Weekly COVID-19 Update

February 2, 2021

WHAT'S NEW THIS WEEK

COVID-19 Vaccine Information

This week we continued our efforts to vaccinate those in 1a and we began vaccinating some groups in phase 1b. Information about the COVID-19 vaccine is changing rapidly and we will keep you up-to-date with the information we have. Stay informed:

- **Understanding our vaccine supply:** There are over **300,000 people** living in our health district and approximately **150,000** who are currently eligible to receive the vaccine. Our estimated weekly allocation of vaccine to our area over the coming weeks will be approximately **3,400 COVID-19 vaccine doses** - this includes the doses sent to our healthcare partners. We are working on an equitable plan to distribute this vaccine. **Currently, the demand for vaccine in our health district greatly exceeds our supply.** This comes as a result of a limited supply coming from the federal level to the Virginia Department of Health who then allocates to our health district. Since our supply is limited, we are focusing on vaccinating the following groups:
    - Phase 1a
    - Police, fire, and hazmat
    - Homeless shelters and corrections
    - K-12 teachers and staff
    - Ages 65+
- We are publishing our daily vaccine numbers on Facebook and on our website. These numbers only reflect COVID-19 vaccinations performed by the Central Shenandoah Health District and are not a reflection of total COVID-19 vaccines given within the health district and are approximate as of date received. For total COVID-19 vaccine distribution numbers, please visit the VDH COVID-19 Vaccine Dashboard. Below are the number of people vaccinated by the health department:
    - Week of December 20th: 200
    - Week of December 27th: 430
    - Week of January 3rd: 570
    - Week of January 10th: 1,220
    - Week of January 17th: 2,450
    - Week of January 25th: 4,170
- Actions to take (these have not changed from last week):
    - **If you are aged 65 and up and want to sign up for the COVID-19 vaccine,** please fill out this Request for Individual Vaccination Survey. Please note that by completing this survey, your name will be added to a waitlist to receive notification when a COVID-19 vaccine is available to you and provide you with information on how to register.
    - **If you are an employer or organization of essential workers in Phase 1a or Phase 1b,** please fill out this Vaccine Clinic for Employers Survey.
    - **If you are a individual who is part of an essential worker organization included in Phase 1a or Phase 1b**, please speak with your supervisor about being included in their roster for vaccination purposes.
    - **If you are an essential worker in private practice included in Phase 1a or Phase 1b,** please fill out this Request for Individual Vaccination Survey.
    - **If you are age 16-64 years old with certain conditions or disabilities that increase your risk of severe illness from COVID-19**, please sign up for our COVID-19 Vaccine Update. We will use this update to notify you when we start to vaccinate this group. If you are unsure if you are eligible for Phase 1b under this category, please complete this VDH Eligibility Tool.
    - **If you are none of the above or in Phase 1c,** and want to receive updates about the Central

Shenandoah Health Districts vaccine distribution efforts, please sign up for our COVID-19 Vaccine Update. You can find information about who is included in Phase 1 here.

- **VDH COVID-19 Vaccine Ambassadors:** VDH is kicking off a grassroots effort to build a network of volunteer Community Ambassadors, and they need your help to get this idea off the ground. to learn more, click here.

District COVID-19 Activity

Cases have been decreasing in our region (Northwest) for the last 12 days and cases are considered to be fluctuating. Even though cases are decreasing, it does not mean that COVID-19 isn't in our community. It is still important to take preventative measures. You can explore individual locality metrics here. To learn more about the VDH Pandemic Metrics, click here.

New Positive COVID-19 Test Text Message Service

Virginia is making the process easier for people to be notified of positive COVID-19 test results — and anonymously share those results with others who may have been exposed. These texts, which are automatically triggered when VDH receives any positive COVID-19 lab result registered with a valid mobile phone number, will provide rapid notification and encourage anyone who has tested positive for COVID-19 to stay home and away from other people. The texts will come from 804-336-3915 and will only be sent between 8 a.m. and 8 p.m. The messaging, which is also available in Spanish, will then provide a link to the new COVIDWISE Verification Code Portal.
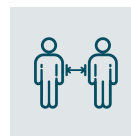
For more information, click here.

PREVENTION REMINDERS

The COVID-19 vaccine is here, but we still need to focus on flattening the curve.

Watch your distance | Wash your hands | Wear a mask

- All people in Virginia should **stay home as much as possible** and **practice social distancing** to reduce the risk of being exposed to COVID-19.
- **Wear a face mask to protect yourself** from COVID-19.
- **Get your flu shot:** it is not too late to get your flu shot to protect you from the seasonal influenza.
- **Download** COVIDWISE, Virginia's free exposure notification app.
- **Answer the call!** If a Case Investigator or Contact Tracer calls you, you should answer the call. Talking to the health department is an important step in slowing the spread of COVID-19.
- **Who is in your Social Bubble or Pod**? As COVID-19 continues to spread in our community, it is important to think about who is in your social bubble and who might be in their bubble. Check out this new VDH document for more information.

COVID-19 HEALTH EDUCATION

CSHD Office Hours

Do you have questions about the COVID-19 vaccine and vaccination efforts in our district? Join us for our twice weekly office hours! Please share with your community.

NEW We are now offering Spanish language office hours!
- Every Monday from 6:00pm-6:45pm
- Every Wednesday from 6:00pm-6:45pm

English office hours:
- Every Monday from 7:00pm-7:45pm
- Every Wednesday from 7:00pm-7:45pm

Dial **1-844-992-4726** and enter the access code **132 173 5589** when prompted. When asked for attendee ID, press #. To unmute yourself during the call press *6.

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found here. Note: The daily case count only reflects the cases reported 2/1/2021. For daily case counts throughout the week, please visit the VDH website.

	Daily case count*	New cases, 7-day avg	Total cases	Total hospitalizations	Total deaths
Augusta	19	21	4,773	118	48
Staunton City	8	9	2,216	63	52
Waynesboro City	21	17	1,876	56	25
Rockbridge	2	10	1,074	37	29
Lexington City	3	4	812	19	18
Buena Vista City	0	8	748	18	12
Rockingham	28	34	5,565	281	74
Harrisonburg City	27	24	5,332	150	61
Bath	0	0	240	5	8
Highland	2	1	83	1	0
Totals	**110**	**127**	**22,719**	**748**	**327**

*As of 10:00am on 2/1

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