

2025



REPORT

Serving
Chesterfield,
Colonial Heights, and
Powhatan, Virginia



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Message from the Director

Our mission is to protect the health and promote the well-being of all people in our community. This takes an incredible amount of teamwork. Members of this team include health district staff as well as representatives from agencies across our service area.

I'm honored to share the third Chesterfield Health District Annual **Impact Report**. It provides an overview of the programs and services we offer and the impact they have on our clients and, by extension, on our communities.

We are excited to showcase some new initiatives on which our team has been working hard. We've branched out to

meet those in our community without access to the tools they need to live healthy lives by bringing services to them where they live. We've published reports that reveal health outcomes in our communities and what we can do to improve them. We're making it easier for parents to keep their kids healthy by providing immunizations for their children while they're in school.

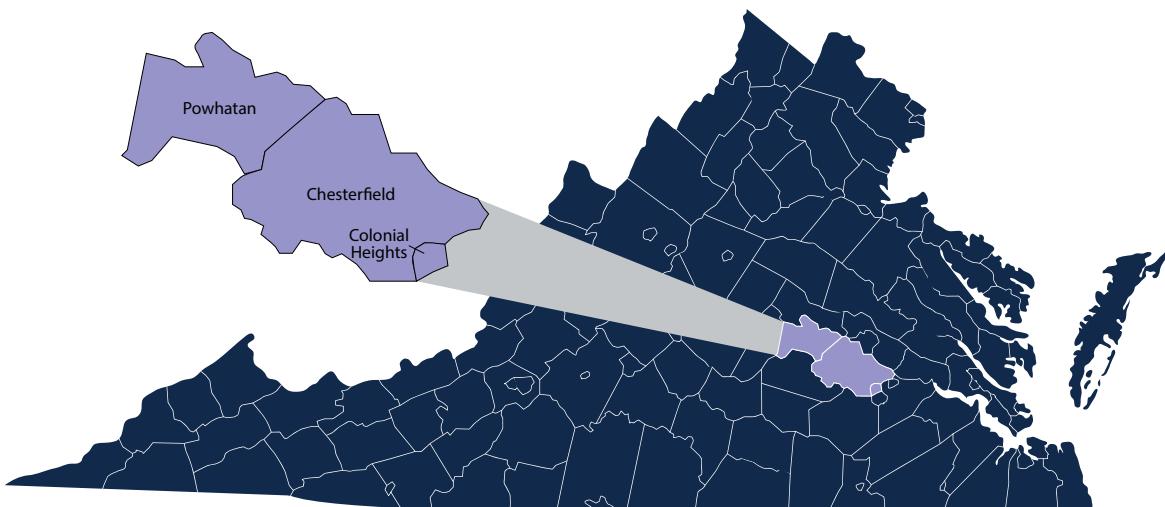
I'm proud of the excellent services health district staff provided over the past fiscal year (July 1, 2024 – June 30, 2025). Through partnership and innovation, we're also discovering ways to better serve our communities.

Our mission is to protect the health and promote the well-being of all people in our community.



Alexander P. Samuel, MD, MPH
District Director
Chesterfield Health District

Clinics and Senior Management Team



Chesterfield Health Dept.
9501 Lucy Corr Cir.
Chesterfield, VA 23832
P.O. Box 100
804-748-1691



Powhatan Health Dept.
3908 Old Buckingham Rd.
Ste. 1
Powhatan, VA 23139
804-598-5680



Colonial Heights Health Dept.*
200 Highland Ave.
Colonial Hgts., VA 23834
P.O. Box 3401
**Location moved to Chesterfield 8/15/25.*



North Chesterfield WIC Clinic
302 Turner Rd., Ste. M
N. Chesterfield, VA 23225
804-318-8633

Senior Management Team



Alexander Samuel, MD, MPH
District Director



Paulette Moore
District Administrator



Jack Watts*
Environmental Health Manager
**Retired*



LaWanda Dunn, BSN, RN
Nurse Manager



Jana Smith, CCHW
Population Health Manager

New Initiatives



Shady Hill Mobile Home Community Partnership

We partnered with Cornerstone Revitalization Center to provide weekly services to the residents at Shady Hill Mobile Home community, including computer classes, career talks, food security, kids games and English classes.



Flu Point of Dispensing Events

We offered flu vaccination events in the fall in each of our localities to protect the public from respiratory illness while training staff and volunteers to dispense flu vaccines as part of emergency preparedness.



In-School Vaccine Clinics

We partnered with Chesterfield County Public Schools and Colonial Heights Public Schools to offer parents the option of having their kids vaccinated while they are in school to make it as easy as possible for them.



Chesterfield County Farmers Market

Our interns in WIC and Population Health started a booth at the Chesterfield Farmers Market to build relationships with the community and increase social media engagement. Several videos had 5,000 views and Instagram followers increased by 47%.

Number of school-based clinics

FY2025
22



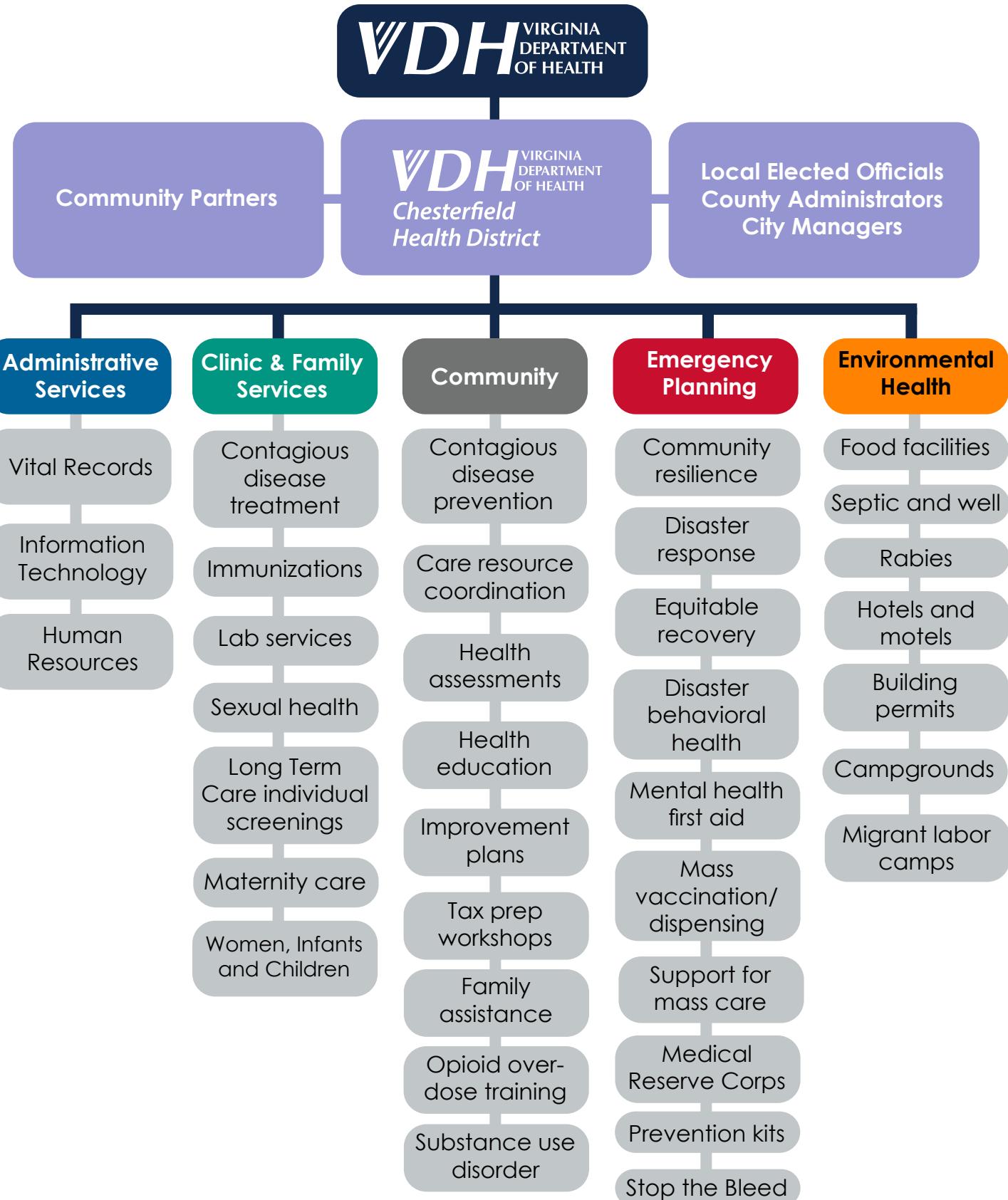
Percent of shots given off-site



FY2025
33%

Services Organizational Chart

Rather than show what we do using the technical language of an organizational chart, here's how we actually help our patients and serve our communities. In the following pages you'll see that illustrated through the **what** we do, **how much** we do it, and the **why**, the impact of this work.



Human Resources



View our job openings by visiting jobs.virginia.gov and searching for "Virginia Department of Health" and checking the location box for Chesterfield.

Funding

We were faced with cuts to grant-funded positions and were able to pivot and rehire some of the positions affected using vacancy funds. This kept vital positions that prevent disease spread and connect people in need with programs in the community.

Freedom of Information Act Requests Fulfilled

FY2025
2,661



Vital Records Requests Fulfilled



FY2025
3,255

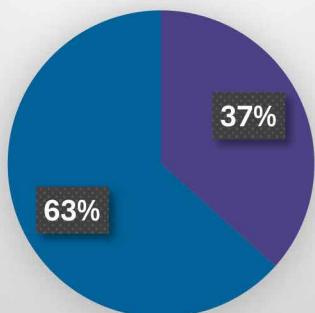
Chesterfield Health District Budget FY2024

Federal Funds	\$5,076,482
Localities*	\$8,786,413
Total	\$13,862,895

*includes state and local matched funds

Budget by Source

■ Federal Funds ■ Localities



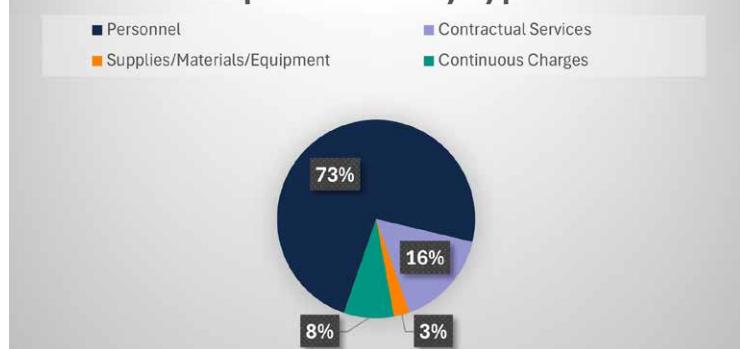
Chesterfield Health District Expenditures FY2024

Personnel	\$7,721,003
Contractual Services¹	\$1,662,633
Supplies/Materials/Equipment	\$270,565
Continuous Charges²	\$860,177
Total	\$10,514,378

¹**Contractual Services:** (lab/x-ray, printing, postal, clerical, information technology support, training)

²**Continuous Charges:** rent, insurance, utilities

Expenditures by type





Here's Why

“ CHD United is a new committee of employees who manage our quarterly district meetings. We provide employees with opportunities to influence workplace practices and culture. ”

-Paulette Moore, District Administrator

Clinical
Care



Community
Well-being

Public health nursing serves as a bridge between clinical care and community well-being. Nursing promotes and protects health, works to prevent disease and illness, serves as a resource for our community while delivering compassionate care for all.



Monique Brown and Robyn Malone help at an immunization clinic in Colonial Heights.



Services

Assessments: Long Term Support Services screenings, case management



Exams: Reproductive health, maternity, child health visits, newcomer health



Disease intervention & care: Immunizations, STI clinic visits and case management, rabies case follow up



Procedures: Contraceptives, coloscopies



Tuberculosis (TB): Home visits, risk assessments, direct observation therapies

Assessments



FY2025

831

Disease intervention & care



FY2025

5,427

Exams



FY2025

3,748

Procedures



FY2025

988

Tuberculosis



FY2025

1,662



Here's Why

“Of the 5,427 contagious disease management visits, 3,573 of those were seeking immunizations - which serves as protection of public health.”

-Kendall Cook, Public Health Nurse Senior

The nutrition program for Women, Infants, and Children (WIC) is funded through the **U.S. Department of Agriculture** and is operated through local health departments and satellite and mobile clinics in Virginia. WIC provides high-quality nutritional care and food to our participants, including:

- milk
- cheese
- eggs
- whole grains:
bread, pasta and rice
- juice
- cereal
- dried beans or peas
- canned salmon and tuna
- peanut butter
- fruits and vegetables
- iron-fortified formula

Average number of WIC participants



FY2025

4,528



WIC turned 50 in 2024!

Highlights

During the winter holiday season, a church donated coats and scarves for the WIC children. A mother came in that did not have a winter coat but she planned to save money until she could afford to buy one. We found a larger coat that she was able to fit into. She was so grateful for the extra warmth.



A different mother came into the clinic that was involved in a domestic violence situation. Staff noticed something was wrong and asked her if she needed help. We contacted a local shelter where she stayed for four days until she could figure out an alternate living situation.



Here's Why

“ We lowered the risk of diabetes, heart disease and cholesterol for **4,500 people** by giving them the foundation they need for good nutrition. **”**

-Kerry Williams, RD,
Nutrition Program Coordinator

Population health approaches health at the community level. We look for **patterns in health** and engage with residents to understand the **root cause** within the community.

Community Health Workers **connect people with the programs** they may need, such as housing, food, clothing, and transportation to improve health outcomes. We **bridge those gaps**.

Working with our partners, we **listen, connect, and engage with residents** so we can learn from them what barriers they face, what health priorities they have, and what help they need.

Care resource coordination



FY2025
939

Benefits

FY2025
300



Food



FY2025
295

Health

FY2025
294



Highlight

Virginia Department of Health intern Caroline Wood initiated a booth at the Chesterfield Farmers Market to promote nutrition. In 2023, she worked as an intern for the Virginia Cooperative Extension. So, she understood the importance fostering community engagement at the farmers market.

She was setting up with other interns when she felt a tap on her shoulder.



When she turned around, she recognized a family she had helped two years ago! The kids now love fruits and vegetables. The mother still cooks healthy food and participates in a community garden.

"It was impactful they still remembered me after two years," Wood said. "It reminded me why I am so passionate about working in public health. We have the power to change someone's life."



VDH VIRGINIA DEPARTMENT OF HEALTH

Here's Why

“ We empowered 939 socially vulnerable clients to take charge of their health and kept them from becoming hungry and helpless. ”
-Jana Smith, Population Health Manager

The epidemiology team works to **prevent the spread of contagious diseases** in our community and respond to those that could **pose a risk to public health**.

We investigate 80+ diseases on the [Virginia Reportable Disease List](#), outbreaks of any illness, and other public health emergencies in order to monitor **community impact** and intervene to **prevent further transmission**.



Reportable Disease Investigations

FY2025: 5,833



Respiratory
5,431



Food-borne
223



Multidrug-resistant organisms
66



Metal toxicity
60



Vaccine preventable diseases
33



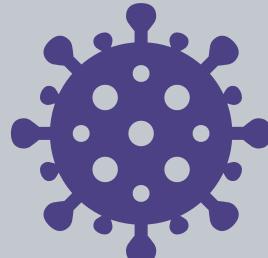
Vector-borne diseases
33

A good reminder to prevent infection with proper handwashing, staying home when sick, covering your coughs and sneezes, and staying up to date on your immunizations.

Make sure cold food is served cold and hot food is served hot. Pay attention to expiration dates and recalls.

Outbreak Investigations

FY2025
147



What this means

Nearly half of our outbreaks were in schools (80), followed by nursing homes (40).

More education in schools about how germs spread and an increase in cleaning could help prevent outbreaks.



Highlight

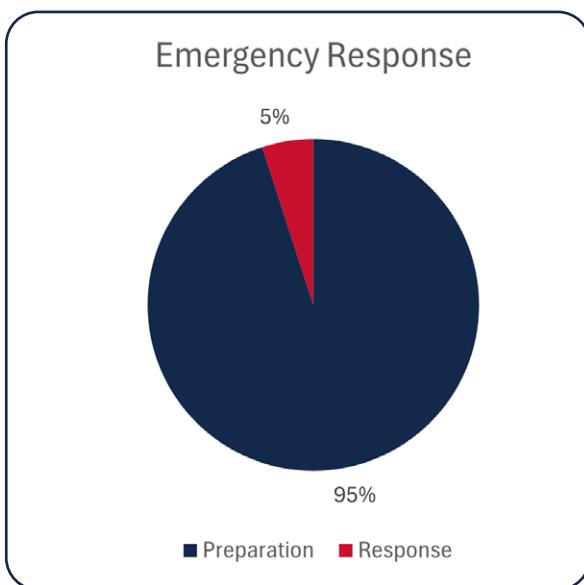
A pediatrician reported a baby who was too young to be vaccinated for measles was exhibiting symptoms. Because measles has such a tight turnaround time for treatment, we had the parent bring in the child and tested the baby in the parking lot. We were able to get negative test results next day. We are here to support local physicians.



Here's Why

“ We kept families safe and controlled the spread of 147 outbreaks to maintain healthy communities. ”

-Stephanie Duong, Epidemiology



Noteworthy Activities



Project Public Health Ready (PPHR) is a criteria-based training and recognition program that assesses local health department capacity and capability to plan for, respond to, and recover from public health emergencies.

We stand ready to respond effectively to **any emergency impacting public health** through preparation, collaboration, education, and rapid intervention.

We look at **health equity and health disparities** to determine how we educate, prepare, and activate in the event of an emergency.

We aim to create **strong resiliency** through community engagement, workshops, and collaboration.



One of the tools we use is a game that simulates an emergency and players learn how to respond by playing the game.

Operations exercises for staff



FY2025
53

Volunteers trained in exercises



FY2025
64



Here's Why

“We led 53 operations exercises to be able to respond equitably and effectively to any emergency impacting public health.

*-Fernando Tirado,
Local Health Emergency Coordinator*

The Medical Reserve Corps (MRC) is a force of **dedicated volunteers** who stand ready to support the community in the event of a public health emergency. Our unit comprises medical and non-medical professionals who **volunteer their skills, expertise, and time** to support ongoing **public health initiatives and health emergencies** throughout Chesterfield County, Powhatan County, and the City of Colonial Heights.



Volunteer Hours



FY2025
1,687

Economic Value of Hours

FY2025
\$87,394*



Our longtime volunteer, Pete Plourd, was one of three people inducted into the Chesterfield Senior Hall of Fame for his extensive service to public health.

Noteworthy Activities

Medical Reserve Corps volunteers are now supporting our Epidemiology team with potential outbreaks. Volunteers with backgrounds in infection prevention and non-medical volunteers are on the team. Anything from answering phones, to investigation to administering medications. After a hepatitis exposure at a long-term care facility, the team jumped into action and vaccinated 12 people who were exposed. No one contracted hepatitis.

Volunteer with us!



Clerical work



Immunizations



Medication safety



Events

ChesterfieldVa.health

*Value updated 12/23/25 to reflect individual skill level instead of national average.

resources Continued: Disposal



Mind Your Meds:
Safe Opioid Use and Disposal Education

- Virginia: [Mind Your Meds: Safe Opioid Medication Use and Disposal | SeniorNavigator](#)
- Other States: [Mind Your Meds | HQIN](#)

HQIN



Here's Why

“Our medical and non-medical volunteers work together to impact our community by **saving the state \$58,000 in paid labor, a 66% increase over last year.**”

-Sarah Gagnon, MRC Coordinator

Environmental Health provides services to protect the community and environment. With regulatory authority and local ordinances, the division processes applications for permitting, which also includes inspections for:

- restaurants
- daycare centers
- temporary events
- schools
- recreational water
- hotels
- motels
- bed and breakfasts
- milk plant
- migrant labor camps
- campgrounds
- marinas
- septic systems
- private wells

Septic Permits



FY2025
718

Well Inspections

FY2025
311



Rabies Exposures



FY2025
3

Rabies Vaccines

FY2025
220



Food Inspections



FY2025
5,445

Environmental Health doubled the number of food inspections from the last fiscal year. This is attributed to having a fully-staffed team and an extra position funded by Chesterfield for all the growth we're experiencing.





Here's Why

“ We **saved 3 human lives** from positive rabies exposures, **prevented rabies infections** in 220 pets, **prevented food-borne illness** with 5,445 food inspections, and **ensured clean water** for 311 homes. ”

-Jack Watts, Environmental Health Manager

This coming year:

As we continue to face funding changes, we are looking at new ways to provide services that protect community health and support programs. We will strengthen existing partnerships, and make new ones to uproot causes of poor health while making our communities stronger and more resilient.

Partners



Government
Social Services



Virginia Tech • Virginia State University



Child and Adolescent Services Team
Community Engagement and Resources

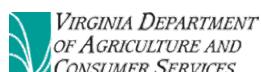
Community Services Board
Community Enhancement
Developmental Disabilities
Early Childhood
Police Crisis Intervention Team
Social Services



Government
Parks and Recreation
Social Services



Opioid Abatement Authority



Government

Community Engagement and Resources

Community Services Board
Community Enhancement
Developmental Disabilities
Early Childhood
Police Crisis Intervention Team
Social Services



Every Woman's Life
For Your Breast and Cervical Health



LATINOS IN VIRGINIA
EMPOWERMENT CENTER



VDH VIRGINIA
DEPARTMENT
OF HEALTH
Chesterfield
Health District