PRINTED: 01/12/2022 FORM APPROVED OMB NO. 0938-0391

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 -		CONSTRUCTION	(X3) DATE COMP	SURVEY LETED
		495288	B. WING				30/2021
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311		1 Amj	00/2021
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA' DEFICIENCY)		(X5) COMPLETION DATE
F 561 SS=D	survey was conducted 12/30/2021. Correctic compliance with 42 C Term Care requirement (VA00053904: substat VA00050366: unsubstantiated with desubstantiated of 6 resides Self-Determination CFR(s): 483.10(f)(1)-(\$483.10(f) Self-determination CFR(s): 483.10(f)(1)-(\$483.10(f)(1) The resident has the upromote and facilitate through support of resubstantiated to the right (1) through (11) of this \$483.10(f)(1) The residentiates, schedules (waking times), health care services consiste assessments, and platapplicable provisions \$483.10(f)(2) The residentiated through support of the services about aspects facility that are significated through support of the services about aspects facility that are significated through support of the services of the services of the services about aspects facility that are significated through support of the services about aspects facility that are significated through support of the services about aspects facility that are significated through support of the services about aspects facility that are significated through support of the services about aspects facility that are significated through support of the services of	dicare/Medicaid abbreviated of on 12/28/2021 through ions are required for FR Part 483 Federal Long ints. Four complaints intiated with deficiency; tantiated; VA00053589: ficiency; VA00052876: ficiency) were investigated certified bed facility was 27 rey. The survey sample int reviews. (3)(8) Inination. Inight to and the facility must resident self-determination is specified in paragraphs (f) is section. Ident has a right to choose including sleeping and care and providers of health ent with his or her interests, in of care and other of this part. Ident has a right to make is of his or her life in the	F	561	This plan of correction is submitted as required under State and/or Federal Lat The submission of this Plan of Correction does not constitute an admission on the of the Community as to the accuracy of surveyors' findings or the conclusions of therefrom. Submission of this Plan of Correction also does not constitute an admission that the findings constitute a deficiency or that the scope and severit regarding the deficiency cited are correspondicies and procedures should be consubsequent remedial measures as that concept is employed in Rule 407 of the Federal Rules of Evidence, corresponding state rules of civil procedure and should inadmissible in any proceeding on that The Community submits this plan of convith the intention that it be inadmissible any third party in any civil or criminal accagainst the Community or any employe agent, officer, director, attorney, or share of the Community or affiliated companies.	on e part the drawn y ctly sidered lng d be basis. rrection by ction e, reholder	(X6) DATE

Any deficiency statement ending with an asterisk (s) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

INTERIM EXECUTIVE DIR.

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTI A. BUILDIN		(X3) DATE SURVEY COMPLETED		
		405000		. _		(
		495288	B. WING			12/:	30/2021
NAME OF PI	ROVIDER OR SUPPLIER				FREET ADDRESS, CITY, STATE, ZIP CODE		
THE FOUR	NTAINS AT WASHINGTO	N HOUSE			100 FILLMORE AVENUE		
	111110711110101	1110002		A	LEXANDRIA, VA 22311		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 561	Continued From page community activities to facility. §483.10(f)(8) The rest participate in other acreligious, and communinterfere with the right facility. This REQUIREMENT by: Based on interview, of documentation and in investigation, the facil Residents right to self Resident (#1) in a sure The findings included For Resident #1 the facil his chart prohibiting less liberal diet on holidays prohibiting alcohol on Resident #1 was admed 6/14/21, with diagnose history of stroke, park unsteady gait. Accord (Minimum Data Set) was admediated to the facility of stroke, park unsteady gait. Accord (Minimum Data Set) was admediated to the facility of stroke, park unsteady gait.	ident has a right to tivities, including social, nity activities that do not is of other residents in the is not met as evidenced elinical record review, facility the course of a complaint ity staff failed to ensure a determination for 1 vey sample of 6 Residents. Accility staff placed orders in eaving the facility, prohibiting is or celebrations, and occasions.	F 5	61		nt. ints to ately cian arding n and quired nent is sregard	
	BIMS (Brief Interview 15/15 indicating no co- listed as his own Resp On 12/29/21 a review revealed the following	of the clinical records					
	"Order Date:" " 6/14/21 - Diet Orders restrictions on special						

		IDENTIFICATION NUMBER		2) MULTIPLE CONSTRUCTION BUILDING			(X3) DATE SURVEY COMPLETED	
		405200	B. WING				c	
		495288	D. WING_			12/	30/2021	
NAME OF P	ROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE			
THE FOU	NTAINS AT WASHINGTO	N HOUSE			5100 FILLMORE AVENUE			
				,	ALEXANDRIA, VA 22311			
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	x	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE	
F 561	"Alcohol - No alcohol "No leave of absence with meds" On 12/29/21 at 4:45 conducted with the Di why these orders wer The DON stated "The A review of the leave that Residents can go policy states leaves of documented and doe leave of absence. On 12/30/29 at appro was interviewed. The have figured out why way. She showed a admission orders trand duty the day of admis checked the boxes fo visits as NO leave of Party and No leave of She also checked the special occasion and special occasions as When the DON was a	on special occasions." visits with responsible party PM an interview was ON who was asked about e entered for this Resident. se are standing orders." of absence policy revealed on leave of absence the f absence must be s not address Prohibiting a ximately 10:30 AM the DON e DON stated she might the orders were written that copy of the handwritten scribed by the nurse on sion. The admitting nurse r LOA (leave of absence) absence with Responsible f absence with medications. boxes for alcohol on omit dietary restrictions on	F	561		rders. 2022.		
	they were standing or the charts and found a some of them don't the admitting nurse who of the doctor." The doct When asked if there w	ders and I looked through some of them have this and en I realized this is the checked these boxes, not or signed them on 6/15/21. Were any notes as to why the allowed to leave the						

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	PLE CONSTRUCTION	(X3) DATE S COMPL	
		495288	B. WING_		12/3	30/2021
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	1	
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)	BE	(X5) COMPLETION DATE
F 561 F 623 SS=D	A review of the progres reason why the physicabsence from facility. to interviewed as he was a concerns and no furth Notice Requirements CFR(s): 483.15(c)(3)—§483.15(c)(3) Notice to Before a facility transform resident, the facility most in Notify the resident representative(s) of the reasons for the most language and manner facility must send a corepresentative of the Cong-Term Care Ombolii Record the reason discharge in the residence of t	ess notes did not reveal any cian would order no leave of The physician was unable was on vacation. The physician was unable was on vacation. The end of day meeting, the was made aware of the vas provided Before Transfer/Discharge (6)(8) Defore transfer. The vast of discharges a made the resident's are transfer or discharge and ove in writing and in a rethey understand. The popy of the notice to a Diffice of the State pudsman. The state pudsman is for the transfer or dent's medical record in graph (c)(2) of this section; the transfer or determined the notice. If in paragraphs (c)(4)(ii) and the notice of transfer or der this section must be a least 30 days before the	F 5	61	dent. ce sfers. h IDT. party data. mented	
	before transfer or disc (A) The safety of indiv	de as soon as practicable				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(>	(X3) DATE SURVEY COMPLETED	
						С	
		495288	B. WING			12/30/20)21
	ROVIDER OR SUPPLIER NTAINS AT WASHINGTO	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311			
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F 623	be endangered, under this section; (C) The resident's hear allow a more immediate under paragraph (c)(1) (D) An immediate transparagraph (c)(1) (E) A resident has not days. §483.15(c)(5) Content notice specified in paramust include the follow (i) The reason for transparagraph (c)(ii) The effective date (iii) The location to what transferred or discharge (iv) A statement of the including the name, and telephone number receives such request to obtain an appeal for completing the form a hearing request; (v) The name, address telephone number of the Long-Term Care Ombo (vi) For nursing facility and developmental disabilities, the mailing telephone number of the protection and addevelopmental disability C of the Development	viduals in the facility would r paragraph (c)(1)(i)(D) of alth improves sufficiently to ate transfer or discharge,)(i)(B) of this section; asfer or discharge is ant's urgent medical needs,)(i)(A) of this section; or a resided in the facility for 30 at soft the notice. The written agraph (c)(3) of this section wing: a resident is ged; a resident's appeal rights, address (mailing and email), and the entity which as; and information on how arm and assistance in and submitting the appeal and the Office of the State address with intellectual	F	623			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '		CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		495288	B. WING				30/2021
	ROVIDER OR SUPPLIER	N HOUSE		51	TREET ADDRESS, CITY, STATE, ZIP CODE 100 FILLMORE AVENUE LEXANDRIA, VA 22311	12.	VOI MOLE I
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 623	disorder or related disemail address and tel agency responsible for advocacy of individual established under the for Mentally III Individual established under the effecting the transfer of the update the recipias practicable once the becomes available. §483.15(c)(8) Notice in the case of facility of the administrator of the written notification prieto the State Survey Agranged Estate Long-Term Care the facility, and the rewell as the plan for the relocation of the residual 483.70(I). This REQUIREMENT by: Based on interview, of facility documentation appropriately notify be (#1) in a survey samp The findings include: For Resident #1 the favorginia State office of	abilities, the mailing and sephone number of the protection and als with a mental disorder at Protection and Advocacy uals Act. The set to the notice. The notice changes prior to provide the protection and Advocacy uals Act. The notice changes prior to provide the notice as soon the updated information The updated information The facility must provide the individual who is the facility must provide for to the impending closure gency, the Office of the the Ombudsman, residents of sident representatives, as the transfer and adequate tents, as required at § The is not met as evidenced the facility staff failed to before transfer for 1 Resident to the of 6 Residents.	F	623			

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		1 ' '		DNSTRUCTION	(X3) DATE SURVEY COMPLETED		
		495288	B. WING _				30/2021
NAME OF PI	ROVIDER OR SUPPLIER		<u> </u>	STR	EET ADDRESS, CITY, STATE, ZIP CODE		50/2021
THE FOLIA	NTAINS AT WASHINGTO	N HOUSE		5100	FILLMORE AVENUE		
11121 001	TIAMOAT TAOMINGTO			ALE	XANDRIA, VA 22311		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	iD PREFI) TAG	(PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 623	Continued From page	9 6	F 6	523			
	family notified the faci	uitted on 6/14/21 and the ility of their plans to take the acility closer to them in					
	patient's paperwork be potential transfer which from that ALF was explained and for proceed. On Thursday spoke with the IDT and indicated that they we get patient. It was clewere hoping to hear findischarge process will patient. No feedback facility and today family patient. Cons of such family insisted that the	ramily had requested that e sent to an ALF for th was sent. Response pected to state if resident r the discharge process to ay the family called and during that meeting family are coming in on Saturday to early told to family that, we rom ALF and then our I commence to discharge was received from the ily was here to pick up a decisions discussed but ey will take patient no matter was therefor discharge					
	interview with the curr conducted and she st	er practice that Ombudsman					
	the facility at the time	orker was not employed by of Resident #1's discharge attempted to locate the ion without success.					
		of the notification in the ep records of the monthly					

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '		NSTRUCTION	(X3) DATE COMP	SURVEY LETED
		495288	B. WING		-		30/2021
	ROVIDER OR SUPPLIER	N HOUSE		5100	ET ADDRESS, CITY, STATE, ZIP CODE FILLMORE AVENUE KANDRIA, VA 22311		
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F 623	Continued From page	97	F	523			
		ne end of day meeting the was made aware of the ner information was					
F 641 SS=D	Accuracy of Assessm CFR(s): 483.20(g) §483.20(g) Accuracy The assessment must resident's status. This REQUIREMENT by: Based on staff intervively, the facility state (Resident # 3) to main accurate clinical recorresidents. 1. For Resident # 3, r for oxygen were listed in the Minimum Data clinical record for Resident # 3, was 11/23/2021. Diagnos limited to: congestive and atrial fibrillation. Resident #3's most reset) with an ARD (asset) with an ARD (asset) with an ARD (asset) with an ARD (asset) assessment. Resident R	of Assessments. It accurately reflect the is not met as evidenced liew and clinical record If failed for one resident Intain a complete and If in the survey sample of 6 If o documentation of orders If on the Physicians orders or If set assessment in the If indicative of no If a documentation of orders If on the Physicians orders or If in the survey sample of 6 If o documentation of orders If on the Physicians orders or If on t	F	541	 Resident #3 is no longer a resident #3 is no longer a resident #3 is no longer a resident physician orders are in place. Educate nurses and MDS cooregarding oxygen policies and the oxygen use by resident must include supporting physician orders. Ensure oxygen administration documented in resident care plan MDS assessments. Ensure oxygen orders include froute and flow are in agreement to physician orders. Date of Compliance February in the property in the pr	idents ting dinator at any ude will be and requency	

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		1`'	TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED		
		495288	B. WING_			C 12/30/202 1	
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311		12/00/2021	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG	PROVIDER'S PLAN OF K (EACH CORRECTIVE AC CROSS-REFERENCED TO DEFICIEN	TION SHOULD B		
F 641	Resident # 3 was also to total assistance of activities of daily living. The clinical record was and 12/29/2021. Clinical Notes showed 11/23/2021 18:02 - Ty Note Text:(identifyin redacted). Alert and or No edema to all extre to all quadrants, abdo non-distended. All medical doctor). Adm Pulmonary HTN (Hyp Fibrillation). Oxygen at 1L/min via 94%, no respiratory dineeds known." 12/3/2021 20:31 (8:3 N Adv - Skilled Evalua Vitals: Temperature:T (12:37 a.m.) Route:For Pulse:P 87 - 12/4/202 Type: Regular Regular Blood Pressure:BP 18 (12:37 a.m.) Position: Respirations:R 18 - 1: a.m.) Pulse Oximetry:O2 96 a.m.) Method: Oxygen Review of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulassessment with an Alert was a simulation of the Minimulasses was a si	o coded as requiring limited one staff person to perform g. Its reviewed on 12/28/2021 If the following: pe: Admission Summary g information riented x 3. Denies any pain. mities. Bowel sounds active men soft and edications cleared by MD hitting Diagnosis include: ertension), A-Fib (Atrial masal cannula, SPO2 stress. Able to make all 1 p.m.) tionV6.3 97.8 -12/4/2021 00:37 orehead (non-contact) 1 00:37 (12:37 a.m.) Pulse or Normal 54/54 -12/4/2021 00:37 (12:37 a.m.) ertension of the product of	F	541			
	Vitals: Temperature:T (12:37 a.m.) Route:For Pulse:P 87 - 12/4/202 Type: Regular Regular Blood Pressure:BP 18 (12:37 a.m.) Position: Respirations:R 18 - 13 a.m.) Pulse Oximetry:O2 96 a.m.) Method: Oxyger Review of the Minimulassessment with an A	97.8 -12/4/2021 00:37 orehead (non-contact) 1 00:37 (12:37 a.m.) Pulse or Normal 64/54 -12/4/2021 00:37 Sitting r/arm (right arm) 2/4/2021 00:37 (12:37 a via Nasal Cannula" m Data Set (MDS) .RD of 11/28/2021 under no coding of the need for					

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTII A. BUILDIN	PLE CONSTRUCTION G	(X3) DATE SURVEY COMPLETED		
		40-000		·	С		
		495288	B. WING _		12/30/20	021	
NAME OF PI	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE			
THE FOUR	NTAINS AT WASHINGTO	N HOUSE		5100 FILLMORE AVENUE			
				ALEXANDRIA, VA 22311			
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F 641	Continued From page	9	F 64	41			
		IDS Coordinator the MDS a assessments should have on the assessments.					
	Director of Nursing wa the MDS should have	proximately 10:00 a.m., the as interviewed, and stated coded the need for oxygen as supposed to have an					
	with the Administrative Director of Nursing (D Director of Nursing (A	30 a.m. during a debriefing e Staff, the Administrator, (ON) and the Assistant DON), the Social Services Records Assistant were g coding of oxygen.					
	should be accurate fo Director of Nursing sta an order for oxygen, t	ated there should have been he need for oxygen should e care plan and should have					
	No further information facility.	was provided by the					
F 656 SS=D	CFR(s): 483.21(b)(1)	omprehensive Care Plan	F 6	56			
	implement a compreh care plan for each res	ensive Care Plans cility must develop and ensive person-centered cident, consistent with the th at §483.10(c)(2) and					

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '		CONSTRUCTION	(X3) DATE	SURVEY
			A. BUILDIN	NG _	· 	1	
		495288	B. WING _		. State		C 30/2021
NAME OF PI	ROVIDER OR SUPPLIER		1	S	TREET ADDRESS, CITY, STATE, ZIP CODE		
				51	100 FILLMORE AVENUE		
THE FOUR	NTAINS AT WASHINGTOI	N HOUSE		Α	LEXANDRIA, VA 22311		
	CHIMADY CT	ATEMATOR DEPLOYED OF O			1		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	(PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 656	Continued From page	∍ 1 0	F6	556		;	
	§483.10(c)(3), that inc	cludes measurable					
	objectives and timeframes to meet a resident's				F 656 Develop/Implement Comprehe	evisive	
		mental and psychosocial			Care Plan		
		ied in the comprehensive			1. Resident #3 is no longer a resider	st.	
		nprehensive care plan must			717 (delistant no to the following)	***	
	describe the following				2. Perform audit of all current reside	nts	
	(i) The services that a	re to be furnished to attain			to ensure oxygen use is accurately r	oted	
	or maintain the reside	ent's highest practicable			in resident care plan.	ļ	
	physical, mental, and	psychosocial well-being as			3. Educate nurses, MDS coordinator	· and	
	required under §483.2	24, §483.25 or §483.40; and			Social Services regarding policies of		
	(ii) Any services that v	would otherwise be required			therapy to		
		25 or §483.40 but are not			ensure that oxygen use is included in	1	
	•	esident's exercise of rights			resident care plan.		
		ling the right to refuse			4 [. .	
	treatment under §483				 Ensure oxygen administration will documented in resident care plan ar 	pe i	
	(iii) Any specialized se				MDS assessments.	u	
		the nursing facility will			74200 00 0000000000000000000000000000000		
	provide as a result of				5.Ensure oxygen orders include freq		
;		a facility disagrees with the			route and flow are in agreement with	,	
	_	RR, it must indicate its		Ì	physician orders.	i	
	rationale in the reside				6. Date of Compliance February 1, 2	n22	
	(iv)In consultation with				o. Date of Compnance February 1, 2	VLL.	
	resident's representat			İ			
	(A) The resident's goa	als for admission and					
	desired outcomes.	foregree and make attal for					
		ference and potential for					
	future discharge. Faci	desire to return to the					
		s desire to return to the ssed and any referrals to	ļ				
		s and/or other appropriate					
	entities, for this purpo		į				
		n the comprehensive care					
		in accordance with the					
		in accordance with the					
	section.	in paragraph (o) or the					
		is not met as evidenced					
	by:						
	•	iew, facility document					
		cord review, the facility					

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
							С
		495288	B. WING			12/	30/2021
	ROVIDER OR SUPPLIER NTAINS AT WASHINGTO	N HOUSE		,	STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311		
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F 656		mprehensive care plan for	F	656			·
	6 residents.	nt # 3) in a survey sample of					
	The findings included						
!		the care plan revealed no concern or need for oxygen.					
	11/23/2021. Diagnos	dmitted to the facility on es included but were not heart failure, hypertension,					
	set) with an ARD (ass 11/28/2021 was coded assessment. Resider a BIMS (brief interview "15" out of a possible cognitive impairment of Resident # 3 was also	or cognitively intact. o coded as requiring limited					
	to total assistance of activities of daily living	one staff person to perform g.					
	The clinical record wa and 12/29/2021.	s reviewed on 12/28/2021					
	The review showed the Progress Notes that reuse oxygen during the	evealed Resident # 3 did					
	Note Text:(identifyin redacted).Alert and or No edema to all extret to all quadrants, abdo non-distended. All me	iented x 3. Denies any pain. mities. Bowel sounds active					

AND PLAN OF CORRECTION I DENTIFICATION NUMBER:		1''		CONSTRUCTION	(X3) DATE SURVEY COMPLETED		
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		495288	B. WING	B. WING		12/30/2021	
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			Δ	ALEXANDRIA, VA 22311			
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F 656	Continued From page	e 12	F	556			
	Pulmonary HTN (Hyp Fibrillation).	ertension), A-Fib (Atrial					
		nasal cannula, SPO2 stress. Able to make all					
	12/3/2021 20:31 (8:3 N Adv -Skilled Evalua	tionV6.3					
	(12:37 a.m.) Route:Fo	97.8 -12/4/2021 00:37 prehead (non-contact) 1 00:37 (12:37 a.m.) Pulse					
		54/54 -12/4/2021 00:37					
	Respirations:R 18 - 12	Sitting r/arm (right arm) 2/4/2021 00:37 (12:37					
	a.m.) Pulse Ovimetry: 02 96	3 % -12/4/2021 00:37 (12:37					
		n via Nasal Cannula"					
		5 p.m., an interview was					
		ocial Services Director who					
		he oxygen equipment in vhen she visited Resident #					
		e everything was ready for					
		sted Living Facility of choice.					
	conducted with the As	00 a.m., an interview was sistant Director of Nursing esident # 3 had oxygen					
	equipment in the room	n and had an order for					
		RN (as needed). The ADON					
	was ordered so it coul	id not use the oxygen but it ld be available for use					
	whenever it was need						
	Director of Nursing wa the MDS should have	roximately 10:00 a.m., the as interviewed, and stated documentation of the need dent # 3 was supposed to					

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	PLE CONSTRUCTION G	(X3) DATE SURVEY COMPLETED	
		495288	B. WING _		C 12/30/2021	
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	12/00/2021	
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F 656	have an order for oxyder However, review of the documentation of the On 12/30/2021 at 10:3 with the Administrative Director of Nursing (Director of Nursing (ADirector, and MDS Cothat the care plan did oxygen. The Director of Nursing should have reflected have been comprehenced oxygen. The Director should have been an		F 6	56		
F 658 SS=D	CFR(s): 483.21(b)(3)(§483.21(b)(3) Compre The services provided as outlined by the commust- (i) Meet professional s This REQUIREMENT by:	ENCY net Professional Standards i) chensive Care Plans I or arranged by the facility, nprehensive care plan,	F 6:	58		

	l c	
495288 B. WING	C 12/30/2021	
NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE		
THE FOUNTAINS AT WASHINGTON HOUSE 5100 FILLMORE AVENUE		
ALEXANDRIA, VA 22311		
(X4) ID SUMMARY STATEMENT OF DEFICIENCIES ID PROVIDER'S PLAN OF CORRECTION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	BE COMPLÉTION	
Continued From page 14 documentation review, and clinical record review, the facility staff failed to follow the professional standards of nursing practice for medication and treatment administration for three Residents (Residents' #3, #1, and #4) in the survey sample of 6 Residents. The findings include: 1. For Resident #3, the facility staff failed to obtain a physician's order for oxygen prior to administration of oxygen. Resident #3, was readmitted to the facility on 11/23/2021. Diagnoses included but were not limited to: congestive heart failure, hypertension, and atrial fibrillation. Resident #3's most recent MDS (minimum data set) with an ARD (assessment reference date) of 11/28/2021 was coded as a 5 Day Medicare assessment. Resident #3 was coded as having a BIMS (brief interview of mental status) score of "15" out of a possible 15, indicative of no cognitive impairment or cognitively intact. Resident #3 was also coded as requiring limited to total assistance of one staff person to perform activities of daily living. Review of the Chinical record was conducted on 12/28/2021 and 12/29/2021. Review of the Physicians orders revealed no valid physician's orders for oxygen until a handwritten hard script on 12/8/2021. On 12/28/2021 at 4:15 p.m., an interview was conducted with the Social Services Director who stated she observed the oxygen equipment in	er nts orting of be nd	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION IDENTIFICATION NUMBER: A. BUILDING			(X3) DATE SURVEY COMPLETED		
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F 658	Continued From page	∍ 15	F (658			
	Resident # 3's room.						
	conducted with the As (ADON) who stated Requipment in the room oxygen to be used PF stated Resident # 3 d was ordered so it could whenever it was need On 12/29/2021 at apprinterview was conduct Nursing (DON) who seed Resident # 3 had an off administration of ox DON stated Resident The Assistant Director # 3 did not use the ox	proximately 11:10 a.m., an steed with the Director of		Top of the state of the			
	oxygen. Review of the Nurses Resident # 3 had oxyg twice during the stay a notes on 11/23/2021 (12/3/2021 when oxyg Review of the Facility Therapy Rev. 11/18/ A. Policy Statement: It is the policy of the facility) to provide who has insufficient o B. Procedure:	Progress Notes revealed gen administered at least at the facility. There were (the day of admission) and len was administered. document on Oxygen 15 revealed: (Corporate name of a resident with the oxygen oxygen carried by the blood.					

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	DULTIPLE CONSTRUCTION LDING			(X3) DATE SURVEY COMPLETED	
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F 658	III. Assemble equipmed On 12/30/2021 at 10:: with the Administrative Director of Nursing (Director of Nursing (ADirector, and MDS Cothat there were no nor DON, ADON, Social SCoordinator stated the Resident # 3's room bused. The Director of Nursing was for staff to obtain administer the oxygen to document oxygen administered, immediated administration. A thorough review of after readmission on evidence that an order until the nurse practition 12/8/2021. Review of the copy of order for oxygen written which stated: 2 L (liters) oxygen NC sats (saturation levels a zero was written. The order as written with the state oxygen Review of the Nurses Resident # 3 had used.	ent needed. 30 a.m. during a debriefing e Staff, the Administrator, (ON) and the Assistant (DON), Social Services pordinator were informed ted orders for oxygen. The Services Director, and MDS ey saw oxygen equipment in out that the oxygen was not orders for oxygen, a per physician's orders and as having been ately following Resident #3's clinical record 11/23/2021, revealed no refor oxygen was written oner wrote an order on a handwritten hard script de 12/8/2021 revealed and en by the Nurse Practitioner (nasal cannula) to keep (a) above 92%." Under refills, was incomplete. It did not en was to be administered. Progress Notes revealed do oxygen via nasal cannula	F	658				
		ording to the notes. On						

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULT A. BUILDII	IPLE CONSTRUCTION NG		(X3) DATE SURVEY COMPLETED			
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F 658	11/23/2021 the day of documentation of 1 lit cannula and on 12/3/2 about oxygen being a cannula but no docum oxygen administered. On 12/29/2021 at app Director of Nursing sta guidance used by the According to Lippincoth responsible for directin Nurses follow physicia believe the orders are On 12/30/2021 at 10:3 with the Administrative Director of Nursing (Director of Nursing (ADirector and Medical made aware of the fin oxygen administration written as an incomplete The Director of Nursing to the physicians to we to follow the orders of of Nursing stated Res	f admission) there was er per minute via nasal 2021, there were notes dministered via nasal mentation of the amount of proximately 11:50 a.m., the ated the professional facility was Lippincott. It, "Fundamentals of ", stated "The physician is ng medical treatment. ans' orders unless they in error or harm clients." 30 a.m. during a debriefing a Staff, the Administrator, DON) and the Assistant DON), the Social Services Records Assistant were dings of no orders for in until 12/8/2021 which was ate order for oxygen. Ing stated there should have gen. The expectation was write orders and the nurses of the physician. The Director ident # 3 had oxygen in the vas supposed to be an eeded. It was provided.	F	958				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTIFICATION NUMBER		IPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
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F 658	Continued From pag	e 18	F 6	558			
	same day (6/15/21) at to be filled in by staff On 12/29/21 while re #1 the hard chart (Pato contain 2 forms not by the physician. On 6/15/21 was entitled Certification" the oth 6/15/21 was entitled Recertification of Cor Both forms were total signature and date or On 12/29/21 an intermided MDS Coordinator who photocopies, the phyphotocopies in the chart he puts to the stated that the din the chart he puts to them. She is quoted lot of blank forms the they are setting up the Several attempts were physician by the ADC however the physician vacation and unable "Principles of medica" "Principles of medica" "Principles of medica" in the staff of the staff of the puts to the physician by the ADC however the physician by the ADC however the physician by the ADC however the physician and unable "Principles of medica" "Prin	on and Recertification on the and left the forms in the chart of the chart of Resident aper based chart) was found of filled out however signed are form signed and dated "Skilled Nursing Medicare are form signed and dated "Skilled Nursing Medicare are form signed and dated "Skilled Nursing Medicare and the continued Stay - 14 Days." It be physician. View was conducted with the contact that the forms were sicians leave the filled out. When practice for the physician coctor leaves the photocopies are date on them and signs as saying "Yes there are any put one in each chart when the charts for admissions." The made to contact the DN and the Surveyors are in question was on to be reached. In.org/about/publications-new ass-medical-ethics		F 658 Services Provided meet I Standards 1. Resident #1 is no longer a re 2. Educate associates that Phys pre-signed certification and rece forms are never to be accepted member for use in resident care 3. Educate physicians providing that pre-signed blank certifications/re-certifications will acceptable practice. 4. Date of Compliance February	ident. ician rtification by any staff services not be		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULT A. BUILDIN	IPLE CONSTRUCTION NG	(X3) DATE SURVEY COMPLETED			
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F 658	professionalism, be h interactions, and striv deficient in character in fraud or deception, On 12/29/21 during the	onest in all professional e to report physicians or competence, or engaging to appropriate entities. he end of day meeting the was made aware and no	Fε	558			
	administration time of 12/07/2021. On 12/30/2021 at approprietor of Nursing was about the expectation administration, the DO should be given with after the scheduled at On 12/30/2021, the factor of Resident #5's Med Report for December were 12 medications administered at 9:00 report, the medication 11:46 A.M. On 12/07/medications schedule A.M. According to the medications were addresson for the late addocumented on Reside Administration Record	hours after the ordered in 12/02/2021 and a 12/02/2021 and broximately 9:40 A.M., the as interviewed. When asked if for timely medication DN stated that medications one hour before to one hour dministration time. acility staff provided a copy ication Administration Audit 2021. On 12/02/2021, there is scheduled to be A.M. According to the audit as were administered at 2021, there were 12 and to be administered at 9:00 and audit report, the ministered at 11:19 A.M. A ministration was not then #5's Medication					

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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F 658	medication administration rurse's note dated 12 documented, "Mood is behaviors witnessed. Resident is coherent. note dated 12/07/202 "Mood is pleasant, now witnessed. Resident is was reviewed. There care that Resident #5 or treatments. On 12/30/2021, the fact of their policy entitled In Section X, an exceed Time - Medication on early as 8A and as lated According to Lippinco Edition, 2016, under the Administration Practic documented, "To provide to prevent medication administration: identificated the right medication administration administration redication administration administration redication administration redication administration redication administration redication administration redication administration registration registration administration registration administration registration registration registration administration registration registration registration administration registration	ewed. There was no ssing the cause for the late ations. An excerpt of a 1/02/2021 at 6:06 P.M. Is pleasant, no unwanted at 2:06 P.M. documented, a unwanted behaviors is coherent." The care plan was no evidence on the refused care, medications, and it was no evidence on the refused care, medications, and it was no evidence on the refused care, medications, and it was no evidence on the refused care, medications, and it was no evidence on the refused care, medications, and it was not a culture of safety and the prescribed for 9A can be given as the as 10A." It was note a culture of safety and the refused care of medication was note a culture of safety and the right patient by using the right patient by the right time; and attion by the right route.	F	654	F 658 Services Provided meet Professional Standards 1. Resident #5 is no longer a reside 2. Medication Administration is to be performed in accordance with accepted professional standards. 3. Educate nurses on the important maintaining professional standards medication administration and of adhering to WRC-SNF-P098 Medic Pass Policy. 4. Nurses will document in resident record any delay and reason for del of medication administration. 5. Date of Compliance is February 1.	e of of ation	

OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	. ,			(X3) DATE SURVEY COMPLETED	
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Continued From page	2 21	F	658			
administrator and DO By approximately 1:3 Nursing indicated the information or docum-Discharge Planning F CFR(s): 483.21(c)(1) (s) §483.21(c)(1) Dischar The facility must develeffective discharge plant on the resident's disclored of residents to be actionated transition them to postereduction of factors learned missions. The factor process must be consights set forth at 483 (i) Ensure that the distresident are identified development of a discresident. (ii) Include regular residentify changes that	N were notified of findings. O P.M., the Director of re was no further entation to submit. Process ii)-(ix) rge Planning Process elop and implement an anning process that focuses harge goals, the preparation ve partners and effectively t-discharge care, and the ading to preventable cility's discharge planning sistent with the discharge t-15(b) as applicable and- charge needs of each and result in the charge plan for each evaluation of residents to require modification of the	F	660	Perform audit of all current resider utilizing oxygen and ensure supporting physician orders exist. Reducate Nurses, MDS Coordinator Social Services on policies relating to the Discharge Planning process to endischarge information is disseminated an accurate and timely fashion for call and for residents/responsible party. Review discharge planning with ID audit 3 sessions to ensure discharge planning communication is occurring. Update resident or responsible parting discharge process and data.	r and on the sure of the sure	
updated, as needed, (iii) Involve the interdi- by §483.21(b)(2)(ii), ir developing the discha (iv) Consider caregive and the resident's or operson(s) capacity an required care, as part discharge needs. (v) Involve the resider representative in the o	to reflect these changes. sciplinary team, as defined in the ongoing process of arge plan. or/support person availability caregiver's/support d capability to perform of the identification of and resident development of the		The state of the s	resident record per policy by audits o discharges for record completions.	f 10	
	ROVIDER OR SUPPLIER NTAINS AT WASHINGTO SUMMARY ST. (EACH DEFICIENC. REGULATORY OR I Continued From page On 12/30/2021 at appadministrator and DO By approximately 1:30 Nursing indicated the information or docum. Discharge Planning F CFR(s): 483.21(c)(1)(§483.21(c)(1) Dischart The facility must devereffective discharge planter on the resident's disconsition of factors lereadmissions. The factor of residents to be actitated transition them to postereduction of factors lereadmissions. The factor of factors lereadmissions and factor of factors lereadmissions. The factor of factors lerea	A95288 ROVIDER OR SUPPLIER NTAINS AT WASHINGTON HOUSE SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) Continued From page 21 On 12/30/2021 at approximately 12:30 P.M., the administrator and DON were notified of findings. By approximately 1:30 P.M., the Director of Nursing indicated there was no further information or documentation to submit. Discharge Planning Process CFR(s): 483.21(c)(1)(i)-(ix) §483.21(c)(1) Discharge Planning Process The facility must develop and implement an effective discharge planning process that focuses on the resident's discharge goals, the preparation of residents to be active partners and effectively transition them to post-discharge care, and the reduction of factors leading to preventable readmissions. The facility's discharge planning process must be consistent with the discharge rights set forth at 483.15(b) as applicable and-(i) Ensure that the discharge needs of each resident are identified and result in the development of a discharge plan for each resident. (ii) Include regular re-evaluation of residents to identify changes that require modification of the discharge plan. The discharge plan must be updated, as needed, to reflect these changes. (iii) Involve the interdisciplinary team, as defined by §483.21(b)(2)(ii), in the ongoing process of developing the discharge plan. (iv) Consider caregiver/support person availability and the resident's or caregiver's/support person(s) capacity and capability to perform required care, as part of the identification of	ROVIDER OR SUPPLIER NTAINS AT WASHINGTON HOUSE SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) Continued From page 21 Con 12/30/2021 at approximately 12:30 P.M., the administrator and DON were notified of findings. By approximately 1:30 P.M., the Director of Nursing indicated there was no further information or documentation to submit. Discharge Planning Process CFR(s): 483.21(c)(1)(i)-(ix) §483.21(c)(1) Discharge Planning Process The facility must develop and implement an effective discharge planning process that focuses on the resident's discharge goals, the preparation of residents to be active partners and effectively transition them to post-discharge care, and the reduction of factors leading to preventable readmissions. The facility's discharge planning process must be consistent with the discharge rights set forth at 483.15(b) as applicable and-(i) Ensure that the discharge needs of each resident are identified and result in the development of a discharge plan for each resident. (ii) Include regular re-evaluation of residents to identify changes that require modification of the discharge plan. The discharge plan must be updated, as needed, to reflect these changes. (iii) Involve the interdisciplinary team, as defined by \$483.21(b)(2)(ii), in the ongoing process of developing the discharge plan. (iv) Consider caregiver/support person availability and the resident's or caregiver's/support person(s) capacity and capability to perform required care, as part of the identification of discharge needs. (v) Involve the resident and resident representative in the development of the	ROVIDER OR SUPPLIER **NTAINS AT WASHINGTON HOUSE** **SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) **CONTINUED FROM THE PROBLEM OF THE PROBLEM OF THE PREFIX TAG* **CONTINUED FROM THE PROBLEM OF THE PROBLEM OF THE PREFIX TAG* **CONTINUED FROM THE PROBLEM OF THE PROBLEM OF THE PREFIX TAG* **CONTINUED FROM THE PROBLEM OF THE PROBLEM	ROVIDER OR SUPPLIER NTAINS AT WASHINGTON HOUSE SUMMARY STYLEMENT OF DEPICIENCIES (EACH DEPICIENCY MUST BE PRECEDED BY PILL REGULATORY OR LSC BENTIFYMS INFORMATION) Continued From page 21 Continued From page 21 F 658 Continued From page 21 Continued From page 21 F 658 F 660 Continued From page 21 F 658 F 660 F 660 Discharge Planning Process CFR(s): 483.21(c)(1)(i)-(ix) S483.21(c)(1) Discharge Planning Process The facility must develop and implement an effective discharge planning process that focuses on the resident's discharge planning process and the reduction of factors leading to preventable readmissions. The facility's discharge planning process must be consistent with the discharge readmisping process of development of a discharge planning communication is discharge planning communication is discharge planning communication is occurring planning communication is accurated and resident readmisping process of development of the identification of discharge planning process of development of the identification of discharge needs. (v) Involve the re	A BUILDING COME 495288 B. WING STREET ADDRESS, CITY, STATE, ZIP CODE \$TREAT ADDRESS, CITY, ST

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CALIDAR AT WASHINGTON HOUSE CALIDAR STATEMENT OF DEPICIENCIES PROVIDER'S PLAN OF CORRECTION SHOULD BE (EACH DEPICIENCY MUST BE PRECEDED BY FULL REGULATION ON LSG IDENTIFYING INFORMATION) PREETX TAG PROVIDER'S PLAN OF CORRECTION SHOULD BE (EACH DEPICIENCY) PREETX TAG PROVIDER'S PLAN OF CORRECTION SHOULD BE (EACH DEPICIENCY) PREETX TAG PROVIDER'S PLAN OF CORRECTION SHOULD BE (EACH DEPICE ACTION SHOULD BE (E	NAME OF PI	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE			
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PREFIX TAG REGULATORY OR LSC IDENTIFYING INFORMATION) F 660 Continued From page 22 resident representative of the final plan. (v) Address the resident's goals of care and treatment preferences. (vi) Document that a resident has been asked about their interest in receiving information regarding returning to the community. (A) If the resident indicates an interest in returning to the community, the facility must document any referrals to local contact agencies or other appropriate entities made for this purpose. (B) Facilities must podate a resident's comprehensive care plan and discharge plan, as appropriate, in response to information received from referrals to local colact cagencies or other appropriate entities. (C) If discharge to the community is determined to not be feasible, the facility must document who made the determination and why. (viii) For residents who are transferred to another SNF or who are discharged to a HHA, IRF, or LTCH, assist residents and their resident representatives in selecting a post-acute care provider by using data that includes, but is not limited to SNF, HHA, IRF, or LTCH standardized patient assessment date, data on qualify measures, and data on resource use to the extent the data is available. The facility must ensure that the post-acute care standardized patient assessment date, data on qualify measures, and data on resource use is relevant and applicable to the resident's goals of care and treatment preferences. (ix) Document, complete on a timely basis based on the resident's needs, and include in the clinical record, the evaluation must be discussed with the resident or	THE FOUR	TIAINS AT WASHINGTOR	HOUSE		ALEXANDRIA, VA 22311			
resident representative of the final plan. (vi) Address the resident's goals of care and treatment preferences. (vii) Document that a resident has been asked about their interest in receiving information regarding returning to the community. (A) if the resident indicates an interest in returning to the community, the facility must document any referrals to local contact agencies or other appropriate entities made for this purpose. (B) Facilities must update a resident's comprehensive care plan and discharge plan, as appropriate, in response to information received from referrals to local contact agencies or other appropriate entities. (C) If discharge to the community is determined to not be feasible, the facility must document who made the determination and why. (viii) For residents who are transferred to another SNF or who are discharged to a HHA, IRF, or LTCH, assist residents and their resident representatives in selecting a post-acute care provider by using data that includes, but is not limited to SNF, HHA, IRF, or LTCH standardized patient assessment data, data on quality measures, and data on resource use to the extent the data is available. The facility must ensure that the post-acute care standardized patient assessment data, data on quality measures, and data on resource use is relevant and applicable to the resident's goals of care and treatment preferences. (ix) Document, complete on a timely basis based on the resident's needs, and include in the clinical record, the evaluation of the resident's discharge needs and discharge plan. The resident of the resident of the resident of the resident's needs, and include in the clinical record, the evaluation must be discussed with the resident of the resident of the resident's needs, and include in the clinical record, the evaluation must be discussed with the resident of the resident of the residen	PREFIX	(EACH DEFICIENC)	MUST BE PRECEDED BY FULL	PREFIX	(EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AF	HOULD BE	COMPLETION	
	F 660	resident representative (vi) Address the resident treatment preferences (vii) Document that a sabout their interest in regarding returning to (A) If the resident indiction to the community, the referrals to local conta appropriate entities m (B) Facilities must upon comprehensive care propriate, in respon from referrals to local appropriate, in respon from referrals to local appropriate entities. (C) If discharge to the to not be feasible, the made the determination (viii) For residents who SNF or who are dischalf. TCH, assist residents representatives in seleprovider by using data limited to SNF, HHA, I patient assessment data on the data is available. If the post-acute care stated assessment data, data data on resource use if the resident's goals of preferences. (ix) Document, completion the resident's need record, the evaluation needs and discharge pevaluation must be discovered.	e of the final plan. ent's goals of care and cresident has been asked receiving information the community. cates an interest in returning facility must document any not agencies or other lade for this purpose. Itate a resident's lan and discharge plan, as se to information received contact agencies or other community is determined facility must document who on and why. or are transferred to another larged to a HHA, IRF, or or and their resident lecting a post-acute care that includes, but is not RF, or LTCH standardized lata, data on quality or resource use to the extent late facility must ensure that late and quality measures, and list relevant and applicable to care and treatment lete on a timely basis based s, and include in the clinical of the resident's discharge lotan. The results of the locussed with the resident or	F 6				

1	OF DEFICIENCIES F CORRECTION	L IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION NG	(X3) DATE SURVEY COMPLETED		
		495288	B. WING _			C 12/30/2021	
	ROVIDER OR SUPPLIER	N HOUSE	•	STREET ADDRESS, CITY, STATE, 3 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	ZIP CODE		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG	X (EACH CORRECTIVE CROSS-REFERENCED	N OF CORRECTION EACTION SHOULD BE TO THE APPROPRIA CIENCY)	E COMI	(X5) PLETION PATE
F 660	information must be in discharge plan to faci to avoid unnecessary discharge or transfer. This REQUIREMENT by: Based on interview, of documentation and in investigation the facilithe discharge plannin (#1 & #3) in a survey The findings included For Resident # 3, the the resident or family the discharge date from and failed to provide of clinical information to to enable the Assisted for Resident # 3's arrivesident's needs. Resident # 3, was real 1/23/2021. Diagnos limited to: Congestive Hypertension, and Attain Resident # 3's most reset) with an ARD (assisted assessment. Resider a BIMS (brief interview "15" out of a possible cognitive impairment Resident # 3 was also	corporated into the litate its implementation and delays in the resident's is not met as evidenced clinical record review, facility the course of a complaint ty staff failed to implement g process for 2 Residents sample of 6 Residents. facility staff did not inform of the rationale for delaying om 12/7/2021 to 12/9/2021 complete and accurate include an order for oxygen d Living Facility to prepare val and to meet the did included but were not Heart Failure, rial Fibrillation. The the the facility on the same treference date) of d as a 5 Day Medicare at #3 was coded as having w of mental status) score of 15, indicative of no or cognitively intact. To coded as requiring limited one staff person to perform	F	660			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED		
		495288	B. WING _				C 30/2021		
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP COD 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	E	121	0012021		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CO ((EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	N SHOULD B		(X5) COMPLETION DATE		
F 660	Continued From page	24	F 6	60					
	Review of the closed electronic clinical record was conducted 12/28/2021 and 12/29/2021.								
		dmitted to the facility on arged on 12/9/2021 to an							
	conducted with Resid stated Resident # 3 w Assisted Living Facilit daughter stated she w discharge had been of 12/9/2021 because the provided the appropriationally for Resident # 3 The daughter also stated for oxygen for Resident # 3 became having oxygen availated on 12/28/2021 at 4:13 debriefing, an interviee Social Services Direct provide a copy of the Resident # 3's discharge.	y (ALF) on 12/9/2021. The vas upset that the date of hanged from 12/7/2021 to e facility staff had not ate information to the ALF 3's admission on 12/7/2021. ted the ALF did not have an resident # 3 when they 3 to be admitted to the							
The state of the s	planned to return hom	e to her townhouse but days later when the resident							
	revealed documentati facilitate the discharge The steps listed were:	ge Timeline Summation on of twelve steps taken to e plans for Resident # 3. hter reported that she would							

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	TIPLE CONSTRUCTION NG	(X3) DATE SURVEY COMPLETED		
		495288	B. WING _			C 12/30/2	N21
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311		INIOUIZ	<u> </u>
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG	PROVIDER'S PLAN OF CO (EACH CORRECTIVE ACTIO CROSS-REFERENCED TO THE DEFICIENCY)	N SHOULD BI E APPROPRIA		(X5) MPLETION DATE
F 660	like pt to discharge hot that she would go hor explained that she will discharge team for a 62. On 11/30/21 during discharge team gave name) a discharge da 3. on 11/30 SW issued Medicare Non-Covera discharge date. 4. On 12/1/21 SW was that the pt would discifamily will transport he 5. On 12/2/21 SW em Physical) to NP (Nursiand requested she coback. 6. On 12/3/21 SW em and vitals to facility 7. On 12/3/21 SW em Resuscitate) 8. On 12/6/21 (name of 12/6/2021 SW em Resuscitate) 9. On 12/6/21 Physic medications that were provided to (name of 11. On 12/7/21 new m 12. On 12/8/21 SW em Review of Social Workemails revealed docur written in the above sudocumentation that the	me. She went on to report the with care in place. SW I have to check with the date. I the PPS meeting, the pt (Resident # 3's te of 12/7/21. If pt's NOMNC (Notice if ige) to reflect her 12/7/21 as notified by (name of ALF) marge to their facility and er at 2 pm. I alled H&P (History and er Practitioner) to complete impleted (sic) and forward alled face sheet, med list is alled DNR (Do Not is pushed back to the lasked discharge team and 2/9/21 to accommodate can ordered new not in the previous med list ALF) on 12/3/21 edications were in PCC mail new med list to facility is car progress notes and mentation of the information immation. There was no er Social Worker informed of the reason for the change	F6	660			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:		TPLE CONSTRUCTIONS	(X3) DATE SURVEY COMPLETED		
		495288	B. WING				
NAME OF D	DOMORD OR SUPPLIED	490200	D. WING			12/	30/2021
NAME OF P	ROVIDER OR SUPPLIER				SS, CITY, STATE, ZIP CODE		
THE FOU	NTAINS AT WASHINGTO	N HOUSE		5100 FILLMORE			
				ALEXANDRIA,	, VA 22311		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG	(EAC	PROVIDER'S PLAN OF CORRECTION CH CORRECTIVE ACTION SHOULD B S-REFERENCED TO THE APPROPRIA DEFICIENCY)	I	(X5) COMPLETION DATE
F 660	Continued From page	⊋ 26	F	660			
	documentation revea	led that the Assisted Living					
		planned discharge date be					
		f or 12/9/2021. During the					
		Worker stated the date of					
		ed at the request of the					
	Assisted Living Facilit						
	Pavious of the facility	dogumentation of an armail					
	Review of the facility documentation of an email from the facility's sales representative dated 12/8/2021 at 9:38 a.m., revealed documentation						
	of an email dated 12/	-					:
		it # 3's daughter. There was					
	•	apled to the back of the					
		2/9-Team responded by					
		arge with facility. All scripts					
	were sent with patien	ts (sic) O2 (oxygen) ordered					
	and delivered. No DM	IE (Durable Medical					
	Equipment) needed."						
	On 12/29/2021 at 4:0.	5 p.m., an interview was					
		ocial Worker, Director of					
	Nursing, Assistant Dir			Y-12-12-12-12-12-12-12-12-12-12-12-12-12-			
		he end of day debriefing.					
	-	ated she worked with the					
	Responsible Party an	d Resident regarding the					
	discharge to the Assis	sted Living facility. The					
	Social Worker stated	she was in contact with					
		ers of Resident # 3. The					
		she requested to have one					
		the contact because it was					
	difficult to communica						
		Worker stated she faxed					
		al record including the face					
	sheet, medication list	-					
		l Worker stated that on					
	12/6/2021, the physic						
	medications that were						
	medication list provide	ed on 12/3/2021. On ledications were in the					
i	TZITIZUZI, INE NEW M	edications were in the	i	1		ļ	i

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	IDENTIFICATION NUMBER		PLE CONSTRUCTION G	(X3) DATE SURVEY COMPLETED	
	495288	B. WING _			C 12/30/2021
NAME OF PROVIDER OR SUPPLIER THE FOUNTAINS AT WASHINGTON	HOUSE		STREET ADDRESS, CITY, STATE, ZIP COI 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	DE	
PRÉFIX (EACH DEFICIENCY	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL IC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF C (EACH CORRECTIVE ACTIO CROSS-REFERENCED TO TH DEFICIENCY)	N SHOULD BE E APPROPRIA	
Social Worker emailed the Assisted Living faci stated when she went is she observed the oxyg Social Worker stated she resident with oxygen at order for oxygen as new Worker stated she immistration for oxygen as new Worker stated she immistration for order to the Assisted transfer. The Social Walliam acopy of the order for order to the Assisted Living faci revealed no order for oxygen was faxed on 12/9/202 Worker stated the order soon as it was provided resident was discharged a.m. Review of the physician the Assisted Living faci revealed no order for oxygen oxygen was faxed on order for oxygen was faxed on order for oxygen was faxed to the order soon as it was provided resident was discharged a.m. Review of the physician the Assisted Living faci revealed no order for oxygen was faxed and oxygen was faxed to order for oxygen was faxed by the Administration Record Administration for order for oxygen was faxed by the Administrator and Expensive faxed for the findings documentation of order for oxygen was faxed by the Administrator and Expensive faxed for the findings documentation of order for oxygen was faxed by the Administrator and Expensive faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documentation of order for oxygen was faxed for the findings documen	ated that on 12/8/2021, the the new medication list to flity. The Social Worker to Resident # 3's room, en tank in the room. The he had never observed the nd was unaware of an eded (prn). The Social nediately asked the nursing er for the oxygen so it could Living facility prior to forker stated she obtained oxygen and faxed the iving Facility. Order revealed the order 1 at 11:25 a.m. The Social er for oxygen was faxed as d and that it was after the ed from the facility at 10:00 an orders that were sent to lity prior to discharge xygen in the order ne Medication and Treatment revealed no refor oxygen.	F 6	60		

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA (X2) MULTI IDENTIFICATION NUMBER: A. BUILDIN		TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		495288	B. WING _			C 12/30/202 1
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZI 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	IP CODE	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN ((EACH CORRECTIVE A CROSS-REFERENCED T DEFICIE	ACTION SHOULD BE TO THE APPROPRIA	
F 660	needed. Two telephone calls we voicemail messages I surveyor. No return careceived by the end of Review of the Physici was sent to the ALF roxygen listed on the service order for oxygen date order for oxygen writte which stated: 2 L (liters) oxygen written. The order as written. The order as written. The order as written which state how often oxygen. The top left corner of a fax confirmation of a findicating it was faxed the scheduled discharand admission to that Therefore, the ALF disabout the oxygen order admission to the facility. The Social Worker state soon as she was given ursing staff. The Social Worker state soon as she was given ursing staff. The Social Worker state or was not scheduled 12/9/2021 but the familiaround 10 a.m. The	were made to the ALF with left return the call to the alls for the ALF were of the survey. ians Orders Summary that revealed no orders for summary. If a handwritten hard script at 12/8/2021 revealed an ren by the Nurse Practitioner It (nasal cannula) to keep so above 92%." Under refills, was incomplete. It did not ren was to be administered. It he oxygen order script had 12/9/2021 at 11:25 a.m. of to the ALF on the day of rege from the nursing facility to ALF. of not have the information rer prior to the planned reprior to the planned reprior to the planned region of the order by the coal Worker stated Resident of to leave until 2 p.m. on only came for discharge Social Worker stated she ne details for the discharge	F6			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION NG		(X3) DATE SURVEY COMPLETED	
		495288	B. WING				30/2021
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	Ξ		50/2021
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF COI X (EACH CORRECTIVE ACTION CROSS-REFERENCED TO THE DEFICIENCY)	SHOULD BE		(X5) COMPLETION DATE
F 660	After further discussishe understood that I receive the fax of the discharge from the fat time for the oxygen to Resident # 3's admiss. During the end of day the Administrator, Dir Director of Nursing, Machinest and Social Services Directing to meet the needs of documentation that the rationale for the discharge from 12/7/2 Incomplete and inaccoprovided to the Assisted Living Facility discharge. The oxygen 12/8/2021 that was faincomplete. No further information COMPLAINT DEFICE COMPLAINT DEFICE 2. For Resident #1 the discharge process effectively with the fabeing transferred to.	on, the Social Worker stated because the ALF did not order until the day of the acility, there was not enough to be delivered prior to esion to the ALF. If y debriefing on 12/30/2021, rector of Nursing, Assistant MDS Coordinator and the ctor were informed of the ge plan was not implemented Resident # 3. There was not he family was informed of change of the date of 2021 to 12/9/2021. Curate information was ted Living Facility. Note of was provided for the entry prior to the day of	F				
		ses of but not limited to					

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	, , , , , , , , , , , , , , , , , , , ,		((X3) DATE SURVEY COMPLETED	
		495288	B. WING			C 12/30/2021	
NAME OF PI	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	<u></u>	12/30/2021	
TUE EOU	NTAINS AT WASHINGTO	N HOUSE		5100 FILLMORE AVENUE			
INCION	TAINS AT WASHINGTO	N HOUSE		ALEXANDRIA, VA 22311			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRE ((EACH CORRECTIVE ACTION SH CROSS-REFERENCED TO THE APP DEFICIENCY)	OULD BE	·	
F 660	(Minimum Data Set) v Reference Date) of 6/ walker and a wheelch BIMS (Brief Interview 15/15 indicating no co On 12/28/21 a review revealed the following meeting: Excerpts from the pro "6/19/21 at AM 12:47 Resident's Emergency niece visited from Per and [family member] or regarding talking with wallets with credit can and cell phone. This and his sister about re informed them that a call [family member] to and they acknowledge rounding and he also with family, new order consult and labs to be reviewed inventory wi member], wallets were contents were reviewed member] was made a not admitted with his or resident last saw his of Wallets were taken be safekeeping, Residen oriented, denied pain.	ding to his most recent MDS with an ARD (Assessment 19/21 the Resident used a pair for mobility and he had a of Mental Status) score of organitive impairment. of the clinical record of note about care plan gress notes read as follows: 'PM- Family Notification: 'Y Contact / Sister and his passivania. Both resident expressed concerns IDT about residents care, ds, ID's, money, house key writer updated both resident esident's care and also member of the Team will be schedule for care planed understanding. MD was saw resident and spoke to were written for psych of done on 6/22/21. Writer the resident and [family be brought to resident and ed. Residents [family ware that the resident was cell phone. Per family cell phone while in the ER. ack to DON's office for it remains alert and	F6	660			
	on 6/19/21 is the only	note referring to IDT					

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTIFICATION NUMBER.		(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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		495288	B, WING_			12/	30/2021	
NAME OF PI	ROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE			
THE FOLIA	ITAING AT WAQUINGTO	NHOUSE			5100 FILLMORE AVENUE			
THE FOUR	ITAINS AT WASHINGTO	N HOUSE			ALEXANDRIA, VA 22311			
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F 660	Continued From page	e 31	F	660	0			
	meeting or Care Planning until the discharge note on 7/17/21, written by the DON it read as follows:							
		Family had requested that						
	patient's paperwork b	e sent to an ALF for ch was sent. Response						
		pected to state if resident						
		e discharge process to						
		ay the family called and						
	-	nd during that meeting family						
		ere coming in on Saturday to						
		early told to family that, we						
		rom ALF and then our						
		Il commence to discharge						
	-	was received from the						
	•	ily was here to pick up						
	•	n decisions discussed but						
		ey will take patient no matter twas therefor discharge						
	AMA [Against Medica	•						
	Administrator.[sic]"	in ravide]. Mid and						
		ximately 11:10 AM an						
		ted with the DON who had signed the Resident out						
	•	AMA document revealed						
		not sign the document . On						
		of Resident or Responsible						
	-	name redacted] signed and						
		ship to patient" she wrote					1	
	•	witness signature. It had 2						
		epresentative Signature"						
		ant per the DON the name						
		d supervisor. The form						
	stated "I further acknowledge	owledge that I have been						
		ible and probable dangers						
		dacted] health or welfare						
		nis/her leaving the facility at is space was left blank						

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	IDENTIFICATION NEWBER		CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		495288	B. WING				C Inn/man4
NAMEOFO	ROVIDER OR SUPPLIER	430200			FREET ARRESON CITY STATE ZIR CORE	12/	30/2021
NAME OF P	ROVIDER OR SUPPLIER				FREET ADDRESS, CITY, STATE, ZIP CODE		
THE FOU	NTAINS AT WASHINGTO	N HOUSE			100 FILLMORE AVENUE		
	18.00			Α	LEXANDRIA, VA 22311		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	x	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 660	Continued From page	e 32	F	660	F660 Discharge Planning Process		
	nothing was written in	this space. When asked		İ	1. Resident #1 is no longer a reside	nt.	
		ated would be the negative		Ì	1. INESIGER #1 IS NO longer a reside	112,	
	outcomes for AMA the	e DON could not produce		indicat	2. AMA form will be completed by s	taff	
	any notes from the Pi Practitioner to substa	hysician or Nurse ntiate an AMA discharge.			indicating risk related to disregardir medical advice.	g	
	A review of the clinical following note written "7/17/21 at 1:36 PM F patient's paperwork be potential transfer which from that ALF was exwas accepted, and for proceed. On Thursdayspoke with the IDT arrindicated that they was get patient. It was clewere hoping to hear followers of the facility and today fam patient. Cons of such family insisted that the the outcome. Patient	al record revealed the by the DON: Family had requested that the sent to an ALF for the was sent. Response pected to state if resident or the discharge process to any the family called and and during that meeting family the coming in on Saturday to early told to family that, we from ALF and then our all commence to discharge the was received from the ily was here to pick up to decisions discussed but ey will take patient no matter that was therefor discharge			3.Date of Compliance is February 1	, 2022.	
	following: "B. Procedure 1. The resident or res acknowledge by signi Medical Advice" form community and taking in health and wellnes 3. All spaces on the L Advice will be filled in	sponsible party will ing the "Leave Against that they are leaving the g any and all risks involved s of the resident. Leave Against Medical completely. De notified of the decision of insible party					

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULT A, BUILDI	TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED		
		495288	B. WING			C		
	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, Z. 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	IP CODE	12/30/2021		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI) TAG	PROVIDER'S PLAN ((EACH CORRECTIVE / CROSS-REFERENCED 1 DEFICII	ACTION SHOULD BE TO THE APPROPRIATE	(X5) COMPLETION DATE		
F 660	representatives will be The DON was asked know ahead of time the discharged and she is DON was asked about she stated that the facusually the one who have the time of this discharge on family leave. She and the Administrator Worker while she was Worker did not return another Social Worker after this Resident dis A review of the facility planning revealed the Pg 1 Procedure: "Discharge planning in family or responsible and external resource needed following discorare, hospice, meals a planning must begin a best plan for the needed transition to a new local life or the resident sovera understanding of his/fithe resident is unable the family can provide the service of car provides the service of the resident is unable the family can provide the service of the resident is unable the family can provide the service of the service of the service of the resident is unable the family can provide the service of the se	if a discharge is AMA if you nat a Resident is being tated that it was not. The at the discharge process and cility Social Worker is nandles the discharges. At arge the Social Worker was stated that the ADON, DON were filling in for the Social to work and they had to find a however that was not until charged from the facility. It policy for discharge following Involves the resident, the party, interdisciplinary staff, is identified that may be harge such as home health on wheels, etc. Discharge at the time of admission to a fit of the resident. Upon their nation. In discharge includes of resident including seeds e needed all expectations and her situation and choices. If to provide clear responses,	F	360				

AND BLAN OF CORRECTION IDENTIFICATION NUMBER		1 ` '	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		495288	B. WING				30/2021
	ROVIDER OR SUPPLIER	N HOUSE		5	TREET ADDRESS, CITY, STATE, ZIP CODE 100 FILLMORE AVENUE LEXANDRIA, VA 22311		90/2021
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 660	resident needs." NOTE: the facility did disciplines in discharg A review of the Resid follows: 'FOCUS: The resident Community. Date Initiated: 06/17/2 Revision on: 07/20/20 Canceled Date: 07/20 GOAL: The resident will be a verbalize/communica post-discharge and the needs before discharge and the needs before discharge and the limitiated: 06/15/2 Revision on: 07/20/20 Target Date: 09/25/20 Interventions: Make an arrangement resources to support post-discharge: home Nursing. Date Initiated: 06/15/2 Revision on: 07/20/20 Canceled Date: 07/20 Prepare and give the	ching that must be discharge and tionships, community vistems necessary to meet not include any of ge planning. ent Care Plan read as at wishes to return to the 2021 221 221 221 221 221 221 221 221 22	F	660			

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1, ,	PLE CONSTRUCTION G	(X3) DATE COMP	SURVEY
		495288	B. WING _			C 30/2021
	ROVIDER OR SUPPLIER	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	1 122	00/2021
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOUL) CROSS-REFERENCED TO THE APPROF DEFICIENCY)	BE	(X5) COMPLETION DATE
F 660	Continued From page referrals as needed. Date Initiated: 06/15/2 Revision on: 07/20/20	2021	F 6	60		
	was never updated at until his discharge on On 12/30/21 the Actir aware of the concerns	ng Administrator was made s with discharge planning				
F 700 SS=D	alternatives prior to in a bed or side rail is us correct installation, us rails, including but not elements. §483.25(n)(1) Assess entrapment from bed §483.25(n)(2) Review bed rails with the resirepresentative and obto installation. §483.25(n)(3) Ensure are appropriate for the \$483.25(n)(4) Follow recommendations and and maintaining bed rails used in the second rails with the resirepresentative and obto installation.	inpt to use appropriate stalling a side or bed rail. If sed, the facility must ensure se, and maintenance of bed to limited to the following the resident for risk of rails prior to installation. If the resident for risk of rails prior to installation. If the risks and benefits of dent or resident to the resident to	F 70	 F 700 Bedrails Resident #1 is no longer a residence and the control of all current residence and residents utilizing bed been appropriately assessed, eduregarding alternatives to bed rails and have provided written approval resident responsible party prior to use of bedis included in resident record. Educate Nurses and therapy report rail use. Date of Compliance February 1 	ents to rails have rated or d rails. approval arding ate bed	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
		495288	B. WING			C 12/30/2021		
NAME OF PROVIDER OR SUPPLIER THE FOUNTAINS AT WASHINGTON HOUSE				STREET ADDRESS, CITY, STATE, ZIP CO 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311)DE			
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG		ON SHOULD BI HE APPROPRIA	N SHOULD BE CO E APPROPRIATE		
F 700	facility documentation implement the correct side rails for 1 Reside of 6 Residents. The findings include: For Resident #1 the faconsent for bedrails. Resident #1 was adm 6/14/21, with diagnoshistory of stroke, park unsteady gait. Accord (Minimum Data Set) von Reference Date) of 6/walker and a wheelch BIMS (Brief Interview 15/15 indicating no collisted as his own Resident assessment on 6/15/2 "Reason for Assessment on 6/15/2 "Reason for Assessment attempt "Has resident attempt "Has resident sustainal lacerations, or fracture enabling device? NO" "Does Resident have "Does Resident cognition" "Is the resident cognition" "Is the resident cognition of the correction of t	clinical record review and in the facility staff failed to it measures for the use of ent (#1) in a survey sample facility staff failed to obtain in the facility staff failed to obtain in the facility on eas of but not limited to kinsons disease, and ding to his most recent MDS with an ARD (Assessment /19/21 the Resident used a mair for mobility and he had a rof Mental Status) score of ognitive impairment. He was exponsible Party. If of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the clinical record in the facility of the	F	700				

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	495288 B. WING			C 12/30/2021		
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F 700	the 21 questions liste		F 7	700		
	I, We understand that on the bed as an aid independence and me repositioning or trans- consent / order of the acknowledge that using my choice and prefer	ble Party Acknowledgement: it a side rail is being installed to enhance with obility, as an enabler for fer, and with the written attending physician. I ng a side rail on the bed is ence and that I have been ed alternatives to using side				
F 842 SS=D	Resident or Responsi On 12/29/21 at appro- was asked if the form Resident or his Responsi stated that the Reside should have signed it On 12/30/21 during the Acting Administrator of further information was Resident Records - Ic CFR(s): 483.20(f)(5), §483.20(f)(5) Residen (i) A facility may not re- resident-identifiable to accordance with a col-	ximately 12:00 PM the DON should be signed by the possible Party. The DON ent was his own RP and the end of day meeting the was made aware and no as provided. Identifiable Information 483.70(i)(1)-(5) Int-identifiable information that is to the public. Ilease information that is	F8	42		

		(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
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	495288	B. WING			12/30/2021	
NAME OF PROVIDER OR SUPPLIER			S	TREET ADDRESS, CITY, STATE, ZIP CODE		
THE FOUNTAINS AT WASHINGTON HOUSE	=		5	100 FILLMORE AVENUE		
THE TOOK IAMO AT MADIMOTOR MODE	-		A	LEXANDRIA, VA 22311		
(X4) ID SUMMARY STATEMENT (PREFIX (EACH DEFICIENCY MUST BE TAG REGULATORY OR LSC IDENT	PRECEDED BY FULL	ID PREFI TAG	×	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 842 Continued From page 38 except to the extent the facility to do so. §483.70(i) Medical records. §483.70(i)(1) In accordance we professional standards and promust maintain medical record that are- (i) Complete; (ii) Accurately documented; (iii) Readily accessible; and (iv) Systematically organized §483.70(i)(2) The facility must all information contained in the regardless of the form or storate records, except when release (i) To the individual, or their representative where permitted (ii) Required by Law; (iii) For treatment, payment, of operations, as permitted by an with 45 CFR 164.506; (iv) For public health activities neglect, or domestic violence, activities, judicial and adminiss law enforcement purposes, or purposes, research purposes, medical examiners, funeral dial a serious threat to health or see by and in compliance with 45. §483.70(i)(3) The facility must record information against los unauthorized use. §483.70(i)(4) Medical records for-	ractices, the facility s on each resident the end in compliance in the health oversight trative proceedings, gan donation, or to coroners, rectors, and to avertafety as permitted CFR 164.512.	F	342	F 842 Resident Records - Identifiable Information 1. Resident #3, and 6 are no longer residents. 2. Correct record of resident #3 to recany resident information not related the resident #3. 3. Audit all current residents to ensure oxygen use has supporting physician 4. Educate Nurses on oxygen use postensure all oxygen use has supporting physician order. 5. Date of Compliance February 1, 20. 6. Resident #4 is no longer a resident 7. Educate Nurses and Wound Nurse policies related to medical record ent ensure all medical records are being into the electronic record system. 8. Administrator to ensure current and physicians have access to electronic medical record system. 9. If physician electronic access is unavailable physician is to provide written resident care notes within 24 of seeing resident. Staff is to input note electronic record system within 2 of receiving physician notes. 10. Date of Compliance February 15,	dact o e all orders. dicy to d 222. t. e on ry to entered d future c hours otes 4 hours	

OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '		(X3	(X3) DATE SURVEY COMPLETED		
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ROVIDER OR SUPPLIER NTAINS AT WASHINGTO	N HOUSE		STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	.	12/30/2021		
SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		(EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOU		SHOULD BE	(X5) COMPLETION DATE		
(i) The period of time (ii) Five years from the there is no requirement (iii) For a minor, 3 years legal age under State §483.70(i)(5) The ment (i) Sufficient informati (ii) A record of the results of any and resident review endeterminations conductory (v) The results of any and resident review endeterminations conductory (vi) Laboratory, radious services reports as results and the services reports are results and the services reports and the services reports and the services reports are reports and the services reports and the services reports are reports and the services reports and the services reports and the services reports and the services reports and the services reports and the services reports and the services reports and the services reports and the services reports are reports and the services reports and the services reports and the services reports and the services reports and the services reports and the services reports and the services reports and the	required by State law; or e date of discharge when and in State law; or are after a resident reaches a law. dical record must containment to identify the resident; sident's assessments; we plan of care and services or preadmission screening evaluations and logy and other licensed as notes; and logy and other diagnostic equired under §483.50. To is not met as evidenced are in the survey sample of 6. It: In o documentation of orders and on the Physicians orders. esidency Agreement are resident (Resident # 6) dent # 3's record. Its readmitted to the facility	F	342				
	ROVIDER OR SUPPLIER SUMMARY ST (EACH DEFICIENC REGULATORY OR Continued From page (i) The period of time (ii) Five years from the there is no requireme (iii) For a minor, 3 yealegal age under State §483.70(i)(5) The me (i) Sufficient informati (ii) A record of the res (iii) The comprehensi provided; (iv) The results of any and resident review edeterminations condu (v) Physician's, nurse professional's progree (vi) Laboratory, radiol services reports as re This REQUIREMENT by: Based on staff interv review, the facility sta (Resident # 3, #4) to accurate clinical reco residents. The findings included 1a) For Resident # 3, for oxygen were lister 1b) The Admission R information for anothe was scanned in Resid 1a) Resident # 3, wa on 11/23/2021. Diagi limited to: congestive	A95288 ROVIDER OR SUPPLIER NTAINS AT WASHINGTON HOUSE SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) Continued From page 39 (i) The period of time required by State law; or (ii) Five years from the date of discharge when there is no requirement in State law; or (iii) For a minor, 3 years after a resident reaches legal age under State law. §483.70(i)(5) The medical record must contain-(i) Sufficient information to identify the resident; (ii) A record of the resident's assessments; (iii) The comprehensive plan of care and services provided; (iv) The results of any preadmission screening and resident review evaluations and determinations conducted by the State; (v) Physician's, nurse's, and other licensed professional's progress notes; and (vi) Laboratory, radiology and other diagnostic services reports as required under §483.50. This REQUIREMENT is not met as evidenced by: Based on staff interview and clinical record review, the facility staff failed, for two residents (Resident # 3, #4) to maintain a complete and accurate clinical record in the survey sample of 6 residents. The findings included: 1a) For Resident # 3, no documentation of orders for oxygen were listed on the Physicians orders. 1b) The Admission Residency Agreement information for another resident (Resident # 6) was scanned in Resident # 3's record. 1a) Resident # 3, was readmitted to the facility on 11/23/2021. Diagnoses included but were not limited to: congestive heart failure, hypertension,	ROVIDER OR SUPPLIER NTAINS AT WASHINGTON HOUSE SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) Continued From page 39 (i) The period of time required by State law; or (ii) Five years from the date of discharge when there is no requirement in State law; or (iii) For a minor, 3 years after a resident reaches legal age under State law. §483.70(i)(5) The medical record must contain- (i) Sufficient information to identify the resident; (ii) A record of the resident's assessments; (iii) The comprehensive plan of care and services provided; (iv) The results of any preadmission screening and resident review evaluations and determinations conducted by the State; (v) Physician's, nurse's, and other licensed professional's progress notes; and (vi) Laboratory, radiology and other diagnostic services reports as required under §483.50. 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NAME OF PROVIDER OR SUPPLIER THE FOUNTAINS AT WASHINGTON HOUSE				STREET ADDRESS, CITY, STATE, ZIP CODE 5100 FILLMORE AVENUE ALEXANDRIA, VA 22311	•		
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F 842	Resident #3's most reset) with an ARD (ass 11/28/2021 was code assessment. Resider a BIMS (brief interview "15" out of a possible cognitive impairment Resident # 3 was also to total assistance of activities of daily living. The clinical record was and 12/29/2021. Review of the Physici order for the oxygen or room and used by Resident for the oxygen of revealed a scanned of Miscellaneous section RA (Residency Agreed document had the naresident's name was as Resident # 6. Review of revealed the correctly scanned in Finiscellaneous section. On 12/30/2021 at 10: with the Administrativ Director of Nursing (ADirector and Medical made aware of the intesident # 6 that was clinical record. The Miscellaneous as Clinical record. The Miscellaneous as Clinical record.	deent MDS (minimum data dessment reference date) of das a 5 Day Medicare in # 3 was coded as having who find mental status) score of 15, indicative of no or cognitively intact. To coded as requiring limited one staff person to perform grants. The reviewed on 12/28/2021 and Orders revealed no observed in Resident # 3's sident # 3 during the stay at the electronic clinical record ocument in the indated 12/3/2021 entitled ment). The 7 page interest in the grant for the survey sample fiew of Resident # 6's clinical orrect RA document was Resident # 6's record in the in on 12/3/2021. The record in the interest in the	F 8	42			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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F 842	correct record. The Director of Nursinshould be complete a resident. The Director should have been an No further information facility. COMPLAINT DEFICE 2. For Resident #4, the were not in the clinical Consult. The Consult of the Consult. The Consult of Consult. The Consult of Consult. The Consult of Consult. The Consult of Consult. The Consult of Co	ng stated the clinical record accurate for each of Nursing stated there order for oxygen. I was provided by the ENCY e wound physician notes I record. 2/29/2021, Resident #4's a paper) clinical record was en physician's progress note ler the section entitled, documented, "Wound care the clinical record revealed notes could not be located. Proximately 10:00 A.M., a sysician notes for Resident proximately 3:15 P.M., an the effect of the wound nurse and g (DON) was conducted.	F	342			
	wound service provide provided by a private wound nurse explaine physician didn't have Resident #4's electror	er had changed and are now wound physician. The od that this current wound access to document in					

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				ALEXANDRIA, VA 22311			
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F 842	, ,		F 8	342			
		she would have to call and sian for Resident #4's wound					
	On 12/30/2021, the a notified of findings. The copy of the wound ph	dministrator and DON were ne facility staff provided a sysician notes for Resident dates of service: 07/19/2021, 21, and 08/16/2021.					