PRINTED. 06/11/2021

		AND HUMAN SERVICES  8 MEDICAID SERVICES			FORM	APPROVED	
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIEN/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE A. BUILDING	E CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
		. 496149	B. WING			C 05/28/2021	
NAME OF	PROVIDER OR SUPPLIER		ner all little con	TREET ADDRESS, CITY, STATE, ZIP CODE			
PORTSM	OUTH HEALTH AND	REHAB	1 2 2 2 4 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	00 LONDON BOULEVARD ORTSMOUTH, VA 23704			
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F 000	A Recertification E Survey was condu Management Solu Virginia Department and Certification of The facility was for CFR 483.73.  INITIAL COMMENT A Recertification of Healthcare Manage behalf of the Virgin Office of Licensur was found not to be with 42 CFR 483 sono 105/24/21 at 6:4 Director of Nursing immediate jeopard System. The immediate jeopard System. The immediate jeopard System The immediate jeopard System. The immediate jeopard System The immediate jeopard System The immediate jeopard System. The immediate jeopard System The immediate jeopard System The immediate jeopard System. The immediate jeopard System the immediate jeopard of the immed	survey was conducted by gement Solutions, LLC on nia Department of Health - e and Certification. The facility se in substantial compliance subpart B.  46 PM, the Administrator and g (DON) were notified of an by at F919-L Resident Call ediate jeopardy began on e facility became aware that the	E 000	This plan of correction is be submitted in compliance we specific regulatory requires and preparation and/or extended of the plan of correction do constitute admission or agreement by the provider facts alleged or conclusions forth on the statement of deficiencies	ith ments ecution pes not of the	ÆD 121 LC	

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is regulated to continued program participation.

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STATEMENT OF DEHICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A, BUILDING		COM	(X3) DATE SURVEY COMPLETED	
		495149	8, WING			28/2021	
	PROVIDER OR SUPPLIE		90	REET ADDRESS, CITY, STATE, ZIP C D LONDON BOULEVARD DRTSMOUTH, VA 23704			
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F 000	removal of the in	page 1 severity of an "F" after the nmediate Jeopardy. vere Issued related to intakes l/or VA00051529.	F 000				
F 583 SS=D	Survey Census: Sample Size: 18 Supplemental Re	esidents: 0 //Confidentiality of Records	F 583	F583			
	The resident has confidentiality of records.  §483.10(h)(l) Pe accommodation telephone command meetings of this does not record this does not record the right to private room for the right to privacy limited, and electing the right to send mail and other lematerials delivered including those than a postal set §483.10(h)(3) Tand confidential	ne facility must respect the personal privacy, including the hills or her oral (that is, spoken), stronic communications, including and promptly receive unopened etters, packages and other red to the facility for the resident, delivered through a means other		1) The sign was remove room 2) Residents that reside risk for this deficient 3) A in-house audit was no other resident had room. Licensed nursing staff educated by Clinical privacy. Hospice proeducated on resident designee will comple selected rooms 3 x wensure that no signal privacy is posted 4) Results of audits will monthly/Quarterly Cliscrepancies will be immediately and reeneeded	In the facility practice completed to disignage post finance been reviders have bet privacy. Dolete a random a reekly x 30 days eviolating rebe reviewed it API meeting.	ensure ted in esesident een re- N/ eudit on ys to esident in the Any	

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Event ID: BMTW11

Facility ID: VARO36

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## PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY IDENTIFICATION NUMBER: COMPLETED A. BUILDING 495149 B. WING 05/28/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES 10 (X5) COMPLETION DATE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PRÉFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DEFICIENCY) F 583 Continued From page 2 F 583 of personal and medical records except as provided at §483.70(i)(2) or other applicable federal or state laws. (ii) The facility must allow representatives of the Office of the State Long-Term Care Ombudsman to examine a resident's medical, social, and administrative records in accordance with State law. This REQUIREMENT is not met as evidenced by: Based on observation and staff interview, the facility failed to provide privacy related to hospice care for one resident (Resident (R)50) out of total sample of 20 residents. Signage was posted above the bed stating R50 was receiving hospice care, including bathling, on Monday, Wednesday, and Friday. Findings Include: On 05/25/21 at 12:23 PM, observation revealed a sign above R50's bed stating "Hospice Days are Monday, Wednesday, and Friday. Hospice aide will do both on those days." Review of the quarterly "Minimum Data Set (MDS)," with an Assessment Reference Date (ARD) of 10/19/20, revealed a "Brief Interview for Mental Status (BIMS)" score of eight out of 15 Indicating moderately Impaired cognitive status. Review of a quarterly MDS with an ARD of 04/28/21 revealed R50 was receiving hospice care. On 05/26/21 at 10:10 AM, interview with Unit Manager 2 revealed that she did not know that

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Hospice signage was above the resident's bed. Unit Manager 2 went into R50's room and removed the sign above R50's bed. Unit Manager

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER		(X2) MULTI A. BUILDIN	PLE CONSTRUCTION  G	(X3) DATE SURVEY COMPLETED	
		495149	B WING_		05/28/2021
	PROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP COD 900 LONDON BOULEVARD PORTSMOUTH, VA 23704	
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRE (EACH CORRECTIVE ACTION SH CROSS-REFERENCED TO THE API DEFICIENCY)	OULD BE COMPLETION
	Continued From p # stated that the s the wall. PASARR Screen	sign never should have been on	F 58		
SS=D	Individuals with a with intellectual d with intellectual d with intellectual d satisfies a with intellectual d satisfies a with intellectual disable authority has determined by a postate mental hear (A) That, because condition of the left the level of service and (B) If the individual services, whether a pecialized services intellectual disable authority has determined (A) That, because condition of the intellectual disable authority has determined (B) If the individual services, whether specialized services, whether specialized services whether specialized ser	Imission Screening for mental disorder and individuals isability.  Tursing facility must not admit, on 1, 1989, any new residents with: er as defined in paragraph (k)(3) unless the State mental health ermined, based on an sical and mental evaluation erson or entity other than the lith authority, prior to admission, e of the physical and mental individual, the individual requires sees provided by a nursing facility; al requires such level of r the individual requires		1) Residents #8, #51 and #8 II PASARR screening comprogress 2) Social Services complete residents residing in faci PASARR level II has been residents that indicate a PASARR. 3) Social Services were residents are reviewed for A random audit will be conservices/ designee on neweek x 30 days to ensur admissions indicating the PASARR have one complete and the passions of audits will be monthly/Quarterly QAP discrepancies will be addingeded 5) AOC date July 5th, 2021	an audit of an audit of an audit of an audit of a completed on an audit of a completed on a completed by social and admissions 2x and a completed by Social and a complete and a comp

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Event ID: BMTW11

Facility ID: VA0035

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PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION A. BUILDING\_ 495149 B, WING 05/28/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (XG) COMPLETION DATE (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX REGULATORY OR USC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY F 645 Continued From page 4 F 645 (i) The preadmission screening program under paragraph(k)(1) of this section need not provide for determinations in the case of the readmission to a nursing facility of an individual who, after being admitted to the nursing facility, was transferred for care in a hospital. (il) The State may choose not to apply the preadmission screening program under paragraph (k)(1) of this section to the admission to a nursing facility of an individual-(A) Who is admitted to the facility directly from a hospital after receiving acute inpatient care at the (B) Who requires nursing facility services for the condition for which the individual received care in the hospital, and (C) Whose attending physician has certified, before admission to the facility that the individual is likely to require less than 30 days of nursing facility services. §483.20(k)(3) Definition. For purposes of this (i) An individual is considered to have a mental disorder If the Individual has a serious mental disorder defined in 483.102(b)(1). (ii) An individual is considered to have an intellectual disability if the individual has an Intellectual disability as defined in §483.102(b)(3)

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by:

or is a person with a related condition as described in 435,1010 of this chapter.

This REQUIREMENT is not met as evidenced

Based on record review and staff interview, the facility failed to complete a level II "Preadmission Screen and Resident Review (PASARR)" screening for three residents (Resident (R) 8, R51, and R33) reviewed out of 20 sampled residents. Level II PASARR screenings are

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		AND HUMAN SERVICES  & MEDICAID SERVICES			FORM	APPROVED . 0938-0391
STATEMENT	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDING	LE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		495149	B. WING		05	/28/2021
	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704		
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F 645	disorders to determ services.  Findings include:  1. Review of R8's electronic medical diagnoses which it disorder, Unspeci substance or known anxiety disorder.  Review of a docu Mental Illness, Mc Disability, or Rela miscellaneous tal 02/26/19, revealer referral for a secon Preadmission Sc (PASARR).  The medical record and was silent for II PASARR.  During an intervice and was silent for II PASARR had ne SSA1 stated she completes the lethey had not record document reveal paperwork for Ries.	fuals with serious mental mine the need for specialized with eneed for specialized in the I record (EMR) revealed included Major Depressive fied psychosis not due to a win physiological condition, and ment titled "Screening for ental Retardation/Intellectual led Conditions" located in the pof the EMR, signed and dated dia recommendation for a condary assessment/level il reen and Resident Review and was reviewed in its entirety in a secondary assessment/level with a secondary assessment/level level with a secondary assessment/level in the contacted the company that well il PASARRs and was told sived the needed paperwork to incess. Review of a faxed led SSA1 submitted the sign of 05/28/21 at 5:07 PM.  1's undated "Diagnosis" tab in	F 64	5		
	the electronic me	1's undated "Diagnosis" tab in edical record (EMR) revealed ded schizophrenia, bipolar				

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21-Jun-2021 09:33 18045274502 06/21/2021 MON 12:07 FAX

> PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY COMPLETED STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X2) MULTIPLE CONSTRUCTION IDENTIFICATION NUMBER: A. BUILDING C 495149 B. WING 05/28/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION (X6) COMPLETION DATE SUMMARY STATEMENT OF DEFICIENCIES (X4) ID (EACH CORRECTIVE ACTION SHOULD BE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 645 | Continued From page 6 F 645 disorder, unspecified dementia with behavioral disturbance, major depressive disorder, and generalized anxiety disorder. Review of a document titled "Screening for Mental Illness, Mental Retardation/Intellectual Disability, or Related Conditions" located in the miscellaneous tab of the EMR, signed and dated 02/28/19, revealed a recommendation was made for a referral for a secondary assessment/level II Preadmission Screen and Resident Review (PASARR). The medical record was reviewed in its entirety and was silent for a secondary assessment/level II PASARR. During an Interview on 05/27/21 at 11:00 AM, Social Service Aide (SSA) 1 stated that a level II PASARR had never been completed for R51. SSA1 stated she contacted the company that completes the level II PASARRs and was told they had not received the needed paperwork to complete the process. Review of a faxed document revealed SSA1 submitted the paperwork for R51 on 05/26/21 at 3:46 PM. 3. Review of R33's undated "Face Sheet," located in the electronic medical record (EMR) under demographics, revealed R33 was admitted on 07/31/18 with diagnoses including major depressive disorder, bipolar II disorder, and

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schizoaffective disorder.

Review of R33's quarterly "Minimum Data Set

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PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING C 495149 B. WING 05/28/2021 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 9DO LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (INX) (FACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FUILL PREFIX PREFIX DATE REGULATORY OR LEC IDENTIFYING INFORMATION) TAG DEFICIENCY F 645 F 645 Continued From page 7 (MDS)" with an Assessment Reference Date (ARD) of 03/18/21 revealed R33 had not been evaluated for a Level II PASARR. Further review indicated R33's "Brief Interview for Mental Status (BIMS)" score was a 15 out of 15 indicating the resident is cognitively intact and has psychlatric/mood disorders including anxiety, depression, manic depression (bipolar) and schizophrenia. Review of R33's PASARR level I, dated 02/28/19 and located in the paper medical record, revealed "...recommendation...refer for secondary assessment.(NF [nursing facility] placement=Level II refer to [name of organization].)" During an interview on 05/27/21 at 3:48 PM, the Social Services Assistant (SSA) confirmed that R33's recommended Level II PASRR had not been completed. The SSA stated, "the PASRR II should be completed within 7 days of recommendation for Level II." Review of the facility's policy titled "Preadmission Screening and Resident Review (PASRR)," dated 03/01/19, revealed " . . . The facility's social services director (or social services designee) will be the primary person responsible for completing the Level I screening. Any individual identified as needing a Level II evaluation must be referred to the following level II evaluator . . . " F 657 F 657 Care Plan Timing and Revision CFR(s): 483.21(b)(2)(i)-(iii) §483.21(b) Comprehensive Care Plans

be-

§483.21(b)(2) A comprehensive care plan must

PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING \_ B. WING 495149 05/28/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE. ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (FACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) Continued From page 8 F 657 (i) Developed within 7 days after completion of the comprehensive assessment. (ii) Prepared by an interdisciplinary team, that F657 includes but is not limited to-(A) The attending physician. 1) The care plan was updated for Resident #54 to (B) A registered nurse with responsibility for the accurately reflect his current Advance Directive of being a full-code status (C) A nurse aide with responsibility for the resident. 2) Residents that reside in the facility are at risk (D) A member of food and nutrition services staff. for this deficient practice (E) To the extent practicable, the participation of 3) Social Services and Licensed Nursing staff were the resident and the resident's representative(s). re-educated on updating care plans to reflect An explanation must be included in a resident's residents current status. MDS/designee will medical record if the participation of the resident and their resident representative is determined complete a random audit of 5 care plans weekly not practicable for the development of the x 30 days to ensure care plans are being resident's care plan. updated to reflect residents current status (F) Other appropriate staff or professionals in 4) Results of audits will be reviewed in the disciplines as determined by the resident's needs or as requested by the resident. monthly/Quarterly QAPI meeting. Any (iii)Reviewed and revised by the interdisciplinary discrepancies will be addressed immediately team after each assessment, including both the and reeducation provided as needed comprehensive and quarterly review 5) AOC date July 5th, 2021 assessments. This REQUIREMENT is not met as evidenced Based on record review and staff Interview, the facility falled to ensure one resident's plan of care was revised for code status. This involved one resident (Resident (R) 54) of 20 sampled residents. Findings include: Review of R 54's Advance Directive, located in the paper chart and signed by his guardian and

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dated 05/17/21, revealed R54 was a full code status and was to receive cardiopulmonary resuscitation (CPR) if found without a pulse

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STATEMENT	OF DEFICIENCIES	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	and the second second	E CONSTRUCTION	(X3) DATE SURVEY COMPLETED
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	the orders tab of (EMR) revealed 05/25/21, for a function of R54's plan tab of the Estated R54 was meaning CPR without a pulse at Review of R54's signed and date status was "do r Directive signed changed the directive signed control of the corresident, the fact (i) A resident reprofessional state pressure ulcers unless the demonstrates (ii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iii) A resident with necessary treative signed control of the corresponding states (iiii) A resident with necessary treative signed control of the corresponding states (iiii) A resident with necessary treative signed control of the corresponding states (iiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiiii	physician's "Orders," located in the electronic medical record a physician's order, dated all code.  3 "Care Plan," located in the care MR and initiated on 01/22/19, a "do not resuscitate (DNR)" ould not be initiated if found and/or not breathing.  previous Advance Directive, d 02/24/18, revealed R54's code not resuscitate." The Advance by his legal guardian on 05/17/21 ective to a full code.  5:00 PM, the "Minimum Data Set erified the care plan was not 54's code status changed from de on 05/17/21.  to Prevent/Heal Pressure Ulcer (b)(1)(i)(ii)	F 686	1) Resident #68 continue by the WCP and WCN. are in place to avoid furthls resident. 2) An audit was complete to identify residents at A skin sweep was comidentified to be at risk. 3) Licensed nursing staff educated on preventing included skin observation head to toe assessme Braden scale. The DOI audit 10 residents we the weekly head to to completed timely and Results of audits will monthly/Quarterly Quarterly Q	t risk for skin breakdown.  apleted on these residents  and CNAs were re- ng skin breakdown. This tion during care, weekly ants, interventions and the N/ designee will randomly tekly x 30 days to ensure the assessments are being di accurately. be reviewed in the API meeting. Any addressed immediately yided as needed

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Facility ID: VADD35

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	F CORRECTION	IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION  A. BUILDING		(X3) DATE SURVEY COMPLETED	
		495149	B. WING		05	C /28/2021
NAME OF P	ROVIDER OR SUPPLIER		1	STREET ADDRESS, CITY, STATE, ZIP COL		
PORTSM	OUTH HEALTH AND	REHAB		900 LONDON BOULEVARD PORTSMOUTH, VA 23704		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
F 686	promote healing, p new ulcers from de This REQUIREME by:	revent infection and prevent eveloping.  NT is not met as evidenced	F 686			
	review, the facility services to prevent pressure ulcer in 0 (R) 69) reviewed for sample of 20 residuare and services a deep tissue injur	tlons, interviews, and record falled to provide care and a the development of a ne of four residents (Resident or pressure ulcers in a total ents. The failure to provide resulted in the development of y (DTI) and a Stage III R69's left foot which constitutes				
	the electronic med demographic tab, 06/19/20 with diag (paralysis on one shemiparesis (partifollowing cerebral weakness, and co of a joint) of musc discharged to an a 02/02/21 and read 02/05/21.  Review of R69's q (MDS") with an As (ARD) of 05/07/21 Mental Status (Blist is moderately cog of the MDS reveal for all ADLs require	indated "Face Sheet" located in ical record (EMR) under revealed R69 was admilted on noses including hemiplegia side of the body) and al loss of strength on one side) infarction (stroke), muscle ntracture (rigidity and deformity ite, multiple sites. R69 was icute care facility (hospital) on mitted to the facility on uarterly "Minimum Data Set sessment Reference Date revealed a "Brief Interview of MS)" score of 10 indicating R69 nitively impaired. Further review ed R69 is dependent on staffing extensive assistance.				

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		E & MEDICAID SERVICES				1APPROVED . 0938-0391	
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE C		(X3) DATE SURVEY COMPLETED		
		495149	B. WING		05	/28/2021	
	ROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704				
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL. LSC (DENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE AF DEFICIENCY)	HOULD BE	COMPLETION DATE	
F 686	EMR under the ca a physical function generalized weak cognition and left it to total assistance (ADLs) interveneeded, bed mobi dressing assistance positioning, assist Review of the under the capian addressing Review of R69's for staff consistent during March 202 Request for docurrepositioned was from the Director reported on 05/27 to locate any docured in the ord 09/22/20, R69 has plint that was discharged to Review of R69's the hand splint was discharged to Review of R69's the hand splint was discharged to Review of R69's the hand splint orders contractures.  Review of R69's	re plan tab, revealed R69 "has sing deficit related to ness, impaired mobility and nemiplegia, requires extensive for all activities of daily living intions: assistive devices as lity assistance assist times two, ce as needed personal e as needed , turning and resident two person."  Lated "Care Plan," located in the are plan tab, revealed no care as contractures.  EMR revealed no documentation by turning and repositioning R69 1, April 2021, and/or May 2021, mentation of R69 being made on 05/27/21 at 2:30 PM, of Nursing (DON). The DON 1/21 at 3:27 PM she was unable	F 686				

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

TATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA

PRINTED: 06/11/2021 FORM APPROVED OMB NO. 0938-0391

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		X2) MULTIPLE CONSTRUCTION  1. BUILDING  3. WING		E SURVEY
	PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704			20,2021
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES LY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	PREFIX TAG	PROVIDER'S PLAN OF CORRECT (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LO BE	COMPLETION DATE
F 686	apply padding to the plan."  Observation condiction of the plan."  Observation condiction of the plan."  Observation condiction of the plant of the right lower leg foot pressing it into padding on the left mattress or the right padding on the left mattress or the right restriction of the meteratment orders obtained prior to the observation of the prior to the try to turn them end of the plant	age 13 the bony areas, we'll work on a succeed during the survey on 1, and 05/26/21, revealed R69's y curled in a fetal position with and foot laying on top of the left of the mattress. There was no if foot, between the foot and ght lower extremity.  Idical record revealed no for the pressure ulcer were the assessment by the WCP on the word with CNA 4 on PM, CNA 4 was asked how often residents? CNA 4 stated, "we very two to three hours."  In the word of the expectations were the expectations are for the staff ints every three hours and as stillly's policy titled "Wound am," dated 08/2019, "Pressure Quick Lookprotect skin and shearing forces, avold only prominencesturn and at every 2 hours in bedactive of motion for bed ridden residents effusion of peripheral capillary asure redistribution device and/ore, relieve heel pressure, use otors as appropriate, and use				

	S FOR MEDICARE	& MEDICAID SERVICES (X1) PROVIDER/GUPPLIER/CLIA	(X2) MUL	TIPLE CONSTRUCTION	OMB NO	APPROVED . 0938-0391 'E SURVEY
ND PLAN O	FCORRECTION	IDENTIFICATION NUMBER:	A, BUILD	DING	CON	APLETED
496149		B, WING		05	C /28/2021	
NAME OF F	PROVIDER OR SUPPLIER	7 4 282		STREET ADDRESS, CITY, STATE, ZIP	CODE	
PORTSM	PORTSMOUTH HEALTH AND REHAB			900 LONDON BOULEVARD PORTSMOUTH, VA 23704		
(X4) ID PREFIX TAG	(EACH DEFICIENC	NEMENT OF DEFICIENCIES Y MUST DE PRECEDED BY FULL SCIDENTIFYING INFORMATION)	ID PREFI TAG		IN SHOULD BE E. APPROPRIATE	COMPLETION DATE
F 686	Continued From pa	age 12	F	686		
	The state of the s	topically every shift for stage II				
	05/28/21 at 12:37 wound care nurse physician (WCP), currently have a sepressure ulcer on	nd care observation on PM, accompanied by the (WCN) and wound care it was discovered R69 did not acral pressure ulcer but had a the left foot which was not e undated "pressure ulcer				
	R69's bedside, the by the facility by te about a new woun WCP stated that c shown a picture of foot. The WCP state the pressure ulcer 05/28/21. The WCP	w on 05/28/21 at 12:37 PM at WCP stated, "I was notified allemed last Saturday (05/22/21) and on the resident's foot." The on 05/28/21 the facility had a the pressure ulcer on R69's ated that the facility was advised would be assessed further on CP stated after seeing the usure ulcer, "I didn't realize it as that bad."				
	12:37 PM, the WC medial [inner] foo measured 5.5 cer staged the wound pressure injury de skin). The WCP nodistal foot pressure by 2.2 cm and 0.3 stage III (full thick	observation on 05/28/21 at CP noted on the left distal t a pressure ulcer that attimeters(cm) by 2.9 cm and as deep tissue injury (DTI-sep into tissues under intact ofted on the left lateral [outer] re ulcer that measured 3.8 cm arms loss down to sue) pressure ulcer. The WCP				

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was questioned if these wounds could have been avoided since the resident's lower extremities are severely contracted? The WCP stated, "yes, the staff would need to reposition frequently and

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Facility ID: VA0035

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PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES **FORM APPROVED** CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X3) DATE SURVEY STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING Ċ A WING 495149 05/28/2021 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) Continued From page 14 F 686 protective clothing for fragile skin." Increase/Prevent Decrease in ROM/Mobility F 688 SS=D CFR(s): 483.25(c)(1)-(3) F688 §483.25(c) Mobility. 1) Residents #32 has had an evaluation/ treatment §483.25(c)(1) The facility must ensure that a for the contracture of the Right hand. Resident resident who enters the facility without limited #45 is receiving care and services for upper and range of motion does not experience reduction in lower extremities and Resident #69 will receive range of motion unless the resident's clinical condition demonstrates that a reduction in range application of splints after returning to the of motion is unavoidable; and facility. 2) Therapy and DON completed an audit to §483.25(c)(2) A resident with limited range of Identify residents with limited ROM to ensure motion receives appropriate treatment and services to increase range of motion and/or to any needs for treatment were addressed. prevent further decrease in range of motion. 3) Nursing staff were re-educated by Therapy and the DON on care of residents with limited ROM §483.25(c)(3) A resident with limited mobility and the importance of performing ROM and receives appropriate services, equipment, and

receives appropriate services, equipment, and assistance to maintain or improve mobility with the maximum practicable independence unless a reduction in mobility is demonstrably unavoidable. This REQUIREMENT is not met as evidenced by:

Based on observations, interviews, record

Based on observations, interviews, record review, and review of facility policy, the facility failed to provide treatment to maintain and/or prevent decrease in range of motion (ROM), including the provision of equipment for limited range of mobility, for three out of three residents (Resident (R) 32, R45, and R69) reviewed for ROM/splints out of a sample of 20. Specifically, the facility failed to: 1. Provide an evaluation and treatment to R32's contracture of the right hand; 2. Provide care and services for R45's upper and lower extremities; and 3. Continue services for R69, including application of splints, after readmission to the facility. This failure has the

- 3) Nursing staff were re-educated by Therapy and the DON on care of residents with limited ROM and the importance of performing ROM and applying splints and or devices as indicated. Therapy or designee will complete an audit 3x week x 30 days to ensure that residents with identified treatments for ROM are receiving the treatments as ordered
- 4) Results of audits will be reviewed in the monthly/Quarterly QAPI meeting. Any discrepancies will be addressed immediately and reeducation provided as needed
- 5) AOC date July 5th, 2021

PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES **FORM APPROVED** CENTERS FOR MEDICARE & MEDICALD SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING 495149 B. WING 05/28/2021 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (X4) ID (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE REGULATORY OR 1.50 IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 688 F 688 | Continued From page 15 potential to adversely affect the range of motion to each residents' contracted extremities. Findings include: Review of the facility's policy, provided by the facility as their ROM policy, titled "Section 4, Range of Motion," training module from the "2017 Restorative Nursing Manual," documented "range of motion rationale...lo counteract negative effects of immobility and disuse." 1. Review of R32's undated "Face Sheet," located in the electronic medical record (EMR) under the demographics tab, revealed R32 was admitted to the facility on 12/15/20. R32's diagnoses included hemiplegia (paralysis on one side) and hemiparesis (weakness on one side) following a cerebral infarction (stroke) affecting right dominant side, aphasia (difficulty speaking), and peripheral vascular disease (poor blood circulation to the extremities). Review of R32's admission "Minimum Data Set (MDS)" with an Assessment Reference Date (ARD) of 12/21/20 revealed no documentation of R32's contracture or of any services for the contracture. Review of R32's undated "Care Plan" located in the EMR under the care plan tab, revealed no care plan, physical therapy (PT)/occupational therapy (OT) and/or no nursing interventions related to R32's right hand and/or left leg contracture.

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Review of R32's "Treatment Administration Record(TAR)" located in the EMR under the orders tab, for the months of January, February.

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		A. BUILDING			E SURVEY	
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	PROVIDER OR SUPPLIER SOUTH HEALTH AND			STREET ADDRESS, CITY, STATE, Z 900 LONDON BOULEVARD PORTSMOUTH, VA 23704	IP CODE	
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	PREFI TAG		TON SHOULD BE THE APPROPRIATE	(X6) COMPLETION DATE
F 688	March, April, and (range of motion) performed.  Observations con AM, 05/25/21 at 1 PM revealed R32 R32 is unable to r plck it up with his right hand reveale position, without a Resident is unabl independently.  During an intervie at 2:42 PM, the U was not sure if R1 rehabilitation, and (PROM-moveme another person).  During an intervie Director of Rehab she had not evaluate the provided wr for "Rehabilitation".	May 2021 revealed no ROM documented as being  ducted on 05/24/21 at 10:30 2:30 PM, and 05/26/21 at 1:30 had no splint to his right hand move his right hand having to left hand. Observation of R32's ad his hand is in a clenched a splint or washcloth in his palm. The to open his right hand  ew and observation on 05/27/21 and Manager (UM) 2 stated she as had a splint, receives as had a splint, receives as had a splint, receives as had a splint of motion and applied to a joint solely by  ew on 05/27/21 at 4:18 PM, the politative Services (DRS) stated that had been contractures.  ew on 05/28/21 at 9:30 AM, the litten recommendations for R32 and to screen for OT[occupational therapy]/PT and if therapy is		888		
	warranted, requeinsurance]. The Ito "Turn and repo DRS was asked for therapy service responded, "becalthe nursing staff 2. Review of R45	st therapy through [name of DRS also recommended nursing position every two hours." The why had R32 not been evaluated the ses on admission? The DRS ause he had not been referred by for an evaluation."  It's undated "Face Sheet," located tronic medical record (EMR)				

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		H AND HUMAN SERVICES E & MEDICAID SERVICES			FORM	0. 06/11/2021 APPROVED 0. 0938-0391	
STATEMENT	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 495149	(X2) MULTIP A. BUILDING	LE CONSTRUCTION	(X3) DA	(X3) DATE SURVEY COMPLETED	
	ROVIDER OR SUPPLIE			STREET ADDRESS, CITY, STATE, ZIP COU		/28/2021	
PORTSMOUTH HEALTH AND REHAB				900 LONDON BOULEVARD PORTSMOUTH, VA 23704	,=		
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F 688	admitted to the fadiagnoses included due to embolism (paralysis on one side and dysphase following a cereb Review of R45's (MDS)" with an A (ARD) of 04/02/2 rehabilitation sermo documentation MDS revealed a (BIMS)" of 14 outless care plan with Interview of R45's R45's EMR under extremity) contract Review of R45's Record (TAR)," It tab, for the month April, and May 2 provided. Review EMR under the crevealed no physical Contracture of the During an interview of the contracture of the c	raphics tab, revealed R45 was cility on 02/08/20, R45's ed cerebral Infarction (stroke) (blood clot), hemiplegia side) affecting left nondominant gla (difficulty swallowing) ral infarction (stroke).  quarterly "Minimum Data Set assessment Reference Date 1, revealed no current vices and/or range of motion and nof contractures. Review of this "Brief Interview for Mental Status to 15 indicating R45 is undated "Care Plan," located in ar the care plan tab, revealed ferventions related to R45's LUE milty) and/or LLE (left lower actures.  "Treatment Administration cocated in the EMR under orders this of January, February, March, 021 revealed no ROM exercises who fithe "Orders," located in the orders tab and dated May 2021, sicians orders for ROM.  105/24/21 at 11:00 AM, 05/25/21 of 05/26/21 at 1:45 PM revealed LLE contractures did not have lace to prevent further					

## PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES **FORM APPROVED** CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED IDENTIFICATION NUMBER: A. BUILDING B. WING 495149 05/28/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION COMPLETION DATE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE PREFIX PREFIX TAG TAG DEFICIENCY) Continued From page 18 F 688 contractures of her left arm or left leg. R45 stated, "insurance does not pay for physical therapy." R45 was asked if the nursing staff provides range of motion exercises to her contractures. R45 stated, "some of the nursing staff does it [ROM] but not all." During an interview on 05/27/21 at 2:42 PM, Unit Manager (UM) 2 verified that R45 had no devices in place for the left hand and left leg contractures. UM2 was unsure if R45 had a physician's order for a splint or If R45 received therapy and/or ROM exercises. During an interview on 05/27/21 at 4:10 PM, the Director of Rehab Services (DRS) stated, "the resident has no means for rehab to be covered. [R45's insurance] does not cover these services." During an interview on 05/28/21 at 9:32 AM, the DRS provided documentation indicating "rehab to screen again due to a change in her condition, and if therapy is warranted, request therapy for OT/PT through [R45's insurance] notification. Recommendations for nursing staff: hand hygiene daily, proper positioning for self-feeding with dominant hand, get patient up in wheelchair daily, up to two hours a day." 3. Review of R69's undated "Face Sheet" located in the electronic medical record (EMR) under the demographic tab, revealed R69 was admitted to the facility on 12/31/17. R69's diagnoses included hemiplegia (paralysis on one side) and

joint), multiple sites.

hemiparesis (weakness on one side) following a cerebral infarction (stroke) affecting left non-dominant side, muscle weakness, and contracture of muscle (rigidity and deformity of a

. . .

PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES COMPLETED AND PLAN OF CORRECTION A. BUILDING C 496149 B. WING 05/28/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (X4) ID PREFIX (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DEFICIENCY F 688 Continued From page 19 Review of R69's quarterly Minimum Data Set (MDS) with an Assessment Reference Date (ARD) of 05/07/21 revealed R69 was not receiving restorative nursing such as range of motion (passive or active) or splint or brace and no documentation that R69 had contractures. Review of R69's undated "Care Plan," located in the EMR under the care plan tab, revealed interventions of a left-hand resting splint and for the staff to perform "gentle ROM [range of motion exercises] to the left hand ... and apply left-hand splint as ordered." Review of R69's "Treatment Administration Record (TAR)," located in the EMR under the orders tab, for the months of January, February, March, April, and May 2021 revealed no ROM exercises documented as being provided by staff. During an interview on 05/27/21 at 2:39 PM, Unit Manager (UM) 2 stated she is "not sure where the resident's splint is or if nursing does ROM." UM2 verified that R69 has a left-hand contracture. During an interview on 05/27/21 at 4:02 PM, the Director of Rehab Services (DRS) Indicated on 09/22/20 R69 had" hand splints, ordered a resting hand splint due to pain, active range of motion, and positioning. Goals were not met due to pain." On 06/23/20 rehab started passive range of motion (exercises done by staff) and expected nursing staff to continue." The DRS stated R69 "has had splints in the past but don't know where they go."

During an interview on 05/28/21 at 9:15 AM, the DRS provided documented recommendations

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			TIPLE CONSTRUCTION  NG		(X3) DATE SURVEY COMPLETED	
		495149	B. WING		0/	5/28/2021
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F 688	Continued From p dated 05/28/21 for she has had a che services recommend palm breaking down an position her as up Drug Regimen ReCFR(s): 483.45(c) \$483.45(c) Crug F§483.45(c)(1) The must be reviewed licensed pharmace \$483.45(c)(2) This of the resident's not she services and these reports (i) Irregularities in drug that meets til	age 20 "rehab to screen again since inge since last seen for OT mendations for nursing staff; up out of bed (OOB) dally, hand was refusing in the past due to consult with pain management, guard to left hand to keep from d to help with contractures, and right as possible for meals." view, Report Irregular, Act On (1)(2)(4)(5) Regimen Review. Edding regimen of each resident at least once a month by a ist.	F 7	758  366  1) Residents #49 and #54 precommendations have physician 2) Any Residents receiving recommendations are a practice 3) Licensed nursing staff, and physicians were re DON/designee on the a addressing pharmacy raudit will be completed.	pharmacy been address g pharmacy at risk for this of clinical manage educated by to appropriate precommendation d by the DON/	ed by the deficient ers, NP the ocess for ons. An designee
	(ii) Any irregulariti during this review separate, written attending physicial director and director and the resularit (iil) The attending resident's medical lirregularity has be	es noted by the pharmacist must be documented on a report that is sent to the an and the facility's medical tor of nursing and lists, at a ident's name, the relevant drug, y the pharmacist identified.  physician must document in the I record that the identified sen reviewed and what, if any, aken to address it. If there is to		monthly x 2 months to pharmacy recommend response by the physic 4) Results of audits will be monthly/Quarterly QA discrepancies will be a and reeducation provided to the physic strength of the physic streng	lations for app cian/designee be reviewed in API meeting. Ar addressed imm ided as needed	ropriate the ny lediately

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		& MEDICAID SERVICES				1 APPROVED ), 0938-0391
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE (	CONSTRUCTION	(X3) DATE SURVEY COMPLETED  C 05/28/2021	
		495149	B. WING			
	ROVIDER OR SUPPLIER	REHAB	900	EET ADDRESS, CITY, STATE, 2IP CODE LONDON BOULEVARD RTSMOUTH, VA 23704		
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F 756	be no change in the physician should do the resident's med \$483.45(c)(5) The maintain policies a drug regimen revietlimited to, time frait the process and si when he or she iddrequires urgent and This REQUIREME by:  Based on record facility failed to en reviewed recommedical record the reviewed, and docacting on the recopharmacist during reviews (MRR) for (R) 49 and R54) medications.  Findings include:  Review of the uncommedical reveal the medical record days.  On 05/27/21 at 4:	e medication, the attending ocument his or her rationale in ical record.  facility must develop and and procedures for the monthly with the include, but are not mes for the different steps in the steps the pharmacist must take entifies an irregularity that attent to protect the resident.  ENT is not met as evidenced review and staff Interview, the sure the attending physician endations, documented in the attrecommendations were sumented rationale for not mmendations made by the monthly medication regimen two of five residents (Resident eviewed for unnecessary				
	recommendations were requested for (DON). On 05/28 Clinical Director s	30 PM, pharmacy is with the physician responses from the Director of Nursing /21 at 10:30 AM, the Regional stated they were unable to find the pharmacist's MRRs for R45				

Event ID: BMTW11

Facility ID: VA0035

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		AND HUMAN SERVICES			FORM	): 06/11/2021 1APPROVED ): 0938-0391
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION	(X3) DA	IE SURVEY MPLETED
		495149	B. WING		05	C /28/2021
	PROVIDER OR SUPPLIER	REHAB		STREET ADDRESS, CITY, STATE, Z 900 LONDON BOULEVARD PORTSMOUTH, VA 23704		I LUI LUI LUI LUI LUI LUI LUI LUI LUI LU
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F 756	Continued From pa	age 22	F 7	756		
	Review of the phar following:	macy reports revealed the				
	Review of pharm the following:	nacy reports for R54 revealed	2			
	dated 12/18/20, re recommended the the Clonazepam (ineeded (IPRN) ord was an area for the recommendation a	report titled "PharMerica," vealed the pharmacist physician add a stop order to medication to treat anxiety) as er. At the bottom of the report e physician to document their and sign. The bottom of the pleted or signed by the				
	dated 02/16/21, red discontinue Clonal after 60 days with the report was not	report litled "PharMerica," Evealed a recommendation to zepam PRN after 14 days or an explanation. The bottom of completed as the physician did or make a recommendation.				
	physician's "Order electronic medical physician's order to (milligram) one tal anxiety related to Recurrent Modera PRN for anxiety wing. The order has an end date of 05 reviewed and was reviewing and activities."	It's current and discontinued is," in the orders tab of the record (EMR) revealed a for Clonazepam tablet 0.5 MG blet every 8 hours as needed for major Depressive Disorder ate, One tablet three times daily a maximum daily dose of 1.5 d a start date of 10/19/20 and /12/21. The medical record was a silent to the physician ing on the recommendations.	5			
	A pharmacy MRR dated 01/23/21, r	report titled "PharMerica," evealed the pharmacist			6. F	

	[호수 레시티스 트랜드) - 기술시스, 영화 시간하면 1000년, 원, 10	AND HUMAN SERVICES & MEDICAID SERVICES			FORM	: 06/11/2021 APPROVED : 0938-0391
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER		LE CONSTRUCTION	(X3) DAT	E SURVEY
495149		495149	B. WING			/28/2021
	PROVIDER OR SUPPLIER	REHAB	9	STREET ADDRESS, CITY, STATE, ZIP CO 200 LONDON BOULEVARD PORTSMOUTH, VA 23704		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	PROVIDER'S PLAN OF CORF (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE A DEFICIENCY)	SHOULD BE	COMPLETION DATE
F 756	recommended con Pantoprazole (treat (before meals) and morning before bre reduce the risk of a not signed by the protest respond to the Review of the physorders tab of the Pantoprazole Sodinot decreased and 10/20/20 to 05/13/2. Review of pharmathe following:  Review of R49's MR49 had a physicial (medication to treat HS (at bedtime) arm gevery day (QD recommended the the medications to attempted. There the form nor signal Review of the phyorders tab of the Ecurrent order for some capsule by modate of 12/09/20, revealed R49 had give one time a darelated to major dwith a start date or remained unchan documentation in	sidering decreasing ts reflux disease) 40 mg AC I HS (at bedtime) to every eakfast only and at bedtime to adverse effects. The MRR was oblysician and the physician did recommendation.  sician's "Orders," located in the MR revealed R54's order for um Tablet delayed release was remained the same from 21.  macy reports for R49 revealed an's order for Restoril at Insomnia) 7.5 mg (milligram) and Zoloft (antidepressant) 50 ). The pharmacist e physician evaluate the use of o see if a reduction could be was no physician response on				

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/GLIA IDENTIFICATION NUMBER:		A. BUILDING		COMPLETED			
		495149	B. WING				28/2021
	PROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP COE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704		NDON BOULEVARD	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG		PROVIDER'S PLAN OF CORRECTIO (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROP DEFICIENCY)	D BE	(X&) COMPLETION DATE
	Free from Unnec CFR(s): 483.45(c	Psychotropic Meds/PRN Use )(3)(e)(1)-(5)	F 758				
	affects brain active processes and be but are not limited categories:  (i) Anti-psychotic; (ii) Anti-psychotic; (iii) Anti-depressa (iii) Anti-depressa (iii) Anti-anxiety; a (iv) Hypnotic  Based on a compresident, the facility of the faci	sychotropic drug is any drug that rities associated with mental chavior. These drugs include, doto, drugs in the following and to, drugs in the following and to, drugs in the following and brehensive assessment of a lity must ensure that residents who have not used as are not given these drugs ation is necessary to treat a as diagnosed and documented ord; residents who use psychotropic adual dose reductions, and entions, unless clinically in an effort to discontinue these residents do not receive gs pursuant to a PRN order cation is necessary to treat a fic condition that is documented		2) 3)	Resident #24 has been evaluated dose reduction Residents on Psychotropic marks for this deficient practice. Licensed Nursing staff were a DON/designee on gradual dopharmacy recommendations DON/designee will audit 4 respectively will audit 4 respectively will approximate the psychotropics weekly x 30 days to consideration is made for residents medication. Results of audits will be revisionately/Quarterly QAPI mediscrepancies will be address and reeducation provided as AOC date July 5th, 2021	nedication ere-educations. The esidents ays. The will monito o ensure duction ewed in eeting. As	ens are at ated by the ctions and with weekly itor one on the ny

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		AND HUMAN SERVICES & MEDICAID SERVICES			FORM	APPROVED . 0938-0391	
TATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA (DENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		495149	B. WING_			05/28/2021	
	PROVIDER OR SUPPLIER	REHAB		STREET ADDRESS, CITY, STATE, ZIP CO 900 LONDON BOULEVARD PORTSMOUTH, VA 23704	OOE		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC (DENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF COR (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	SHOULD BE	(X6) COMPLETION DATE	
F 758	beyond 14 days, he rationale in the resindicate the duration of the resindicate the duration of the rationale in the resindicate the duration of the renewed unless the prescribing practition of the appropriatenes. This REQUIREMED by:  Based on record practitioner intervirgacility falled to att (GDR) for one of freviewed for unnesample of 20 residence of the "Farevealed R24 was 05/05/17 and had included dementional unspecified psychological disorder.  Review of the quality of 03/05/2 Mental Status (BI moderate cognitive this MDS revealed hallucinations were consultant Pharmal C	e or she should document their ident's medical record and on for the PRN order.  I orders for anti-psychotic of 14 days and cannot be attending physician or oner evaluates the resident for its of that medication.  ENT is not met as evidenced review, pharmacy and nurse ew, and policy review, the empt a gradual dose reduction ive residents (Resident (R)24) cessary medications in a total		58			

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			TIFLE CONSTRUCTION	CON	COMPLETED	
		495149	B. WING			/28/2021
	ROVIDER OR SUPPLIE			STREET ADDRESS, CITY, STATE, ZIP CO 900 LONDON BOULEVARD PORTSMOUTH, VA 23704		
(X4) ID PREFIX TAG	(EACH DEFICIEN	STATEMENT OF DEFICIENCIES ICY MUST BE PRECEDED BY FULL R LSC IDENTIFYING INFORMATION)	PREFI TAG		SHOULD BE	(X5) COMPLETION DATE
F 758	(antidepressant) Review of a mediated 03/21/21 a MRR tab, reveal with the dose rec pharmacy recom the Director of N declination as a Practitioner (NP) Seroquel, Lexap During an interv NP revealed wh attempting a GD diagnosis of der not remember g Review of the E revealed the las 11/09/20.  Review of the E orders, located 03/21/21, for Le Seroquel 50 mg BuSpar 5mg po Review of a Psi 05/11/21 and lo tab, stated that mania, aggress behavioral char	edication), Lexapro and Buspar (antidepressant).  Ilication regimen review (MRR), and located in the EMR under the ed that the physician disagreed duction. Further review of the amendation on the MRR revealed tursing (DON) signed the verbal order from the Nurse and to continue current doses of the ansked her rationale for not the NR on an elderly resident with the mentia the NP stated that she did iving the DON a verbal order.  MR under the pharmacy tabit dose reduction was done on the evening for psychosis, in the evening for psychosis, bid for anxiety, ychiatric Evaluation, dated cated in the EMR under the order R24 was not exhibiting recenting or psychiatric concerns.		758		
	under the care revealed to "co	Care Plan," located in the EMR plan tab and dated 03/28/21, ntinue medications as prescribed able at current dose."				

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JUN 21 2021

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STATEMENT AND PLAN O	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILD  B. WING		ÇOM	E SURVEY IPLETED C 28/2021
	NAME OF PROVIDER OR SUPPLIER PORTSMOUTH HEALTH AND REHAB			STREET ADDRESS, CITY, STATE, 2 900 LONDON BOULEVARD PORTSMOUTH, VA 23704		20/2021
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	PREFI YAG		TION SHOULD BE THE APPROPRIATE	(X6) COMPLETION DATE
F 758	requested through was provided as a facility's policy title revision date of 1 will be conducted communicated to recommendation drug usage as applicable of the commendation of the composition of the comp	all Dose Reductions (GDR) was nout the survey. The following a policy for GDRs. Review of the ed: "Chemical Restraint," 0/2019 states Drug reviews monthly by the pharmacist and the attending physician with so either reduce or eliminate propriate. It is and Biologicals (h)(h)(1)(2) sing of Drugs and Biologicals (icals used in the facility must be lance with currently accepted ciples, and include the ssory and cautionary the expiration date when accordance with State and a facility must store all drugs and ked compertments under proper trols, and permit only authorized we access to the keys.  The facility must provide separately entity affixed compartments for colled drugs listed in Schedule II of the sive Drug Abuse Prevention and other drugs subject to then the facility uses single unit stribution systems in which the siminimal and a missing dose call	F /	764 F761 1) The Unit 1 medication out so there are no equipment in them 2) An audit was completed on Unit 1 and 2 to enequipment were not 3) Licensed nursing statement were re-educated by keeping the Unit medications and expired, rotating sto for expiration dates. Unit managers/design audit of medication ensure all supplies a expired 4) Results of audits will monthly/Quarterly (discrepancies will be and reeducation process) AOC date July 5th, 20	expired medications ested on medications ested on medications expired ff and central sup y the DON/Design dication rooms st d equipment that eck and monitorin gnee will complet rooms 3x week x and medications h I be reviewed in t DAPI meeting. An e addressed immedicated as needed	on rooms s and oply person lee on locked t is not g supplies ed an 60 days to lave not he

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				FORM	APPROVED	
OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X3) DAT	(X3) DATE SURVEY COMPLETED	
	495149	B. WING			/28/2021	
PROVIDER OR SUPPLIER	REHAB		100 LONDON BOULEVARD	ODE		
(EACH DEFICIENCY	Y MUST BE PRECEDED BY FULL	ID PREFIX TAG	(EACH CORRECTIVE ACTION	SHOULD BE	(X6) COMPLETION DATE	
This REQUIREME by: Based on observa review, the facility medicines and equimedication storage opened.  Findings include: Review of the police 2007, revealed " discontinued or dethose in container without secure clofrom stock, and different container without secure clofrom stock, and different constitution date of Sore Throat Spray date of 2/2021.  Vial 2 Bag DC 2006/1/2020. A vial2b reconstitution and vial and an IV bag One opened oxygopened in a drawing one Kangaroo Putasked to come interest and secure constitution and cons	tions, interviews and policy failed to ensure that all sipment in one of two a rooms were not expired or expired medications and that are cracked, soiled, or sures are immediately removed sposed of "  24 PM, Unit 1 Medication is inventoried. The following to be outdated: exposed of expired in the expiration of the expired in the expiration of the expiration of the expired in the expiration of the e					
	RS FOR MEDICARE OF DEFICIENCIES F CORRECTION  PROVIDER OR SUPPLIER OUTH HEALTH AND  SUMMARY STA (EACH DEFICIENCY REGULATORY OR I  Continued From pa This REQUIREME by: Based on observa review, the facility is medicines and equi medication storage opened.  Findings include:  Review of the polic 2007, revealed " discontinued or de those in container without secure clo from stock, and di  On 05/27/21 at 4:2 Storage Room wai items were found Magneslum Citrate expiration date of Sore Throat Spray date of 2/2021.  Vial 2 Bag DC 20r 6/1/2020. A vial2b reconstitution and vial and an IV bag One opened oxyg opened in a drawi One Kangaroo Pu  On 05/27/21 at 4: asked to come int Room and check	PROVIDER OR SUPPLIER  SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)  Continued From page 28  This REQUIREMENT is not met as evidenced by: Based on observations, interviews and policy review, the facility failed to ensure that all medication storage rooms were not expired or opened.  Findings include:  Review of the policy "Medication Storage," dated 2007, revealed" outdated, contaminated, discontinued or deteriorated medications and those in container that are cracked, soiled, or without secure closures are immediately removed from stock, and disposed of"  On 05/27/21 at 4:24 PM, Unit 1 Medication Storage Room was inventoried. The following items were found to be outdated: Magnesium Citrate (laxative) 10 FL. Oz, with an expiration date of 2/2021.  Sore Throat Spray 6 FL. Oz, with an expiration date of 6/1/2020. A vial2bag device enables reconstitution and transfer of a drug between a vial and an IV bag.  One opened oxygen connector was found opened in a drawer with no labeling or covering. One Kangaroo Pump container that was opened.  On 05/27/21 at 4:50 PM, Unit Manager 2 was asked to come into the Unit 1 Medication Storage Room and check the expiration dates on the	SEFOR MEDICARE & MEDICAID SERVICES  OF DEFICIENCIES FORMEDICARE (X1) PROVIDER/SUPPLIEN/CLIA IDENTIFICATION NUMBER:  495149  SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)  Continued From page 28  This REQUIREMENT is not met as evidenced by: Based on observations, interviews and policy review, the facility failed to ensure that all medication storage rooms were not expired or opened.  Findings include:  Review of the policy "Medication Storage," dated 2007, revealed " outdated, contaminated, discontinued or deteriorated medications and those in container that are cracked, soiled, or without secure closures are immediately removed from stock, and disposed of"  On 05/27/21 at 4:24 PM, Unit 1 Medication Storage Room was inventoried. The following items were found to be outdated: Magnesium Citrate (laxative) 10 FL. Oz, with an expiration date of 2/2021.  Sore Throat Spray 6 FL. Oz, with an expiration date of 2/2021.  Sore Throat Spray 6 FL. Oz, with an expiration date of 6/1/2020. A vial2bag device enables reconstitution and transfer of a drug between a vial and an IV bag.  One opened oxygen connector was found opened in a drawer with no labeling or covering. One Kangaroo Pump container that was opened.  On 05/27/21 at 4:50 PM, Unit Manager 2 was asked to come into the Unit 1 Medication Storage	RS FOR MEDICARE & MEDICAID SERVICES OF DEFICIENCIES F CORRECTION    Major   Major	MENT OF HEALTH AND HUMAN SERVICES SPORMEDICARE & MEDICAID SERVICES OF DEFICIENCIES OF DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR I.S. DIENTIFYING INFORMATION)  CONTINUED FROM DEFICIENCY OF DEFICIENCIES OF DEFICIENCY OF DEFICIENCIES OF DEFICIENCY OF DEFICIENCIES OF DEFICIENCY OF DEFICIENCIES OF DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR I.S. DIENTIFYING INFORMATION)  CONTINUED FROM DEFICIENCY OF DEFICIENCY  CONTINUED FROM DEFICIENCY  F 761  F 761  CONTINUED FROM DEFICIENCY  F 761  F 761	

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		AND HUMAN SERVICES & MEDICAID SERVICES			FORM	: 06/11/2021 APPROVED : 0938-0391
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER.		E CONSTRUCTION	CON	E SURVEY
		495149	B. WING		awiil e Rei	28/2021
	ROVIDER OR SUPPLIER	REHAB	9	STREET ADDRESS, CITY, STATE, ZIP CODE 100 LONDON BOULEVARD PORTSMOUTH, VA 23704		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTIVE ACTION SHIP (EACH CORRECTIVE ACTION SHIP CROSS-REFERENCED TO THE APP DEFICIENCY)	OULD BE	(X5) COMPLETION DATE
F 803	outdated medicine Menus Meet Resid	moved the opened items and s from the room. ent Nds/Prep in Adv/Followed	F 761			
SS≃E	Menus must- §483.60(c)(1) Mee residents in accord guidelines.; §483.60(c)(2) Be in §483.60(c)(3) Be in §483.60(c)(4) Ref reasonable efforts ethnic needs of the input received from groups; §483.60(c)(5) Be	and nutritional adequacy.  It the nutritional needs of dance with established national prepared in advance;		The kitchen is serving meals menu and Resident #1 is rechis ordered diet  Residents receiving meals from the kitchen manager and steeducated by the dietician/d importance and process of menu, following speciality of preferences.  The administrator/designed week x 30 days to ensure. The speciality diets are being for menuthly/Quarterly QAPI menuthly/Quarterly QAPI menuthly/Quarterly QAPI menuthly/Quarterly QAPI menus and Results of audits will be rechisted.	rom the kit ctice taff were re lesignee or following t diets and re e will audit The menus llowed viewed in t	meals per chen are the the posted esident 6 meals a and

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by:

§483.60(c)(6) Be reviewed by the facility's

dietitian or other clinically qualified nutrition professional for nutritional adequacy, and

§483,60(c)(7) Nothing in this paragraph should be construed to limit the resident's right to make personal dietary choices.
This REQUIREMENT is not met as evidenced

Based on observation, menu review, and staff interview, the facility failed to follow the menus during lunch service on 05/26/21. The facility falled to serve residents a full portion of the garlic and rosemary roasted red skin potatoes, the

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discrepancies will be addressed immediately

and reeducation provided as needed

5) AOC date July 5th, 2021



PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING C B. WING 05/28/2021 495149 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION SUMMARY STATEMENT OF DEFICIENCIES (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (X4) ID EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 803 Continued From page 30 sauteed zucchini, and the baked macaroni and cheese and failed to follow the renal menu for one resident (Resident (R)1). This fallure involved 20 of the 67 residents who receive food from the facility dietary department. Findings include: On 05/26/21 from 12:05 PM through 1:26 PM, Cook 2 was observed serving lunch from a steam table in the kitchen. Review of the menu revealed residents on regular dlets and concentrated carbohydrate diets were supposed to receive a 1/2 cup (4 ounces) serving of sauteed zucchini and 1/2 cup (4 ounces) of garlic and rosemary roasted red skin potatoes, one Italian sausage, a dinner roll, and a lemon bar. Further review of the menu revealed residents on renal diets (residents with kidney disease) were supposed to receive a 3-ounce parsley pork chop, 1/2 cup of sauteed zucchini, 1/2 cup garlic mashed potatoes, a dinner roll, and a lemon bar. The alternative for the Italian sausage was one cup of baked macaroni and cheese. During this observation on 05/26/21, Cook 2 was observed filling the 4-ounce scoop halfway when serving the zucchini and red skin potatoes. Cook 2 did not give 15 of the residents a full 4-ounce scoop of the food Items per the menu. In addition, four residents who had macaroni and cheese listed on the menu slip received one four-ounce (half a cup) scoop and not one cup per the menu. On 05/26/21 at 12:26 PM, Cook 2 was ask why she was not completely filling the scoop. Cook 2 did not respond but then began completely filling the scoop. On 05/26/21 at 1:00 PM, Cook 2 ran

out of sauteed zucchini. The Food Service Supervisor and District Manager of Healthcare

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		IDENTIFICATION NUMBER:	A. BUILDI	TIPLE CONSTRUCTION	COM	E SURVEY PLETED C
NAME OF S	PROVIDER OR SUPPLIES	495149	B. WING	STREET ADDRESS, CITY, STATE, ZIP C		28/2021
	OUTH HEALTH AN			900 LONDON BOULEVARD PORTSMOUTH, VA 23704	15 1	
(X4) ID PREFIX TAG	(EACH DEFICIEN	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		N SHOULD BE E APPROPRIATE	(X5) COMPLETION DAYE
F 803	Services (the comby the facility) had the last nine residence on 05/26/21 at 11 det lunch tray for and rosemary roamenu stated renagarlic mashed possible about it she state the plate back ar potatoes.  Review of the phorders tab of the revealed R1 had Dysphagla Advark (IDNEY DISEAS 08/08/19.  Review of R1's "diagnosis tab in which included (CKD 5).  Review of the "Cplan tab of the Ecare for diet alted dysphagia (diffied date of 05/30/15 plan was "diet a verified that Cotall the way where	tract foodservice company used to prepare more zucchini for dents waiting to be served lunch.  2:57 PM, Cook 2 plated a renal R1. Cook 2 plated the garlic leasted red skin polatoes when the ald diets were supposed to receive otatoes. When Cook 2 was asked she made a mistake and took and served R1 the garlic mashed leaved record (EMR) an order for "Renal diet, and order for "Renal diet, and texture related to CHRONIC SE, STAGE 5," with a start date of the EMR, revealed diagnoses chronic kidney disease stage 5 care Plan," located in the care		303		
	KIDNEY DISEAS 08/08/19.  Review of R1's "diagnosis tab in which included (CKD 5).  Review of the "C plan tab of the E care for diet alte dysphagia (diffic date of 05/30/19 plan was "diet a verified that Coc all the way when Manager stated	Diagnoses," located in the the EMR, revealed diagnoses chronic kidney disease stage 5  Care Plan," located in the care EMR, revealed R1 had a plan of cration related to CKD 5 and culty swallowing) with a revision D. An intervention for this care is ordered."  1:39 PM, the District Menager of 2 was not filling the scoop up in she was serving. The District Cook 2 should have made to everyone prior to the beginning				

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION  (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		A. BUILDING			(X3) DATE SURVEY COMPLETED C	
		496149	B, WING		05/	28/2021
	PROVIDER OR SUPPLIER		9	TREET ADDRESS, CITY, STATE, ZIP COD DD LONDON BOULEVARD ORTSMOUTH, VA 23704		
(X4) ID PREFIX TAG	(EACH DEFICIENT	FATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AP DEFICIENCY)	HOULD BE	(X6) COMPLETION DATE
F 803	During confidential residents on Unit small and sometime food on their plate.  Review of the residential of the Condition of Residential by the MDS Nurs seven of the facilifications. Therefore	al resident interviews two two stated the portions are mes they do not get enough c. ident matrix with a print date of "Resident Census and dents" (Form CMS-672) signed e and dated 05/28/21 revealed ity's 74 residents received tube are 67 residents receive food	F 803	F812 1) Staff Is serving food in with gloves being cha	nged and ha	nds being
F 812 SS=F	Food Procureme CFR(s): 483.60(i) §483.60(i) Food s The facility must §483.60(i)(1) - Pr approved or constate or local aut (i) This may incluse from local product and local laws or (ii) This provision facilities from us gardens, subject safe growing and (iii) This provision from consuming §483.60(i)(2) - S serve food in ac standards for for This REQUIREM by: Based on obsei	nt, Store/Prepare/Serve-Sanltary (1)(2) safety requirements. rocure food from sources sidered satisfactory by federal, horities. Ide food items obtained directly cers, subject to applicable State regulations. In does not prohibit or prevent to compliance with applicable of food-handling practices. In does not preclude residents foods not procured by the facility tore, prepare, distribute and cordance with professional od service safety.  MENT is not met as evidenced		Serving and preparing been cleaned and san solution in the third's levels  2) Residents that reside for this deficient practally food service equipment and approximate testing of sanitizer scandministrator/design kitchen 2x week x 30 cleanliness.  4) Results of audits will monthly/Quarterly discrepancies will be immediately and reneeded	g food. Food sitized and sa ink is at app in facility are tice educated be esignee regard practices, copriate level olution. The nee will audio days for sa I be reviewe QAPI meetine addressed education processed in the processed education processed in the processed in the processed education processed in the processed education processed in the	carts have anitizing ropriate e at risk  y the rding leaning is and t the nitation and d in the g. Any
	small and someting food on their plates. Review of the res 05/21/21 and the Condition of Resility the MDS Nurs seven of the facility keepings. Therefore the facility keepings. Therefore the facility keepings. Therefore the facility keepings. Therefore the facility must food Procureme CFR(s): 483.60(i) Food The facility must \$483.60(i)(1) - Properties of local aut (i) This may incluste or local aut (ii) This may incluste from local product and local laws or (iii) This provision facilities from us gardens, subject safe growing and (iii) This provision from consuming \$483.60(i)(2) - Serve food in act standards for for This REQUIREM by:	ident matrix with a print date of "Resident Census and dents" (Form CMS-672) signed e and dated 05/28/21 revealed ity's 74 residents received tube are 67 residents receive food itchen.  Int, Store/Prepare/Serve-Sanitary (1)(2)  safety requirements.  recure food from sources sidered satisfactory by federal, harities.  Ide food items obtained directly cers, subject to applicable State regulations.  In does not prohibit or prevent and produce grown in facility to compliance with applicable of food-handling practices.  In does not preclude residents foods not procured by the facility tore, prepare, distribute and cordance with professional od service safety.		<ol> <li>Staff Is serving food in with gloves being chall washed between tour Serving and preparing been cleaned and san solution in the third selvels</li> <li>Residents that reside for this deficient praction in the staff were respectively be sanitary food service equipment and approximate testing of sanitizer seadministrator/design kitchen 2x week x 30 cleanliness.</li> <li>Results of audits will monthly/Quarterly (discrepancies will be immediately and re</li> </ol>	in facility ctice chique rectice copriate le colution. I be revie caller caller caller colution. I be revie caller	I ha led led sides app y ar ed b egan s, c eve The audi r sa ewe etin sed

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		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:				(X3) DATE SURVEY COMPLETED	
		495148	B. WING	<del></del>	1	28/2021	
	PROVIDER OR SUPPLIE			STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704			
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F 812	prepared and ser involved failure to hand between to touching clean di solution was at the contact surfaces failure to ensure sanitized after trabefore placing rehad the potential facility who received be partment.  Findings included Review of the resolution of Resby the "Minimum dated 05/28/21 residents received residents received residents received to the clean removed the clean remove	ved in a sanitary manner. This ochange gloves and/or wash uching soiled dishes and shes; failure to ensure sanitizing ne proper level to sanitize food pans, and serving utensils; food carts were cleaned and insporting soiled dishes and sident meal trays in them. This to affect all 67 residents in the we food from the dietary					

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Event ID: BMTW11

Facility ID: VA0035

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CENTER		AND HUMAN SERVICES  & MEDICAID SERVICES  (X1) PROVIDER/SUPPLIER/CLIA	(X2) MUL	TIPLE C	CONSTRUCTION	FORM OMB NO (X3) DA	0: 06/11/2021 1APPROVED 0: 0938-0391 TE SURVEY	
AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:	A. BUILD	ING		COI	COMPLETED	
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F 812	Continued From page 34 a second rack of dirty plates through the dishwasher and returned to the clean end and again removed the clean plates without changing her gloves and washing her hands. On 05/24/21 at 9:42 AM, DA1 was ask what the procedure was for going from the soiled end of the dishwasher to the clean end and she stated she was supposed to remove her gloves, wash her hands, and place clean gloves on. When she was told she was witnessed not washing her hands she admitted she had not changed her gloves or washed her hands between the soiled and clean side of the dishwasher.		F	812				
	On 05/24/21 at 10 dishwasher and h department was re provided related to	:15 AM, a policy for running the and washing in the dietary equested. No policy was a handwashing and changing hing resident dishes in the						
	was observed usicontainer to saniticounters. DA2 state On 05/24/21 at 9: the third comparts sink and two redictors for food cowith the assistant compartment of the contained two set the time the sanitizer measure Both redictors one of the container one of the container or the container of the container of the container of the container of the container or the c	t 9:30 AM, Dietary Aide 2 (DA2) ng a wiping cloth from a red ze the food preparation ated it was sanitizing solution. 46 AM, the sanitizer levels of ment of the three-compartment containers used to store wiping ntact surfaces were checked be of Cook 1. The sanitizer he three-compartment sink riving ladies and a serving fork a lizer level was checked. The ed zero parts per million (ppm), ers of sanitizing solution also pm, DA2 verified she had used ners to "sanitize" the food ters. A container of Oasis 146 zer was hanging on the wall					eat Pane 35 of	

DEPART CENTER	PRINTED: 06/11/2021 FORM APPROVED OMB NO. 0938-0391						
STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A, BUILDING			(X3) DATE SURVEY COMPLETED	
		495149	B, WING			05/28/2021	
	RÖVIDER OR SUPPLIE		90	REET ADDRESS, CITY, STATE, ZIP CODE 10 LONDON BOULEVARD ORTSMOUTH, VA 23704			
PREFIX (EACH DEFICIENCY MUST DE PR		CY MUST BE PRECEDED BY FULL	PROFISMOUTH, VA 23704  ID PROVIDER'S PLAN OF CORR PREFIX (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AF DEFICIENCY)		HOULD BE COMPLETION		
F 812	Continued From page 35 above the three-compartment sink. Cook 1 stated it was the sanitizer used to sanitize pots, pans, and utensils and to fill the red containers used to sanitize food preparation surfaces and equipment.  Review of the Manufacture's instructions for the "Oasis Multi-Quat Sanitizer" revealed the Multi-Quat Sanitizer was required to be 150 to 400 ppm to sanitize.  3. On 05/24/21 at 9:56 AM, a cart containing pans stacked together was located next to the stove. Cook 1 stated the pans had already been washed and were clean. Two of four pans inspected had dried food substances on the Inside surface of the pans. Cook 1 verified the pans had not been thoroughly cleaned.  4. On 05/26/21 at 12:19 PM, after the staff began placing resident food trays in the first food cart the District Manager for Healthcare Services (the contract food service company used by the facility) was ask if all the carts had been cleaned and were ready for the food trays to be placed in to be delivered to the residents. The District Manager stated the carts had been cleaned. The carts were inspected with the District Manager for Healthcare Services. Inspection of the carts revealed each of the carts were soiled with dried food residue on the inside corners, bottom, sides			DET IOLENOTY			
	bottom of the tw District Manage soiled from whe were returned to Manager verifie	Idition, brown fluid was in the to large, insulated food carts. The red verified the carts remained in the solled breakfast dishes to the kitchen. The District dishes appeared as if they eaned in a while					

DEPARTMENT OF HEALTH	AND HUMAN	SERVICES
CENTERS FOR MEDICARE	& MEDICAID	SERVICES

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		(X1) PROVIDER/SUPPLIER/GLIA IDENTIFICATION NUMBER:	A. BUILD		TRUCTION	СОМ	SURVEY PLETED
	NAME OF PROVIDER OR SUPPLIER  PORTSMOUTH HEALTH AND REHAB  (X4) ID PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)  F 812  Continued From page 36  Review of the "Healthcare Services Group, Inc policy 027" titled "Equipment," with a revised da of 09/2017, revealed it was the facility policy to clean and sanitize equipment and food contact surfaces after each use. Review of the undated "Service Line Checklist" revealed food oarts we to be cleaned after each meal.  Infection Prevention & Control CFR(s): 483.80(a)(1)(2)(4)(e)(f)  §483.80 Infection Control  The facility must establish and maintain an infection prevention and control program designed to provide a safe, sanitary and comfortable environment and to help prevent the development and transmission of communicable diseases and infections.  §483.80(a) Infection prevention and control program.  The facility must establish an infection preventiand control program (IPCP) that must include, a minimum, the following elements:  §483.80(a)(1) A system for preventing, identify reporting, investigating, and controlling infection and communicable diseases for all residents, staff, volunteers, visitors, and other individuals providing services under a contractual	STREET ADDRESS, CITY, STATE, ZIP COL 900 LONDON BOULEVARD PORTSMOUTH, VA 23704			05/28/2021 DE		
PREFIX	(EACH DEFICIEI	NCY MUST BE PRECEDED BY FULL	ID PREF TAG		PROVIDER'S PLAN OF CORRE (EACH CORRECTIVE ACTION SH ROSS-REFERENCED TO THE APP DEFICIENCY)	OULD BE	COMPLETION DATE
F 880	Review of the "H policy 027" titled of 09/2017, reve clean and sanitiz surfaces after ea "Service Line Ch to be cleaned af Infection Preven	ealthcare Services Group, Inc "Equipment," with a revised date aled it was the facility policy to be equipment and food contact ach use. Review of the undated becklist" revealed food carts were ter each meal. tion & Control		812			
	The facility musinfection prevented designed to procomfortable enviolement and diseases and in §483.80(a) Inferprogram.  The facility must and control program aminimum, the §483.80(a)(1) A reporting, investaff, volunteers providing service arrangement be conducted accepted nation §483.80(a)(2) Incoedures for but are not limit (I) A system of	t establish and maintain an tion and control program vide a safe, sanitary and rironment and to help prevent the ditransmission of communicable fections.  It control prevention and control t establish an infection prevention gram (IPCP) that must include, at following elements:  It system for preventing, identifying tigating, and controlling infections able diseases for all residents, as visitors, and other individuals the ses under a contractual ased upon the facility assessment ording to §483.70(e) and following that standards;  Written standards, policies, and the program, which must include.	,	3)	manufacturer recommon barrier down when using glucometer Residents that receive risk for this deficient pulcensed nursing staff the DON/designee on practices for cleaning a glucometers. The DON randomly audit Glucometers 2x week x 300 meters 2x week x 300 meter	accuchecks ractice. were re-eduinfection coand utilizing N/designee meter usage D days be reviewed API meeting. Industrial meeting.	are at  ucated by introl will for 3 in the

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		AND HUMAN SERVICES			FORM	: 06/11/2021 APPROVED : 0938-0391
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE C		COV	E SURVEY MPLETED
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F 880	infections before It persons in the faci (Ii) When and to w communicable dis reported; (iii) Standard and it to be followed to p (iv) When and how resident; including (A) The type and depending upon the involved, and (B) A requirement least restrictive posterior circumstances. (v) The circumstances. (v) The circumstances. (vi) The circumstances (vi) The hand hygiby staff involved in §483.80(a)(4) A sidentified under the corrective actions §483.80(e) Linen Personnel must be transport linens infection.  §483.80(f) Annue The facility will contact update This REQUIREM by:	ney can spread to other lity; hom possible incidents of ease or infections should be transmission-based precautions revent spread of infections; visolation should be used for a but not limited to: duration of the isolation, he infectious agent or organism that the isolation should be the essible for the resident under the concess under which the facility ployees with a communicable diskin lesions from direct ents or their food, if direct ents or their food, if direct ent the disease; and ene procedures to be followed in direct resident contact.  System for recording incidents he facility's IPCP and the staken by the facility.				

review of policies and procedures, and review of

PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED IDENTIFICATION NUMBER: A. BUILDING B. WING 495149 05/28/2021 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (XB) COMPLETION DATE (X4) ID (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) F 880 Continued From page 38 F 880 medical device and product user information, the facility failed to ensure the nursing staff used a barrier between surfaces and cleaned and disinfected multi-use glucometers per the manufacturer's instructions when performing fingerstick blood glucose monitoring in three of three nurses observed. Findings include: Review of the "Summary Report of Meeting for Infection Control," dated March 21, 2021, revealed an inservice on the procedure on how to disinfect multi-use glucometers. The inservice instructed the nursing staff to "disinfect" the multi-use glucometers after each use with an alcohol pad. Attendees included 10 facility Registered Nurses (RN) and/or Licensed Practical Nurses (LPN). Further review of the summary report revealed that the inservice did not include the use of EPA registered disinfecting wipes. On 05/28/21 at 8:18 AM, the Director of Nursing (DON) was asked to provide the facility policy for cleaning a glucose monitor and the actual hand booklet that came with the "Assure Platinum" blood glucose monitoring system. The DON verified that all glucometers in the bullding were "Assure Platinum" brand. Review of the "Assure Platinum" booklet revealed one procedure for cleaning and another procedure for disinfecting the glucometer. Further review of the manufacturer's booklet revealed to clean and disinfect the glucometer "cleaning and disinfecting can be completed by using a commercially available EPA-registered

disinfectant detergent or germicide wipe. To use a

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		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILD		СОМ	E SURVEY PLETED	
	10.00	495149	B. WING			28/2021	
7	NAME OF PROVIDER OR SUPPLIER  PORTSMOUTH HEALTH AND REHAB  SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)  F 880  Continued From page 39  wipe, remove from container and follow product label instructions to disinfect the meter Many wipes act as both a cleaner and disinfectant, though if blood is visibly present on the meter, two wipes must be used; use one wipe to clean and a second wipe to disinfect"  Further review of the manufacturer's booklet revealed "to clean the outside of the blood glucose meter, use a lint-free cloth dampened with soapy water or isopropyl alcohol (70-80%). To disinfect the meter, dilute 1 mL of household bleach (5-6% sodium hypochlorite solution) in 9 mL of water to achieve a 1:10 dilution (final concentration of 0.5-0.6% sodium hypochlorite). The solution can then be used to dampen a pap towel (do not saturate the towel). Then use the dampened paper towel to thoroughly wipe down the meter. Please note that there are commercially available 1:10 bleach wipes from variety of manufacturers. With all the recommended meter cleaning and disinfecting methods, it is critical the meter be completely disfore testing a resident's glucose level. Please follow the disinfectant product label instructions ensure proper drying time."  Review of the undated blood glucose monitorin policy provided by the facility and obtained from the "Corporate" policy book, revealed "clean and disinfect the blood glucose meter with a disinfectant pad, following the manufacturer's			STREET ADDRESS, CITY, STATE, 2 900 LONDON BOULEVARD PORTSMOUTH, VA 23704			
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F 880	wipe, remove froi label instructions wipes act as both though if blood is two wipes must be and a second wip. Further review of revealed "to clea glucose meter, u with soapy water To disinfect their bleach (5-6% so mL of water to a concentration of The solution can towel (do not said dampened pape the meter. Pleas commercially avvariety of manufrecommended resulting a follow the disinfensure proper described the "Corporate" disinfect the blod disinfectant pacinstructions. Comonitoring equinfection by suchepatitis B, hep immunodeficier	m container and follow product to disinfect the meter Many a cleaner and disinfectant, visibly present on the meter, be used; use one wipe to clean be to disinfect "  I the manufacturer's booklet in the outside of the blood se a lint-free cloth dampened for isopropyl alcohol (70-80%). Inter, dilute 1 mL of household dium hypochlorite solution) in 9 chleve a 1:10 dilution (final 0.5-0.6% sodium hypochlorite). In then be used to dampen a paper turate the towel). Then use the intowel to thoroughly wipe down se note that there are allable 1:10 bleach wipes from a facturers. With all the meter cleaning and disinfecting litical the meter be completely dry resident's glucose level. Please ectant product label instructions to larying time."  Indated blood glucose monitoring by the facility and obtained from policy book, revealed "clean and add glucose meter with a difficiency for the meter of the meter of the second from policy book, revealed "clean and add glucose meter with a difficiency for the manufacturer's intaminated blood glucose interesses the risk of the bloodborne pathogens as patitis C, and human		880			

PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING C B. WING 495149 05/28/2021 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION (X5) SUMMARY STATEMENT OF DEFICIENCIES (X4) ID (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) Continued From page 40 F 880 conducted with LPN 3. LPN3 was observed wiping an "Assure" glucometer with a bleach wipe. LPN3 laid the glucometer on the surface of the medication cart without a barrier while gathering additional equipment. When asked, LPN3 did not know how long the glucometer was to stay wet from the bleach wipe to ensure proper disinfection. LPN3 proceeded to the Isolation unit and placed the glucometer on top of the isolation supply cart. LPN3 dld not place a barrier between the surface of the isolation supply cart and the "disinfected" glucometer. LPN3 donned (put on) personal protective equipment (PPE) in preparation to enter the isolation unit, picked up the glucometer, and entered the isolation area. At that time, LPN3 realized the resident, who was to have the fingerstick blood glucose test, was out to dialysis. LPN3 placed the glucometer on the surface of the medication cart located in the isolation unit without a barrier. LPN3 went into the hallway to doff (take off) her PPE and placed the glucometer on the surface of a cart in the hallway without a barrier. LPN3 picked up the glucometer and left the isolation unit and placed the glucometer, without placing down a barrier, on the surface of the medication cart used for residents not on isolation. LPN3 started to place the glucometer in the medication cart without

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disinfecting it after being on an Isolation unit when the surveyor Intervened. During an Interview on 05/27/21 at 7:48 AM, LPN 3 stated that she should have used a barrier to place the glucometer on. When asked how long the glucometer was to remain wet from the bleach wipes to ensure disinfection, LPN3 did not know.

During an interview on 05/27/21 at 7:55 AM, LPN2 was asked to demonstrate her procedure for fingerstick blood glucose testing using the

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		495149	B. WING		05/28/2021	1
NAME OF PROVIDER OR SUPPLIER PORTSMOUTH HEALTH AND REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704				
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"Assu with a wiped then proces a blood gluco the gluco the gluco the gluco enter Mana towe to the procession of the gluco mana the gluco mana place."  Obse Mana place of the gluco mana the gluco mana the gluco mana place of the gluco mana the gluco mana mana the	In alcohol-based han I the glucometer with placed the glucometer with cation cart without a liveded to demonstrate and sample from a resimeter with an alcohol lucometer back in the did that her demonstrate lucometer was according to the first and the first are sident's room lager 1 completing and a resident's room lager 1 placed the gluing a placed to wipe the resident's finger getting a glucometer to obtain ager 1 put the glucometer to obtain ager 1 did not clean ing it in the basket.  Intervation on 5/28/21 is ager completing a bluager 1 washed his had glucometer with an ager 1 washed his had glucometer with a mager 1 washed his had glucometer with a mager 1 washed his had glucomete	an alcohol pad. LPN2 or on the surface of the parrier. LPN2 or how she would obtain ident and wipe the lawing with the put to medicine cart. LPN2 tion of how to "sanitize" ding to facility policy.  at 4:32 PM, revealed g a blood glucose test, glucometer off with an ed his supplies and with the surveyor. Unit cometer on paper overbed table and went nds, put gloves on, and sident's finger with an er 1 pricked the blood sample and used a blood sugar level. Unit neter in his pocket, left the glucometer in a and alcohol wipes	dit f	0		

		& MEDICAID SERVICES			TO ICTION		0938-0391
ATEMENT C ID PLAN OF	F DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A THE PARTY OF THE	NG	STRUCTION	COM	IPLETED
		495149	B. WING				C /28/2021
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	alcohol wipe and obtaining a blood the glucometer to completing the fir Manager 1 placed basket on the me supplies of needle interview on 05/2	the resident's finger with an pricked the resident's finger sample. Unit Manager 1 used obtain a blood sugar level. After igerstick blood sugar test, Unit if the dirty glucometer in the dicine cart containing cleanes and alcohol wipes. During an 8/21 at 5:15 PM, Unit Manager 1 ays uses an alcohol pad to clean		080			
F 883 SS=E	S483.80(d) Influding Immunizations S483.80(d)(1) In policies and pro- (I) Before offering each resident or receives educate potential side efficies (ii) Each resider immunization O	reumococcal Immunizations d)(1)(2) enza and pneumococcal fluenza. The facility must develop deduces to ensure that g the influenza immunization, the resident's representative ion regarding the benefits and fects of the immunization; at is offered an influenza ctober 1 through March 31 at the Immunization is medically		883 3	883  (i) Residents #36,#27,#73 offered the pneumocod An audit was complete management to identificate that were not offered vaccine. Residents identificate the vaccine of Admissions director are re-educated on the preparameter of the Daudit new admissions ensure processes is been sure processes is been sure processes in the Daudits of audits will be a immediately and reed needed. (ii) AOC date July 5th, 202	ed by nursing any other the pneum entified were the constant of the constant of the conference of the	e ng er residents cococcal re offered staff were ffering ee will month to ed in the g. Any

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immunized during this time period;

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Facility ID: VA0035

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

	OF DEFICIENCIES OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDING	PLE CONSTRUCTION	COM	E SURVEY IPLETED C 28/2021
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F 883	has the opportun (iv)The resident's documentation the following: (A) That the resident's was provided ed and potential side immunization; and (B) That the resident immunization of immunization durefusal. §483.80(d)(2) Promote that- (I) Before offering immunization, erepresentative representative representative representative representation, undicated been immunization, (ii) Each resident immunization, undicated been immunization, undicated been immunization following: (A) The resident documentation following: (A) That the resident was provided even and potential sidentification; and	or the resident's representative ity to refuse immunization; and a medical record includes nat indicates, at a minimum, the dent or resident's representative ucation regarding the benefits e effects of influenza and dent either received the influenza did not receive the influenza ie to medical contraindications or neumococcal disease. The facility officies and procedures to ensure g the pneumococcal ach resident or the resident's eccives education regarding the tential side effects of the influenza indicated or the resident has indicated or the resident has indicated or the resident has indicated in the receives immunization; and its medical record includes that indicates, at a minimum, the dident or resident's representative ducation regarding the benefits de effects of pneumococcal		3		

		AND HUMAN SERVICES & MEDICAID SERVICES				FORM	06/11/2021 APPROVED 0938-0391
STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUL A. BUILD		CONSTRUCTION	(X3) DATE	E SURVEY PLETED
		495149	B. WING				28/2021
	ROVIDER OR SUPPLIER	REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704				
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F 883	contraindication or This REQUIREME by: Based on record rand review of Cent Prevention (CDC) offer pneumococci residents (Resider reviewed for pneumococcal vac pneumococcal pn			883			

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most recent dose of PPSV23. Anyone who received any doses of PPSV23 before age 65 should receive 1 final dose of the vaccine at age 65 or older. Administer this last dose at least 5

years after the prior PPSV23 dose. ...

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDI	IPLE CONSTRUCTIONS	N	, cow	E SURVEY PLETED
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	Pneumococcal Neview of the fareneumococcal Procedures," efficial residents and the opportunity to vaccine per physishould be documed by the procedure of During an intervaction of the procedure	faccine Recommendations   CDC clitty's policy titled, Vaccinations Policies and ective date of 02/2017, indicated mitted to the facility will be given be receive the pneumococcal sician's orderthe vaccine mented on the MAR."  ew on 05/28/21 at 11:50 AM, the I Director verified that the cords for R36, R27, R73, and vailable. The Regional Clinical that medical records showed no f R36, R27, R73, and R35 were d, or declined the pneumococcal system	F	919 1) The call 2) Resider this def functio 3) Staff ha Admini malfun system Import The M	l light system has bents that resided in ficient practice. Resided in ficient practice. Resided in ficient practice. Resided in ficient practices to listrator/designee of its trator in the system of monitoring is the panels and call week x 2 months	facility were sidents have ted by on reporting Maintainen een educate gresident cor/Carekee	e at risk for e ce via TELS ed on the all lights. pers will loning 2x
	reviews, the faction call system that or to a centralize have a function immediate jeop	ervations, interviews, and record illity failed to have a functioning relayed a call to a staff member ed staff work area. The failure to all call system resulted in ardy for 70 of the 74 residents in ure to have a functioning call		4) Result month discre and re	oning of system is of audits will be only on the following will be added to be	I meeting. A dressed imn	iny nediately

PRINTED: 06/11/2021 DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES COMPLETED AND PLAN OF CORREC'I'ION A. BUILDING C 495149 B WING 05/28/2021 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 (X5) COMPLETION DATE PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY F 919 Continued From page 46 system had the likelihood to result in harm or death as residents had no means to contact staff, On 05/24/21 at 6:46 PM, the Administrator and Director of Nursing (DON) were notified of an Immediate jeopardy at F919-L Resident Call System. The immediate jeopardy began on 05/17/21 when the facility became aware that the call system was not functioning. The facility provided an acceptable plan for removal of the immediate jeopardy on 05/26/21 at 10:51 AM. The removal plan included providing a metal handheld bell to all residents cognitively and physically capable of using it, assigned staff members to continually monitor the halls for residents ringing the bells and to check on each resident at least every hour, and in-serviced all staff on the plan in place until the call system can be repaired. The survey team validated the immediate jeopardy was removed through observations, interviews, and review of inservice records. The deficiency remained at a lower scope and severity of an "F" following the removal of the Immediate jeopardy. Findings Include: On 05/24/21 at 11:14 AM, when asked about staff response to the call lights, resident (R) 42 stated the staff do not answer the call light because the call light was not working. R42 stated that when the button is pushed the light comes on but the light goes out when the button is no longer being pushed. The call light was checked by the surveyor and when pushed the light did not activate. R42's roommate's light was also

checked and did not function. R42 stated the call

light had not functioned in a long time.

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DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA COMPLETED IDENTIFICATION NUMBER: A. BUILDING C R WING 495149 05/28/2021 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION DATE SUMMARY STATEMENT OF DEFICIENCIES (X4) ID (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DEFICIENCY F 919 F 919 Continued From page 47 Review of R42's admission "Minimum Data Set (MDS)" with an Assessment Reference Date (ARD) of 04/01/21 revealed R42 had a "Brief Interview for Mental Status (BIMS)" score of 14 out of 15 Indicating he was cognitively intact. Further review of this MDS revealed R42 required supervision with bed mobility, transfers, walking, dressing, eating, toilet use, and personal hygiene. On 05/24/21 at 11:36 AM, call lights in resident rooms 1 through 43 and rooms 53 through 72 were tested with the assistance of the Director of Nursing (DON). On 05/24/21 at 12:15 PM, the call lights in rooms 44, 45, 46, 47, 48, 49, 50, and 51 were tested with the assistance of the Maintenance Supervisor (MS). The call lights did not function in 53 of 55 occupied resident rooms and had the potential to affect 70 of the facilities 74 residents. At the time the lights were tested on 05/24/21, both the DON and MS verified the lights were not functioning. On 05/24/21 at 11:39 AM, R8 stated "sometimes the call light works and sometimes it does not." R8 stated most of the time it did not work and when it did work it was so dimly lit over the door the staff could not tell it was on. On 05/24/21 at 11:39 AM, when tested by the surveyor, R8's call light would go on while the button was actively being pushed and then would immediately go off when it was not being pushed. The light over the door in the hall was very dim and it was hard to tell it was on. Review of R8's quarterly "Minimum Data Set (MDS)" with an Assessment Reference Date (ARD) of D2/18/21 revealed R8 had a "Brief

Interview for Mental Status (BIMS)" score of 15

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DEPARTMENT OF HEALTH AND HUMAN SERVICES FORM APPROVED OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING C B. WING 495149 05/28/2021 STREET ADDRESS, CITY, STATE, ZIP CODE NAME OF PROVIDER OR SUPPLIER 900 LONDON BOULEVARD PORTSMOUTH HEALTH AND REHAB PORTSMOUTH, VA 23704 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) ID (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DEFICIENCY) F 919 | Continued From page 48 F 919 out of 15 indicating she was cognitively intact. Further review of this MDS revealed R8 required extensive assistance for bed mobility, dressing, toilet use, and hygiene. R8 was dependent on a wheelchair for locomotion. On 05/24/21 at 11:53 AM, when the door to R54's room was opened to check his call light, R54 stated he had been ringing a handheld bell for an hour, and no one had come because someone closed the door, and no one could hear the bell. R54 was in bed and wanted to get up in his chair. R54 stated the staff had given him the bell that day although the call light had not worked for six weeks. Review of R54's quarterly "Minimum Data Set (MDS)" with an Assessment Reference Date (ARD) of 04/14/21 revealed a "Brief Interview for Mental Status (BIMS)" of 13 Indicating he was cognitively intact. R54 required extensive assistance for bed mobility, transfers, dressing, toilet use, and personal hygiene. R54 was dependent on a wheelchair for locomotion. R54's diagnoses on this MDS included paraplegia and pressure ulcers. While going from room to room checking the call lights on 05/24/21, the DON stated the facility had given some residents bells a couple of weeks ago because they found some rooms where the lights did not function. The DON stated she knew some of the lights dld not function but did not know it was so widespread. On 05/24/21 at 10:42 AM, R48 stated his call light did not work. R48 stated that he must wait until someone comes in before he gets help. R48 did not have a handheld bell in his room., The call

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		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE C A. BUILDING		(X3) DATE SURVEY COMPLETED	
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F 919	light for both beds time and neither of Review of R48's of (MDS) with an As (ARD) of 04/02/2 Mental Status (BI he was cognitivel MDS revealed R4 dressing, eating, R48 was not stee and required the On 05/24/21 at 1 did not work and ring. R4 stated we ever answers it."	in the room were tested at that one functioned.  quarterly "Minimum Data Set sessment Reference Date 11 revealed a "Brief Interview for MS)" of 15 out of 15 indicating y intact. Further review of this 8 required supervision with tollet use, and personal hyglene. Idy with transfers and walking use of a walker for ambulation.  1:14 AM, R4 stated his call light he was given a handheld bell to then he rings the bell "no one	F 919			
	(MDS)" with an A (ARD) of 02/12/Mental Status (B he was cognitive MDS revealed R with bed mobility personal hygientransfers; he warequired a wheel On 05/24/21 at checked and did her room and wishe stated sheel (MDS)" with an (ARD) of 04/16	Assessment Reference Date 21 revealed a "Brief Interview for IMS)" of 15 out of 15 indicating by intact. Further review of this 4 required extensive assistance of the control of the cont	ı,			

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILD	NG_	CONSTRUCTION		PLETED
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F 919	revealed R60 required bed mobility, transfand personal hygic standing and transfor mobility.  During an interview when R34 was ast was, she stated it come." When ask indicated "the peonot come." There R34's room and the Review of R34's a (MDS)" with an Ast (ARD) of 03/18/21 Mental Status (BII not cognitively intervealed R34 required mobility, transfers personal hygienes transfers and wall a mobility device.  Staff interviews relong the call lights	ired extensive assistance with fers, dressing, eating, tollet use ane. R60 was not sleady with ifers and utilized a wheelchair of one of the work of t		919			
	Nurse (LPN) 1 st not been function does about it she call cord or a har		ď				
	Assistant (CNA)	:12 PM, Certified Nursing 2 stated she knows the call light and she stated she checks on ttinuously.	s				

CENTER	S FOR MEDICARE	AND HUMAN SERVICES  & MEDICAID SERVICES		CONSTRUCTION	OMB NO	APPROVEI . 0938-039 E SURVEY		
TATEMENT ND PLAN OF	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	A. BUILDING	CONSTRUCTION	COV	PLETED		
		495149	B. WING		1	28/2021		
	ROVIDER OR SUPPLIER	REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 900 LONDON BOULEVARD PORTSMOUTH, VA 23704					
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F 919	Continued From pa	age 51	F 919					
	certain call lights d	3 PM, LPN 2 stated she knew o not work and she makes n her residents and they now						
	On 05/24/21 at 2:1 call light system have weeks.	7 PM, CNA 1 stated that the as not worked for at least eight						
	that on 05/17/21 s the call system an with non-functionin stated two of the r the other resident provided with a ha stated that since in call lights on 05/1 system had been	38 PM, the Administrator stated taff completed a 100% check of didentified seven (7) roomsing call lights. The Administrator esidents were relocated and in the affected rooms were andheld bell. The Administrator dentifying the nonfunctioning 7/21, no monitoring of the call in place and administration was tell them if the call lights were operly.						

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