
Virginia COVID-19 Briefing

January 14, 2022



**VIRGINIA'S
HEALTH
IS IN OUR
HANDS.**

Do your part,
stop the spread.

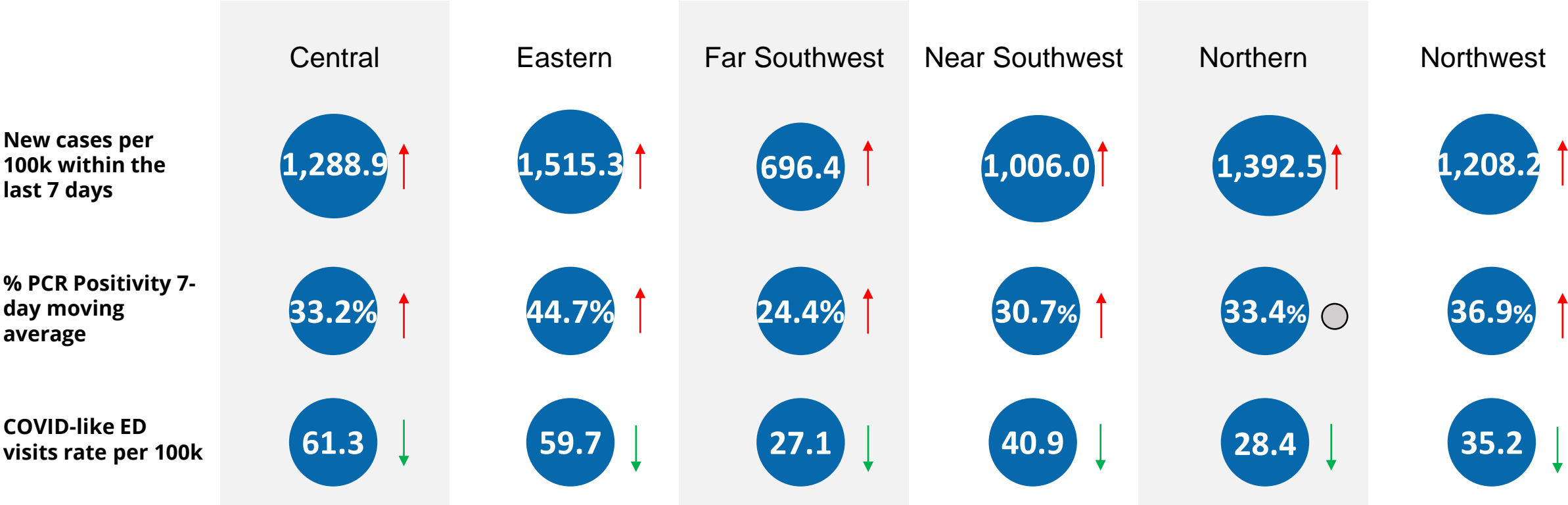
U.S. Trends (comparison to last week)

- Rate of cases in the last 7 days increased to **1,583.5 (+35.3%)**
- New COVID-19 hospitalizations in the last 7 days increased to **19,768 (+32.5%)**
- Rate of deaths in the last 7 days increased to **3.4 (+36%)**

Virginia Trends (comparison to last week)

- Rate of cases in the last 7 days increased to **1,397.2 (+19.8%)**
- Number of daily cases increased to **18,338 (+29%)**
 - 397% higher than September 2021 peak
- Daily number of COVID patients hospitalized increased to **3,554 (+43%)**
 - 13% higher than January 2021
- Daily number of deaths increased to **17 (+89%)**
- Number of tests (PCR + antigen) per day = **53,559** as of 1/8/22
- 7-day PCR positivity increased to **35.8% (+5.6%)**
 - 62% of localities above 30% (7-day period from 12/26 - 1/1)
 - 17% above 40%
 - 3% above 50%

Metrics date: 1/9/2022



Burden	Level 0	Level 1	Level 2	Level 3	Level 4
New Cases	<10	10-49		50-100	>100
% Positivity	<3	3-5	5-8	8-10	>10
CLI ED Visits	<4		4-5.9		≥6

Symbol	Trend
↑	Increasing
↓	Decreasing
○	Fluctuating

Please note: the methods used this week have changed slightly; data is now compared from Sunday to Sunday instead of Wednesday to Wednesday

Source: [Region Metrics - Coronavirus](#)
 *Data represents a 7-day moving average, trends compared to 1 week ago comparing end of week totals from Sunday to Sunday

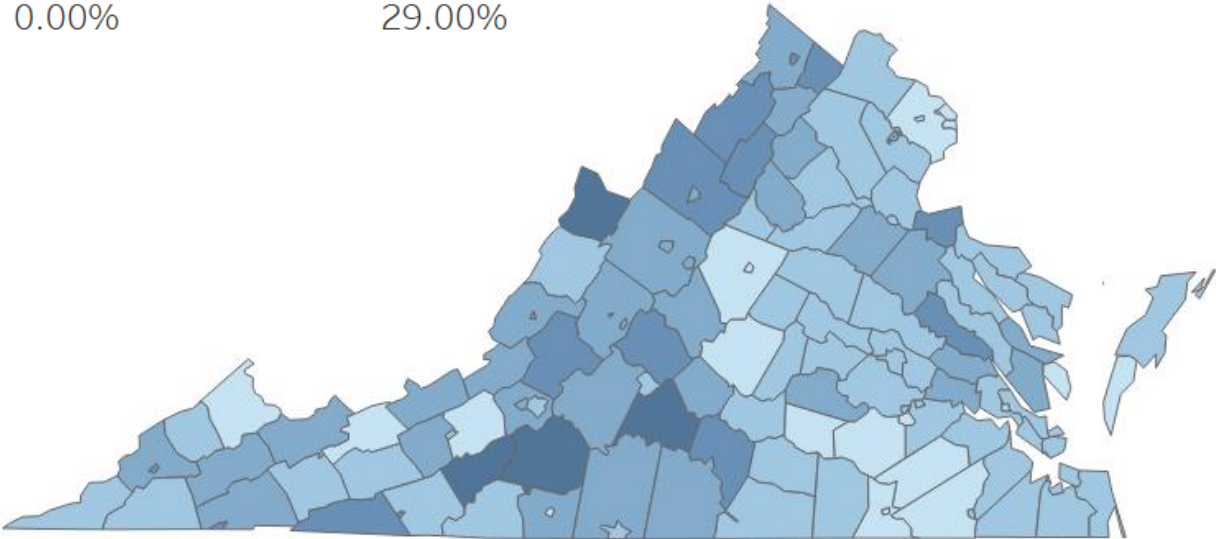
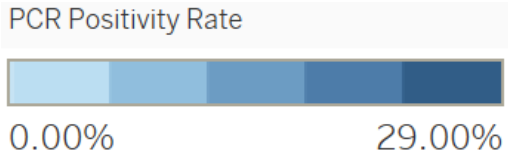
COVID-19 Percent Positivity by Locality

Updated 1/7/22

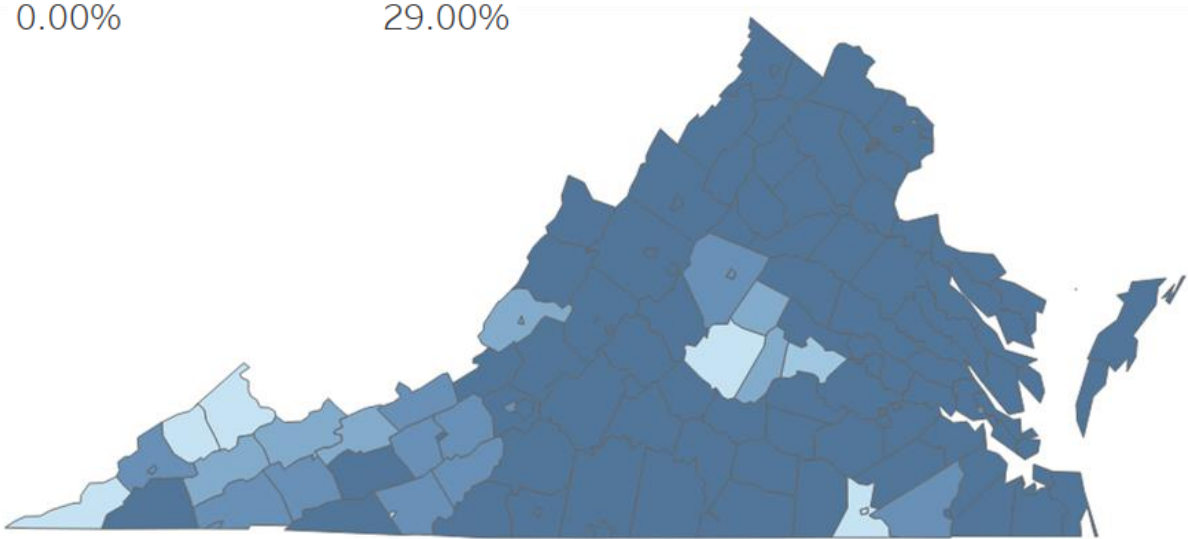
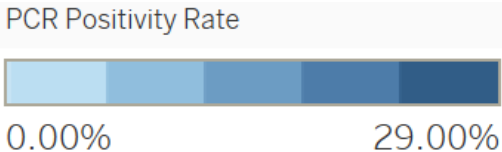
Average: 31.6%
Minimum: 10.2% (Emporia)
Maximum: 66.7% (Martinsville)

PCR Positivity Rate for 7-Day Period

12/05/2021 - 12/11/2021



12/26/2021 - 1/1/2022



Data source: The internal COVID-19 Locality Dashboard, accessed from this link: <https://dataviz.vdh.virginia.gov/#/views/COVID-19LocalityDashboardinternal/Labpercentpositivitybyweek?iid=5>.

Updated CDC
Isolation & Quarantine
Guidance for the General Public

Who needs to stay home if they test positive or are diagnosed with COVID-19?

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until your fever resolves.

Who needs to stay home if they have close contact with someone with COVID-19?

IF YOU
Were exposed
to COVID-19
and are NOT
up-to-date on
COVID-19
vaccinations

Quarantine for at least 5 days

Stay home

Stay home and quarantine for at least 5 full days.

Wear a well-fitted mask if you must be around others in your home.

Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.

After quarantine

Watch for symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

If you develop symptoms

Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

Take precautions until day 10

Wear a mask

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Avoid travel

Avoid being around people who are at high risk

**IF YOU
Were exposed
to COVID-19
and are [up-to-
date](#) on COVID-
19 vaccinations**

No quarantine

You do not need to stay home **unless** you develop symptoms.

Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.

**IF YOU
were exposed
to COVID-19
and
had confirmed
COVID-19
within the past
90 days (you
tested positive
using a viral
test)**

No quarantine

You do not need to stay home **unless** you develop symptoms.

Watch for symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

If you develop symptoms

[Isolate](#) immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

Take precautions until day 10

Wear a mask

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Avoid travel

Avoid being around people who are at high risk

Updated CDC
Isolation & Quarantine
Guidance for Healthcare Workers

Work Restrictions for HCP With SARS-CoV-2 Infection and Exposures

HCP are considered “boosted” if they have received all COVID-19 vaccine doses, including a booster dose, as recommended by CDC. HCP are considered “vaccinated” or “unvaccinated” if they have NOT received all COVID-19 vaccine doses, including a booster dose, as recommended by CDC.

For more details, including recommendations for healthcare personnel who are immunocompromised, refer to Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 (conventional standards) and Strategies to Mitigate Healthcare Personnel Staffing Shortages (contingency and crisis standards).

Work Restrictions for HCP With SARS-CoV-2 Infection

Vaccination Status	Conventional	Contingency	Crisis
Boosted, Vaccinated, or Unvaccinated	10 days OR 7 days with negative test [†] , if asymptomatic or mildly symptomatic (with improving symptoms)	5 days with/without negative test, if asymptomatic or mildly symptomatic (with improving symptoms)	No work restriction, with prioritization considerations (e.g., asymptomatic or mildly symptomatic)

Work Restrictions for Asymptomatic HCP with Exposures

Vaccination Status	Conventional	Contingency	Crisis
Boosted	No work restrictions, with negative test on days 2 [‡] and 5–7	No work restrictions	No work restrictions
Vaccinated or Unvaccinated, even if within 90 days of prior infection	10 days OR 7 days with negative test	No work restriction with negative tests on days 1 [‡] , 2, 3, & 5–7	No work restrictions (test if possible)

[†]Negative test result within 48 hours before returning to work

[‡]For calculating day of test: 1) for those with infection consider day of symptom onset (or first positive test if asymptomatic) as day 0; 2) for those with exposure consider day of exposure as day 0

