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Boynton, VA

MAY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 Memorial Day	30	31	1	2	3



VIRGINIA STATE OFFICE OF RURAL HEALTH



VIRGINIA MENTAL HEALTH ACCESS PROGRAM (VMAP)

VMAP is a statewide initiative that helps health care providers take better care of children and adolescents with mental health conditions through provider education and increasing access to child psychiatrist, psychologists, social workers, and care navigators.



PCPs can call and get access to free pediatric behavioral health consultations with child psychiatrists and other licensed mental health professionals, plus care navigation services!

May is mental health month!

While the prevalence of poor mental health does not differ among rural and urban residents, the services that are available depending on where one lives do. Nationwide, rural areas do not have adequate health services that are readily available, and this especially applies to mental health care ([RHIhub, 2021](#)).

