

How to Keep Work Clean and Safe

Help protect yourself, your coworkers, and your family.



Clean and disinfect things you touch a lot (like tables, door knobs, and restrooms) at least every 2 hours.



Clean shared tools and equipment with disinfectant before and after use.



Take breaks to wash hands with soap and water, or alcohol-based hand sanitizers, many times a day.



Wear a face mask at all times.



**VIRGINIA'S HEALTH
IS IN OUR HANDS.**

Do your part, stop the spread.

VDH VIRGINIA
DEPARTMENT
OF HEALTH

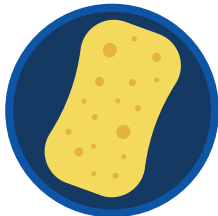


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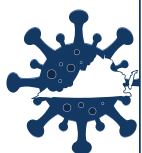
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