

Chickahominy Health District 2023 Annual Report

VDH VIRGINIA
DEPARTMENT
OF HEALTH

Prevent • Promote • Protect
CHICKAHOMINY
HEALTH DISTRICT

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A LETTER FROM OUR HEALTH DIRECTOR

One of the highlights for us this past year has been the completion of a new Chickahominy Health District 2023-2026 Strategic Plan. While we have not changed our vision (Healthy People in Healthy Communities), values (Integrity, Collaboration, Accountability, Respect, Excellence), or mission (to improve the health of our community by preventing disease, promoting healthy lifestyles, and protecting people from environmental and other hazards), we have established five new goals for the district: (1) maintain a competent and valued workforce; (2) foster healthy, connected, and resilient communities; (3) be a trusted source of public health information and services; (4) assure the conditions that improve health opportunity; and (5) provide internal systems that deliver consistent and responsive support. In an attempt to support our third goal of being a trusted source of public information and services, we present this 2023 Annual Report. We hope that you will find it to be interesting and useful.



A handwritten signature in blue ink that reads "T Franck". The signature is fluid and cursive, with the first name "T" being a large, stylized letter.

Thomas Franck, MD, MPH
Director of the Chickahominy Health District

Chickahominy Health District (CHD) is one of 35 health districts under the umbrella of the Virginia Department of Health. The counties that comprise the health district include Charles City, Goochland, Hanover, and New Kent.

Charles City Health Department
7501 Adkins Road
Charles City, VA 23030
(804) 829-2490

Hanover Health Department
12312 Washington Highway
Ashland, VA 23005
(804) 365-4313

Goochland Health Department
1800 Sandy Hook Road
Goochland, VA 23063
(804) 556-5843

New Kent Health Department
7911 Courthouse Way
New Kent, VA 23124
(804) 966-9640



ABOUT US

Chickahominy Health District serves Charles City, Goochland, Hanover, and New Kent counties, which have a combined population of 165,475 as of 2022. The most densely populated county in the health district is Hanover, with approximately 110,513 residents. In terms of race and ethnicity, about 80% of the population in the health district identifies as White, 12% identifies as Black or African American, 1.6% identify as Asian, 0.4% identifies as Native American or Alaska Native, 3% identifies as Hispanic or Latinx, and 6% identify as multiple or other races. Most community members belong to one of three age groups: those ages 5-17 years old (16%), ages 55-64 (16%), and ages 65 years and older (19%).



OUR MISSION

To improve the health of our community by preventing disease, promoting healthy lifestyles, and protecting people from environmental and other hazards.

OUR VISION

Healthy People in Healthy Communities.

OUR VALUES

The district is proud of its Core Values “I.C.A.R.E.” which stand for: integrity, collaboration, accountability, respect, and excellence. CHD offers public health services with a high level of expertise, compassion, and dedication.

SERVICES & PROGRAMS

COMMUNICABLE DISEASES

Surveillance and investigation of all outbreaks and reportable diseases of public health concerns, including suspected food and waterborne illness, as well as COVID-19.

EMERGENCY PREPAREDNESS AND RESPONSE

Develops public health emergency plans, and coordinates the local response to disasters and other public health emergencies. Learn more about volunteering with the Medical Reserve Corp at: www.vamrc.org

ENVIRONMENTAL HEALTH

Approves permits for wells and septic systems. Inspects hotels, motels, restaurants, schools, campgrounds, summer camps, and other venues serving food to the public. Works with animal control to prevent and control rabies.

POPULATION HEALTH

Facilitates local community health assessments; and improvement plans. Collaborates with partners to identify assets, prioritize health topics and improve health and wellbeing for all. Provides REVIVE! (opioid overdose response) training, the low income child safety seat program, the Healthy Heart Ambassador program, and Mental Health First Aid training.

IMMUNIZATIONS

Includes school entry vaccinations and adult vaccinations; specialized clinics for influenza and pneumonia immunizations, flu and COVID-19 vaccine clinics

FAMILY PLANNING AND STI TESTING

Family clinics are available at each site on a sliding fee scale. Services include a physical exam, Pap smear, screening and treatment for sexually transmitted infections, treatment of minor gynecologic disorders, and providing contraceptive method of choice.

EVERY WOMAN'S LIFE (EWL)

Provides free breast and cervical cancer screening and diagnostic services for women with low income or who are uninsured. These services include mammograms and Pap smear tests among others.

MATERNITY SERVICES

A maternity clinic is offered at each site, operating on a sliding fee scale. High-risk pregnancies and labor and delivery are managed by our hospital partners.

WIC (Supplemental Nutrition Program for Women, Infants & Children)

Improves the health of pregnant and postpartum women and their children up to age five. This program provides nutrition education, breastfeeding promotion and support, counseling, and eWIC cards for healthy foods.

WIC PROGRAM

The WIC program (Supplemental Nutrition Program for Women, Infants, & Children) serves pregnant and postpartum women, as well as children up to age five. The program provides healthy foods through an eWIC card, which can be used at participating grocery stores.

The WIC team provides nutrition education, breastfeeding support, and referrals to other area services. The WIC program has been shown to reduce premature births and infant mortality, improve the growth and intellectual development of nutritionally at-risk infants and children, decrease the incidence of iron deficiency anemia, improve dietary intake, and improve healthy weightgain during pregnancy. WIC participants are also more likely to receive early prenatal care, to have a regular source of medical care, and have up to date immunizations.

CHD's WIC program operates out of our four local health department offices and one mobile site at Hanover Human Services in Mechanicsville. WIC currently provides a hybrid model of appointments, with some in person, while others conducted by phone. During FY2023, the average program participation was 1,317 participants per month, with over 5,266 individual encounters during the year. For more information call 804-365-4335.



CLINICAL CARE

The clinical services provided by CHD include high-quality care to protect the health and promote the well-being of community members. In FY2023, CHD nurses performed 312 community screenings for children and adults to determine eligibility for services.

FAMILY PLANNING AND MATERNITY SERVICES

Our Family Planning clinics offer services to men and women of reproductive age. Services include gynecological checkups (pap smears and mammogram referrals through Every Woman's Life Program (EWL)) and contraception of their choice. This team provides the tools, whether contraception and/or education, for clients to achieve optimal reproductive health. During FY2023, CHD had 549 Family Planning visits and 24 EWL visits. Maternity services, including prenatal and postpartum care, are offered by each local health department in the district, resulting in 309 maternity visits.

IMMUNIZATIONS

Immunization clinics provide vaccinations to clients of all ages and strive to lower the incidence of vaccine-preventable diseases. Clients can receive vaccines required for school or employment as well as vaccines recommended for optimal health. In FY2023, 1,440 immunization visits took place.

SCREENING, TESTING, AND TREATMENT

Tuberculosis (TB) screenings and testing are offered by CHD to individuals and/or groups. 549 TB screenings were conducted in FY2023. CHD also manages sexually transmitted infections (STIs) by providing testing, treatment, education and counseling. During FY2023, there were 145 STI visits.

ENVIRONMENTAL HEALTH

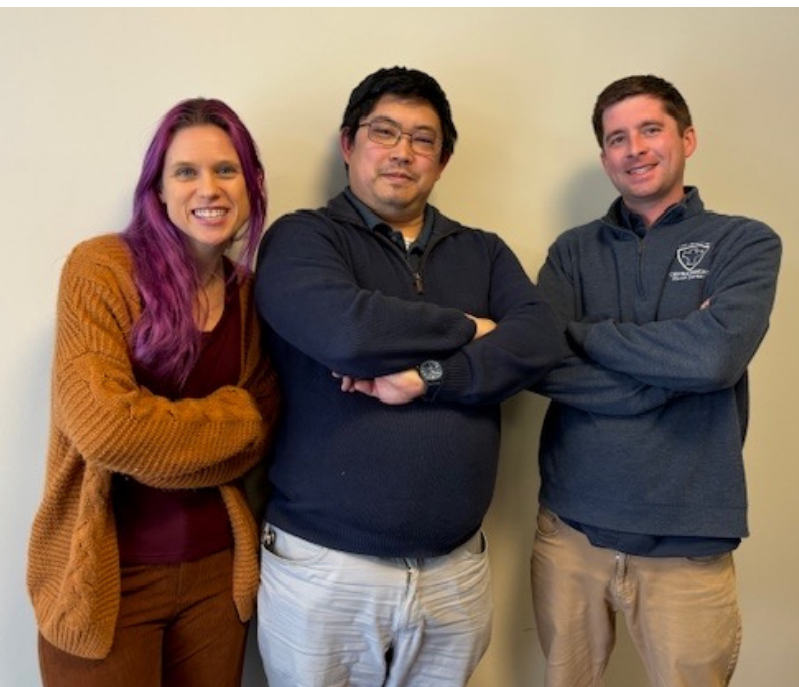
The Environmental Health program processes applications and conducts inspections for private wells and onsite sewage systems to protect public health and groundwater resources.

Environmental Health Specialists inspect hotels, motels, restaurants, schools, campgrounds, summer camps, summer feeding sites, and other places that serve food to the public. They collaborate with Animal Control to prevent and control rabies, in addition to providing education on a variety of environmental health topics. During FY2023, these services included:

815	Food establishment inspections	171	Other regulated inspections*
773	Onsite sewage applications processed	34	Lab confirmed positive or unsatisfactory test results for rabies**
689	Private well applications processed		
570	Permitted food establishments		
570	Rabies exposure investigations		

*This number includes tourist establishments, migrant labor camps, campgrounds, summer camps, and pools. **In FY22, there were twelve.





EMERGENCY PREPAREDNESS AND RESPONSE

During FY2023, the Emergency Preparedness and Response (EP&R) program began a transition from COVID-19 response back to standard operations. Some of the accomplishments include:

- Conducted a COVID-19 After Action Report with staff and leadership, including an improvement plan based on lessons-learned from the pandemic response.
- Submitted an application for re-recognition through NACCHO's Project Public Health Ready (PPHR), a rigorous accreditation program that helps local health departments develop core public health emergency preparedness competencies.
- Managed inventory, processed order requests, and distributed personal protective equipment along with over 23,000 COVID-19 at-home test kits. This large distribution of test kits is due to an increase in outreach and networking during community events.

The EP&R program helps coordinate the Greater Richmond Medical Reserve Corps (GRMRC) in collaboration with Henrico County and Richmond City. This local volunteer unit is currently comprised of more than 3,000 active volunteers. In FY2023, GRMRC volunteers contributed a total of 1,455 volunteer hours to the district with a monetary value of \$46,253.00.





COMMUNICABLE DISEASES & COVID-19

The communicable disease program performs surveillance and investigation of all outbreaks and cases of reportable communicable diseases of public health concern. In addition to surveillance and investigation, we work closely with community partners and other stakeholders to provide education and recommendations to prevent the spread of infectious diseases.

During FY2023, there were a total of 8,995 communicable disease investigations within the health district. Continuing to investigate certain high-risk cases of COVID-19 and a continued expansion of our communicable disease workforce allowed us to conduct many of these investigations. Examples of conditions investigated during this time frame include (but are not limited to):

- Elevated arsenic, mercury, and lead levels
- Campylobacteriosis
- COVID-19
- Cryptosporidiosis
- E. Coli
- Giardiasis
- Gonorrhea
- Haemophilus influenzae
- Hepatitis A, B, and C
- Lyme Disease
- Meningitis
- Pertussis
- Salmonella
- Shigellosis
- Spotted Fever Rickettsiosis

COMMUNICABLE DISEASES & COVID-19

In September 2023, the Centers for Disease Control and Prevention (CDC) approved use of a new monovalent COVID-19 booster and the health district switched from the bivalent boosters to the newly approved monovalent formulation.

Also in 2023, the commercialization of COVID-19 vaccines began. This required the health district to adjust its processes and gather additional information, such as identification and insurance details, during community events and home vaccination visits. The health department also provides COVID-19 vaccines for those without insurance, for children on Medicaid, and for those with insurance that does not cover these types of vaccines.



MOBILE VACCINATIONS

CHD continues to help the community recover from the impacts of COVID-19. In 2023, the Mobile Vaccination Team partnered with many community organizations to offer convenient locations for vaccine events, including churches, local businesses, non-profits, and other community organizations. Many of these events helped to further build relationships with these partners and to build trust with their clients. During 2023, the team focused on smaller community-based events that brought vaccination opportunities to those less able to be vaccinated by healthcare providers and pharmacies.

The Mobile Vaccination Team held over 70 community events, and administered 682 doses of COVID-19 vaccines and 286 seasonal flu vaccines - including, for the first time, high-dose flu vaccines for seniors were given.

Through the home vaccines program, about 80 home visits were completed by the Mobile Vaccination Team, who provided 95 COVID-19 vaccinations to elderly and vulnerable persons, as well as their caregivers, many of whom would not have been able to access vaccination as a protective measure. Additionally, the health district administered over 40 flu vaccines during home visits.

The health district helped community members make vaccine appointments through its Reach Line, 804-365-3240, and during community events.





COMMUNITY HEALTH

The community health team provided REVIVE! (opioid overdose response) training, Mental Health First Aid training, free child safety seats to low-income families, resource coordination and referrals for community members, and community meeting facilitation with Healthy Hanover and Goochland Community Partners.

In May 2023, the team completed training for the Healthy Heart Ambassador Blood Pressure Self-Monitoring Program, resulting in nine coaches and four local master trainers; the district became only the second health district in the state to implement this evidence-based program. Since then, the team has trained a second cohort adding two additional health department staff members and a local community partner from Goochland County with five participants enrolled in the program.

Below are highlights from January 2023 to December 2023. The following metrics reflect the services provided to the communities we serve.

1,235 Naloxone dispensed

45 Community events attended

1,148 People trained in REVIVE!

10 Car seats distributed

91 REVIVE! trainings completed

7 Youth Mental Health First Aid trainings facilitated



NEW KENT COUNTY CHA & CHIP

During 2023, the Community Health Team (CHT) was busy working on community health assessments (CHA) and community health improvement plans (CHIP) within the health district.

In the beginning of the year, the CHT focused heavily on completing the New Kent County CHIP and developing the monitoring and evaluation process. The New Kent County Steering Committee began the community health improvement planning process in January by establishing three workgroups to develop goals and strategies for the CHIP. The 2023-2027 New Kent County Community Health Improvement Plan was finalized and sent out to partners on May 1st to officially begin implementation of the CHIP strategies. To ensure we are tracking progress and sharing successes, the CHT has requested each organization leading a strategy to report each quarter. The first report was in October, and below are some of the highlights they captured.

1. HEALTHCARE ACCESS AND QUALITY

- Senior Connections held a workshop where 14 people attended weekly in New Kent County at the Heritage Library.
- Purpose Medical Outreach provided preventive services to New Kent County residents and enrolled one uninsured patient.
- VCU leadership and Chickahominy Health District met five times since May to explore offering additional medical services with medical students and healthcare professionals.

2. MENTAL HEALTH AND SUBSTANCE USE

- The Board of Supervisors adopted 100% tobacco and vape free policies to public outdoor spaces (parks and schools).
- New Kent Parks and Rec received tobacco and vape free signage and are planning to install these signs.
- Chickahominy Health District implemented weekly rapid REVIVE! walk-ins for free naloxone and a quick training.
- The United Way of Greater Richmond and Petersburg facilitated the EveryDay Strong Program training at Corinth Baptist Church on August 31, 2023.
- The New Kent County Public Schools hired one Student Support Specialist to help support students with mental/behavioral health.



3. AFFORDABLE AND SAFE HOUSING

- The New Kent County Board of Supervisors re-established the Housing Advisory Committee. The committee was chartered July 13, 2023 and they are currently trying to solidify membership.
- A new member was enlisted to the Housing Work Group.



CHARLES CITY CHA

The planning for the Charles City County Community Health Assessment (CHA) began in March of 2023. The Community Health Team started by connecting and meeting with various partners in Charles City to recruit members for the Steering Committee. On June 22nd, the first Steering Committee meeting was held! For the remainder of the year, the Steering Committee met each month except for August, to finalize the CHA. For this iteration of the CHA, the Mobilizing for Action through Planning and Partnerships (MAPP) 2.0 model was used as a framework to guide the process. Each month, the Steering Committee met to review health indicators, complete a health assessment, record resources and assets, and review community health survey results. All this information will help the Steering Committee and the community choose what health topics community partners and key stakeholders should prioritize.

In December of 2023, the CHT planned Community Health Forums. The purpose of the forums is to provide the results of the CHA, and then ask the community to vote on which health issues they think are most important to focus on for the next few years. Charles City County community members selected the following top issues to prioritize for the next few years:

1. Healthcare Access and Quality
2. Economic Stability, Infrastructure and Workforce Development
3. Childhood Health and Education





2023 HIGHLIGHTS

FOIA

Over 850 Freedom of Information Act (FOIA) requests were processed. A majority were related to environmental health.



Vital Records

Over 9,480 certified copies of Vital Records were issued resulting in over \$113,800 in revenue.



WIC

Over 5,260 appointments were conducted and provided nutritious foods and education to women, infants, and children.



Medical Reserve Corp

MRC volunteers contributed 1,455 volunteer hours with a monetary value of over \$46,000 to the health district.



Environmental Health

Over 800 food establishment inspections were conducted to reduce the risk of foodborne illness outbreaks in the community.



Community Health

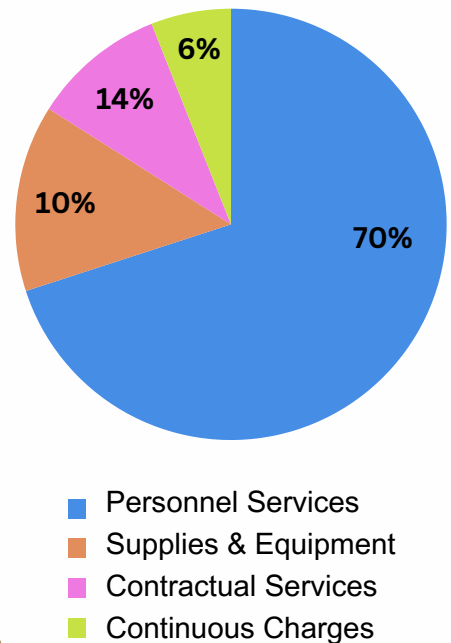
Over 1,140 people received REVIVE! opioid overdose response education and over 1,230 boxes of naloxone were distributed.



FINANCIAL SUMMARY

The Chickahominy Health District receives funding through a variety of sources, generally divided into the "cooperative budget" and the "non-cooperative budget." In accordance with the Code of Virginia, the cooperative budget consists of state general funds which are matched by local funds, which is supplemented by local revenues generated through local health department services and fees. The non-cooperative part of the budget consists of a variety of federal grants passed through the Virginia Department of Health. The following is a summary of the District's FY2023 budget (covering the period July 1, 2022 to June 30, 2023) as well as a chart showing expenditures in the four main categories: personnel services, supplies and equipment, contractual services, and continuous charges.

FY2023 Expenditures



Total Cooperative + Total Non-Cooperative = Total FY2023 Budget of \$8,624,442

Total Cooperative Budget = \$4,448,566

State Share (55%)	\$2,057,532
Local Match (45%)	\$1,683,434
Revenue	\$707,600

Total Non-Cooperative Budget = \$4,175,876

Grants	\$1,496,758
Additional Local Funds	\$51,508
COVID Funding*	\$2,627,610

*The district has been the recipient of approximately \$2,627,610 in federal grant funding to support COVID-19 response efforts.

MOVING FORWARD

It is a privilege to serve the community as we move forward into 2024. We will 1) continue engaging with our community members to better meet their needs and find ways to share information and resources; 2) ensure that our services are delivered with excellent customer service and a continuous quality improvement mindset; 3) maintain the flexibility needed to respond to changes in our community; and 4) maintain a well-trained and valued workforce. Please do not hesitate to contact us if you have any questions.

