

# Affordable and Accessible Food



SCAN ME

When healthy food is not available or affordable, people may settle for food that is lower in nutrition but higher in calories, a common precursor to chronic illness.

Between August 2021 and August 2022 grocery store prices increased by **13.5%**



16.4% of survey respondents identified affordable, healthy food would most improve quality of life.



Residents identified nutrition as being one of the top 3 health problems in the community.

As of 2019, almost **18,000** people between the City of Colonial Heights and Chesterfield County reside in a food desert.

*When COVID hit many people lost their jobs and many people that had never been to food pantries went and asked for food... We thought that once people returned to their jobs the need would return to normal, but the cost of everything went up- utilities, rent, food. People are still struggling to buy food, so our numbers have not gone down.*

Xiomara Enacarnacion, Regional Manager Outreach and Compliance, FeedMore

Over **20%** of residents working with Community Health Workers over the last year have requested food assistance.