

Dofficer Checklist for Community Testing events

Adapted from Long Term Care Facility check list

Donning

1. Gown, mask, face shield or goggles, gloves, hand hygiene station, head cover, and trash bin are all available.
2. Donning will occur outside patient area.
3. Remove any unnecessary jewelry and cell phone.
4. Tie up and/or cover long hair.
5. Shave off facial hair to ensure a good mask seal.
6. Hand hygiene for 20 seconds.
7. Don 1st pair of gloves
8. Check gown for defects. No Defects. Don gown; ***extends over 1st pair of gloves***. No skin showing.
9. Don face mask. Top strap to crown of head. Bottom strap to back of neck.
10. Mold mask to the face. Starting at the nose.
11. Check for a good seal by exhaling and feeling for leaks.
12. Don face shield or goggles.
13. Don 2nd pair of gloves. ***Ensure that they are pulled above the cuff of the sleeve.***
14. Ready to enter patient care area.

Doffing

1. Begin Process in decontamination area.
2. Hand hygiene of gloves on for 20 seconds.
3. Doff gown. Rip off at shoulders and waist if disposable. Untie if necessary.
4. Remove gown inside out and roll off over hands until the outer gloves can be removed inside out.
5. Ball up gown and outer gloves and place them in the trash bin.
6. Hand Hygiene for 20 seconds on "inner" gloves.
7. Remove face shield or goggles.
8. Hand Hygiene for 20 seconds on "inner" gloves.
9. Leave decontamination area.
10. Hand Hygiene for 20 seconds on "inner" gloves.
11. Remove Mask: lean forward, pull bottom strap over the head, release, pull upper strap over the head, drop mask into trash bin.
12. Remove head covering if used.
13. Remove "inner" gloves; use technique to avoid touching skin surface
14. Hand Hygiene for 20 seconds.
15. Use sink with soap and water to scrub hands and arms up to elbows.

Note: if break for restroom, fluids or food must Don and Doff per above