

MAPP2Health: Health in Our Communities

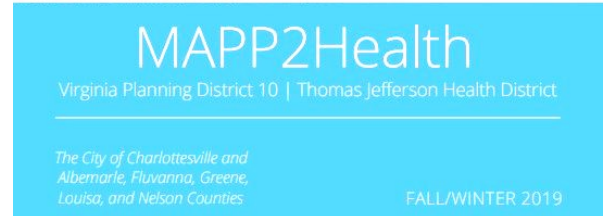
What is the 2019 MAPP2Health process?

Over the last year, residents and community partners across the district discussed health within their communities. This 2019 MAPP2Health process included representatives from 146 communities, organizations, departments, and coalitions.

What did we learn from the MAPP2Health process?

The information we learned is included in the new *2019 MAPP2Health Report*. Some highlights include:

- An overview of historical events that have affected health
- Photographs taken by community members
- Ideas on how to improve diabetes services for people of color
- Data on health topics and other factors that affect health



What are we doing now? What can you do?

There is a community plan for action to improve health equity! See what community partners and coalitions will be working on over the next three years. If you would like to get involved:

- **Read** the *2019 MAPP2Health Report* at <http://www.vdh.virginia.gov/thomas-jefferson/plan-mapp2health/>.
- **Support health and well-being.** The *Faith and Wellness Resource Guide* has 16 practical ideas for faith congregations (and others) at <http://www.vdh.virginia.gov/thomas-jefferson/community-health-programs/faith-based-organizations/>.

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