VDH STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION OC3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A RIJII DING NH2586 B. WING 08/28/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **5000 FAIRBANKS AVENUE** HERMITAGE NORTHERN VIRGINIA ALEXANDRIA, VA 22311 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY F 000 **Initial Comments** F 000 An unannounced blennial State Licensure Inspection Survey was conducted 08/27/2019 through 08/28/2019. The facility was not in compliance with the Virginia Rules and Regulations for the Licensure of Nursing Facilities. No complaints were investigated during the survey. 12VAC 5-371-140(A) The census in this 121 bed facility was 31 at the Correct deficiency: CNA A was removed from time of the survey. The survey sample consisted Resident #2's care team assignment on of 5 current Resident reviews (Residents #1-#5). 7/23/19. Facility Reported Incident form submitted to Office of Licensure & F 001 Certification on 9/18/19. Investigation was Non Compliance F 001 performed on 7/23/19 and documentation of that investigation will be completed by The facility was out of compliance with the following state licensure requirements: 9/20/19. Results of investigation will be reported to Office of Licensure & Certification by 9/20/19. This RULE: is not met as evidenced by: Prevent recurrence of deficiency: Director of 12VAC5-371-140(A) Nursing received in-service education from Based on observation, family interview, staff Executive Director on 9/5/19 regarding interview, clinical record review, and facility policy concerning resident abuse, neglect or exploitation. Special attention was paid to documentation review, the facility staff failed for 1 the reporting procedure. By 9/20/19 CNA A resident (Resident #2) in the survey sample of 5 will receive in-service education from the residents, to follow their policy and procedure Director of Nursing regarding safe resident regarding reporting, and investigating an handling and abuse prevention. allegation of physical abuse. Maintain compliance: For the period of 7/23/19 through 12/31/19 the Director of The Findings included: Nursing will monitor the performance of CNA A to ensure no further incidents of rough Resident #2 was an 84 year old who was admitted handling of residents occur. Director of to the facility on 7/17/19. Resident #2's diagnoses Nursing will report any and all incidents to included Metabolic Disorder, Heart Failure, and Executive Director where there is any Hypertension. allegation of abuse, neglect or exploitation. Executive Director will investigate all The Minimum Data Set, which was an Admission allegations and make report to the state Assessment, with an Assessment Reference Date regulatory agency as warranted. of 7/24/19 was reviewed. Resident #2 was coded Date of completion: 9/20/2019 as being able to understand and be understood by

APORATORY DIRECTORS DR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

2 0 1 0

STATE FORM

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continuation sheet 1 of 18

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		(X1) PROVIDER/SUPPLIER/GIDENTIFICATION NUMB	ROVIDER/SUPPLIER/CLIA ENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
		NH2586		B, WING		O.S	08/28/2019		
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCY (EACH DEFICIENCY MUST BE PRECEDED BY REGULATORY OR LSC IDENTIFYING INFORMAL Continued From Page 1 others. In addition, he was coded as requestensive physical assistance of two persibed mobility and transfers. On 8/27/19 at approximately 1:00 PM., an observation was conducted of Resident # room. He was clean and dressed approper His wife and niece were present. His niece that on 7/20/19 CNA A "handled her uncknoughly, causing bruises on both of his wishe also raised her voice when talking to further stated that she'd reported the incident the Unit Manager on the day of the incident the Director of Nursing (Employee B) on its She stated that they had attended a meet the Director of Nursing a few days after the incident, and that things had improved with A.			ID PREFIX TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AP DEFICIENCY)	IOULD BE	COM	X5) IPLETE ATE	
F 001	Continued From Pag	e 1	ĺ	F 001					1
	others. In addition, hextensive physical as bed mobility and tran. On 8/27/19 at approxobservation was concroom. He was clean at His wife and niece withat on 7/20/19 CNA roughly, causing bruishe also raised her vifurther stated that shothe Unit Manager on the Director of Nursin She stated that they the Director of Nursin incident, and that thir A. On 8/27/19 a review documentation, reveably the Director of Nursin incident, and that thir A. On 8/27/19 a review documentation, reveably the Director of Nursin incidents (Saturday 7 Meeting was held in Iniece, writer, SW [So Nurse regarding familincidents (Saturday 7 members did not allo present during care econsent for wife and and niece raises commember strength durbruise and one of teal when answering wife that the bruise may a On 8/27/19 an intervi Director of Nursing (E Resident #2's niece in the strength durbruise and one of teal when answering wife that the bruise may a consent #2's niece in the strength durbruise and one of teal when answering wife that the bruise may a consent #2's niece in the strength durbruise and one of teal when answering wife that the bruise may a consent #2's niece in the strength durbruise and one of teal when answering wife that the bruise may a consent #2's niece in the strength durbruise and one of teal when answering wife that the bruise may a consent for wife and and niece raises consent for wife and niece raises consent for wife and niece raises consent for wife and	ie was coded as requiring sistance of two persons sfers. Itimately 1:00 PM., an ducted of Resident #2 in and dressed appropriate are present. His niece is A "handled her uncle to ses on both of his wrist oice when talking to used reported the incident the day of the incident the day of the incident and (Employee B) on Monhad attended a meeting a few days after the lags had improved with the lags had improved with the lags and improved with the lags had improved with the lags and the lags had improved with the lags had a lags had improved with the lags had a	n his ely. stated oo s, and "She ot to and nday. g with CNA by igned B) on M. wife, ge ovide fife e voice ained iulant."				VDH/OLC	SEP 1 7 2019	RECEIVED

FORM APPROVED VDH STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY ND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING NH2586 B. WING 08/28/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER HERMITAGE NORTHERN VIRGINIA **5000 FAIRBANKS AVENUE ALEXANDRIA, VA 22311** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5)(EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) F 001 Continued From Page 2 F 001 or report the allegation to any outside agency. She did not collect witness statements or interview the resident or other residents and staff. She stated that other facility staff met with the family three days after the incident. When asked why a Facility Reported Incident (FRI) had not been submitted to the Office of Long Term Care, the DON said, "I wasn't thinking about the FRI because we wanted to investigate first, usually concrete incidents are reported." On 8/28/19 an interview was conducted with the Social Worker (Employee E). She confirmed that Resident #2's niece had informed the Unit Manager, and the Director of Nursing of the incident, and that a meeting was held with the family three days after the incident. On 8/28/19 a review was conducted of facility documentation, revealing a Resident Protection from Abuse, Neglect and Exploitation policy # 0042 dated August, 2017. An excerpt read, "Any staff person who is accused of resident abuse. neglect, mistreatment or misappropriation of property will be suspended from employment while the investigation is conducted. Any allegation of abuse, involuntary seclusion, neglect. mistreatment, misappropriation of resident property or the occurrence of an injury of unknown origin, will be promptly reported to appropriate licensing agencies and the investigation initiated promptly. Notification for incidents in the Health Care facility is immediate and accomplished by

allegation."

completing the Facility Reported Incident form and faxing to the Virginia Department of Health, Office of Licensure and Certification...The results of all investigations will be reported to interested state agencies within five (5) days of receipt of the

PRINTED: 09/09/2019 FORM APPROVED (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING _ B. WING NH2586 08/28/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER **5000 FAIRBANKS AVENUE** HERMITAGE NORTHERN VIRGINIA ALEXANDRIA, VA 22311 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5)(EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE **PREFIX** COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DATE DEFICIENCY F 001 Continued From Page 3 F 001 No further information was received. 12VAC 5-371-210(F)(1) 12VAC 5-371-210(F)(1) Correct deficiency: The Health Services Based on staff interview and facility Staffing Coordinator ensured, soon after documentation review, the facility staff failed to they were hired, that certificates were in ensure that three previously licensed Certified good standing for the Certified Nursing Nursing Assistants were in good standing. Assistants identified as deficient during the survey. The Findings Included: Prevent recurrence of deficiency: All Department Coordinators received in-service On 8/28/19 a review was conducted of employee training from the Executive Director on records, along with the Human Resources 9/12/2019 regarding the policy on the Coordinator (Employee M). Three of the 10 requirement that all team member licenses records reviewed revealed previously licensed and/or certificates will be verified prior to Certified Nursing Assistants (CNA) who license start of employment. had not been verified that they were in good Maintain compliance: For the period from standing. 8/28/2019 through 12/31/2019 the Executive Director, or designee, will review CNA C was hired on 8/16/17. Her license had not the Human Resources file of every new hire been verified until 8/28/17. CNA D was hired on team member to ensure their license or 5/2/19. Her license had not been verified until certificate was verified prior to their hire 6/18/19. CNA E was hired on 12/27/17. Her date. licensed had not been verified until 1/8/18. Date of completion: 9/20/2019 The Human Resources Coordinator was asked about the importance of verifying the current licenses. She stated, "To make sure that they are qualified and legally able to work with the residents. The staffing coordinator usually does that. She is not here." The facility did not provide a hiring policy. No

further information was received.

12VAC 5-371-340(A)

PRINTED: 09/09/2019 FORM APPROVED STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING_ NH2586 B. WNG 08/28/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE HERMITAGE NORTHERN VIRGINIA **5000 FAIRBANKS AVENUE** ALEXANDRIA, VA 22311 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) F 001 Continued From Page 4 F 001 12VAC 5-371-340(A) Correct deficiency: Following identification by Based on observation, staff interview, and facility the Surveyor on 8/28/2019 Employee N documentation review, the facility staff failed to adjusted her hairnet so that it effectively ensure that dietary staff effectively wore hair restrained her hair. restraints while working in the kitchen. Prevent recurrence of deficiency: By 9/20/2019 the Director of Dining Services, or The Findings included: designee, will provide in-service training to all team members who are involved in On 8/28/19 at 9:00 A.M., an observation was resident food preparation or service conducted of the facility kitchen. There were two regarding the proper application of hair Dietary Supervisors present, (Employee N and restraints. Employee O). Employee N stated that she was Maintain compliance: For time period preparing sandwiches for lunch that were for the 9/15/2019 through 12/31/2019 the Director healthcare center residents. Employee O was of Dining Services, or designee, will conduct asked to describe the effectiveness of Employee an audit once daily of hairnet use and proper N's hairnet. He stated that all of her hair wasn't placement and document. restrained, and that her bangs, which were Date of completion: 9/20/2019 approximately 2.5 inches long, were not covered. In addition, she had curls touching her right cheek that were outside of the hair restraint. When asked about the importance of effectively wearing a hair restraint, Employee N stated that residents "could choke" on hair in their food. On 8/28/19 a review was conducted of facility documentation, revealing a Food Safety policy dated January, 2016. An excerpt read, "Employees wear approved hair restraints and clean uniforms, aprons, and shoes. Men with beards and/or mustaches wear appropriate beard restraints." No further information was received.

12VAC 5-371-250(D)

Based on observation, staff interview, and clinical record review, the facility staff failed to ensure that 1 resident (Resident #1) in the survey sample of 5

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FORM APPROVED STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING NH2586 B. WING 08/28/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **5000 FAIRBANKS AVENUE** HERMITAGE NORTHERN VIRGINIA **ALEXANDRIA, VA 22311** SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5)**PREFIX** (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) F 001 F 001 Continued From Page 5 12VAC 5-371-250(D) Correct deficiency: On 9/6/2019 the Director residents, had an Admission Assessment that was of Nursing e-signed the admission signed as completed by a Registered Nurse. assessment for Resident #1 stating, "I have reviewed and agree with this assessment." The Findings included: Prevent recurrence of deficiency: By 9/20/2019 the Director of Nursing, or Resident #1 was a 94 year old who was admitted designee, will provide in-service education to to the facility on 7/19/19. Resident #1's diagnoses all licensed nursing staff regarding the included Heart Failure, and Hypertension. importance of having each resident admission assessment coordinated by a The Minimum Data Set, which was an Admission Registered Nurse who signs, dates and Assessment with an Assessment Reference Date certifies completion of the assessment. of 7/26/19 was reviewed. Resident #1 was coded Maintain compliance: For time period as having a Brief Interview of Mental Status Score 9/15/2019 through 12/31/2019 the Director of 6, indicating moderately impaired cognition. of Nursing, or designee, will review all resident admission assessments within 72 On 8/28/19 at 11:40 A.M., an observation was hours of admission to ensure each conducted of Resident #1 in her room. She was assessment is coordinated by a Registered dressed appropriately. There were three visitors in Nurse who signs, dates and certifies her room who were family members, including her completion of the assessment. son. Date of completion: 9/20/2019 On 8/28/19 a review was conducted of Resident #1's clinical record. She did not have a pressure ulcer at that time. The Admission Assessment dated 7/19/18 was reviewed. An excerpt read. "Head to toe skin assessment done. First stage pressure ulcer on upper mid spine noted, skin reddened intact measured 6 cm long. Meplex apply for prevention." The Assessment was signed by Licensed Practical Nurse A. On 8/28/19 at 11:45 A.M., an interview was conducted with the Unit Manager (LPN B) at the nurse's station, in the presence of Surveyor B. She stated the Resident #1 did not currently have a pressure ulcer. When asked who does the Admission Assessments, the Unit Manager stated. "The Unit Manager, I do them." When asked if it

was in her (as an LPN) scope of practice to measure and stage pressure ulcers, she stated "No, an LPN can't stage. We call the wound care

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING_ NH2586 B. WNG 08/28/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE HERMITAGE NORTHERN VIRGINIA **5000 FAIRBANKS AVENUE** ALEXANDRIA, VA 22311 (X4) ID **SUMMARY STATEMENT OF DEFICIENCIES** PROVIDER'S PLAN OF CORRECTION (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY F 001 Continued From Page 6 F 001 nurse. She comes here on Tuesdays." No further information was received. 12VAC 5-371-340(A) referencing 12VAC 12VAC 5-371-340(A) referencing 12VAC 5-5-421-610 421-610 Correct deficiency: Following identification by Based on observation, staff interview and facility the Surveyor on 8/28/2019 Employee N documentation review, the facility staff failed to moved all food in the storage room away ensure that food was stored in a dry location not from the area that was affected by the water exposed to splashes. leak coming from the ceiling. Prevent recurrence of deficiency: By The Findings included: 10/5/2019 contractor, OMID Plumbing, will replace faulty floor drain and supply pipes On 8/28/19 at 9:00 A.M., an observation was next to central prep table in Main Kitchen conducted of the facility kitchen. The Dietary and seal all holes that pass through to the Supervisor, (Employee O) escorted the surveyor Dry Storage Room below. to a storage room that was one flight below, and Maintain compliance: For time period directly underneath the kitchen. Their were several 10/5/2019 through 12/31/2019 the Director rows of pipes attached to the ceiling above the dry of Dining Services, or designee, will conduct food storage. There was water splashing down an audit once daily to ensure no water is from the area where the pipes were affixed to the leaking into the Dry Storage Room from the ceiling. The Dietary Supervisor stated, "The water sink drain next to the prep table in the Main leaks down every time they run the dishwasher." Kitchen. Date of completion: 10/5/2019 On 8/28/19 a review was conducted of facility documentation, revealing a work order dated 6/3/19. An excerpt read, "Ground Level -Underneath Main Kitchen - Dry Food Storage. Water on Floor. On 8/28/19 at 12:45 P.M., an interview was conducted with the Maintenance Manager (Employee C) in the conference room, with Surveyor B present. Employee C stated, "I would call it a water leak. I saw it once about two weeks ago. I am not sure of the impact it could have on the food."

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FORM APPROVED VDH (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING_ NH2586 B. WING 08/28/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE HERMITAGE NORTHERN VIRGINIA **5000 FAIRBANKS AVENUE** ALEXANDRIA, VA 22311 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) COMPLETE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY F 001 Continued From Page 7 F 001 On 8/28/19 a review was conducted of facility documentation, revealing a Water Leaks, Water Damages, and Mold Remediation policy dated February 3, 2016. An excerpt read, "contain and repair any water leaks, repair damages, and remedy mold immediately or as soon as possible..." No further information was received. 12VAC5-371-360(E)(4) 12VAC 5-371-360(E)(4) Correct deficiency: The correct and current Based on observation, Resident and staff physician diet order is dated 5/23/2019 and interview, clinical record review and facility states "regular diet, regular texture and documentation the facility staff failed to maintain regular (thin) liquid." On 9/11/2019 the accurate clinical record for 1 Resident (#5) in a Director of Nursing corrected the resident survey sample of 31 Residents. care plan to reflect the current physician's order for regular diet, regular texture and For Resident #5 the facility staff failed ensure that regular (thin) liquid. the Physicians orders were updated to include the Prevent recurrence of deficiency: By new order for Honey Thickened Liquid. 9/20/2019 the Director of Nursing, or designee, will provide in-service education to The findings included: all licensed staff regarding the importance of nurses updating resident care plans to reflect Resident #5, a 94 year old man admitted to the current physician diet orders. facility on 9/6/14 with diagnoses of but not limited Maintain compliance: For time period to Protein mal-nutrition, Dementia with behavioral 9/15/2019 through 12/31/2019 the Director disturbance, CHF (congestive heart failure). of Nursing, or designee, will conduct a Parkinson's Disease, Neuritis (inflammation of weekly audit of resident diet orders to nerves) and Neuralgia (nerve pain). Most recent ensure the order matches the care plan. MDS (Minimum Data Set) codes the Resident as Date of completion: 9/20/2019 having a (Brief Interview of Mental Status) BIMS score of 1 indicating severe cognitive impairment. Resident speech is coded as unclear and when interview attempted was only able to say yes and smile. Resident was coded at #3 - Extensive

for eating.

Assistance and #2 - 1 person physical assistance

<u>VDH</u>

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
	NH258			8. WING		08/28/2019		
NAME OF PROVIDER OR SUPPLIER			STREET ADDR	RESS, CITY, STA	TE, ZIP CODE			
HERMITAGE NORTHERN VIRGINIA				ANKS AVENI IA, VA 22311	JE		8	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)			ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPROF DEFICIENCY)	D BE	(X5) COMPLETE DATE	
F 001	Continued From Page 8			F 001				
	REGULATORY OR LSC IDENTIFYING INFORMATION)		n part: /s of nave a liquid the nitted					
	liquids had been downgraded from thin liquids to Honey Thick on 7/18/19. She stated that somehow the order didn't get transcribed to the physician's orders she stated she was unaware of how this happened.							

VDH (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY IDENTIFICATION NUMBER: AND PLAN OF CORRECTION COMPLETED A. BUILDING_ B. WING NH2586 08/28/2019 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE **HERMITAGE NORTHERN VIRGINIA 5000 FAIRBANKS AVENUE** ALEXANDRIA, VA 22311 SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PROVIDER'S PLAN OF CORRECTION (X5) PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** (EACH CORRECTIVE ACTION SHOULD BE COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY F 001 Continued From Page 9 F 001 On 8/28/19 during the end of day meeting the Acting Administrator was made aware of the findings and no new information was provided. 12VAC5-371-220(A) 12VAC 5-371-220(A) Correct deficiency: For Resident #5 at lunch Based on observation, Resident and staff on 8/28/2019 a staff person was present to interview, clinical record review and facility provide assistance with eating. documentation the facility staff failed to provide Prevent recurrence of deficiency: By assistance with ADL's for a dependent resident. 9/20/2019 the Director of Nursing, or designee, will provide in-service education to For Resident #5 the facility staff failed ensure that direct care staff regarding the need to the Resident had assistance with eating meals. provide assistance with eating to all residents who require assistance with eating The findings included: Maintain compliance: For time period 9/15/2019 through 12/31/2019 the Director Resident #5, a 94 year old man admitted to the of Nursing, or designee, will conduct a facility on 9/6/14 with diagnoses of but not limited weekly audit of the Task Care Record for to Protein mal-nutrition, Dementia with behavioral Resident #5 to ensure that assistance with disturbance, CHF (congestive heart failure). eating has been provided at each meal. Parkinson's Disease, Neuritis (inflammation of Date of completion: 9/20/2019 nerves) and Neuralgia (nerve pain). Most recent MDS (Minimum Data Set) codes the Resident as having a (Brief Interview of Mental Status) BIMS score of 1 indicating severe cognitive impairment. Resident speech is coded as unclear and when interview attempted was only able to say yes and smile. Resident was coded at #3 - Extensive Assistance and #2 - 1 person physical assistance for eating. On 8/28/19 at 8:43 AM observation of 4th floor dining were made and found 4 women sitting at a table near the window, Resident #5 sitting in his wheelchair alone at a table near the wall, at another table near the wall was a woman sitting alone. No Staff were visible when observation was made.

VDH

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
NH258		NH2586		B. WING		08/28/2019		
NAME OF PROVIDER OR SUPPLIER			STREET ADDR	ESS, CITY, STA	TE, ZIP CODE			
HERMITAGE NORTHERN VIRGINIA			5000 FAIRBA					
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)			ID PREFIX TAG	PROVIDER'S PLAN OF CORREC (EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPI DEFICIENCY)	ULD BE	(X5) COMPLETE DATE	
F 001				F 001				
	At approximately 8:45 AM an interview with Employee F was conducted and when asked the process for meals on this floor she stated that the food is cooked in the main kitchen and carried over in carts. She also stated that she serves the food and cleans the dining area. She will provide set up assistance if needed by the Resident. Resident #5 was sitting at the table a clothing protector around his neck and a plate in front of him containing a blueberry muffin. The resident was attempting to eat the muffin with a fork and was struggling due to the trembling of his hands. The pieces of muffin would fall off of the fork due to the tremors in his hands. Resident was observed with a glass of orange juice however he did not drink it during the observation. Resident was observed to cough briefly X 2 during meal. At 9:00 AM LPN C entered the dining area walked around and stopped by Resident #5's table fed him one bite of his muffin and then she said "Good Morning" to the other Residents and left the area.							
	At 9:10 AM Resident #5 observed attempting to eat a long strip of bacon with his fork. He managed to get the strip on the fork and after several attempts to get it to his mouth his hand was shaking so badly he dropped the bacon off the fork and had to start over again. On 8/28/19 at 10:25 AM an interview was conducted with the DON who stated that a Resident who is coded as extensive assist with physical assist of 1 staff should have a staff member sitting with him feeding him. When asked what dictates the care of the Resident and she answered the care plan. When asked if he was care planned as assistance with meals she reviewed the care plan and indicated that it was							

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(X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X3) DATE SURVEY IDENTIFICATION NUMBER: COMPLETED AND PLAN OF CORRECTION A. BUILDING NH2586 B. WING 08/28/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER HERMITAGE NORTHERN VIRGINIA **5000 FAIRBANKS AVENUE** ALEXANDRIA, VA 22311 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX (EACH CORRECTIVE ACTION SHOULD BE COMPLETE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DATE DEFICIENCY) F 001 Continued From Page 11 F 001 not addressed on the care plan. On 8/28/19 during the end of day meeting the Acting Administrator was made aware and no further information was provided 12VAC5-371-250(G) 12VAC 5-371-250(G) Correct deficiency: On 9/11/2019 the Based on observation. Resident and staff Director of Nursing corrected the care plan interview, clinical record review and facility of Resident #5 to reflect their need for documentation the facility staff failed to develop physical assistance of one staff with eating. and implement a comprehensive care plan. Prevent recurrence of deficiency: By 9/20/2019 the Director of Nursing, or For Resident #5 the facility staff failed ensure that designee, will provide in-service education to the Resident's care plan included physical all licensed staff regarding the importance of assistance of one staff for eating updating resident care plans to reflect the resident needs that were identified in their The findings included: current assessment. Maintain compliance: For time period Resident #5, a 94 year old man admitted to the 9/15/2019 through 12/31/2019 the MDS facility on 9/6/14 with diagnoses of but not limited Coordinator, or designee, will conduct a to Protein mal-nutrition, Dementia with behavioral weekly audit of any new resident disturbance, CHF (congestive heart failure), assessments to ensure any changes have Parkinson's Disease, Neuritis (inflammation of been properly reflected in the resident care nerves) and Neuralgia (nerve pain). Most recent plan. MDS (Minimum Data Set) codes the Resident as Date of completion: 9/20/2019 having a (Brief Interview of Mental Status) BIMS score of 1 indicating severe cognitive impairment. Resident speech is coded as unclear and when interview attempted was only able to say yes and smile. Resident was coded at #3 - Extensive Assistance and #2 - 1 person physical assistance for eating. On 8/28/19 at 8:43 AM observation of 4th floor dining were made and found 4 women sitting at a table near the window, Resident #5 sitting in his wheelchair alone at a table near the wall, at another table near the wall was a woman sitting

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SU COMPLE	
NH258		NH2586		B. WING		08/28/2019	
NAME OF PROVIDER OR SUPPLIER			STREET ADDRE	SS, CITY, STA	TE, ZIP CODE		
HERMITAG	E NORTHERN VIRGINIA	·	5000 FAIRBA ALEXANDRIA		-		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)			ID PREFIX TAG	PROVIDER'S PLAN OF CORRE (EACH CORRECTIVE ACTION SH CROSS-REFERENCED TO THE API DEFICIENCY)	OULD BE	(X5) COMPLETE DATE
F 001	(EACH DEFICIENCY MUST BE PRECEDED BY FULL		d the at the ed es the ovide	F 001	DEFICIENCY)		
	On 8/28/19 during clinical record review it was found that the Resident has a care plan that does not address his need for assistance with meals.						
	On 8/28/19 at 10:25 AM an interview was conducted with the DON who stated that a				=		

VDH (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED IDENTIFICATION NUMBER: AND PLAN OF CORRECTION A. BUILDING B. WING NH2586 08/28/2019 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER HERMITAGE NORTHERN VIRGINIA **5000 FAIRBANKS AVENUE** ALEXANDRIA, VA 22311 **SUMMARY STATEMENT OF DEFICIENCIES** PROVIDER'S PLAN OF CORRECTION (X4) ID ID (X5) (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX COMPLETE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DATE DEFICIENCY) F 001 F 001 Continued From Page 13 Resident who is coded as extensive assist with physical assist of 1 staff should have a staff member sitting with him feeding him. When asked what dictates the care of the Resident and she answered the care plan. When asked if he was care planned as assistance with meals she reviewed the care plan and indicated that it was not addressed on the care plan. On 8/28/19 during the end of day meeting the Acting Administrator was made aware and no further information was provided. 12VAC5-371-300(A) 12VAC 5-371-300(A) Correct deficiency: The medication for Based on observation. Resident and staff Resident #5 was received by the community interview, clinical record review and facility at 3:50am on 8/21/2019 and administered documentation the facility staff failed to ensure as soon as the resident awoke later that medication / treatment was provided in a timely morning. manner as ordered. Prevent recurrence of deficiency: By 9/20/2019 the Director of Nursing, or For Resident #5 the facility staff failed ensure that Designee, will provide in-service education to the Resident received ordered antifungal all licensed staff that if a medication order is medication for rash to scrotum and perineal area longer than 250 characters then the order in a timely manner. must be faxed directly to the pharmacy and retain the fax confirmation sheet. The findings included: Maintain compliance: For time period 9/15/2019 through 12/31/2019 the Director Resident #5, a 94 year old man admitted to the of Nursing, or designee, will conduct a facility on 9/6/14 with diagnoses of but not limited weekly audit of fax confirmation pages to to Protein mal-nutrition, Dementia with behavioral ensure that all orders longer than 250 disturbance, CHF (congestive heart failure), characters have been faxed to the Parkinson's Disease, Neuritis (inflammation of pharmacy. nerves) and Neuralgia (nerve pain). Most recent Date of completion: 9/20/2019 MDS (Minimum Data Set) codes the Resident as having a (Brief Interview of Mental Status) BIMS score of 1 indicating severe cognitive impairment. Resident speech is coded as unclear and when

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interview attempted was only able to say yes and

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
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