



References



Bedford County • Sarah Hauser

References

Education as a Backbone of Rural Virginia

- 1) Zimmerman, J.B., Campisteguy, M.E., Parks, L.S., & Richardson, J.W. (2011). *The school-based health care policy program: Capstone evaluation*. American Public Health Association Center for School, Health and Education. <http://www.schoolbasedhealthcare.org/wp-content/uploads/2011/12/SBHCPP-Capstone-Evaluation-Report-2004-2010-Rev-Dec-2011-2.pdf>
- 2) Ginn, M.S., Wubbenhorst, W., & Gluck, A. (2013). *New Mexico Alliance for School-Based Health Care final EV-ROI report*. New Mexico Alliance for School-Based Health Care. <https://www.nmasbhc.org/>
- 3) Highland Medical Center. (2021). *Caring for the Health of the Highlands*. <https://ourhmc.org/>
- 4) Ballad Health. (2020). <https://www.balladhealth.org/news/lee-county-public-schools-partner-telehealth-program>
- 5) Project Lead The Way. (2021). *The Power of PLTW - Our Impact*. <https://www.pltw.org/about-us/our-impact>
- 6) United Way of Southwest Virginia. (2021). *Youth Success*. <https://unitedwayswva.org/youth-success/>
- 7) Virginia Head Start Association. (2021). *Head Start Success Stories*. <https://www.headstartva.org/>
- 8) National Head Start Association. (2020). *Head Start Fact Sheet - Virginia*. <https://www.nhsa.org/national-head-start-fact-sheets/>
- 9) Virginia Department of Education. (2021). *Virginia Preschool Initiative*. <https://www.doe.virginia.gov/early-childhood/preschool/vpi/index.shtml>
- 10) 4-H. (2021). *What is 4-H?* <https://4-h.org/about/what-is-4-h/>
- 11) 4-H. (2020). *The Impact of 4-H Tech Changemakers in Rural Communities*. <https://4-h.org/about/blog/the-impact-of-4-h-tech-changemakers-in-rural-communities/>
- 3) Vick, K. (2017). *The Digital Divide: A Quarter of the Nation is Without Broadband*. TIME. <https://time.com/4718032/the-digital-divide/>
- 4) Wireline Competition. (2020). *E-Rate - Schools & Libraries USF Program*. <https://www.fcc.gov/general/e-rate-schools-libraries-usf-program>
- 5) Broadband USA. (2013). *Broadband Technology Opportunities Program*. <https://www2.ntia.doc.gov/grantee/county-of-rockbridge>
- 6) Rife, L. (2014). *Rockbridge County broadband project acts as a lesson*. https://roanoke.com/news/rockbridge-county-broadband-project-acts-as-lesson/article_af2ada6c-8619-11e3-a34c-001a4bcf6878.html
- 7) Office of the Governor. (2020). Governor Northam Announces Broadband Expansion to Connect More Than 36,200 Homes, Businesses, and Community Groups. <https://www.dhcd.virginia.gov/governor-northam-announces-broadband-expansion-connect-more-36200-homes-businesses-and-community>
- 8) Empower Broadband. (2020). *MEC Receives Grant*. <http://www.empowermec.net/content/mec-receives-grant>
- 9) Foreman, A. (2019). *Empower brings broadband to last-mile residents*. https://www.lakegastongazette-observer.com/news/article_86668ee0-a31a-11e9-b042-f7dded191f40.html
- 10) Bipartisan Policy Center. (2020). *BPC Rural Health Care Report*. https://bipartisanpolicy.org/wp-content/uploads/2020/04/WEB_BPC_Rural-Health-Care-Report.pdf
- 11) RTI International. (2011). *Program Evaluation of Broadband Access Grants in Appalachia*. <https://www.rti.org/impact/program-evaluation-broadband-access-grants-appalachia-0>
- 12) Centers for Medicare and Medicaid Services. (2020). *Medicare Telemedicine Health Care Provider Fact Sheet*. <https://www.cms.gov/newsroom/fact-sheets/medicare-telemedicine-health-care-provider-fact-sheet>
- 13) Centers for Disease Control and Prevention. (2020). *Using Telehealth to Expand Access to Essential Health Services during the COVID-19 Pandemic*. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/telehealth.html>
- 14) Unholz-Bowden, E., McComas, J.J., McMaster, K.L. et al. (2020). *Caregiver Training Via Telehealth on Behavioral Procedures: A Systematic Review*. *J Behav Educ* 29, 246–281. <https://doi.org/10.1007/s10864-020-09381-7>

Broadband Internet Supporting Rural Virginia

- 1) Commonwealth Connect. (2020). *Report on Commonwealth Connect 2.0: Governor Northam's 2020 Plan to Connect Virginia*. <https://www.commonwealthconnect.virginia.gov/sites/default/files/CIT%20Documents/Commonwealth%20Connect%20Report.pdf>
- 2) United States Department of Veterans Affairs. (2021). *How Telehealth Works at VA*. <https://telehealth.va.gov/how-telehealth-works-va>

References

Healthy Housing

- 1) Robert Wood Johnson Foundation. (2019). RWJF Annual Message: "Our Homes are Key to Our Health". <https://www.rwjf.org/en/library/annual-reports/2019-annual-message.html#chapter-1>
- 2) National Healthcare for the Homeless Council. (2021). Understanding Homelessness Fact Sheet. <https://nhchc.org/understanding-homelessness/fact-sheets/>
- 3) Housing Forward Virginia. (2018). Rethinking Poverty in Virginia. Virginia Poverty Task Force. <https://housingforwardva.org/wp-content/uploads/2018/08/RethinkingPovertyInVirginiaReport.pdf>
- 4) <https://news.virginia.edu/content/uva-study-rural-communities-growing-older-through-migration>
- 5) The ElderSpirit Community Members Association. (2018). Mission & Values – ElderSpirit Community. ElderSpirit Community. <https://elderspirit.org/membership/mission-values>
- 6) Appalachia Service Project. (2020). Appalachia Service Project | Mission Trips in Appalachia. <https://asphome.org/>
- 7) Southeast Rural Community Assistance Project, Inc. (SERCAP). (2020). Southeast Rural Community Assistance Project, Inc. <https://www.sercap.org/services/housing>
- 8) Virginia Housing. (2019). Homebuyer Programs- Virginia Housing. <https://www.vhda.com/Homebuyers/VHDAHHomeLoans/Pages/VHDAHHomeLoans.aspx>
- 9) Virginia DHCD. (n.d.). Homeownership Down Payment Assistance Program (DPA). <https://www.dhcd.virginia.gov/dpa>
- 10) The Commonwealth Fund. (2018). Using Community Partnerships to Integrate Health and Social Services for High-Need, High-Cost Patients. https://www.commonwealthfund.org/publications/issue-briefs/2018/jan/using-community-partnerships-integrate-health-and-social?redirect_source=/publications/issue-briefs/2018/jan/integrating-health-social-services-high-need-high-cost-patients
- 11) Robert Wood Johnson Foundation. (2017). Improving Community Health by Strengthening Community Investment. <https://www.rwjf.org/en/library/research/2017/03/improving-community-health-by-strengthening-community-investment.html>
- 12) Shi, M., Samuels, B., Pollack, C. (2017). Low-Income Housing Tax Credit: Optimizing Its Impact on Health. *American Journal of Public Health* 107, 1586_1588. <https://doi.org/10.2105/AJPH.2017.303988>
- 13) Joint Center for Housing Studies of Harvard University. (2018). Housing America's Older Adults. https://www.jchs.harvard.edu/sites/default/files/Harvard_JCHS_Housing_Americas_Older_Adults_2018_1.pdf

Transportation

- 1) United States Department of Transportation. (2019). Rural Public Transportation Systems. <https://www.transportation.gov/mission/health/Rural-Public-Transportation-Systems>
- 2) Bayne, A., Siegfried, A., Stauffer, P., & Knudson, A. (2018). Rural Evaluation Brief: Promising Practices for Increasing Access to Transportation in Rural Communities. The Walsh Center for Rural Health Analysis; NORC at the University of Chicago. https://www.norc.org/PDFs/Walsh%20Center/Rural%20Evaluation%20Briefs/Rural%20Evaluation%20Brief_April2018.pdf
- 3) Rural Health Information Hub. (2015). Transportation Use in Rural Areas. <https://www.ruralhealthinfo.org/toolkits/transportation/1/use-in-rural>
- 4) American Hospital Association. (2017). Social Determinants of Health Series: Transportation and the Role of Hospitals. <https://www.aha.org/aharet-guides/2017-11-15-social-determinants-health-series-transportation-and-role-hospitals>
- 5) Mountain Empire Older Citizens (MEOC). (2020). Transit - Introducing MetGo!. <https://meoc.org/transportation/>
- 6) JAUNT, Inc. (2021). About JAUNT. <https://ridejaunt.org/about/>
- 7) STAR Transit. (2021). About Us. <http://mystartransit.org/>
- 8) Central Virginia Planning District Commission. (2019). Central Virginia Planning District Commission: FY-2020 Rural Transportation Planning Work Program. https://www.cvpdc.org/images/transportation-page/19_04_PRO_fy20-rural-transportation-planning-work-program_vfinal.pdf
- 9) United States Department of Transportation. (2019). Physical Activity from Transportation. <https://www.transportation.gov/mission/health/physical-activity-transportation>

References

- 10) Kang, A., Jayaraman, K., Soh, K., Wong, W. (2020). Tackling single-occupancy vehicles to reduce carbon emissions: Actionable model of drivers' implementation intention to try public buses. *Journal of Cleaner Production*. <https://doi.org/10.1016/j.jclepro.2020.121111>
 - 11) Independent Living Partnership. (2021). History. <https://ilpconnect.org/trip-riverside/history/>
 - 12) United States Department of Veteran Affairs. (2021). Highly Rural Transportation Grants. https://www.va.gov/healthbenefits/vtp/highly_rural_transportation_grants.asp
- ### Nutrition and Food Security
- 1) <https://www.ers.usda.gov/topics/food-nutrition-assistance/food-security-in-the-us/measurement.aspx>
 - 2) <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health/interventions-resources/food-insecurity>
 - 3) Local Environmental Agriculture Project. (2020). LEAP 2019 Annual Report. <https://leapforlocalfood.org/leap/wp-content/uploads/2020/08/2019-Annual-Report.pdf>
 - 4) Local Environmental Agriculture Project. (2020). Healthy Food Incentive Programs. <https://leapforlocalfood.org/healthy-food-programs/>
 - 5) Foreman-Trice, A. (2015). National Study Shows Food Insecurity Up in Central and Western Virginia [PDF]. Blue Ridge Area Food Bank: A Member of Feeding America. <https://www.brafb.org/wp-content/uploads/2015/11/Map-the-Meals-Gap-2015.pdf>
 - 6) Bland Ministry Center. (2014). Programs. <https://www.blandministrycenter.org/programs>
 - 7) Virginia Department of Health. (2020). Farm to CACFP. <https://www.vdh.virginia.gov/child-and-adult-care-food-program/farm-to-cacfp/>
 - 8) Tides Center. (2020). National Farm to School Network. <http://www.farmtoschool.org/about>
 - 9) Virginia Farmers Market Association. (2019). Virginia Fresh Match Program. <https://vafma.org/programs/virginia-fresh-match/>
 - 10) United States Department of Agriculture. (n.d.). Frequently Asked Questions about the Bill Emerson Good Samaritan Food Donation Act [PDF]. United States Department of Agriculture. <https://www.usda.gov/sites/default/files/documents/usda-good-samaritan-faqs.pdf>
 - 11) The Conservation Fund. (2020). Grant Program for Transporting Healthy Food. <https://www.conservationfund.org/projects/Transporting-healthy-food-grant-program>
 - 12) Food Stores Inc. (n.d.). About Us. www.foodcity.com/content/aboutus/
- ### Healthy Moms and Babies
- 1) World Health Organization. (2021). Maternal Health. https://www.who.int/health-topics/maternal-health#tab=tab_1
 - 2) Office of Disease Prevention and Health Promotion. (2020). Social Determinants of Health. <https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health>
 - 3) The Commonwealth Fund. (2019). The Rural Maternity Care Crisis. <https://www.commonwealthfund.org/blog/2019/rural-maternity-care-crisis>
 - 4) March of Dimes. (2018). Nowhere to Go: Maternity Care Deserts Across the United States. https://www.marchofdimes.org/materials/Nowhere_to_Go_Final.pdf
 - 5) United States Department of Health and Human Services. (2020). Maternal And Obstetric Care Challenges In Rural America Policy Brief And Recommendations To The Secretary. <https://www.ruralhealthinfo.org/webinars/nacrhhs-maternal-care>
 - 6) National Women's Law Center. (2019). From Shortchanged To Empowered: A Pathway For Improving Women's Well-being In Virginia. <https://nwlc.org/wp-content/uploads/2019/08/NWLC-VA-Report-FINAL-WEB-1.pdf>
 - 7) Boyle, C., et al. (2011). Trends in the Prevalence of Developmental Disabilities in US Children. *Pediatrics*, vol. 127. <https://doi.org/10.1542/peds.2010-2989>
 - 8) Middle Peninsula Northern Neck Community Services Board. (2021). Rural Infant Services Program. <https://www.mpnnscsb.org/164/Rural-Infant-Services-Program>
 - 9) Middle Peninsula Northern Neck Community Services Board. (2021). Rural Infant Services 2017 Program Report. <https://www.mpnnscsb.org/164/Rural-Infant-Services-Program>

References

- 10) Hamilton, N., Stevens, N., Lillis, T. et al. (2018). The fourth trimester: toward improved postpartum health and healthcare of mothers and their families in the United States. *Journal of Behavioral Medicine*, vol. 41. <https://doi.org/10.1007/s10865-018-9969-9>
- 11) Rogers Health District, Virginia Department of Health. (2021). Baby Care. www.vdh.virginia.gov/mount-rogers/maternal-and-child-health/baby-care/.
- 12) Kozhimannil, K., et al. (2019). Rural-Urban Differences In Severe Maternal Morbidity And Mortality In The US, 2007-2015. *Rural Health*, vol. 38. www.healthaffairs.org/doi/full/10.1377/hlthaff.2019.00805
- 13) Three Rivers Health District, Virginia Department of Health. (2021). Home Visiting Programs, Maternal and Child Health. www.vdh.virginia.gov/three-rivers/home-visiting-programs/.
- 14) Three Rivers Health District, Virginia Department of Health. (2021). Resource Mothers. www.vdh.virginia.gov/resource-mothers/
- 15) Benton, T., et al. (2018). ANGELS 2017-2018 Program Annual Report. University of Arkansas for Medical Sciences. <https://angels.uams.edu/wp-content/uploads/sites/81/2019/02/2018-Angels-annual-report-1901383a.pdf>
- 16) Ridgeview Behavioral Health Services. (2020). Mothers and Infants Sober Together (MIST) Program. www.ridgeview.com/services/adult-services/mothers-infants-sober-together.
- 17) Brantley, M., Davis, N., Goodman, D., et al. (2017). Perinatal regionalization: a geospatial view of perinatal critical care, United States, 2010-2013. *American Journal of Obstetrics and Gynecology*. <https://pubmed.ncbi.nlm.nih.gov/27773712/>
- 4) Centra Health. (2020). Health Needs Assessment & Implementation Plans. <https://www.centrahealth.com/CHNA>
- 5) Bryant, A., Cluck, D., Poleski, D., & Bowler, S. (2019). Community Paramedicine Program. https://issuu.com/centrahealth/docs/centrafocus_2018-2_web/s/96121
- 6) Virginia Geological Survey. (2015). Coal. <https://www.dmme.virginia.gov/dgmr/coal.shtml>
- 7) Stone Mountain Health Services (Ed.). (2020). Black Lung Program Services. <https://www.stonemountainhealthservices.org/black-lung-program-services.html>
- 8) Virginia Health Workforce Development Authority. (2021). About Virginia Area Health Education Centers (AHEC). <https://www.vhwda.org/initiatives/ahec>
- 9) University of California. (2021). UC Programs in Medical Education (UC PRIME). <https://www.ucop.edu/uc-health/functions/prime.html>

Behavioral Health, Substance Use Disorder and Recovery

- 1) World Health Organization. (2021). Substance Abuse Terminology. https://www.who.int/substance_abuse/terminology/abuse/en/
 - 2) American Psychiatric Association. (2021). What Is a Substance Use Disorder?. <https://www.psychiatry.org/patients-families/addiction/what-is-addiction>
 - 3) Moody, L. N., Satterwhite, E., & Bickel, W. K. (2017). Substance use in rural Central Appalachia: Current status and treatment considerations. *Journal of Rural Mental Health*, 41(2), 123–135. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5648074/>
 - 4) Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services. (2021). About Us. www.samhsa.gov/about-us
 - 5) Appalachian Substance Abuse Coalition for Prevention Treatment & Recovery. (2020). About Us. <https://stopsubstanceabuse.com/about-us/>
 - 6) Strike, C., Miskovic, M. (2018). Scoping out the literature on mobile needle and syringe programs—review of service delivery and client characteristics, operation, utilization, referrals, and impact. *Harm Reduction Journal*. <https://doi.org/10.1186/s12954-018-0212-3>
- ### Access to Health Care Services
- 1) Jarel, P. (2020). Attracting the next generation of physicians to rural medicine. *AAMC News*. <https://www.aamc.org/news-insights/attracting-next-generation-physicians-rural-medicine>
 - 2) UC Davis School of Health. (2020). About Rural-PRIME. https://health.ucdavis.edu/mdprogram/rural_prime/about.html
 - 3) Central Virginia Health Services, Inc. (Ed.). (2020). Central Virginia Health Services. <https://www.cvhsinc.org/about>

References

- 7) Council of Community Services. (2020). Prevention. <https://councilofcommunityservices.org/hiv-prevention-and-care/prevention/>
- 8) Cochran, Gerald T., et al. (2017). Prescription Opioid Misuse Among Rural Community Pharmacy Patients: Pilot Study for Screening and Implications for Future Practice and Research. *Journal of Pharmacy Practice*, vol. 30. <https://pubmed.ncbi.nlm.nih.gov/27402634/>
- 9) Virginia Lock and Talk. (2020). About - Lock and Talk. <http://lockandtalk.org/about/10> East Tennessee State University, Opioid Research Consortium. (2020). Restore — Reinvestment From Expanded System To Treat Oud: Reclaiming The Epicenter. <https://solutionsbank.candid.org/solutions/reinvestment-from-expanded-system-to-treat-oud-reclaiming-the-epicenter/>
- 11) East Tennessee State University, College of Public Health, Addiction Science Center. (2020). ETSU The Center for Prescription Drug Abuse Prevention and Treatment. www.etsu.edu/cph/addiction-science-center/default.php
- 12) Baker, L.S., Smith, W., Gulley, T. et al. (2020). Community Perceptions of Comprehensive Harm Reduction Programs and Stigma Towards People Who Inject Drugs in Rural Virginia. *Journal of Community Health*, 45. <https://doi.org/10.1007/s10900-019-00732-8>
- 13) One Care of Southwest Virginia, Inc. (2019). About One Care. <http://onecareva.org/about-one-care/>
- 14) Foley, J. (2020). ACE Interface Training. Eastern Shore Community Board. <https://escsb.org/event/ace-interface-training-7/>

Healthy Minds and Bodies

- 1) Centers for Disease Control and Prevention. (2019). Virginia Behavioral Risk Factor Surveillance System.
- 2) Rural Health Information Hub. (March 2019). Oral Health in Rural Communities. <https://www.ruralhealthinfo.org/topics/oral-health>
- 3) Institute of Medicine and National Research Council. (2011). Improving Access to Oral Health Care for Vulnerable and Underserved Populations. <https://www.nap.edu/read/13116/chapter/2>
- 4) The National Committee for Quality Assurance. (2019). Benefits of NCQA Patient-Centered Medical Home Recognition. https://www.ncqa.org/wp-content/uploads/2019/09/20190926_PCMH_Evidence_Report.pdf

Natural and Built Environments

- 1) United States Environmental Protection Agency. (June 2013). Our Built and Natural Environments. <https://www.epa.gov/sites/production/files/2014-03/documents/our-built-and-natural-environments.pdf>
- 2) American Public Health Association. (November 2013). Improving Health and Wellness through Access to Nature. <https://www.apha.org/policies-and-advocacy/public-health-policy-statements/policy-database/2014/07/08/09/18/improving-health-and-wellness-through-access-to-nature>
- 3) The Coalfield Progress. (April 2021). Virginia's Heritage Music Trail Crooked Road announces new Artist-In-Residence program. <https://www.thecoalfieldprogress.com/articles/14230/view>
- 4) Perdue, W. C., Stone, L. A., & Gostin, L. O. (2003). The built environment and its relationship to the public's health: the legal framework. *American journal of public health*, 93(9), 1390–1394. doi.org/10.2105/ajph.93.9.1390
- 5) United Health Foundation. (2021). About Neighborhood Amenities. America's Health Rankings. https://www.americashealthrankings.org/explore/health-of-women-and-children/measure/overall_hwc_2020/state/VA

Aging in Place and Addressing Social Isolation

- 1) Singer, C. (2018). Health Effects of Social Isolation and Loneliness. *Journal of Aging and Life Care*. <https://www.aginglifecarejournal.org/health-effects-of-social-isolation-and-loneliness/>
- 2) Wilson, G., Hill, M., Kiernan M.D. (December 2018). Loneliness and social isolation of military veterans: systematic narrative review. *Occupational Medicine*. <https://doi.org/10.1093/occmed/kqy160>
- 3) United States Department of Veteran Affairs. (2021). Rural Veteran Health Care Challenges. Office of Rural Health. <https://www.ruralhealth.va.gov/aboutus/ruralvets.asp>
- 4) New River Valley Agency on Aging. (2019). Enhancing Lives through Caring Solutions. <http://www.nrva.org/index.html>
- 5) Virginia Department of Health. (2020). Community Paramedicine and Mobile Integrated Healthcare. <https://www.vdh.virginia.gov/emergency-medical-services/community-paramedicine-mobile-integrated-healthcare/>

References

- 6) Virginia Department of Aging and Rehabilitative Services. (2020). Senior Farmers' Market Nutrition Program. <https://vda.virginia.gov/sfmnp.htm>
- 7) Virginia Department of Aging and Rehabilitative Services. (2020). Nutrition. <https://vda.virginia.gov/nutrition.htm>
- 7) Rural Virginia Horseshoe Initiative: Case for Support [PDF]. (n.d.). Richmond: Payne, Ross & Associates.
- 8) The Center for Rural Virginia. (2020). VRC Initiatives. Retrieved from <https://www.cfrv.org/initiatives>

Elevating Rural Workforce Development and Employment

- 1) VEDP. (2020). Rural Virginia Action Committee. [PPT].
- 2) VEDP. (2020). Incentives. <https://www.vedp.org/incentives#incentive6>
- 3) VEDP. (2020). Virginia Coalfield Economic Development Authority (VCEDA) Financing. <https://www.vedp.org/incentive/virginia-coalfield-economic-development-authority-vceda-financing>
- 4) Chief Workforce Advisor Megan Healy. (n.d.). <https://www.virginiaredbook.com/cabinet/c/0/i/23702391/workforce-chief-development-advisor-megan-healy>
- 5) Office of the Chief Workforce Advisor. (n.d.). <https://vacode.org/2.2-435.10/>
- 6) VEC. (2020). Agricultural Labor. <https://www.vec.virginia.gov/>

Financial Proficiency: Leveraging Individualized Resources

- 1) Local Initiatives Support Commission. (2021). Empowering People. <https://www.lisc.org/our-initiatives/economic-development/talent/>
- 2) Diversified Resource Network. (2021). Financial Capability. <https://diversifiedresourcenetwork.org/financial-capability/>
- 3) Wealth Works. (2021). Building Wealth in Appalachia. <https://www.wealthworks.org/>
- 4) Rooftop of Virginia Community Action Program. (2021). Volunteer Income Tax Assistance. <https://www.rtov.org/departments/volunteer-income-tax-assistance-vita/>
- 5) People Inc. (2018). Community Economic Development. <http://www.peopleinc.net/program-community-economic-development.htm>



Virginia Rural Health Plan **2022-2026**



Virginia State Office of Rural Health
Virginia Department of Health

