State of Virginia FORM APPROVED STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/GLIA (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: (X3) DATE SURVEY A. BUILDING: COMPLETED C VA0214 B. WING 01/28/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE OAK GROVE HEALTH & REHAB CENTER, LLC 776 OAK GROVE RD CHESAPEAKE, VA 23320 (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PROVIDER'S PLAN OF CORRECTION (X5)PREFIX TAG (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) COMPLETE TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) F 000 Initial Comments The creation and submission of this Plan of F 000 Correction serves as written validation of An unannounced biennial State licensure regulatory compliance. Preparation and submission of this plan does not constitute inspection was conducted 01/25/22 through an admission or agreement by Oak Grove Health & Rehab Center (Provider) of the 01/28/22. Corrections are required for compliance with the regulations for the Licensure truth regarding the facts alleged or the of Nursing Facilities. correctness of the conclusions set forth by the survey agency. This plan of correction is solely prepared because of the The census in this 120 certified bed facility was requirements set forth by state and federal 94 at the time of the survey. The survey sample law, and to demonstrate the good faith consisted of 27 current Resident reviews and 7 attempts by the Provider to improve the closed record reviews quality of life for each resident entrusted to our care. F 001 Non Compliance F 001 The facility was out of compliance with the following state licensure requirements: See Federal Plan of Correction / 2567 for Cross-Referenced Areas This RULE: is not met as evidenced by: 12VAC5-371-200 (B) (D). Nursing Services. Cross Reference to F-658, F-687 & F-695. 12 VAC 5-371-220 (F). Quality of Life. 12 VAC 5-371-210 (B, C, E). Nurse Staffing. Please Cross-Reference to F-726. ADL Care Provided for Dependent Residents 12 VAC 5-371-220 (A,C). Nursing Services. Please Cross-Reference to F-742. 1. Resident #47's care plan was reviewed and preferences for 12VAC5-371-300 (D). Pharmaceutical Services. bathing/showering updated on Cross Reference to F-756. 2/19/22. 12 VAC 5-371-360 (J) & (K) Medical Records. 2. All residents have the potential Cross references to F842. to be affected by the alleged 12 VAC 5-371-220 (F). Quality of Life. ADL Care Provided for Dependent Residents. deficient practice. 3. Nursing staff will be re-educated Under section (F). Each resident shall receive tub or shower baths as often as needed, but not on bathing/showering residents less than twice weekly. according to resident's preference, facility schedule and Based on complaint investigation, staff interviews

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

(X6) DATE

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State of Virginia FORM APPROVED STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: (X3) DATE SURVEY A. BUILDING: COMPLETED VA0214 B. WING 01/28/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE OAK GROVE HEALTH & REHAB CENTER, LLC 776 OAK GROVE RD CHESAPEAKE, VA 23320 (X4) ID SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (X5) COMPLETE PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DATE DEFICIENCY) F 001 Continued From page 1 F 001 how to properly document within and clinical record review the facility staff failed to provide personal care to include showers for 1 the resident medical record the resident (Resident #47) who were unable to occurrence of the shower and independently carry out activities of daily living any necessary follow up related (ADL) care. to refusals on 2/21/22. The findings included: 4. DON or designee will complete audits 5x per week for 6 weeks to The facility staff failed to ensure Resident #47 was offered and received a scheduled ensure residents are receiving twice-weekly showers to maintain good personal their scheduled bath/shower. hygiene. Resident #47 was originally admitted to DON or designee will complete 5 the facility on 06/03/21. Diagnosis for Resident #47 included but not limited to Chronic random visual verifications per Obstructive Pulmonary Disease (COPD) and week for 6 weeks of residents Myasthenia Gravis. receiving their scheduled Resident #47's Minimum Data Set (an bath/shower. Aggregate findings assessment protocol) a quarterly assessment will be analyzed, and any adverse with an Assessment Reference Date (ARD) of findings immediately corrected. 12/10/21 coded the resident's Brief Interview for Findings and any applicable Mental Status (BIMS) score 08 of a possible 15 with moderate cognitive impairment for daily corrections will be presented and decision-making. In section "G" (Physical recorded in the monthly Quality functioning) the MDS coded Resident #47 Assurance and Performance requiring total dependence of one with bathing, extensive assistance of one with bed mobility, Improvement (QAPI) meeting. personal hygiene, toilet use, dressing and toilet Facility Administrator will be use. In section "H" (Bladder and Bowel) was responsible for ensuring coded for always incontinent of bladder and bowel. compliance. The comprehensive care plan with a created date Completion Date: March 4, 2022 of 09/10/21 and a revision date of 12/22/21

documented Resident #47 with ADL self-care performance deficit related to (r/t) Myasthenia Gravis and COPD. The goal set by the staff is that resident will maintain current level of function in ADL's through the next review date of 03/22/22. One of the intervention to manage goal include is

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the resident and if they still refusal their shower, the refusal should be document by the CNA and

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