

TREATS NOT TRICKS

- **Do not go trick-or-treating alone. Go in a group or with trusted adults.**
- **Stay away from homemade treats, candy that is not factory wrapped, and candy that does not look brand new. If you are not sure if the candy has been opened, check with a trusted adult.**
- **Be aware of and avoid open flames in jack-o-lanterns.**
- **Have an ID card on your person.**
- **Pre-plan your route and walk on the side walk when possible.**
- **Use a flashlight and wear bright colors when possible.**
- **Make sure you are trick-or-treating in a well lit area.**



HALLOWEEN SAFETY

B I N G O



Planned
my
costume.

Know my
route for
trick-or-
treating.

Checked my
candy to make
sure it was safe
to eat.

Know who
I am trick-
or-treating
with.

FREE SPACE



Stayed with
my group
when trick-or-
treating.

Have a
flashlight/bri
ght clothing
prepared.

Used sidewalks
instead of
streets when
possible.

Had a safe
night of trick-
or-treating.

CENTRAL VIRGINIA HEALTH DISTRICT

PARENT'S GUIDE TO TRICK-OR-TREATING

- Do not let your children trick-or-treat alone; go in groups or with trusted adult supervision.
- Have your child carry an identification card.
- Plan your child's well-lit trick-or-treating route ahead of time, and use sidewalks when possible.
- Check your child's candy. Stay away from homemade treats or items not in original factory sealed packaging. Discard candy that is unsealed or has an odor/discoloration. Common drugs found in Halloween candy include: Fentanyl, Marijuana, Oxycodone, and Benzodiazepine.
- Sanitizing candy packaging with anti-bacterial wipes/spray can reduce COVID-19 transmission.

