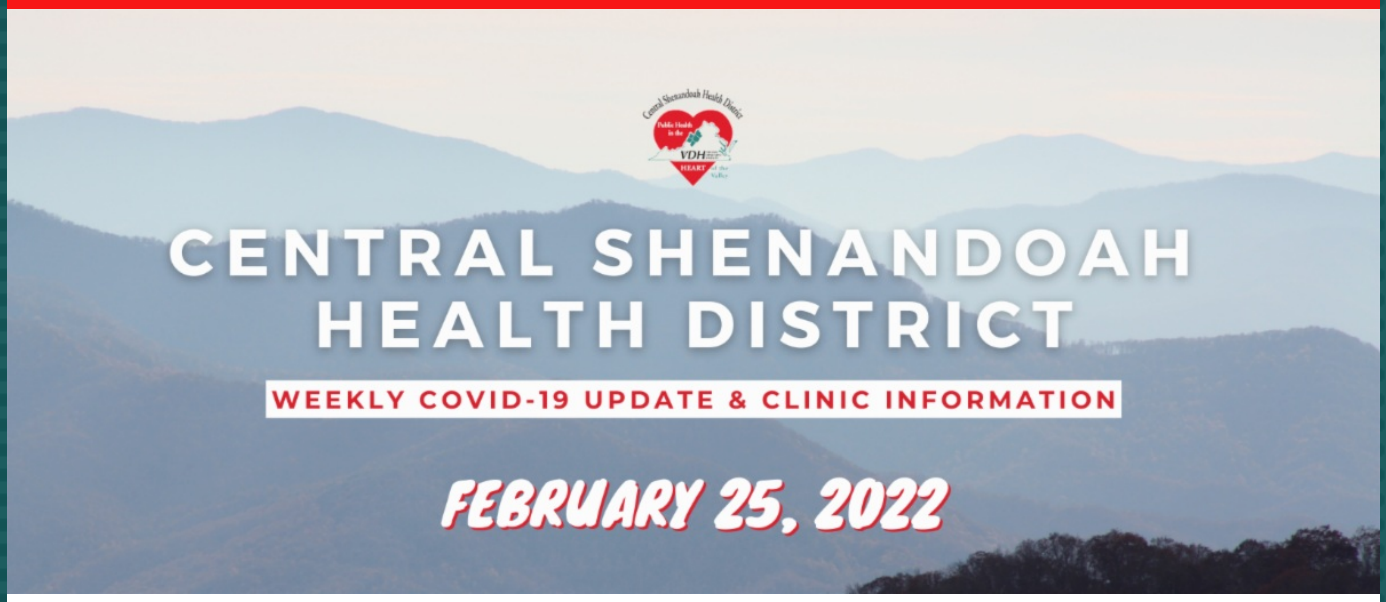
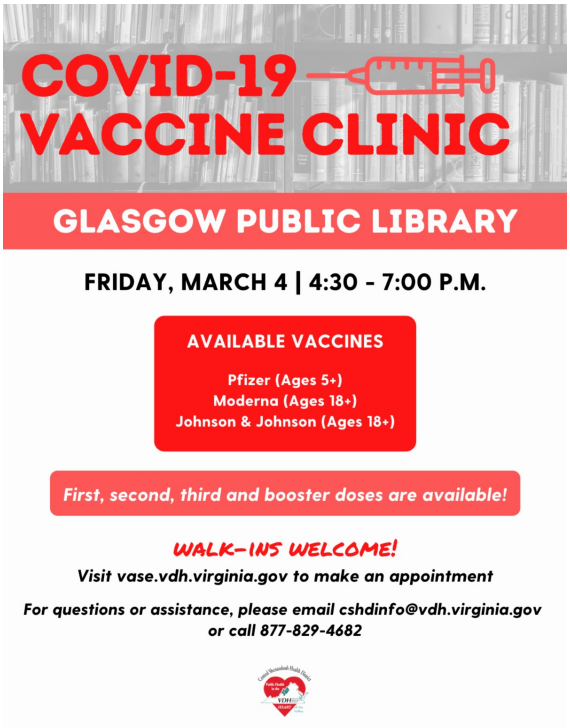


NEW THIS WEEK!

If you are unable to reach the VASE+ page from hyperlinks in this newsletter, please either type or copy/paste the URL into your browser: vase.vdh.virginia.gov

CSHD COVID-19 VACCINE CLINIC AT GLASGOW PUBLIC LIBRARY



CSHD is hosting a free COVID-19 vaccine clinic at the Glasgow Public Library on Friday, March 4 from 4:30 - 7:00 p.m. Walk-ins are welcome!

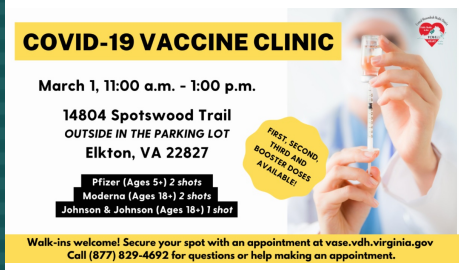
Available Vaccines for first, second, third and booster doses:

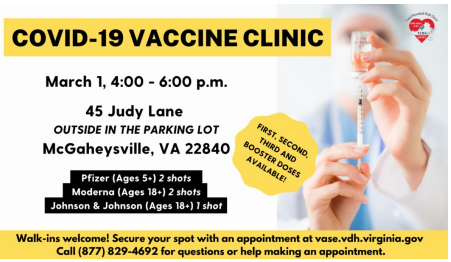
- Pfizer (Ages 5+)
- Modera (Ages 18+)

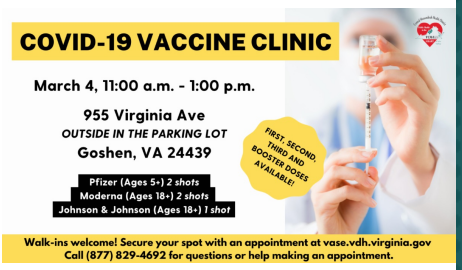
- Johnson & Johnson (18+)

Reserve your spot online!

UPCOMING CLINICS AT DOLLAR GENERAL STORES







ELKTON
March 1, 11:00 a.m. - 1:00 p.m.

McGAHEYSVILLE
March 1, 4:00 - 6:00 p.m.

GOSHEN
March 4, 11:00 a.m. - 1:00 p.m.

Make an appointment!

WIC HEALTH ALERT: POWDER FORMULA RECALL

WIC Health Alert: The Centers for Disease Control and Prevention (CDC) and the U.S. Food and Drug Administration are investigating consumer complaints of Cronobacter sakazakii infections in infants in several states who were fed powdered infant formula. Please see the graphic below for instructions on what powered infant formula should not be consumed.

You can visit https://www.similacrecall.com/us/en/home.html to see if the formula you have should not be consumed by your baby. Please also call your local WIC office for support.

Check to see if your formula has been recalled

FREE CHILDREN'S COVID-19 VACCINES AVAILABLE AT YOUR LOCAL HEALTH DEPARTMENT!

Did you know that the Central Shenandoah Health District offers pediatric specific COVID-19 vaccine clinics at our health department offices? Protect your child with a COVID-19 vaccine today!

Lexington Children's COVID-19 Vaccine Clinic

- Every Wednesday, 2:00 - 6:00 p.m.

Harrisonburg-Rockingham Children's COVID-19 Vaccine Clinic

- Every Wednesday, 2:00 - 6:00 p.m.

Waynesboro Children's COVID-19 Vaccine Clinic

- Every Monday, 2:00 - 6:00 p.m.

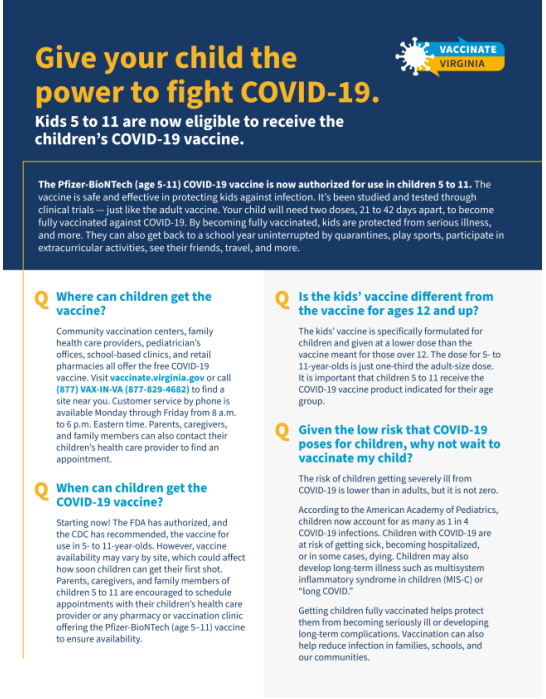
Bath & Highland County Children's COVID-19 Vaccine Clinic

- ***By appointment only***
- Call (540) 839-7246 for Bath County Health Department
- Call (540) 468-2270 for Highland County Health Department

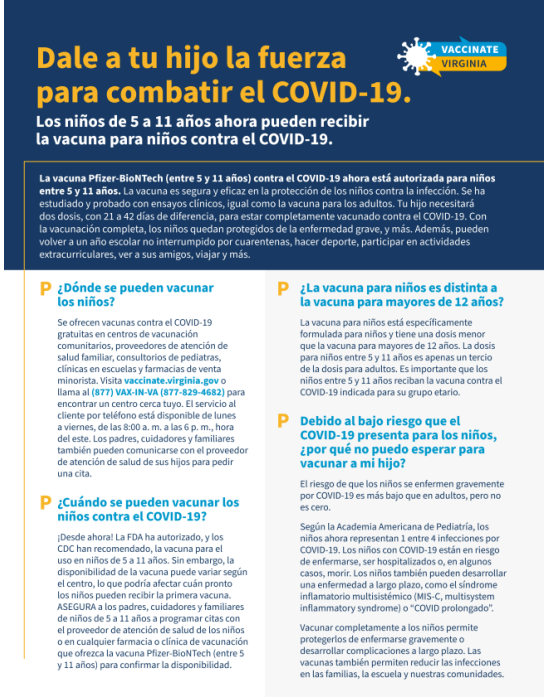
Wanting more information about COVID-19 vaccines and children?
Check out these resources!

Videos:

(**English**) Top Five Things Parents Want to Know About the COVID-19 Vaccine
(**Spanish**) Top Five Things Parents Want to Know About the COVID-19 Vaccine
(**English**) Getting Vaccinated For COVID As A Family
(**English**) What If I Am Not Sure About Getting My Kid A COVID-19 Vaccine?



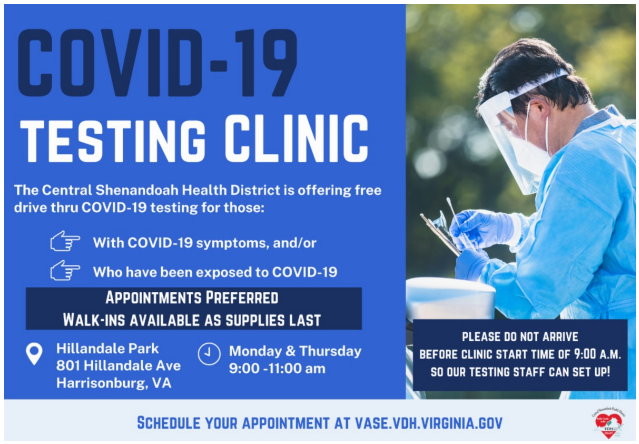
ENGLISH: COVID-19 Vaccines for Ages 5-11 FAQ's



SPANISH: COVID-19 Vaccines for Ages 5-11 FAQ's

Make an appointment!

UPCOMING TESTING CLINICS



Testing will continue this week at Hillandale Park on Monday and Thursday from 9:00 - 11:00 a.m. Appointments are preferred, and will be honored even if the clinic closes to walk-ins.

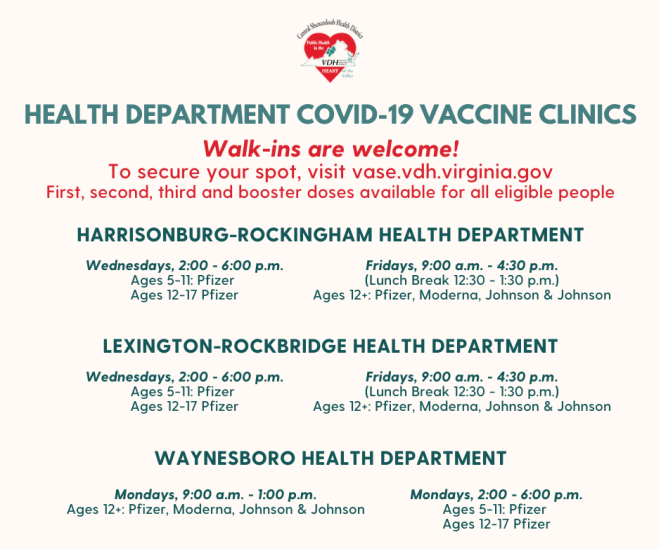
Make your appointment online for testing at Hillandale Park!

For the most up-to-date testing schedule in CSHD, please check our website!

Read more about the CDC's Testing Guidance

Order at-home tests through USPS

HEALTH DEPARTMENT COVID-19 VACCINE CLINICS



CSHD has updated our COVID-19 vaccine clinic schedule for 2022!

ALL CHILDHOOD COVID-19 VACCINE CLINICS NOW OFFER PFIZER FOR AGES 12-17!

These clinics will accept walk-ins or appointments can be made at: https://vase.vdh.virginia.gov

There are plenty of opportunities to get your COVID-19 vaccine or booster throughout the Central Shenandoah Health District, including:

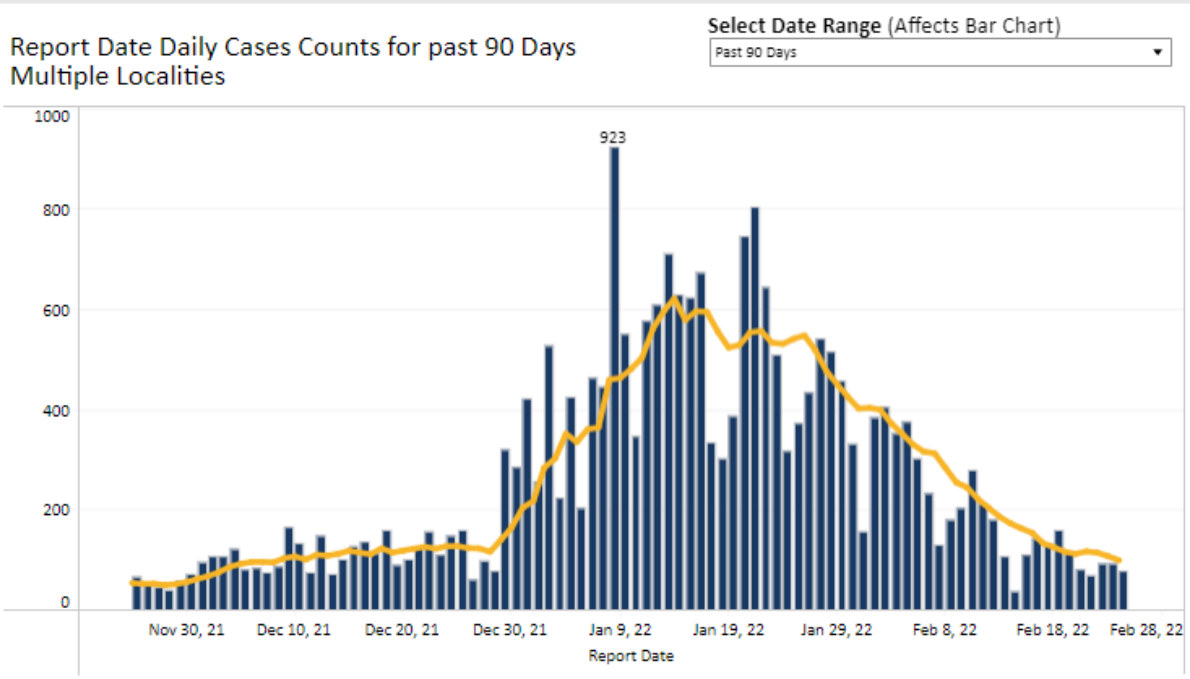
- Local and retail pharmacies (like CVS, Wal-Greens, or a local independently owned pharmacy);
- Your family doctor or pediatrician;
- Health department clinics and community vaccination clinics

NOTE: Last week's case data breakdown contained a spreadsheet error that did not accurately reflect the number of cases in CSHD. This week's data has been corrected.

Case Trends

The chart below illustrates the rate of cases throughout the Central Shenandoah Health District over the last 90 days.

Number of New Cases Reported^	7-Day Average Number of Daily New Cases Reported	7-Day Average Number of New Daily Cases Reported, Rate per 100,000 Population	Total Number of New Cases per 100,000 Population within last 14 days
79	99	32.8	537.0



Case Data Breakdown

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found here.

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Rockingham County	14	14,299	820	215
Harrisonburg City	19	13,141	373	146
Augusta County	17	18,640	388	195
Staunton City	9	5,509	124	103
Waynesboro City	2	5,243	123	59
Rockbridge County	9	3,191	95	74
Lexington City	3	2,795	40	39
Buena Vista City	4	1,974	40	39
Bath County	0	871	21	18
Highland County	4	355	6	5
Totals:	***81***	***66,018***	***2030***	***893***

Vaccination Rates

You are considered to be fully vaccinated 2 weeks after your second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	58.4	55.5	67.6	64.5
Harrisonburg City	60.1	55.3	63.8	59.2
Augusta County	59.8	57.9	68.1	66.2
Staunton City	70.9	67.1	78.6	75.1
Waynesboro City	67.0	63.5	78.0	74.8
Rockbridge County	61.7	58.7	69.5	66.2
Lexington City	64.0	58.9	64.5	60.1
Buena Vista City	62.7	58.3	73.3	68.5
Bath County	59.9	54.5	67.8	61.6
Highland County	61.3	57.6	66.6	63.4
Totals:	***62.6***	***58.7***	***69.8***	***66.0***

Data Sources - Find out more!

The Virginia Department of Health maintains a COVID-19 dashboard containing case, vaccination and transmission data. To find out more about this data and how it is collected, click the link below!

Visit the VDH COVID-19 Data Dashboard

Gratitude Check!

With so many new developments in the world, both COVID-19 and otherwise, CSHD encourages our newsletter readers to take a moment for gratitude. Your mental and physical health will thank you for doing so! To get you started, what are 3 things you are grateful for today or this week?

To explore the power of gratitude and tips for how to practice gratitude, please visit CDC's How Right Now.

P.S. CSHD is grateful for YOU!

Vaccination is our number one line of defense in defeating COVID-19. All COVID-19 vaccines approved and authorized in the United States are safe, effective and free. **The Central Shenandoah Health District encourages**

everyone who is eligible to receive the COVID-19 vaccine do so as soon as possible!

In addition to vaccination, layering other public health mitigation measures can keep you and your family safe! This can include:

- **Masking up in areas of high transmission**, even if you have already been vaccinated. Currently, the majority of localities throughout the state are in a state of substantial to high transmission. Read more about transmission here.
- **Practice physical distancing (also known as social distancing)**, and stay 6 feet apart from others. It is a way to slow the spread of COVID-19 by reducing close contact between people. The closer you are to other people who are not fully vaccinated and the more time you spend with those people, the higher the risk of COVID-19 spread.
- **Wash your hands often with soap and water for at least 20 seconds.** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, rubbing your hands together for at least 30 seconds until they are dry.

Read more about COVID-19 Mitigation Best Practices

COVID-19 VACCINE CLINICS

Click the button below for a full list of COVID-19 vaccine clinics happening in the Central Shenandoah Health District. The clinics are separated by region. Please note that the Pfizer vaccine is approved for ages 5+ and the Moderna and Johnson & Johnson vaccines are approved for ages 18+. These schedules are subject to change

You can register for these clinics at vase.vdh.virginia.gov.

View the COVID-19 Community Calendars

We also continue to partner with organizations throughout the district to provide access to COVID-19 vaccines. Visit the websites below for COVID-19 vaccine clinics operated by our community partners!

- Augusta Health: https://vaccinate.augustahealth.com/vaccine-appointments/
- Carilion Rockbridge Community Hospital: https://www.carilionclinic.org/covid-19-vaccine#latest-updates
- Health Community Health Centers: https://www.hburgchc.org/covid-19-2/
- Rockbridge Area Health Center: https://www.rockahc.org/coronavirus-covid-19-updates/
- Sentra Rockingham Memorial Hospital: https://www.sentara.com/harrisonburg-virginia/covid-19-information.aspx

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FOR MORE INFORMATION ABOUT COVID-19, VISIT:
https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/