

SWVA MRC CALENDAR

#MRCROCKS for 20 years!!!!

2024



State Pa.

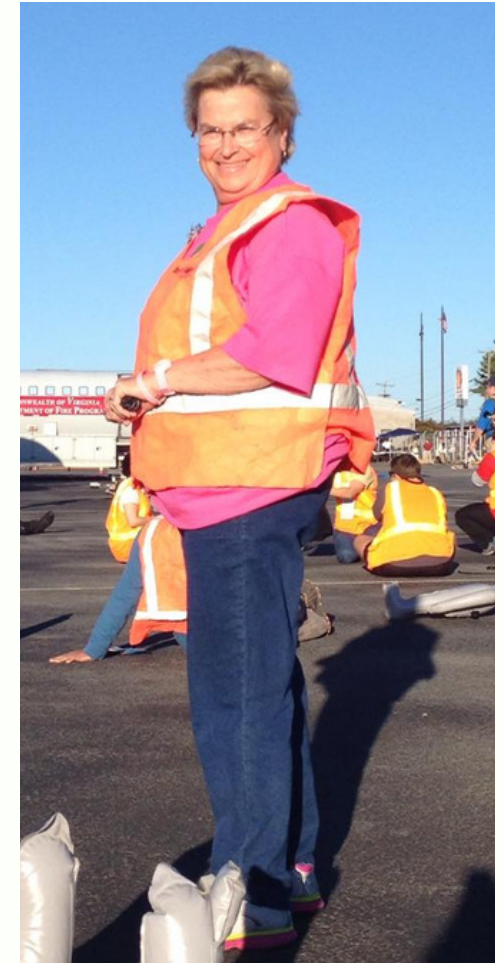
m, Virginia 23160



20 years of smiles!

JANUARY 2024

S	M	T	W	T	F	S
	1 - VDH Offices Closed	2	3	4	5	6
7	8	9	10	11	12	13
14	15 - MLK Day - Office Closed	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			





20 years of responses!



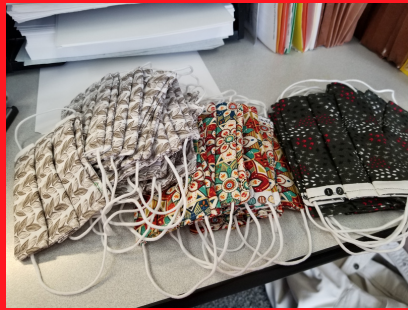
FEBRUARY 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19 - Presidents' Day - Office Closed	20	21	22	23	24
25	26	27	28	29		



and when the world closed, the MRC got busy

MARCH 2020



MARCH 2024

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31 - Easter						



3/31/13 - Responded to shelter in Hillsville when I-77 was closed

3/18/20 - 1st Coronavirus MRC support request



APRIL 2011 TORNADO



APRIL 2024

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

National Volunteer Week



April 28, 2011 - Tornado response in Washington Co begins

April 22, 2020 - COVID-19 Testing Begins



TESTING TESTING TESTING

May 2020



MAY 2024

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 - Memorial Day - Office Closed	28	29	30	31	



May 8, 2020 - Hep A Vax
Clinic in Smyth Co.



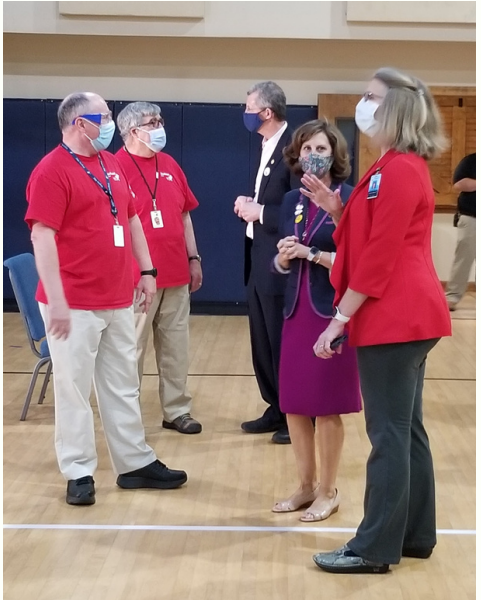


REVIVE!
SAVING
LIVES

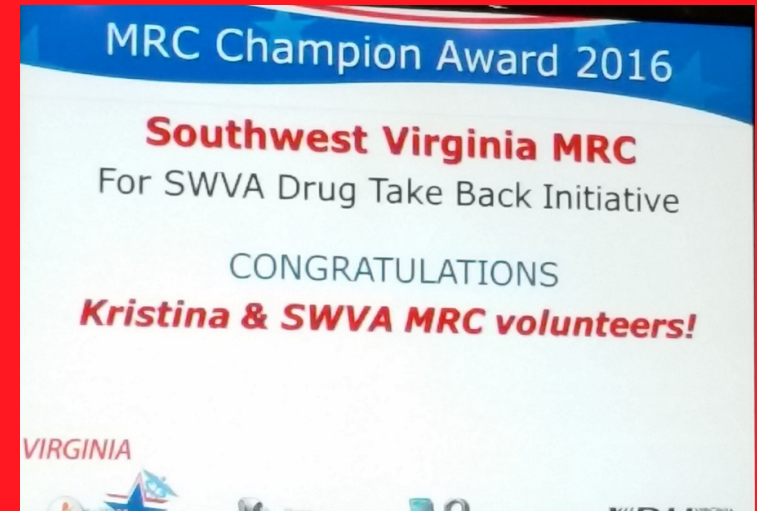
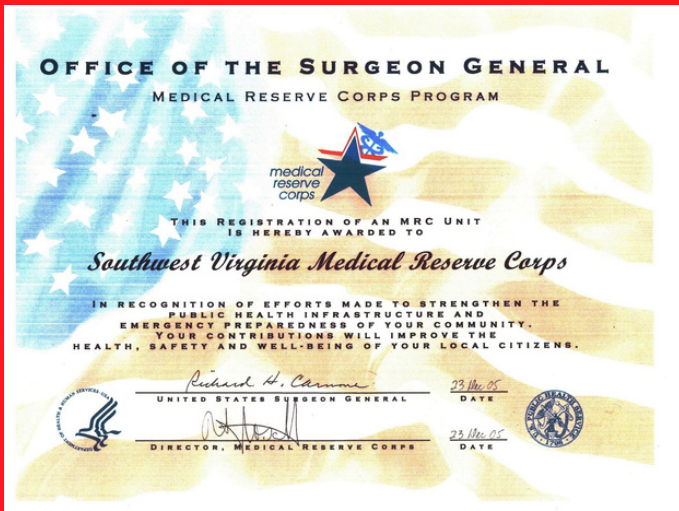
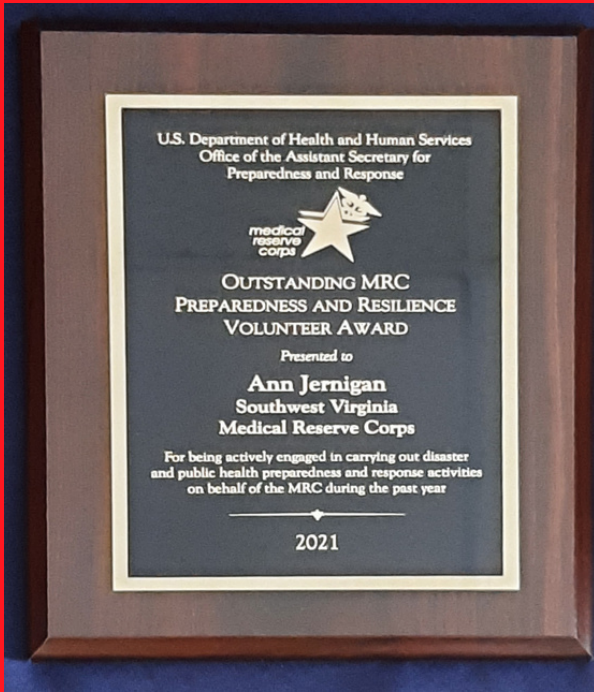


JUNE 2024

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19 - Juneteenth - Office Closed	20	21	22
23	24	25	26	27	28	29
30						



20 yrs of Recognition!



JULY 2024

S	M	T	W	T	F	S
	1	2	3	4 - Office Closed	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



July 22, 2014 Becoming
an Active Bystander Pilot
Class

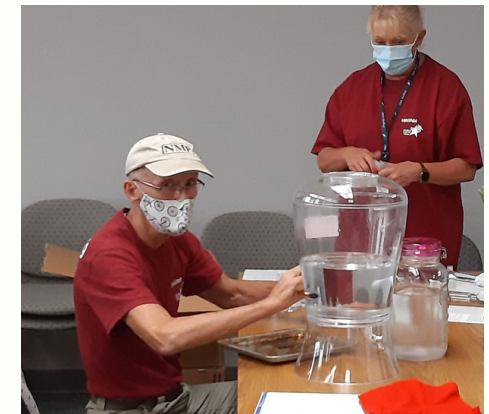


20 years MRC Award Winners!



AUGUST 2024

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





HURRICANE KATRINA & RITA

2005

NATIONAL

MRC RESPONSE



HELPING HAND: Kim Gonzalez of Fries is pictured with three of her five girls. Gonzalez left Sept. 22 for the Gulf Coast to help Hurricane Katrina victims.

Fries woman lends hand. Hispanic interpreter travels to gulf

By E.A. SEAGRAVES
Staff

FRIES - A Fries woman left her five daughters and headed to Gulf Coast last week to help Hurricane Katrina victims, even as Hurricane Rita approached.

Kim Gonzalez was not sure what she would be doing in Baton Rouge - or even if that's where she'd end up volunteering.

Gonzalez is an interpreter with the Virginia Department of Health, Radford Health Clinic and the Southwest Virginia Community Health Clinics with the Migrant Health Network. She has worked as an interpreter for eight years.

She doesn't have any disaster relief or American Red Cross training, but she just trained with The Medical Reserve Corps and has CPR certification.

The Medical Reserve Corps was established to provide coordination of health care professionals in local communities during emergencies, Kristina Morris, Medical Reserve Corps coordinator said.

It was formed with the intent to respond to manmade and natural disasters at a local level, but with the scope of Hurricane Katrina, the corps developed a national relationship with the American Red Cross.

Morris said the corps has 260 active members and 175 waiting for training. The unit is open to community members and health professionals, although 90 percent of the 260 members are health professionals.

The corps is always seeking volunteers, and is part of Citizen Corps, an umbrella organization for The Medical Reserve Corps, Volunteers in Police Service, Community Emergency Response Teams and Neighborhood Watch Program I.

The corps also serves as a liaison for the American Red Cross, helping to connect volunteers to Red Cross efforts in the Gulf Coast. The application takes an inventory of the applicant's skills and training.

Morris said three other applicants from Southwest Virginia are waiting for Red Cross approval.

Volunteers usually spend three weeks on a mission, but Gonzalez had to cut her service short to be back in Grayson for the pine tree season. She returns Sunday.

While she is gone, family members took care of her five daughters, ages 2 to 11.

Gonzalez hopes the experience is something she can use in this area if an emergency takes place.

"If it had happened here, I would want someone to come here and help my family out and see that our needs are met," she said. "You never know what could happen here."



SEPTEMBER 2024

S	M	T	W	T	F	S
1	2 - Labor Day Office Closed	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					



Kimberly Graham-Gonzalez
deployed to Louisiana
9/19/2005

Lisa Ousley deployed to
Louisiana 9/24/2005



13 YEARS OF DRUG TAKE BACKS!



OCTOBER 2024

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 - Indigenous Peoples Day - Office closed	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

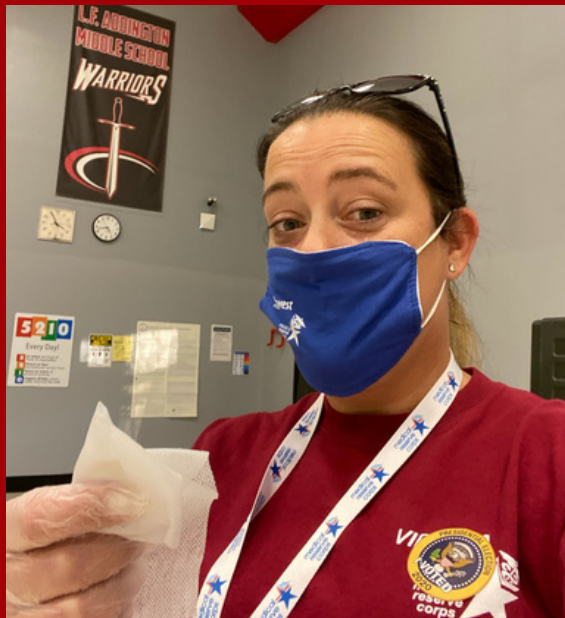


October 28, 2004 - FIRST
volunteer orientation

October 22, 2009 - 1st
H1N1 Vax Clinic

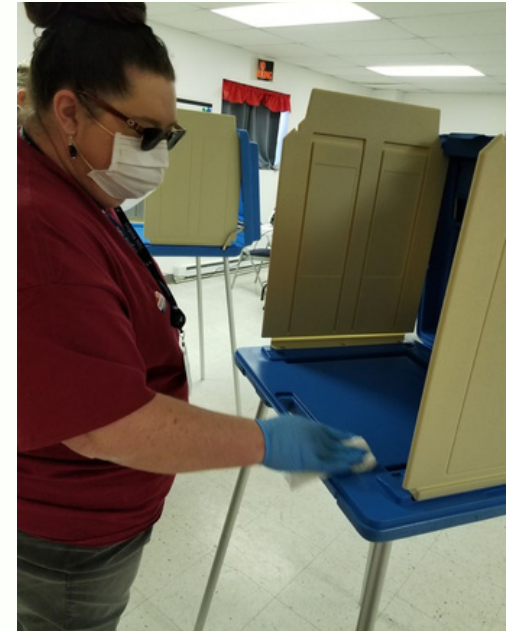


INFECTION PREVENTION AMBASSADORS - 2020



NOVEMBER 2024

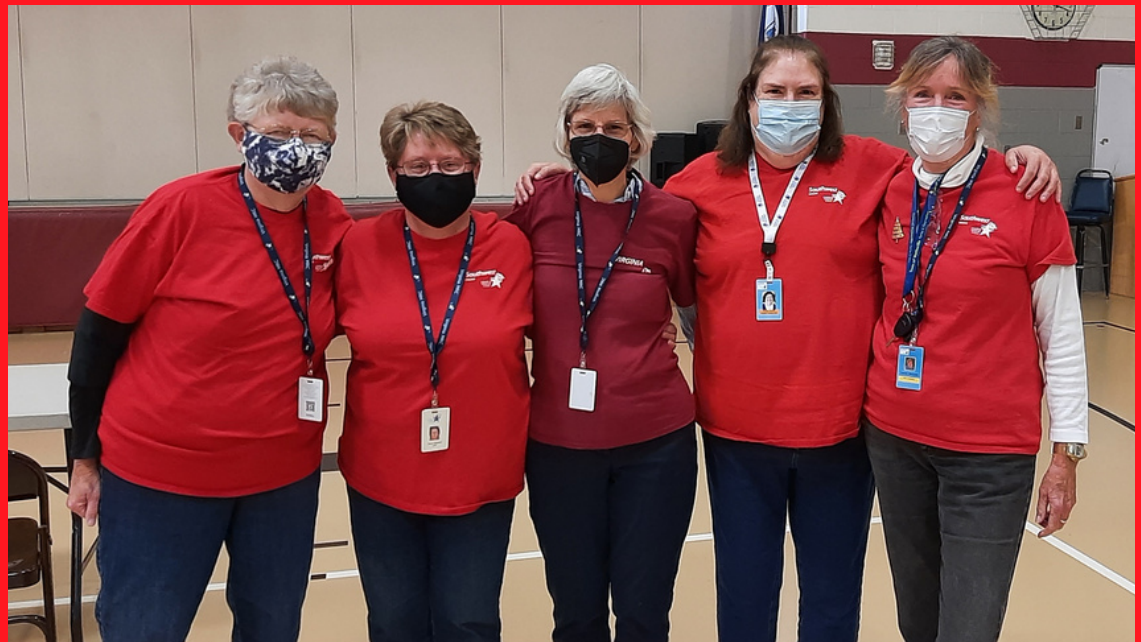
S	M	T	W	T	F	S
					1	2
3	4	5 - Election Day Office Closed	6	7	8	9
10	11 - Veteran's Day Office Closed	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28 - Thanksgiving Office Closed	29 - Office Closed	30



Nov. 7, 2007 - 1st Local Response to Puppy Mill in Carroll Co.



20 years of new friendships!



DECEMBER 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 - VDH Offices Closed	25 - Christmas Office Closed	26	27	28
29	30	31				

Dec.19, 2009 - Responded to shelter for Christmas Blizzard

Dec 5 & 6, 2019- Hep A POD in Washington Co.

Dec. 23, 2020 - Historic Day - 1st COVID-19 VAX clinics

Dec.13, 2021 - LAST CV-19 Clinic

Dec. 24, 2022 - Responded to Warming Shelter in Bristol



Chair - Emalene Cook - Russell County
Co-Chair - Debbie Loveland - Washington County
Treasurer - Frank White - Washington County
Recorder - Becky Barker - Bristol
Members:
Charlene Truhlik - Washington County
Bob Roth - Wise County
Tauna Gulley - Dickenson County
Phil Jones - Washington County
Jackie Smith - Tazewell County

Mission Statement:

To support to Southwest Virginia Medical Reserve Corps in recruiting, training and rewarding volunteers.

Goals:

- To support the volunteers of the SWVA MRC in expanding the MRC mission**
- To support volunteers to be more productive and successful in the community**
- To support the educational needs of SWVA MRC volunteers**
- To support the SWVA MRC and volunteers to increase community awareness and outreach**



Friends of Southwest Virginia Medical Reserve Corps is a 501(c)3 non-exempt organization.

Donations can be mailed to: Friends of SWVA MRC, 15068 Lee Highway, Suite 1000, Bristol, VA 24201 or PayPal: swva.mrc@gmail.com

In 2023 Friends of SWVA MRC:

- Provided conference scholarships for 10 volunteers
- Paid CPR training fees for 20 volunteers
- Established and granted two \$500 scholarships to SWVA MRC Student Volunteers
- Provided food, drinks, and snacks for volunteers attending exercises, trainings, and fundraisers
- Awarded 3 President's Volunteer Service Awards
- Gifted canvas bags to volunteers who served in 2022
- Purchased recruitment supplies



Local and State MRC Contacts



Kristina K Morris, *Southwest MRC Unit Coordinator*

Email: swva.mrc@gmail.com | Phone/Text: 276-274-0555

Facebook: Kristina Morris | Instagram: @swvamrc

Web: www.vdh.virginia.gov/swvamrc



Michael Magner

State VA MRC Volunteer Coordinator



Lara Cash

VA MRC Program Administrator

Email: vamrc@vdh.virginia.gov | Phone/Text: 757-297-0125

Facebook: Virginia Medical Reserve Corps

Instagram: @viriniamedicalreservecorps

Web: vamrc.org



The Board of Directors of the Friends of Southwest Virginia MRC, the Advisory Board of the SWVA MRC and the Unit Leadership, hope you enjoy this trip down “Memory Lane”. It was so much fun to travel back in time and see what all the wonderful volunteers have done since those first orientations in November 2004. Thanks to each and every volunteer for each and every hour of YOUR time given in service to your community and the public health community.

A very special thank you to the following volunteers who completed the new volunteer orientation in November 2004 and are still committed to the SWVA MRC:

Susan Austin - Smyth County

Julia Banks - Carroll County

Jim Bangle - Smyth County

RandyAnn Davis - Tazewell County

Phil Ernst - Washington County

Donna Helton - Russell County

Donna Isaacs - Russell County

Paige Lucas - Tazewell County

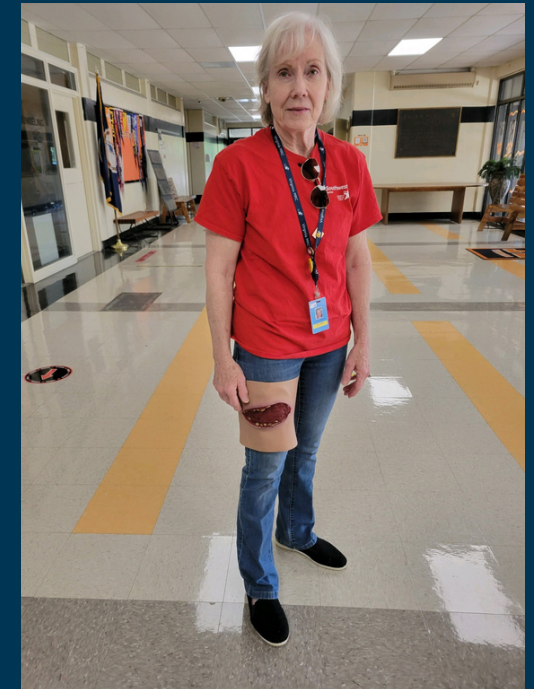
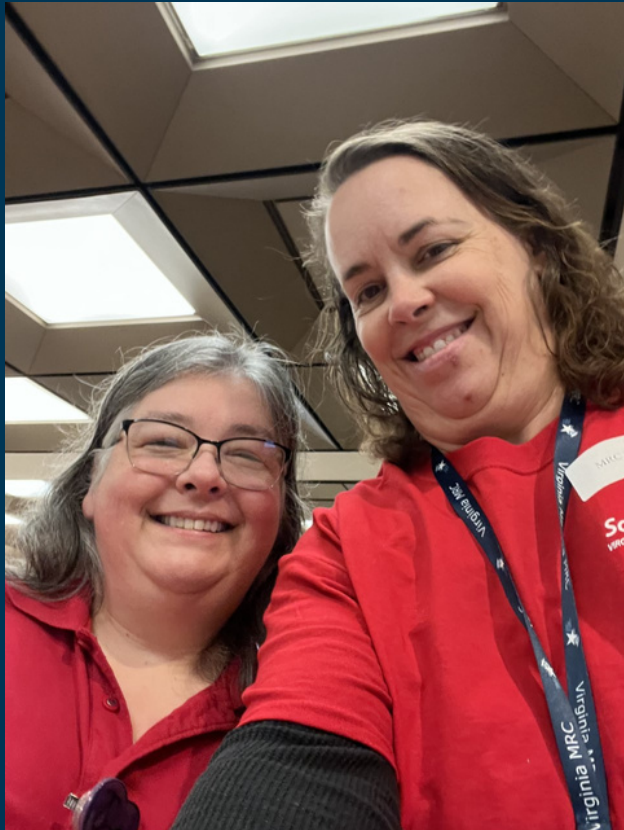
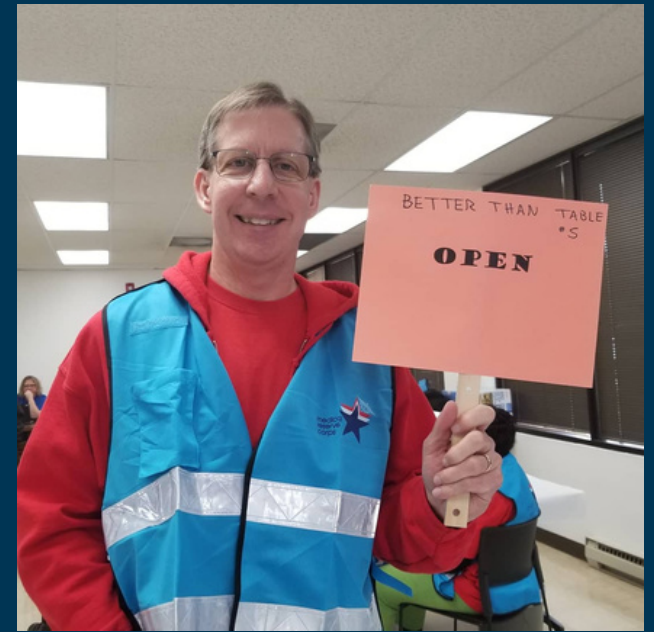
Paul Phillips - Russell County

Lona Roberts - Wise County

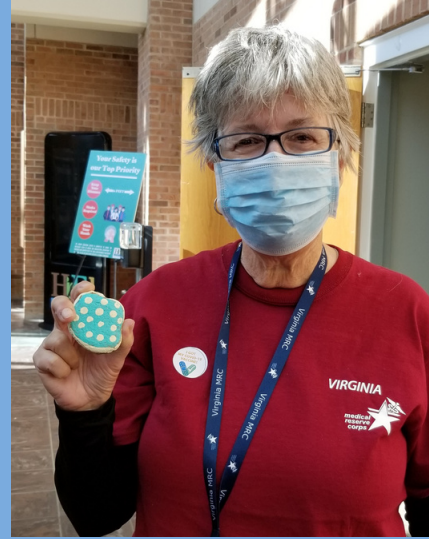
Robin Small - Washington County

Jim Suhrbier - Washington County





#MRC ROCKS



Southwest

VIRGINIA

*medical
reserve
corps*

