

Got Drugs?



For the second year in a row, the Southwest Virginia Medical Reserve Corps will be supporting and sponsoring DEA-sanctioned Drug Take Back events throughout Southwest Virginia on **Saturday, April 28th**. Last year, Medical Reserve Corps volunteers enjoyed the opportunity to be visible in the community, provide a community service and assist in curbing a public health issue, the illicit use of prescription drugs.

Volunteers are needed to staff 10 different locations with two-hour shifts between 9:00 a.m. and 2:00 p.m. on Saturday, April 28th. Those interested in participating should contact the Unit Coordinator at 276-274-0555 or swva.mrc@vdh.virginia.gov or Bill Garrison at 276-386-1312 or william.garrison@vdh.virginia.gov.

All those participating should wear comfortable clothes and shoes, their SWVA Medical Reserve Corps ID badge, and be prepared to be outside. These events will take place "rain or shine".

- Woody's Pharmacy, 576 E. Main Street, Independence—9:00 a.m.—1:00 p.m.
- City of Galax Town Hall Plaza, 353 N. Main Street, Galax—10:00 a.m.—2:00 p.m.
- Michael's Pharmacy, 101 Charwood Drive, Abingdon—10:00 a.m.—2:00 p.m.
- Meadowview Clinic, 13168 Meadowview Sq., Meadowview—10:00 a.m.—2:00 p.m.
- Food City, 736 N. Beaver Dam Avenue, Damascus—10:00 a.m.—2:00 p.m.
- Wildcat Pharmacy, 8461 Main Street, Pound—10:00 a.m.—2:00 p.m.
- Wal-Mart, 780 Commonwealth Avenue, Norton—10:00 a.m.—2:00 p.m.
- Food City, 270 Woodlawn Drive, Wise—10:00 a.m.—2:00 p.m.
- Food City, 603 Wood Avenue, East, Big Stone Gap—10:00 a.m.—2:00 p.m.
- Food City, 501 Front Street, Coeburn—10:00 a.m.—2:00 p.m.

Please consider joining in this outstanding volunteer event. The Southwest Virginia Medical Reserve Corps is already planning for similar events for the fall of 2012.

Current Volunteer Count SWVA MRC (as of 3/30/2012)

Physicians	16
Physician Assistants	2
Nurses	483
Nurse Practitioners	13
Pharmacists	24
Dentists	8
Veterinarians	6
Mental Hlth Professionals	62
EMS Professionals	89
Respiratory Therapists	5
Other Public Hlth/Med.	93
Other Non-Public Hlth/ Med.	264



Kristina K. Morris, Volunteer Coordinator

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The SWVA POINT News

Virginia MRC Video Conference Training: Each month SWVA MRC volunteers have the opportunity to participate in statewide video conference trainings with fellow MRC members from across the state. To date, the classes have covered Incident Command System, volunteering with the Office of the Chief Medical Examiner and Public Health Communication. These monthly training opportunities are open to all SWVA MRC members and are held at the following Health Departments: [Carroll](#), [Tazewell](#), [Washington](#) and [Wise](#). Please check out the entire roster of Virginia MRC training opportunities on the unit website, www.vdh.virginia.gov/mrc/swvamrc and attend when it is convenient.

Meth Lab Awareness Training: Jack Tolbert, Hazardous Materials Officer with the Virginia Department of Emergency Management will be sharing his insights and experiences with the Meth Lab epidemic with SWVA MRC members. Please take advantage of this outstanding training opportunity. Plans are underway to provide "Synthetic Drug" training as soon as possible.

- Tuesday, April 24th—Washington County Health Department @ 6:00 p.m.
- Tuesday, May 1st—Tazewell County Health Department @ 6:00 p.m.
- Tuesday, May 29th—Wise County Health Department @ 6:00 p.m.

Please contact Unit Coordinator to register for the Meth Lab Awareness class.

LENOWISCO Health District—During the month of April in the Lenowisco Health District, Bill Garrison—VISTA Employee, will be conducting new volunteer orientation on four different dates. Please help the Unit to identify new volunteers and encourage them to attend an orientation. Current members are also welcome to attend and refresh your knowledge of the MRC. Contact Bill Garrison to determine the dates, times and places for these meetings. As always, this information can be found on the Unit Website.

Friday, April 13th—SWVA MRC volunteer support is requested for a Free Health Fair in Jonesville. If you would like to help, please contact Bill Garrison, 276-386-1312 or william.garrison@vdh.virginia.gov.

Trail Days in Damascus, May 18th & May 19th

The SWVA MRC will be assisting the First Baptist Church in Damascus with the Trail Day's Hiker's Medical Tent on **Friday, May 18th and Saturday, May 19th**.

Currently licensed M.D., P.A., Nurse Practitioners, R.N. and L.P.N. who are interested in assisting with BMI evaluations, blood pressure screening, minor First-Aid and foot care are asked to contact the Unit Coordinator as soon as possible to discuss this activity, 276-274-0555. If there are any massage therapists or physical therapist willing to provide chair massages that would be appreciated also.

Four hour and eight hour shifts are available. Parking and meals will be provided at the church. Volunteers will need to wear comfortable clothes, their SWVA MRC ID Badge and be willing to work outside under a tent. The May 18th schedule is 8:30 a.m. until 5:00 p.m. and the May 19th schedule is 8:30 a.m. until 2:00 p.m.



TORNADO VOLUNTEER RECOGNITION DINNER

Thursday, May 3, 2012
6:00 p.m.
Southwest Virginia Higher Education Center
Abingdon, Virginia

Call 276-628-2160 for reservations

Spring is definitely upon us and I have the schedule of activities to prove it!! I strongly encourage all of our members to look carefully in the newsletter, on the website and on Facebook to stay current with all volunteer & professional training, exercises, community & public health events. This spring is also bringing National and Statewide recognition to SWVA MRC volunteers and organizational leadership. We have been so privileged with exciting news that it will take a second newsletter this spring. Watch for pictures, profiles and articles about the wonderful accomplishments for which this unit is being recognized. Lastly, if you volunteered in any capacity to assist with tornado relief in Washington County, please register for the Volunteer Recognition dinner. The link to the website is shown on the bottom left of this page.

*Thanks to each of you for what you do to make the SWVA MRC stronger.
Sincerely, Kristina*