

Community Health Assessment and Improvement





Hello!

*I am **Khalida Willoughby***

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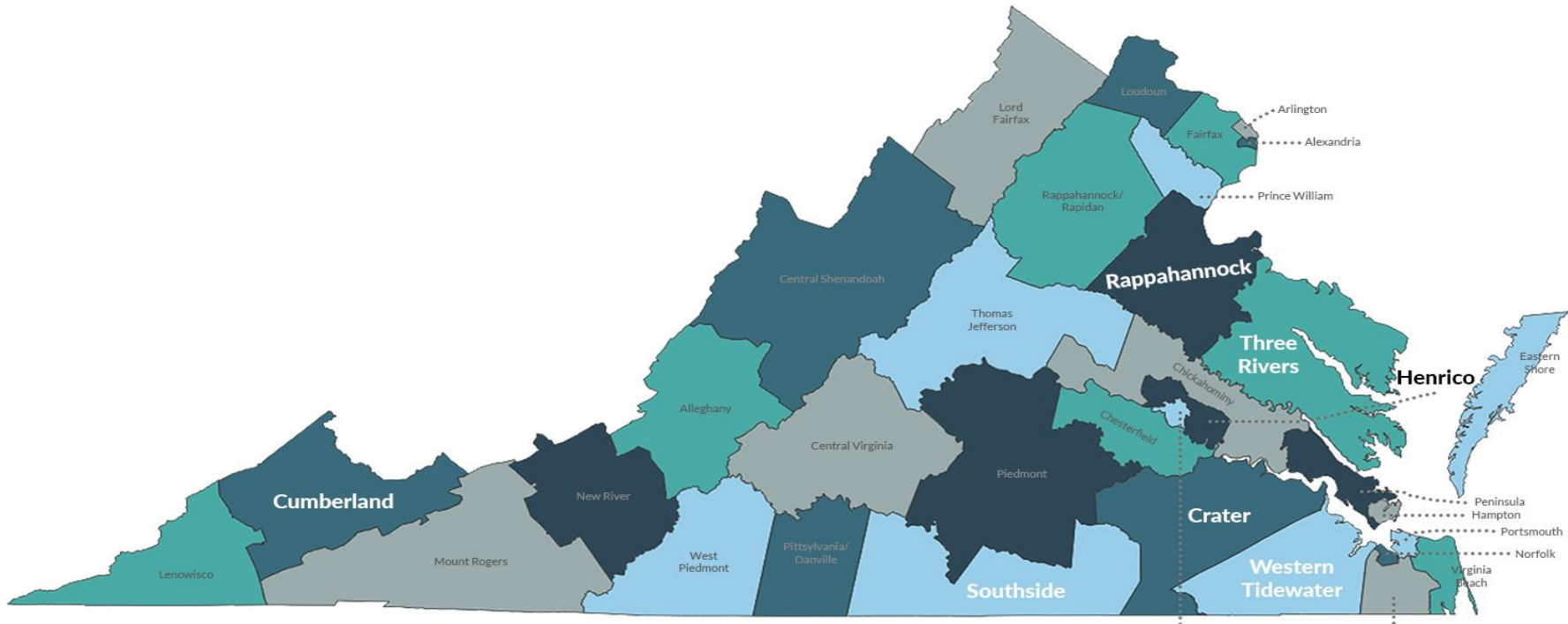
Health begins where Virginians live, work, and play. Virginia's Plan for Well-Being lays out the foundation for giving everyone a chance to live a healthy life. The plan highlights specific goals and strategies on which communities can focus so the state can make measurable health improvement by 2020



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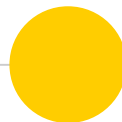
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What is a Community Health Assessment



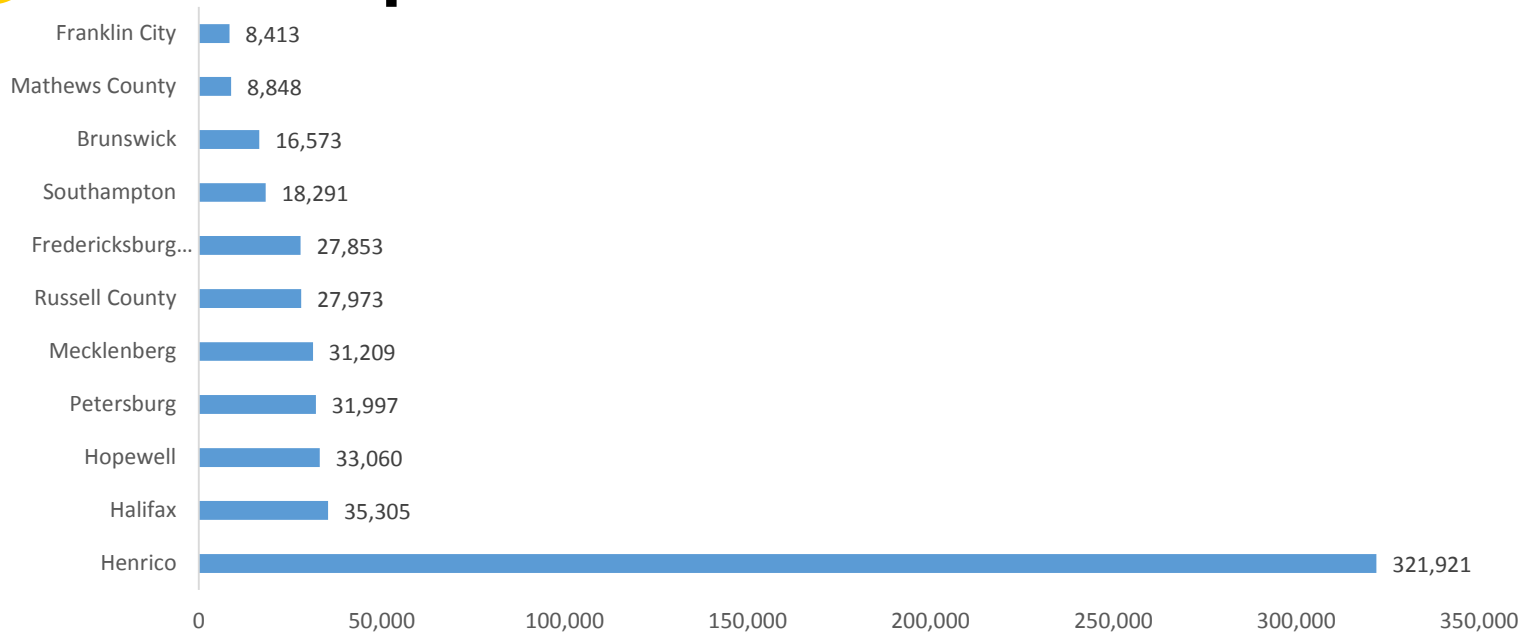


Community Themes & Strengths	Gathers the thoughts, opinions, and perceptions of community members to develop a meaningful understanding of the issues they feel are important.
Forces of Change	Identifies external factors such as economic, political, social, and environmental issues that affect our community's health and quality of life
Local Public Health System Assessment	Illustrates strengths and areas of needed improvement in the local public health system
Community Health Status	Comprises a core list of reliable and recognized data indicators analyzed over time to identify priority health issues for community action





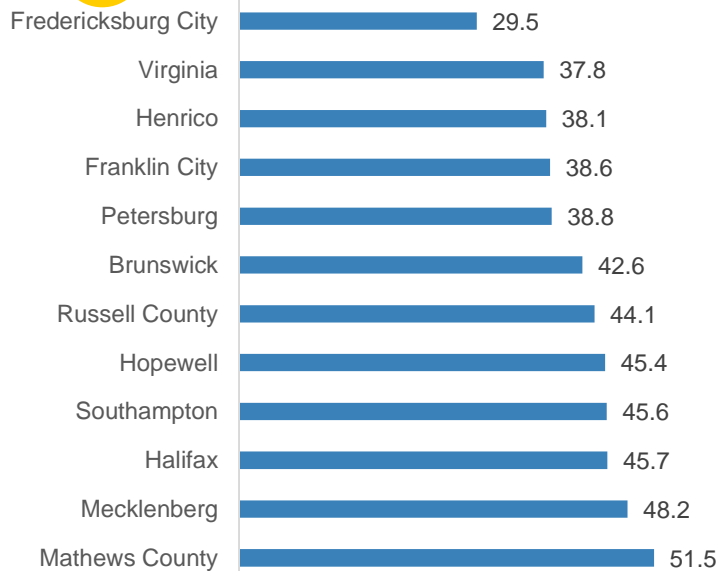
Total Population



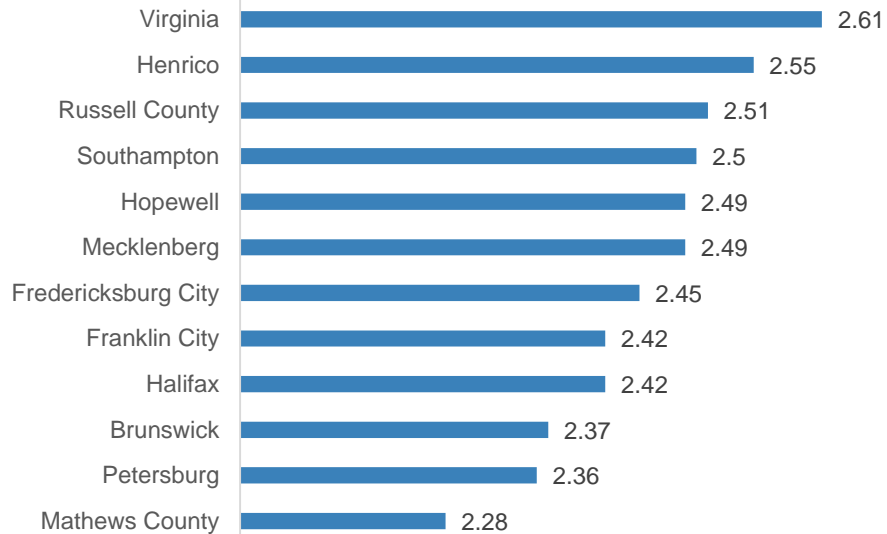
5-Year Estimates, American Community Survey, 2016



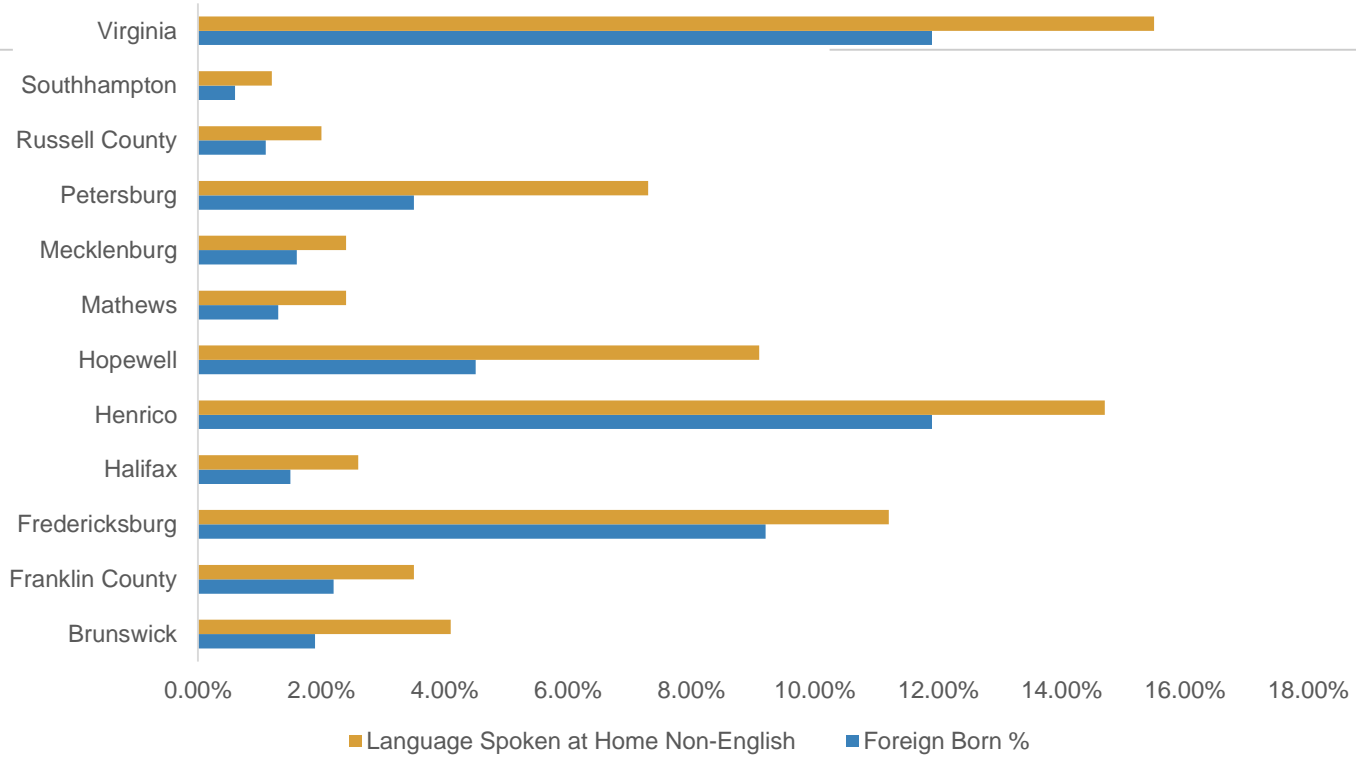
Median Age



Average Household Size



Source: 5-Year Estimates, American Community Survey, 2016





Common Themes

- ◉ Poverty
- ◉ Health
- ◉ Unemployment
- ◉ Food Security/Nutrition
- ◉ Substance Abuse/Opioids
- ◉ Childcare
- ◉ Access to Quality Housing



Community Health Improvement

- Fredericksburg and Southside: community Garden/access to healthy food options
- Henrico: Access to care
- Franklin: Diabetes prevention and substance abuse education
- Russell County: Support for grandparents raising grandchildren due to parental substance abuse.

Next Steps





Thanks!

Any questions ?