

eliminating racism
empowering women

ywca

South Hampton Roads

presented by:

Michelle Ellis Young
Chief Executive Officer
for



YWCA IS ON A MISSION

YWCA of South Hampton Roads

MISSION:

The YWCA is dedicated to *eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all.*

VISION:

The YWCA South Hampton Roads is a source of *strength, courage, and empowerment* for women and families facing crisis. Our programs provide quality services responding to:

- the critical needs of survivors of sexual violence and domestic violence,
- young women seeking direction,
- the need for quality and affordable childcare, and
- Lean into the work of building an antiracist in the community.



Laura E. Titus
Founder

What We Do

Crisis services

- 24-hours a day, 7 days a week, 365 days a year

Counseling Services

- Free or affordable counseling for all demographics with specialization in trauma

Justice, Equity and Advocacy

- Provide learning experiences to support the development of a foundational understanding of the system of inequities and how to transform it
- Collaborative consulting services to support organizations in bringing forth transformation centered in racial and social justice and gender equity
- Pillars of Justice focused on racial, social, economic and environment programming and advocacy issues

Outreach and Education

- Specialized trainings, community and prevention education presentations, and speakers to meet your organization's needs
- Community Events and Information Tables

Support Groups

- Domestic and Interpersonal Violence
- Men's Peer
- Survivors of Sexual Assault
- Teen

Shelter and Housing Support

- Safe, nondiscriminatory shelter for women, men, and children providing 30-day emergency housing and Rapid Rehousing Program

Victim Advocacy

- Non-legal advisory services: Accompaniment, moral support, information and on-site processing, protective order help, and victim compensation fund assistance

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Everyone welcome!

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Racial and Social Justice



Norfolk Family Justice Center

- Trauma informed and victim centered, comprehensive wrap-around services for victims of violence
- The only Family Justice Center in VA!

Partners:

- ❖ Chesapeake Forensic Specialists
- ❖ Norfolk Department of Human Services
- ❖ Norfolk Police Department
- ❖ Office of the Norfolk Commonwealth's Attorney

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(757) 330-0376

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Getting Involved!

- Volunteer - Intern
- Donate
- Engage Public Policy Makers
- 3rd Party Fund-Friend Raisers
- Amazon Smile - Kroger
- Upcoming Events ~
www.ywca-shr.org

Follow Us



DOMESTIC VIOLENCE
*Awareness
Month*



OCTOBER

**Domestic Violence is Everyone's Problem –
How the Church Can Help**

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Defining Domestic (DV) and Intimate Partner Violence(IPV)

- A violent crime of violence or abuse in a domestic setting, such as in marriage or cohabitation.
- Often used as a synonym for intimate partner violence, which involves a spouse or intimate partner in an intimate partner relationship.

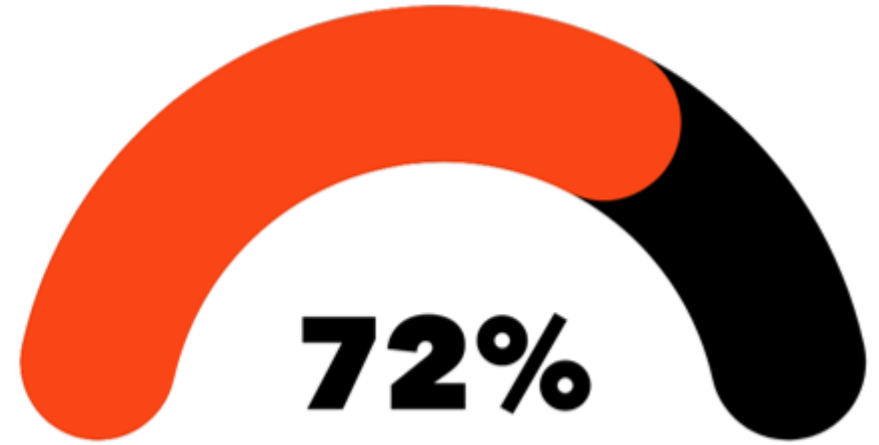


1 in 3 women

and

1 in 4 men

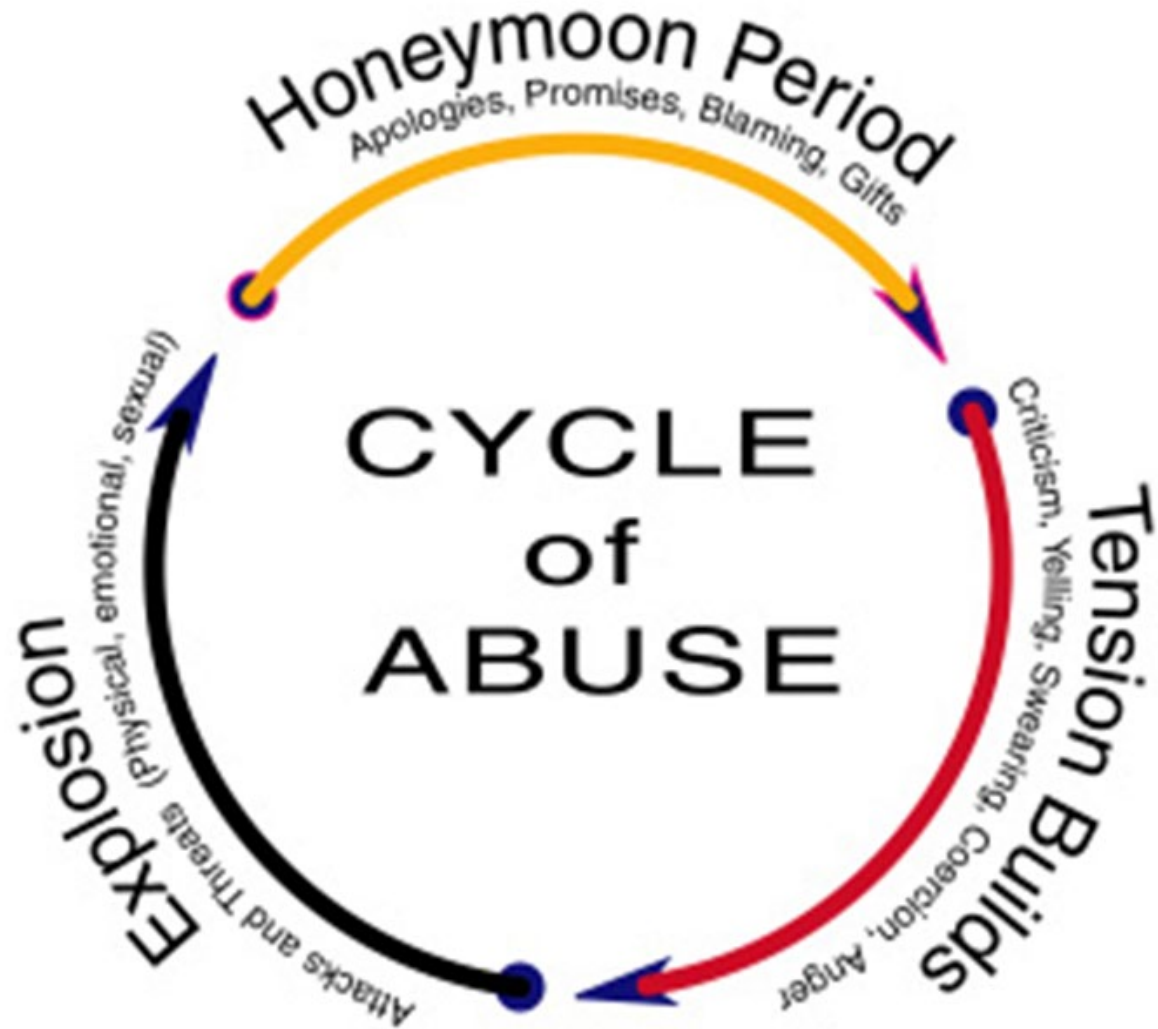
have experienced physical violence by an intimate partner in their lifetime



of all murder-suicides involve an intimate partner



of all violent crime is related to intimate partner violence

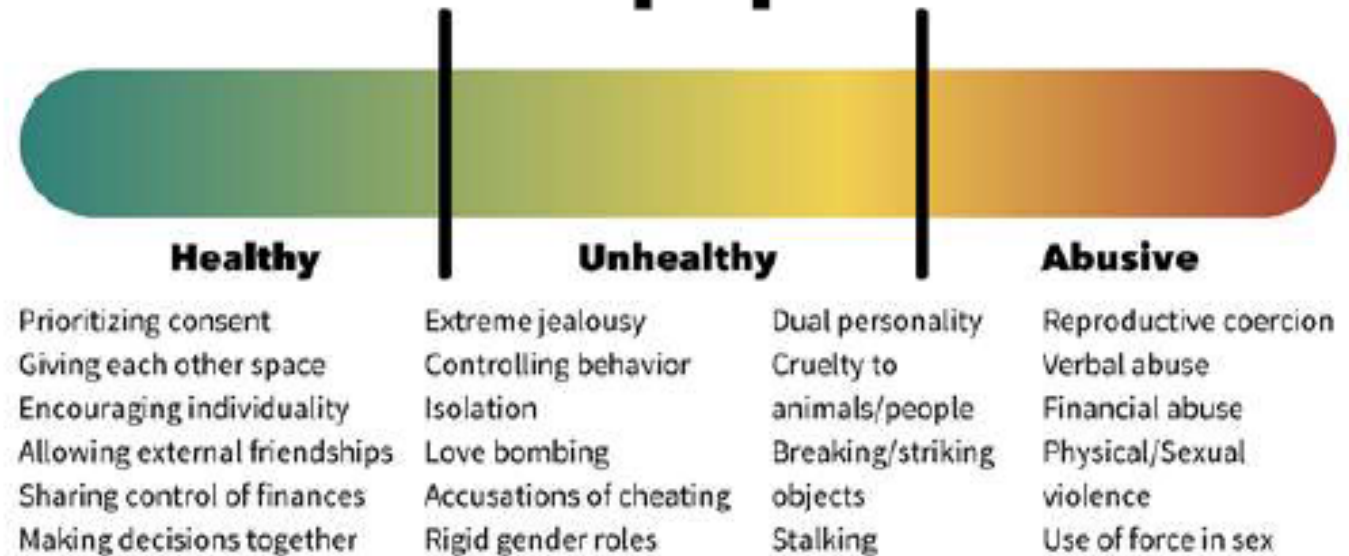


Not All Domestic Violence is Physical

Background: Types of Abuse



The Relationship Spectrum



Adapted from original wheel by Domestic Abuse Intervention Project: theduluthmodel.org

Power and Control Interconnect Faith and Private Life



Domestic Violence is a pattern of controlling behavior used to maintain power in a relationship by one partner over the other. While women are disproportionately victims, men are also victim of domestic violence. While each case is unique, abusers use a range of abusive behavior to control their partners including physical, emotional, psychological, sexual, financial, and spiritual abuse.

Isolation from friends and family, using children as bargaining tools, and threatening deportation and/or using a victim's legal status as a means to keep her in an abusive relationship are also common patterns of domestic violence abuse.

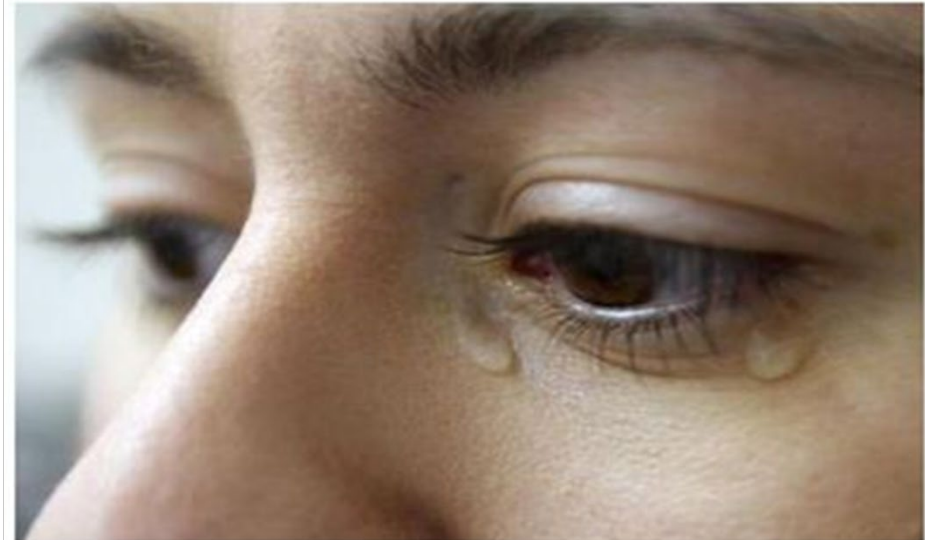
Often, it is difficult to identify various forms of abuse, particularly when they are indirect or not as obvious as physical and/or sexual violence. Use this wheel to learn about the main forms of domestic violence.

All the Questions?



+

“Why does she
stay/go back?”



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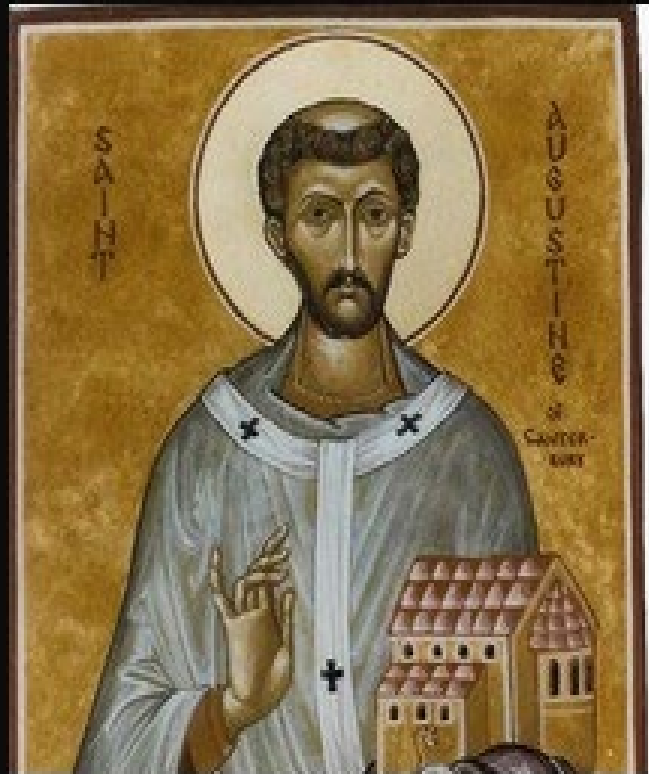
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Statistically, individuals make

7 - 10

attempts

before officially leaving their abuser



Peace in society depends upon
peace in the family.

~ Saint Augustine

Church Trends and Stats



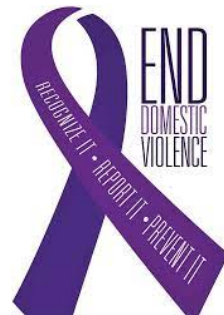
What Can Houses of Worship Do?

Create Effective Ministry Domestic Violence Programs-Protocols

- Know your people
- Know the signs of abuse
- Know your community resources
- Establish safe, not perfect, sanctuaries
- Build a Culture of Care
- In HR – sponsor an ATF club

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1. Palm to camera and tuck thumb

2. Trap thumb

THE VIOLENCE AT HOME SIGNAL FOR HELP

Use this signal to ask for help on a video call without leaving a digital trace.

If you see this sign on a video call, find out how to help below.

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Resources

- **YWCA South Hampton Roads – (757) 251-0144**
- **Virginia Sexual and Domestic Violence Action Alliance -
Call: 800-838-8238 or Text: 804-793-9999**



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South Hampton Roads

24/7 Hotline: (757) 251-0144

YWCA: (757) 625-4248

NFJC: (757) 330-0376

volunteer@ywca-shr.org

www.ywca-shr.org



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