CENTRAL SHENANDOAH HEALTH DISTRICT
Weekly COVID-19 Update

February 8, 2021

WHAT'S NEW THIS WEEK

COVID-19 Vaccine Information

This week we continued our efforts to vaccinate those in Phase 1a and Phase 1b. Information about the COVID-19 vaccine is changing rapidly and we will keep you up-to-date with the information we have.

- **Understanding our vaccine supply:** This is the same message from previous weeks. There are over **300,000 people** living in our health district and approximately **150,000** who are currently eligible to receive the vaccine. Our estimated weekly allocation of vaccine to our area over the coming weeks will be approximately **3,400 COVID-19 vaccine doses** - this includes the doses sent to our healthcare partners. We are working on an equitable plan to distribute this vaccine. **Currently, the demand for vaccine in our health district greatly exceeds our supply.** This comes as a result of a limited supply coming from the federal level to the Virginia Department of Health who then allocates to our health district. Since our supply is limited, we are focusing on vaccinating the following groups:
  - Phase 1a
  - Police, fire, and hazmat
  - Homeless shelters and corrections
  - K-12 teachers and staff
  - Ages 65+
- We are publishing our daily vaccine numbers on Facebook and on our website. These numbers only reflect COVID-19 vaccinations performed by the Central Shenandoah Health District and are not a reflection of total COVID-19 vaccines given within the health district and are approximate as of date received. For total COVID-19 vaccine distribution numbers, please visit the VDH COVID-19 Vaccine Dashboard. Below are the number of people vaccinated by the health department:
  - Week of December 20th: 200
  - Week of December 27th: 430
  - Week of January 3rd: 570
  - Week of January 10th: 1,220
  - Week of January 17th: 2,450
  - Week of January 25th: 4,170
  - Week of February 1st: 4,070
- ***New* Spanish language website and surveys:** We now have a Spanish language COVID-19 vaccine website and Spanish language surveys.
  - **If you are aged 65 and up or age 16-64 years old with certain conditions or disabilities that increase your risk of severe illness from COVID-19** and want to sign up for the COVID-19 vaccine, please fill out this Request for Individual Vaccination Survey (Solicitud para la Encuesta individual para vacunación)
  - **If you are none of the above or in Phase 1c** and want to receive updates about the Central Shenandoah Health Districts vaccine distribution efforts, please sign up for our COVID-19 Vaccine Update (Actualizaciones de la Vacuna COVID-19)
- **Actions to take (the action changed on 2/2 is highlighted):**
  - **If you are aged 65 and up and want to sign up for the COVID-19 vaccine** please fill out this Request for Individual Vaccination Survey. Please note that by completing this survey, your name will be added to a waitlist to receive notification when a COVID-19 vaccine is available to you and provide you with information on how to register.

- **If you are age 16-64 years old with certain conditions or disabilities that increase your risk of severe illness from COVID-19**, please fill out this Request for Individual Vaccination Survey. Please note that by completing this survey, your name will be added to a waitlist to receive notification when a COVID-19 vaccine is available to you and provide you with information on how to register.
- **If you are an employer or organization of essential workers in Phase 1a or Phase 1b**please fill out this Vaccine Clinic for Employers Survey.
- **If you are a individual who is part of an essential worker organization included in Phase 1a or Phase 1b**, please speak with your supervisor about being included in their roster for vaccination purposes.
- **If you are an essential worker in private practice included in Phase 1a or Phase 1b**please fill out this Request for Individual Vaccination Survey.
- **If you are none of the above or in Phase 1c**and want to receive updates about the Central Shenandoah Health Districts vaccine distribution efforts, please sign up for our COVID-19 Vaccine Update. You can find information about who is included in Phase 1c here.

- **Inclement Weather:** In the case of inclement weather, we will send out an email notification through PrepMod that your appointment has been postponed. We will also use PrepMod to send further instructions.

District COVID-19 Activity

Cases have been decreasing in our region (Northwest) for the last 23 days and cases are considered to be decreasing. Even though cases are decreasing, it does not mean that COVID-19 isn't in our community. It is still important to take preventative measures. You can explore individual locality metrics here. To learn more about the VDH Pandemic Metrics, click here.

New COVID-19 Strains

The new COVID-19 strains that have appeared in the United Kingdom (U.K.) and South Africa seem to spread more easily and quickly than other strains. Scientists are investigating whether these variants cause more severe illness than others.

The U.K. strain has been identified in many U.S. states,including Virginia. The South Africa strain has also been identified in several U.S. states, including Virginia. VDH continues to work with laboratory partners to study new viral strains and ensure the new strains are detected with the available tests. Most PCR tests will still detect the virus, even if there is a mutation.

With the threat of these new strains spreading, it is important now more than ever to wear a mask correctly, stay at least six feet from others, avoid crowds, wash your hands often, and get vaccinated for COVID-19 when it is your turn.

For more information, visit the Virginia Department of Health website.

PREVENTION REMINDERS

The COVID-19 vaccine is here, but we still need to focus on flattening the curve.

Watch your distance | Wash your hands | Wear a mask

- All people in Virginia should **stay home as much as possible** and **practice social distancing** to reduce the risk of being exposed to COVID-19.
- **Wear a face mask to protect yourself** from COVID-19.
- **Get your flu shot:** it is not too late to get your flu shot to protect you from the seasonal influenza.
- **Download** COVIDWISE, Virginia's free exposure notification app.
- **Answer the call!** If a Case Investigator or Contact Tracer calls you, you should answer the call. Talking to the health department is an important step in slowing the spread of COVID-19.
- **Who is in your Social Bubble or Pod**? As COVID-19 continues to spread in our community, it is important to think about who is in your social bubble and who might be in their bubble. Check out this new VDH document for more information.

COVID IS HERE.
DRESS APPROPRIATELY.

vdh.virginia.gov

VDH VIRGINIA DEPARTMENT OF HEALTH

COVID-19 TESTING

We will be offering COVID-19 testing this week at Hillandale Park on Tuesday, February 9th from 8:00am-10:00am for those with symptoms of COVID-19 and/or those who were in close contact with someone who has COVID-19. Appointments are not required.

FREE COVID-19 TESTING

The Central Shenandoah Health District is offering **free drive thru COVID-19 testing** for those:
- With COVID-19 symptoms **and/or**
- Who were in close contact with someone who has COVID-19. **Registration is not required.**

Hillandale Park
Tuesday, February 9th | 8:00am-10:00am
801 Hillandale Ave | Harrisonburg, VA 22801

QUESTIONS? Call your local health department!

Pruebas Gratuitas de COVID-19

El departamento de salud ofrece **pruebas gratuitas de COVID-19 auto-servicio**. Pruebas para aquellos:
- Con síntomas de Covid-19 **y/o**
- Contactos cercanos a un caso confirmado de Covid-19. **No se requiere cita.**

Hillandale Park
Martes el 9 de febrero | 8:00am-10:00am
801 Hillandale Ave | Harrisonburg, VA 22801

Preguntas? Llame el departamento de salud!

COVID-19 HEALTH EDUCATION

CSHD Office Hours

Do you have questions about the COVID-19 vaccine and vaccination efforts in our district? Join us for our twice weekly office hours! Please share with your community.
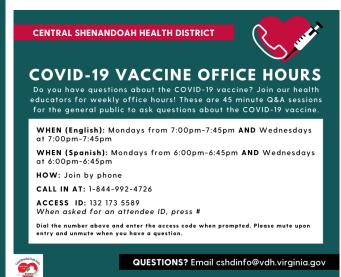
NEW We are now offering Spanish language office hours!
- Every Monday from 6:00pm-6:45pm
- Every Wednesday from 6:00pm-6:45pm

English office hours:
- Every Monday from 7:00pm-7:45pm
- Every Wednesday from 7:00pm-7:45pm

Dial **1-844-992-4726** and enter the access code **132 173 5589** when prompted. When asked for attendee ID, press #. To unmute yourself during the call press *6.

CENTRAL SHENANDOAH HEALTH DISTRICT

COVID-19 VACCINE OFFICE HOURS

Do you have questions about the COVID-19 vaccine? Join our health educators for weekly office hours! These are 45 minute Q&A sessions for the general public to ask questions about the COVID-19 vaccine.

WHEN (English): Mondays from 7:00pm-7:45pm **AND** Wednesdays at 7:00pm-7:45pm

WHEN (Spanish): Mondays from 6:00pm-6:45pm **AND** Wednesdays at 6:00pm-6:45pm

HOW: Join by phone

CALL IN AT: 1-844-992-4726

ACCESS ID: 132 173 5589
When asked for an attendee ID, press #

Dial the number above and enter the access code when prompted. Please mute upon entry and unmute when you have a question.

QUESTIONS? Email cshdinfo@vdh.virginia.gov

CENTRAL SHENANDOAH HEALTH DISTRICT

HORAS DE OFICINA PARA EL TEMA DE LA VACUNA DEL COVID-19

¿Tiene preguntas sobre la vacuna del COVID-19? ¡Únase a nuestros educadores de salud en el horario de oficina semanal! Estas son sesiones de 45 minutos para preguntas y respuestas abierto al público en general para que hagan preguntas sobre la vacuna del COVID-19.

Cuando (Español): Lunes a las 6:00pm-6:45pm y los miércoles a las 6:00pm-6:45pm

Cuando (Inglés): Lunes a las 7:00pm-7:45pm y los miércoles a las 7:00pm-7:45pm

Como: Únase por teléfono

Llame a: 1-844-992-4726

Numero de Acceso: 132 173 5589
Cuando se le solicite el número de asistente, presione #

Marque el número de teléfono de arriba e ingrese el código de acceso cuando se le solicite. Por favor silenciar al ingresar y quite el silencio del teléfono cuando tenga una pregunta.

¿Preguntas? Escriba al correo electrónico cshdinfo@vdh.virginia.gov

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found here. Note: The daily case count only reflects the

cases reported 2/8/2021. For daily case counts throughout the week, please visit the VDH [website](#).

	Daily case count*	New cases, 7-day avg	Total cases	Total hospitalizations	Total deaths
Augusta	34	23	4,931	124	50
Staunton City	13	10	2,288	66	56
Waynesboro City	14	14	1,976	63	27
Rockbridge	5	8	1,130	39	29
Lexington City	15	11	889	19	18
Buena Vista City	3	6	788	18	12
Rockingham	28	25	5,740	295	76
Harrisonburg City	16	18	5,459	154	65
Bath	0	1	245	6	8
Highland	0	0	86	1	0
Totals	128	116	23,532	785	341

*As of 10:00am on 2/8

If this email was forwarded to you and you want to receive this information from the health department, you can subscribe to receive our weekly email by clicking the button below!

Subscribe
here!

The PDF version of this newsletter can be found on our [website](#).

FOR MORE INFORMATION ABOUT COVID-19, VISIT:
https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/