WHAT'S NEW THIS WEEK

COVID-19 Vaccine Information

Virginia Statewide COVID-19 Vaccine Pre-Registration System: Virginia launched a statewide vaccine pre-registration system today, Tuesday, February 16th. All Virginians, regardless of phase phase eligibility, can pre-register for the COVID-19 vaccine at vaccinate.virginia.gov.

- **Note:** If you completed the CSHD "Request for Individual Vaccine Survey, "COVID-19 Vaccine General Vaccine Information Survey," "Solicitud para Vacunación Individual," "Formulario de encuesta del COVID-19 para el público en general," or you called the health department and gave your information via phone, your information has been transferred to the new system. You can check that your information is in the system by going to vaccinate.virginia.gov and selecting "Check the List."
- **Who should pre-register?** Anyone interested in getting the COVID-19 vaccine. The Central Shenandoah Health District is currently focusing vaccination efforts on certain groups in Phase 1b, and it may be awhile before everyone has access to a COVID-19 vaccine. That being said, it is a good idea to get pre-registered now!
- **Do I need to pre-register on vaccinate.virginia.gov if I already signed up for the CSHD waitlist?** All individuals who have previously filled out a survey or form or signed up for a waitlist to be vaccinated through their local health district will be automatically imported into the new statewide system. Individuals will maintain their current status in the queue, and will be able to search that they are in the new system. Visit vaccinate.virginia.gov and select "Check the List" to see if you are pre-registered.
- **What happens if I can't find my name on the State Vaccine Pre-Registration site?** First, try looking up your information using different contact information (phone, emails, etc.). If you have multiple emails, try inputting your different emails. If that does not work, try looking yourself up using your phone number(s). Lastly, if you still can't find your name, you may pre-register again on this system.

CSHD Vaccination Numbers: We are publishing our daily vaccination numbers on Facebook and on our website. These numbers only reflect COVID-19 vaccinations performed by the Central Shenandoah Health District and are not a reflection of total COVID-19 vaccines given within the health district and are approximate as of date received. For total COVID-19 vaccine distribution numbers, please visit the VDH COVID-19 Vaccine Dashboard.

Inclement Weather: In the case of inclement weather, we will send out an email notification that your appointment has been postponed.

New CDC Quarantine Guidelines

The CDC updated their quarantine guidelines for those who are fully vaccinated. People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been fully vaccinated against the disease within the last three months and show no symptoms. More information can be found here.

New CDC Mask Recommendations

The CDC added recommendations to improve how your mask protects you. This includes information on adding layers of protection, including "Double Masking." For more information on masks, visit the CDC's website.

District COVID-19 Activity

Cases have been decreasing in our region (Northwest) for the last 31 days and cases are considered to be decreasing. Even though cases are decreasing, it does not mean that COVID-19 isn't in our community. It is still important to take preventative measures. You can explore individual locality metrics here. To learn more about the VDH Pandemic Metrics, click here.

The COVID-19 vaccine is here, but we still need to focus on flattening the curve.

Watch your distance | Wash your hands | Wear a mask

- All people in Virginia should **stay home as much as possible** and **practice social distancing** to reduce the risk of being exposed to COVID-19.
- **Wear a face mask to protect yourself** from COVID-19.
- **Get your flu shot:** it is not too late to get your flu shot to protect you from the seasonal influenza.
- **Download** COVIDWISE, Virginia's free exposure notification app.
- **Answer the call!** If a Case Investigator or Contact Tracer calls you, you should answer the call. Talking to the health department is an important step in slowing the spread of COVID-19.
- **Who is in your Social Bubble or Pod**? As COVID-19 continues to spread in our community, it is important to think about who is in your social bubble and who might be in their bubble. Check out this VDH document for more information.

COVID-19 HEALTH EDUCATION

CSHD Office Hours

Do you have questions about the COVID-19 vaccine and vaccination efforts in our district? Join us for our twice weekly office hours! Please share with your community.
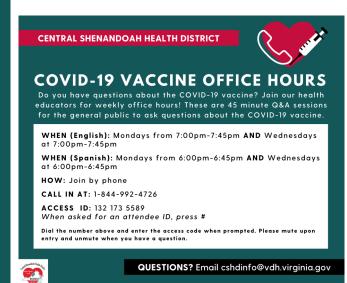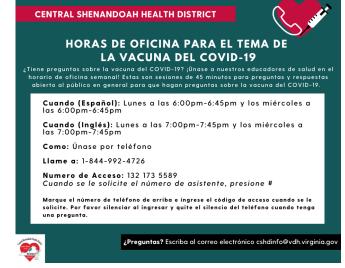
Spanish language office hours:
- Every Monday from 6:00pm-6:45pm
- Every Wednesday from 6:00pm-6:45pm

English language office hours:
- Every Monday from 7:00pm-7:45pm
- Every Wednesday from 7:00pm-7:45pm

Dial **1-844-992-4726** and enter the access code **132 173 5589** when prompted. When asked for attendee ID, press #. To unmute yourself during the call press *6.

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found here. Note: The daily case count only reflects the cases reported 2/16/2021. For daily case counts throughout the week, please visit the VDH website.

	Daily case count*	New cases, 7-day avg	Total cases	Total hospitalizations	Total deaths
Augusta	6	15	5,070	140	53
Staunton City	3	8	2,351	73	57
Waynesboro City	7	10	2,062	65	27
Rockbridge	4	12	1,223	40	29
Lexington City	19	16	1021	19	18
Buena Vista City	2	2	804	18	12
Rockingham	23	22	5,918	298	76
Harrisonburg City	13	14	5,585	155	68
Bath	0	0	244	5	8
Highland	0	0	87	1	0
Totals	76	100	24,365	814	348

*As of 10:00am on 2/16

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