



Central Virginia
Health District

2025 ANNUAL REPORT



www.CVHD.org
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Central Virginia
Health District

DISTRICT OVERVIEW



Get Connected:

Address: 307 Alleghany Ave. Lynchburg, VA 24501

General Email: AskCVHD@vdh.virginia.gov

Email for food inspection/permits, well and septic, and rabies: LynchburgEH@vdh.virginia.gov

Phone: 434 - 477 - 5900

About

Central Virginia Health District serves the city of Lynchburg and the counties of Amherst, Appomattox, Bedford & Campbell. We have a health department in each locality but all work together to promote public health efforts in our community. All departments operate under our director, Kerry W. Gateley, MD, MPH, CPE.

Mission

We nurture the community's wellbeing by practicing public health, meeting the needs of the present while planning for the future.

Staff

Number of employees/contractors
at the end of 2025:

FTE's: 104

Wage: 8

Contractors: 5

Departments

- Administration and Finance
- Vital Records
- Epidemiology
- Environmental Health
- Population Health
- Early Intervention
- Women, Infants, and Children (WIC)
- Emergency Preparedness
- Nursing



Central Virginia
Health District

DIRECTOR'S LETTER



We are excited to present the Central Virginia Health District's Annual Report. This publication highlights the essential services and programs we provide as we remain committed to advancing the health and well-being of our communities.

Guided by the Virginia Department of Health's mission, "To protect the health and promote the well-being of all people in Virginia", our team works each day to meet the evolving needs of those we serve. As you explore this report, we're proud to share a few of our key achievements from the past year:

- 354 community members received NARCAN through Rapid REVIVE training in 2024.
- Collaborated with 391 dedicated Medical Reserve Corps (MRC) volunteers.
- Supported 2,195 families through the WIC program.
- Engaged in 52 local outreach and community events.
- Completed 1,738 inspections of food service facilities.
- Provided services to over 700 children through Early Intervention.

I am continually inspired by the dedication of our staff and the strength of the communities we serve. This report is a celebration of their hard work, compassion, and commitment. To the entire Central Virginia Health District team—thank you for all you do to make a lasting impact.

Dr. Kerry Gateley

Dr. Kerry Gateley, a native of Tennessee, received a Bachelor of Science degree (summa cum laude) from Christian Brothers University in 1982 and a Doctor of Medicine (M.D., Alpha Omega Alpha honors) from the University of Tennessee Health Sciences Center in 1985 (both in Memphis, TN). He completed a residency in Public Health and General Preventive Medicine at the University of South Carolina in Columbia, SC, where he also received a Master of Public Health degree (1987).

1989: Director of Tuberculosis Control for the Tennessee Department of Health (TDH)

1996: Vice President for Clinical Services at Williamson Medical Center in Franklin, TN

2003: Health Officer/Executive Director for the Kanawha-Charleston Health Department (KCHD)

In July 2008, Gateley accepted the position of Health Director for the Central Virginia Health District. He served as Public Health Coach for Lynchburg's ACHIEVE grant as awarded by the National Association of County/City Health Officers (NACCHO) and the Centers for Disease Control and Prevention (CDC).

In 2018, Dr. Gateley also became the Health Director for the West Piedmont Health District. Dr. Gateley was responsible for leading his Districts' response to the COVID-19 pandemic, guiding epidemiological, vaccination, and public information activities.

2021: Dr. Gateley was awarded the George Taylor Stewart III Award for community service by the Lynchburg Regional Business Alliance, in recognition of his role in the COVID-19 response.

He has continued participate in joint community health assessments with Centra Health along with community partners, with the intent to create a more comprehensive and inclusive process for the 2024 assessment and improvement planning. Keeping up with the opioid public health crisis, Dr. Gateley has worked to expand naloxone distribution through efforts involving multiple departments (Nursing, Population Health) and community partners. Finally, Dr. Gateley hosts in Lynchburg (of only two in the state) a partnership between VDH and the Department of Behavioral Health and Developmental Services: The Infant and Toddler Connection, a program for children and families with developmental delays and disabilities. This program currently serves 580 children in their natural environments.



Central Virginia
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ADMINISTRATION & FINANCE

The Administration & Finance Department is the backbone of the Central Virginia Health District, providing essential support to public health programs. This team ensures that resources, personnel, and infrastructure are effectively managed to promote community well-being.

FY25 Grants Expenditures

\$4,483,733.22

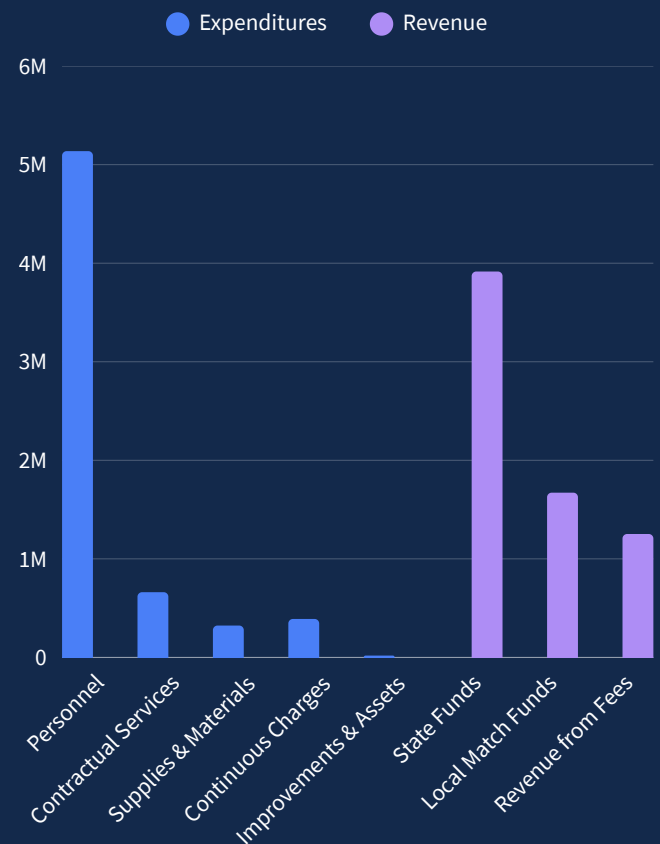
FY25 Cooperative Expenditure

\$6,530,695.70

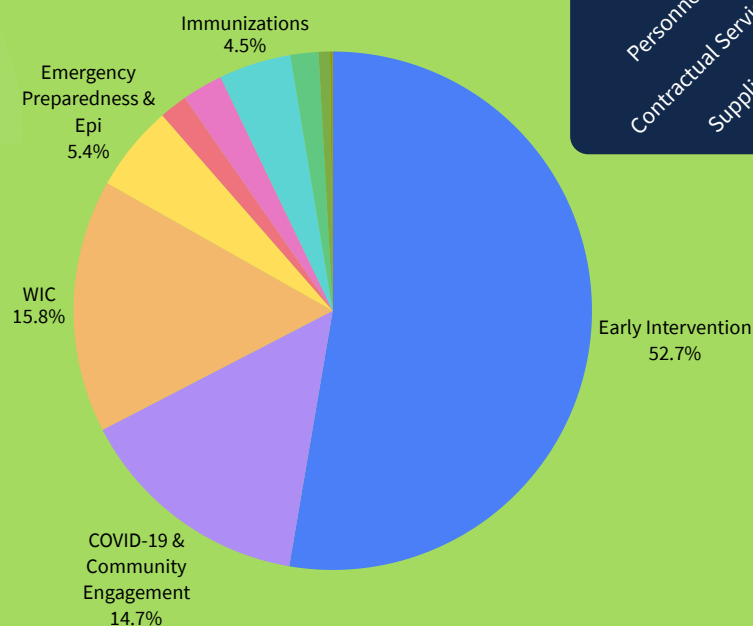
FY25 Cooperative Revenue

\$6,839,211.00

FY25 Central Virginia Health District Cooperative Revenue & Expenditures



FY25 Central Virginia Health District Grant Expenditure Distribution





Central Virginia
Health District

PUBLIC RELATIONS



Facebook

Press Release

Instagram

Newsletter

Central Virginia Health District

@CentralVAHealthDistrict

Subscribe Below!

- 1.7K Content Interactions
- 92.5K Page Views
- 3.9K People Reached
- 4.2K Page Visits
- 106 New Followers

10 Press Releases issued in 2025.

- 566 Content Interactions
- 20.9K Page Views
- 3.9K People Reached
- 576 Page Visits
- 90 New Followers



649 Direct Newsletter subscribers at the end of 2025.

Facebook:

+75.3%

Content Interactions

+63.6%

Visits

+43.2%

Follows

Instagram:

+100%

Content Interactions

-19.4%

Visits

+75.3%

Reach



CLINIC SERVICES

Immunizations

- Required immunizations for school, travel, and immigration

Sexually Transmitted Diseases (STDs)

- Testing, diagnosis, counseling, and treatment

Tuberculosis (TB)

- Assessments and skin tests to detect exposure

Every Woman's Life

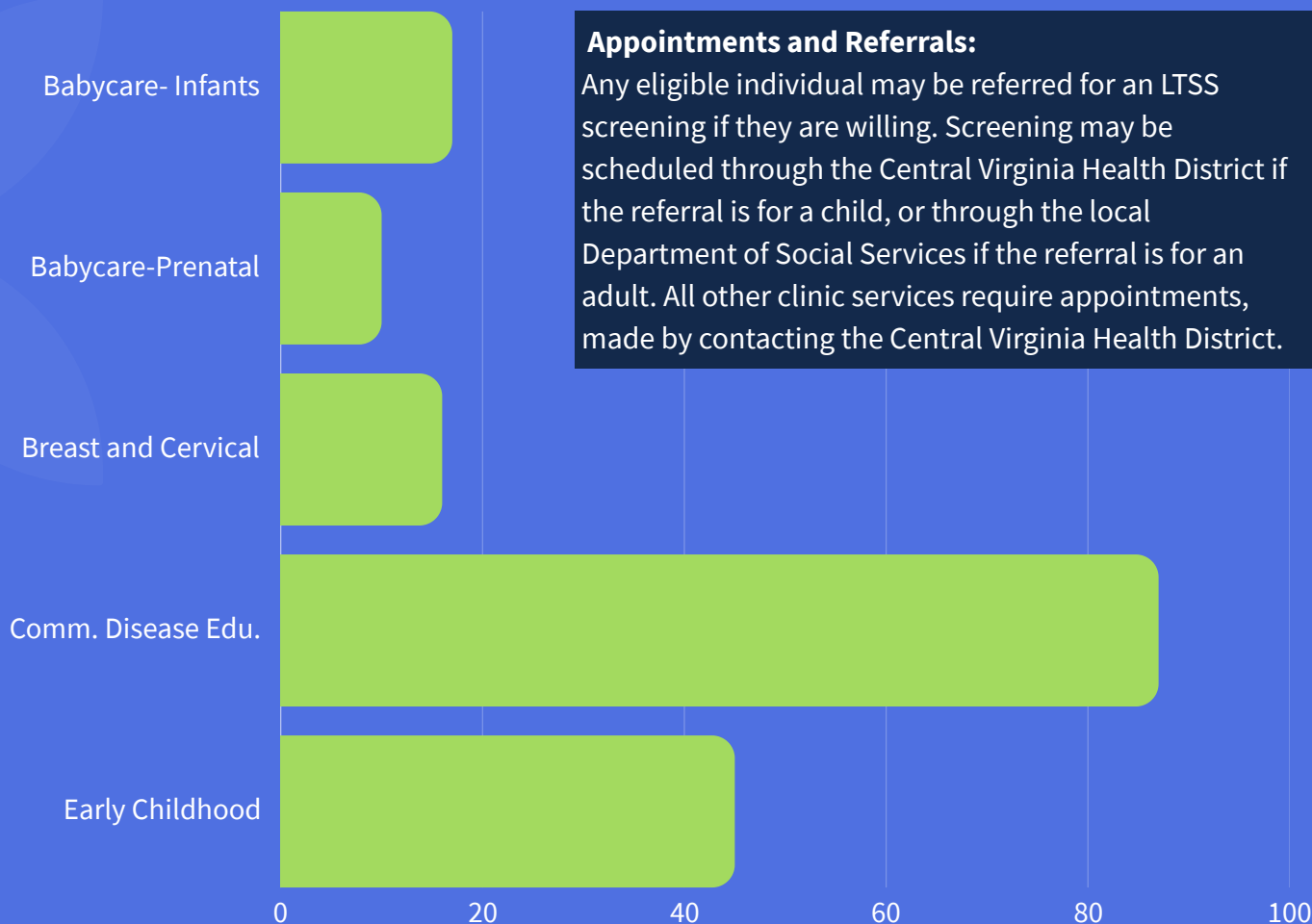
- Breast and cervical cancer screening, breast exams, mammograms, pelvic exams, and Pap smears

Long Term Services Support (LTSS)

- Eligibility screening for Medicaid-funded program covering in-home care, PACE (Program of All-Inclusive Care for the Elderly, adult day care, and nursing homes)



District Count of Clients by Subprogram





Eligibility and Payment:

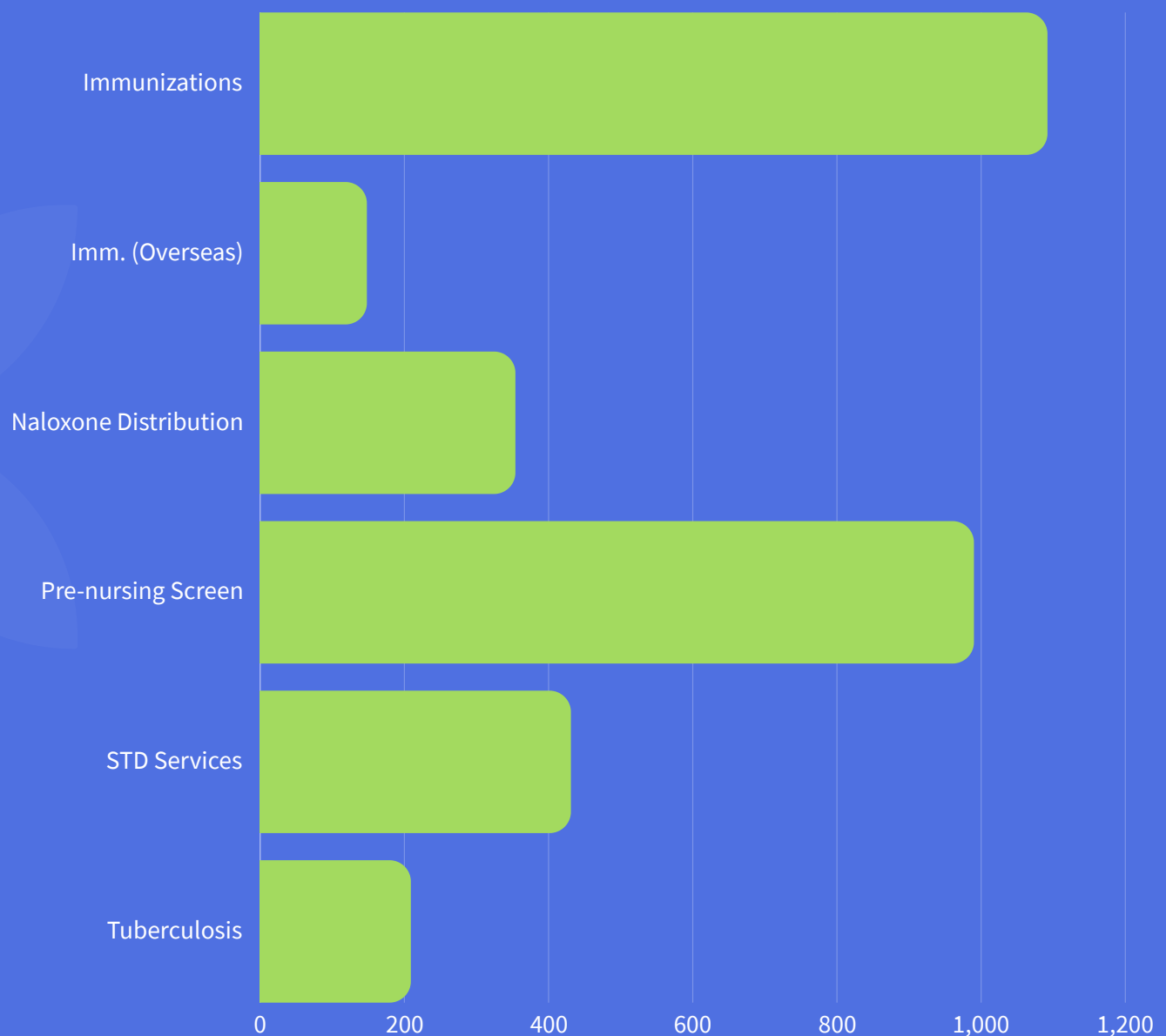
Immunizations and STDs- Anyone is eligible, Medicaid and most insurance options are accepted.

TB- Anyone is eligible, a small fee is attached to assessments and skin tests.

Every Woman's Life- Income eligible, uninsured women between 40-64 years of age, and women between 18-39 years of age who require diagnostic testing for breast or Pap smear abnormalities. No cost for services.

LTSS- Any Medicaid enrollee who needs assistance with functional daily living, has an ongoing medical nursing need, or needs to/is at risk of needing to be placed in a nursing home in the next 30 days.

District Count of Clients by Subprogram (cont.)





ENVIRONMENTAL HEALTH

Permitted Food Establishments, CY 2025						
Permit Type	Amherst	Appomattox	Bedford	Campbell	Lynchburg	Total
Carry Out	1	2	6	3	17	29
Caterer	2	1	5	3	12	23
Child Care Food Service	2	3	2	5	8	20
Commissary			3	3	1	7
Continental Breakfast			2	2	8	12
Convenience Store Food Service	1		6	7	6	20
Correctional Facility	1		1	1	2	5
Educational Facility Food Service	11	4	20	15	23	73
Fast Food	21	12	55	42	138	268
Full Service Restaurant	31	14	73	58	157	333
Hospital Food Service			1		2	3
Long Term Care	1	2	6	6	16	31
Mobile Food Unit	8	2	33	30	30	103
Summer Camp Food Service			2	2	1	5
Vending					3	3
Total	79	40	215	177	424	935



Food Protection

The food protection program minimizes the threat of foodborne illness by permitting and inspecting restaurants, food booths at fairs and other temporary events, and food service operations in schools, nursing homes, hospitals, and other facilities. The food specialists also investigate complaints and reports of possible foodborne illness outbreaks. We also review plans for new construction or remodeling of food service operations.

Food Establishment Inspections, CY 2025*						
Inspection Type	Amherst	Appomattox	Bedford	Campbell	Lynchburg	Total
Complaint	10	6	14	18	42	90
Follow-Up	14	13	71	73	146	317
Food Borne Illness	4		2	5	6	17
Other	4	6	24	17	39	90
Pre-Opening	8	1	24	15	50	98
Risk Factor	4	4	10	24	34	76
Routine	92	46	233	204	468	1043
Training					7	7
Total	136	76	378	356	792	1738

*An additional 130 inspections of temporary event food vendors were done





Other Permitted Establishments

To assure safe recreational and lodging facilities, environmental health staff are responsible for regulating several types of non-food establishments. We permit and inspect the facilities shown below, and investigate complaints related to those facilities.

Non-Food Establishment Inspections, CY 2025						
Facility Type	Amherst	Appomattox	Bedford	Campbell	Lynchburg	Total
Campground	2	2		2		6
General	8	7	17	24	25	81
Marina	4		29	2		35
Migrant Labor Camp	5	1	1	7		14
Summer Camps		1	1	3		5
Tourist Establishment	7	9	15	16	33	80
Total	26	20	63	54	58	221

Non-food Establishment Permits, CY 2025						
Facility Type	Amherst	Appomattox	Bedford	Campbell	Lynchburg	Total
Campground	2	2	12	2		18
General	4	3	9	7	3	26
Marina	4		41	6		51
Migrant Labor Camp	5		1	7		13
Summer Camps		1	2	2		5
Hotel/Motel/B&B	5	7	14	13	23	62
Grand Total	20	13	79	37	26	175



Complaint Investigations, CY 2025	
Complaint Type	Number Received
Foodborne Illness	50
Food	48
General Environmental	97
Nuisance	1
Sewage	43
Trash	2
Water Supply	3
Other	7
Total	251



Rabies Prevention

Health department environmental health staff work closely with local animal control officers and health department nurses to prevent the spread of rabies from wild animals to people and domestic animals. Environmental health staff investigate reports of potential exposure to rabies, collect and submit animal specimens to the state laboratory for rabies testing and follow-up to ensure that any necessary post-exposure recommendations are followed. During 2023, 59 persons received rabies prevention treatment following known or potential exposure to rabies.

Samples Submitted for Rabies Testing

Species	Amherst	Appomattox	Bedford	Campbell	Lynchburg	Other	Total
Bat	5	1	14	10	19		49
Bobcat			1				1
Cat	23	8	59	49	49	3	191
Cow			1			4	5
Coyote			1				1
Deer						1	1
Dog	57	7	140	105	46	4	359
Fox	3	1	2	4	1		11
Goat			2	1		2	5
Groundhog			5	1	2		8
Opossum			1				1
Raccoon	5	2	10	5	1		23
Rodent			4		2		6
Sheep				1		1	2
Skunk	2	1	2	2	3		10
Squirrel	2		1		1		4
Wolf		1					1
Total	97	21	243	178	124	15	678

Confirmed Rabid Animals, CY 2025

Species	Amherst	Appomattox	Bedford	Campbell	Lynchburg	Total
Bat			1			1
Cat	1				1	2
Cow						1
Dog			1			1
Fox	3		1	2	1	5
Opossum			1			1
Raccoon	3	1	2	1		7
Skunk	2	1		2	3	4
Total	9	2	6	5	5	28

Animal Bite Reports, CY 2025

Amherst	Appomattox	Bedford	Campbell	Lynchburg	Other	Total
102	25	251	176	132	14	700



Grade A Milk

We regulate only one dairy plant, but the milk program is high priority because contaminated dairy products can affect a very large number of people. There is an economic issue as well—failure to maintain national standards for safety and sanitation can cause a milk plant to lose its permission to ship milk to other states.

We work with plant personnel, state level regulators and the Food and Drug Administration to ensure products produced by the milk plant are safe and sanitary. Our staff collect monthly samples of all pasteurized milk products, raw milk and the product containers produced on site for testing by the state lab. District milk specialists also inspect the plant and test its equipment to make sure that regulatory requirements are met, and milk products are properly pasteurized.

The district continues to make progress toward meeting the FDA Voluntary National Retail Food Program Standards, a quality assurance program for state and local food protection programs. At the end of 2023, the district has fully met five of the nine standards and partly met the other four. In addition to the services below, the district also provided 96 inspections of temporary food vendors.

EMERGENCY PREPAREDNESS

VDH's Office of Emergency Preparedness (OEP) ensures effective public health emergency response through preparation, collaboration, education, and rapid intervention. CVHD partners with state, regional, and local agencies to enhance readiness for all hazards, including bioterrorism, disease outbreaks, and other emergencies through hazard mitigation planning, mass prophylaxis, and all-hazard coordination.

Volunteers

41 New Volunteers
391 Total Approved

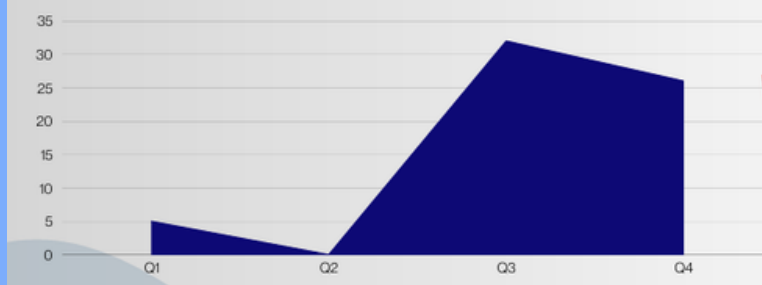
Deployments

63 Volunteers Deployed
254 Total Hours Deployed
248 Public Health Support Hours

Trainings

52 Volunteers Trained
206 Training Hours

Deployments by Quarter,
CY 2025



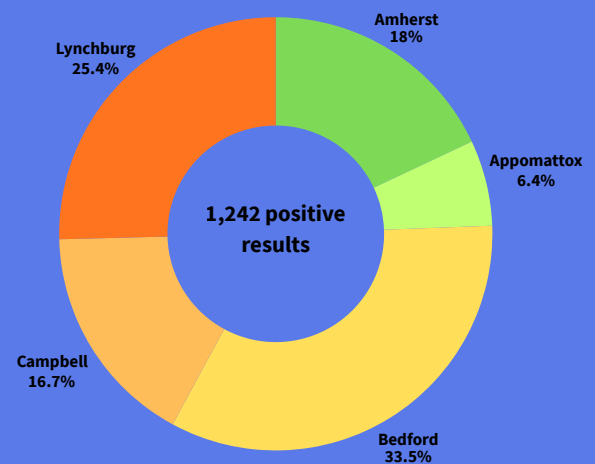


EPIDEMIOLOGY

Epidemiology is the branch of medical science that investigates all the factors that determine the presence or absence of diseases and disorders. Epidemiological research helps us to understand how many people have a disease or disorder, if those numbers are changing, and how the disorder affects our society and our economy.

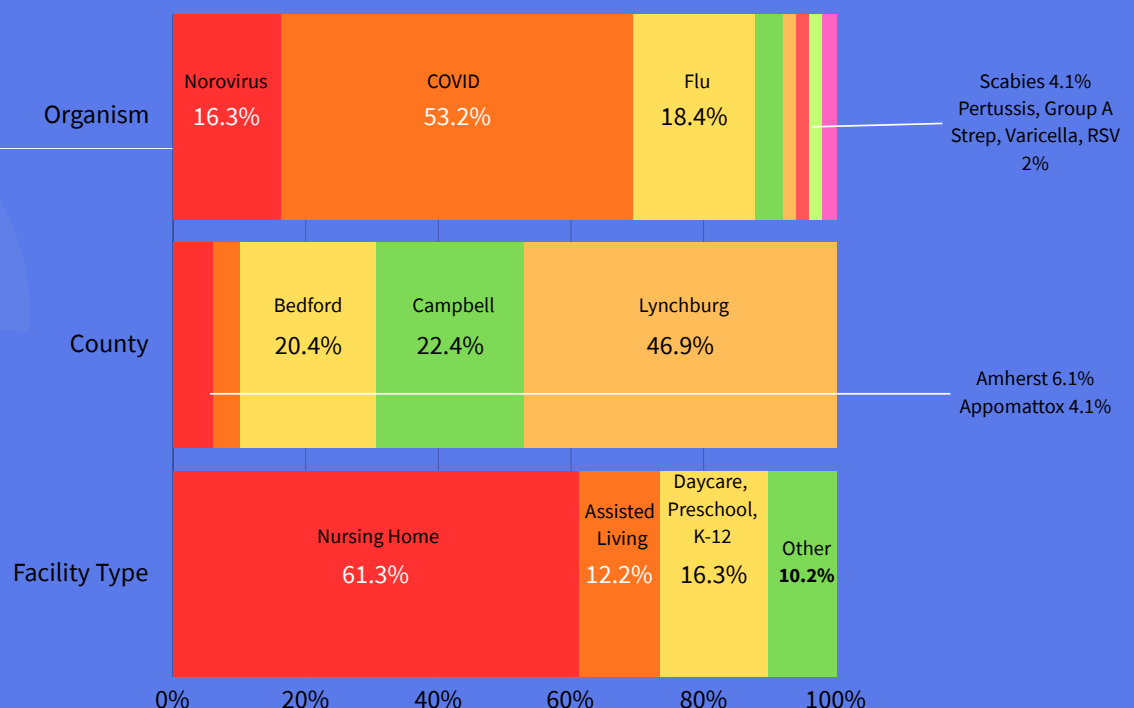
Alpha-Gal Syndrome became a reportable disease in September of 2025. There were likely more positive results than were reported because reporting was not required during the first part of the year. The number of results reported do not reflect the true number of those experiencing Alpha-Gal Syndrome as antibodies can be present in the body without any associated symptoms.

**Positive Alpha-Gal Lab Results
Reported by County, 2025**



Summary of Reported Outbreaks

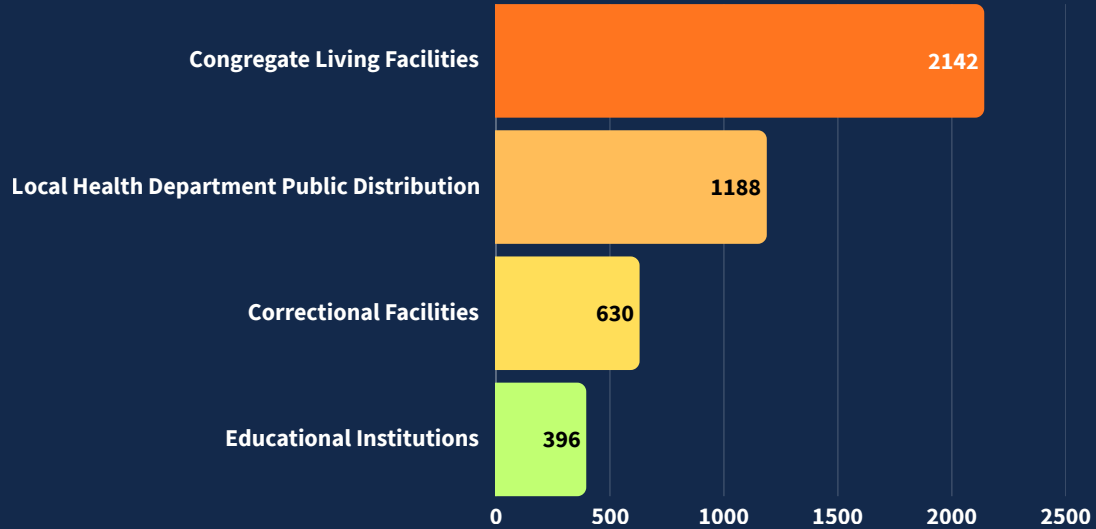
Total outbreaks reported: 49



A total of 49 outbreaks were reported in 2025, and the data are displayed by organism type, county affected, and facility type. The majority of reported outbreaks were due to COVID, located in Lynchburg, and in the nursing home setting.



Rapid Flu A/B & COVID Test Kit Distribution By Facility Type Total kits delivered: 4,356



Yearly Count of Reportable Diseases Central Virginia Health District

*Indicates number is less than 5 and too small to report

Vectorborne Diseases	2024	2025	Vaccine Preventable Diseases	2024	2025
Alpha-Gal Syndrome	N/A	1242	Chronic Hepatitis B	28	34
Anaplasmosis	*	10	Pertussis	26	23
Ehrlichiosis	16	31	Varicella	*	18
Lyme Disease	86	102	Healthcare Associated Infections		
Rocky Mountain Spotted Fever	16	16	Carbapenemase-Producing Organisms	*	8
Zoonotic/Environmental Diseases			Invasive Haemophilus Influenzae	7	10
Campylobacteriosis	39	29	Invasive Group A Strep (iGAS)	18	19
Cryptosporidiosis	12	11	Streptococcal Toxic Shock Syndrome	11	*
Shiga-Toxin Producing E. coli	7	13	Other		
Giardiasis	*	7	Chronic Hepatitis C	105	129
Legionellosis	8	17	Legend		
Salmonellosis	36	38	Indicates significant increase in 2025. No other changes were significant.		

Diseases/conditions in 2025 with less than 5 cases and not included in table: *Candida auris*, carbon monoxide poisoning, hemolytic uremic syndrome, acute Hepatitis B, acute Hepatitis C, histoplasmosis, listeriosis, melioidosis, elevated mercury levels, shigellosis, vibriosis, West Nile virus, and yersiniosis.



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INFANT & TODDLER

The Infant & Toddler Connection of Central Virginia is part of Virginia's early intervention system for infants and toddlers with disabilities and their families. They serve all localities of the Central Virginia Health District – Lynchburg City and Amherst, Appomattox, Bedford and Campbell Counties.

Early intervention supports and services focus on increasing the child's participation in family and community activities that are important to the family. In addition, they teach parents and other caregivers how to help their children learn during everyday activities.



Eligibility and Referrals:

Any infant or toddler in Virginia who isn't developing as expected or who has a medical condition that can delay typical development is eligible to receive early intervention supports and services. The Infant & Toddler Connection of Virginia's supports and services are available to all eligible children and their families regardless of a family's ability to pay. Referrals for eligibility can be made by physicians or hospitals, or by families through the online referral form.

Services Offered:

- Audiology
- Developmental Services
- Occupational Therapy
- Physical Therapy
- Service Coordination
- Speech Language Pathology
- Vision Services

738

Total clients in 2025

5,373

Total visits in 2025

Speech Language Pathology Services:

- Assistive Technology Services
- Cued Speech Services
- Listening and Spoken Language Services
- Sign Language Services

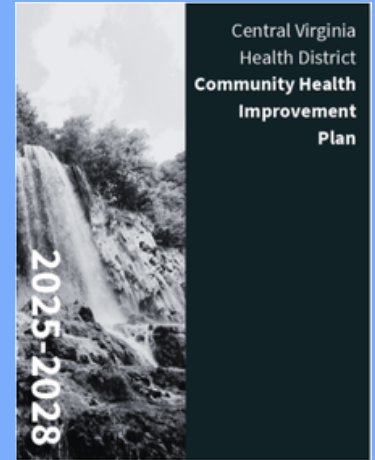




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POPULATION HEALTH

The Population Health department improves the community's health by providing current data on chronic diseases, identifying health trends and risk factors through research and surveys, developing and implementing targeted health promotion and disease prevention programs, collaborating with local partners to address community needs, and providing education and training to community members, healthcare professionals, and stakeholders.



Services Offered:

- Chronic Disease Prevention & Nutrition Education
- Community Health Worker Individual & Family Support
- Maternal & Child Health Services
- Resource Coordination & Outreach
- Substance Use Disorder Peer Recovery Support

Assistance Request Forms:

The Central Virginia Health District's Community Health Workers monitor this referral form daily. All submissions will receive a response within 2 business days. By completing the Assistance Request Form, individuals can be connected to a wide range of services, including Maternal & Child Health Services, Clinic Services, and Peer Recovery Support.



233

Total submissions in 2025

Community Health Workers provide Individual & Family Support by identifying and responding to client needs, connecting them to community partners and resources to address food insecurity, housing instability, transportation and employment needs, among others.



Central Virginia
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Chronic Disease Prevention

Virginia Healthy Hearts Initiative

A public health initiative to prevent and manage hypertension among individuals and communities at high risk for cardiovascular disease. The Virginia Department of Health and its state and local partners implement community, clinical, and health system strategies within identified census tracts with the highest hypertension prevalence in the Commonwealth. The Diamond Hill neighborhood in Lynchburg was chosen based on data showing that over 53% of adults 18 and older have high blood pressure in that census tract.



Healthy Heart Ambassador Blood Pressure Self-Monitoring Program

A four-month, evidence-based program focusing on home blood pressure monitoring and nutrition education. Adults who have been diagnosed with high blood pressure or are currently taking antihypertensive medication to lower blood pressure are eligible for enrollment. Participants receive a blood pressure monitor and cuff and are trained to measure and track their blood pressure at home.

Diabetes Prevention Program

Trained lifestyle coaches facilitate the CDC Prevent T2 Diabetes Prevention Program at chosen locations in the district. Location examples include senior living facilities, churches, and community centers. The program targets Medicare eligible community members who are pre-diabetic.



Maternal & Child Health Services

BabyCare Program

This program is offered free of charge to women who are Medicaid eligible and pregnant or have an infant up to two years of age. Home visits are conducted by a registered nurse and a maternal child health community health worker. The program saw a total of 27 clients in 2025, and conducted a total of 66 visits in 2025.

Child Passenger Safety Program: 149 Car Seats Distributed in 2025

This program is open to participants who receive WIC and/or Medicaid or meet certain income criteria. It provides education on proper car seat installment and child positioning. Individuals may apply for a seat during their last trimester of pregnancy or if they have a child under 8 years of age. Convertible and booster seats are available for eligible participants. Education sessions are available at all CVHD locations in both English and Spanish.

Child Passenger Safety Checks

Any resident in the health district is eligible to receive this service. A certified child passenger safety technician will check the child's car seat to ensure it fits the child, is installed in the vehicle correctly, and is being used correctly. Technicians provide hands-on guidance to participants to ensure the child's safety.

Safe Sleep Program: 64 Pack & Plays Distributed in 2025

This program is open to participants who receive public assistance or meet certain income criteria. It teaches parents and caregivers how to keep their babies safe while sleeping. The program also gives portable cribs to families who do not have a safe place for their baby to sleep. Individuals may apply during their last trimester of pregnancy or if they have a child under 2 years of age and 65 pounds.



Central Virginia
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Community Health Worker & Language Access Hub

The CHWLA Hub founded in 2025, is a collaborative initiative led by the Central Virginia Health District to strengthen partnerships among local organizations that serve and support community members through outreach, education, and access to resources.

Founding Partners Include: Centra Community Health, Central Virginia Health District, Community Access Network, Johnson Health Center, & The United Way of Central Virginia



Mission

To serve as a trusted central hub for CHW's to empower individuals and families by connecting them to vital resources, providing equitable language support, fostering collaboration, and creating healthier, stronger communications.

Vision

A united community resource collective where Central Virginia's CHW's and programs are empowered and supported to drive transformative change, fostering equitable access, vibrant partnerships, and improved well-being for all.

Goals

Our goal is to become a recognized, replicable model for community health & language access.

We strive to ensure long-term sustainability by:

- EXPANDING health education services
- DEVELOPING a data collection system
- FOSTERING collaboration through networking & resource sharing

Substance Use & Recovery

Partnering 4 Recovery Peer Recovery Program

Peer Support Specialists help those suffering from mental health and/or addiction navigate a personal path to recovery by building on individual strengths and successes, while increasing recovery capital. Health Educator peer support specialists share the unique "lived experience" of recovering from mental illness and/or addiction issues at some point in their lives.

Participants are assessed, referred to resources in the area and/or they complete a series of appointments leading up to the completion of a recovery plan. Participants can receive referrals for medications, therapy, mutual support groups, and more. The program is available at no cost to any interested individuals in Amherst, Appomattox, Bedford, and Campbell Counties, and the city of Lynchburg.

Partnerships and Projects

- Lynchburg Recovery Court & Bedford Recovery Court refer individuals to the CVHD Recovery Program
- Year 7 of facilitating the state's first MARA (Medication Assisted Recovery Anonymous) 12-step meeting
- Year 7 of monthly Recovery Cafe (The COVE) partnering with the MOVEUP app to reduce transportation barriers
- Continued participation with The Twelve (step-down rehabilitation facility)
- Alumni Group providing support and accountability to recovery court graduates

Rapid REVIVE Narcan Training

Lifesaving Narcan at all Central Virginia Health District locations. Group trainings available. **354 Clients Served**

Test Strips and Bags

Fentanyl test strips and drug disposal bags for community members upon request.



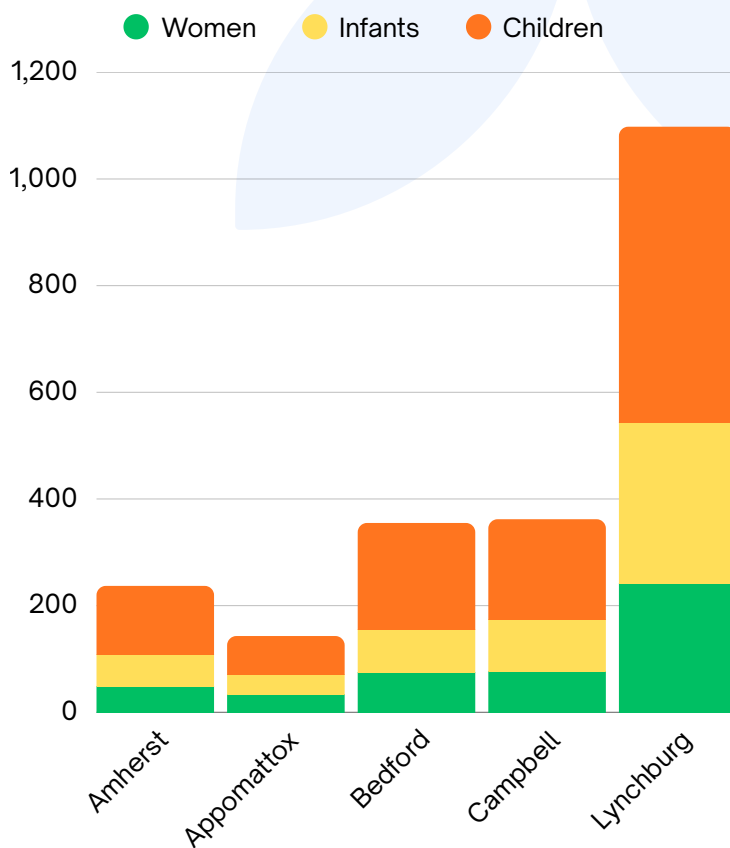
Central Virginia
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WIC

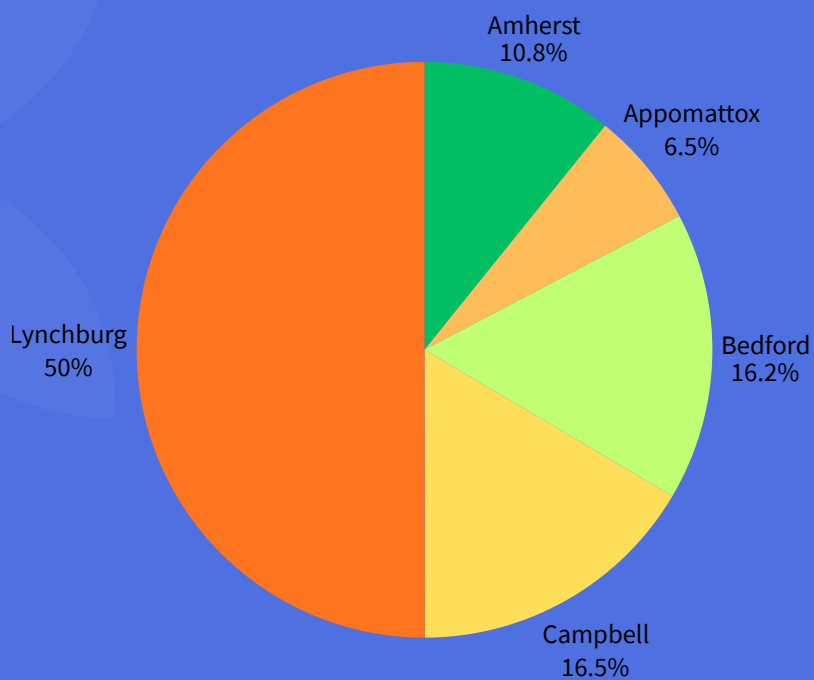
Women, Infants, & Children

WIC stands for the Special Supplemental Nutrition Program for Women, Infants, and Children. It is a federally funded program that provides nutritious foods, nutrition education, and health care referrals to low-income pregnant, breastfeeding, and postpartum women, as well as infants and children up to age five who are at nutritional risk.

WIC Clients by Type, CY 2025



WIC Clients by County, CY 2025





Get connected today.

