

# WAYS TO CONTINUE PROTECTING YOUR HEALTH

Central Virginia from Pandemic to Endemic



**1- CONTINUE TO WASH YOUR HANDS EFFICIENTLY.**



**2- STAY HOME IF YOU FEEL SICK.**



**3- KNOW WHERE YOU CAN GET TESTED AND/OR VACCINATED.**



**4- CLEAN & DISINFECT HIGH TRAFFIC AREAS & SURFACES**



**5- Be aware of current COVID-19 testing and vaccination locations.**