

<p>SPHERES OF INFLUENCE</p> <p>APPROACHES</p>	<p>INDIVIDUALS</p>	<p>ORGANIZATIONS & INSTITUTIONS</p>	<p>COMMUNITY (neighborhoods, municipalities, counties or state)</p>
<p>PROGRAMS</p> <p>Activities focused on increasing knowledge about health issues.</p>			
<p>POLICY CHANGES</p> <p>Policies, rules, ordinances & laws that support healthy practices.</p>			
<p>SYSTEMS CHANGES</p> <p>Change that impacts social norms of an organization, institution, or system.</p>			
<p>ENVIRONMENTAL CHANGE</p> <p>Physical aspects of the environment that support healthy or discourage unhealthy behaviors.</p>			