5	69	-	-	12	36.1	28.8 - 44.0	135
c. Connecting students to on-site or community-based sexual health services	30.5	21.8 - 41.0	54	27.0	19.2 - 36.7	69	-	-	12	27.0	21.3 - 33.5	135
d. Using a variety of effective instructional strategies to deliver sexual health education	31.9	22.0 - 43.9	54	31.0	22.6 - 41.0	69	-	-	12	29.6	23.4 - 36.7	135
e. Building student skills in HIV, other STD, and pregnancy prevention	27.0	17.4 - 39.4	54	27.3	18.5 - 38.3	69	-	-	12	25.7	19.4 - 33.3	135
f. Assessing student knowledge and skills in sexual health education	29.2	20.1 - 40.3	54	31.4	22.8 - 41.6	69	-	-	12	28.7	22.7 - 35.7	135
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	45.6	35.5 - 56.1	54	40.2	31.1 - 50.0	69	-	-	12	39.9	33.5 - 46.7	135
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	42.0	31.2 - 53.5	53	32.8	23.2 - 44.1	69	-	-	12	34.6	27.7 - 42.2	134
i. Engaging parents in sexual health education	22.6	14.8 - 32.9	52	24.8	16.4 - 35.7	68	-	-	10	22.9	17.1 - 29.9	130

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	53.2	40.9 - 65.1	52	56.1	45.8 - 65.9	69	-	-	12	55.6	48.0 - 62.9	133
b. Asthma	41.1	29.7 - 53.5	52	46.6	36.8 - 56.8	69	-	-	12	44.0	36.9 - 51.3	133
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	54.7	42.7 - 66.3	52	53.3	42.3 - 63.9	68	-	-	11	53.2	45.6 - 60.7	131
d. Emotional and mental health	79.5	67.6 - 87.8	53	75.4	66.6 - 82.5	69	-	-	12	77.0	70.4 - 82.6	134
e. Epilepsy or seizure disorder	46.7	32.8 - 61.2	53	52.4	42.2 - 62.4	69	-	-	12	49.8	41.8 - 57.8	134
f. Food allergies	46.8	34.8 - 59.2	53	45.8	36.2 - 55.7	69	-	-	12	46.7	39.6 - 53.9	134
g. Foodborne illness prevention	43.0	31.0 - 55.9	53	40.3	30.3 - 51.2	67	-	-	12	41.4	34.1 - 49.2	132
h. HIV prevention	43.9	33.0 - 55.5	54	40.2	30.3 - 51.0	69	-	-	12	41.1	34.2 - 48.4	135
i. Human sexuality	60.8	47.8 - 72.4	54	53.8	42.6 - 64.7	69	-	-	12	55.6	47.7 - 63.2	135
j. Infectious disease prevention (e.g., flu prevention)	57.7	45.5 - 69.1	54	55.0	46.2 - 63.4	69	-	-	12	55.6	48.7 - 62.2	135
k. Injury prevention and safety	37.3	26.7 - 49.3	53	49.5	39.8 - 59.4	69	-	-	12	45.1	38.2 - 52.2	134

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Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Nutrition and dietary behavior	60.3	49.1 - 70.4	53	56.5	47.1 - 65.4	69	-	-	12	59.5	52.8 - 65.9	134
m. Physical activity and fitness	54.4	42.3 - 66.0	53	56.5	45.9 - 66.6	69	-	-	12	55.9	48.4 - 63.1	134
n. Pregnancy prevention	47.3	35.6 - 59.4	53	43.4	33.0 - 54.5	69	-	-	12	45.4	37.9 - 53.1	134
o. STD prevention	46.7	35.6 - 58.2	53	44.7	34.4 - 55.5	69	-	-	12	45.8	38.5 - 53.2	134
p. Suicide prevention	65.0	53.3 - 75.1	54	60.6	51.0 - 69.5	69	-	-	12	63.0	55.9 - 69.5	135
q. Tobacco-use prevention	45.2	32.8 - 58.2	53	51.7	41.8 - 61.4	68	-	-	12	48.8	41.3 - 56.3	133
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	69.9	57.5 - 80.0	53	57.2	47.2 - 66.6	69	-	-	11	62.8	55.5 - 69.6	133

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	57.0	43.4 - 69.6	54	65.7	55.1 - 74.9	70	-	-	12	61.7	53.8 - 69.0	136
b. Teaching students of various cultural backgrounds	64.1	52.3 - 74.5	54	59.7	48.5 - 70.0	70	-	-	12	60.2	52.6 - 67.4	136
c. Teaching students with limited English proficiency	63.5	50.9 - 74.4	54	55.3	44.5 - 65.7	70	-	-	12	58.3	50.6 - 65.6	136
d. Supporting lesbian, gay, bisexual, and transgender students	73.0	61.3 - 82.1	54	60.6	49.5 - 70.6	70	-	-	12	63.4	55.9 - 70.3	136
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	55.5	42.6 - 67.7	54	51.2	40.8 - 61.5	70	-	-	12	52.7	44.8 - 60.4	136
f. Encouraging family or community involvement	62.2	50.3 - 72.8	54	58.6	47.9 - 68.6	70	-	-	12	60.1	52.5 - 67.2	136
g. Teaching skills for behavior change	62.8	50.5 - 73.7	53	67.7	56.2 - 77.4	70	-	-	12	64.5	56.6 - 71.7	135
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	50.3	37.4 - 63.1	54	55.9	43.9 - 67.3	70	-	-	12	53.0	44.7 - 61.2	136
i. Assessing or evaluating students in health education	52.2	39.1 - 65.1	53	54.6	43.7 - 65.0	69	-	-	12	53.4	45.3 - 61.3	134

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N = Unweighted number of observations

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Weighted Lead Health Education Teacher Survey Results

27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Aligning lessons and materials with the district scope and sequence for sexual health education	51.8	40.7 - 62.7	54	45.9	37.3 - 54.7	70	-	-	12	49.3	42.8 - 55.8	136
b. Creating a comfortable and safe learning environment for students receiving sexual health education	55.6	44.3 - 66.3	54	49.1	39.5 - 58.7	70	-	-	12	51.6	44.8 - 58.3	136
c. Connecting students to on-site or community-based sexual health services	56.1	44.2 - 67.4	54	46.7	38.6 - 55.1	70	-	-	12	50.0	43.4 - 56.5	136
d. Using a variety of effective instructional strategies to deliver sexual health education	59.1	45.6 - 71.4	54	52.8	43.7 - 61.6	70	-	-	12	54.9	47.8 - 61.9	136
e. Building student skills in HIV, other STD, and pregnancy prevention	49.6	38.7 - 60.6	54	43.9	35.0 - 53.3	70	-	-	12	47.1	40.5 - 53.9	136
f. Assessing student knowledge and skills in sexual health education	46.3	35.5 - 57.5	53	48.6	39.6 - 57.8	70	-	-	12	47.1	40.5 - 53.8	135
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	57.4	46.1 - 68.0	54	50.4	40.3 - 60.5	70	-	-	12	53.9	46.8 - 60.9	136
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	66.2	55.4 - 75.5	54	55.7	45.7 - 65.3	70	-	-	12	60.2	53.3 - 66.7	136
i. Engaging parents in sexual health education	54.6	43.0 - 65.6	54	52.1	41.8 - 62.3	69	-	-	12	52.2	45.0 - 59.3	135

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N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Health and physical education combined	64.7	55.0 - 73.3	55	56.1	45.6 - 66.1	71	-	-	12	59.8	52.7 - 66.5	138
b. Health education	2.1	0.4 - 11.0	55	2.8	0.8 - 9.5	71	-	-	12	2.3	0.8 - 6.3	138
c. Physical education	5.1	1.8 - 13.8	55	5.9	2.4 - 13.6	71	-	-	12	5.1	2.6 - 9.8	138
d. Other education degree	0.0	†	55	1.2	0.2 - 6.7	71	-	-	12	1.2	0.4 - 4.2	138
e. Kinesiology, exercise science, or exercise physiology	6.6	2.7 - 15.3	55	4.0	1.4 - 10.7	71	-	-	12	4.7	2.4 - 9.1	138
f. Home economics or family and consumer science	0.0	†	55	0.0	†	71	-	-	12	0.0	†	138
g. Biology or other science	0.0	†	55	0.0	†	71	-	-	12	0.0	†	138
h. Nursing	21.5	13.9 - 31.6	55	23.9	17.0 - 32.7	71	-	-	12	23.6	18.2 - 29.9	138
i. Counseling	0.0	†	55	0.0	†	71	-	-	12	0.0	†	138
j. Public health	0.0	†	55	1.2	0.2 - 6.7	71	-	-	12	0.6	0.1 - 3.6	138
k. Nutrition	0.0	†	55	0.0	†	71	-	-	12	0.0	†	138
l. Other	0.0	†	55	4.8	2.0 - 11.1	71	-	-	12	2.5	1.1 - 5.9	138

- Results are suppressed due to insufficient number of respondents in subgroup.

† Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

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2020 School Health Profiles Report
 Weighted Lead Health Education Teacher Survey Results

29. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
85.2	77.7 - 90.5	55	76.5	66.9 - 83.9	71	-	-	12	78.7	72.6 - 83.8	138

- Results are suppressed due to insufficient number of respondents in subgroup.
 N = Unweighted number of observations

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Weighted Lead Health Education Teacher Survey Results**

30. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. 1 year	1.6	0.3 - 8.7	54	9.6	4.9 - 18.1	69	-	-	11	8.2	4.9 - 13.3	134
b. 2 to 5 years	8.8	3.9 - 18.6	54	16.4	10.2 - 25.2	69	-	-	11	12.1	8.0 - 17.8	134
c. 6 to 9 years	11.1	5.4 - 21.5	54	12.8	7.0 - 22.1	69	-	-	11	11.2	7.1 - 17.2	134
d. 10 to 14 years	8.8	4.0 - 18.6	54	18.8	11.6 - 28.9	69	-	-	11	14.0	9.4 - 20.3	134
e. 15 years or more	69.7	56.9 - 80.1	54	42.4	31.7 - 54.0	69	-	-	11	54.5	46.6 - 62.2	134

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations