CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 UPDATE & CLINIC INFORMATION

AUGUST 13, 2021

Check out the upcoming clinics throughout the Central Shenandoah Health District below!

LEXINGTON - ROCKBRIDGE - BUENA VISTA
COVID-19 CLINICS

Monday, August 16
- **Raphine Medical Center, 9:00 am - 2:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 18+).
  - Partner: Raphine Medical Associates

Tuesday, August 17
- **Rockbridge Area Health Center Office, 9:00 am - 3:45 pm**
  - Moderna (Ages 18+)
  - Partner: Rockbridge Area Health Center
  - Call (540) 464-8700 to schedule an appointment, same-day appointments available
- **Lexington Health Department, 10:00 am - 6:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
  - Partner: Central Shenandoah Health District
- **Raphine Medical Center, 1:00 pm - 5:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
  - Partner: Raphine Medical Associates

Wednesday, August 18
- **Raphine Medical Center, 1:00 pm - 5:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
  - Partner: Raphine Medical Associate

Thursday, August 19
- **Raphine Medical Center, 1:00 pm - 5:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 18+)
  - Partner: Raphine Medical Associate

Friday, August 20
- **Raphine Medical Center, 9:00 am - 2:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 18+).
  - Partner: Raphine Medical Associates
- **Fairfield Presbyterian Church Food Pantry, 10:00 am - 12:00 pm**
  - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
  - Partner: Washington & Lee, Central Shenandoah Health District

Tuesday, August 17
- **Augusta Health Fitness Center, 3:30 pm - 7:00 pm**
  - Pfizer and Johnson & Johnson (Ages 12+)
  - Partner: Augusta Health

Wednesday, August 18
- **Waynesboro Health Department, 9:00 am - 12:00 pm**
  - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
  - Partner: Central Shenandoah Health District
- **Bluegrass in the Park - Gypsy Hill Park Staunton, 1:00 pm - 5:00 pm**
  - Pfizer and Johnson & Johnson (Ages 12+)
  - Partner: Augusta Health

Thursday, August 19
- **Augusta Health Fitness Center, 3:30 pm - 7:00 pm**
  - Pfizer and Johnson & Johnson (Ages 12+)
  - Partner: Augusta Health

Visit vaccinate.augustahealth.com to make an appointment at Augusta Health.

Saturday, August 14
- **Harrisonburg Hispanic Festival, 12:00 pm - 3:00 pm**
  - Pfizer, Moderna, Johnson & Johnson (Ages 12+)
  - Partner: Central Shenandoah Health District

Tuesday, August 17
- **Harrisonburg-Rockingham Health Department, 10:00 am - 6:00 pm**
  - Pfizer and Johnson & Johnson (Ages 12+)
  - Partner: Central Shenandoah Health District

Wednesday, August 18
- **Harrisonburg-Rockingham Health Department, 10:00 am - 6:00 pm**
  - Moderna, Pfizer and Johnson & Johnson (Ages 12+)
  - Partner: Central Shenandoah Health District

Thursday, August 19
- **HCHC - Elkton, 12:00 pm - 6:00pm**
  - Johnson & Johnson (Ages 18+)
  - Partner: Healthy Communities Health Centers
- **Harrisonburg-Rockingham Health Department, 4:00 pm - 6:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
  - Partner: Central Shenandoah Health District

Friday, August 20
- **HCHC - Stoneport, 12:00 pm - 6:00 pm**
  - Moderna (Ages 18+)
  - Partner: Healthy Communities Health Centers
- **Rockingham County Fair - 4:00 pm - 6:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
  - Partner: Healthy Communities Health Centers
  - *Purchase of ticket is required for admission to the fairgrounds**

Saturday, August 21
- **Rockingham County Fair - 4:00 pm - 6:00 pm**
  - Moderna, Pfizer, Johnson & Johnson (Ages 12+)
  - Partner: Healthy Communities Health Centers
  - *Purchase of ticket is required for admission to the fairgrounds**

Skip the line at the health department clinics by registering advance atvaccineappointments.virginia.gov!
Walk-ins are welcome.

If you are looking for a clinic in another area, please visit vaccines.gov and use your zip code to find appointments at local pharmacies and healthcare providers. These appointments are available to those ages 12+ who live, work, or go to school in the Central Shenandoah Health District.

If you are having problem making an online appointment, please call your local health department. Please help us reserve the phone lines for those with limited internet access and/or low computer literacy.

==We added a new section to our website that includes the vaccine events happening throughout our health district!==

These include events hosted by the Central Shenandoah Health District and other vaccine partners. The clinics are separated by region and are subject to changes.

Click here to view the calendar!

STATEMENT REGARDING THIRD DOSES OF COVID-19 VACCINE

Central Shenandoah Health District is awaiting guidance from ACIP and the CDC in regards to the Pfizer and Moderna booster shot that the FDA has approved for immunocompromised individuals. There are still remaining questions that need to be answered before we are able to operationalize booster shots for eligible persons. Guidance from ACIP and CDC will help inform these answers. Central Shenandoah Health District is currently not providing booster shots to those eligible until that guidance is provided. We ask that the public remain patient while we await further guidance in this rapidly developing situation. There are actions that you can take now. Everyone who is 12 years old and up who has not received a COVID-19 vaccine should do so as soon as possible. Visit vaccinate.virginia.gov to find a COVID-19 vaccine provider close to you. Per CDC and VDH guidance, everyone age 2+ is recommended to wear a well fitting mask when indoors in public.

WATCH NOW! Official Press Briefing with CSHD Director Dr. Laura Kornegay on the state of COVID-19 in the Valley
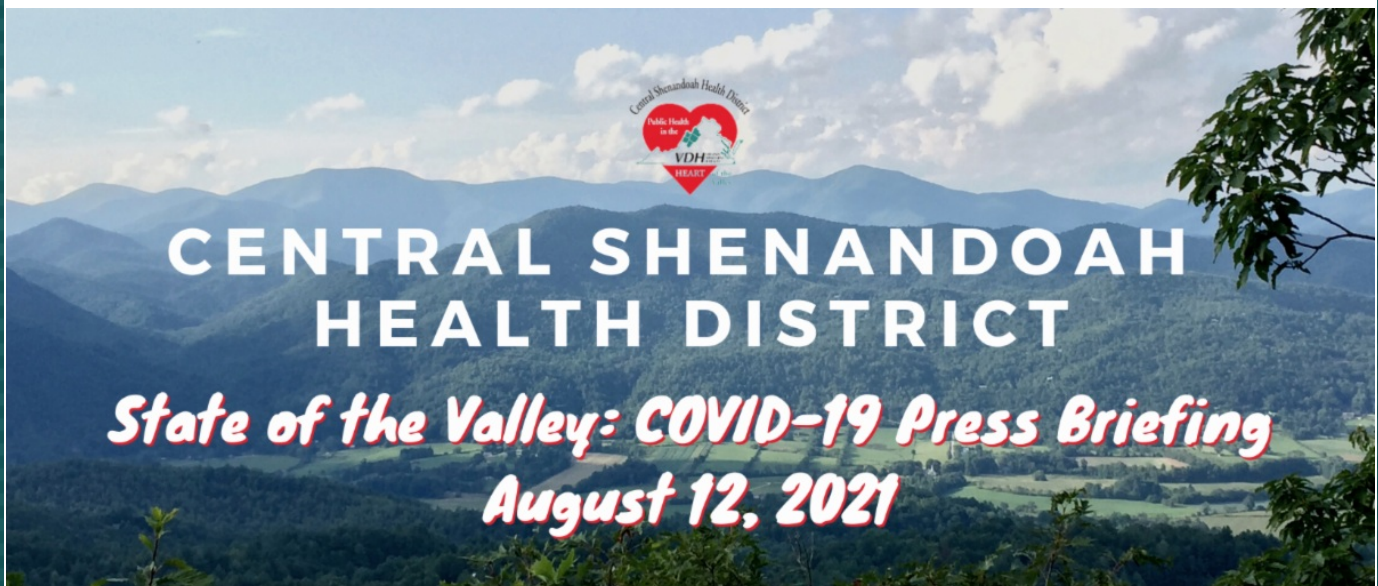
Dr. Laura Kornegay, Director of the Central Shenandoah Health District, addressed media and community partners to provide an update on the state of COVID-19 in the valley. She shared insight regarding the Delta variant and rising cases, vaccination uptake, K-12 school guidance, and what we can do to further prevent the spread of COVID-19.

WHAT'S NEW THIS WEEK

Rockingham County Fair COVID-19 Vaccine Clinic

Join us next Friday and Saturday, August 20 and 21 at the Rockingham County Fair for a free COVID-19 vaccine clinic! All three vaccines are available, including second doses. Clinic is located in the Emergency Services Building and operating from 4:00 pm to 6:00 pm. **Purchase of fair ticket is required for admission to the clinic.**

Available for ages 12 and up. Those under 18 must be accompanied by a parent or guardian.

Rockbridge Area Food Pantry Clinics

Central Shenandoah Health District is hosting COVID-19 vaccine clinics at the Washington & Lee mobile food pantries throughout Rockbridge County!

The first clinic will be Friday, August 20 from 10:00 am to 12:00 pm at Fairfield Presbyterian Church.

All three vaccines will be available, no appointment required. Those under 18 must be accompanied by a parent or guardian.

UPDATED MASKING GUIDANCE

Most vaccinated people are protected from the virus. However, a recent study found that some vaccinated people can still contract the Delta variant in a breakthrough infection, and may be contagious. At this time, community immunity levels are not high enough to contain the spread of the Delta variant. Cases are surging and additional public health mitigation efforts are needed. *To reduce the risk of being infected with the Delta variant and possibly spreading it to others, everyone (even if you are vaccinated) should wear a mask indoors in public if you are in an area of high transmission.*

Currently, Virginia is at a level of substantial transmission. Cases have increased by 956% since mid-June. Areas of low vaccination coverage are particularly vulnerable to have rapidly increasing cases, and hospitalizations have also been increasing.

Vaccination is the only strategy that will safely bring an end to the pandemic. High vaccination coverage will reduce the spread of the virus and help prevent new variants from emerging. While Delta is causing some "vaccine breakthrough infections," meaning infections in fully vaccinated people, most of these infections are mild. Vaccines are working as they should - they are preventing severe illness, hospitalizations, and death.

On August 12, 2021, State Health Commissioner Dr. M. Norman Oliver reissued a Public Health Order requiring all students, teachers, staff, and visitors in public and private K-12 schools to wear masks indoors, regardless of vaccination status.

This Order reinforces current state law, which requires Virginia schools to adhere to mitigation strategies outlined by the Centers for Disease Control and Prevention. As of July 28, CDC guidelines include universal masking for all students, teachers, and staff.

Additionally, Governor Northam announced a Public Health Emergency Order reiterating the requirement of universal masking in all indoor settings in Virginia's K-12 schools. This order reinforces current state law, which requires Virginia schools adhere to mitigation strategies outlined by the Centers for Disease Control and Prevention (CDC).

As of July 28, CDC guidelines include universal masking for all students, teachers, and staff.SB 1303 was passed by an overwhelming bipartisan majority of the General Assembly earlier this year.

Read more about the COVID-19 mitigation measures and protocols in Virginia's K-12 schools.

Click the link below to read the official Public Health Order regarding masking in Virginia schools.

Read the official Public Health Order

DON'T TAKE THE RISK - TAKE THE TEST!

Vaccinated or not, take a COVID-19 test if you are feeling sick.

No matter your vaccination status, wear a mask, practice social distancing, and consider a COVID-19 test if you're feeling sick or have symptoms of COVID-19. A quick test can give you results so you can know if you're carrying the virus. Take the time to Test, Know & Go when you gather with a group.

Click below to find out where to get tested near you, and read more about the CDC's latest testing guidance.

Find a testing center near you
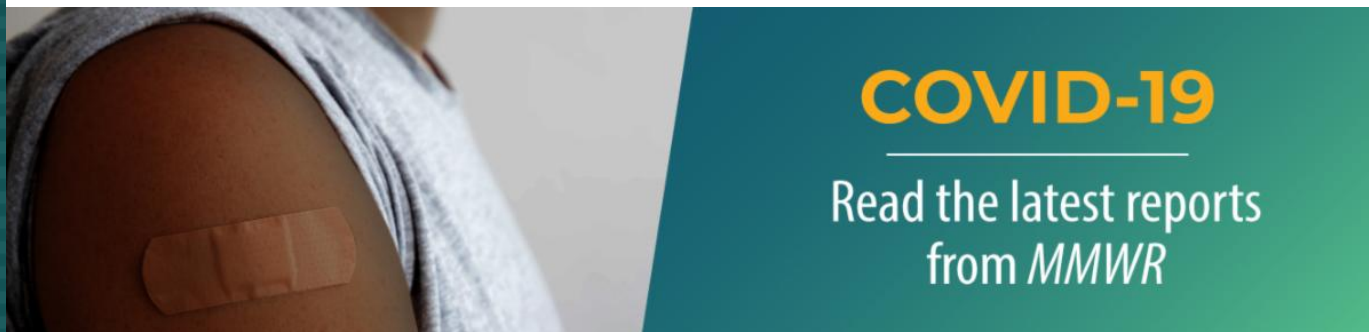
The Morbidity and Mortality Weekly Report (MMWR) series is prepared by the Centers for Disease Control and Prevention (CDC).

Often called "the voice of CDC," the MMWR series is the agency's primary vehicle for scientific publication of timely, reliable, authoritative, accurate, objective, and useful public health information and recommendations.

MMWR readership predominantly consists of physicians, nurses, public health practitioners, epidemiologists and other scientists, researchers, educators, and laboratorians.

All material in the MMWR series is in the public domain and may be used and reprinted without special permission; citation as to source, however, is appreciated.

Read the latest in COVID-19 news from MMWR

A self-service portal is now live and accessible via Vaccinate.Virginia.gov to view COVID-19 vaccination records.

Access to the records requires two-factor verification. The record can be saved and printed or downloaded as a PDF.

The vaccination record will only show COVID-19 immunizations, regardless of if the individual has additional vaccinations listed in VIIS. Vaccines administered and not reported in VIIS (e.g., out-of-state vaccinations, vaccinations administered by federal entities not reporting to VIIS) will not reflect in the self-service portal

This portal is not intended to be a "vaccine passport" but serves as a tool to access your COVID-19 vaccination record in the event of a lost original card.

Click here to view your vaccine record!

NOW MORE THAN EVER...
YOUR COMMUNITY NEEDS YOU.
BECOME A VDH COMMUNITY AMBASSADOR!

VDH's Community Ambassador program is an important part of our vaccine outreach efforts! We need your help to keep it going strong. As an Ambassador, you'll help share COVID-19 updates and materials from top experts and sources. We need people like you who can spare a few minutes each week to help keep Virginians safe.

Click here to learn about the Community Ambassador program!

COVID-19 Vaccine Mobile Clinics

We are still planning mobile clinics! CSHD will be offering mobile COVID-19 vaccine clinics in the community in an effort to increase access to COVID-19 vaccines. To succeed in these efforts, we need your help! **If your organization is interested in a COVID-19 vaccine clinic for your community, then we are asking that you complete this request form.** You can also go to https://redcap.link/32fiylbj. Our mobile clinics can be walk-up with no registration needed and can be flexible in date and time of clinics. Our clinics can serve anywhere from 20-200 people. This service is free and available to all community members.

For some inspiration, a mobile clinic could be held at:
- a local festival, event, block party, farmers market, etc.
- a church, community center, business
- a food pantry, homeless shelters
- a park or public space

If interested, please complete the form and I will reach back out to you within 3-4 business days.**Please share with other community members that may be interested in this service.** A link to this request form will be available on our website at https://www.vdh.virginia.gov/central-shenandoah/covid-19-vaccine-information/.

Click here to request a COVID-19 vaccine clinic for your community!

Interested in hosting a
COVID-19 Vaccine Information Session?

Want to learn more about the difference vaccines? How to pre-register? Host a COVID-19 vaccine information session! If your organization would like more information about the COVID-19 vaccine you can schedule an information session with our health education team. Sign up for a session here.

HEALTH EDUCATION NEWS

Happy Back-to-School CSHD! Going back to in-person classes after a year of prolonged closures and remote learning may feel tough. Here are four topics that can contribute to students' health and wellness.

- Adolescent Connectedness
- Parents Engagement in Schools
- Positive Parenting Practices
- School Connectedness

To learn more about each topic and how they may relate to your child's health and wellness, visit https://www.cdc.gov/healthyyouth/protective/index.htm

CENTRAL SHENANDOAH HEALTH DISTRICT
COVID-19 DATA

District COVID-19 Activity

Cases have been increasing in our region (Northwest) for the last 55 days and cases are considered to be increasing. It is important to take preventative measures like avoiding crowded areas, wearing a mask, and washing your hands if you are not fully vaccinated. You can explore individual locality metrics here. To learn more about the VDH Pandemic Metrics, click here.

COVID-19 Vaccination Rates

In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	48.2	44.0	58.0	53.3
Harrisonburg City	48.0	43.4	54.2	49.3
Augusta County	50.6	47.0	59.3	55.3
Staunton City	59.3	54.1	69.4	63.9
Waynesboro City	54.9	49.6	67.7	61.8
Rockbridge County	52.9	48.3	60.9	56.3
Lexington City	50.0	46.1	54.8	50.6
Buena Vista City	48.5	43.7	58.4	53.1
Bath County	50.0	44.7	57.4	51.5
Highland County	52.6	50.2	59.7	57.2
Totals:	*51.5*	*47.1*	*60.0*	*55.2*

You are considered to be fully vaccinated 2 weeks after their second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

People Vaccinated by Locality of Residence and Vaccination Status - Percent of the Population
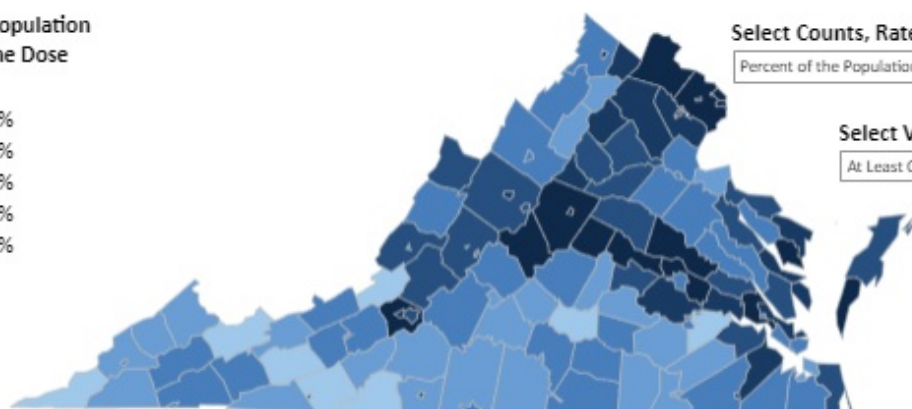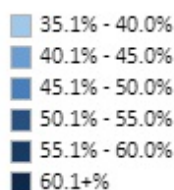
For locality COVID-19 vaccine distribution numbers, please visit the VDH COVID-19 Vaccine Dashboard.

COVID-19 DATA BREAKDOWN

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found here.

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Augusta County	21	6,205	196	81
Bath County	0	278	11	11
Buena Vista City	1	945	27	22
Harrisonburg City	9	6,650	197	95
Highland County	0	121	1	1
Lexington City	2	1,230	30	33
Rockbridge County	2	1,618	60	48
Rockingham County	9	7,157	425	115
Staunton City	4	2,616	87	69
Waynesboro City	2	2,517	78	39
Totals:	**50**	**29,337**	**1112**	**514**

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