Progress Report

2025-2029 Goochland County Community Health Improvement Plan

July 1 – September 30, 2026

Below is a high-level view of the performance status of each health priority's CHIP strategies.

Report created on: November 11, 2026

GOOCHLAND COUNTY

VDH VIRGINIA DEPARTMENT OF HEALTH

Prevent • Promote • Protect
CHICKAHOMINY HEALTH DISTRICT

Legend for Progress Report

This legend serves as a key to help interpret and understand the progress report for each health priority's strategies. If you have any questions about the following report, please email CHDWellness@vdh.virginia.gov.

Status Color	Status
	Complete
	In Progress
	No Update/No Progress
	Paused

Older Adult Support and Services Annual Objectives



Goal 1: Expand support and services such as healthcare, home repairs, and transportation to ensure older adults in Goochland County can age in place safely and independently.	July - September, 2026 Status	October-December, 2026 Status	January-March, 2027 Status	April-June, 2027 Status
Objective 1.1				
Strategy 1.1.1: Draft and finalize a document that outlines the purpose of the "Healthy Aging Network of Goochland County," identifies key stakeholders and their roles, establishes a regular meeting schedule, and presents a shared vision for coordinating services that support older adults in healthcare access, senior-focused recreational programming, and transportation.				
Objective 1.2				
Strategy 1.2.1: GoochlandCares and The Span Center Care Coordination team will meet to develop strategies for increasing collaborative projects for housing needs.				
Strategy 1.2.2: GoochlandCares, The Span Center and Chickahominy Health District will meet to discuss the objective. They will attend a meeting with the Goochland Chamber of Commerce on October 7, 2025 to engage local contractors and businesses with this objective.				
Objective 1.3				
Strategy 1.3.1: GCPR will invite members to the first Healthy Aging Network of Goochland County meeting – BY WHEN: 09/30/2026 (Outputs to collect to measure success: # of members/membership list/meeting details)				
Strategy 1.3.2: GCPR will facilitate the first kick off meeting for the Healthy Aging Network of Goochland County and establish a regular meeting cadence. – BY WHEN: 12/31/2026 (Outputs to collect to measure success: Meeting minutes, meeting schedule)				
Strategy 1.3.3: The Healthy Aging Network of Goochland County will assess existing gaps and develop evidence informed strategies to improve healthcare access, expand seniorcentered recreational programming, and enhance transportation services that enable healthy, independent aging. – BY WHEN: 06/30/2027 (Outputs to collect to measure success: Summary of assessment, list of gaps, and a list of proposed strategies/# of new strategies inserted into the Goochland County CHIP.)				
Goal 2: Develop and enhance community programs in Goochland County that promote social engagement, financial stability, physical activity, and overall well-being for older adults, through collaborative efforts with multi-sector partners to more effectively address and prioritize their health needs.	July - September, 2026 Status	October-December, 2026 Status	January-March, 2027 Status	April-June, 2027 Status
Objective 2.1				
Strategy 2.1.1: Meet with the Goochland County Sheriff's Office to explore the feasibility and community interest in re-establishing the TRIAD program, aimed at enhancing safety and support for older adults in the county.				
Strategy 2.1.2: Meet with the Goochland Library to explore opportunities for partnering on educational programs and activity-based offerings for older adults, such as knitting groups, technology classes, and other enrichment activities.				
Objective 2.2				
Strategy 2.2.1: Expand the Pen Pal program through the Goochland Family YMCA to improve writing skills and foster social connections.				
Objective 2.3				
Strategy 2.3.1: Coordinate and host two Dementia Dialogue trainings in Goochland County to raise awareness, build community understanding, and enhance support for individuals living with dementia and their caregivers.				

Mental Health Progress Report

Goal 3: Goal 3: Increase accessibility to and availability of mental healthcare providers across Goochland County by addressing geographic distribution of mental health services and availability of telehealth and mobile mental health services to reach underserved populations.	July - September, 2026 Status	October-December, 2026 Status	January-March, 2027 Status	April-June, 2027 Status
Objective 3.1				
Strategy 3.1.1: Assess, inventory, and categorize the available mental health resources within Goochland County.				
Strategy 3.1.2: Conduct a gap analysis of service distributions within the county and define "underserved populations" (e.g., who needs better internet for telehealth services, who experiences transportation barriers to care, or who would benefit from mobile health services).				
Strategy 3.1.3: Create a resource guide and share it as both a physical hardcopy and on the county website. A digital copy will be shared with community partners to improve options for referrals and resource sharing.				
Strategy 3.1.4: Market Goochland County to mental healthcare providers using the result of the mental health assessment, inventory, and gap analysis.				
Goal 4: Strengthen partnerships by improving collaboration across sectors to enhance referral networks, service accessibility, and coordination of mental health resources.	July - September, 2026 Status	October-December, 2026 Status	January-March, 2027 Status	April-June, 2027 Status
Objective 4.1				
Strategy 4.1.1: Form new partnerships between different community agencies (e.g., Fire-EMS, VDH, the Span Center), including first responders, clinicians, and other county staff, to increase training opportunities in crisis intervention, mental health, and substance use and to enable appropriate support during a mental health or substance use crisis.				
Strategy 4.1.2: Maintain the Goochland-Powhatan Community Services Board's partnerships with public agencies and private entities to continue providing mental health and substance use support services to those who need them (e.g., public schools and GoochlandCares).				
Goal 5: Improve mental health awareness across an array of community members, businesses, and leaders.	July - September, 2026 Status	October-December, 2026 Status	January-March, 2027 Status	April-June, 2027 Status
Objective 5.1				
Strategy 5.1.1: Identify trusted community leaders who can be leveraged as protective factors in improving mental health outcomes and increase training opportunities available to these leaders to aid in mental health crises.				
Strategy 5.1.2: Increase community-level training opportunities to help recognize people at risk of suicide and other appropriate support in mental health crises.				
Strategy 5.1.3: Increase MHFA and QPR training for caregivers within Goochland to help reduce stigma associated with mental health challenges and improve awareness of signs/symptoms associated with a mental health crisis.				

Goal 6: Grow opportunities for connectedness within the county to address social isolation and loneliness.	July - September, 2026 Status	October-December, 2026 Status	January-March, 2027 Status	April-June, 2027 Status
Objective 6.1				
Strategy 6.1.1: The Span Center's Friendship Café, now hosted at Jerusalem Baptist Church, will host "Intergenerational Cafes" at the Goochland YMCA for Friendship Café attendees and YMCA youth campers.				
Strategy 6.1.2: The Span Center's Friendship Café will reach out to other faith organizations to find others who would like to host additional Intergenerational Cafés.				
Objective 6.2				
Strategy 6.2.1: Students and veterans will attend another intergenerational community to talk about the Veterans Project and form new connections.				

Attainable and Safe Housing

Goal 7: Restart the Housing GVA Steering Committee to enhance collaboration and propose plans for the future.	July - September, 2026 Status	October-December, 2026 Status	January-March, 2027 Status	April-June, 2027 Status
Objective 7.1				
Strategy 7.1.1: Determine Steering Committee host site and meeting facilitator(s).				
Strategy 7.1.2: Review the housing study and fact sheet completed in April 2021; determine potential changes from 2021 to present related to housing dynamics in the county.(11)				
Strategy 7.1.3: Invite Steering Committee members (previous and new); create a roster, draft agendas, and determine initial meeting frequency. Determine vision/goals and Steering Committee needs (charter, roles, etc.).				
Strategy 7.1.4: Research potential grant opportunities to support Housing GVA initiatives (e.g., Virginia Housing).				
Strategy 7.1.5: Raise awareness, continue support for, and plan for the sustainability of local programs that address housing needs (GoochlandCares, Department of Social Services, Habitat for Humanity, YMCA, among others).				
Strategy 7.1.6: Meet with at least two jurisdictions to learn about housing strategies used to address the needs of those who desire to age in place, members of the local workforce, homeowners and renters, as well as young families. The Steering Committee will share this information with Goochland County.				
Objective 7.2				
Strategy 7.2.1: Steering Committee members will determine which sections of the comprehensive plan are related to improving housing options for those who desire to age in place, members of the local workforce, homeowners and renters, as well as young families and the progress or status of those plans.				
Strategy 7.2.2: Steering Committee members will connect with the county's Community Development Department to ask questions, make suggestions, and gain a better understanding of the progress (or modifications) of the plan to date.				
Strategy 7.2.3: Steering Committee members will connect with residents and the local workforce to obtain their housing stories to share with county leadership.				
Strategy 7.2.4: Steering Committee members will review strategies for future consideration, listed on page 23.				