eliminating racism empowering women

MCa

South Hampton Roads

presented by:
Michelle Ellis Young
Chief Executive Officer
for





YWCA of South Hampton Roads

MISSION:

The YWCA is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom and dignity for all.

VISION:

The YWCA South Hampton Roads is a source of *strength*, *courage*, *and empowerment* for women and families facing crisis. Our programs provide quality services responding to:

- > the critical needs of survivors of sexual violence and domestic violence,
- young women seeking direction,
- > the need for quality and affordable childcare, and
- Lean into the work of building an antiracist in the community.



Laura E. Titus Founder





What We Do

Crisis services

24-hours a day, 7 days a week, 365 days a year

Counseling Services

 Free or affordable counseling for all demographics with specialization in trauma

Justice, Equity and Advocacy

- Provide learning experiences to support the development of a foundational understanding of the system of inequities and how to transform it
- Collaborative consulting services to support organizations in bringing forth transformation centered in racial and social justice and gender equity
- Pillars of Justice focused on racial, social, economic and environment programming and advocacy issues

Outreach and Education

- Specialized trainings, community and prevention education presentations, and speakers to meet your organization's needs
- Community Events and Information Tables

Support Groups

- Domestic and Interpersonal Violence
- Men's Peer
- Survivors of Sexual Assault
- Teen

Shelter and Housing Support

 Safe, nondiscriminatory shelter for women, men, and children providing 30-day emergency housing and Rapid Rehousing Program

Victim Advocacy

 Non-legal advisory services: Accompaniment, moral support, information and on-site processing, protective order help, and victim compensation fund assistance



Everyone welcome!



YWCA of South Hampton Roads

Racial and Social Justice



- Trauma informed and victim centered, comprehensive wrap-around services for victims of violence
- The only Family Justice Center in VA!

Partners:

- Chesapeake Forensic Specialists
- ❖ Norfolk Department of Human Services
- ❖ Norfolk Police Department
- Office of the Norfolk Commonwealth's Attorney



(757) 330-0376















YWCA of South Hampton Roads

Getting Involved!

- Volunteer Intern
- **Donate**
- **Engage Public Policy Makers**
- **3rd Party Fund-Friend Raisers**
- **Amazon Smile Kroger**
- **Upcoming Events ~** www.ywca-shr.org



Follow Us















Domestic Violence is Everyone's Problem – How the Church Can Help



Defining Domestic (DV) and Intimate Partner Violence(IPV)

- A violent crime of violence or abuse in a domestic setting, such as in marriage or cohabitation.
- Often used as a synonym for intimate partner violence, which involves a spouse or intimate partner in an intimate partner relationship.



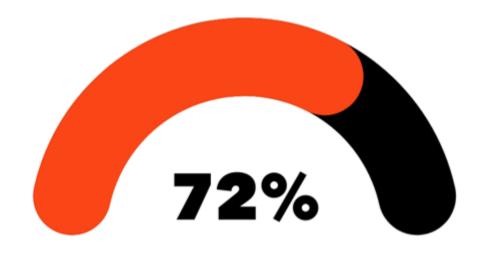




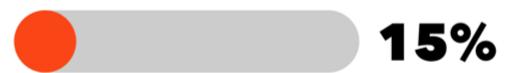
1 in 3 women

1 in 4 men

have experienced physical violence by an intimate partner in their lifetime

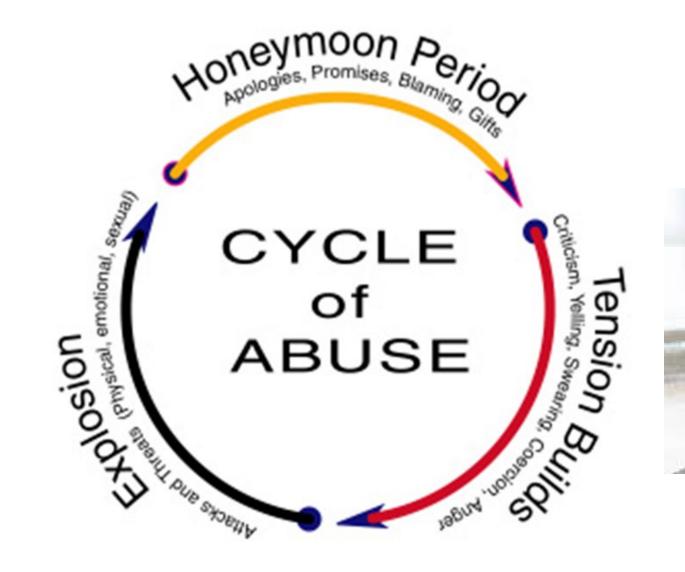


of all murder-suicides involve an intimate partner



of all violent crime is related to intimate partner violence

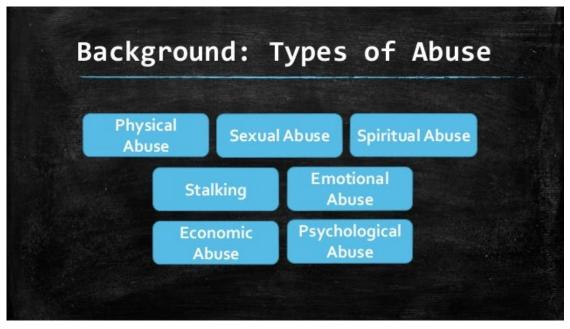








Not All Domestic Violence is Physical





Prioritizing consent
Giving each other space
Encouraging individuality
Allowing external friendships
Sharing control of finances
Making decisions together

Extreme jealousy
Controlling behavior
Isolation
Love bombing
Accusations of cheating
Rigid gender roles

Dual personality Cruelty to animals/people Breaking/striking objects Stalking Reproductive coercion Verbal abuse Financial abuse Physical/Sexual violence Use of force in sex





Power and Control Interconnect Faith and Private Life

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POWER & CONTROL

USING COERCION AND THREATS POWER & CONTROL

··· USING DOMINANCE

Abuse of privilege hierarchy · Treating her like a servant · Making all the big decisions -Acting like the "master of the castle" · Being the one to define men's and women's roles

····· USING ECONOMIC ABUSE

Preventing her from getting/keeping a job

Making her ask for money - Blaming her
for any financial gaps- Taking her money Limit or remove access to family income

----- SPIRITUAL ABUSE

Manipulating religious texts to demand obedience, justify beating, limiting physical movement - Coercing partner to have sex by citing it is a God-given right for husbands

USING ISOLATION

Controlling what she does, who she sees and talks to, what she reads, where she goes - Limiting her outside involvement -Using jealousy to justify actions

MINIMIZING, DENYING, AND BLAMING

Making light of the abuse and not taking her concerns about it seriously - Saying the abuse didn't happen shifting responsibility for abusive behavior - Saying she caused it

- USING CHILDREN

Making her feel guilty about the children -Using the children to relay messages -Using visitation to harass her - Threatening to take the children away Domestic Violence is a pattern of controlling behavior used to maintain power in a relationship by one partner over the other. While women are disproportionately victims, men are also victim of domestic violence. While each case is unique, abusers use a range of abusive behavior to control their patterns including physical, emotional, psychological, sexual, financial, and spiritual abuse.

Isolation from friends and family, using children as bargaining tools, and threatening deportation and/or using a victim's legal status as a means to keep her in an abusive relationship are also common patterns of domestic viclence abuse.

Often, it is difficult to identify various forms of abuse, particularly when they are indirect or not as obvious as physical and/or sexual violence. Use this wheel to learn about the main forms of domestic violence.

CULTURAL ABUSE

Acceptance of in-law abuse (physical, emotional, and financial) - Using cultural norms as a tool to limit physical movement, justify beating, demand subservience - Limit role of woman to "wife" and "mother" and prevent her from working - Prevent her from possibly remarrying by accusing her of adultery as a way to impact her honor and/or chastity

USING IMMIGRATION STATUS

Threatening to deport her and/or her children, report her to INS, not fill out her paperwork to file for citizenship/permanent status - Intentionally withdrawing paperwork once it's been filled to jeopardize her legal status - Not allowing her to learn English - Isolating her from anyone that speaks her language

USING COERCION AND THREATS

Making and/or carrying out threats to do something to hurt her - Threatening to leave her, or to commit suicide - Making her drop charges - Making her do illegal things - Threats to out you

--- USING INTIMIDATION

Making her afraid through looks, actions, gesturers - Smashing things -Destroying her property - Abusing pets - Displaying weapons

---- USING EMOTIONAL ABUSE

Putting her down - Making her feel bad about herself - Calling her names - Making her think she's crazy - Playing mind games - Humiliating her - Making her feel guilty

All the Questions?











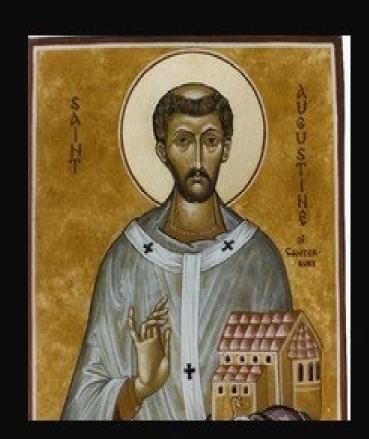
Statistically, individuals make

7 - 10

attempts

before officially leaving their abuser

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Peace in society depends upon peace in the family.

~ Saint Augustine

Church Trends and Stats





What Can Houses of Worship Do?

Create Effective Ministry Domestic Violence Programs-Protocols

- Know your people
- Know the signs of abuse
- Know your community resources
- Establish safe, not perfect, sanctuaries
- Build a Culture of Care
- In HR sponsor an ATF club







Resources

- YWCA South Hampton Roads (757) 251-0144
- Virginia Sexual and Domestic Violence Action Alliance -

Call: 800-838-8238 or Text: 804-793-9999





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South Hampton Roads

24/7 Hotline: (757) 251-0144

YWCA: (757) 625-4248

NFJC: (757) 330-0376

volunteer@ywca-shr.org www.ywca-shr.org

