

## TRANSPORTATION

- **JAUNT:** Regional transportation. Universal phone number: 296-3184
- **RideShare:** Carpool matching, vanpool coordination, Guaranteed Ride Home for emergencies. 434-295-6165

## DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 1000 Preston Ave #A, *Cville*. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance. 434-977-0553
- **Central Virginia Legal Aid Society:** 1010 Preston Ave, *Cville*. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services. 434-296-8851

## OTHER EMERGENCY SUPPORT

- **Charlottesville Community Resource Hotline:** Financial & other assistance. 434-234-4490
- **Dominion Energy Share:** Electricity & fuel bill assistance through Salvation Army. All Dominion service disconnections temporarily suspended. 434-295-4058
- **UVA Emergency Assistance Funds:** for UVA employees, apply online or at 434-243-3344 Mon-Fri 8am-5pm
- **AIM:** Mon-Thurs 9-4. Local utility and housing aid. Call Salvation Army for electricity & heat, other apply online. 434-972-1704
- **Love INC:** Emergency financial support and material aid. Offices closed, call for assistance. 434-977-7777
- **JABA Senior Helpline:** Direct service to older adults & caregivers. Medicare/ACA counseling (all ages), advice on aging concerns, local resource referrals. 434-817-5253
- **Emergency Mortgage & Rental Assistance Program:** Call regarding rent/mortgage aid. 434-842-2521

## NEED MORE INFO?

Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to: <https://tinyurl.com/covidresourceguidecville>



SCAN ME!

## DEPARTMENTS OF SOCIAL SERVICES

Apply for Medicaid, SNAP (supplemental nutrition assistance program), TANF (temporary assistance for needy families), and other benefits. Go online ([commonhelp.virginia.gov/](http://commonhelp.virginia.gov/)) or call:

- 1-855-635-4370 to apply for benefits
- 1-855-242-8282 to apply for Medicaid

For other needs, call 434-842-8221 (Fluvanna County Social Services)

## INTERNET / LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** GED prep, family literacy, career readiness training. All programming online, call & leave message to get info. Fall session begins Sept 14<sup>th</sup>. 434-961-5461
- **Literacy Volunteers of Charlottesville/Albemarle:** 233 4<sup>th</sup> St NW (Jefferson School). Tutoring in reading, writing, English as 2<sup>nd</sup> language. Starting 6/15: meet w/staff, check out library materials, use computer. Additional resources online ([literacyforall.org](http://literacyforall.org)) 434-977-3838
- **Comcast Internet Essentials:** 60 days free internet to low-income families. Apply online or call 1-855-846-8376 (English), 1-855-765-6995 (Spanish)

## VETERANS SUPPORT SERVICES

- **Charlottesville VA Clinic (VA Medical Center):** 590 Peter Jefferson Pkwy #250. All services & hours unchanged. 434-293-3890
- **Supportive Services for Veteran Families:** Rapid rehousing and supportive services. Offices closed, call for services. 804-788-6825
- **Virginia Department of Veterans Services (Cville Benefits Office):** 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices open, but appointment only. 804-691-4905

## EMPLOYMENT SERVICES

- **Virginia Employment Commission:** Call or go online ([www.vec.virginia.gov/unemployed/online-services](http://www.vec.virginia.gov/unemployed/online-services)) to file for unemployment. 1-866-832-2363
- **Goodwill Industries of the Valley:** Free virtual job training & career coaching. Register online. 1-540-581-0620
- **Downtown Job Center:** 201 E. Market St (in library) *Cville*. Currently open, check website for days/hours. 434-970-3933
- Network2Work not accepting new clients. Virginia Workforce Center is temporarily closed.

## CLOTHING

- **Salvation Army Thrift Store:** Mon-Sat 10am-5:30pm, 605 Cherry Ave *Cville*. Still operating. 434-979-5230
- **Eden Ministries:** 2999 Merry Meadows Ln, *Keswick*, free clothing & household items Open. 434-973-4068
- **THRIVE Women's Health:** 618 Forest St. Unit C *Cville* Maternity clothes. Call ahead. 434-979-8888. Additional location at 1416 Greenbrier Pl. *Cville*. 434-220-3777
- **Twice is Nice:** Wed-Sat 11am-4pm, 923 Preston Ave (434-293-8319), 918 Preston Ave (434-284-8180) *Cville*

# COVID "STREET SHEET" – Resources in Fluvanna County

*Version 6. Last Updated: 7/24/20 This pamphlet is intended to provide a list of local resources, updated to reflect current operation status during the COVID crisis. For up-to-date info, use the QR code to check our webpage.*

## COVID-19 HOTLINES

**Thomas Jefferson Health District:** 434-972-6261  
**Virginia Department of Health:** 877-275-8343  
**UVA:** 434-982-6843  
**Sentara:** 833-945-2395

## PUBLIC MEALS

*\*All located in Charlottesville*

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via [keevilkitchen@gmail.com](mailto:keevilkitchen@gmail.com) or 434-989-7648.

	Breakfast	Lunch	Dinner
The Haven	Mon-Sun 7am	Mon-Thurs 12pm-1pm	
Salvation Army	Mon-Sat 7am Sun 9am	Fri-Sat 12pm Sun 1pm	Mon-Sat 5:30pm
Keevil & Keevil		Mon-Fri 12pm	

## EMERGENCY OVERNIGHT SHELTER

*\*All located in Charlottesville*

- **Salvation Army Emergency Shelter:** 207 Ridge St. Men, women, families, children; Call or walk in 10am-10pm – not accepting new guests. 434-295-4058
- **PACEM:** 112 W Market St (office). Men's shelter closed. Women: call the Haven (434-973-1234) weekdays for eligibility.
- **TJACH Non-congregate Shelter:** Eligibility determined by CDC guidelines for high risk individuals. Call the Haven (434-973-1234) weekdays for eligibility.
- **Shelter for Help in Emergency (SHE):** Hotline: 434-293-8509. Domestic violence shelter. Open to new guests, call hotline.
- **ReadyKids-Runaway Emergency Services:** Still active. Hotline: 434-972-7233

## EMERGENCY FOOD

- **MACAA Food Pantry** (Fluvanna Christian Service Society): 8878 James Madison Highway, Mon-Fri 11am-1pm, proof of residency, income requirements temporarily waived. 434-842-2521, leave a message
- **Palmyra/Effort Mobile Food Pantry:** 7820 Thomas Jefferson Parkway, last Thurs/mo 10am-11am. 540-248-3663
- **Columbia Mobile Food Pantry:** 116 Rivanna St Columbia, 3<sup>rd</sup> Wed/mo 10am-11am. 540-248-3663

### **Church-based Food Pantries:**

- **Beaver Dam Baptist Church:** 1794 Richmond Rd Troy, Wed 9am-11am. 434-295-0277

### **Food Delivery Services:**

- **JABA Home Delivered Meals:** For low-income folks > 60y unable to prepare meals. Call to determine eligibility. 434-817-5253
- **Fluvanna Meals on Wheels:** apply online at [www.mealsonwheelsfluvanna.org](http://www.mealsonwheelsfluvanna.org) 434-589-1685

### **Kids:**

- **Fluvanna County Schools:** children <18 can receive 10 meals from Fluvanna County High School Tues/Wed 7am-4pm, call for delivery assistance. 434-589-8208

### **Pets:**

- **SPCA Pet Food Pantry:** 3355 Berkmar Dr. *Cville*, Free pet food. Schedule appt online or at 434-973-5959. Offsite pickup at 4133 Earlysville Rd. & 2050 Lambs Rd.

## MENTAL HEALTH SUPPORT

- **Region 10:** 13623 James Madison Highway Palmyra, mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 434-972-1800 / 1-866-694-1605. Telehealth intake appointments: 434-589-8276.
- **On Our Own:** 123 4<sup>th</sup> St NW *Cville*. Peer-driven mental health & addiction recovery programs. Building closed, virtual support meetings. 434-979-2440
- **Teen Crisis Hotline:** Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling. 434-972-7233
- **Women's Initiative:** Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours. 434-872-0047
- **Mental Health Association Virginia Warm Line:** Peer-run support line for individuals or concerned others who would like someone to talk to. Warm line: 866-400-6428; Crisis line: 1-800-273-8255
- **Grief Share:** Online support group for coping with loss. See website for schedule or call 800-395-5755
- **ReadyKids:** Counseling for teens and families, other mental health resources online. 434-296-4118
- **Partner for Mental Health:** Effectively closed. 434-977-4673
- **Addiction Allies:** (See Substance Use Support)

## SUBSTANCE USE SUPPORT

- **Addiction Allies:** 631 Berkmar Cir *Cville*, suboxone clinic / medication assisted treatment, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, just call or contact online. 434-260-3042
- **Addiction Recovery Systems - Pantops:** 103 S. Pantops Dr. *Cville*, Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening. 434-220-0080
- **1-800-QuitNow:** Free tobacco cessation support
- **Region 10:** See section, Mental Health Support
- **Online addiction peer support meetings,** schedules on websites: **SMART Recovery**, **Alcoholics Anonymous Cville** (434-293-6565), **Narcotics Anonymous** (800-777-1515, in-person info at [piedmontvana.org](http://piedmontvana.org)), **Al-Anon** ([cvillealanon@gmail.com](mailto:cvillealanon@gmail.com), 434-972-7011 hotline), **Al-Ateen** ([senglot12@gmail.com](mailto:senglot12@gmail.com), 434-972-7011 hotline), **In the Rooms** (free online service), **Substance Abuse & Mental Health Services Administration National Helpline** (1-800-662-4357; English & Spanish)

## SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** 335 Greenbrier Dr. *Cville*, Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active. Office: 434-295-7273; hotline: 434-977-7273.

## WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-296-1000
- **Whole Woman's Health:** 2321 Commonwealth Dr. *Cville*, Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-973-4888
- **Blue Ridge Abortion Fund:** Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding. 434-963-0669 (leave a message)
- **Donor Diapers:** Garrett Community Center (418 Garrett St SE, *Cville*). Monthly diaper & wipe giveaways. Next on Sept 20<sup>th</sup>, 2-3:30pm. 434-214-0345
- **Child Health Partnership:** support for child health & family self-sufficiency, all visits virtual, enroll online, 434-589-0927

## PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill). 434-98-COVID, Option 3
- **Sentara COVID-19 Call Center:** 9am-5pm, information on Sentara policies and COVID response. Call 1-833-945-2395.
- **Fluvanna County Health Department:** 132 Main St Palmyra. WIC (women, infants, and children nutrition program), family planning, sexual health, immunizations, TB screening. Call for appointment. 434-591-1960
- **Charlottesville Free Clinic:** 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, appts call for eligibility. Dental: emergency only, 1<sup>st</sup> come 1<sup>st</sup> serve. 434-295-0008
- **Central Virginia Health Services** (Neighborhood Family Health Center): 901 Preston Ave, Suite 301, *Cville*. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online. 434-227-5624
- **Visionworks:** 1114-C Emmet St. N, Barracks Road Shopping Center, *Cville*. Free eye exams for patients with Medicaid. Open. 434-293-3225
- **MyEyeDr:** 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open. 434-973-5361
- **Cville Community Cares:** 434-214-0454; visit the following link for prescription aid: [bit.ly/cc-pnt](http://bit.ly/cc-pnt)
- **Rx Outreach:** Non-profit mail order pharmacy, temporarily expanded program for COVID, enroll online. 1-888-796-1234

## COVID-19 TESTING

- Virginia Department of Health Testing Site Locator: Visit the following link to find a testing site near you: <https://www.vdh.virginia.gov/coronavirus/covid-19/testing/covid-19-testing-sites/>
- **For more specific information on COVID-19 testing sites, scan the QR code and visit section 17**