
CENTRAL SHENANDOAH HEALTH DISTRICT



Hawksbill Mountain, courtesy of Jordan Good



2025 ANNUAL REPORT

VDH VIRGINIA
DEPARTMENT
OF HEALTH



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Augusta County, courtesy of Marisa Falsone



ABOUT CSHD



Click on headings to see our website throughout the report!

The Central Shenandoah Health District (CSHD) is one of 35 health districts under the Virginia Department of Health. It is comprised of seven health departments that serve the counties of Augusta, Bath, Highland, Rockbridge, and Rockingham along with the cities of Buena Vista, Harrisonburg, Lexington, Staunton, and Waynesboro. Our health departments currently serve approximately 304,000 persons.

CSHD'S MISSION

The Central Shenandoah Health District aspires to be an accessible, collaborative, trusted community resource to create healthy, thriving communities. To protect and educate the community and to use our expertise to achieve healthy outcomes.

Central Shenandoah Health District



FROM OUR HEALTH DIRECTOR

As I stepped into the role of Health Director in the final days of 2025, I did so with respect for the work already underway and with excitement for what lies ahead. This annual report reflects a health district that is committed to its clients and resilient to change, as we have seen a lot of change in the public health landscape over the last few years.

I'm honored to join an organization that has such dedicated and enthusiastic staff. In my short time with the district so far, I have seen a workforce that is passionate about their role in our community. I believe this passion translates directly to the quality of care we offer our clients and partners.

Looking forward I hope to utilize this enthusiasm to propel CSHD into continued community involvement, improved efficiency, and data-driven change to best meet the needs of our clients. I do not take this opportunity lightly, and am excited to offer direction down the road of innovation.

Xavier Crockett

Health Director
Central Shenandoah Health District



LOCATIONS

BATH COUNTY HEALTH DEPARTMENT

- 51 Courthouse Hill Road, Warm Springs, VA 24484
- (540) 839-7246

BUENA VISTA HEALTH DEPARTMENT

- 2270 Magnolia Avenue Buena Vista, VA 24416
- (540) 261-2149

HARRISONBURG-ROCKINGHAM HEALTH DEPARTMENT

- 110 North Mason St., Harrisonburg, VA 22803
- (540) 574-5101

HIGHLAND COUNTY HEALTH DEPARTMENT

- 140 Fleisher Avenue, Monterey, VA 24465
- (540) 468-2270

LEXINGTON-ROCKBRIDGE HEALTH DEPARTMENT

- 300 White St., Lexington, VA 24450
- (540) 463-3185

STAUNTON-AUGUSTA HEALTH DEPARTMENT

- 1414 North Augusta St., Staunton, VA 24401
- (540) 332-7830

WAYNESBORO-AUGUSTA HEALTH DEPARTMENT

- 540 Lew Dewitt Blvd, Suite 5 Waynesboro, VA 22980
- (540) 569-4848



Natural Bridge, courtesy of Marisa Falsone

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Visit our website at vdh.virginia.gov/central-shenandoah



Follow us on Instagram @CentralShenandoahHD



Email us at cshdinfo@vdh.virginia.gov



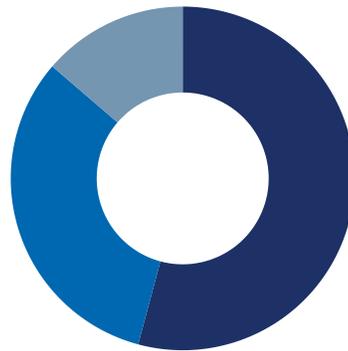


FISCAL INFORMATION

Central Shenandoah Health District receives funding through a variety of sources, including funds from the state, localities, and grants. The 2025 fiscal year runs from June 2024 to July 2025.

FY 2025 CSHD COOPERATIVE BUDGET

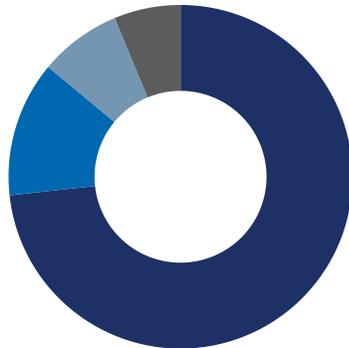
There are three main sources making up the CSHD budget. The cooperative budget consists of Commonwealth general funds, locality funds, and projected revenue. CSHD generates revenue from clinical services, environmental health permitting fees, and vital record requests.



- **Cooperative: \$4.79 M**
- **Localities: \$2.85 M**
- **Revenue: \$1.21 M**

TOTAL EXPENSES FY 2025

Expenditures consist of personnel services, contractual services, supplies and materials, transfer payments, and continuous charges.



- **Personnel Services: \$6.26 M**
- **Contractual Services: \$1.09 M**
- **Supplies & Materials: \$660 K**
- **Operating Charges: \$535 K**

FEDERAL GRANTS

The health district receives federal grants for different programs. Each grant has specific guidelines as to how the money can be used as well as varying timeframes in which the money can be used.

TOTAL GRANT EXPENSES

Breastfeeding Peer Counselor	\$87,504	Maternal Child Health	\$115,408
Disease Intervention	\$1,129	NACCHO	\$41,250
Disease Surveillance	\$109,547	Public Health Workforce Grant	\$349,060
Emergency Preparedness	\$302,740	Tuberculosis	\$13,785
Immunizations	\$79,975	All WIC Related	\$852,280



VITAL RECORDS

Our Vital Records program allows community members to access their essential documents. This includes birth, death, and divorce certificates, and marriage licenses.

In 2025, over 21,000 documents were provided to CSHD residents. Residents may obtain certified copies of as long as the event occurred in Virginia for a fee of \$12 for each requested copy by check, money order, payment card, mobile pay, or cash.

HOW TO ACCESS YOUR VITAL RECORDS

Vital record requests can be made for yourself or an immediate family member, with valid identification, using the following methods:



IN PERSON

Applications can be made at most CSHD local health department offices during regular business hours. Please bring a valid ID.



ONLINE STANDARD OR EXPRESS

Visit the [VDH Vital Records page](#) to complete an application.

Requestors can ask for standard or express next-day delivery of their documents.



Bath County, courtesy of Kayla Dabbs



WIC SERVICES

Our WIC program strives to improve the health of pregnant women, infants and children (under 5 years) through better nutrition and access to health care. This is achieved through nutrition education, breastfeeding promotion and support, supplemental nutritious foods, counseling, and screenings and referrals to other health, welfare, and social services.

WIC also offers breastfeeding education and resources for breastfeeding mothers. This program aims to enhance the continuity of WIC's breastfeeding promotion efforts by offering mother-to-mother breastfeeding support. It is recommended that the child be breastfed for at least the first six months of their life.

AVERAGE NUMBER OF INDIVIDUALS SERVED PER MONTH

**Numbers are a monthly average for FY 2025*



WOMEN:
762



INFANTS:
902



CHILDREN:
1,841



Harrisonburg, courtesy of Audra Patton

INTERESTED IN APPLYING FOR WIC?



Visit: www.myvawic.org



Call [your local health department](#)

To be eligible for the WIC program, applicants must meet categorical, residential, income, and nutrition risk requirements



ENVIRONMENTAL HEALTH

Our Environmental Health program covers a variety of areas focused on protecting residents and the environment.



FOOD SAFETY PROGRAM

The Food Safety program checks and approves food service establishments. Inspectors work with businesses to prevent foodborne illness and address any concerns that come up.

Inquiry	Augusta County	Bath County	Buena Vista City	Harrisonburg City	Highland County	Lexington City	Rockbridge County	Rockingham County	Staunton City	Waynesboro City
Permits	196	42	25	328	12	66	113	204	149	116
Inspections	258	37	32	479	9	68	150	289	187	153

**Inspections include routine checks, new establishment reviews, follow-ups, risk-factor assessments, complaint investigations, foodborne illness investigations, and other concerns.*



LODGING AND RECREATIONAL

Our Lodging and Recreational program provides permits and health and safety inspections for public facilities. Tourist lodging includes hotels, motels, and bed & breakfasts.

Permits	Augusta County	Bath County	Buena Vista City	Harrisonburg City	Highland County	Lexington City	Rockbridge County	Rockingham County	Staunton City	Waynesboro City
Campgrounds	12	3	0	0	1	0	13	4	0	0
Summer Camps	2	6	0	0	0	0	5	5	0	0
Tourist Lodging	19	12	2	31	4	9	29	10	14	14
Migrant Labor Camps	19	0	0	0	2	0	0	5	2	1
Sewage Pumpers	26	1	1	0	4	0	9	2	17	0
Pools	17	5	0	10	1	1	15	9	6	8

Inspections	Augusta County	Bath County	Buena Vista City	Harrisonburg City	Highland County	Lexington City	Rockbridge County	Rockingham County	Staunton City	Waynesboro City
Campgrounds	9	1	0	0	0	0	14	4	0	0
Summer Camps	1	4	0	0	0	0	5	5	0	0
Tourist Lodging	12	1	2	11	0	3	11	5	6	8
Migrant Labor Camps	14	1	1	0	2	0	0	6	2	1
Sewage Pumpers	17	1	1	0	4	0	8	1	17	0
Pools	14	0	0	4	0	1	21	8	6	4



WATER & WASTEWATER

Our water program provides surveillance, inspection, and regulatory oversight of private wells, on-site sewage systems, and sewage handlers.

Inquiry	Augusta County	Bath County	Buena Vista City	Harrisonburg City	Highland County	Lexington City	Rockbridge County	Rockingham County	Staunton City	Waynesboro City
Well Permit Applications	147	20	0	1	26	0	63	148	0	0
Sewage Permit Applications	245	21	1	0	28	0	84	217	0	2

Looking for the most efficient method to get your onsite Sewage System Records? Make a request for public records through the online VDH FOIA request portal! visit: vdh.nextrequest.com

ANIMAL DISEASE PREVENTION

Also known as the rabies program, this program is responsible for handling concerns of rabies and its potential spread to the human population. Duties include investigating reports of possible exposure to rabies, submitting animal specimens for rabies testing, and following up with both animal and human exposures.

REPORTED INCIDENTS

Locality	Incidents
Augusta County	267
Bath County	17
Buena Vista City	15
Harrisonburg City	84
Highland County	5
Lexington City	18
Rockbridge County	118
Rockingham County	245
Staunton City	113
Waynesboro City	91
Other	12

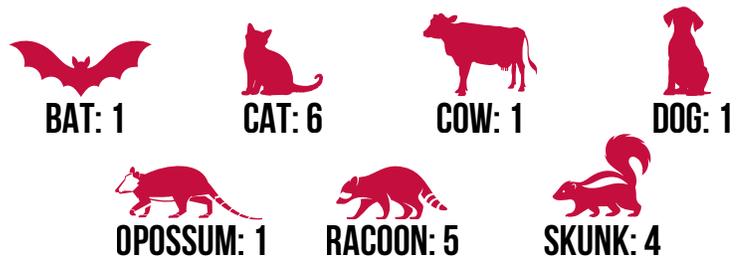
*Other includes incidents handled by staff outside of the district or the location was unable to be determined

ANIMAL TESTING RESULTS

Locality	Negative	Positive	Unsatisfactory
Augusta/Staunton	71	4	1
Bath	3	0	0
Highland	0	0	0
Rockbridge/Lexington	24	11	3
Rockingham/Harrisonburg	31	11	3
Waynesboro	1	1	0

*Specimens are sent out by health department locations

POSITIVE RESULTS BY ANIMAL TYPE





EMERGENCY PREPAREDNESS & RESPONSE

Our EP&R program works with local emergency response partners to enhance readiness to respond to all hazards. Examples of community hazards include boil water advisories, severe winter weather events, infectious disease outbreaks, or environmental hazards.

ACTIVITIES AND HIGHLIGHTS

Community Partner Engagement

CSHD emphasizes frequent collaboration, training, and communication with locality emergency management, hospital system and healthcare organizations, community coalitions, and state partners. These connections inform CSHD Emergency Preparedness & Response planning and lay the groundwork for rapid and effective response to public health emergencies.

Staff regularly participate in four regional Local Emergency Planning Committees and Emergency Task Forces:

- Harrisonburg & Rockingham
- Staunton, Augusta, & Waynesboro
- Lexington, Rockbridge, & Buena Vista
- Bath

Staff also engage with the following groups, memberships, and coalitions:

- Northern Virginia Emergency Response System Healthcare Partners
- Northern Virginia Emergency Response System Assisted Living Facility Workgroup
- Central Shenandoah EMS Council Medical Control Review Committee
- Central Shenandoah Harm Reduction Outreach Network
- Virginia Department of Emergency Management Region 3
- Virginia Department of Emergency Management Region 6
- Central Shenandoah Hazard Mitigation Plan Steering Committee
- Department of Social Services Mass Care Planning
- VDH Northwest Emergency Coordination
- VDH State CHEMPACK Toolkit Planning
- VDH Public Health Emergency Preparedness

Safety Team Coordination

Workplace emergency, safety, and continuity events are managed through a committee with wide-ranging program and office representation. Subject matter expertise is provided by the Local Health Emergency Coordinator, Human Resources Specialist, and Business Manager. The Safety Team meets quarterly and in 2025 facilitated evacuation plan revisions, provided guidance to staff on workplace violence, and prioritized funding for office security improvements.



The Safety Team and sponsors provided the following:

- VDH Employee Wellness Occupation Health & Safety Site Surveys
- Annual Safety Refresher
- Staunton Police Department Citizen Response to Active Shooter
- Virginia State Police De-escalation Training
- Office Safety At-A-Glance Reference

Staff and Volunteer Training

Both internal and external training opportunities were provided. Real-world events, executive leadership, and the VDH Office of Emergency Preparedness 2025 Training Needs Assessment informed a new biennial CSHD Integrated Preparedness Plan.

Highlights of CSHD training include:

- Preparedness measures for measles
- Respiratory Protection Program
- Mass Dispensing of Countermeasures
- Incident Management Team Activation & Communications
- Continuity of Operations
- Chemical, Radiological, Biological, Nuclear, and Explosive events
- Severe Weather and Personal Preparedness
- Virginia CHEMPACK Program
- Local and State Sheltering

Staff participated in a number of training and exercise opportunities with community partners:

- Lord Fairfax Health District CHEMPACK Full Scale Exercise
- Northern Virginia Emergency Response System Medically Vulnerable Populations Tabletop Exercise
- Northern Virginia Emergency Response System Long Term Care Mutual Aid Plan Tabletop Exercise
- Lexington Remote Area Medical Clinic
- VDH Community-Based Emergency Response Seminar

Responses to Emergencies and Continuity of Operations

Coordination between the District Leadership Team, Incident Management Team, Safety Team, All Staff, and Medical Reserve Corps Volunteers facilitated response and recovery. Real-world testing of CSHD plans and analysis of these events contributed to plan updates, as well as provided local and state partners with valuable feedback.

- January, February, December Winter Weather
- March 2025 Monterey Boil Water Advisory
- August 2025 Staunton Boil Water Advisory
- February, October, November Highly Pathogenetic Avian Influenza Monitoring



MEDICAL RESERVE CORPS

The Virginia Medical Reserve Corps (MRC) is a force of dedicated volunteers who stand ready to support the community in the event of a public health emergency. The Central Shenandoah Medical Reserve Corps (CSMRC) is a local Medical Reserve Corps unit that serves our area.

The Mission of the CSMRC is to serve the communities within the Central Shenandoah Health District by recruiting, training, and engaging local teams of community volunteers, to include healthcare workers, public health professionals, and non-medical volunteers who contribute their skills, expertise, and time to support ongoing public health initiatives, and to augment and assist in the public health response to emergencies and disasters.



VOLUNTEERS

584 Approved Volunteers
97% Deployable Volunteers



WORKFORCE SUPPORT

\$11,029K in workforce savings
104 hours of support
34 total deployments
226 total MRC training hours
19 number of live training events

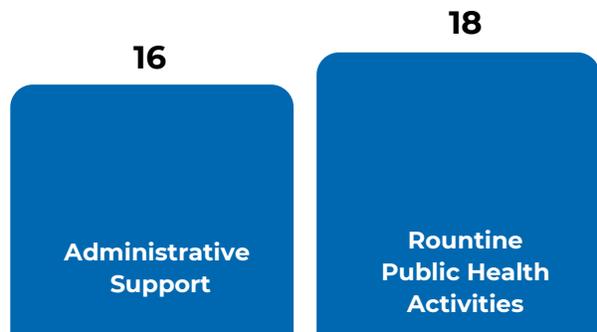


VOLUNTEERS BY CATEGORY

Support (non-medical) **228**
Medical **320**



DEPLOYMENTS BY TYPE



Sign up to become a Medical Reserve Corp Volunteer!
Visit: vdh.virginia.gov/mrc



Rockbridge County, courtesy of Marisa Falsone



CLINICAL SERVICES

Our Clinical Services Program helps keep our community healthy by offering a range of easy-to-access services. We provide vaccines for children and adults (including newcomer health and school-required shots), STI testing and treatment, tuberculosis (TB) services, and screenings to help determine eligibility for nursing home or in-home care.



IMMUNIZATIONS

2445 Total patients

9473 Total visits

VISITS BY OFFICE LOCATION

Office	# of visits
Bath County	338
Harrisonburg-Rockingham	5659
Highland County	172
Lexington-Rockbridge	999
Staunton-Augusta	1342
Waynesboro-Augusta	963

**The Buena Vista office does not offer immunization services at this time*



NEWCOMER HEALTH

85 Total patients

958 Total visits

Our Newcomer Health Program provides health screenings and services for individuals who have recently arrived in the United States and qualify for the program. Participants receive needed immunizations, general health and mental health screenings, and follow-up referrals for ongoing care.

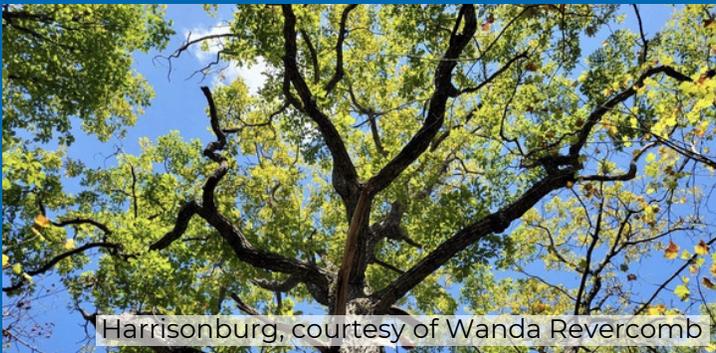


SEXUAL HEALTH SERVICES

555 Total patients

7297 Total visits

Clinics offer counseling, testing, treatment, and partner referral services for patients at risk of or currently experiencing STIs.



Harrisonburg, courtesy of Wanda Revercomb



TUBERCULOSIS MANAGEMENT

564 Total patients

3389 Total visits

VISITS BY OFFICE LOCATION

Office	# of visits
Bath County	68
Buena Vista City	0
Harrisonburg-Rockingham	2417
Highland County	37
Lexington-Rockbridge	335
Staunton-Augusta	295
Waynesboro-Augusta	237



LONG TERM CARE SCREENINGS

981 Total patients

1861 Total visits

SCREENINGS BY OFFICE LOCATION

Office	# of visits
Bath County	10
Buena Vista City	32
Harrisonburg-Rockingham	800
Highland County	9
Lexington-Rockbridge	80
Staunton-Augusta	511
Waynesboro-Augusta	419

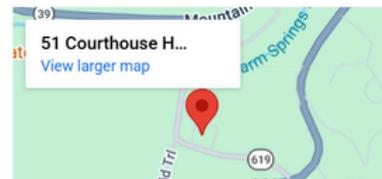
Health Services

Health Department Services

Services by Location

Bath County Health Department

1. Car seat: Classes & distribution
2. Environmental Health
3. Harm Reduction: Free Naloxone & training, free Fentanyl Test Strips, free condoms



Check out our website for a full list of services offered by location: www.vdh.virginia.gov/central-shenandoah/health-services/



EPIDEMIOLOGY

Our Epidemiology Program tracks and investigates reportable and emerging infectious diseases. We respond to outbreaks and provide guidance to help prevent and reduce the spread of illness in our communities.

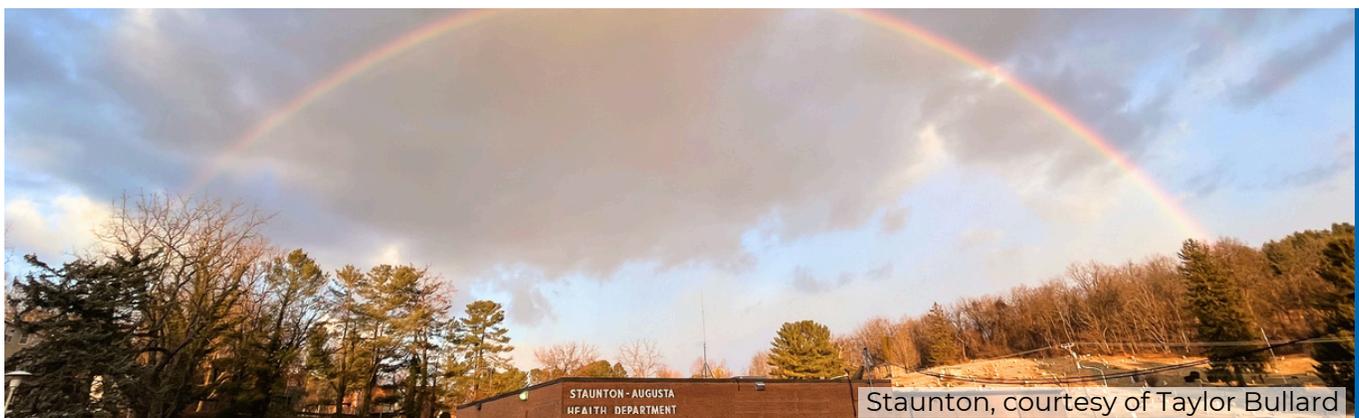
CASE INVESTIGATIONS BY PROGRAM AREA

	Augusta County	Bath County	Buena Vista City	Harrisonburg City	Highland County	Lexington City	Rockbridge County	Rockingham County	Staunton City	Waynesboro City
Communicable Diseases	79	3	3	38	1	1	11	75	25	19
Healthcare Associated Infections	2	1	0	8	0	0	0	7	2	0
Hepatitis	55	2	3	26	1	4	12	34	20	13
Toxic Substance Exposures	8	0	3	15	2	3	18	8	6	2
Vaccine Preventable Diseases	24	0	20	8	0	5	38	13	3	4
Zoonotic/ Environmental	101	23	17	20	11	19	61	80	34	17

OUTBREAKS BY TYPE

Dermatological	7
Gastrointestinal	14
Respiratory	18
Other	1

An outbreak happens when more cases of a disease occur than expected in a certain place and time. When an outbreak is identified, we investigate to find the source and take steps to prevent further spread.





POPULATION HEALTH

Our Population Health Department works across many sectors to support community health. Our work includes building partnerships, coordinating coalitions, connecting people to resources, engaging with community partners, and supporting health education and outreach. We also focus on harm reduction and health equity, making sure that communities with greater needs receive the support and resources necessary to improve their health. Our primary areas of health education focus on Harm Reduction and Maternal and Child Health, and include training on opioid overdose response and safe car seat installation and safe sleep practices for babies.



COMMUNITY OUTREACH EVENTS

Locality	# of Events
Augusta County	24
Bath County	3
Buena Vista City	2
Harrisonburg City	22
Highland County	0
Lexington City	6
Rockbridge County	9
Rockingham County	2
Staunton City	26
Waynesboro City	9
Total	103

55 Community Partners in 2025



MATERNAL CHILD HEALTH INITIATIVES

140 Cribettes Distributed



115 Car Seats Distributed



52 Car Seat Safety Classes Held



HARM REDUCTION SERVICES

506 Individuals trained in Opioid Overdose Response

616 Doses of naloxone distributed

204 Fentanyl Test Strips distributed



CONNECTION2CARE

630 Cases Resolved

591 Clients Assisted

Top Needs:
Housing
Food
Utility
Assistance
Social
Services

Every CSHD location offers free opioid response training, free naloxone, free Fentanyl Test Strips, and instructions on how to use them. Request connection to community resources here:

www.vdh.virginia.gov/central-shenandoah/request-assistance/



MOBILE UNIT

CSHD completed renovation of our mobile unit on March 28th of 2025, giving us a fully functional mobile clinic space with a private patient room and bathroom. CSHD staff voted to name the unit “Wellness on Wheels,” or W.O.W., for short.



W.O.W. held its first event on April 12 and continued with several events throughout the year. These events offered a welcoming space for basic health services and created an opportunity to connect with the community. Items provided included diapers, hygiene kits, hand warmers, and local health resources for our rural and low-income communities.



MOBILE UNIT EVENTS

18 EVENTS

APRIL - DECEMBER 2025



12 STI TESTING CLINICS

- 41 STI Panels performed
- Tested for HIV, syphilis, Hep B, Hep C, Chlamydia, and Gonorrhea

3 OUTREACH EVENTS

- Staunton Back-to-School Bash
- Waynesboro Back-to-School Bash
- Let’s Rock with Rockbridge Recovery

3 WELLNESS CHECK CLINICS

- 18 Clients seen
- Services include blood pressure and blood sugar checks

To see upcoming events in your area, check out our website: <https://www.vdh.virginia.gov/central-shenandoah/events/>

THANK YOU!



1: Courtesy of Kim Dayhoff, 2: Courtesy of Wanda Revercomb, 3: Courtesy of Jordan Good



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