



CENTRAL SHENANDOAH HEALTH DISTRICT

WEEKLY COVID-19 UPDATE & CLINIC INFORMATION

FEBRUARY 4, 2022

NEW THIS WEEK!

*****If you are unable to reach the VASE+ page from hyperlinks in this newsletter, please either type or copy/paste the URL into your browser: vase.vdh.virginia.gov***

VDH LAUNCHES ISOLATION AND QUARANTINE CALENDAR WIDGET

You can now easily create a plan to isolate or quarantine with the new Isolation and Quarantine Calculator widget available on the VDH website! This calendar is a tool to help people identify a specific date to test after close contact and a specific date to end isolation after a positive test or symptoms.

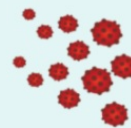


If you tested positive

Isolate when you are sick or when you have a positive COVID-19 test, even if you don't have symptoms.

I tested positive →

Isolation Calculator →



If you were exposed

Quarantine and stay away from others when you have been in close contact with someone who has COVID-19.

I was exposed →

Quarantine Calculator →

**Click here for the Isolation & Quarantine
Calculator!**

MODERNA COVID-19 VACCINE RECEIVES FULL FDA APPROVAL



The Pfizer and Moderna COVID-19 vaccines

both have full FDA approval

The FDA requires extensive data on safety and effectiveness, inspection of manufacturing facilities, and a comprehensive review of all clinical and real-world use.

The vaccines are safe. With the FDA granting full approval for both the Pfizer and Moderna COVID-19 vaccines, Americans can be even more confident that the COVID-19 vaccines work and are safe.

FDA approval requires a rigorous and structured review process, and it means that a vaccine or drug has cleared every level of review. On top of the rigorous testing and review that was required for emergency use authorization (EUA), for FDA approval the FDA requires even more data on safety, manufacturing, and effectiveness over longer periods of time and includes real-world data.

CSHD LAUNCHES SURVEY TO BETTER SUPPORT OUR COMMUNITY IN ACCESSING THE COVID-19 VACCINE



CSHD WANTS TO HEAR FROM YOU!

Not ready or not able to get the COVID-19 vaccine?

Do you live in the Central Shenandoah Health District?

Rockingham, Augusta, Highland, Bath, Rockbridge counties;
Harrisonburg, Staunton, Buena Vista, Lexington

**Let us know the best way to support YOU!
Complete this quick survey today.**



Scan the QR code or visit:

<https://redcap.vdh.virginia.gov/redcap/surveys/?s=RKY8LMNNKK>



¡EL CSHD QUIERE ESCUCHAR DE TI!

¿No estás listo o no puedes recibir la vacuna COVID-19?

¿Vives en el Distrito de Salud Central de Shenandoah?

Condados de Rockingham, Augusta, Highland, Bath, Rockbridge
Harrisonburg, Staunton, Buena Vista, Lexington

**¡Háznos saber la mejor manera de ayudarte!
¡Completa esta encuesta rápida hoy!**



¡Echa un vistazo para dar tu opinión!

<https://redcap.vdh.virginia.gov/redcap/surveys/?s=RKY8LMNNKK>

Last week, the Central Shenandoah Health District launched a [Rapid Community Assessment \(RCA\)](#) to learn how we can better support our community with accessing Covid-19 vaccines. We are currently collecting this insight through the use of a survey that has been tailored to gather responses from folks who have not been ready or have not been able to get vaccinated against Covid-19. The survey is available in both English and Spanish! **To participate in the survey, people should use the link below to respond online. There are also paper copies of the survey available at public library branches throughout CSHD**

PLEASE SHARE THIS SURVEY WITH PEOPLE YOU KNOW WHO ARE NOT VACCINATED!

All responses to this survey will be kept anonymous and personal information will not be collected.

The results of the survey will be included in a report at the end of our RCA process. This report will be available to the community as soon as it is finalized.

Thank you for any time and effort you are able to offer in support of gathering this valuable community insight. Please feel free to contact Laura Lee Wight (laura.wight@vdh.virginia.gov) or Sade Bowers (sade.bowers@vdh.virginia.gov) with any questions or concerns. Please direct all media requests regarding the RCA to Jordi Shelton (jordan.shelton@vdh.virginia.gov).

CLICK HERE TO TAKE THE SURVEY!

CENTRAL SHENANDOAH OFFERS ONLINE TESTING APPOINTMENTS!

Central Shenandoah Health District is now offering appointments for

COVID-19 TESTING APPOINTMENTS!

Reserve your spot online!

our COVID-19 testing sites! Guarantee your COVID-19 test by making an appointment online. Walk-in appointments are available as supplies last.

Access your test results online! Central Shenandoah will now be providing COVID-19 testing results via an online and secure portal. Results can also be conveniently downloaded and printed from our online portal.

Visit our website for more information and to access all appointments!

Click here to visit our
website!

LOOKING FOR A RAPID, AT-HOME COVID-19 TEST?

Order up to four, free at-home rapid COVID-19 test online at COVIDTests.gov.

Tests are completely free and there are no shipping costs! Order your tests now so you have them when you need them!

[Read more about self-testing.](#)
[Guidance for insurance reimbursement.](#)

Click here to order your at-home
tests!

UPCOMING TESTING CLINICS

COVID-19 TESTING CLINIC

The Central Shenandoah Health District is offering free drive thru COVID-19 testing for those:

- With COVID-19 symptoms, and/or
- Who have been exposed to COVID-19

APPOINTMENTS PREFERRED
WALK-INS AVAILABLE AS SUPPLIES LAST

Hillandale Park
801 Hillandale Ave
Harrisonburg, VA

Monday & Thursday
9:00 - 11:00 am

**PLEASE DO NOT ARRIVE
BEFORE CLINIC START TIME OF 9:00 A.M.
SO OUR TESTING STAFF CAN SET UP!**

SCHEDULE YOUR APPOINTMENT AT VASE.VDH.VIRGINIA.GOV



PRUEBAS GRATUITAS DE COVID-19

El departamento de salud ofrece pruebas gratuitas de COVID-19 auto-servicio. Pruebas para aquellos:

- Con síntomas de Covid-19 y/o
- Contactos cercanos a un caso confirmado de Covid-19.


**SE PREFERE LA REGISTRACIÓN PREVIA POR INTERNET
SE ACEPTAN PERSONAS SIN CITA PREVIA SEGÚN EL SUMINISTRO DE VACUNAS**

Hillandale Park
801 Hillandale Ave
Harrisonburg, VA

Lunes & Jueves
9:00 - 11:00 am

**POR FAVOR, NO LLEVE ANTES DE LA HORA DE
INICIO DE LA CLÍNICA, QUE ES A LAS 9:00 A.M., YA
QUE NUESTRO PERSONAL DE PRUEBAS NECESITA
TIEMPO PARA ORGANIZARSE**

PARA REGISTRARSE, VISITE: VASE.VDH.VIRGINIA.GOV



Testing will continue this week at Hillandale Park on Monday and Thursday from 9:00 - 11:00 a.m. Appointments are preferred, and will be honored even if the clinic closes to walk-ins.

[Make your appointment online for testing at Hillandale Park!](#)

COVID-19 TESTING CLINIC

The Central Shenandoah Health District is offering free COVID-19 testing for those:

- With COVID-19 symptoms, and/or
- Who have been exposed to COVID-19

APPOINTMENTS PREFERRED!

Augusta County Gov't Center
18 Government Center Lane,
Verona, VA 24482

Monday - Friday
8:00 am - 4:00 pm

SCHEDULE YOUR APPOINTMENT AT [HTTPS://DOINEEDACOVID19TEST.COM/](https://doineedacovid19test.com/) OR CALL 1-800-635-8611

PRUEBAS GRATUITAS DE COVID-19

El departamento de salud ofrece pruebas gratuitas de COVID-19. Pruebas para aquellos:

- Con síntomas de Covid-19 y/o
- Contactos cercanos a un caso confirmado de Covid-19.

¡CITAS PREFERIDAS!

Augusta County Gov't Center
18 Government Center Lane,
Verona, VA 24482

Martes - Viernes
8:00 am - 4:00 pm

VISITE [HTTPS://DOINEEDACOVID19TEST.COM/](https://doineedacovid19test.com/) PARA REGISTRAR O LLAME 1-800-635-8611

CSHD is now offering testing every week day at the Augusta County Government Center in Verona! Testing operates from 8:00 a.m. - 4:00 p.m. Appointments are preferred, and can be made below.

[Make your appointment online for testing Augusta County Government Center](#)

For the most up-to-date testing schedule in CSHD,
[please check our website!](#)

Read more about the CDC's Testing Guidance

NEW DATES FOR HEALTH DEPARTMENT COVID-19 VACCINE CLINICS



HEALTH DEPARTMENT COVID-19 VACCINE CLINICS

Walk-ins are welcome!

To secure your spot, visit vase.vdh.virginia.gov
First, second, third and booster doses available for all eligible people

HARRISONBURG-ROCKINGHAM HEALTH DEPARTMENT

Wednesdays, 2:00 - 4:00 p.m. Ages 5-11: Pfizer
Ages 12-17 Pfizer

Fridays, 9:00 a.m. - 4:30 p.m. (Lunch Break 12:30 - 1:30 p.m.)
Ages 12+: Pfizer, Moderna, Johnson & Johnson

LEXINGTON-ROCKBRIDGE HEALTH DEPARTMENT

Wednesdays, 2:00 - 4:00 p.m. Ages 5-11: Pfizer
Ages 12-17 Pfizer

Fridays, 9:00 a.m. - 4:30 p.m. (Lunch Break 12:30 - 1:30 p.m.)
Ages 12+: Pfizer, Moderna, Johnson & Johnson

WAYNESBORO HEALTH DEPARTMENT

Mondays, 9:00 a.m. - 1:00 p.m. Ages 12+: Pfizer, Moderna, Johnson & Johnson

Mondays, 2:00 - 4:00 p.m. Ages 5-11: Pfizer
Ages 12-17 Pfizer

CSHD has updated our COVID-19 vaccine clinic schedule for 2022!

ALL CHILDHOOD COVID-19 VACCINE CLINICS NOW OFFER PFIZER FOR AGES 12-17!

These clinics will accept walk-ins or appointments can be made at: <https://vase.vdh.virginia.gov>

There are plenty of opportunities to get your COVID-19 vaccine or booster throughout the Central Shenandoah Health District, including:

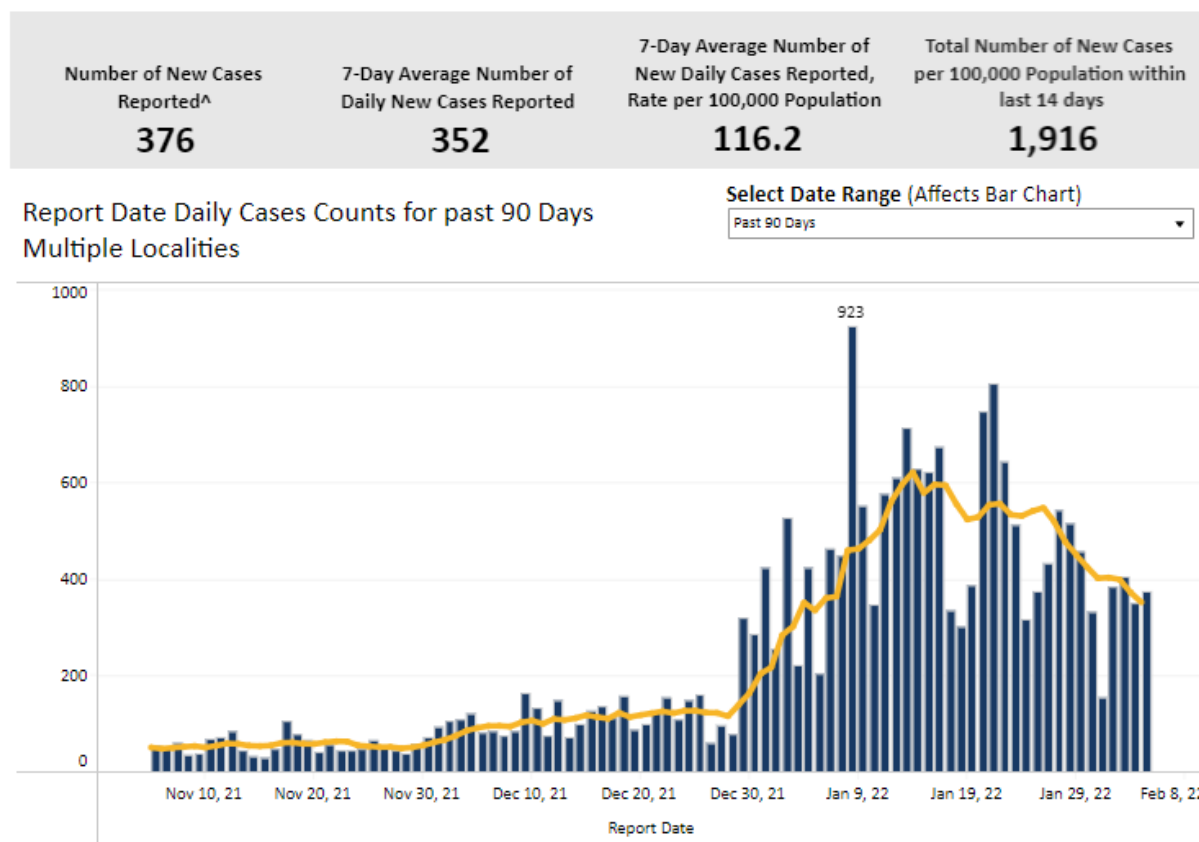
- Local and retail pharmacies (like CVS, Wal-Greens, or a local independently owned pharmacy);
- Your family doctor or pediatrician;
- Health department clinics and community vaccination clinics

CENTRAL SHENANDOAH HEALTH DISTRICT COVID-19 DATA

NOTE: Last week's case data breakdown contained a spreadsheet error that did not accurately reflect the number of cases in CSHD. This week's data has been corrected.

Case Trends

The chart below illustrates the rate of cases throughout the Central Shenandoah Health District over the last 90 days.



Case Data Breakdown

As reported to VDH, by date of lab report. May differ from other sources, due to reporting lags. Negative numbers indicate data corrections, since March 2020. More data can be found [here](#).

	7-Day Average Number of Daily New Cases Reported	Total Cases	Total Hospitalizations	Total Deaths
Rockingham County	59	13,788	804	195
Harrisonburg City	73	12,594	366	123
Augusta County	120	17,662	376	163
Staunton City	26	5,264	118	97
Waynesboro City	20	5,083	116	56
Rockbridge County	17	3,010	93	73
Lexington City	20	2,637	39	38
Buena Vista City	8	1,863	36	38
Bath County	5	816	20	17
Highland County	3	340	5	5
Totals:	351	63,057	1973	805

Vaccination Rates

You are considered to be fully vaccinated 2 weeks after your second dose in a 2-dose series or 2 weeks after a single-dose vaccine.

In the Central Shenandoah Health District, vaccination percentages are broken down by locality and city below:

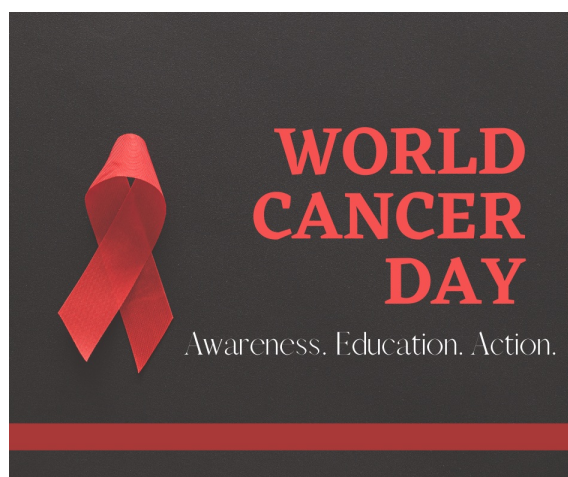
	Percentage of Population receiving one dose	Percentage of Population fully vaccinated	Percentage of Adults receiving one dose	Percentage of Adults fully vaccinated
Rockingham County	57.9	54.8	67.2	63.9
Harrisonburg City	59.4	54.4	63.2	58.4
Augusta County	59.5	57.3	67.8	65.6
Staunton City	70.2	66.3	78.0	74.4
Waynesboro City	66.6	62.6	77.6	74.0
Rockbridge County	61.4	58.1	69.2	65.6
Lexington City	63.3	58.2	63.7	59.4
Buena Vista City	61.9	57.4	72.5	67.6
Bath County	59.8	54.1	67.7	61.3
Highland County	61.1	57.1	66.5	63.2
Totals:	62.1	58.0	69.3	65.3

Data Sources - Find out more!

The Virginia Department of Health maintains a COVID-19 dashboard containing case, vaccination and transmission data. To find out more about this data and how it is collected, click the link below!

Visit the VDH COVID-19 Data
Dashboard

Health Education Corner



February 4 is World Cancer Day!

This day serves as an initiative to raise awareness, improve education, and motivate action that will contribute to a world where millions of preventable cancer deaths are saved and access to life-saving cancer treatment and care is equitable for all - no matter who you are or where you live.

To learn more about this year's theme "Close the Care Gap" and how YOU can take action in CSHD, please visit the [World Cancer Day website](#).

To learn more about preventing cancer or how to find it early, please visit the [CDC Cancer webpage](#).

COVID-19 MITIGATION



Vaccination is our number one line of defense in defeating COVID-19. All COVID-19 vaccines approved and authorized in the United States are safe, effective and free. **The Central Shenandoah Health District encourages everyone who is eligible to receive the COVID-19 vaccine do so as soon as possible!**

In addition to vaccination, layering other public health mitigation measures can keep you and your family safe! This can include:

- **Masking up in areas of high transmission**, even if you have already been vaccinated. Currently, the majority of localities throughout the state are in a state of substantial to high transmission. Read more about transmission [here](#).
- **Practice physical distancing (also known as social distancing)**, and stay 6 feet apart from others. It is a way to slow the spread of COVID-19 by reducing close contact between people. The closer you are to other people who are not fully vaccinated and the more time you spend with those people, the higher the risk of COVID-19 spread.
- **Wash your hands often with soap and water for at least 20 seconds.** If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol, rubbing your hands together for at least 30 seconds until they are dry.

Read more about COVID-19 Mitigation Best Practices

COVID-19 VACCINE CLINICS

Click the button below for a full list of COVID-19 vaccine clinics happening in the Central Shenandoah Health District. The clinics are separated by region. Please note that the Pfizer vaccine is approved for ages 5+ and the Moderna and Johnson & Johnson vaccines are approved for ages 18+. These schedules are subject to change

You can register for these clinics at vase.vdh.virginia.gov.

View the COVID-19 Community Calendars

We also continue to partner with organizations throughout the district to provide access to COVID-19 vaccines. Visit the websites below for COVID-19 vaccine clinics operated by our community partners!

- Augusta Health: <https://vaccinate.augustahealth.com/vaccine-appointments/>
- Carilion Rockbridge Community Hospital: <https://www.carilionclinic.org/covid-19-vaccine#latest-updates>
- Health Community Health Centers: <https://www.hburgchc.org/covid-19-2/>
- Rockbridge Area Health Center: <https://www.rockahc.org/coronavirus-covid-19-updates/>
- Sentra Rockingham Memorial Hospital: <https://www.sentara.com/harrisonburg-virginia/covid-19-information.aspx>

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FOR MORE INFORMATION ABOUT COVID-19, VISIT:
<https://www.vdh.virginia.gov/coronavirus/covid-19-in-virginia/>



