

March 26, 2019

Nicole Keeney, LTC Supervisor Division of Long Term Care Office of Licensure and Certification 9960 Mayland Drive Suite 401 Richmond, Va. 23233

RE: Shenandoah Valley Health and Rehab

Provider Number: 495168

Dear Ms. Keeney,

Attached is our Plan of Correction in response to the unannounced standard survey ending March 14, 2019. If additional information is needed or if you should have any questions please let me know.

Sincerely,

L. Janette Coleman
Administrator

PRINTED: 03/18/2019 FORM APPROVED OMB NO. 0938-0391

1	FOF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		PLE CONSTRUCTION IG	(X3) DATE SURVEY COMPLETED
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SHENAN	IDOAH VALLEY HEA	LIH AND REHAB		BUENA VISTA, VA 24416	,
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E 000	Initial Comments		E 00	0	
F 000	survey was conducted. The facility's Emergoreviewed and found 483.73, the Federa	Emergency Preparedness sted 3/12/19 through 3/14/19. gency Preparedness Plan was doto be in compliance with CFR I requirements for Emergency ong Term Care facilities.	F 00	0	
	survey was conduct Corrections are red CFR Part 483 Feder requirements. One	Medicare/Medicaid standard ted 3/12/19 through 3/14/19. Juired for compliance with 42 eral Long Term Care complaint was investigated The Life Safety Code standard st		Shenandoah Valley Health and Rehab ("Fithis Plan of Correction for purposes of regompliance. The facility is submitting this Correction to comply with applicable law. submission of the Plan of Correction does an admission or statement of agreement the alleged deficiencies.	ulatory Plan of The not represent
F 584 SS=D	facility was 74 at th survey sample con- resident reviews an Safe/Clean/Comfor CFR(s): 483.10(i)(1		F 58		FI.
	comfortable and ho	right to a safe, clean, melike environment, including ceiving treatment and			
22	homelike environmenuse his or her person possible. (i) This includes ensureceive care and se	e, clean, comfortable, and ent, allowing the resident to onal belongings to the extent suring that the resident can ervices safely and that the resident can be facility maximizes resident		e e	
ABORATORY	DIRECTOR'S OR PROVID	ER/SURPLIER REPRESENTATIVE'S SIGN	٨	TITLE	(X6) DATE
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Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

	T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIF		ONSTRUCTION		E SURVEY PLETED
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F 584	(ii) The facility shall the protection of the or theft. §483.10(i)(2) House services necessary and comfortable interpretation of the services necessary and comforta	does not pose a safety risk. exercise reasonable care for resident's property from loss keeping and maintenance to maintain a sanitary, orderly, erior; bed and bath linens that are e closet space in each ecified in §483.90 (e)(2)(iv); ate and comfortable lighting rtable and safe temperature fally certified after October 1, a temperature range of 71 to e maintenance of comfortable T is not met as evidenced on and staff interview, the re a homelike environment. om, the drywall around the ir and the commode was not	F 584	1. 2. 3.	Residents #54 and #73 remain in the Maintenance repaired float/flapper is commode of resident's bathroom dursurvey. Resident #54 requested wait after 4/1/19 to repair loose sheetrock around ceiling area. Residents in the facility with maintenissues in their rooms have the potent affected by this deficient practice. Re-education will be provided to nurses/nursing assistants to enter an maintenance issues into TELS system on the kiosk. Audits will be complete Carekeeper Rounds 5x weekly for 3 m with any noted Maintenance issues a entered into the TELS system. Results of the audits will be taken to monthly/quarterly Quality Assurance Performance Improvement Committer review and recommendations for three Corrective action will be completed or 2019	n tank of ring ing until k tape ance ial to be d during nonths lso the ee for ee month	æ

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULT A. BUILDII	TPLE CONSTRUCTION		E SURVEY PLETED
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F 584	jiggling the handle a	y runs after you flush it, we try	F 58	34		
	sometimes it does in bathroom door and constantly running for #54 continued and put stated look at that cowas observed running the ceiling near bed heading towards own Resident #54 said is status but staff were Resident #54 stated not want the ceiling roommate. Resident is the small, piddly the commode is still run again observed runninutes. On 3/13/19 at 8:22 a observed constantly also resided in the regiggling the handle a commode continued on 3/13/19 at 8:24 a assistant (CNA #1) of Residents #54 are about the commode	not. Resident #54 opened the the commode was observed or about 2 minutes. Resident pointed to the ceiling and rack in the ceiling. A cracking around the right edge of A for approximately 12 feet ertop of the closet area. The was not sure of the repair aware of the problem. If she was concerned and did to fall in on her and her to fall in on her and her to fall in on her and stated it hings that get overlooked. The commode was be in the commode was a running. The commode was a running. Resident #73 who com stated she had tried bout 30 minutes ago, but the difference in the certified nursing who routinely provides care and #73, was interviewed and ceiling issues in the				
	room. CNA #1 state issues. She stated s know. CNA #1 was requests were made	ed she was not aware of the she would let maintenance asked how work order e. CNA #1 stated they are put ing the electronic system.				

	OF CORRECTION	IDENTIFICATION NUMBER:			COMPLETED	
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F 584	On 3/13/19 at 8:26 director (OS #3) was order request for retold about the issue when he checked the so there was not an Accompanied with Commode was obseremoved the top off and stated the flapp #3 was interviewed OS #3 stated he was asked how did requests. He stated them electronically.	a.m., the maintenance is interviewed about the work pairs. OS #3 stated he was yesterday (3/12/19), but he commode was not running ything he could fix. OS #3 to the room, the erved running. OS #3 the back of the commode her/floater need replacing. OS about the crack in the ceiling. Is sure it wasn't an actual like a drywall issue. OS #3 he receive work order in the staff were able to enter deviewed with the cor of nursing and corporate	F 58	34		
F 656 SS=D	on 3/14/19, the faci and the maintenand the nature of the ce would need to trans repairs were being a stated Resident #54 another room at the discharge in a coup ceiling repairs will be No other information conference on 3/14/ Develop/Implement CFR(s): 483.21(b)(1	lity administrator stated she se director determined due to illing repairs the residents fer to another room while the made. The administrator I did not want to transfer to time because she plans to le of weeks, therefore the e scheduled at a later date. In was received prior to the exit (19 at 12:45 p.m. Comprehensive Care Plan I)	F 65	56		

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F 656	care plan for each resident rights set f §483.10(c)(3), that objectives and time medical, nursing, an needs that are iden assessment. The codescribe the followi (i) The services that or maintain the resiphysical, mental, ar required under §48: (ii) Any services that under §483.24, §48 provided due to the under §483.10, inclate treatment under §4 (iii) Any specialized rehabilitative service provide as a result recommendations. findings of the PAS, rationale in the resident's represent (A) The resident's redesired outcomes. (B) The resident's pfuture discharge. Fawhether the resider community was associal contact agence entities, for this pur (C) Discharge plans plan, as appropriate	ehensive person-centered resident, consistent with the orth at §483.10(c)(2) and includes measurable frames to meet a resident's and mental and psychosocial tified in the comprehensive comprehensive care plan must ang - trare to be furnished to attain dent's highest practicable and psychosocial well-being as 3.24, §483.25 or §483.40; and at would otherwise be required 3.25 or §483.40 but are not resident's exercise of rights uding the right to refuse 83.10(c)(6). services or specialized es the nursing facility will of PASARR If a facility disagrees with the ARR, it must indicate its dent's medical record. With the resident and the tative(s)-poals for admission and preference and potential for acilities must document at's desire to return to the sessed and any referrals to ies and/or other appropriate	F 65	3	Resident #13 remains in the facility #13's care plan was updated to incl supervision related to inappropriat as well as problems/ goals/ interve developed to include supervision we resident is out of the room, the doc the resident's response to the alarm. Residents with inappropriate behave the potential to be affected by this practice. An audit was completed of Nursing/ designee of the current ensure care plans which include progoals/ interventions have been devinctude supervision related to inappete behaviors and resident response to devices. The Interdisciplinary Care Team will educated by the Director of Nursing care plans are created and updated to include supervision related to in behaviors and ensure that care planesident's current status and overa Care Plans will be audited weekly of 3 months following the routine car schedule to ensure that they are concurate. Results of audits will be taken to Quascurate. Results of audits will be taken to Quascurate. Results of audits will be taken to Quascurate. Corrective action will be completed to the completed process.	ude e behaviors ntions were then the or alarm, ar n placemen viors have deficient by Director cresidents oblems/ reloped to propriate o placed Il be re- g to ensure d as needed appropriat ns reflect t Il condition over the ne e plan urrent and uality ent endations	e nd nt to

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F 656	This REQUIREMENT by: Based on staff intereview, the facility scomprehensive planteresidents in the surnot have a compreheregarding required sinappropriate behave. The findings include Resident #13 was a 8/20/15 with a re-act Diagnoses for Residential planteresident with a re-act Chronic obstructive degeneration and data set (MDS) date Resident #13 as concentration with his has shirt while in the direction incident form sent to 1/16/19 documente by psychiatry and hereviewed/adjusted in The facility also documented was applied to the restaff of resident exit required to closely rethe corridor, when a find the dining room. Resident #13's planteresident	rview and clinical record taff failed to develop a nof care for one of 21 vey sample. Resident #13 did nensive care plan developed supervision related to viors. admitted to the facility on dimission on 9/27/18. dent #13 included atrial, high blood pressure, COPD pulmonary disease), macular epression. The minimum ed 12/26/18 assessed gnitively intact. cal record documented on member witnessed the nd down a female resident's hing room. A facility reported to the State Agency dated do the resident was evaluated and medications on response to the incident. Sumented a motion detector resident's doorway to alert fing room and staff were monitor the resident when in attending activities and when	F 6	56		
	listed the resident h	ad a history of "inappropriate resident." The interventions				

NAME OF PROVIDER OR SUPPLIER SHENANDOAH VALLEY HEALTH AND REHAB (X4) ID PREFIX TAG (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) F 656 Continued From page 6 listed included a sensor alarm to room to alert C 03/14/2019 STREET ADDRESS, CITY, STATE, ZIP CODE 3737 CATALPA AVE, PO BOX 711 BUENA VISTA, VA 24416 PROVIDER'S PLAN OF CORRECTION (EACH CORRECTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) F 656 Continued From page 6 listed included a sensor alarm to room to alert		T OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIP A. BUILDING	LE CONSTRUCTION	(X3) DATE SURY	
SHENANDOAH VALLEY HEALTH AND REHAB 3737 CATALPA AVE, PO BOX 711 BUENA VISTA, VA 24416 (X4) ID SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL TAG REGULATORY OR LSC IDENTIFYING INFORMATION) F 656 Continued From page 6 F 656 listed included a sensor alarm to room to alert			495168)19
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listed included a sensor alarm to room to alert	PREFIX	(EACH DEFICIENC	Y MUST BE PRECEDED BY FULL	PREFIX	(EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPRIES.)	D BE COM	(X5) PLETION DATE
staff but documented no other interventions concerning the behavior. The care plan made no mention of the supervision required for the resident when out of the room. There were no problems, goals and/or interventions regarding the door alarm and the resident's response to the alarm placement. On 3/14/19 at 8:08 a.m., the director of nursing (DON) was interviewed about Resident #13's care plan. The DON stated staff were educated about supervising Resident #13's when out of the room to prevent other residents from any inappropriate behaviors. The DON reviewed Resident #13's care plan and stated she did not see anything on the plan about the supervision. The DON stated regarding the care plan for behaviors, "I don't see the supervision piece on there." These findings were reviewed with the administrator and DON during a meeting on 3/14/19 at 11:45 a.m. These findings were reviewed with the administrator and DON during a meeting on 3/14/19 at 11:45 a.m. F 657 Care Plan Timing and Revision F 657 Care Plan Timing and Revision F 657 Care Plan Timing and Revision F 657 F 858=E CFR(s): 483.21(b)(2)(i)-(iii) §483.21(b) Comprehensive Care Plans §483.21(b)(2) A comprehensive care plan must be- (i) Developed within 7 days after completion of the comprehensive assessment. (ii) Prepared by an interdisciplinary team, that includes but is not limited to (A) The attending physician. (B) A registered nurse with responsibility for the resident. (C) A nurse aide with responsibility for the resident. (C) A nurse aide with responsibility for the resident.	F 657	listed included a si staff but document concerning the believe mention of the supresident when out problems, goals at the door alarm and alarm placement. On 3/14/19 at 8:08 (DON) was intervice are plan. The DO about supervising room to prevent of inappropriate behaviors, "I don't there." These findings we administrator and 3/14/19 at 11:45 a Care Plan Timing CFR(s): 483.21(b) Compt §483.21(b)	ensor alarm to room to alert ted no other interventions havior. The care plan made no pervision required for the of the room. There were no ad/or interventions regarding the resident's response to the a.m., the director of nursing ewed about Resident #13's DN stated staff were educated Resident #13 when out of the her residents from any aviors. The DON reviewed re plan and stated she did not e plan about the supervision. Egarding the care plan for see the supervision piece on the supervision piece on the supervision of the seems of the supervision of the seems of the supervision of the eassessment. In interdisciplinary team, that a limited to-physician. The ponsibility for the supervision.		1. Resident # 57 and #13 remain in the The IDT team identified this as an ar concern during our Monthly Quality Process Improvement Meeting cond 2/28/19. A Process Improvement Pl developed and initiated to address identified area of concern. The inte team met with Resident #57 and a comeeting was conducted. A meeting scheduled with Resident #13s family accommodate her schedule. Reside #13 care plans were reviewed and resident #13 care plans were reviewed.	rea of Assurance fucted on lan was the rdisciplinary are plan is y to	

PRINTED: 03/18/2019 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIEF/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A BUILDING C 495168 B. WING 03/14/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3737 CATALPA AVE, PO BOX 711 SHENANDOAH VALLEY HEALTH AND REHAB BUENA VISTA, VA 24416 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETION PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) Continued From page 7 Residents in the facility have the potential to be F 657 resident. affected by this deficient practice. An audit was (D) A member of food and nutrition services staff. completed by the interdisciplinary team to (E) To the extent practicable, the participation of ensure current residents are being invited to the resident and the resident's representative(s). care plan meetings and their care plans have An explanation must be included in a resident's been reviewed and revised as required. medical record if the participation of the resident and their resident representative is determined 3. The interdisciplinary team was re-educated by not practicable for the development of the the Director of Nursing/ Administrator related resident's care plan. to ensuring residents and resident (F) Other appropriate staff or professionals in representatives are being invited to care plan disciplines as determined by the resident's needs meetings and care plans are reviewed and or as requested by the resident. revised as required. Audits will be conducted (iii)Reviewed and revised by the interdisciplinary weekly over the next 3 months following the team after each assessment, including both the routine care plan schedule utilizing the QAPI comprehensive and quarterly review Audit Tool. assessments. This REQUIREMENT is not met as evidenced 4. Results of audits will be taken to Quality Assurance Performance Improvement Based on staff interview, clinical record review, Committee for review and recommendations and facility document review, the facility staff for three months. failed to ensure an interdisciplinary team was in attendance at care plan meetings for two of 21 5. Corrective action will be completed by April 3, residents, Resident #57 and Resident #13. The 2019. facility also failed to invite one of 21 residents, Resident #13 to his care plan meeting. 1. Resident #53's, (a resident with significant weight loss) care plan was not reviewed by an

plan meetings.

Findings were:

02/19/2019.

interdisciplinary team from 06/12/2018 through

2. For two consecutive quarters, Resident #13's care plan was not reviewed/revised by an interdisciplinary team. In addition, Resident #13 was not invited to participate in his quarterly care

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F 657	1. Resident #53 was 10/01/2014. Her dia limited to: Major de hypertension, hypot behavioral disturbar disease, atrioventric pacemaker insertion report). A quarterly MDS (m (assessment refere assessed Resident cognitive status with Resident #53 had a 24.49 % in six mont March 2019. Her cu survey was 96.2 por Resident #53's care was requested on 0 9:30 a.m. The care contained information the following date 11/27/2018, and 02/"Resident Care Plar spaces for informati who was in attendar was discussed. The attendees to sign. T RD (registered dietit manager) that either attendance at any or meetings since June or nurse practitioner the meetings	admitted to the facility on gnoses included but were not pressive disorder, anxiety, hyroidism, dementia with nees, atherosclerotic heart cular block (with subsequent n) and cancer (per facility staff inimum data set) with an ARD nee date) of 02/13/2019, #53 as severely impaired in a summary score of "00". a significant weight loss of hs from September 2018 until urrent weight at the time of the unds. a plan meeting information 3/14/2019 at approximately plan conference sheet on for care plan meetings held les: 06/12/2018, 09/04/2018, 19/2019. The form, nning Conference" had on to be entered regarding nee for the meeting and what re were signature areas for all here were no entries by the tian) or the DM (dietary of them had been in f Resident #53's care plan to been in attendance at any of the meeting and the physician of been in attendance at any of	F 6	557		
		eeting was held with the DON , the administrator, the MDS				

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A, BUILDING			(X3) DATE SURVEY COMPLETED	
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F 657	coordinator and the The above informat The MDS nurse sta when the care plan each resident based posted it with the stawas asked about in DM for Resident #5 loss. She stated, "T care plan days, the attendsthey have and discuss the resown care plans and them with information. The administrator stay problem and started improvement plan] everyone to the meet the form filled out conference on C2. Resident #13 was 8/20/15 with a re-add Diagnoses for Residibrillation, diabetes, (chronic obstructive degeneration and dedata set (MDS) dates Resident #13 as cognitive of participate in his interview not participate in his	corporate nurse consultant. ion was discussed. ted that she did a schedule of meetings would be held for d on their MDS dates, and aff that needed to attend. She volvement of the RD or the 3 who had a significant weight The RD isn't always here on dietary manager sometimes weight meetings every week identsthe RD does all of her she will go in and update on from the weight meetings." Itated, "We identified this as a la PIP [performance the first part is to get eting the second part is to get performent on 9/27/18. Itated to the facility on mission on 9/27/18. Itated the high blood pressure, COPD pulmonary disease), macular expression. The minimum and 12/26/18 assessed	F 6	57		

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F 657	Resident #13's clin invitation, participar regarding his care explanation include indicating the resid plan meeting was round or invitation to social worker state to the resident's far writing was provide meetings. The social worker state to the resident was vedocumented about the meetings. A cofor Resident #13 w social worker state sent a written invita unless they were lisparty. On 3/13/19 at 4:06 presented a copy of conference scheduthis time that Resid meeting was held of attended by one removed the meeting was held of attended by one removed invitations to family representatives. The did not routinely invinvitations to family representatives.	ical record documented no tion or refusals by the resident plan meetings. There was no ed in the clinical record ent's participation in the care	F 65			
	process improveme	care plan meetings as a ent concern. The social urses from Resident #13's				

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NAME OF	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE		
SHENAN	IDOAH VALLEY HEAL	TH AND REHAB		3737 CATALPA AVE, PO BOX 711	*	
				BUENA VISTA, VA 24416		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPI DEFICIENCY)	BE	(X5) COMPLETION DATE
F 657	living unit attended 1/4/19. The care conference worker documented held for Resident # These meetings did an interdisciplinary director of nursing (the unit #1 manage conference on 10/1 1/4/19 included the who was not respons #13, and the MDS conferences on 10/include representati with the resident's of food/nutrition service recreation/activities. On 3/13/19 at 4:15 p #1) was interviewed plan meetings. RN reviewed as a team attending the conference sheets. responsible for the conference sheets. responsible for the conference sheets. responsible for the conference sheets. The conference sheets attend the care conference sheets. The conference sheets are conference sheets. The conference sheets are conference sheets at the conference sheets are conference sheets. The conference sheets are conference sheets at the conference sheets are conference sheets. The conference sheets are conference sheets at the conference sheets are conference sheets. The conference sheets are conference sheets at the conference sheets are conference sheets. The conference sheets are conference sheets at the conference sheets are conference sheets.	the last care conference on e sheet provided by the social care plan meetings were 3 on 10/17/18 and 1/4/19. I not include participation by team or the resident. Only the DON), MDS coordinator and r (RN #3) attended the 7/18. The care conference on unit #2 manager (RN #1), nsible for care of Resident coordinator. The care 18/18 and 1/4/19 did not on of a nurse aide involved hare, a staff member from es, social services or	F 65	57		
	interdisciplinary tear no invitation to Resi	m at the care conferences and dent #13. RN #4 stated she erence schedules each				

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION		TE SURVEY MPLETED
ANDILANC	001112011014	IDENTIFICATION NOMBEN.	A. BUILDI	NG		
		495168	B_WING		1	C /4.4/0040
NAME OF I	PROVIDER OR SUPPLIER	100100		STREET ADDRESS, CITY, STATE, ZIP COI		/14/2019
				3737 CATALPA AVE, PO BOX 711		
SHENAN	IDOAH VALLEY HEAL	TH AND REHAB		BUENA VISTA, VA 24416		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
F 657	meetings. RN #4 s an invitation letter for they were listed as party). RN #4 state as their own RP, no provided. When as disciplines were not meetings for Reside not sure who was a attend. On 3/14/19 at 8:08 interviewed about F	all worker sent the re invitation letters for the tated the resident was issued or the care conference only if their own RP (responsible d for those residents not listed formal invitation was ked why all the facility the represented at the last two ent #13, RN #4 stated she was vailable on those days to	F 6	57		
	recognized the lack attendance at care throughout the facil expectation was the attend and/or be rej conferences. The I follow up notes doc regarding resident pronferences. The I started a process in	DON stated there were no umented in clinical records participation or refusal in care DON stated the administration approvement project on 2/28/19 conference attendees and				
F 690 SS=D	3/14/19 at 11:45 a.r Bowel/Bladder Inco CFR(s): 483.25(e)(§483.25(e) Incontin §483.25(e)(1) The f	ON during a meeting on n. ntinence, Catheter, UTI 1)-(3)	F 6	90		

PRINTED: 03/18/2019 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING C 495168 B. WING. 03/14/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3737 CATALPA AVE, PO BOX 711 SHENANDOAH VALLEY HEALTH AND REHAB BUENA VISTA, VA 24416 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DATE DEFICIENCY) F 690 Continued From page 13 F 690 Resident #184 remains in the facility. A admission receives services and assistance to catheter anchor was affixed to Resident #184's maintain continence unless his or her clinical thigh during the survey by the licensed nurse. condition is or becomes such that continence is not possible to maintain. Residents in the facility with foley catheters have the potential to be affected by this §483.25(e)(2)For a resident with urinary deficient practice. An audit was completed by incontinence, based on the resident's the Director of Nursing/ designee of the current comprehensive assessment, the facility must residents with Foley urinary catheters to ensure ensure thatthat catheters are anchored to the thigh as (i) A resident who enters the facility without an required. indwelling catheter is not catheterized unless the resident's clinical condition demonstrates that 3. Nursing staff will be re-educated on the use of catheterization was necessary: catheter anchors with all patients who have (ii) A resident who enters the facility with an foley catheters. The Director of Nursing / indwelling catheter or subsequently receives one designee will complete audits weekly for 3 is assessed for removal of the catheter as soon months to ensure Foley catheters continue to as possible unless the resident's clinical condition be anchored to the thigh. Care keeper rounds demonstrates that catheterization is necessary; will also be used to ensure compliance. (iii) A resident who is incontinent of bladder 4. Results of audits will be taken to Quality receives appropriate treatment and services to prevent urinary tract infections and to restore Assurance Performance Improvement continence to the extent possible. Committee for review and recommendations for three months. §483.25(e)(3) For a resident with fecal incontinence, based on the resident's 5. Corrective action will be completed by April 3, comprehensive assessment, the facility must 2019. ensure that a resident who is incontinent of bowel receives appropriate treatment and services to

possible.

restore as much normal bowel function as

This REQUIREMENT is not met as evidenced

Based on observation, resident interview, staff interview and clinical record review, the facility staff failed to anchor the tubing for a Foley urinary catheter for one of 21 residents in the survey sample. Resident #184 did not have the Foley catheter tubing anchored to her thigh as required

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION				(X3) DATE SURVEY COMPLETED	
ANDIENTE	3071112011011	BENTH TOATTON NOWBERT.	A. BUILD	ING .			
		495168	B. WING			03/1	14/2019
NAME OF F	PROVIDER OR SUPPLIER			S	TREET ADDRESS, CITY, STATE, ZIP CODE	00/1	14/2013
CHENAN		TH AND DELIAD		3	737 CATALPA AVE, PO BOX 711		
SHENAN	DOAH VALLEY HEAL	ITH AND REHAB		В	BUENA VISTA, VA 24416		
(X4) ID		TEMENT OF DEFICIENCIES	ID		PROVIDER'S PLAN OF CORRECTION	I	(X5)
PREFIX TAG	REGULATORY OR L	' MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	X	(EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPI		COMPLETION DATE
					DEFICIENCY)		
F 000	0 " 15						
F 690	Continued From pa	ge 14	F6	90			
	in her plan of care.						
	The findings include	э:					
	Resident #184 was	admitted to the facility on					
	3/11/19 with diagno	ses that included femur					
		ention, lung cancer, pleural					
		and COPD (chronic obstructive). The admission nursing					
		ented Resident #184 was					
	alert and oriented w	vith some confusion.					
	On 3/12/19 at 4:11	p.m., Resident #184 was					
		he resident's Foley catheter					
		nd not anchored to the					
		esident #184 was interviewed ne tubing. Resident #184					
		ad not been attached to her					
	thigh since her adm						
	Resident #184's clir	nical record documented a					
		ated 3/11/19 for a Foley urinary			×		
	catheter due to urin	ary retention. The resident's					
		nt date 3/13/19) documented					
		indwelling catheter due to Care plan interventions to					
		ns from catheter use included,					
		void excessive tugging on the					
	catheter during tran	sfer and delivery of care"					
	On 3/12/19 at 4:15	p.m., the licensed practical					
	nurse (LPN #2) cari	ng for Resident #184 was					
		tubing anchor. LPN #2					
		theter tubing was supposed to anchored. Accompanied by					
		184 was observed in bed					
	without an anchor for	or the tubing. LPN #2 stated					
		h straps were available to					
	anchor the tubing.						

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:				LE CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
		is any in some in the wilder.	A. BUILDI	ING.			
		495168	B. WING			l .	C 14/2019
NAME OF I	PROVIDER OR SUPPLIER			S	TREET ADDRESS, CITY, STATE, ZIP CODE	1 03/	14/2019
CHENAN	IDOAH VALLEY HEAL	TH AND DELIAD		3	737 CATALPA AVE, PO BOX 711		
SHEINAIN	IDOAH VALLET HEAL	IT AND REHAB		В	BUENA VISTA, VA 24416		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG	X	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPI DEFICIENCY)	BE	(X5) COMPLETION DATE
F 690	unit manager (RN # anchor for Resident #3 stated there was anchor and she did protocol requiring a	B p.m., the registered nurse (3) was interviewed about an (4 #184's catheter tubing. RN (5 no standing order for a tubing not know if there was a (6 n anchor.	F 6	90			
	was interviewed about tubing. The DON st	p.m., the director of nursing but Resident #184's catheter tated there was supposed to the tubing so that it did not					
	copy of the facility's care. The protocol Urinary Catheter Ca"Make sure the ca Assess the securen it when clinically ind by the manufactured available, use a piece the catheterProvidesecuring the catheter	p.m., the DON presented a protocol for Foley catheter (undated) titled Indwelling are and Removal documented, witheter is properly secured. The nent device daily and change icated and as recommended real of a securement device isn't be of adhesive tape to secure the enough slack before the prevent tension on the injure the urethral lumen and					
	edition on page 781 an indwelling catheter to patient's adhesive anchor, or deviceProperly se catheter movement urethraPulling on Backward and forward.	curing the catheter prevents					

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTI A. BUILDIN	IPLE CONSTRUCTION JG	(X3) DATE SURVEY COMPLETED	
		495168	B. WING _		C 03/14/2019
	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE 3737 CATALPA AVE, PO BOX 711 BUENA VISTA, VA 24416	
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	JLD BE COMPLETION
F 690		re reviewed with the	F 69	90	:
F 692 SS=E	administrator and meeting on 3/13/1 (1) Nettina, Sandr. Nursing Practice. Health/Lippincott Nutrition/Hydratior CFR(s): 483.25(g) §483.25(g) Assist (Includes naso-gaboth percutaneous endenteral fluids). Bacomprehensive as ensure that a resident of nutritional statu desirable body we balance, unless the demonstrates that preferences indicated and the same stated and the same state of the same stated and	director of nursing during a 9 at 4:40 p.m. a M. Lippincott Manual of Philadelphia: Wolters Kluwer Williams & Wilkins, 2014. In Status Maintenance (1)-(3) and nutrition and hydration. Instrict and gastrostomy tubes, as endoscopic gastrostomy and oscopic jejunostomy, and used on a resident's assessment, the facility must dent- Intains acceptable parameters as, such as usual body weight or a resident's clinical condition at this is not possible or resident attended the otherwise; Iffered sufficient fluid intake to ydration and health; Iffered a therapeutic diet when all problem and the health care	F 69	1. Resident #53 remains in the facility nursing staff was re-educated dure by the Dietician related to fortified labeling system was implemented could easily identify Resident #53 foods on the meal tray. Resident reviewed by the dietician during the with an alternative juice supplementation and percent intake documentation to the snack documentation. 2. Residents in the facility with end dementia and gradual weight lost potential to be affected by this depractice. An audit was completed of Nursing/designee to ensure cure with weight loss have been reviewed in the food tray, percent documentation is included on the documentation, and preventative are in place.	ing the survey d foods and a d so that staff 's fortified #53 was the survey ent ordered in was added stage s have the eficient d by Director rrent residents wed by the foods are of intake e snack intake

PRINTED: 03/18/2019 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING_ 495168 B. WING 03/14/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3737 CATALPA AVE, PO BOX 711 SHENANDOAH VALLEY HEALTH AND REHAB BUENA VISTA, VA 24416 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) F 692 Continued From page 17 F 692 The nursing staff and the interdisciplinary team sample, Resident #53. will be re-educated by the Administrator/ Director of Nursing related to encouraging Resident #53 had a significant weight loss of liquids/finger foods/fortified options for 24.49 % in six months. Facility staff were not residents during meals, ensuring the registered aware of what foods on Resident #53's tray were dietician review current residents who are at fortified at meal times, and minimal assistance risk for weight loss or who have had a weight was offered during meal time observations. loss, and ensure the dietary manager/ dietician participate in the weekly weight meeting. Findings were: Audits will be completed by the Dietary manager weekly for 3 months to ensure Resident #53 was admitted to the facility on fortified foods continue to be identified on the 10/01/2014. Her diagnoses included but were not meals trays, nursing staff continue to encourage limited to: Major depressive disorder, anxiety, liquids/fortified foods/finger foods options hypertension, hypothyroidism, dementia with during meals, and snack documentation behavioral disturbances, atherosclerotic heart continue to include % intake documentation. disease, atrioventricular block (with subsequent pacemaker insertion) and cancer (per facility staff 4. Results of audits will be taken to Quality report). **Assurance Performance Improvement** Committee for review and recommendations A quarterly MDS (minimum data set) with an ARD for three months. (assessment reference date) of 02/13/2019. assessed Resident #53 as severely impaired in cognitive status with a summary score of "00". 5. Corrective action will be completed by April 3, Under "Section G Functional Status", Resident 2019. #53 was coded as 2/2 for eating, indicating the need for limited assistance with one person physical assist. Under "Section K Swallowing//Nutritional Status, Resident #53 was identified as having wt loss of 5 % or more in the last month or a loss of 10% or more in 6 months and not on a physician prescribed weight loss

On 03/12/2019 during the lunchtime meal, a dining observation was done in the "day room" area of the facility. On one side of the room was a square table with four chairs. Observed across the room was a wall that separated the day room from the hallway, a small table was attached to

program.

	FOF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	· ·		LE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
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		495168	B. WING			1	0
NAME OF I	PROVIDER OR SUPPLIER		1		STREET ADDRESS, CITY, STATE, ZIP CODE	03/	14/2019
					3737 CATALPA AVE, PO BOX 711		
SHENAN	IDOAH VALLEY HEAL	TH AND REHAB			BUENA VISTA, VA 24416		
(X4) ID		TEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL	ID	.,	PROVIDER'S PLAN OF CORRECTION		(X5)
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F 692	Continued From pa	ge 18	F6	92			
	1	round the corner from that					
		able also attached to the wall.					
	At approximately 12	2:30 p.m., Resident #53 was					
	brought to the day r	oom area in her wheelchair.				1	
		the first table described above.					
		of the wall in front of her, she the resident seated to her left					
		at the second table, or the					
		the larger square table behind					
	her. Her tray contail	ned an egg salad sandwich, a					
	and a niece of garlic	beans, butterscotch pudding, bread. The sandwich was on					
		and salad were in bowls. The					
		t taken out of the wrapper and					
	the pudding was no	t opened. Resident #53					
		y from the table and self					
	propelled around th	e day room area. She rer to the larger table where					
		seated with staff members				1	
		lunch. No one spoke to					
		empted to redirect her. CNA					
		ssistant) #2 came to the day					
		sted Resident #53 back to the					
		was. CNA #2 then pulled a etween Resident #53 and the					
		ed at the wall table. CNA #2					
		other resident with her lunch.					
	CNA #2 looked over	r at Resident #53's tray and				-	
		your sandwich, do you want					
1		P" CNA #2 picked up Resident					
		ome green beans on it.					
		to get some green beans out					
		elf. She was unable to pick up					
		rk, but after several attempts					
	got one green bean	to her mouth. Resident #53					
		away from the table, and self					
	propelled down the	hallway. Her tray card was	_				

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION DENTIFICATION NUMBER:		(X2) MUL		(X3) DATE SURVEY COMPLETED			
AND I LAN-C	OF COMPLETION	IDENTIFICATION NUMBER:	A. BUILD	ING	·		
		495168	B. WING				0
NAMEOE	PROVIDER OR SUPPLIER	493100	D. WIIVG		STREET ADDRESS OUTVICTATE 710 CODE	03/	14/2019
NAIVIE OF I	PROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE		
SHENAN	IDOAH VALLEY HEAL	TH AND REHAB			737 CATALPA AVE, PO BOX 711		
					BUENA VISTA, VA 24416		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTIO (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP	BE	(X5) COMPLETION DATE
IAG			IAG		DEFICIENCY)	111/112	
F 692	Continued From pa	ae 19	F6	392			20
		ained the following: "Fortified		,02			
	foods; Loves Green						
	The clinical record v	was reviewed on 03/12/2019					
		00 p.m. The physician orders					
		d the following: "Regular diet dure, Provide fortified foods					
	Start date: 08/23/20	018; Snacks TID [three times					
		als Start date: 06/09/2018;					
	weekly weights Sta	art date: 12/24/2018"					
	The following weigh observed in the clin	nts, recorded in pounds were ical record:					
	08/06/2018: 134.2	(wheelchair)					
	08/13/2018: 129	(wheelenan)					
	09/01/2018: 127.4						
	10/03/2018: 114.8 10/08/2018: 116.6						
	10/22/2018: 112.8		Î				
	10/29/2018: 110	(wheelchair)					
	11/05/2018: 111.4	(wheelchair)					
	11/12/2018: 117.8	(wheelchair)					
	11/14/2018: 114.6 11/21/2018: 115	(wheelchair) (wheelchair)					
	12/05/2018: 111	(lift)					
	12/24/2018: 108.2	(wheelchair)					
	12/31/2018: 108.8	(wheelchair)					
	01/01/2019: 108.8	(lift)					
	01/07/2019: 103.6 01/10/2019: 103.4	(wheelchair) (wheelchair)					
	01/10/2019: 103.4	(wheelchair)					
	01/21/2019: 105.4	,					
	01/28/2019: 106.3						
	02/04/2019: 101.6	(wheelchair)					
	02/11/2019: 102.2	(wheelchair)					
	02/18/2019: 104.5	(wheelchair)					
	02/25/2019: 101 03/04/2019: 100.8	(wheelchair) (wheelchair)					
	00/07/2010, 100.0	(who cionall)					

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MUL		(X3) DATE SURVEY COMPLETED			
/ (ND) L/(NC	or connection	BENTI POATION NOMBER.	A. BUILD	ING		l	
		495168	B. WING				14/2019
NAME OF I	PROVIDER OR SUPPLIER			5	STREET ADDRESS, CITY, STATE, ZIP CODE	00/	14/2015
CHENIAN		TH AND DELLAD		3	737 CATALPA AVE, PO BOX 711		
SHEINAIN	IDOAH VALLEY HEAL	IH AND KEHAB		E	BUENA VISTA, VA 24416		
(X4) ID		TEMENT OF DEFICIENCIES	ID		PROVIDER'S PLAN OF CORRECTIO		(X5)
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					DEFICIENCY)		
F 000	0 11 15						
F 692		-	F6	392		_	
	03/11/2019: 96.2	(wheelchair)					
	From 09/01/2018 ui	ntil 03/11/2019 (six months),					
	Resident #53 lost a	total of 31.2 pounds					
	equivalent to 24.49	% of her total body weight.				1	
	On 03/13/2019 at a	pproximately 8:00 a.m.,					
		observed self propelling in the					
		sidents and three CNAs were					
		table. An unoccupied seat					
		in front of it. Observed on the 53's tray card. The CNAs					
		lent #53 had eaten breakfast.					
		ated, "She didn't want to eat."					
		ed. An egg covered with					
		dry toast, and bowl of oatmeal					
		thing on the tray appeared to he CNAs were asked which					
		53's tray was fortified. All					
	three stated that the	ey did not know.					
	At approximataly 9:	40 a.m., while observing					
		o of the three CNAs came up					
		d, "Ma'am, we have the					
		atmeal was what was fortified					
		nt #53] traythey put extra					
		it to increase the calories." ho had given them the					
	information. They s						
		me of RN-registered nurse #1]					
	is going to try to get						
	Resident #53 was o	bserved sitting in the day area					
		at approximately 8:45 a.m.					
	Her lap was covered	d with bread crumbs. RN #2					
		ne hallway. She was asked if					
		ident #53 to eat breakfast.					
		ne ate her toastI gave her an eat it on the go." RN #2					
	2 3 3 3 3 3 5 5 1 1 0 0 0	55.6 16 511 1110 901 1114 112					

	STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
			A. BUILDI	ING		C	
		495168	B. WING			/14/ 20 19	
NAME OF I	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE			
SHENAN	IDOAH VALLEY HEAL	TH AND REHAB		3737 CATALPA AVE, PO BOX 711 BUENA VISTA, VA 24416			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPF DEFICIENCY)	ULD BE	(X5) COMPLETION DATE	
F 692	was asked if finger with Resident #53 a "I don't knowI kno daughter, who is he trying some suppler to do itshe doesn' productswe tried to contain lactose but a contain	foods had been attempted is part of her diet. She stated, we that we talked to her it is represented in the party of the p	F 6				
	dine as needed. Mo assistance; diet as o preferences; monito consumption daily; p	onitor for increased need of					

	OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA	(X2) MUL	TIPI	LE CONSTRUCTION	(X3) DATE	
AND PLAN C	F CORRECTION	IDENTIFICATION NUMBER:	A. BUILD	ING		COMP	PLETED
						C	;
		495168	B. WING	_		03/1	4/2019
NAME OF I	PROVIDER OR SUPPLIER			5	STREET ADDRESS, CITY, STATE, ZIP CODE		
					737 CATALPA AVE, PO BOX 711		
SHENAN	DOAH VALLEY HEAL	TH AND REHAB		1	,		
				ŀ	BUENA VISTA, VA 24416		
(X4) ID		TEMENT OF DEFICIENCIES	ID		PROVIDER'S PLAN OF CORRECTIO		(X5)
PRÉFIX	,	/ MUST BE PRECEDED BY FULL	PREF		(EACH CORRECTIVE ACTION SHOULD		COMPLETION DATE
TAG	REGULATORY OR L	SC IDENTIFYING INFORMATION)	TAG		CROSS-REFERENCED TO THE APPROP DEFICIENCY)	RIAIE	DATE
					521,0121101,		
F 692	Continued From pa	ge 22	F6	392			1
	annronriate sunnle	ments between meals; wt					
	monitoring as order						
	monitoring as order	cu.					
	A physician note da	ited 11/16/2018 was observed					
		ollowing information:					,
		0					
		ehavior including aggression;					
		ng to feed herself; continue to					
	monitor."						
	D					1	
		tion in the clinical record was					
		note dated 11/26/2018 written					
		ed dietitian) contained the					
		cant weight loss noted					
	10/3/2018team re	eviewed weight change of 13					:
	[pounds]. MD awar	re at this time. Weight stable					
	and slightly increas	ed X 7 weeks. MD advises					
		age, 97 yo, and severe					
		ess may be unavoidable.					
		nedication determined to be	l.				
		MD. Continue to monitor					
		ood/beverage preferences.					
	Assist to dine as ne						
	Assist to diffe do fie	,caca.					
	A quarterly nutrition	assessment dated					
		eflects a late entry assessment					
		D on 11/21/2018), contained					
		ation: Ideal weight range					
		eight 115, average meal intake					
		summary note contained the					
		try for 11/21/2018. Significant					
		ake appears to continue to not					
		ted needs for weight			F		
		aware, and suggests that					
		unavoidable. Appetite					
		by MD. Suggests not the best					
	choice for this 97 years	ear old patient at this time.					
		nonored. Snacks provided					
		eights, team review and PRN					
	[as needed]."	3 .,					
	r		1				

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION			(X3) DATE SURVEY COMPLETED	
7 (IVD I L/IIV C	0011112011011	IDENTIFICATION NOMBER.	A. BUILD	A. BUILDING		COIV	IPLETED
						'	С
		495168	B. WING			03/	14/2019
NAME OF I	PROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE	,,,	
CHENIAN	IDOAH VALLEY HEAI	TH AND DELIAD		3	3737 CATALPA AVE, PO BOX 711		
SHENAN	IDOAN VALLET NEAL	LIN AND REMAB		1	BUENA VISTA, VA 24416		
(X4) ID	SUMMARY STA	ATEMENT OF DEFICIENCIES	ID		PROVIDER'S PLAN OF CORRECTIO	N	(VE)
PREFIX	(EACH DEFICIENCY	Y MUST BE PRECEDED BY FULL	PREF	X	(EACH CORRECTIVE ACTION SHOULD) BE	(X5) COMPLETION
TAG	REGULATORY OF LSC IDENTIFYING INFORMATION)		TAG		CROSS-REFERENCED TO THE APPROP DEFICIENCY)	RIATE	DATE
					DEFICIENCY)		
F 692	Continued From pa	ige 23	F6	592			
							v i
		assessment dated					
		mpleted by the dietary					
		wed. Resident #53's ideal					
		was documented as 113-138					
		ge meal intake percentage per					
		3%. The summary note for					
		ntained the following: "Labs					
		is mech. soft regular. weekly					
		Current weight is 102					
		veight was 129 [pounds].					
		ed in past 180 days (21%					
		attributed to resident's					
		a, and loss of appetite, and					
		e. RD weight note 11/26/18.					
	1/24/19 MD note: A	D between meals per order.					
	Diuretic per order	no chewing or swallowing					
	difficulties noted in	nurses notesResident's			-		
		elective menus for her mother			, .		
		eeds herself after tray set up.					
		averages 33% with					
		per ADL documentation.					
		nedication determined to not					
		per MD (RD note 11/26/18).					
		(
	The RD (registered	dietitian) and the					
	administrator were	interviewed on 03/13/2019 at					
	approximately 1:30	p.m. regarding meal time					
	observations. The a	administrator was asked why					
		in the day area and other					
		ed assistance to eat were in					
		ne stated, "The residents in					
		higher functioningthey may					
,		some assistance the					
		room area need more					
		ding." The RD and the					
		asked how weight losses such					
	as Hesident #53's w	vere addressed in the facility.					

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			PLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
			A. BUILDIN	G		
		495168	B. WING_		1	0 14/2019
NAME OF I	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	1 00,	
SHENAN	IDOAH VALLEY HEAI	TH AND REHAB		3737 CATALPA AVE, PO BOX 711		
OHEIWII	DOM WELL THEM	- TAND TIETIAD		BUENA VISTA, VA 24416		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTIO (EACH CORRECTIVE ACTION SHOULE CROSS-REFERENCED TO THE APPROP DEFICIENCY)) BE	(X5) COMPLETION DATE
F 692	The administrator is meeting, [Name of each week." The Fnot want suppleme look milky they are educate her that the discussed her with that the weight loss her advanced dema administrator were the RP regarding the stated that she was voiced to the RD ar lack of staff involve meal time observat knowing which food fortified. The RD wheen attempted wit "No, but we could to what percentage of consuming. The RD bring you the log." The snack log was 2:50 p.m. The RD the MAR [medication they give her the snoks like she gets again at 7 [p.m.]the gave it to her, they eatsbut we usuall percentages like were standard to the standard to	stated, "We hold weekly weight Resident #53] is discussed RD stated, "Her daughter does nts, she believes because they milk based, in spite of trying to ey are lactose freeI have [name of doctor] and he said may be unavoidable due to entia." The RD and the asked who had spoken with he supplements. The RD and the administrator regarding ment with Resident #53 during ions and the CNA staff not do no Resident #53's tray were has asked if finger foods had he Resident #53. She stated, ry that." The RD was asked snacks was Resident #53. Stated, "I don't know but I will presented at approximately stated, "They just check off on a administration record] that hacks three times a dayit them at 9 [a.m.], 1 [p.m.] and the check just shows that they don't track how much she	F 69			
	the hallway. She st staff right now about to start a new proces	rated, "I am inservicing the at fortified foodswe are going esswe are going to put "FF" the lids of the items that are				

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUL		(X3) DATE SURVEY COMPLETED		
			A. BUILD	ING _E	· · · · · · · · · · · · · · · · · · ·		C
		495168	B. WING			1	14/2019
NAME OF F	PROVIDER OR SUPPLIER				TREET ADDRESS, CITY, STATE, ZIP CODE		
SHENAN	DOAH VALLEY HEAI	LTH AND REHAB			737 CATALPA AVE, PO BOX 711 BUENA VISTA, VA 24416		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFII TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROPI DEFICIENCY)	BE	(X5) COMPLETION DATE
	At 3:35 p.m. the nu conference room to weight loss. The addiscussed. She stated advanced demential educate the staff or need to get her dauthe supplements." the physician had sabout the use of su She stated, "I have of physician]we of physician]we of physicianwe of physician had sabout the use of su She stated, "I have of physician]we of physicianwe of physician on the go." The above information for the corporate nurse approximately 4:45 On 03/14/2019 at a Resident #53 was of was holding a coffee She was sitting still she was done she spropelled to the squ She then self proper vending machine. Food vending machine for several machine for several conference in the drink machine for several conference in the squ She then self proper vending machine.	age 25 arse practitioner came to the odiscuss Resident #53's bove observations were ated, "She does have a, but I agree we need to n what to feed herwe may aghter [RP] up here to discuss The NP was asked if she or spoken with the RP in the past applements for Resident #53. notI can't speak for [name an give her what we can and of finger foods that she can take to the total t			CROSS-REFERENCED TO THE APPROP		
	and Resident #53 v table by facility staff orange juice from h glass, and pushed CNA #1 was in the	eakfast trays were delivered was brought back to the square f. She was handed a glass of her tray. She drank the entire herself away from the table. area and asked Resident #53 juice. She left and got a					

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			PLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
			A. BUILDIN	G		2
		495168	B. WING_			14/2019
NAME OF	PROVIDER OR SUPPLIER		·	STREET ADDRESS, CITY, STATE, ZIP CODE	1 00/	1-1/2010
CHENAN	IDOAH VALLEY HEA	ITH AND DEHAD		3737 CATALPA AVE, PO BOX 711		
SHEWAN	IDOAH VALLET HEA	LIT AND RETAB		BUENA VISTA, VA 24416		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPRODEFICIENCY)	.D BE	(X5) COMPLETION DATE
F 692	second orange juid drank all of the sec Resident #53 if shi #53 stated, "No, the propelled out of the breakfast. The DON came to approximately 9:30 show you thiswe Resident #53] synthowshe's up to 2 also called yestered Breeze which is mesupplement. Her deshould be here too note about the sup in Septemberit we daughter didn't wand The note reference the following: "09/05/2018 05:26 daughter, resident d/c order for 2 calcomes afternoon. Nesupplement due to patient is lactose in monitor." At approximately 1 physician arrived a surveyor. He was weight loss. He stone thingshe has hypothyroidism, she has hypothyroidism.	ce glass for Resident #53. She cond glass. CNA #1 asked would like more. Resident at's enough." She then self e day area. She did not eat any the conference room at a.m. She stated, "I wanted to have been adjusting [name of throid for some time and we ordered some Boost ore of a fruit juice base aughter agreed to that, it ayalso I found the original aplementsthey were ordered as 2 cal supplement and the area at a supplement and the area are we discontinued it." The discovering the following the factors of a fruit juice base aughter agreed to that, it ayalso I found the original aplementsthey were ordered as 2 cal supplement and the area at a supplement. The factors of a fruit juice base are we discontinued it." The factors of the fa	F 69			
	physician arrived a surveyor. He was weight loss. He st one thingshe has hypothyroidism, sh	at the facility to speak with this asked about Resident #53's ated, "I don't think this is any seementia, she has			s€	

PRINTED: 03/18/2019 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** A. BUILDING С 495168 B. WING 03/14/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3737 CATALPA AVE, PO BOX 711 SHENANDOAH VALLEY HEALTH AND REHAB **BUENA VISTA, VA 24416** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION ID (X4) ID (X5) COMPLETION PREFIX PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) F 692 Continued From page 27 F 692 thing is causing it [weight loss]...she wants to move, I don't want to force feed her...but we can certainly educate and work with the staff to provide additional assistance with her eating...1 really hadn't thought about finger foods but we can try that." The RD was interviewed at approximately 11:25 a.m. She was asked why the boost breeze had not been implemented/suggested when the RP refused the 2 cal supplements for Resident #53. She stated, "My memory is that I did speak to the daughter and she said, 'No Supplements'." I may not have heard that it was not milk based or creamy like the 2 cal, but my memory is that I did talk to her...but I can't find any documentation about it." The RD was asked if she or the DM had watched Resident #53 during meal time. She stated, "Not lately." An end of survey meeting was held with the DON, the administrator, the MDS coordinator and the corporate nurse consultant. The above information was discussed. No further information was obtained prior to the

F 761 SS=E exit conference on 03/14/2019. Label/Store Drugs and Biologicals CFR(s): 483.45(g)(h)(1)(2)

§483.45(g) Labeling of Drugs and Biologicals Drugs and biologicals used in the facility must be labeled in accordance with currently accepted professional principles, and include the appropriate accessory and cautionary instructions, and the expiration date when applicable.

discarded by the licensed nurse. The refrigerator temperature on Unit 2 was checked by the Unit Manager/Director of Nursing and adjusted to ensure the temperature was in the acceptable range of 36-46 degrees. The pharmacy was notified and the affected medications that were stored in the refrigerator

The identified vial of PPD solution on Unit 2 was

were discarded per the pharmacy direction. Digital thermometers were ordered and the temperature ranges were added to the Medication refrigerator temp logs.

F 761 1.

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIF A. BUILDING		DNSTRUCTION	(X3) DATE SURVEY COMPLETEC		
		495168	B. WING	1			C 14/2019	
	PROVIDER OR SUPPLIE	7		3737	ET ADDRESS, CITY, STATE, ZIP CODE CATALPA AVE, PO BOX 711 NA VISTA, VA 24416	DE		
(X4) ID PREFIX TAG	(EACH DEFICIEN	CY MUST BE PRECEDED BY FULL	ID PREFIX TAG			LD BE	(X5) COMPLETION DATE	
F 761	§483.45(h)(1) In a Federal laws, the biologicals in lock temperature contributes and the comprehensing control Act of 197 abuse, except who package drug distinguantity stored is be readily detected this REQUIREMI by: Based on observing document review medications and fand labeled on or opened vials of P was expired and a refrigerator temper March 2019 were made. Findings include: On 3/13/19 at 8:0 medication room with LPN (license open PPD vials wexpired. The vial LPN # 1 was asket the proper store the proper was asket to the control of	S(h) Storage of Drugs and Biologicals S(h)(1) In accordance with State and laws, the facility must store all drugs and als in locked compartments under proper ature controls, and permit only authorized nel to have access to the keys. S(h)(2) The facility must provide separately permanently affixed compartments for of controlled drugs listed in Schedule II of aprehensive Drug Abuse Prevention and Act of 1976 and other drugs subject to except when the facility uses single unit a drug distribution systems in which the extreme stored is minimal and a missing dose can illy detected. SQUIREMENT is not met as evidenced on observation, staff interview, and facility ent review the facility staff failed to ensure tions and biologicals were properly stored aled on one of 2 units: Unit 2. One of 2 vials of PPD (tuberculin skin test) solution bired and available for administration. The ator temperatures for February 2019 and 2019 were out of range with no adjustment		TAG CROSS-REFERENCED TO THE APPROP		The ecked and/ perature ed. The ility were the e also mperatures nent ranges. Director of iture log ure haded areas emps need t gerator the Director ith expired oths to ensur peratures cuality ent nendations	cential to be che cked and/erature d. The ty were ealso aperatures ent ranges. Director of the log readed areas apps need to erator the Director expired his to ensure eratures.	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION			(X3) DATE SURVEY COMPLETED	
		IDENTIFICATION NUMBER:	A. BUILDI	NG			
		495168	B. WING		l l	C 03/14/2019	
NAME OF PROVIDER OR SUPPLIER			-	STREET ADDRESS, CITY, STATE, ZIP COD		114/2019	
				3737 CATALPA AVE, PO BOX 711			
SHENANDOAH VALLEY HEALTH AND REHAB			BUENA VISTA, VA 24416				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PROVIDER'S PLAN OF CORRECT PREFIX (EACH CORRECTIVE ACTION SHOUTH ACTI		OULD BE	(X5) COMPLETION DATE	
F 761	a cork board and sithen removed the verifigerator. A copy storage instructions. The sheet, titled "S from the facility phat DATE (sic) the follow opened: 4. PPD (to opened, Expires 30). The refrigerator terrand no temperature sheet. Several data temps below 36 de clarification of rang sure but would find at the top of the "Sp Directed "Medication should be between temperatures record documented three degrees; for March at 36 degrees. LPN room to get clarification room identified as RN (refrigerator. I will le RN # 1 further state implementing a new temperature ranges. On 3/13/19 at 9:45 nursing) stated "Th the medications we	tated "Yes, after 30 days." She vial of PPD from the y of the sheet referencing the sofor the PPD was requested. pecial Storage Instructions" armacy documented "Please owing medications when uberculin)Date box when days from date opened." Imperature log was reviewed a ranges were identified on es in February 2019 recorded grees. LPN # 1 was asked for es. She stated she was not out. (It should be noted that pecial Storage Instructions" on refrigerator temperature 36 and 46 degrees F.) The reded for February 2019 days the temperature was 36 2019 one day was recorded N # 1 then left the medication ation for the temperature ments later, the unit manager, egistered nurse) # 1 returned to m with LPN # 1 and stated pharmacy to see what we emedications that are in the et you know what they tell us." He was a stated they were immediately we temperature log that had the so clearly identified. The armacy stated that since the parmacy stated that since the parmacy stated that since the parmacy stated that since the property is stated that since the parmacy stated the parmacy should be parmacy stated the parmacy should be pa	F 7				
		was then asked if that was per guidelines since it is clearly					

STATEMENT OF DEFICIENCIES		(X1) PROVIDER/SUPPLIER/CLIA	(X2) MULTIPLE CONSTRUCTION				(X3) DATE SURVEY	
AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:	A. BUILDING		COMPLETED			
	495168		B. WING			C 03/14/2019		
NAME OF PROVIDER OR SUPPLIER			-		STREET ADDRESS, CITY, STATE, ZIP CODE	1 03/	14/2019	
					3737 CATALPA AVE, PO BOX 711			
SHENANDOAH VALLEY HEALTH AND REHAB				BUENA VISTA, VA 24416				
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP DEFICIENCY)	BE	(X5) COMPLETION DATE	
F 761	degrees, why ensur The DON stated that pharmacy was rese was also asked for information for the r refrigerator. During a meeting of DON, Administrator consultant were infor The DON was asket package insert infor refrigerator. The requested infor	ge 30 mperatures should be 36-46 re the range was maintained? at on further questioning the earching further. The DON a copy of the package insert medications stored in the n 3/13/19 at 4:40 p.m. with the r, and corporate nurse brand of the above findings. at again at that time for the rmation of medications in the remation was not received. on was provided prior to the	F 7	761				

State of Virginia (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING 03/14/2019 495168 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 3737 CATALPA AVE, PO BOX 711 SHENANDOAH VALLEY HEALTH AND REHAB **BUENA VISTA, VA 24416** PROVIDER'S PLAN OF CORRECTION (X5) SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (EACH CORRECTIVE ACTION SHOULD BE COMPLETE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX CROSS-REFERENCED TO THE APPROPRIATE DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 000 F 000 Initial Comments An unannounced biennial State Licensure Inspection survey was conducted on 3/12/19 through 3/14/19. The facility was not in compliance with the Virginia Rules & Regulations for the Licensure of Nursing Facilities. One complaint was investigated during the survey. The census in this ninety-three certified bed facility was 74 at the time of the survey. The survey sample consisted of eighteen current residents and three closed record reviews. F 001 F 001 Non Compliance The facility was out of compliance with the following state licensure requirements: This RULE: is not met as evidenced by: The facility was not in compliance with the following Virginia Rules and Regulations for the Licensure of Nursing Facilities. 12 VAC 5-371-370 (A) **Cross Reference to POC F584** Cross reference to F584 **Cross Reference to POC F656** 12 VAC 5-371-250 (A), (G) Cross reference to F656 **Cross Reference to POC F657** 12 VAC 5-371-250 (A), (I) Cross reference to F657 **Cross Reference to POC F690** 12 VAC 5-371-220 (A), (C) **Cross Reference to POC F692** Cross reference to F690 **Cross Reference to POC 761** 12 VAC 5-371-220 (A), (C) (5) Cross reference to F692 12 VAC 5-371-300 (A), (B) Cross reference to F761 (X6) DATE

LABORATORY DIRECTOR'S OR PROVIDER SUPPLIER REPRESENTATIVE'S SIGNATURE

Administrata

3/27/19

STATE FORM

021199

If continuation sheet 1 of 2

PRINTED: 03/18/2019 FORM APPROVED

State of Virginia (X3) DATE SURVEY STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X2) MULTIPLE CONSTRUCTION (X1) PROVIDER/SUPPLIER/CLIA COMPLETED IDENTIFICATION-NUMBER: A. BUILDING _____ 03/14/2019 B. WING 495168 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 3737 CATALPA AVE, PO BOX 711 SHENANDOAH VALLEY HEALTH AND REHAB BUENA VISTA, VA 24416 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE DATE SUMMARY STATEMENT OF DEFICIENCIES ID (X4) ID (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PRÉFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY)

021199