# Chesterfield Mental Health Support Services

#### **Prevention Services**

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Sr. Clinician, Prevention Consultant



Providing a FIRST CHOICE community through excellence in public service



# Agenda

About the agency- Chesterfield Mental Health Support Services Mission statement Services offered by agency departments Prevention Services Other resources Q&A



### **Mission Statement**

To promote wellness and an improved quality of life for Chesterfield County residents. By offering comprehensive services for mental health, developmental disabilities and substance use, as well as help people create and maintain independent, self-determined lives.

### **Programs & Services: Adults**

**Chester House** 

**Developmental Disability Residential** 

**Assertive Community Treatment Services** 

Mental Health Case Management

**Day Program Services** 

Crisis

**Mental Health Counseling** 

**Substance Use Services** 

### **Developmental Disability Service Coordination**

Same Day Access

# **Programs & Services: Children and Adolescents**

**Case Management** 

**Outpatient Therapy** 

**Families First** 

**Infant/Early Intervention** 

**Medical Services** 

**Substance Use Outpatient** 





## **Chesterfield Emergency Services**

24-hour resource for individuals who are experiencing a mental health crisis and require immediate intervention

### 804-748-6356

#### **Suicide & Crisis Lifeline**

Call or text 988

### Prevention Services

Prevention Services promotes individual, family and community behavioral wellness. We value collaboration across systems, early identification and intervention, parent empowerment, preventing substance misuse, and promoting emotional health and wellness.

Our services include community education about mental health and suicide prevention, consultation with early childhood providers, parent education and youth prevention programs.

### **Services offered by Prevention**

#### **Professional & Community Education**

- Mental Health First Aid
- Youth Mental Health First Aid
- Applied Suicide Intervention Skills Training (ASIST)
- Trauma Stewardship
- Adverse Childhood Experiences (ACEs)
- Wellness Workshops

#### **Parent Education**

- Consultations
- Classes

#### **Community Resources**



https://bewellva.com/

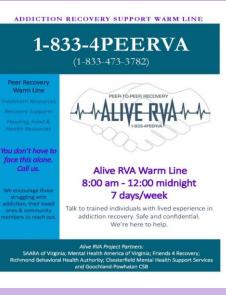


804-458-2704 24/7 Hotline: 804-458-2840





804-608-9389



#### https://aliverva.org/

# Resources





804-862-8002



# Thank you



# Contact Information

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