



# COMMONWEALTH of VIRGINIA

## Department of Health

M. NORMAN OLIVER, MD, MA  
STATE HEALTH COMMISSIONER

PO BOX 2448  
RICHMOND, VA 23218

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1-800-828-1120

November 5, 2021

### By Email

Thomas J. Stallings, Esquire  
McGuire Woods  
800 East Canal Street  
Richmond, Virginia 23219

RE: Certificate of Public Need (COPN)  
Number VA-04762  
(Request Number VA-8545)  
Lewis-Gale Medical Center, LLC, d/b/a  
LewisGale Medical Center  
City of Salem, Planning District (PD) 5  
Health Planning Region (HPR) III  
Introduction of Intermediate Level  
Neonatal Special Care Services  
with an Initial Six Bassinets

Dear Mr. Stallings:

In accordance with Article 1.1 of Chapter 4 of Title 32.1 (§ 32.1-102.1 *et seq.*) of the Code of Virginia (the "COPN law"), I have reviewed the application proposing the above-captioned project submitted by Lewis-Gale Medical Center, LLC (the "LewisGale project" or "project"). As required by Subsection B of Virginia Code § 32.1-102.3, I have considered all matters, listed therein, that must be taken into account in making a determination of public need under the COPN law.

I have reviewed and adopted the enclosed findings, conclusions and recommended decision of the adjudication officer who convened the informal fact-finding conference to discuss the LewisGale project, and who reviewed the entire administrative record pertaining to the project.


**Based on my review of the LewisGale project and on the recommended decision of the adjudication officer, I am approving the project with a condition requiring an appropriate level of charity care. The project merits approval and will receive a Certificate. It is necessary to meet a public need.**

Thomas Stallings, Esq.  
November 5, 2021  
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The reasons for my decision include the following:

- (i) The LewisGale project is consistent with the State Medical Facilities Plan (SMFP), is in harmony or in general agreement with the SMFP or with the public policies, interests and purposes to which the SMFP and the COPN law are dedicated;
- (ii) The status quo is not an acceptable alternative, as it does not allow, in appropriate clinical circumstances, the reasonable operation of continuity of care and the provision of certain neonatal services conducive to promoting healthy outcomes for the mother-infant dyad;
- (iii) Approval of the project would reduce the frequency of unnecessary, disruptive and risky transport of certain pregnant women and infants that may be reasonably cared for at LewisGale Medical Center if the project would be approved;
- (iv) The project enjoys substantial, informed and broad public support; no known opposition to the project exists; and
- (v) Approval of the project would not have an adverse impact on the volume, proficiency or quality of existing acute neonatal services in HPR III.

Sincerely,

DocuSigned by:  
  
E9885CE3DE124C6...

M. Norman Oliver, MD, MA  
State Health Commissioner

Encl.

cc (via email):

Cynthia B. Morrow, MD, MPH  
Director, Roanoke Health District  
Douglas R. Harris, JD  
Adjudication Officer  
Erik O. Bodin, III  
Director, Division of Certificate of Public Need (DCOPN)  
Piero Mannino, JD, MPIA  
Supervisor, DCOPN  
Nicholas Megibow, JD  
Project Analyst, DCOPN  
Vanessa MacLeod, Esq.  
Assistant Attorney General

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**Recommendation  
to the State Health Commissioner  
on Certificate of Public Need (COPN)  
Request Number VA-8545  
Lewis-Gale Medical Center, LLC, d/b/a  
LewisGale Medical Center  
City of Salem, Planning District (PD) 5  
Health Planning Region (HPR) III  
Introduction of Intermediate Level  
Neonatal Special Care Services  
with an Initial Six Bassinettes**

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**Introduction and Authority**

This recommended case decision is submitted to the State Health Commissioner (“Commissioner”) for his consideration and adoption. It follows review of the administrative record relating to the application, captioned above, and an informal fact-finding conference (IFFC)<sup>1</sup> on the application conducted in accordance with the Virginia Administrative Process Act (APA).<sup>2</sup>

Article 1 of Chapter 4 of Title 32.1 (§ 32.1 - 102.1 *et seq.*) of the Virginia Code (“COPN law”) addresses medical care facilities and provides that “[n]o person shall undertake a project described in [this article] or regulations of the [State] Board [of Health] at or on behalf of a medical care facility . . . without first obtaining a certificate [of public need] from the Commissioner.”<sup>3</sup> The endeavor proposed in the captioned application falls within the statutory definition of “project” contained in the COPN law, and, thereby, requires a certificate of public need (COPN, or “certificate”).<sup>4</sup>

**Factual and Procedural Background**

1. Lewis-Gale Medical Center, LLC (“LewisGale”), is a Delaware-domiciled, for-profit, limited liability company. Its sole member is LewisGale Hospital, Inc., the ultimate corporate parent of which is HCA Healthcare, Inc. HCA Healthcare, Inc. owns and operates 185 hospitals and approximately 2000 sites of care in 21 states and the United Kingdom.

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<sup>1</sup> The IFFC was convened and conducted, in-person and virtually, on August 24, 2021. (The IFFC had originally been scheduled for May 3, 2021, and was continued to this later date at the request of the applicant.) A certified transcript of the IFFC is in the record.

<sup>2</sup> Va. Code § 2.2-4000 *et seq.*

<sup>3</sup> Va. Code § 32.1-102.1:2 (A).

<sup>4</sup> Va. Code § 32.1-102.1.

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2. LewisGale operates LewisGale Medical Center (LGMC), a 506-bed general acute-care hospital that provides a broad array of medical, surgical, therapeutic, diagnostic and palliative care services. LewisGale proposes to expand and augment the existing obstetric service at LGMC by introducing intermediate level neonatal special care services, with six bassinets (the "LewisGale project" or "project"). Lewis Gale currently operates a general newborn level nursery with six bassinets.<sup>5</sup> Total capital costs of the LewisGale project are \$1,369,262, to be defrayed by accumulated reserves with no financing costs.

3. As background, in 2010, LewisGale applied for a COPN authorizing specialty level special care neonatal services – more acute than those services currently sought – at LGMC. In its October 19, 2010, staff report on the project, the Virginia Department of Health's Division of Certificate of Public Need (DCOPN or "division") recommended that the Commissioner deny the project and stated that

DCOPN has concluded that a reasonable alternative is for the applicant to request a COPN for *intermediate level* special care nursery services and to consider requesting [a] COPN for specialty level at a future time once the number of obstetrical deliveries has grown and it has had an opportunity to develop its clinical expertise.<sup>6</sup>

The Commissioner denied the application, as submitted.

4. In 2012, LewisGale again applied for a COPN authorizing specialty level neonatal services at LGMC. In its April 20, 2012, staff report on the project, DCOPN again recommended denial and stated that

DCOPN believes that reasonable alternatives are to preserve the status quo or for the applicant to have sought a [COPN] to provide neonatal special care services at the *intermediate level* rather than the specialty level.<sup>7</sup>

The Commissioner denied the application, as submitted.

5. Two years later, in April 2014, LewisGale yet again applied for a COPN authorizing specialty level neonatal services at LGMC. In its April 21, 2014, staff report on the project, DCOPN discussed comments provided by the physician serving as the chair and chief pediatric officer at Carilion Clinic's Children's Hospital – HPR III's subspecialty regional destination neonatal facility, which treats critically-ill infants and is collocated with Carilion Roanoke Memorial Hospital (a major facility within "Carilion Clinic"). DCOPN again recommended denial and stated that

[i]n contrast to previous positions by Carilion Clinic, Dr. [Alice] Ackerman stated [at the public hearing on this project] that [Carilion Clinic] would support the

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<sup>5</sup> Bassinets are not licensed beds. If a facility, *i.e.*, a hospital, is authorized to provide neonatal care services at a specific level more acute than the general level (*i.e.*, intermediate, specialty or subspecialty), that hospital can change the number of available bassinets operating at that level, or a lower level, at will.

<sup>6</sup> Staff Report on COPN Request No. VA-7783.

<sup>7</sup> Staff Report on COPN Request No. VA-7892.

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introduction of an *intermediate level* special care nursery at LGMC which “we believe would serve the babies and mothers well, without compromising the outcomes for those more seriously ill.”<sup>8</sup>

The Commissioner denied the application, as submitted.

6. In 2019, LewisGale applied for a fourth time to be granted a COPN authorizing special level neonatal services at LGMC. The Commissioner denied the application. Upon requested reconsideration in early 2020, the Commissioner affirmed his denial of the application, as submitted.

### **Summary and Incorporation of the Text of DCOPN Staff Report**

In a staff report dated April 21, 2021, prepared by DCOPN on the LewisGale project, *i.e.*, the pending project under review (“DCOPN staff report,” unless context indicates otherwise), that division recommended that the Commissioner again deny the project, substantively on grounds of inability of the project to comply with applicable provisions of the State Medical Facilities Plan (SMFP). As discussed below, many of these provisions are problematic in their application and enforceability.<sup>9</sup> DCOPN also cited the existence of existing neonatal services in HPR III and the supposed effects of approval on these services as reasons for denial of the LewisGale project.

By reference, the text of the DCOPN staff report and conclusions drawn in that report that are consistent with the recommended decision made below, distinct from the staff recommendation made therein, are incorporated into the present recommended decision for the purpose of establishing and corroborating facts and demonstrating analysis that together support and help constitute the evidentiary basis on which the recommended decision made herein rests.

### **Special Notation of Previous DCOPN Staff Reports on LewisGale Applications**

LewisGale has sought approval of *specialty level* neonatal services three times since 2011, as established in factual paragraphs 6, 7 and 8, above. In reviewing each of the past projects,<sup>10</sup> DCOPN indicated that an alternative application from LewisGale seeking approval to introduce *intermediate level* neonatal services<sup>11</sup> – less acute services – could have been submitted and might have been favorably reviewed and recommended for approval.

The dicta quoted in the factual paragraphs above stand in apparent contrast to the recommendation in the staff report prepared by DCOPN on the LewisGale project, pending, which is a recommendation of denial of intermediate level neonatal services. The LewisGale

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<sup>8</sup> Staff Report on COPN Request No. VA-8082, at 12.

<sup>9</sup> These issues are discussed below and in past adjudication officer's recommendations on applications seeking approval of non-general neonatal special care services discuss these issues.

<sup>10</sup> See also LewisGale IFFC Exhibits 1, 2, 3 and 4.

<sup>11</sup> Slightly conflicting terms have been used to denote the various levels of neonatal care services, *e.g.* the third-most acute level has been referenced as “intermediate level special care nursery services” or “intermediate level neonatal services.” While conflicting, the meaning can be fairly readily deduced from context.

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project, pending, differs from these earlier proposals and has been tailored in an apparent effort to conform to DCOPN's prior reviews by seeking *intermediate level* neonatal services.

### **Analysis and Conclusions Relating to the Proposed Project**

Salient analysis and conclusions regarding the LewisGale project and relating directly to the eight considerations of public need contained in the COPN law (the "statutory considerations"),<sup>12</sup> appearing in bold type below, are set forth below in relation to each statutory consideration. (The DCOPN staff report, incorporated herein, contains additional analysis and conclusions.)

**1. The extent to which the proposed project will provide or increase access to health care services for people in the area to be served and the effects that the proposed project will have on access to health care services in areas having distinct and unique geographic, socioeconomic, cultural, transportation, and other barriers to access to health care.**

LGMC currently has 23 obstetric beds and a corresponding general level nursery service. Annually, nearly 1000 live births occur at LGMC. LGMC is located in the City of Salem and is readily accessible to residents of PD 5. Currently, babies needing neonatal services more acute than those provided in LGMC's general level nursery are transferred by medical transport 16 minutes' travel time away to HPR III's regional referral destination, the 60-bed subspecialty level neonatal nursery<sup>13</sup> at Carilion Children's Hospital.

While a conventional review of the LewisGale project indicates that its approval would not improve geographic accessibility due to the relative proximity of Carilion's subspecialty nursery, another valid manner of reviewing accessibility as it relates to the project counsels otherwise. Most babies born at LGMC that need neonatal services more acute than those offered at the general level are transferred to Carilion's facility due to low birth weight. As explained at the IFFC, by a neonatologist practicing at Carilion's facility, they need only to gain weight before they can be discharged, and they would fare better if they remained with their mothers at their birth hospital, LGMC.<sup>14</sup>

Accommodating the needs of the mother-infant dyad in an intermediate level nursery at LGMC would prevent unnecessary transfers by roadway and the separation of babies from mothers. Approval of the LewisGale project would create and maintain a single, unified environment that promotes thriving and bonding, establishes and sustains breastfeeding – strongly endorsed in medical literature, and decreases the occurrence of postpartum complications.<sup>15</sup> Thereby, introduction of intermediate level neonatal services at LGMC would enhance accessibility to needed neonatal services. More generally, approval of the project would improve outcomes for the mother-infant dyad by promoting continuity of care and preventing an abrupt, wholesale disruption of the care environment through medical transport.

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<sup>12</sup> See Subsection B of Virginia Code § 32.1-102.3.

<sup>13</sup> Under standards developed by the American Academy of Pediatrics, Carilion Children's Hospital is designated as a regional Level IIIB neonatal intensive care unit (NICU). These standards differ from the neonatal specialty level classifications contained in the SMFP.

<sup>14</sup> IFFC Transcript ("Tr.") at 32-41.

<sup>15</sup> IFFC Tr. at 36; LewisGale Proposed Findings and Conclusions at 5.

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**2. The extent to which the proposed project will meet the needs of people in the area to be served, as demonstrated by each of the following: (i) the level of community support for the proposed project demonstrated by people, businesses, and governmental leaders representing the area to be served; (ii) the availability of reasonable alternatives to the proposed project that would meet the needs of people in the area to be served in a less costly, more efficient, or more effective manner; (iii) any recommendation or report of the regional health planning agency regarding an application for a certificate that is required to be submitted to the Commissioner pursuant to subsection B of § 32.1-102.6; (iv) any costs and benefits of the proposed project; (v) the financial accessibility of the proposed project to people in the area to be served, including indigent people; and (vi) at the discretion of the Commissioner, any other factors as may be relevant to the determination of public need for a proposed project.**

The LewisGale project enjoys substantial public support, including bipartisan, bicameral support from members of the General Assembly representing the area to be served, as well as support from local government, businesses, physicians and healthcare providers. DCOPN received numerous letters supporting the project. After DCOPN provided routine notice of the opportunity to require that a public hearing on the project be held at a local venue, no one requested that opportunity.

Most notably, *Carilion Children's Hospital does not oppose this project* and, in fact, has previously informed the Commissioner that it would support approval of intermediate level neonatal services at LGMC.<sup>16</sup> As well, neonatologists who provide services at Carilion Children's Hospital support the project. There is no known opposition to the project.

No alternative to the LewisGale project would provide a single, unified environment for mothers to recover and their babies, requiring less than specialty level neonatology services, to thrive. Approval of the project would avoid the challenges, problems and potential risks of unnecessary transfers by medical transport. Maintaining the status quo is not desirable.

The costs of the LewisGale project are reasonable, as DCOPN concluded, and the benefits would be manifold. LewisGale has agreed to accept a charity care condition devised in a manner similar to that used to determine an appropriate level of care in a separate, but similar, case.<sup>17</sup> LewisGale states that it operates and maintains several small hospitals throughout HPR

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<sup>16</sup> LewisGale Proposed Findings and Conclusions at 15, IFFC Transcript at 32-41, LewisGale IFFC Exhibit 3.

<sup>17</sup> Recognizing that there will be a payer for nearly all pediatric services, DCOPN recently acceded to imposition of a charity care condition reflecting that fact in its recommendation of approval of diagnostic services at Children's Hospital of the King's Daughters (CHKD), in PD 20. The provision of neonatal services is similar, with reimbursement for nearly all services available. LewisGale represents that it "ran the same analysis as CHKD," to arrive at a similar charity care requirement, *i.e.*, imposition of a level of 0.5 percent of gross patient revenues. LewisGale proposed this approach to DCOPN during staff review. LewisGale Proposed Findings and Conclusions at 17. LewisGale IFFC Exhibit 23, A-C. Without dedicated evidence detailing the matter of charity care in relation to the LewisGale project and focused adjudication of the matter, I see no ostensible reason to find the proposed level unreasonable, inappropriate or inconsistent with like approvals.

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III, thereby caring for communities disproportionately affected by a variety of health challenges “that contribute to high-risk pregnancies and babies needing [acute neonatal services].”<sup>18</sup>

Regarding other factors that may be relevant in making a determination on the LewisGale project, substantial, informed and broad public and community support for enhancing neonatology services at LGMC continues to exist, despite the denial of previous applications seeking approval of specialty level neonatal services at LGMC over the past 11 years.

Additionally, a particular incident involving the *demise of a fetus*, the mother of which presented at LGMC in 2012, occurred due, at least in part, to the unavailability of medical transport for transferal to Carilion Children’s Hospital. This case was publicized in area media at the time, likely resulted in predictable sympathy and may continue to be reflected in public support for the introduction of acute neonatal services at LewisGale project.

**3. The extent to which the proposed project is consistent with the State Health Services Plan [i.e., the SMFP].<sup>19</sup>**

The COPN law requires that “[a]ny decision to issue . . . a [COPN] shall be consistent with the most recent applicable provisions of the [SMFP]”<sup>20</sup> The SMFP, contained in the Virginia Administrative Code (VAC), includes several provisions applicable to a project proposing the introduction of intermediate level neonatal services.<sup>21</sup>

The State Board of Health adopted the SMFP as a document of regulatory guidance in administering an overall system of planning principles for health facilities and services in Virginia, as directed in the COPN law. In large measure, the SMFP exists to provide detailed, precise standards for various resources and services, often based on observable practice and health professional principles that provide pragmatic, quantifiable measures to aid in making public need determinations. These standards alone are not determinative of public need, but are often highly reliable in pragmatically gauging public need.

In the case of neonatal services, however, the current iteration of the SMFP is less helpful. The SMFP counsels that a proposal to establish new intermediate level neonatal services, such as the LewisGale project, should not be approved unless all bassinets in existing intermediate level services in the HPR have reached 85 percent average occupancy.<sup>22</sup> Over the last five years for which data are available, the average occupancy of bassinets in all HPR III acute neonatal services (consisting of intermediate, specialty and subspecialty level services) was 66.9 percent.<sup>23</sup>

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<sup>18</sup> LewisGale Proposed Findings and Conclusions at 7. These challenges include teen motherhood, low birthweight babies, mothers with substance abuse issues, obesity and diabetes. LewisGale Proposed Findings and Conclusions at 6.

<sup>19</sup> While Senate Bill 763 (Acts of Assembly, c. 1271, 2020) calls for promulgation and adoption of a State Health Services Plan (SHSP) to replace the SMFP, the process for developing the SHSP has not been completed. The SMFP remains in effect as guidance in reviewing applications for a COPN.

<sup>20</sup> Va. Code § 32.1-102.3 (B).

<sup>21</sup> 12 Virginia Administrative Code (VAC) 5-230-940 *et seq.*

<sup>22</sup> 12 VAC 5-230-960.

<sup>23</sup> DCOPN Staff Report at 2, Table 1.



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This standard has not been updated since at least 2009. The number of bassinets in a hospital's neonatal service is not regulated, making this standard malleable in operation. As an illustration, health care providers, *i.e.*, hospitals, having approved neonatal services can alter the utilization statistics by changing the number of bassinets at will. So, if 85 percent occupancy has been achieved among intermediate level bassinets in an HPR and an existing service provider elects to increase its contingent of bassinets by a number sufficient to lower average occupancy prevailing among service providers below 85 percent (which it is not prevented from doing), a *prima facie* justification for denying a proposal for the introduction of such services might exist.

While this particular standard is meaningful insofar as it derives from a discernible planning principle that the allocation of reviewable resources should follow and be commensurate with observable, quantifiable utilization and numerical need, as the Commissioner stated in 2020,<sup>24</sup> it is problematic in deployment, unworkable in application, and ultimately, unenforceable as a regulatory standard.

As conditions stand, the prevailing level of occupancy among *all* acute neonatal bassinets in HPR III, *i.e.*, those in intermediate, specialty and subspecialty hospital nurseries is 66.9 percent. This figure represents an achievement of 78.7 percent of the 85-percent occupancy standard in the SMFP. This could be deemed substantial compliance, allowing an approval of an introduction of services if other matters relating to public need indicate approval is warranted and justified. Regardless, if it is not so compliant, the problems of deploying the 85-percent standard, discussed above, may not likely easily justify an enforceable denial of a proposed introduction, in an otherwise justifiable case.

Notably, the SMFP displays a particular preference that introduced intermediate level neonatal services contain a minimum of six bassinets;<sup>25</sup> the LewisGale project would introduce six bassinets at LGMC. This contingent, if approved, like all existing contingents of such bassinets, could be changed at will.

Taking into account all applicable provisions of the SMFP, the recent approval of similar proposals<sup>26</sup> in other HPRs of Virginia, and the attenuated enforceability of the standard discussed above, I conclude that sufficient data and information<sup>27</sup> weigh in favor of and substantiate a determination that the LewisGale project is consistent with the SMFP, or is in harmony or in general agreement with the SMFP or with the public policies, interests and purposes to which the SMFP and the COPN law are dedicated.<sup>28</sup>

**4. The extent to which the proposed project fosters institutional competition that benefits the area to be served while improving access to essential health care services for all people in the area to be served.**

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<sup>24</sup> Letter to T. Stallings from N. Oliver, January 6, 2020, upholding decision on COPN Request No. VA-8391 upon reconsideration, at 2.

<sup>25</sup> 12 VAC 5-230-960 (B).

<sup>26</sup> See, e.g., LewisGale IFFC Exhibit 17 (DCOPN Staff Report on COPN Request No. VA-7718).

<sup>27</sup> Including, most prominently, data and information discussed in relation to the first, second and fifth statutory considerations, herein.

<sup>28</sup> See *Roanoke Mem. Hosp. v. Kenley*, 3 Va. App. 599, 352 S.E.2d 525 (1987).

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The LewisGale project would introduce services not currently provided at LGMC. While it would remove a barrier to a pregnant woman's decision to choose LGMC (a tertiary-care regional referral hospital) as a birthing site and it holds potential to promote obstetric services and occupancy at LGMC, the project is not intended to promote direct institutional competition. Rather it is envisioned to introduce a contingent of intermediate level bassinets to stand ready and allow LGMC to care for many of the infants routinely born there. In this way, it stands to work collaboratively with the neonatologists and subspecialty level neonatal services provided at Carilion Children's Hospital. They do not oppose the project.

The project represents a unique opportunity to improve outcomes, promoting wellness and continuity of care and services appropriate for provision at LGMC and obviating the disruption of care caused by unnecessary transport of pregnant mothers and infants to Carilion Children's Hospital. The project stands to meaningfully improve and rationalize access to essential health care services for people in HPR III.

**5. The relationship of the proposed project to the existing health care system of the area to be served, including the utilization and efficiency of existing services or facilities.**

The LewisGale project would appropriately augment the armamentarium of health care resources and services in HPR III by allowing continuity of care for mothers and infants requiring only intermediate level neonatal care, without affecting the competency or utilization of the subspecialty level neonatal services at Carilion Children's Hospital, the fourth highest-volume acute neonatal service in Virginia,<sup>29</sup> and without affecting neonatal services at other hospitals in HPR III. Carilion Children's Hospital would continue to receive transfers of pregnant mothers and infants born or to be born at LGMC needing specialty and subspecialty care; other neonatal services in HPR III are too geographically distant from LGMC to be affected by the project's approval.

The neonatologists who provide subspecialty level neonatal services at Carilion Clinic are uniquely qualified to provide an informed evaluation of what is best for infants and mothers in southwest Virginia. At the IFFC, a neonatologist serving as a professor at Virginia Tech Carilion School of Medicine and as a neonatologist at Carilion Children's Hospital, stated that approval of the LewisGale project would improve outcomes and "would not decrease admissions at Carilion [Children's Hospital] . . . [in a way] that would affect competency."<sup>30</sup> The LewisGale project would bear an appropriate relationship to the existing health care system.

**6. The feasibility of the proposed project, including the financial benefits of the proposed project to the applicant, the cost of construction, the availability of financial and human resources, and the cost of capital.**

DCOPN concluded that the LewisGale project is financially feasible. The project stands to provide benefits to LewisGale and LGMC, a tertiary-level regional referral hospital that currently lacks the acute neonatal services sought. As DCOPN suggests, the attendant construction costs of the project are reasonable.

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<sup>29</sup> LewisGale IFFC Exhibit 22.

<sup>30</sup> IFFC Tr. at 33.

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Financial and human resources required to implement and operate the services resulting from the project are or appear readily available. The cost of capital, as that matter is conventionally understood under this statutory consideration, does not appear to be an issue.

**7. The extent to which the proposed project provides improvements or innovations in the financing and delivery of health care services, as demonstrated by (i) the introduction of new technology that promotes quality, cost effectiveness, or both in the delivery of health care services; (ii) the potential for provision of health care services on an outpatient basis; (iii) any cooperative efforts to meet regional health care needs; and (iv) at the discretion of the Commissioner, any other factors as may be appropriate.**

The LewisGale project may provide improvements or innovations in the delivery of health care services by deploying intermediate level neonatal services at a tertiary-care hospital at which such services can reasonably be expected. LewisGale states that “[t]he introduction of intermediate level [neonatal services . . . would] promote cost effectiveness by improving patient outcomes and reducing the number of risky and expensive neonatal transfers.”<sup>31</sup> I agree that the project holds the potential to have this benefit.

DCOPN observes that LewisGale currently has a transfer agreement in place with Carillion Children’s Hospital, and anticipates continuing this longstanding relationship by transferring infants in need of specialty and subspecialty nursery services.<sup>32</sup>

**8. In the case of a project proposed by or affecting a teaching hospital associated with a public institution of higher education or a medical school in the area to be served, (i) the unique research, training, and clinical mission of the teaching hospital or medical school and (ii) any contribution the teaching hospital or medical school may provide in the delivery, innovation, and improvement of health care services for citizens of the Commonwealth, including indigent or underserved populations.**

LGMC is not a teaching hospital and is not affiliated with a public education institution or medical school. LewisGale represents that its several hospitals play a contributing role in the education of health care professionals in southwest Virginia, serving as the training site for over 130 medical residents.

### **Conclusion and Recommendation**

In relation to all eight statutory considerations and upon analytical review of the administrative record compiled in relation to the LewisGale project, I conclude that the project merits approval. I recommend that the application seeking authorization to introduce intermediate level neonatal special care services at LGMC, as proposed, be approved. LewisGale should receive a certificate authorizing the project because it is necessary to meet a demonstrated public need.

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<sup>31</sup> LewisGale Proposed Findings and Conclusions at 24-25.

<sup>32</sup> DCOPN Staff Report at 20.

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- Specific reasons supporting this recommendation include:(i) The LewisGale project is consistent with the SMFP, is in harmony or in general agreement with the SMFP or with the public policies, interests and purposes to which the SMFP and the COPN law are dedicated;
- (ii) The status quo is not an acceptable alternative, as it does not allow, in appropriate clinical circumstances, the reasonable operation of continuity of care and the provision of certain neonatal services conducive to promoting healthy outcomes for the mother-infant dyad;
- (iii) Approval of the project would reduce the frequency of unnecessary, disruptive and risky transport of certain pregnant women and infants that may be reasonably cared for at LGMC if the project would be approved;
- (iv) The project enjoys substantial, informed and broad public support; no known opposition to the project exists; and
- (v) Approval of the project would not have an adverse impact on the volume, proficiency or quality of existing acute neonatal services in HPR III.

Respectfully submitted,

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October 29, 2021

Douglas R. Harris, JD  
Adjudication Officer

**COMMONWEALTH OF VIRGINIA**  
**DEPARTMENT OF HEALTH**  
**MEDICAL CARE FACILITIES CERTIFICATE OF PUBLIC NEED**

**THIS CERTIFIES THAT** Lewis-Gale Medical Center, LLC, is authorized to initiate the proposal as described herein.

**NAME OF FACILITY:** LewisGale Medical Center.

**LOCATION:** 1900 Electric Road, Salem, Virginia 24153.

**OWNERSHIP AND CONTROL:** The approved resources will be owned and operated by Lewis-Gale Medical Center, LLC, the ultimate corporate parent of which is HCA Healthcare, Inc.

**SCOPE OF PROJECT:** Introduction of intermediate level neonatal special care services at LewisGale Medical Center, in accordance with specifications and representations made during the course of review. The total authorized capital cost of the project is \$1,369,262. The project is scheduled to be completed by June 30, 2023.



Pursuant to Chapter 4, Article 1:1 of Title 32.1, Sections 32.1-102.1 through 32.1-102.11, Code of Virginia (1950), as amended and the policies and procedures promulgated thereunder, this Medical Care Facilities Certificate of Public Need is issued contingent upon substantial and continuing progress towards implementation of the proposal within twelve (12) months from the date of issuance. A progress report shall be submitted to the State Health Commissioner within twelve (12) months from the date of issuance along with adequate assurance of completion within a reasonable time period. The Commissioner reserves the right not to renew this Certificate in the event the applicant fails to fulfill these conditions. This Certificate is non-transferable and is limited to the location, ownership, control and scope of the project shown herein.

**Certificate Number:** VA-04762

**Date of Issuance:** November 5, 2021

**Expiration Date:** November 4, 2022

DocuSigned by:

*M. Norman Oliver, MD*

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**M. Norman Oliver, MD, MA**  
**State Health Commissioner**

**Condition Placed on the Issuance of this Certificate:**

Lewis-Gale Medical Center, LLC, shall provide intermediate level neonatal special care services to all persons in need of these services, regardless of their ability to pay, and shall facilitate the development and operation of primary medical care services to medically underserved persons in Planning District (PD) 5 in an aggregate amount equal to at least **0.5% of Lewis-Gale Medical Center, LLC's gross patient revenue derived from intermediate level neonatal special care services.**

Compliance with this condition shall be documented to the Division of Certificate of Public Need annually by providing audited or otherwise appropriately certified financial statements documenting compliance with the preceding requirement. Lewis-Gale Medical Center, LLC, shall accept a revised percentage based on the regional average after such time regional charity care data valued under the provider reimbursement methodology utilized by the Centers for Medicare and Medicaid Services for reimbursement under Title XVIII of the Social Security Act, 42 U.S.C. § 1395 *et seq.*, is available from Virginia Health Information, Inc. The value of charity care provided to individuals pursuant to this condition shall be based on the provider reimbursement methodology utilized by the Centers for Medicare and Medicaid Services for reimbursement under Title XVIII of the Social Security Act, 42 U.S.C. § 1395 *et seq.*

Lewis-Gale Medical Center, LLC, shall provide intermediate level neonatal special care services to individuals who are eligible for benefits under Title XVIII of the Social Security Act (42 U.S.C. § 1395 *et seq.*), Title XIX of the Social Security Act (42 U.S.C. § 1396 *et seq.*), and 10 U.S.C. § 1071 *et seq.* Additionally, Lewis-Gale Medical Center, LLC, shall facilitate the development and operation of primary and specialty medical care services in designated medically underserved areas of the applicant's service area.

# VIRGINIA DEPARTMENT OF HEALTH

## Office of Licensure and Certification

### Division of Certificate of Public Need

#### Staff Analysis

April 21, 2021

**RE: COPN Request No. VA-8545**

LewisGale Medical Center, LLC d/b/a LewisGale Medical Center

Salem, Virginia

Introduce Neonatal Special Care Services at the Intermediate Level with 6 Bassinets

#### Applicant

LewisGale Medical Center, LLC, doing business as LewisGale Medical Center (LGMC), is a Delaware domiciled, for-profit, Limited Liability Company. LGMC was organized in November 1998 and its sole member is LewisGale Hospital, Inc. The ultimate parent of LewisGale Hospital, Inc. is HCA Healthcare, Inc. (HCA). LGMC's sole subsidiary is Daleville Imaging Manager, LLC. LGMC is located in the independent city of Salem, in Planning District (PD) 5, within Health Planning Region (HPR) III.

#### Background

LGMC is a 506-bed acute care hospital located in Salem, Virginia. LGMC provides a full array of diagnostic, therapeutic, surgical, and palliative care services. LGMC serves as the regional referral center for the LewisGale Regional Health System (LG Health System), which is a comprehensive healthcare network that stretches from the Alleghany Highlands and Rockbridge County to the Roanoke and New River Valleys and includes four hospitals, two regional cancer centers, six outpatient centers, and a freestanding emergency department.

As **Table 1** demonstrates, within HPR III, there are five neonatal special care providers with services ranging from intermediate, to specialty, to subspecialty levels of care. In total, these service providers reported a 2019 inventory of 82 bassinets to Virginia Health Information (VHI).

The Division of Certificate of Public Need (DCOPN) notes that bassinets within certificate of public need (COPN) approved special care nurseries may be utilized interchangeably at their approved level or at a lower level, but not at a higher level than approved within that facility. Bassinets are not licensed beds and authorized facilities can change the number of bassinets at will.

As may be observed in **Table 1** below, special care nursery utilization has been consistently high at Centra Virginia Baptist Hospital and moderate at Carilion Roanoke Memorial Hospital (CRMH).

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With regard to intermediate-level special care services, utilization has historically been moderate at Carilion New River Valley, but significantly lower at LewisGale Hospital Montgomery and Johnston Memorial Hospital. DCOPN observes that while the collective occupancy percentage of all the neonatal special care facilities within HPR III exhibited an increase from 2015 to 2018, occupancy percentages dropped at every HPR III facilities but LewisGale Hospital Montgomery in 2019 and 2019.

**Table 1. Special Care Nursery Inventory and Utilization: HPR III 2015-2019**

<b>Facility (COPN Approved Bassinet Level)</b>	<b>Staffed Bassinets</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>	<b>2019</b>	<b>Facility Average</b>
Johnston Memorial Hospital (Intermediate)	4	9.7%	12.6%	14.0%	8.0%	4.0%	9.6%
Carilion New River Valley dba St. Albans (Intermediate)	4	67.2%	67.1%	88.6%	82.1%	63.7%	73.7%
LewisGale Hospital Montgomery (Intermediate)	1	3.6%	13.1%	12.3%	6.6%	11.0%	9.3%
Carilion Roanoke Memorial Hospital (Subspecialty)	60	67.0%	69.3%	67.1%	75.3%	61.3%	68.2%
Centra Virginia Baptist Hospital (Specialty)	13	87.5%	80.7%	87.0%	84.7%	67.4%	81.5%
<b>Total and Average</b>	<b>82</b>	<b>66.7%</b>	<b>67.5%</b>	<b>68.0%</b>	<b>73.0%</b>	<b>59.0%</b>	<b>66.9%</b>

Source: VHI Data (2015-2019)

As demonstrated in **Table 2**, LGMC is among the top four providers of obstetric services in HPR III (based on facility averages for 2015-2019), and is the second largest provider in PD 5. LGMC and CRMH are presently the only providers of obstetric services in PD 5.



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**Table 2. HPR III Births: 2015-2019**

Facility	PD	2015	2016	2017	2018	2019	Facility Average
Norton Community Hospital	1	220	216	156	161	154	<b>181</b>
Wellmont Lonesome Pine Mt. View Hospital	1	255	253	234	146	161	<b>210</b>
Clinch Valley Medical Center	2	336	300	291	282	259	<b>294</b>
Johnston Memorial Hospital	3	543	527	452	462	411	<b>479</b>
Twin County Regional Hospital	3	279	246	190	193	225	<b>227</b>
Wythe County Community Hospital	3	301	316	353	365	339	<b>335</b>
Carilion New River Valley dba St. Albans	4	1,186	1,189	1,095	998	844	<b>1,062</b>
LewisGale Hospital Montgomery	4	434	445	508	521	523	<b>486</b>
Carilion Medical Center	5	3,117	3,159	3,056	3,117	3,186	<b>3,127</b>
LewisGale Medical Center	5	994	954	922	901	975	<b>949</b>
Centra Health	11	2,671	2,613	2,693	2,679	1,961	<b>2,523</b>
Sovah Health-Danville	12	772	689	687	669	632	<b>690</b>
Sovah Health-Martinsville	12	401	370	324	293	320	<b>342</b>
<b>Total</b>		<b>11,509</b>	<b>11,277</b>	<b>10,961</b>	<b>10,787</b>	<b>9,990</b>	
<b>Average</b>		<b>885</b>	<b>867</b>	<b>843</b>	<b>830</b>	<b>768</b>	

Source: VHI Data 2015-2019

As **Table 3** demonstrates, LGMC is an existing provider of obstetrical services and is licensed to operate 23 obstetric beds, but reported staffing only seven obstetric beds in 2019.<sup>1</sup> In 2019, LGMC reported 975 births, which is approximately a 2% decrease from what the facility reported in 2015, but an approximate 8% increase from what the facility reported in 2018 (901 births). The occupancy data from 2015-2019 demonstrates a consistently poor obstetric occupancy rate at LGMC.

**Table 3. LGMC Obstetric Occupancy: 2015-2019**

	2015	2016	2017	2018	2019
Births	994	954	922	901	975
OB Patient Days	2,486	2,553	2,360	2,356	2,573
OB Occupancy	29.6%	30.3%	28.1%	28.1%	30.7%

Source: VHI Data 2015-2019

### **Proposed Project**

LGMC proposes to expand on its existing obstetric service through the introduction of intermediate-level neonatal special care services with six intermediate-level bassinets. LGMC currently operates a general newborn level nursery with six bassinets. The applicant states that the project is a “low-cost, modest proposal to expand on an existing service: newborn care.” The applicant further states that “The benefits [of this project] will be enormous: the addition of neonatal special care will promote

<sup>1</sup> VHI bed usage data, 2019.

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continuity of care, create better patient outcomes, reduce costs due to transfer, and help keep new families together during an already challenging time.”

12VAC5-410-443 B.2 designates that an intermediate level newborn service “...shall provide care as specified within the service’s medical protocol to moderately ill neonates or stable-growing low birthweight neonates who require only a weight increase to be ready for discharge. In addition to the capabilities required of the general level newborn nursery, the intermediate level nursery shall have the equipment and staff capabilities to provide controlled temperature environments for each neonate, the insertion and maintenance of umbilical arterial lines, hood oxygen to 40%, continuous monitoring of blood oxygen, and assisted ventilation of a neonate in preparation for transport utilizing a mechanical ventilator or an ambu bag.”

The applicant anticipates construction for the proposed project to begin within seven months of COPN issuance and to be complete within 18 months of COPN issuance. The applicant projects a target date of opening within 19 months of COPN issuance. The projected capital costs for the proposed project total \$1,369,262 (**Table 4**), the entirety of which will be funded using the accumulated reserves of the applicant. Accordingly, there are no financing costs associated with this project.

**Table 4. Capital and Financing Costs**

Direct Construction	\$845,000
Equipment Not Included in Construction Contract	\$416,262
Off-site Costs	\$32,000
Architectural and Engineering Fees	\$76,000
<b>Total Capital Costs</b>	<b>\$1,369,262</b>

Source: COPN Request No. VA-8545

**Project Definition**

§32.1-102.1:3 of the Code of Virginia (the Code) defines a project, in part, as the... “Introduction into an existing medical care facility described in subsection A of any new...neonatal special care.” Medical care facilities are further defined, in part, as “Any facility licensed as a hospital, as defined in § 32.1-123.”

**Required Considerations -- § 32.1-102.3, of the Code of Virginia**

In determining whether a public need exists for a proposed project, the following factors shall be taken into account when applicable.

**1. The extent to which the proposed project will provide or increase access to health care services for people in the area to be served and the effects that the proposed project will have on access to health care services in areas having distinct and unique geographic, socioeconomic, cultural, transportation, and other barriers to access to health care;**

As displayed in **Tables 2 and 3**, LGMC is an existing provider of obstetrical services with 23 obstetric beds. The applicant requests to expand on this existing service through the introduction of intermediate-level neonatal special care services with six intermediate-level bassinets.

Geographically, LGMC is located at 1900 Electric Road in Salem, Virginia and is readily accessible to residents of PD 5. LGMC is accessible from the Valley Metro Bus Line and by area cab companies. These carriers connect to the area's major train, bus, and airline routes. The hospital is also accessible via highway from Interstate 81 and Route 220 via Route 419. LGMC also has an FAA-listed heliport pad on site to receive patients via helicopter transport in emergencies. As will be discussed in more detail later in this staff analysis report, DCOPN concludes that intermediate-level neonatal services currently exist within 30 minutes driving time one way under normal conditions of hospitals providing general level new born services. Accordingly, DCOPN contends that approval of the proposed project will not improve geographic access to intermediate-level neonatal services for the residents of HPR III or PD 5 in any meaningful way. However, the applicant states that notwithstanding this geographical accessibility, the availability of neonatal special care services for many of LGMC's patients is dependent on the availability of specialized transport services offered by other providers.

**Table 5** shows projected population growth in PD 5 through the year 2030. Overall, the planning district was projected to add only an estimated 139 people in the 10-year period ending in 2020. However, in the 10-year period ending in 2030, the planning district is projected to add an estimated 4,096 people – an approximate 1.5% increase over the ten-year period. Salem, the location of the proposed project, is expected to experience a population increase of approximately 4.6% from 2010 to 2020, and an additional 0.7% from 2020 to 2030 – a rate significantly lower than the statewide average.

**Table 5. PD 5 - Population Projections for PD 5, 2010-2030**

Locality	2010	2020	% Change 2010- 2020	2030	% Change 2020- 2030	% Change 2010- 2030
Alleghany	16,250	14,950	(8.0%)	13,620	(8.9%)	(16.2%)
Botetourt	33,148	33,387	0.7%	34,484	3.3%	4.0%
Craig	10,380	5,084	(51.0%)	5,020	(1.3%)	(51.6%)
Roanoke County	92,376	94,145	1.9%	97,249	3.3%	5.3%
Covington City	5,961	5,677	(4.8%)	5,281	(7.0%)	(11.4%)
Roanoke City	97,032	100,891	4.0%	102,388	1.5%	5.5%
Salem City	24,802	25,953	4.6%	26,141	0.7%	5.4%
<b>Total PD 5</b>	<b>279,949</b>	<b>280,088</b>	<b>0.0%</b>	<b>284,184</b>	<b>1.5%</b>	<b>1.5%</b>
Virginia	8,001,024	8,655,021	8.2%	9,331,666	7.8%	16.6%

**Source:** U.S. Census, Weldon Cooper Center Projections (June 2019) and DCOPN (interpolations)

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Regarding socioeconomic barriers to access to services, the applicant has provided assurances that it would accept all patients in need of the proposed service without regard to ability to pay or payment source. However, the Pro Forma Income Statement provided by the applicant did not anticipate a projected charity care contribution. DCOPN notes that according to regional and statewide data regularly collected by VHI, for 2019, the most recent year for which such data is available, the average amount of charity care provided by HPR III facilities was 1.6% of all reported total gross patient revenues (**Table 6**). In that same year, LGMC provided 1.0% of its gross patient revenue in the form of charity care—a rate lower than the HPR III average. Furthermore, pursuant to the recent change to §32.1-102.4B of the Code of Virginia, DCOPN is now required to place a charity care condition on all applicants seeking a COPN. Accordingly, should the Virginia State Health Commissioner (Commissioner) approve the proposed project, DCOPN recommends a charity care condition consistent with 1.6% HPR III average. DCOPN notes that its recommendation includes a provision allowing for the reassessment of the charity rate when more reliable data becomes available regarding the full impact of Medicaid expansion in the Commonwealth.

**Table 6. HPR III Charity Care Contributions: 2019**

<b>Hospital</b>	<b>Gross Patient Revenues</b>	<b>Adjusted Charity Care Contribution</b>	<b>Percent of Gross Patient Revenue:</b>
Carilion Franklin Memorial Hospital	\$151,201,325	\$6,677,672	4.42%
Dickenson Community Hospital	\$25,351,508	\$928,420	3.66%
Wellmont Lonesome Pine Mt. View Hospital	\$390,073,389	\$13,498,881	3.46%
Carilion Tazewell Community Hospital	\$62,008,894	\$2,071,457	3.34%
Carilion New River Valley Medical Center	\$738,306,843	\$20,469,127	2.77%
Carilion Medical Center	\$4,068,259,340	\$105,984,180	2.61%
Carilion Giles Memorial Hospital	\$102,107,168	\$2,603,534	2.55%
Russell County Medical Center	\$124,033,055	\$2,964,704	2.39%
Norton Community Hospital	\$319,225,076	\$6,779,613	2.12%
Smyth County Community Hospital	\$213,627,381	\$4,308,217	2.02%
Johnston Memorial Hospital	\$889,740,579	\$17,870,544	2.01%
Bedford Memorial Hospital	\$129,289,507	\$2,513,096	1.94%
Centra Health	\$2,600,865,348	\$41,780,244	1.61%
Lewis-Gale Medical Center	\$2,121,321,310	\$21,145,842	1.00%
LewisGale Hospital -- Montgomery	\$658,786,131	\$5,276,155	0.80%
LewisGale Hospital -- Pulaski	\$339,877,654	\$2,029,419	0.60%
Clinch Valley Medical Center	\$547,087,883	\$3,000,603	0.55%
LewisGale Hospital -- Alleghany	\$212,218,793	\$1,046,051	0.49%
Twin County Regional Hospital	\$257,431,228	\$1,068,667	0.42%
Buchanan General Hospital	\$101,667,920	\$403,430	0.40%
Wythe County Community Hospital	\$257,623,709	\$406,156	0.16%
Memorial Hospital of Martinsville & Henry County	\$736,050,736	\$1,113,236	0.15%
Danville Regional Medical Center	\$965,570,236	-\$15,516,656	-1.61%
Total Facilities Reporting			23
Median			1.9%
<b>Total \$ &amp; Mean %</b>	<b>\$16,011,725,013</b>	<b>\$248,422,592</b>	<b>1.6%</b>

Source: VHI (2019)

Also with regard to socioeconomic barriers to access to services, DCOPN notes that, according to the most recent U.S. Census data, only three localities in PD 5, Botetourt, Roanoke County and the City of Salem, had poverty rates lower than the 10.7% statewide average (**Table 7**). DCOPN notes that nearby Roanoke City, a city within the applicant's primary service area has a poverty rate nearly double that of the statewide average.

**Table 7. Statewide and PD 5 Poverty Rates**

<b>Locality</b>	<b>Poverty Rate</b>
Virginia	10.7%
Alleghany	11.5%
Botetourt	5.7%
Craig	11.2%
Roanoke County	6.5%
Covington City	13.2%
Roanoke City	20.8%
Salem City	9.1%

Source: U.S. Census Data (census.gov)

**2. The extent to which the proposed project will meet the needs of people in the area to be served, as demonstrated by each of the following:**

- (i) The level of community support for the proposed project demonstrated by people, businesses, and governmental leaders representing the area to be served;**

The applicant provided numerous letters of support for the proposed project from medical professionals, elected officials, and members of the public. Collectively, these letters addressed the following:

- While LGMC is a high quality, tertiary-care hospital, it lacks the ability to care for some of its most fragile patients. Infants who require intermediate NICU services must be transferred to another facility. These transfers involve clinical risks and have high emotional costs for new families. The approval of this project would help mitigate additional emotional strains and financial costs for families experiencing what is already an exhausting, stressful, and costly situation. In addition, clinical outcomes are usually improved by keeping new families together.
- The addition of on-site neonatal special care services will improve continuity of care for patients who learn that they have at-risk pregnancies and who might otherwise need to transfer to a different patient care team after several months of pre-natal care with their physicians and nurses.
- Approval of this project would give mothers the option to receive prenatal care at LewisGale and deliver their babies with teams of physicians and other healthcare providers with whom they have an existing relationship, even if their pregnancies are deemed at-risk.

- Approving this project is an essential step toward improving [Salem's] healthcare infrastructure, and would greatly benefit the entire region. Patients and hospitals waste time and money under the current system through costly transports for fragile infants, coordinating the transfer of medical records between facilities, and forcing families to spend time traveling back and forth the different facilities where mother and baby are receiving their care. Patients are, at times, unable to take advantage of negotiated insurance rates by being forced outside of their coverage plans. Ultimately, this economic waste needlessly increases the cost of healthcare for patients, and is not good for the financial health of the Roanoke valley.
- Expectant mothers should be able to rest assured that they and their child can be taken care of in the same facility by the same care team with whom they have developed a relationship. However, expectant mothers who seek care at LGMC are forced to choose between delivering at a facility that cannot provide the basic care their infants might need in an emergency and delivering with a care team that they may not know or want. Families should not be forced to make that choice.
- From a business perspective, approving this application would help to improve the healthcare infrastructure in the region, drawing in more families and quality employees. This would, in turn, help to drive positive economic growth in the entire region.
- Approval of this project would create another point of referral and is expected to increase inter-system efficiency for referrals among the HCA Virginia community hospitals. Quality healthcare is essential to the economic growth of communities in southwestern Virginia.

DCOPN did not receive any letters expressing opposition to the proposed project, nor is it aware of any opposition to the proposed project. DCOPN further notes that the applicant did not request a public hearing for this project, nor did any member of the public or elected official, and accordingly, no public hearing was held.

**(ii) The availability of reasonable alternatives to the proposed project that would meet the needs of the people in the area to be served in a less costly, more efficient, or more effective manner;**

The applicant has not identified any reasonable alternatives to introducing intermediate-level neonatal special care services at LGMC. The applicant has demonstrated that Perinatal Region 1, which encompasses southwest Virginia, consists of one subspecialty-level, one specialty-level, and three intermediate-level providers of neonatal special care services.

However, as will be discussed in greater detail throughout this staff analysis report, the State Medical Facilities Plan (SMFP) directs that intermediate level neonatal special-care services should be located within 30-minutes driving time, one way, under normal conditions, of hospitals providing general level newborn services. As demonstrated in **Table 8** and **Figure 1**, Carilion Roanoke Memorial Hospital (subspecialty-level) is the only facility within a 30-minute drive of

LGMC that provides intermediate-level neonatal special-care services. With a drive time of 16 minutes, Carilion Roanoke Memorial Hospital is a reasonable alternative to the proposed project per the drive-time standard of the SMFP.

**Table 8. Travel Time and Distance from LGMC**

<b>Facility (COPN Approved Bassinet Level)</b>	<b>Travel Time (Minutes)</b>	<b>Travel Distance (Miles)</b>
Carilion Roanoke Memorial Hospital (Subspecialty)	16	6.6
LewisGale Hospital Montgomery (Intermediate)	41	31.9
Carilion New River Valley d/b/a St. Albans (Intermediate)	42	34.1
Centra Virginia Baptist Hospital (Specialty)	92	57.5
Johnston Memorial Hospital (Intermediate)	127	122
<b>Average</b>	<b>63.6</b>	<b>50.4</b>

Source: MapQuest

Regarding available capacity, as demonstrated in **Table 1**, the 60 bassinets at Carilion Roanoke Memorial Hospital operated at 68.2% capacity in 2019, indicating that ample capacity exists at that facility to accommodate any transfers that may need to come from LGMC. Consequently, it can be argued that the status quo suffices as an alternative to the proposed project. However, the applicant asserts that maintaining the status quo is an unreasonable alternative to the proposed project and provided the following:

“The current system is inadequate. Currently, many mothers who would prefer to deliver at LGMC are forced to deliver elsewhere because LGMC does not offer neonatal special care. Many at-risk mothers are directed elsewhere during their pregnancy by their obstetricians or simply choose not to take the chance delivering at a hospital without a NICU. As a result, the well-known and well-publicized lack of neonatal special care continues to artificially depress deliveries at LGMC...

“...The presence of neonatal special care at other facilities does not alleviate LGMC’s issues of continuity of care, nor does it address the reasonable expectation of patients and physicians that a tertiary hospital, such as LGMC, should have some level of neonatal special care on-site. Indeed, the on-site availability of neonatal special care is necessary to enable skin-to-skin contact of mothers and babies who are born at LGMC with special care needs. Further, by eliminating the inherent delays in care involved with transfers, infants with certain health problems born at LGMC will be able to receive the neonatal special care they need immediately. All of these factors have real clinical benefits on outcomes.”

- (iii) **Any recommendation or report of the regional health planning agency regarding an application for a certificate that is required to be submitted to the Commissioner pursuant to subsection B of § 32.1-102.6;**

Currently, there is no organization in HPR III designated by the Virginia Department of Health to serve as the Health Planning Agency for PD 5. Therefore, this consideration is not applicable to the review of the proposed project.

- (iv) **Any costs and benefits of the proposed project;**

As illustrated in **Table 4**, the total projected capital cost of the proposed project is \$1,369,262, the entirety of which will be funded using the accumulated reserves of the applicant. Accordingly, there are no financing costs associated with this project. DCOPN contends that the projected cost of the proposed project is reasonable and consistent with previously approved projects similar in clinical scope.<sup>2</sup>

The applicant provided the following summarization of the benefits of the proposed project:

“This project is a natural extension of LGMC’s tradition of excellence and is consistent with, and necessary to, achieving LGMC’s guiding objective of providing appropriate care and services to its patients. This project is a low-cost, modest proposal to expand on an existing service: newborn care. The benefits will be enormous: the addition of neonatal special care will promote continuity of care, create better patient outcomes, reduce costs due to transfer, and help keep new families together during an already challenging time.”

- (v) **The financial accessibility of the proposed project to people in the area to be served, including indigent people; and**

As already discussed, the applicant has provided assurances that intermediate-level specialty care neonatal services will be made available to all persons in need of this service, regardless of financial considerations. However, as discussed, recent changes to §32.1-102.4B of the Code of Virginia now require DCOPN to place a charity care condition on every applicant seeking a COPN. While the applicant’s Pro Forma Income statement does not address the provision of charity care, DCOPN again notes that in 2019, the most recent year for which VHI charity care contribution data is available, the average amount of charity care provided by HPR III facilities was 1.6% of all reported total gross patient revenues (**Table 6**). In that same year, LGMC provided 1.0% of its gross patient revenue in the form of charity care—a rate lower than the HPR III average. Accordingly, should the Commissioner approve the proposed project, DCOPN recommends a charity care condition no less than the 1.6% HPR III average.

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<sup>2</sup> COPN No. VA-04537 authorized StoneSprings Hospital to introduce intermediate-level specialty care services with six newborn stations, and cost approximately \$4,867,000; COPN No. VA-04536 authorized Novant Health UVA Health System to introduce intermediate-level specialty care services, and cost approximately \$91,200; COPN No. VA-04515 authorized Sentara CarePlex Hospital to introduce obstetrical and intermediate special-care services, and cost approximately \$3,659,660.



- (vi) **At the discretion of the Commissioner, any other factors as may be relevant to the determination of public need for a proposed project;**

The applicant previously submitted COPN Request Nos. VA-7783 (2010), VA-7892 (2012), VA-8082 (2014), and VA-8391 (2018) to introduce specialty-level newborn services. DCOPN recommended denial of all four proposed projects. With regard to COPN Request Nos. VA-7783 and 7892, the adjudication officer recommended denial of each project following informal fact-finding conferences, a recommendation ultimately upheld by the State Health Commissioner (Commissioner). The IFFC regarding COPN Request No. VA-8082 was deferred indefinitely, and the project subsequently withdrawn. With regard to LGMC's most recent application, COPN Request No. VA-8391, the adjudication officer recommended approval of the proposed project. However, the Commissioner declined to adopt the adjudication officer's recommendation of approval, and instead denied LGMC's request to introduce specialty-level newborn services. The applicant formally requested the Commissioner reconsider the decision, to which the Commissioner agreed. However, upon reconsideration, the Commissioner upheld the denial on the following grounds:

1. The project was not consistent with the SMFP;
2. The project would enhance the applicant's ability to increase its obstetrical admissions; however, this fact is not equivalent to increasing accessibility to specialty care for either women with high-risk pregnancies or their infants; and
3. The status quo is a reasonable alternative.

Furthermore, the Commissioner found:

"Moreover, the creation of a small, specialty level neonatal service, when established specialty and sub-specialty neonatal services are located just 15 minutes away, tends to cut against the quality-based benefits of the services at that location. Notably, those nearby services have available an average of 18 specialty care bassinets on a daily basis. Neonatal services, as they progress in acuity and level, are highly utilization sensitive. Unnecessary addition of services, despite any other benefits the project may have, could have a harmful effect on the quality of services available and provided."

DCOPN notes that the application at hand differs from the previously denied applications in that presently, LGMC is requesting to introduce intermediate-level services, and not specialty-level services as has been requested in the past. However, DCOPN nonetheless concludes that the Commissioner's reasons for denial of LGMC's prior request are equally applicable to the current project request.

Additionally, DCOPN encourages the Commissioner to give consideration to the issue of newborn safety and the difficulties faced by NICU providers operating with a limited average daily census. The American Academy of Pediatrics has articulated some degree of correlation between patient volume and the quality of care:

“In addition to level of care, patient volume in the NICU seems to influence outcome. However, it must be acknowledged that the relationship between volume and outcome tends to be true on the average, and considerable variability exists among individual hospitals and physicians. In a study of hospitals in California in 1990, risk-adjusted neonatal mortality based on linked birth and death certificate data were significantly lower for births that occurred in hospitals with level III NICUs that had an average daily census of at least 15 patients, compared with lower-volume centers.”<sup>3</sup>

LGMC has projected a volume of 652 patient days by Year 1, and a volume of 710 patient days by Year 2 for its requested Level II service (**Table 9**). With respect to the average daily census, this amounts to an average of 1.8 and 1.9 NICU patients per day. This projection falls considerably short of the 15 patient average daily census threshold recommended by the American Academy of Pediatrics. The applicant’s projections also fall well-beneath the daily average census accomplished by CRMH (subspecialty), located only a few miles away, and Virginia Baptist Hospital (specialty) (**Table 10**). However, DCOPN notes that the applicant’s projections do align line with the 2019 average daily census accomplished by HPR III’s existing providers of intermediate-level neonatal care. More specifically, the applicant’s projections fall only marginally beneath that of Carilion New River Valley dba St. Albans and are higher than the average daily census accomplished by Johnston Memorial Hospital and Lewis Gale Hospital Montgomery.

**Table 9. LGMC Pro Forma Income Statement**

	<b>Year 1</b>	<b>Year 2</b>
Patient Days	652	710
Gross Revenue	\$2,433,816	\$2,726,705
Deductions from Revenue	\$1,514,124	\$1,739,267
<b>Net Patient Services Revenue</b>	<b>\$919,693</b>	<b>\$987,438</b>
Total Expenses	\$871,781	\$925,814
<b>Net Income</b>	<b>\$47,912</b>	<b>\$61,623</b>

Source: COPN Request No. VA-8530

**Table 10. HPR III Average Daily Census: 2019**

<b>Facility (COPN Approved Bassinet Level)</b>	<b>Patient Days</b>	<b>Avg. Daily Census</b>
Carilion New River Valley dba St. Albans (Intermediate)	930	2.5
Carilion Roanoke Memorial Hospital (Subspecialty)	13,435	36.8
Johnston Memorial Hospital (Intermediate)	58	0.2
Lewis Gale Hospital Montgomery (Intermediate)	40	0.1
Virginia Baptist Hospital (Specialty)	3,197	8.8
<b>Avg.</b>	<b>3532</b>	<b>9.7</b>

Source: VHI (2019)

<sup>3</sup> American Academy of Pediatrics, “Organizational Principles to Guide and Define the Child Health Care System and/or Improve the Health of All Children”, PEDIATRICS Volume 114, November 5, 2004.

Section 32.1-102:1 of the Code of Virginia calls for the State Health Services Plan Task Force to develop, by November 1, 2022, recommendations for a comprehensive State Health Services Plan (SHSP). In the interim, DCOPN will consider the consistency of the proposed project with the predecessor of the SHSP, the SMFP.

### **3. The extent to which the proposed project is consistent with the State Health Services Plan;**

Part XIII, Article 2 of the SMFP contains criteria and standards for the addition of Neonatal Special Care Services. They are as follows:

#### **Part XIII** **Perinatal and Obstetrical Services** **Article 2** **Neonatal Special Care Services**

##### **12VAC5-230-940. Travel time.**

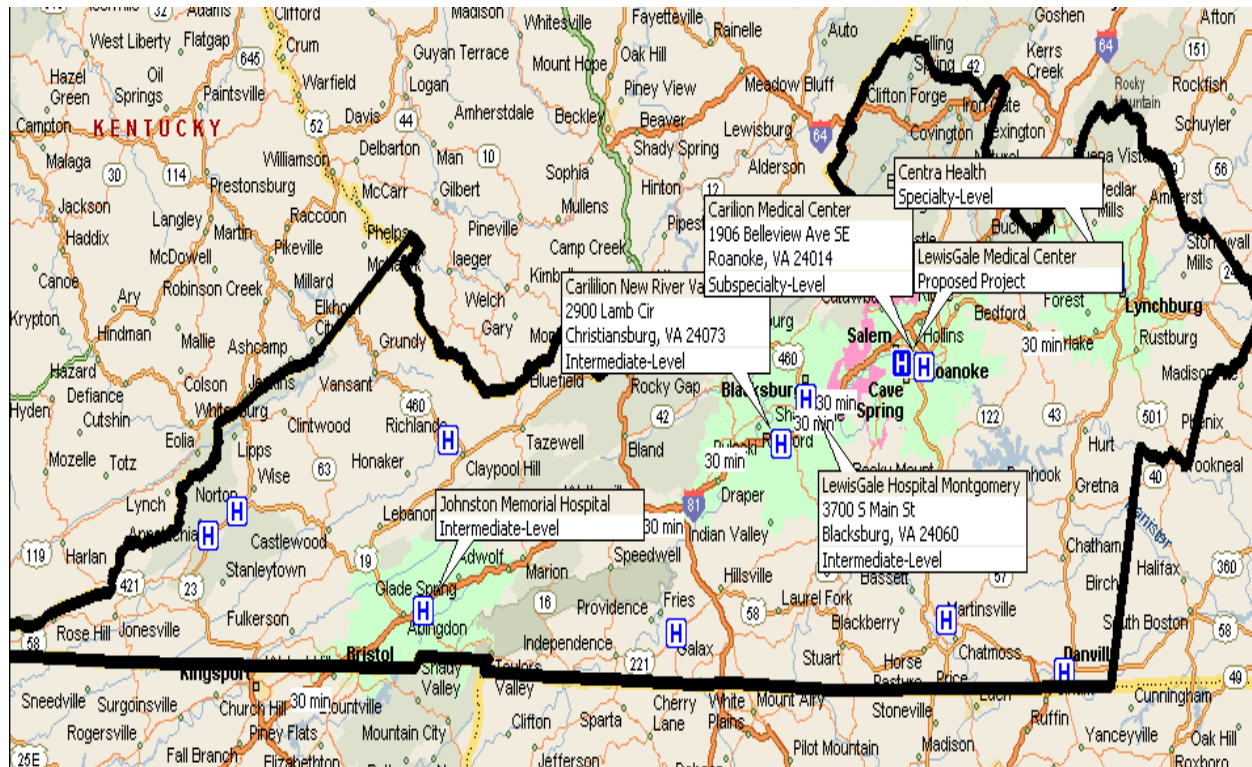
##### **A. Intermediate level neonatal special care services should be located within 30 minutes driving time one way under normal conditions of hospitals providing general level newborn services using mapping software as determined by the commissioner.**

There are three intermediate-level nurseries in HPR III: Johnston Memorial Hospital, Carilion New River Valley dba St. Albans, and LewisGale Hospital Montgomery. Additionally, there is one specialty-level nursery (Centra Virginia Baptist Hospital) and one subspecialty-level nursery (CRMH) in HPR III, which also offer intermediate-level neonatal special care. An additional eight facilities provide general-level newborn services, but do not currently offer neonatal special care services.

The heavy dark line in **Figure 1** is the boundary of HPR III. The white “H” symbols mark the locations of all existing nurseries in HPR III. The blue “H” symbol marks the location of the proposed project. The green shading illustrates the area of HPR III that is currently within 30 minutes driving time from an existing HPR III facility that offers intermediate-level (or above) neonatal special care services. The pink shaded area represents the area that is within a 30 minutes’ drive of the proposed project and not otherwise covered by an existing provider.

As demonstrated by the map below, intermediate-level neonatal special care services are readily available in the central and northeastern portions of the planning region, but are not available to those living in the far western and southeastern parts of the planning region. However, the proposed project does not address this maldistribution of services. Rather, the proposed project would be located within a 16-minute drive of an existing provider of subspecialty-level neonatal special care services. Accordingly, DCOPN contends that approval of the proposed project would not significantly increase geographic access to intermediate-level neonatal special care for residents of HPR III.

Figure 1.



**B. Specialty and subspecialty neonatal special care services should be located within 90 minutes driving time one way under normal conditions of hospitals providing general or intermediate level newborn services using mapping software as determined by the commissioner.**

Not applicable. The applicant is not requesting to introduce specialty or subspecialty level special care services.

#### **12VAC5-230-950. Need for new service.**

**No new level of neonatal service shall be offered by a hospital unless that hospital has first obtained a COPN granting approval to provide each level of service.**

It is the express intent of the applicant to obtain COPN approval for the proposed project.

#### **12VAC5-230-960. Intermediate level newborn services.**

**A. Existing intermediate level newborn services as designated in 12VAC5-410-443 should achieve 85% average annual occupancy before new intermediate level newborn services can be added to the health planning region.**

The definition of “bed” in the SMFP excludes bassinets and, regardless of the service level, bassinets are neither COPN approved nor licensed as to the number of bassinets. COPN authorization and licensing relate *only to the level* of neonatal special care, i.e. intermediate, specialty or subspecialty level. Therefore, the available number of such bassinets, either in total

or at any specific level, is not a fixed number for any period of time. Because hospitals may increase or decrease the number of bassinets without COPN authorization or notice, the availability and occupancy of existing bassinets reported to VHI by hospitals with special care nursery services may often be arbitrary. Furthermore, in the adjudication officer's good cause standing report for COPN Request No. VA-7283 (Bon Secours St. Francis Medical Center's request to introduce specialty level nursery services), in which Chippenham and Johnston-Willis Hospitals, Inc. were found to have good cause standing, the adjudication officer reached the conclusion that this standard is "meaningless" and "unworkable."

However, on January 6, 2020, the Commissioner issued a decision in response to Lewis Gale Medical Center's request for Reconsideration of the December 13, 2019 denial of COPN Request No. VA-8391, which sought to introduce neonatal specialty care services at Lewis-Gale Medical Center in Salem, Virginia. The Commissioner found that a public need for the [Lewis Gale] project had not been demonstrated and that the [Lewis Gale] project was not consistent with the SMFP. Regarding this specific provision of the SMFP, the Commissioner stated the following:

"I acknowledge that the definition of "beds" in the SMFP excludes bassinets, that bassinets are not COPN-approved or otherwise licensed as to the number of bassinets, that hospitals may increase or decrease the number of bassinets at will, and that the availability an occupancy of existing bassinets may often be arbitrary. I do not agree necessarily that this renders the SMFP provisions meaningless..."

DCOPN notes that the average utilization of all intermediate, specialty, and subspecialty level nurseries (which may also be used to provide intermediate level care) in HPR III in 2019, was far below 85% at only 59% (**Table 1**).

**B. Intermediate level newborn services as designated in 12VAC5-410-443 should contain a minimum of six bassinets.**

LGMC proposes to introduce neonatal special care services with six intermediate-level bassinets. DCOPN concludes that the applicant has satisfied this standard.

**C. No more than four bassinets for intermediate level newborn services as designated in 12VAC5-410-443 per 1,000 live births should be established in each health planning region.**

As previously discussed, because bassinets are neither COPN-approved nor licensed and hospitals may increase or decrease the number of bassinets without COPN authorization or notice, the availability and occupancy of existing bassinets reported to VHI by special care nurseries may often be arbitrary, thus this standard is considered to be "meaningless" and "unworkable" by DCOPN.

However, DCOPN notes that according to VHI data for 2019, the most recent year for which such data is available, there were 9,990 live births in HPR III (**Table 2**), representing a maximum of 40 intermediate-level bassinets in HPR III. While there are only nine bassinets currently

existing in HPR III that are specifically designated as “intermediate-level,” as previously discussed, bassinets within COPN approved special care nurseries may be utilized interchangeably at their approved level or at a lower level, but not at a higher level than approved within that facility. Therefore, the subspecialty and specialty level nurseries in HPR III may also provide intermediate level care. DCOPN notes that 82 bassinets are authorized for intermediate, specialty or subspecialty care in HPR III. Thus, it could be argued that a large surplus of special care bassinets already exists in HPR III, and that the approval of the proposed project would result in the unnecessary duplication of existing services. To reiterate, in a December 13, 2019 decision, the Commissioner found:

“...Neonatal services, as they progress in acuity and level, are highly utilization sensitive. Unnecessary addition of services, despite any other benefits the project may have, could have a harmful effect on the quality of services available and provided.”

**12VAC5-230-970. Specialty level newborn services.**

- A. Existing specialty level newborn services as designated in 12VAC5-410-443 should achieve 85% average annual occupancy before new specialty level newborn services can be added to the health planning region.**
- B. Specialty level newborn services as designated in 12VAC-410-443 should contain a minimum of 18 bassinets.**
- C. No more than four bassinets for specialty level newborn services as designated in 12VAC5-410-443 per 1,000 live births should be established in each health planning region.**
- D. Proposals to establish specialty level services as designated in 12VAC5-410-443 shall demonstrate that service volumes of existing specialty level newborn service providers located within the travel time listed in 12VAC5-230-940 will not be significantly reduced.**

Not applicable. The applicant is not proposing to introduce specialty level newborn services.

**12VAC5-230-980. Subspecialty level newborn services.**

- A. Existing subspecialty level newborn services as designated in 12VAC5-410-443 should achieve 85% average annual occupancy before new subspecialty level newborn services can be added to the health planning region.**
- B. Subspecialty level newborn services as designated in 12VAC5-410-443 should contain a minimum of 18 bassinets.**
- C. No more than four bassinets for subspecialty level newborn services as designated in 12VAC-410-443, per 1,000 live births should be established in each health planning region.**
- D. Proposals to establish subspecialty level newborn services as designated in 12VAC5-410-443 shall demonstrate that service volumes of existing subspecialty level newborn providers located within the travel time listed in 12VAC-230-940 will not be significantly reduced.**

Not applicable. The applicant is not proposing to introduce subspecialty level newborn services.

**12VAC5-230-990. Neonatal services.**

**The application shall identify the service area and the levels of service of all the hospitals to be served by the proposed service.**

The applicant identified the service area and the levels of service of all hospitals to be served by the proposed service.

**12VAC5-230-100. Staffing.**

**All levels of neonatal special care services should be under the direction or supervision of one or more qualified physicians as described in 12VAC5-410-443.**

The applicant has provided assurances that the neonatal special care services provided at LGMC will be provided under the direction or supervision of one or more qualified physicians.

**Eight Required Considerations Continued**

**4. The extent to which the proposed project fosters institutional competition that benefits the area to be served while improving access to essential health care services for all people in the area to be served;**

Given that LGMC does not currently offer the requested service, the proposed project would theoretically introduce institutional competition between LGMC and Carilion Roanoke Memorial Hospital with respect to intermediate-level special care nursery services and would also increase existing competition with respect to obstetrical services. However, DCOPN does not consider such competition beneficial.

DCOPN notes that the number of births at LGMC has decreased slightly in recent years-- from 994 births in 2015 to 975 in 2019—a 1.9% overall decline (**Table 2**). DCOPN notes however, that births at LGMC increased by 8.2% from 2018 to 2019. With regard to HPR III as a whole, the overall number of deliveries has declined more rapidly from 2015 to 2019—by approximately 13%. This decline in the birth rate is also reflected in the most recent population data provided by Weldon Cooper regarding PD 5, which projects a decline of approximately 1.95% between 2010 and 2030 for children less than five years of age. Based on this data, DCOPN contends that approval of the proposed project is likely to result in a low-volume program at LGMC, while also reducing utilization at other special care nurseries in HPR III, a service where there is a direct correlation between higher volumes and favorable clinical outcomes.

On the other hand, DCOPN notes that one of the goals of the proposed project is to continue to grow LGMC's obstetrical program by removing a barrier to the decision by expectant woman, who may be knowingly or unknowingly at risk for birth complications, to selecting LGMC rather than nearby Carilion Roanoke Memorial Hospital. Similarly, obstetricians affiliated with LGMC, who may have been reluctant to deliver obstetrical patients with risk factors at LGMC, may be more confident to do so if the proposed project is approved. In 2019, LGMC staffed only seven of its 23 licensed obstetric beds and had an occupancy rate of only 30.7%. Approval of the proposed project would introduce a greater level of choice and would likely reduce the number of expensive ambulance transports required for infants born at LGMC which require intermediate-

level neonatal special care. However, it is reasonable to also conclude that the number of subspecialty and specialty ambulance transports from LGMC to Carilion Roanoke Memorial Hospital may increase as a result of more high risk patients choosing to deliver at LGMC. Moreover, approval of the proposed project would not reduce the number of neonatal transports from other HCA facilities in southwestern Virginia requiring subspecialty, specialty or intermediate level nursery services, as they will still need to be transported to LGMC, Carilion Roanoke Memorial Hospital, or another provider with the necessary level of service. Finally, it is plausible that many neonates transported to LGMC from other HCA facilities may incur the additional cost of a second ambulance transport to a subspecialty or specialty level care provider at a later date—a transport which could be avoided if the neonate was initially transported the additional 6.6 miles to Carilion Roanoke Memorial Hospital, as is the current practice.

**5. The relationship of the proposed project to the existing health area system of the area to be served, including the utilization and efficiency of existing serves or facilities;**

As already discussed, approval of the proposed project would not improve geographic access to intermediate-level neonatal special care for residents of HPR III, but is likely to reduce utilization at CRMH. Similarly, the number of obstetrical admissions to CRMH, both for expected uncomplicated and those to be determined to be at moderate or high risk, will likely be reduced. In recent years, CRMH has seen a steady decline in patient days in its special care nursery. Its cumulative special care occupancy percentage has dropped from 67.0% in 2015 to 61.3% in 2019 (**Table 1**). This is due, in part, to a significant decline in the regional birth rate, a reduction in teenage deliveries, and a shorter length of stay due to sustained efforts to improve patient care.

Furthermore, for reasons already discussed in this report, approval of this project will likely lead to a low volume NICU program at LGMC. The applicant's own projections anticipate an average daily census of only 1.8 NICU patients per day in the first year of operation, and 1.9 NICU patients per day by year two (**Table 9**). These projections fall considerably short of the 15 patient average daily census threshold recommended by the American Academy of Pediatrics. The applicant's projections also fall well-beneath the daily average census accomplished by CRMH (subspecialty), located only a few miles away, and Virginia Baptist Hospital (specialty) (**Table 10**). However, DCOPN notes that the applicant's projections are in line with the 2019 average daily census accomplished by HPR III's existing providers of intermediate-level neonatal care. More specifically, the applicant's projections fall only marginally beneath that of Carilion New River Valley dba St. Albans and are higher than the average daily census accomplished by Johnston Memorial Hospital and Lewis Gale Hospital Montgomery. Nonetheless, DCOPN maintains that approval of the proposed project would likely contribute to the continued decrease in utilization among HPR IIIs existing special care nursery services. To reiterate, as the Commissioner observed in his January 6, 2020 response to LewisGale Medical Center's request for Reconsideration of the December 13, 2019 denial of COPN Request No. VA-8391,

“Neonatal services, as they progress in acuity and level, are highly utilization sensitive. Unnecessary addition of services, despite any other benefits the project may have, could have a harmful effect on the quality of services available and provided.”



**6. The feasibility of the proposed project, including the financial benefits of the proposed project to the applicant, the cost of construction, the availability of financial and human resources, and the cost of capital;**

As already discussed, DCOPN contends that the projected costs for the proposed project are reasonable and consistent with previously authorized projects similar in clinical scope. The project will be funded entirely using the accumulated reserves of the applicant. Similarly, there are no financing costs associated with this project. Furthermore, the Pro Forma Income Statement provided by the applicant anticipates a net profit of \$47,912 in the first year of operation and \$61,623 by year two, illustrating that the proposed project is financially feasible both in the immediate and the long-term (**Table 9**).

With regard to staffing, the applicant anticipates the need to hire 3.6 additional full-time employees (all registered nursing positions) to staff the proposed project. While this is a relatively small number of staff to hire, DCOPN notes that this is *in addition to* the 206 positions currently vacant at LGMC (most of which are also registered nursing positions). The applicant provided the following with regard to this standard:

“Given the growing number of students actively enrolled and reported waiting lists within the community college systems across the state, LGMC anticipates adequate staffing with minimal impact on health care facilities. Furthermore, LGMC’s current neonatal care staff is anticipated to train at existing HCA facilities providing neonatal special care prior to the opening of the new unit at LGMC. Accordingly, LGMC’s special care neonatal care staff can be anticipated to deliver the same level of outstanding care that is provided at other HCA facilities within the Commonwealth and beyond...

“Furthermore, HCA has a multi-faceted approach to staff development, which places particular emphasis on expanding the pool of new staff....

“To address short-term fluctuations in staffing or to provide interim staffing solutions for its facilities, HCA hospitals develop per diem staff and certified “float” pools, which are hospital-based reserve staff for peaks in volume. This provides hospitals with a group of highly trained health workers that can be accessed in periods of high demand. Beyond allowing hospitals to accommodate fluctuating patient volumes with appropriate staffing levels, this approach also serves to reduce costs...”

The applicant is a current provider of obstetric and general-level nursery services and has a robust employee recruitment and retention plan. Furthermore, while the total number of vacant positions at LGMC is considerable, DCOPN notes that as the fifth largest employer in the Commonwealth, HCA facilities consistently have a large number of vacant positions. DCOPN does not anticipate that the applicant will have any difficulty staffing the proposed project, or that doing so would have a significant negative impact on existing providers of special care nursery services.

- 7. The extent to which the proposed project provides improvements or innovations in the financing and delivery of health care services, as demonstrated by (i) the introduction of new technology that promotes quality, cost effectiveness, or both in the delivery of health care services; (ii) the potential for provision of health care services on an outpatient basis; (iii) any cooperative efforts to meet regional health care needs; and (iv) at the discretion of the Commissioner, any other factors as may be appropriate; and**

The proposal would not introduce new technology that would promote quality or cost effectiveness in the delivery of neonatal special care services, nor could these services be offered on an outpatient basis. The applicant currently has a transfer agreement in place with Carilion Roanoke Memorial Hospital, and anticipates continuing this longstanding relationship by transferring neonates in need of specialty and subspecialty nursery services to CRMH, while keeping babies in need of intermediate-level nursery services at LGMC. DCOPN did not identify any other factors, not discussed elsewhere in this staff analysis report, to bring to the attention of the Commissioner.

- 8. In the case of a project proposed by or affecting a teaching hospital associated with a public institution of higher education or medical school in the area to be served, (i) the unique research, training, and clinical mission of the teaching hospital or medical school and (ii) any contribution the teaching hospital or medical school may provide in the delivery, innovation, and improvement of health care services for citizens of the Commonwealth, including indigent or underserved populations.**

Not applicable. The applicant is not a teaching hospital or affiliated with a public institution of higher education or medical school in the area to be served. However, DCOPN notes that HCA sponsors and endorses statewide education and outreach programs intended to attract current student enrollees in state nursing schools by offering on-site preceptor clinical training to support student nursing education. Furthermore, HCA provides support through clinical rotation sites and provides adjunct faculty in area health service programs.

### **DCOPN Staff Findings and Conclusions**

DCOPN finds that the applicant's proposal to introduce intermediate-level NICU services with six intermediate-level bassinets is not consistent with the applicable criteria and standards of the State Medical Facilities Plan and the eight Required Considerations of the Code of Virginia. Existing intermediate, specialty, and subspecialty services in HPR III operated at only 59.0% occupancy in 2019. Accordingly, DCOPN concludes that the project does not comply with 12VAC5-230-960A, which requires existing intermediate-level newborn services to achieve 85% average annual occupancy before new intermediate-level newborn services are added to the health planning region. Additionally, the project does not comply with 12VAC5-230-960C, which directs that there should be no more than four bassinets for intermediate level newborn services per 1,000 live births in the HPR. There were 9,990 live births in HPR III in 2019, representing a maximum of 40 intermediate-level bassinets in HPR III. At present, 82 bassinets are approved for intermediate, specialty, and subspecialty level nursery care. Thus, it can be argued that a large surplus of bassinets already exists in HPR III.

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DCOPN finds that the projected capital cost of the proposed project is reasonable and consistent with previously approved projects similar in clinical scope. However, DCOPN further finds that maintaining the status quo is preferable to the proposed project. While intermediate-level neonatal care services are not presently located within 30 minutes of every facility providing general nursery care, DCOPN notes that the proposed project, if approved, would not address this maldistribution of services. Rather, the proposed project would be located within a short drive to CRMH, and would likely further reduce the utilization of NICU services at that facility. As CRMH's collective NICU program operated at only 68.2% in 2019, it is clear that ample capacity exists at CRMH for it to continue providing adequate care for all neonates that might need transferred from LGMC.

As discussed, DCOPN reiterates that approval of the proposed project would likely have a detrimental impact on CRMH's special care nursery programs. Finally, approval of the proposed project would likely lead to a low volume NICU program at LGMC. The applicant's own projections predict an anticipated daily average daily census of only 1.8 NICU patients per day by the end of the first full year of operation, and only 1.9 NICU days by year two. This projection falls considerably short of the 15 patient average daily census threshold recommended by the American Academy of Pediatrics, in addition to the average daily census accomplished by CRMH. As the Commissioner observed, "Neonatal services, as they progress in acuity and level, are highly utilization sensitive. Unnecessary addition of services, despite any other benefits the project may have, could have a harmful effect on the quality of services available and provided."

**DCOPN Staff Recommendation**

The Division of Certificate of Public Need recommends **denial** of Lewis Gale Medical Center's proposed project to introduce intermediate-level neonatal special care services with six intermediate-level bassinets for the following reasons:

1. The proposed project is not consistent with the applicable criteria and standards of the State Medical Facilities Plan and the Eight Required Considerations of the Code of Virginia.
2. Maintenance of the status quo is more advantageous than the proposed project.
3. Neonatal special care services are already sufficiently available in HPR III and within a 30-minute drive time from LGMC.
4. The proposed project will create an adverse impact on the utilization and quality of the system of existing neonatal special care services.