

# Submitting an Assistance Request Form



## ONE FORM – ENDLESS CONNECTIONS

The Central Virginia Health District's Community Health Workers monitor this referral form daily. All submissions will receive a response within 2 business days.

By completing the Assistance Request Form, individuals can be connected to a wide range of services, including:



### Maternal & Child Health Services

- BabyCare Program
- Car Seat Safety Program
- Safe Infant Sleep Program
- WIC (Women, Infants, Children)

### Clinic Services

- Immunizations
- STI Screening & Treatment

### Additional Services

- Individual & Family Support  
(Connection to Community Resources)
- Peer Recovery & Support
- Vital Records Assistance

## Two ways to get to fill out the Assistance Request form:

1) Scan the assistance request form QR CODE & submit.

OR

2) Visit CVHD.org under assistance request form & fill out online.

Primary Contacts (Effective July 1, 2025):

For inquiries regarding Car Seat Safety, Safe Infant Sleep, or the BabyCare Program, please contact:

Raven Sullivan

(434) 948-0995

[raven.sullivan@vdh.virginia.gov](mailto:raven.sullivan@vdh.virginia.gov)

*Please forward calls only if there are specific questions related to these programs, for general application/eligibility information please utilize the assistance request form.*

For inquiries regarding how to utilize and complete the assistance request form please contact:

Erin Myers

(434) 473-2037

[erin.myers@vdh.virginia.gov](mailto:erin.myers@vdh.virginia.gov)