

Narcan® Nasal Spray is a prescription medicine used for the treatment of an opioid emergency such as an overdose or a possible overdose when a person has breathing problems & is not able to respond. The medicine in **Narcan® Nasal Spray** has no effect on people who are NOT taking opioid medicines. **NARCAN® Nasal Spray** is safe and effective in children for known or suspected opioid overdose. There is no risk of developing a tolerance to the **NARCAN® Nasal Spray** nor is there a risk of addiction. Always carry **NARCAN® Nasal Spray** with you in case of an opioid emergency.

TO AVOID AN ACCIDENTAL OPIOID OVERDOSE:

- Try not to mix your opioids with alcohol, benzodiazepines (Xanax, Ativan, Klonopin, Valium), or medicines that make you sleepy.
- Be extra careful if you miss or change doses, feel ill, or start new medications.

Common opioids include:

GENERIC	BRAND NAME
Hydrocodone	Vicodin, Lorcet, Lortab, Norco, Zohydro
Oxycodone	Percocet, OxyContin, Roxicodone, Percodan
Morphine	MSContin, Kadian, Embeda, Avinza
Codeine	Tylenol with Codeine, TyCo, Tylenol #3
Fentanyl	Duragesic
Hydromorphone	Dilaudid
Oxymorphone	Opana
Meperidine	Demerol
Methadone	Dolophine, Methadose
Buprenorphine	Suboxone, Subutex, Zubsolv, Bunavail, Butrans

* Heroin is also an opioid.

Bland County—276-688-3642

Bristol City—276-642-7335

Carroll County- 276-730-3180

Galax City—276-236-6127

Grayson County—276-773-2961

Smyth County—276-781-7460

Washington County—276-676-5604

Wythe County—276-228-5507

Call for appointment for free Narcan

Are You or a Loved One Experiencing Problems with an Opioid Addiction?

There is help....



Mount Rogers Health District

201 Francis Marion Lane
Marion, VA 24354
Phone: 276-781-7450

Have you or a household member:

- ⇒ Experienced an overdose with opioids?
- ⇒ Experienced an administration of Narcan?
- ⇒ Use prescribed or non-prescribed opioids?
- ⇒ Use prescribed or non-prescribed opioids in higher doses than prescribed; injecting or snorting opioids meant to be taken by mouth?
- ⇒ Recently been incarcerated?
- ⇒ Recently been in a recovery program?
- ⇒ Use illicit opioids, like heroin?
- ⇒ Receive Methadone, Naltrexone or Buprenorphine?
- ⇒ Been prescribed or take opioids for a pain management?

If the answer is “YES” to any of these questions, please call your local health department to be trained and receive medicine for overcoming an opioid overdose.

- ◆ The Virginia Department of Health can offer emergency overdose medicine, NARCAN® Nasal Spray. Call today to



be scheduled for training and receive medicine.

- ◆ The Virginia Department of Health can offer testing for addiction-related diseases (Hepatitis C and HIV)
- ◆ The Virginia Department of Health can offer referral for addiction treatment
- ◆ The Virginia Department of Health can provide free Deterra Drug Deactivation kits to properly dispose of old and unused pills, patches and liquid medications.



How to spot an opioid overdose

Look for these common signs:

- Person won't wake up even if you shake them, say their name or pinch their earlobe
- Breathing is slow or even stops
- Pinpoint pupils
- Lips and fingernails turn blue or gray
- Skin is pale or clammy
- Deep snoring or gurgling

HIGH RISK FACTORS

- Overdosed in the past
- Changed the opioid they are using or changed the dose
- Been “clean” for any reason

Referred by: _____

Agency Name _____