

FOR IMMEDIATE RELEASE

October 5, 2023

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Central Virginia Health District Conducting Long COVID Study

LYNCHBURG, Va. – The Central Virginia Health District is conducting research about Long COVID and its impact on our community. Long COVID is when a person is still sick many months after getting COVID-19. Symptoms can include trouble breathing, a cough, feeling weak and tired, and problems with certain organs, such as their heart or kidneys. You do not have to have a diagnosis of Long COVID to participate. We want to learn about any long-term effects that people might have two or more months after a COVID-19 infection.

To participate in the study, you must meet the following criteria:

1. Had COVID-19 at least once
2. Experienced symptoms lasting at least two months after a COVID infection
3. Must be a resident of Amherst, Appomattox, Bedford, or Campbell County, or the City of Lynchburg

If you qualify, go to <https://redcap.link/cvhdlongcovidstudy> or call 804-664-4520. A member from our team will reach out, review consent, and complete a phone interview. You will then be asked to participate in a follow up interview in three and six months after the initial interview.

Findings from the study will be submitted for future publication and presentation to the scientific community and made available on our website. The purpose of the study is to improve our understanding of Long COVID including our ability to recognize potential symptoms or conditions associated with the disease.