Workplace Safety & Health Regulations

Workplace Safety & Health Laws

- Occupational Safety and Health Administration (OSHA)
 - Authorized to create, modify, or revoke safety and health standards
 - Issues rules and regulations governing workplaces
 - General Duty Clause
 - Employer workplace free from recognized hazards
 - Employee must follow all safety rules
- State plans must include public employees
 - Virginia is a "state plan" state

Virginia Department of Labor & Industry

- Virginia Occupational Safety and Health (VOSH)
 - Conducts inspections of workplaces
 - Responds to complaints from employees
 - Issues citations with civil penalties
 - Provides consultation services on safety & health
- Virginia Standards
 - 9 Unique Standards more strict than OSHA Standards
 - Administrative Regulation Manual (16 VAC 25-60)
 - §32.1–45.1 Deemed Consent

Incorporated & Consensus Standards

- Centers for Disease Control and Prevention
 CDC
- National Institute for Occupational Safety and Health
 NIOSH
- Food & Drug Administration
 •FDA
- American National Standards Institute
 ANSI
- National Fire Protection AssociationNFPA
- Environmental Protection Agency
 •EPA

Workplace Safety & Health Laws

- Employers must determine which OSHA standards apply to their workplace
- Employers must report certain serious workplace injuries and illnesses directly to VOSH/OSHA within a specified timeframe
 - Work–Related Fatality
 - Hospitalization of an employee for a work-related injury or illness
 - Amputation
 - Loss of an eye

Workplace Safety & Health Laws

- Employers are required to investigate and keep records of occupational injuries/illnesses
 - VDH Accident & Injury Investigation Report
 - WC's First Report of Injury (VWC Form–FROI)
 - Work-related injuries/illnesses are recorded on the OSHA 300 Log
 - Post the Summary of Work-Related Injuries and Illnesses (OSHA 300A)
 - Must be posted annually from February 1 April 30

OSHA's Form 300 (Rev. 01/2004)

Log of Work-Related Injuries and Illnesses

Attention: This form contains information relating to employee health and must be used in a manner that protects the confidentiality of employees to the extent possible while the information is being used for occupational safety and health purposes.



You must record information about every work-related injury or illness that involves loss of consciousness, restricted work activity or job transfer, days away from work, or medical treatment beyond first aid. You must also record significant work-related injuries and illnesses that are diagnosed by a physician or licensed health care professional. You must also record work-related injuries and illnesses that meet any of the specific recording oriteria islaed in 29 CFR 1904.8 through 1904.12. Feel free to use two lines for a single case if you need to. You must complete an injury and illness incident report (OSHA Form 301) or equivalent form for each injury or illness recorded on this form. If you're not sure whether a case is recordable, call your local OSHA office for habit.

Occupational Safety and Health Administration

Form approved 0MB no. 1218-0176

Establishment name

								City				State					
Ide	entify the person			Describe the	case	Class	ify the case	е									
(A) (B) Case Employee's Name No.		Welder) injury or Loading dock north end)	and object/substance that directly injured or made	CHECK ONLY ONE box for each case based on the most serious outcome for that case:				Enter the number of days the injured or ill worker was:		Check the "injury" column or choose one type o							
	-		illness (mo./day)		person ill (e.g. Second degree burns on right forearm from acetylene torch)	Death (G)	Days away from work	Remain Job transfer or restriction (I)	Other recordable cases	Away From Work (days)	On job transfer or restriction (days)	(±)	Skin Disorder	Respiratory Condition	Boisoning	G Hearing Loss	All other illnesse:
																(-)	
+																	
					Page totals	0	0	0	0	0	0	0	0	0	0	0	0
ersons are umber. If y	e instruction, search and gather not required to respond to the you have any comments about	r the data needed, and collection of informatio these estimates or any	complete and n unless it disp aspects of this	44 minutes per response, including time review the collection of information. lays a currently valid OMB control is data collection, contact. US Ave, NW, Washington, DC 20210. Do	Be sure to transfer these totals	to the	Summary	page (Form	300A) before	e you post	it.	Injury	Skin Disorder	Respiratory	Poisoning	Hearing Loss	All other illnesses
	completed forms to this office		JO Constitution	Ave, NW, Washington, DC 20210. Do					Page	1 of 1		(1)	(2)	(3)	(4)	(5)	(6)

OSHA's Form 300A (Rev. 01/2004) Summary of Work-Related Injuries and Illnesses



U.S. Department of Labor Occupational Safety and Health Administration

Form approved OMB no. 1218-0176

All establishments covered by Part 1904 must complete this Summary page, even if no injuries or illnesses occurred during the year. Remember to review the Log to verify that the entries are complete

Using the Log, count the individual entries you made for each category. Then write the totals below, making sure you've added the entries from every page of the log. If you had no cases write "0."

Employees former employees, and their representatives have the right to review the OSHA Form 300 in its entirety. They also have limited access to the OSHA Form 301 or its equivalent. See 29 CFR 1904.38, in OSHA's Recordkeeping rule, for further details on the access provisions for these forms.

Number of Cases			
Total number of deaths	Total number of cases with days away from work 0	Total number of cases with job transfer or restriction	Total number of other recordable cases
(G)	(H)	(1)	(J)
Number of Days			
Total number of days away from work		Total number of days of job transfer or restriction	
0 (K)	-	0 (L)	
Injury and Illness 1	Гуреѕ		
Total number of			
(1) Injury	0	(4) Poisoning	0
(2) Skin Disorder (3) Respiratory	0	(5) Hearing Loss	0
Condition	0	(6) All Other Illnesses	0

Post this Summary page from February 1 to April 30 of the year following the year covered by the form

Public reporting burden for this collection of information is estimated to average 58 minutes per response, including time to review the instruction, search and gather the data needed, and compile and review the collection of information. Persons are not required to respond to the collection of information unities: it displays a currently valid OMB control number. If you have any comments about these estimates or any aspects of this data collection, cortact: US Department of Labor, OSHA Office of Statistics, Room N-3644, 200 Constitution Ave, NW, Washington, DC 20210. Do not send the completed forms to this office.

Est	ablishment information								
	Your establishment name								
	Street								
	City State	Zip							
	Industry description (e.g., Manufacture of motor truck trailers)								
	Standard Industrial Classification (SIC), if known (e.g., SIC 3715)								
OR	North American Industrial Classification (NAICS), if known (e.g., 336212)								
Em	ployment information								
	Annual average number of employees Total hours worked by all employees last year								
Sig	n here								
	Knowingly falsifying this document may result in a fine.								
	I certify that I have examined this document and that to the best of my knowledge the entries are true, accurate, and complete.								
	Company executive	Title							
	Phone	Date							

What is an Accident?

- Unplanned and unwanted event
- Is controllable
- Stops the normal course of events
- Causes property damage and/or bodily harm





Why we Investigate?

- Identify the causes and hazards
 - Eliminate or reduce the hazard by taking corrective action
 - Recommend preventive actions (Safety Committees)
- Expose deficiencies in process and/or equipment.
- Maintain/Improve employee morale & Confidence
- Save \$
- The law requires an investigation of serious accidents

VDH Accident Investigation Form

VDH Accident & Injury Investigation Report Complete all sections within 24 hours of injury or illness.

Name:	DOB	:		□м	□F	□M □D	□s □w
(last, first, middle)				(Gend			Status)
Emp Home Address:					# 0	of dependents	_
Outside Employment? ☐Yes ☐No	VSDP?	□Yes	□No	State Health Insurance?	□Yes	□No Dat Provider:	e:
Job Title:	VDH Hire Date:			Hire date	e in curren	t job:	
Home/Cell Phone:	□Classified	□Ho	urly	Hours Worked:			
Work Phone:		nent Type	2	(Specify)	Dail	y	Weekly
Address Where Injury Occurred:							
Names of any witnesses ³ :				Person to whom report	ed:		
Date of Injury:	Time of Injury:			Date/Time Report	ed:		
Describe fully how injury or illness occurred:	Time began work:						
Describe nature of injury or illness, including i	njuries, parts of body affecte	d and if m	achine, too	ol or object caused injury	or illness:		

VDH Accident Investigation Form

(continued)

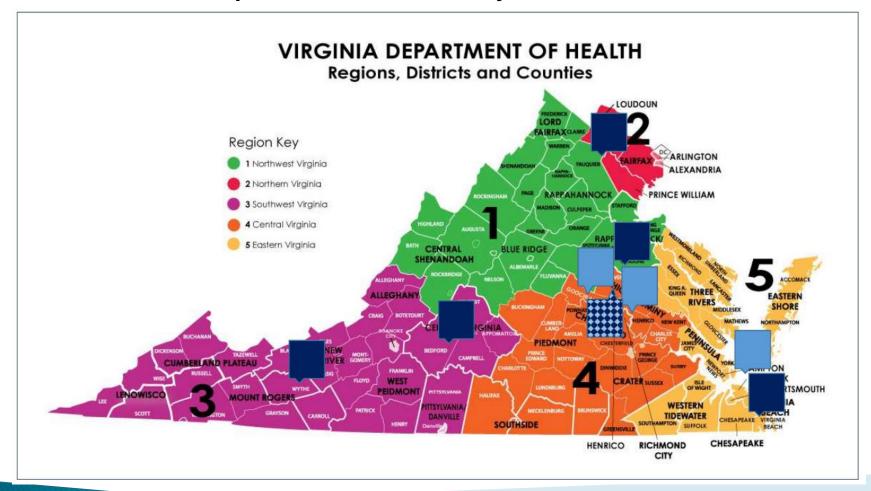
	something other tha	in required duties a	t the time of	the accident?	□Yes	□No	If "yes," pl	ease explain:	
When did you first learn o	f accident/illness?	Address where an	cident/illnes	s occurred (if di	ifferent tha	n one abo	ove):		
Did accident/illness occur Initial Medical Treatment: ☐Onsite First Aid	■No Medical Treat	ment	Ň		esponsible			□Yes □No	
□Clinic/Urgent Care Was employee offered a p physicians? □Yes □N If medical attention was p	anel of	Was employee pa	aid in full for [Yes □No	ness? W	as emplo	yee paid in	full for day of incapad Yes □No	ity?
Describe any UNSAFE ad	ts and conditions:								
Based on your investigation	on, what was the ca	use of the accident	? (Give deta	ils and attach a	dditional si	heet(s) ar	nd photograp	ohs if necessary)	
	ave been prevented	? (i.e., protective e	quipment wo	m, equipment r	repaired, p	rocedure	changed, et	c.)	
How could this accident h									
	been taken to prev							les removed, etc.)	
What corrective action has	been taken to prev								

Workplace Hazards

Employers must control workplace hazards:

- Engineering Controls
 - Design (guards, insulation, etc.)
 - Enclose or Isolate the Process
 - Substitutions (less hazardous substance)
- Administrative Controls
 - Job Rotation
 - Adjust Methods
- Personal Protective Equipment (PPE)
 - Considered last as a control choice

Occupational Health & Safety Team Locations



VDH Occupational Health & Safety Team Emergency Preparedness Summit September 28, 2022

Occupational Health & Safety Team Contacts

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VDH Occupational Health & Safety Team Emergency Preparedness Summit September 28, 2022

Questions?