



Darlene Wampler
 Lake Anna, VA

APRIL 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 30	24	25	26	27	28	29



VIRGINIA STATE OFFICE OF RURAL HEALTH



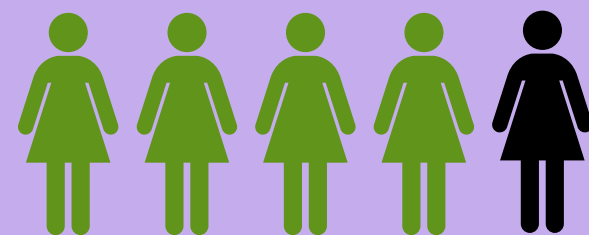
MATERNAL HEALTH

Maternal health refers to the health of women during pregnancy, childbirth, and the postnatal period. It is influential in determining the overall health outcomes of both mother and baby, making a woman's preconception health and ability to access maternal healthcare extremely important.



A maternity care desert, as defined by the March of Dimes, as “a county in which maternity care services are limited or absent because of either a lack of services or barriers to a woman's ability to access those services.”

Among women living in maternity care deserts, 4 of 5 live in a **rural area**.



BREAKING THE CYCLE OF TRAUMA AMONG NEW MOTHERS & BABIES

The Nurse-Family Partnership® (NFP) currently partners with the Eastern Shore and Western Tidewater Health Districts and Fairfax County NFP to serve five Virginia counties.

NFP empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday.

To learn more, please visit:

<https://www.nursefamilypartnership.org/locations/virginia/>

