

TRANSPORTATION

- **JAUNT:** Regional transportation. Universal phone number: 296-3184
- **RideShare:** Carpool matching, vanpool coordination, Guaranteed Ride Home for emergencies. 434-295-6165

DISCRIMINATION SERVICES

- **Legal Aid Justice Center:** 1000 Preston Ave #A, *Cville*. Legal consultation for housing and job discrimination, civil rights, immigration. Offices closed, call for assistance. 434-977-0553
- **Central Virginia Legal Aid Society:** 1010 Preston Ave, *Cville*. Legal consultation for evictions, foreclosures, sexual/domestic violence. Not taking walk-ins, call or go online for services. 434-296-8851

OTHER EMERGENCY SUPPORT

- **Charlottesville Community Resource Hotline:** Financial & other assistance. 434-234-4490
- **Dominion Energy Share:** Electricity & fuel bill assistance through Salvation Army. All Dominion service disconnections temporarily suspended. 434-295-4058
- **UVA Emergency Assistance Funds:** for UVA employees, apply online or at 434-243-3344 Mon-Fri 8am-5pm
- **Unity in Community:** programs include financial assistance, adult dental assistance, visitation & emergency and hearing & vision assistance. Call 434-277-8842 or email nelsonuic@gmail.com to enroll.
- **Emergency Mortgage & Rental Assistance Program:** Call regarding rent/mortgage aid. 434-263-8074
- **AIM:** Mon-Thurs 9-4. Local utility and housing aid. Call Salvation Army for electricity & heat, otherwise apply online. 434-972-1704
- **Love INC:** Emergency financial support and material aid. Offices closed, call for assistance. 434-977-7777
- **JABA Senior Helpline:** Direct service to older adults & caregivers. Medicare/ACA counseling (all ages), advice on aging concerns, local resource referrals. 434-817-5253

NEED MORE INFO?



Point a phone camera at this QR code here to open a webpage with up-to-date information on the resources listed here, or go to: <https://tinyurl.com/covidresourceguidecville>



SCAN ME!

VIRGINIA DEPT OF SOCIAL SERVICES

Apply for Medicaid, SNAP (supplemental nutrition assistance program), TANF (temporary assistance for needy families), and other benefits. Go online (commonhelp.virginia.gov/) or call:

- 1-855-635-4370 to apply for benefits
- 1-855-242-8282 to apply for Medicaid

For other needs, call 434-263-7160 (Nelson County Social Services Department)

INTERNET / LITERACY / GED

- **Thomas Jefferson Adult Career Education (TJACE):** GED prep, family literacy, career readiness training. All programming online, call & leave message to get info. Fall session begins Sept 14th 434-961-5461
- **Literacy Volunteers of Charlottesville/Albemarle:** 233 4th St NW (Jefferson School). Tutoring in reading, writing, English as 2nd language. Starting 6/15: meet with staff, check out library materials, use computer. Additional resources online (literacyforall.org) 434-977-3838
- **Comcast Internet Essentials:** 60 days free internet to low-income families. Apply online or call 1-855-846-8376 (English), 1-855-765-6995 (Spanish)

VETERANS SUPPORT SERVICES

- **Charlottesville VA Clinic (VA Medical Center):** 590 Peter Jefferson Pkwy #250. All services & hours unchanged. 434-293-3890
- **Supportive Services for Veteran Families:** Rapid rehousing and supportive services. Offices closed, call for services. 804-788-6825
- **Virginia Department of Veterans Services (Cville Benefits Office):** 1430 Rolkin Ct, Ste 202. Screening for veterans benefits, counseling, mental health, housing. Offices open but appointment only. 804-691-4905

EMPLOYMENT SERVICES

- **Virginia Employment Commission:** Call or go online (www.vec.virginia.gov/unemployed/online-services) to file for unemployment. 1-866-832-2363
- **Goodwill Industries of the Valley:** Free virtual job training & career coaching. Register online. 1-540-581-0620
- **Downtown Job Center:** 201 E. Market St (in library) *Cville*, Currently open. Check website for days/hours. 434-970-3933
- **Network2Work** not accepting new clients, Virginia Workforce Center is temporarily closed.

CLOTHING

- **Free Clothes Closet at Oak Hill Baptist Church (Unity in Community):** 382 Level Green Rd, Roseland. 434-277-8541
- **Salvation Army Thrift Store:** Mon-Sat 10am-5:30pm, 605 Cherry Ave *Cville*. Still operating. 434-979-5230
- **Eden Ministries:** 2999 Merry Meadows Ln, *Keswick*, free clothing & household items Open. 434-973-4068
- **THRIVE Women's Health:** 618 Forest St. Unit C *Cville* Maternity clothes. Call ahead. 434-979-8888. Additional location at 1416 Greenbrier Pl. *Cville*. 434-220-3777
- **Twice is Nice:** Wed-Sat 11am-4pm, 923 Preston Ave (434-293-8319), 918 Preston Ave (434-284-8180) *Cville*

COVID "STREET SHEET" – Resources in Nelson County

Version 6. Last Updated: 7/24/20 This pamphlet is intended to provide a list of local resources, updated to reflect current operation status during the COVID crisis. For up-to-date info, use the QR code to check our webpage.

COVID-19 HOTLINES

Thomas Jefferson Health District: 434-972-6261

Virginia Department of Health: 877-275-8343

UVA: 434-982-6843

Sentara: 833-945-2395

PUBLIC MEALS

**All located in Charlottesville*

- The Haven; 112 W Market; walk-up
- Salvation Army; 207 Ridge St; walk-up
- Keevil & Keevil Kitchen; 703 Hinton Ave; request via keevilkitchen@gmail.com or 434-989-7648.

| | Breakfast | Lunch | Dinner |
|-----------------|------------------------|-------------------------|-------------------|
| The Haven | Mon-Sun 7am | Mon-Thurs 12pm-1pm | |
| Salvation Army | Mon-Sat 7am Sun 9am | Fri-Sat 12pm Sun 1pm | Mon-Sat 5:30pm |
| Keevil & Keevil | | Mon-Fri 12pm | |

EMERGENCY OVERNIGHT SHELTER

**All located in Charlottesville*

- **Salvation Army Emergency Shelter:** 207 Ridge St. Men, women, families, children; Call or walk in 10am-10pm – not accepting new guests. 434-295-4058
- **PACEM:** 112 W Market St (office) Men's shelter closed. Women: call the Haven (434-973-1234) weekdays for eligibility.
- **TJACH Non-Congregate Shelter:** Eligibility determined by CDC guidelines for high-risk individuals. Call the Haven (434-973-1234) weekdays for eligibility.
- **Shelter for Help in Emergency (SHE):** Domestic violence shelter. Open to new guests, call hotline. Hotline: 434-293-8509
- **ReadyKids-Runaway Emergency Services:** Still active. Hotline: 434-972-7233

EMERGENCY FOOD

- **Nelson County Pantry:** 9890 Thomas Nelson Hwy, Lovingston (enter 9900 Thomas Nelson Hwy for GPS directions), last Sat/mo at 9:30am. 434-263-6694
- **Nelson Mobile Food Pantry:** 1653 Thomas Nelson Hwy Arrington, 1st Tues/mo 9:45am-11am 540-248-3663
- **Heritage Center of Nelson:** 1653 Thomas Nelson Hwy, Arrington, 3rd Thurs/mo 9am-12pm 434-277-8582

Church-based Food Pantries:

- **Holy Cross Episcopal Church:** 2523 Craigs Store Rd, Afton, 1st & 3rd Sat/mo 8am-10am. 540-456-6334

Food Delivery Services:

- **JABA Home Delivered Meals:** For low-income folks > 60y unable to prepare meals. Call to determine eligibility. 434-817-5253

Pets:

- **SPCA Pet Food Pantry:** 3355 Berkmar Dr. *Cville*, Free pet food. Schedule appt online or at 434-973-5959. Offsite pickup at 4133 Earlysville Rd. & 2050 Lambs Rd.

MENTAL HEALTH SUPPORT

- **Region 10:** 71 Tanbark Plaza Lovingston, mental health, intellectual disability and substance use services. Most services available online, call to get connected. Crisis lines: 434-972-1800 / 1-866-694-1605. Telehealth intake appointments: 434-263-4889.
- **On Our Own:** 123 4th St NW, *Cville*. Peer-driven mental health and addiction recovery programming. Building closed, hosting virtual support meetings. 434-979-2440
- **Teen Crisis Hotline:** Support services for youth, ages 12-18. Office closed, hotline still operating, call hotline to set up online counseling. 434-972-7233
- **Women's Initiative:** Counseling and support services for women/transgender women. Free call-in clinic available, see website for hours. 434-872-0047
- **Mental Health Association Virginia Warm Line:** Peer-run support line for individuals or concerned others who would like someone to talk to. Warm line: 866-400-6428; Crisis line: 1-800-273-8255
- **Grief Share:** Online support group for coping with loss. See website for schedule or call 800-395-5755
- **ReadyKids:** Counseling for teens and families, other mental health resources online. 434-296-4118
- **Partner for Mental Health:** Effectively closed. 434-977-4673
- **Addiction Allies:** (See Substance Use Support)

SUBSTANCE USE SUPPORT

- **Addiction Allies:** 631 Berkmar Cir *Cville*, suboxone clinic / medication assisted treatment, online counseling (substance use & mental health) and partial hospitalization. Accepts Medicaid, Private Insurance, and Self Pay. No referral needed, call or contact online. 434-260-3042
- **Addiction Recovery Systems - Pantops:** 103 S. Pantops Dr. *Cville*, Methadone & Suboxone treatment center, online counseling. Accepts Medicaid & Medicare. No referral needed. Call for initial screening. 434-220-0080
- **1-800-QuitNow:** Free tobacco cessation support
- **Region 10:** See section, Mental Health Support
- **Online addiction peer support meetings,** schedules on websites: **SMART Recovery, Alcoholics Anonymous Cville** (434-293-6565), **Narcotics Anonymous** (800-777-1515, in-person info at piedmontvana.org), **Al-Anon** (cvillealanon@gmail.com, 434-972-7011 hotline), **Al-Ateen** (senglot12@gmail.com, 434-972-7011 hotline), **In the Rooms** (free online service), **Substance Abuse & Mental Health Services Administration National Helpline** (1-800-662-4357; English & Spanish)

SEXUAL ASSAULT ADVOCACY

- **Shelter for Help in Emergency (SHE):** See section, Emergency Overnight Shelter
- **Sexual Assault Resource Agency (SARA):** 335 Greenbrier Dr. *Cville*, Resources for sexual assault survivors and bystanders. No walk-ins; video counseling & hotline still active. Office: 434-295-7273; hotline: 434-977-7273.

WOMEN'S & FAMILY HEALTH

- **Charlottesville Health Center – Planned Parenthood:** 2964 Hydraulic Rd. Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-296-1000
- **Whole Woman's Health:** 2321 Commonwealth Dr. *Cville*, Abortion services, birth control, HIV testing, emergency contraception, STD tests & treatment, pregnancy tests & services, & more. Open. 434-973-4888
- **Blue Ridge Abortion Fund:** Funding for pregnant individuals with financial barriers to and in need of abortions. Still accepting calls & giving funding. 434-963-0669 (leave a message)
- **Donor Diapers:** Garrett Community Center (418 Garrett St SE, *Cville*). Monthly diaper & wipe giveaways. Next on Sept 20th, 2-3:30pm. 434-214-0345

PHYSICAL HEALTH SUPPORT

- **UVA Community Call Line:** M-F 8am-5pm. New call center, connects individuals without a regular doctor to a UVA doctor to discuss non-emergency medical needs (e.g. new symptoms, chronic disease management, medication refill). 434-98-COVID, Option 3
- **Sentara COVID-19 Call Center:** 9am-5pm, information on Sentara policies and COVID response. Call 1-833-945-2395.
- **Nelson County Health Department:** 4038 Thomas Nelson Hwy, Arrington. WIC (women, infants, & children nutrition program), family planning, sexual health, immunizations, TB screening. Call for appointment. 434-263-8315
- **Charlottesville Free Clinic:** 1138 Rose Hill Dr. Non-emergency medical care & pharmacy for low-income households. Medical: Telehealth only, appts call for eligibility. Dental: emergency only, 1st come 1st serve. 434-295-0008
- **Blue Ridge Medical Center:** 4038 Thomas Nelson Hwy, Arrington. Comprehensive sliding-scale medical, dental, & behavioral health, & pharmacy. Still operating, schedule appointments online. 434-263-4000
- **Unity in Community:** programs for adult dental, hearing, & vision assistance. See section, Other Emergency Support.
- **Visionworks:** 1114-C Emmet St. N, Barracks Road Shopping Center, *Cville*. Free eye exams for patients with Medicaid. Open. 434-293-3225
- **MyEyeDr:** 441 Westfield Rd. This location only: free eye exams with Premier, Aetna Better Health, and MARCH Vision Medicaid. Open. 434-973-5361
- **Cville Community Cares:** 434-214-0454; visit the following link for prescription aid: bit.ly/ccp-pnt
- **Rx Outreach:** Non-profit mail order pharmacy, temporarily expanded program for COVID, enroll online. 1-888-796-1234

COVID-19 TESTING

- **Virginia Department of Health Testing Site Locator:** Visit the following link to find a testing site near you: <https://www.vdh.virginia.gov/coronavirus/covid-19-testing/covid-19-testing-sites/>
- **For more specific information on COVID-19 testing sites, scan the QR code and visit section 17**