PRINTED: 09/07/2022 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		1 ' '	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
						С	
		495240	5240 B. WING			08	/31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		39	REET ADDRESS, CITY, STATE, ZIP CODE 00 PLANK ROAD REDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFII TAG	х	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
	An unannounced Emsurvey was conducted 8/31/2022. Correction compliance with 42 C Requirement for Long EP Training Program CFR(s): 483.73(d)(1) §403.748(d)(1), §416. §441.184(d)(1), §460. §483.73(d)(1), §485.68(d)(1), §485.920(d)(1), §485.920(d)(1), §486. *[For RNCHIs at §403. Hospitals at §482.15, at §484.102, "Organiz OPOs at §486.360, R (1) Training program. the following: (i) Initial training in empolicies and procedure staff, individuals proviarrangement, and voluexpected roles. (ii) Provide emergency least every 2 years. (iii) Maintain document preparedness training (iv) Demonstrate staff procedures. (v) If the emergency p	ns are required for FR Part 483.73, 1-Term Care Facilities. 54(d)(1), §418.113(d)(1), 84(d)(1), §482.15(d)(1), 75(d)(1), §485.727(d)(1), 360(d)(1), §485.727(d)(1). 5.748, ASCs at §416.54, ICF/IIDs at §483.475, HHAs ations" under §485.727, HC/FQHCs at §491.12:] The [facility] must do all of the regency preparedness es to all new and existing ding services under unteers, consistent with their of preparedness training at that in of all emergency reparedness when the regency is the regency preparedness training at that in of all emergency reparedness policies and	E	0000	1)Facility staff have received annual emergency preparedness training. 2) Current staff have the potential to be affected. 3) Administrator/designee was provide education to Human Resource Generalist on the annual requirement to complete emergency preparedness education with staff. 4)Evidence of training for staff will be audited weekly times month to ensure EP training completed. Results will be presented to QAPI monthly. Any noted trends will be corrected immediately. 5) Compliance Date: 9/28/202	will n h aff 1 is	λ
	must conduct training procedures.	cantly updated, the [facility] on the updated policies and 8.113(d):] (1) Training. The					-
ABORATORY I	DIRECTOR'S OR PROVIDER/S	UPPLIER REPRESENTATIVE'S SIGNATURE			TITLE		(X6) DATE

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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NAME OF P	PROVIDER OR SUPPLIER	495240	B. WING		TREET ADDRESS, CITY, STATE, ZIP CODE	08/	31/2022
FREDERIC	CKSBURG HEALTH AND	REHAB		39	000 PLANK ROAD REDERICKSBURG, VA 22407		
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E 037	hospice must do all of (i) Initial training in empolicies and procedure hospice employees, a services under arrang expected roles. (ii) Demonstrate staff l procedures. (iii) Provide emergence least every 2 years. (iv) Periodically review emergency preparednemployees (including special emphasis place procedures necessary others. (v) Maintain document preparedness training (vi) If the emergency p procedures are signific must conduct training procedures. *[For PRTFs at §441.1 program. The PRTF m (i) Initial training in em policies and procedure staff, individuals provic arrangement, and volu expected roles. (ii) After initial training, preparedness training (iii) Demonstrate staff procedures. (iv) Maintain documen preparedness training (v) If the emergency p	f the following: nergency preparedness es to all new and existing and individuals providing gement, consistent with their knowledge of emergency by preparedness training at w and rehearse its ness plan with hospice nonemployee staff), with bed on carrying out the y to protect patients and tation of all emergency coreparedness policies and cantly updated, the hospice on the updated policies and 184(d):] (1) Training nust do all of the following: nergency preparedness es to all new and existing ding services under unteers, consistent with their , provide emergency every 2 years. knowledge of emergency	E	037	The statements made on this plan of correction are not an admission to and do not constitute an agreement with the alleged deficiencies herei To remain in compliance with all federal and state regulations, the center has taken or is planning to take the actions set forth in the following plan of correction. The following plan of correction constitutes the center's allegation of compliance. All alleged deficiencies cited have been or are to be corrected by the date or dates indicated.	h in. n ne	

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING С 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (X4) ID **PREFIX** (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** (EACH CORRECTIVE ACTION SHOULD BE DATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) E 037 Continued From page 2 E 037 must conduct training on the updated policies and procedures. *[For PACE at §460.84(d):] (1) The PACE organization must do all of the following: (i) Initial training in emergency preparedness policies and procedures to all new and existing staff, individuals providing on-site services under arrangement, contractors, participants, and volunteers, consistent with their expected roles. (ii) Provide emergency preparedness training at least every 2 years. (iii) Demonstrate staff knowledge of emergency procedures, including informing participants of what to do, where to go, and whom to contact in case of an emergency. (iv) Maintain documentation of all training. (v) If the emergency preparedness policies and procedures are significantly updated, the PACE must conduct training on the updated policies and procedures. *[For LTC Facilities at §483.73(d):] (1) Training Program. The LTC facility must do all of the following: (i) Initial training in emergency preparedness policies and procedures to all new and existing staff, individuals providing services under arrangement, and volunteers, consistent with their expected role. (ii) Provide emergency preparedness training at least annually. (iii) Maintain documentation of all emergency preparedness training. (iv) Demonstrate staff knowledge of emergency procedures. *[For CORFs at §485.68(d):](1) Training. The

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OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING С 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETION **PREFIX** (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) E 037 Continued From page 3 E 037 CORF must do all of the following: (i) Provide initial training in emergency preparedness policies and procedures to all new and existing staff, individuals providing services under arrangement, and volunteers, consistent with their expected roles. (ii) Provide emergency preparedness training at least every 2 years. (iii) Maintain documentation of the training. (iv) Demonstrate staff knowledge of emergency procedures. All new personnel must be oriented and assigned specific responsibilities regarding the CORF's emergency plan within 2 weeks of their first workday. The training program must include instruction in the location and use of alarm systems and signals and firefighting equipment. (v) If the emergency preparedness policies and procedures are significantly updated, the CORF must conduct training on the updated policies and procedures. *[For CAHs at §485.625(d):] (1) Training program. The CAH must do all of the following: (i) Initial training in emergency preparedness policies and procedures, including prompt reporting and extinguishing of fires, protection, and where necessary, evacuation of patients, personnel, and guests, fire prevention, and cooperation with firefighting and disaster authorities, to all new and existing staff, individuals providing services under arrangement, and volunteers, consistent with their expected roles. (ii) Provide emergency preparedness training at least every 2 years. (iii) Maintain documentation of the training. (iv) Demonstrate staff knowledge of emergency

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E 037	training for a sample of (CNA #4, #5, #6, #7 a at the facility greater the employed at the facility. On 8/31/2022 at 9:57 director of clinical service have evidence of emetraining to provide for staff. The facility assessment documented in part, ". and competenciesThe used:Disaster planneshooter, elopement, find tornado" On 8/31/2022 at approximate approximate aware of the were made aware of the No further information INITIAL COMMENTS An unannounced Medicular approximate aware of the survey was conducted corrections are required. CFR Part 483 Federal requirements. Four conduring the survey (VAC)	rergency preparedness of five CNA staff members and #8) who were employed than one year and currently by. a.m., ASM #3, the regional vices stated that they did not ergency preparedness the five requested CNA Int tool dated August 2022Staff training/education he following training is ning and procedures- active re, flood, power outage, Described to for operations and director of clinical services his concern. I was obtained prior to exit. I was obtained prior to exit. I dicare/Medicaid standard to 8/29/22 through 8/30/22 through 8/30/24 through 8/30/24 through 8/30/24 through 8/30/25 through 8/30/25 through 8/30/26 throu	FO			
	related deficiency, VA					

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F 000	112 at the time of the consisted of 40 currer	7 certified bed facility was survey. The survey sample nt resident reviews and 7	F 0	000			
F 563 SS=D	CFR(s): 483.10(f)(4)(i) §483.10(f)(4) The resivisitors of his or her cher choosing, subject deny visitation when a that does not impose resident. (ii) The facility must pia resident by immedia of the resident, subject deny or withdraw consection of the resident by others we consent of the resider clinical and safety resight to deny or withdraw for a resident by any e provides health, social the resident, subject to withdraw consent of the resident or withdraw consent a (v) The facility must procedures regarding residents, including the clinically necessary or limitation or safety resuch limitations may a requirements of this sineed to place on such the clinical or safety residents and the resident or safety resuch the clinical or safety resuch t	dent has a right to receive moosing at the time of his or to the resident's right to applicable, and in a manner on the rights of another movide immediate access to the family and other relatives at to the resident's right to sent at any time; rovide immediate access to the are visiting with the at, subject to reasonable trictions and the resident's aw consent at any time; rovide reasonable access to the resident's right to deny the resident's right to receive the resident's right to rece	F 5	1) Resident #701 no longe resides in the facility. 2) Current residents in the facility have the potential traffected. 3) Administrator and Receptionist re-educated or visitation policy. 4) Administrator/designee virandomly audit visitation loweekly for 1 month to ensure visitation occurred. Results audits will be reviewed at the monthly QAPI meeting. Any discrepancies will be address immediately. 5) Compliance Date: 9/28/20	o be vill geof e		

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FREDERICKSBURG HEALTH AND REHAB (X4) ID SUMMARY STATEMENT OF DEFICIENCIES		STEMENT OF DEFICIENCIES	1D	STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407 PROVIDER'S PLAN OF CORRECTION	(X5)	
PREFIX TAG		' MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFIX TAG	(EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		
11 of dia " ou H Vi Vi pr sh Vi ro im O cc Ni ha th vist fa ar th Oi (A Pr Di mi inf	f the incident), "Visita uring the COVID-19 Visitation during are utbreak, visitors mustowever, the facility noisitors are made awaisitors adhere to the revention; Visitors we nield, gown) regardle isits should occur in commate is unvaccin namunocompromised. In 8/30/22 at 2:35 PN and at the resident should sit. She stated that she family member the ated that per the writing was denied visitation in accurate practice e policy that was in part of the state of the production	at was in effect at the time ation and Resident Outings Pandemic" documented, of Outbreak: During an at the allowed into the facility, outst ensure the following: are of potential risks; core principles of infection ear full PPE (N95, face less of vaccination status; resident room unless ated or" If an interview was 19 (Licensed Practical ection Preventionist, who Resident #701. She stated do have been allowed to she did not know who told by could not visit. She ten concern form, the station. She stated that was if that happened, based on place at the time. If ASM #2 and ASM #3 lember) the Regional Vice is and the Regional vices, respectively, were dings. No further	F 56	1) Resident #317 no longer resides in the facility. Resident #32 remains in the facility and feels safe and free from abuse. 2) Current residents have the potential to be affected. 3) Current Staff will be educated on Abuse policy and procedure. 4) The Administrator or designee will conduct random audits weekly for 1 month to ensure that residents feel safe and are free from abuse. Results of audits will be reviewed at the monthly QAPI meeting. Any discrepancies will be addressed immediately.		
F 600 Fr SS=D C	ree from Abuse and I FR(s): 483.12(a)(1)	Neglect n Abuse, Neglect, and	F 600	5) Compliance Date: 9/28/2022		

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STATEMENT	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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F 600	neglect, misappropria and exploitation as de includes but is not lim corporal punishment, any physical or chemi treat the resident's med §483.12(a) The facility §483.12(a) The facility §483.12(a)(1) Not use physical abuse, corpo involuntary seclusion; This REQUIREMENT by: Based on resident inticlinical record review, and in the course of a was determined that the protect two of 47 reside from abuse, Residents. The findings include: 1. The facility staff fails facility housekeeper per (R32) was admitted to that included but were bipolar disorder (1), he depression. On the most recent Mit quarterly assessment reference date) of 06/2	right to be free from abuse, tion of resident property, fined in this subpart. This ited to freedom from involuntary seclusion and cal restraint not required to edical symptoms. If must- Everbal, mental, sexual, or ral punishment, or is not met as evidenced erview, staff interview, facility document review complaint investigation, it the facility staff failed to lents in the survey sample is #32 (R32) and (R317). Bed to protect (R32) from a finching (R32's) right nipple. The facility with diagnoses not limited to: stroke, emiplegia (2) and DS (minimum data set), a with an ARD (assessment 29/2022, the resident in the BIMS (brief interview cating the resident is	F6				

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F 600	Continued From page The Facility Reported 07/09/2022 document 07/09/2022. Incident abuse/mistreat (mistre incident, including lock Resident reported whi pinch to right nipple by member) #7, houseke The facility's progress 07/09/2022 document Background, Assessm Resident self report to awoke her from her sl on right nipple. Backg Cerebral Infarct Unspel Bipolar disorder, Hem affecting right dominal resuscitate) under MD Doctor) care. Assessi for any redness or bru writer, resident encoun concerns and provider Response: NP (nurse nurse practitioner) up Resident self RP (resp (Name of Son) on as of stated she would notifi notification to (Name of (department) and spol stated would initiate re follow-up." The 'Psychiatric Period dated 07/11/2022 dock Present Illness:Pat that her right breast we	Incident (FRI) dated ted, "Incident Date: type: Allegation of eatment). Describe the ration and action taken: ille asleep in bed, awoken by ry (Name of OSM (other staff reeper)." Is note for (R32) dated ted, "SBAR (Situation, ment, Response) Situation: or writer male housekeeper leep when he pinched her ground: HX (history): recified, Anxiety disorder, hiplegia/Hemiparesis rut side, DNR (do not of (medical doctor) (Name of rement: Resident assessed using none observed by raged to notify of needs or d with staff support. Practitioner) (Name of rodated no new orders given, ponsible party) with son contact which resident fy herself, writer made of County) Sheriffs Dept. ke to (Name of Sheriff) who report and have a Detective redictioned in part, "History of tient specifically mentioned		600	DEFICIENCY)			

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F 600	awakened by such an Brief supportive psych this visit and she refle anger and hurt. She of flashbacks" The nurse practitioner 08/13/2022 document see patient) by nursing incident; patient report hard" on her right breat Patient denies injury anxiety. This writer act reach out if she needs psychosocial support. understanding. Pt (paddiagnoses of CVA (canxiety; Pt voicing no staff negative for any from today" Review of OSM #7's educument titled "Sworthe sworn statement on criminal convictions Commonwealth of Virg document revealed Os 0719/2021. Review of OSM #7's educument from (Namedocumented in part, "Fincludes, but not limited pinching, running into This also includes concorporal punishment." documented, "I have be	inappropriate gesture. Inotherapy provided during orded on her feelings of denies nightmares and are note for (R32) dated ed in part, "ATSP (asked to g for evaluation of recent its being "touched really ast by a housekeeper or Patient does have divised patient that she can be to speak with an=one for Patient verbalized attent) has anyone erebral vascular disease), further acute concerns; further acute pt. concerns for the ginia." Further review of the ginia." Further review of the SM #7's signature dated are of Service Group) that PHYSICAL ABUSE did to hitting, slapping, with objects and kicking. trolling behaviors through	F	600			

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NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AND REHAB		REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	PROVIDER'S PLAN OF CORREC ((EACH CORRECTIVE ACTION SHO CROSS-REFERENCED TO THE APPR DEFICIENCY)	JLD BE	(X5) COMPLETION DATE	
	as well as informed of suspected crimes und Further review revealed dated 0727/2021. Review of OSM #7's etwo reference checks. #7 dated 07/19/2022. documented in part, "Street Corp." On 08/30/2022 at apprinterview was conducted in cident when they we by staff member. (R3 were asleep, they felt and saw the housekee (R32) stated that they away and they left their room and them what happened. at the time of the incidence were upset at the time housekeeper had left and safe. When askeet them for any injuries (Ithey did not have any they experienced any no. On 08/30/2022 at apprinters of the safe.	ent/Patient Abuse Policies, my obligation to report ler the Elder Justice Act." ed OSM #7's signature	F6	300			
	(licensed practical nurther incident of (R32) b	se) #5. When asked about					

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING_ 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 600 | Continued From page 13 F 600 LPN #5 stated that during the evening shift (3:00 p.m. to 11:00 p.m.) (R32) came to them and stated that someone came into their room and pinched their nipple while they were sleeping. LPN #5 stated that they called the director of nursing and the sheriff's department and assessed (R32). LPN #5 stated that when they assessed (R32) there was evidence of redness or bruising of the nipple or breast. When asked about (R32's) disposition at the time LPN #5 stated that (R32) was upset by the incident but was not afraid to go back to their room and go to bed. When asked about the perpetrator, LPN #5 stated that they had left the building and never came back. The facility's policy "Resident Abuse-Staff to Resident" documented in part, "Policy: Protocol to follow in instances of reported staff to resident abuse/neglect as defined in regulations F600, F602, F603, F607, F609, F610 of the federal guidelines for long-term care facilities. "Abuse" means the willful infliction of injury, unreasonable confinement, intimidation, or punishment with resulting physical harm, or pain, or mental anguish, or deprivation by an individual, including a caretaker of good and services that are necessary to attain or maintain physical, mental and psychosocial well-being. This includes verbal abuse, sexual abuse, physical abuse, mental abuse and involuntary seclusion."

On 08/30/2022 at approximately 5:30 p.m., ASM (administrative staff member) # 1, administrator, ASM # 2, regional vice president of operations, and ASM # 3, regional director of clinical services.

No further information was provided prior to exit.

were made aware of the above findings.

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A final reported submitted to the SA on 2/22/22 documented, "On 2-18-22 (R49) was heard

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION NG		(X3) DATE SURVEY COMPLETED	
		495240	B. WING		1	C /31/2022	
NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AND REHAB		REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG		3E	(X5) COMPLETION DATE	
F 600	nurse (name) LPN (lic immediately responder (R317) four times quic separated the resident (R49). A red area was (sic) of (R317) that dis bruising" The report following interventions residents were assess practitioner, families of updated, R49 was modifferent unit, and one continued with R49 unassessed by the psycolor of the property of the nurse who documnotes was no longer effected by the psycolor of the property of the nurse who documnotes was no longer effected by the psycolor of the	p' in (R317's) room and the sensed practical nurse) and and observed (R49) slap obly in the face. The nurse its and 1:1 was initiated with a noted to the Left check estipated without marks or after the incident: both sed by the nurse of both residents were oved to a private room on a to one supervision will the resident was initiatric nurse practitioner. The nented the above nurses' imployed at the facility and ed. The number of the the stated resident urs, "When two residents ation, rather it's both one resident to another." First sentence of the above stated "It would have been estated "It would have been estated "It would have been estated the are sident than a resident than a resident urs when a resident hits makes contact. LPN #3 ence of the above final	F6	500			

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CENTERS FOR MEDICARE & MEDICAID SERVICES

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		1.	PLE CONSTRUCTION G	COMPLETED	
		495240	B. WING		C 08/31/2022
	NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AND REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407	,
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORREC' (EACH CORRECTIVE ACTION SHOU CROSS-REFERENCED TO THE APPR DEFICIENCY)	JLD BE COMPLETION
F 622 SS=E	the cognition, if some themselves and not in abuse." On 8/30/22 at 4:15 p conducted with R49. not slap anyone in Federal Comments of the state of the above concern. The facility policy title Abuse-Resident to Residents must not anyone, including but other residents, consother agencies serving members or legal guindividuals. 'Abuse' rinjury, unreasonable punishment with resurrencessary to attain mental and psychosocyerbal abuse, sexual mental abuse, involution misappropriation of residents and Dischar CFR(s): 483.15(c)(1).	eone can't defend In their right mind then it's I.m., an interview was R49 stated the resident did Bebruary 2022. Itimately 5:45 p.m., ASM Inember) #1 (the #2 (the regional vice Ins) and ASM #3 (the regional Invices) were made aware of I.d., "Resident I.e. esident esident" documented, I.e. be subjected to abuse by It not limited to facility staff, I.e. ultants or volunteers, staff of I.e. in the individual, family I.e. ardians, friends, or other I.e. in eans the willful infliction of I.e. confinement, intimidation, or I.e. deprivation by an individual, I.e. of goods and services that I.e. in or maintain physical, I.e. in or maintain physical, I.e. in includes I.e. abuse, I.e. in includes I.e. in or was presented prior to exit. I.e. ge Requirements I.e. in was presented prior to exit. I.e. ge Requirements I.e. in was presented prior to exit. I.e. i	F 62	1) Resident #116 is no long the center. Residents #56, #90, #94 remain safely in the facility. 2) Current residents in the facility that are transferred the hospital have the potento be affected. 3) The DON/designee proving re-education of the documentation requirement ransfers to the hospital to licensed providers. 4) Transfers will be audited weekly for 1 month to ensurant appropriate paperwork was provided to the receiving facility. Results will be presented to QAPI monthly. Any noted trends will be corrected immediately.	#16, he I to ntial rided nt of
	§483.15(c) Transfer a	and discharge-			

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FORM APPROVED CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING C 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX **PREFIX** (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DEFICIENCY) Continued From page 18 F 622 §483.15(c)(1) Facility requirements-(i) The facility must permit each resident to remain in the facility, and not transfer or discharge the resident from the facility unless-(A) The transfer or discharge is necessary for the resident's welfare and the resident's needs cannot be met in the facility; (B) The transfer or discharge is appropriate because the resident's health has improved sufficiently so the resident no longer needs the services provided by the facility; (C) The safety of individuals in the facility is endangered due to the clinical or behavioral status of the resident; (D) The health of individuals in the facility would otherwise be endangered; (E) The resident has failed, after reasonable and appropriate notice, to pay for (or to have paid under Medicare or Medicaid) a stay at the facility. Nonpayment applies if the resident does not submit the necessary paperwork for third party payment or after the third party, including Medicare or Medicaid, denies the claim and the resident refuses to pay for his or her stay. For a resident who becomes eligible for Medicaid after admission to a facility, the facility may charge a resident only allowable charges under Medicaid; (F) The facility ceases to operate. (ii) The facility may not transfer or discharge the resident while the appeal is pending, pursuant to § 431.230 of this chapter, when a resident exercises his or her right to appeal a transfer or discharge notice from the facility pursuant to § 431.220(a)(3) of this chapter, unless the failure to discharge or transfer would endanger the health

or safety of the resident or other individuals in the facility. The facility must document the danger

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		1	PLE CONSTRUCTION IG	(X3) DATE SURVEY COMPLETED		
		495240	B. WING		C 08/31/2022	
	ROVIDER OR SUPPLIER	DELLAR		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD		
PREDERIC	CKSBURG HEALTH AND	KENAB		FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG			ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		
F 622	Continued From page	19	F6	22		
	that failure to transfer	or discharge would pose.				
	§483.15(c)(2) Docume When the facility trans resident under any of in paragraphs (c)(1)(i) section, the facility muor discharge is documedical record and agrommunicated to the institution or provider. (i) Documentation in timust include: (A) The basis for the timust include: (B) In the case of parasection, the specific repement, facility attempneeds, and the service facility to meet the need (ii) The documentation (2)(i) of this section medical in the section medical in the section medical in the section medical in the section mecessary under parasetics section. (iii) Information provided must include a minimum (A) Contact information responsible for the callity and in parasetics.	entation. In the circumstances are specified and the circumstances are specified and the resident's are specified in the resident's propriate information is a preceiving health care The resident's medical record aransfer per paragraph (c)(1) The paragraph (c)(1)(1)(1)(1)(1)(1)(1)(1)(1)(1)(1)(1)(1)				
	contact information (C) Advance Directive	information ions or precautions for opriate.				

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
		495240	B. WING_			C 08/31/2022	
NAME OF P	ROVIDER OR SUPPLIER		1	STREET ADDRESS, CITY, STATE, ZIP CODE		00/3 1/2022	
EDEDEBIO	CKEDLIDG HEALTH AND	DELIAD		3900 PLANK ROAD			
FREDERIC	CKSBURG HEALTH AND	REHAB		FREDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG		HOULD BE	(X5) COMPLETION DATE	
F 622	(F) All other necessal copy of the resident's consistent with §483.2 any other documentate a safe and effective to the transfer as a safe and the time of transfer as the time of transfer as the time of transfer as a safe as a	ry information, including a discharge summary, 21(c)(2) as applicable, and zion, as applicable, to ensure ansition of care. is not met as evidenced ew, clinical record review, ew, and in the course of a n, it was determined the rovide evidence that all was provided to the hospital 47 residents in the survey ed to the hospital;	Fé	622			
		disease, dementia and					
	an ARD (assessment coded the resident as the BIMS (brief intervi indicating the resident impaired. A review of G-functional status co	Medicare assessment, with reference date) of 7/14/22, scoring a 05 out of 15 on ew for mental status) score, was severely cognitively the MDS Section ded the resident as sistance for bed mobility, omotion bathing and					

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A, BUILDING_ 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 622 | Continued From page 21 F 622 A review of the comprehensive care plan with a revision date of 7/26/22, revealed, "FOCUS: Resident is at risk for FALLS related to: New environment, crawling on floor looking for items, history of falls, Alzheimer's disease, use of psychotropic medication. I slipped coming from the bathroom I didn't have on non-skid socks, as I will also take them off and turn the non-skid side upside down. I have poor safety awareness and had a fall when getting out of bed, ambulating in the hallway instead of using wheelchair, walker. Non-compliance mobility aides and non-slip footwear. INTERVENTIONS: Assess for pain. Bed in low position. Call light or personal items available and in easy reach. Concave mattress. Education to use wheelchair for mobility and call bell when in need of assistance. Encourage resident to call for assistance while transferring. Ensure proper footwear is on while ambulating. Fall Mat to Left Side of bed. Falling Star Program. Non-skid socks as tolerated. Non-slip strips outside of bathroom doorway and bedside. Observe for side effects of Medications. Orientation to new room and roommate. Room Closer to Nurse's Station." There was no evidence of hospital transfer documents sent with the resident to the hospital on 7/4/22. A review of the nursing progress note dated 7/4/22 at 9:00 AM, revealed, "Situation: Resident status post fall. Right sided hip pain. Background: Resident found on previous shift on the floor of her room. Resident assessed.

assisted to bed and neuro checks performed. Hospice notified and came and assessed resident. Assessment: Resident complained of

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3	(X3) DATE SURVEY COMPLETED	
		495240	B. WING			C 08/31/2022	
	ROVIDER OR SUPPLIER	REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		OULD BE	(X5) COMPLETION DATE	
F 622	while ADL's (activities Assessed and this nu (emergency room). Repractitioner) and RP (Arequest for clinical creceiving facility with the 8/30/22 at 4:00 PM. An interview was conceived and the Market When asked what door resident to the hospitate to send the medication believe the orders and An interview was conceived and the medication believe the orders and An interview was conceived and the medication believe the orders and An interview was conceived and the medication believe the orders and An interview was conceived and the medication believe the orders and An interview was conceived and the conceived what documents are shospital, RN #2 stated transfer documents, we labs, SBAR (situation/background, on), vital signs. We do to fill out the paperwork to the EMS (emergency hospital). I am not so We give verbal report how do you evidence hospital, RN #2 stated the verbal report." On 8/30/22 at 5:30 PM member) #1, the admiregional vice president	p pain. Resident in distress of daily living) performed. The serior of daily living performed. The decided to send to ER desponse: NP (nurse responsible party) notified." Indicated on 8/30/22 at 9:55 and practical nurse) #2. Suments are sent with the sal, LPN #2 stated, "We are in list and any recent labs. If the maybe the care plan." Indicated on 8/30/22 at 4:20 and nurse) #2. When asked then with the resident to the lat, "Nursing sends out we are supposed to send out wassessment/recommendation not even have a chance rick. We give a verbal report by medical squad) and the sure we send the care plan. The tothe nurse." When asked what was sent to the lat, "I document that I gave In ASM (administrative staff in instrator, ASM #2, the tof operations and ASM #3, if clinical services were	F	622			

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1, ,	TIPLE CONSTRUCTION NG	((X3) DATE SURVEY COMPLETED	
		495240	B. WING_			C 08/31/	/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407				
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	PROVIDER'S PLAN OF COR (EACH CORRECTIVE ACTION S CROSS-REFERENCED TO THE A DEFICIENCY)	SHOULD BE		(X5) COMPLETION DATE
F 622	from the Facility" polic the following: "Proced of residents for medic completed promptly. If occur as soon as post (24) hours. Emergence Health problems: Emergence Health problems: Emerged at a level not home. Discharge mandischarge planning properties of the facility discharge planning properties. The discharge summary a are provided to the recaregiver which will in Current diagnosis, B. Summary of prior treatorders for immediate a information. No further information. No further information at the time of discharge Resident #94 was trant 7/26/22. Resident #94 was add 10/19/21 with diagnos not limited to: cerebro hemiplegia, diabetes and hypertension. The most recent MDS	r's "Transfer of Residents by, dated 12/2020, revealed dure: Emergency transfers al reasons will be Family notifications will sible, or within twenty-four by transfers are for: A. Bergency medical care is available in the nursing terials are provided (see occedure)." The "Discharge Planning by, dated 11/2020, revealed time of discharge, a and home-going instructions sident or the resident's acclude the following: A. Rehabilitation potential, C. atment, D. Physician's care and E. Pertinent social are was provided prior to exit. The detailed by the facility on the sthat included but were vascular accident, mellitus (DM), pneumonia	Fe	522			

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1		E CONSTRUCTION	(X3) DATE COMP	SURVEY
		495240	B. WING	- 0		l .	C 31/2022
	ROVIDER OR SUPPLIER			3	STREET ADDRESS, CITY, STATE, ZIP CODE 1900 PLANK ROAD FREDERICKSBURG, VA 22407	00/	31/2022
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 622	ARD (assessment reficoded the resident as the BIMS (brief interviindicating the resident the interview. A reviee G-functional status corequiring extensive as mobility, transfer, dressupervision for eating. A review of the comproduction of	rerence date) of 8/2/22, rescoring a 99 out of 15 on riew for mental status) score, rew sunable to complete rew of the MDS Section reded the resident as resistance for bathing, bed revented revented revealed, resident to the hospital representation: reling very week, AMS resident has reday, did not eat breakfast, rekground: A case of rebral infarction. rever and dry to touch, lungs	F	622			

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING_ B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX **PREFIX** CROSS-REFERENCED TO THE APPROPRIATE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DEFICIENCY) F 622 | Continued From page 25 F 622 resident refusing to eat and drink, she will open eyes when talk to, later go back to sleep, vital signs: blood pressure 139/75, temperature 97.6, pulse 98, respirations18, oxygen saturation 92% on room air, blood sugar 168. Response: Resident seen by NP (nurse practitioners), order to send resident to ER (emergency room) for evaluation and treatment, RP notified, resident sent to ER, all paper work completed and sent with patient." A request for clinical documents sent to the receiving facility with the resident was made on 8/29/22 at 1:45 PM. An interview was conducted on 8/30/22 at 9:55 AM, with LPN (licensed practical nurse) #2. When asked what documents are sent with the resident to the hospital, LPN #2 stated, "We are to send the medication list and any recent labs. I believe the orders and maybe the care plan." An interview was conducted on 8/30/22 at 4:20 PM, with RN (registered nurse) #2. When asked what documents are sent with the resident to the hospital, RN #2 stated, "Nursing sends out transfer documents, we are supposed to send out labs, SBAR (situation/background/assessment/recommendati on), vital signs. We do not even have a chance to fill out the paperwork. We give a verbal report to the EMS (emergency medical squad) and the hospital. I am not so sure we send the care plan. We give verbal report to the nurse." When asked how do you evidence what was sent to the hospital, RN #2 stated, "I document that I gave the verbal report."

On 8/30/22 at 5:30 PM, ASM (administrative staff

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OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING _ B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (X4) ID (EACH CORRECTIVE ACTION SHOULD BE (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX PRÉFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 622 | Continued From page 26 F 622 member) #1, the administrator, ASM #2, the regional vice president of operations and ASM #3, the regional director of clinical services were made aware of the findings. A review of the facility's "Transfer of Residents from the Facility" policy, dated 12/2020, revealed the following: "Procedure: Emergency transfers of residents for medical reasons will be completed promptly. Family notifications will occur as soon as possible, or within twenty-four (24) hours. Emergency transfers are for: A. Health problems: Emergency medical care is needed at a level not available in the nursing home. Discharge materials are provided (see discharge planning procedure)." A review of the facility's "Discharge Planning Documentation" policy, dated 11/2020, revealed the following: "At the time of discharge, a discharge summary and home-going instructions are provided to the resident or the resident's caregiver which will include the following: A. Current diagnosis, B. Rehabilitation potential, C. Summary of prior treatment, D. Physician's orders for immediate care and E. Pertinent social information. No further information was provided prior to exit. 3. The facility staff failed to evidence provision of required resident information to a receiving facility at the time of discharge for Resident #90. Resident #90 was transferred to the hospital on 7/6/22. Resident #90 was admitted to the facility on 5/16/22 with diagnoses that included but were not

limited to: diabetes mellitus (DM), congestive

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			E CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		495240	B. WING	,		31/2022	
	ROVIDER OR SUPPLIER	REHAB		3	STREET ADDRESS, CITY, STATE, ZIP CODE 1900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)	(X5) COMPLETION DATE	
F 622	ARD (assessment reficoded the resident as the BIMS (brief interviindicating the resident impaired. A review of G-functional status corequiring extensive as mobility, transfer, dress A review of the compressive of the nursing 7/6/22 at 1:56 PM, revialert and responsive of the compressive of the com	coholic cirrhosis and (minimum data set) rly assessment, with an erence date) of 8/2/22, scoring a 04 out of 15 on ew for mental status) score, was severely cognitively the MDS Section ded the resident as sistance for bathing, bed sing, eating and hygiene. The energy care plan dated DCUS: Resident has efficit related to: weakness, COPD (chronic obstructive sipolar disorder, depression accourage choices with care, DL care, call bell within The of hospital transfer the resident to the hospital The grogress note dated realed, "Situation: Resident with confusion. Resident to the confusion. Resident and AMS (altered mental weakness. Background: the liver, Encephalopathy, the confusion in the confusion in the company of the company of the liver, Encephalopathy, the liver, Encephalopathy, the confusion is the confusion of the company of	F	622			

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OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING _ B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE **PREFIX** PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 622 | Continued From page 28 F 622 (activities of daily living) within Resident's normal levels. Confusion noted. Response: Condition reported to NP (nurse practitioner) and then assessed. Resident given new order to be sent out to emergency room. RP made aware. Resident left facility via stretcher at 12:30pm." A request for clinical documents sent to the facility with the resident was made on 8/29/22 at 1:45 PM. An interview was conducted on 8/30/22 at 9:55 AM, with LPN (licensed practical nurse) #2. When asked what documents are sent with the resident to the hospital, LPN #2 stated, "We are to send the medication list and any recent labs. I believe the orders and maybe the care plan." An interview was conducted on 8/30/22 at 4:20 PM, with RN (registered nurse) #2. When asked what documents are sent with the resident to the hospital, RN #2 stated, "Nursing sends out transfer documents, we are supposed to send out labs, SBAR (situation/background/assessment/recommendati on), vital signs. We do not even have a chance to fill out the paperwork. We give a verbal report to the EMS (emergency medical squad) and the hospital. I am not so sure we send the care plan. We give verbal report to the nurse." When asked how do you evidence what was sent to the hospital, RN #2 stated, "I document that I gave the verbal report." On 8/30/22 at 5:30 PM, ASM (administrative staff member) #1, the administrator, ASM #2, the regional vice president of operations and ASM #3, the regional director of clinical services were made aware of the findings.

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			CONSTRUCTION	(X3) DATE COMP	SURVEY
		495240	B. WING				C 31/2022
	ROVIDER OR SUPPLIER	REHAB		39	TREET ADDRESS, CITY, STATE, ZIP CODE 900 PLANK ROAD REDERICKSBURG, VA 22407		J. 1/2022
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 622	from the Facility" polic the following: "Proced of residents for medic completed promptly. Foccur as soon as post (24) hours. Emergency Health problems: The facility Documentation" policy the following: "At the discharge summary a are provided to the recaregiver which will in Current diagnosis, B. Summary of prior treatorders for immediate of information. No further information 4. During the course it was determined that evidence written comme healthcare provider for on 4/2/2022. For Residency Health problems of the proof the resident, reside information, advance instructions for ongoin	r's "Transfer of Residents by, dated 12/2020, revealed dure: Emergency transfers al reasons will be Family notifications will sible, or within twenty-four by transfers are for: A. Bergency medical care is available in the nursing terials are provided (see rocedure)." The "S "Discharge Planning by, dated 11/2020, revealed time of discharge, a and home-going instructions sident or the resident's acclude the following: A. Rehabilitation potential, C. attment, D. Physician's care and E. Pertinent social are was provided prior to exit. For a complaint investigation, at the facility staff failed to munication to the receiving or a facility initiated transfer bident #16 (R16), there was collity providing contact continued to the representative directive information, and care and comprehensive time of transfer. This	F	622			

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STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A, BUILDING _ B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY F 622 | Continued From page 30 F 622 On the most recent MDS (minimum data set), a quarterly assessment with an ARD (assessment reference date) of 6/4/2022, the resident scored 99 on the BIMS (brief interview for mental status) assessment, indicating the resident was severely impaired for making daily decisions. Section J documented R16 having one fall with injury since the previous assessment. The progress notes for R16 documented in part, - "4/2/2022 13:38 (1:38 p.m.) Situation: At 1210pm Resident fall out of chair in lounge room with laceration to left temporal/bleeding heavy...Awake and responsive to staff pressure applied to wound. Response: [Name of hospice] notified, son [Name of son] (wife) updated, NP (nurse practitioner) [Name of NP] updated, Sent via EMS (emergency medical services) to [Name of hospitall." - "4/2/2022 13:51 (1:51 p.m.) Report called in to [Name of staff member] in ER (emergency room) department [Name of hospital]." - "4/2/2022 18:48 (6:48 p.m.) Resident to return to facility this evening per [Name of hospital]." - "4/2/2022 19:20 (7:20 p.m.) Resident arrived back at facility at this time via [Name of transport]. No new orders. NP and resident family made aware of residents return to facility." R16's clinical record failed to evidence documentation of information provided to the hospital on 4/2/2022. On 8/29/2022 at approximately 3:30 p.m., a request was made to ASM (administrative staff member) #1, the administrator, for evidence of information provided to the receiving provider for the facility-initiated transfer on 4/2/2022 for R16.

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY

AND PLAN O	F CORRECTION	IDENTIFICATION NUMBER:	A. BUILD	NG		COMPLETED	
							С
		495240	B. WING			08/	31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB	·	3900	EET ADDRESS, CITY, STATE, ZIP CODE D PLANK ROAD EDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 622	On 8/30/2022 at 4:25 conducted with RN (restated that when reside hospital they sent any (situation, background recommendation) not stated that they gave provider and to the enstated that they were goals were sent or not each facility. RN #2 swhat was provided to notes because there we documents went miss. On 8/30/2022 at 3:32 vice president of operation thave evidence to provided to the hospit transfer on 4/2/2022 from 8/30/2022 at approximation of the end of the findings. No further information. 5. For Resident #116 failed to evidence transfer on the receiving facility-initiated transfer. On the most recent Mit admission assessment reference date) of 6/28	p.m., an interview was egistered nurse) #2. RN #2 dents were transferred to the recent labs and a SBAR d, assessment, e with the resident. RN #2 a verbal report to the EMS nergency room. RN #2 not sure if the care plan t because it was different at tated that they documented the hospital in the progress were times when the ing. p.m., ASM #2, the regional ations stated that they did provide of the documents al for the facility-initiated or R16. Doximately 5:30 p.m., ASM ASM #2, the regional vice is and ASM #3, the regional vices were made aware of was provided prior to exit. (R116), The facility staff is ser documentation was ing facility for a erron 7/15/2022. DS (minimum data set), and the with an ARD (assessment B/2022, the resident scored interview for mental status)	F	622			

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			E CONSTRUCTION	(X3) DATE COMP	SURVEY
		405040				l	C
NAME OF D	ROVIDER OR SUPPLIER	495240	B. WING	,	STREET ADDRESS, CITY, STATE, ZIP CODE	08/	31/2022
	CKSBURG HEALTH AND	REHAB		3	3900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
	The progress notes for "7/15/2022 18:55 (6: presenting with s/s (simental statusResponsationer) [Name of aware of the RP's (resumed agreed to send responsible for further evaluting "7/15/2022 23:00 (11 admitted to [Name of Altered Mental Status, with hematuria." "7/18/2022 15:50 (3: his family declined a bresident discharging to hospital." R116's clinical recorded documentation of information or 7/15/2022. On 8/30/2022 at approrequest was made to Amember) #1, the adminformation provided to the facility-initiated transition of the side of the stated that when resident that when resident that when resident that stated that when resident contents and the side of the stated that when resident states.	naking daily decisions. or R116 documented in part, 55 p.m.) Situation: Resident gns, symptoms) of altered inse: On-Call NP (nurse NP) notified and made sponsible parties) concerns esident to ER (emergency uation." 1:00 p.m.) Resident hospital] Dx: (diagnoses), UTI (urinary tract infection) 50 p.m.) Please note that the ded hold d/t (due to) the parties of another facility from the failed to evidence remation provided to the	F	622			
	stated that they gave a	, assessment, e with the resident. RN #2 a verbal report to the EMS nergency room. RN #2 not sure if the care plan					

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CENTERS FOR MEDICARE & MEDICAID SERVICES

STATEMENT OF DEFICIENCIES

AND PLAN OF CORRECTION

(X1) PROVIDER/SUPPLIER/CLIA
(X2) MULTIPLE CONSTRUCTION

(X3) DATE SURVEY
COMPLETED

AND PLAN OF	OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING		COMPLETED				
						(С
		495240	B. WING_			08/	31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		39	REET ADDRESS, CITY, STATE, ZIP CODE 100 PLANK ROAD REDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	TEMENT OF DEFICIENCIES MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	ς	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
	goals were sent or note each facility. RN #2 s what was provided to notes because there were documents went miss. On 8/31/2022 at 7:53 director of clinical services and the evidence to provided to the hospitatransfer on 7/15/2022. On 8/31/2022 at approvided to the hospitatransfer on 7/15/2022. On 8/31/2022 at approvided to the regional were made aware of the were made aware of the No further information. Notice Requirements of CFR(s): 483.15(c)(3)-(3)-(3)-(3)-(3)-(3)-(3)-(3)-(3)-(3)	t because it was different at tated that they documented the hospital in the progress were times when the ing. a.m., ASM #3, the regional rices stated that they did not ide of the documents all for the facility-initiated for R116. Eximately 10:00 a.m., ASM resident of operations and director of clinical services the findings. was provided prior to exit. Before Transfer/Discharge (6)(8) Defore transfer. Deriver transfer or discharge and the resident's the transfer or discharge and they understand. The py of the notice to a diffice of the State and the transfer or ent's medical record in graph (c)(2) of this section; the the items described in	F6	223	1) Resident #116 is no longer in the center. Resident's #56, #94, #90, #34, #16, remains safely in the center and evidence of written RP and ombudsman notification is available for current hospital transfers. 2) Current Residents in the facility that have been transferred to the hospital have the potential to be affected. 3) The DON/designee provided re-education to the Social Services team regarding the notification to the Ombudsman and written notification being sent to the Resident representative. Results of audits will be reviewed at the monthly QAPI meeting. Any discrepancies will be addressed immediately.		

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	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			STRUCTION	(X3) DATE COMP	SURVEY LETED
		405240	B. WING		-		0
NAME OF P	ROVIDER OR SUPPLIER	495240	B. WING	STDEET	T ADDRESS, CITY, STATE, ZIP CODE	08/	31/2022
	CKSBURG HEALTH AND	REHAB	3900 PLANK ROAD FREDERICKSBURG, VA 22407		LANK ROAD		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	(PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 623	§483.15(c)(4) Timing (i) Except as specified (c)(8) of this section, the discharge required unit made by the facility at resident is transferred (ii) Notice must be made before transfer or disc (A) The safety of individual be endangered under this section; (B) The health of individual be endangered, under this section; (C) The resident's health of individual this section; (C) The resident's health of individual this section; (C) The resident's health of individual this section; (C) An immediate transferred by the reside under paragraph (c)(1) (D) An immediate transferred by the reside under paragraph (c)(1) (E) A resident has not days. §483.15(c)(5) Contemnotice specified in paramust include the follow (ii) The reason for transferred or dischard (iv) A statement of the including the name, and telephone number receives such request to obtain an appeal for completing the form a hearing request;	of the notice. If in paragraphs (c)(4)(ii) and the notice of transfer or other his section must be at least 30 days before the least 30 days befor	F		4) Transfers will be audited weekly for 1 month to ensure there is evidence of notification to the Ombudsman and writtenotification to the Resident representative. Results will be presented to QAPI monthly. Any noted trends will be corrected immediately. 5) Compliance Date: 9/28/202	en	

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(X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING _ B, WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (X4) ID (EACH CORRECTIVE ACTION SHOULD BE PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX** DATE CROSS-REFERENCED TO THE APPROPRIATE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) DEFICIENCY) F 623 Continued From page 35 F 623 telephone number of the Office of the State Long-Term Care Ombudsman; (vi) For nursing facility residents with intellectual and developmental disabilities or related disabilities, the mailing and email address and telephone number of the agency responsible for the protection and advocacy of individuals with developmental disabilities established under Part C of the Developmental Disabilities Assistance and Bill of Rights Act of 2000 (Pub. L. 106-402, codified at 42 U.S.C. 15001 et seq.); and (vii) For nursing facility residents with a mental disorder or related disabilities, the mailing and email address and telephone number of the agency responsible for the protection and advocacy of individuals with a mental disorder established under the Protection and Advocacy for Mentally III Individuals Act. §483.15(c)(6) Changes to the notice. If the information in the notice changes prior to effecting the transfer or discharge, the facility must update the recipients of the notice as soon as practicable once the updated information becomes available. §483.15(c)(8) Notice in advance of facility closure In the case of facility closure, the individual who is the administrator of the facility must provide written notification prior to the impending closure to the State Survey Agency, the Office of the State Long-Term Care Ombudsman, residents of the facility, and the resident representatives, as well as the plan for the transfer and adequate relocation of the residents, as required at § 483.70(1). This REQUIREMENT is not met as evidenced

Based on staff interview, clinical record review,

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
		495240	B. WING			C 3/31/2022	
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		BE	(X5) COMPLETION DATE	
F 623	facility document revier complaint investigation facility staff failed to provide the RP (responsible party notification when sixed survey sample were the Residents #56, #94, #The findings include: 1. The facility staff fair written RP notification transferred to the hospital written RP notification transferred to the hospital resident #56 was addressed to Alzheimer's cerebral infarction. The most recent MDS assessment, a 5 day from the ARD (assessment coded the resident as the BIMS (brief intervisindicating the resident impaired. A review of the nursing 7/4/22 at 9:00 AM, revistatus post fall. Right seackground: Resident the floor of her room. It assisted to bed and net hospice notified and cresident. Assessment extreme right sided his while ADL's (activities)	ew and in the course of a con, it was determined the convide evidence of written (r) and/or ombudsman out of 47 residents in the cransferred to the hospital; \$490, \$434, \$416 and \$4116. siled to provide evidence of a when Resident \$456 was pital on 7/4/22. mitted to the facility on es that included but were not a disease, dementia and (s) (minimum data set) Medicare assessment, with reference date) of 7/14/22, a scoring a 05 out of 15 on iew for mental status) score, the was severely cognitively g progress note dated evealed, "Situation: Resident sided hip pain. It found on previous shift on Resident assessed, euro checks performed. Came and assessed to faily living) performed. The serioded to send to ER	F	623			

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION COMPLETED IDENTIFICATION NUMBER: A. BUILDING _ 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 PROVIDER'S PLAN OF CORRECTION SUMMARY STATEMENT OF DEFICIENCIES (X5) COMPLETION (X4) ID (EACH CORRECTIVE ACTION SHOULD BE **PREFIX** (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX CROSS-REFERENCED TO THE APPROPRIATE DATE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG DEFICIENCY) F 623 | Continued From page 37 F 623 practitioner) and RP (responsible party) notified." A request for evidence of written RP and ombudsman notification was made to the facility on 8/30/22 at 4:00 PM. Ombudsman notification was provided, however there was no evidence of written RP notification. An interview was conducted on 8/30/22 at 9:55 AM, with LPN (licensed practical nurse) #2. When asked how RPs are notified of a hospital transfer, LPN #2 stated, we call them but we do not send anything in writing. An interview was conducted on 8/30/22 at 4:20 PM, with RN (registered nurse) #2. When asked how the RPs are notified of a hospital transfer, RN #2 stated, we call the RP and document it in a progress note. When asked if they send any notification in writing to the RP, RN #2 stated, we do not do that. An interview was conducted on 8/30/22 at 4:35 PM, with OSM (other staff member) #2, the social services director. When asked who provides written notification to the RP and ombudsman, OSM #2 stated, "My responsibility is to contact RPs afterward to offer them the bed hold. I do not send any type of written notification of transfer, I only speak to them on the phone so they know they are in the hospital. I only send anything if I cannot reach the RP by phone. I would send it out by mail then. Ombudsman notification is sent every month. I send out a list of all residents discharged from the facility. At

beginning of month send out the discharges from previous month. I do the discharged out, some may have been to the hospital, includes all of

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING				(X3) DATE SURVEY COMPLETED	
		495240	B. WING	5.			C	
NAME OF P	ROVIDER OR SUPPLIER	490240	D. WING	٤	STREET ADDRESS, CITY, STATE, ZIP CODE	08/	31/2022	
FREDERIC	CKSBURG HEALTH AND	REHAB		3	9900 PLANK ROAD FREDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG	x	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE	
F 623	sheet, I send to the lo On 8/30/22 at 5:30 PM member) #1, the adm regional vice presider the regional director of made aware of the fin A review of the facility policy dated 12/2020, "The family will be not changes. i.e.: A. Roor problems and C. Acco No further information 2. The facility staff fail written RP notification transferred to the hose Resident #94 was adr 10/19/21 with diagnos not limited to: cerebro hemiplegia, diabetes in and hypertension. The most recent MDS assessment, a quarter ARD (assessment reficeded the resident as the BIMS (brief intervi indicating the resident the interview. A request for evidence	r where I keep the fax cover ocal ombudsman." M, ASM (administrative staff ninistrator, ASM #2, the nt of operations and ASM #3, of clinical services were ndings. It's "Family Notification" revealed the following: tified of any resident m changes, B. Health omplishments." In was provided prior to exit. Iled to provide evidence of a for Resident #94 when pital on 7/26/22. Inmitted to the facility on sis that included but were ovascular accident, mellitus (DM), pneumonia Is (minimum data set) are sees ment, with an incrence date) of 8/2/22, a scoring a 99 out of 15 on item for mental status) score, at was unable to complete	F	623				

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			E CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
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		495240	B. WING			08/	31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		3	STREET ADDRESS, CITY, STATE, ZIP CODE 1900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 623	A review of the nursin 7/26/22 at 11:52 AM, Resident lethargic, fee (altered mental status nausea/vomiting yeste had sips of water. Ba hypertension, DM, cen Assessment: Resident don't feel good "skin v sound diminished on I resident refusing to ea eyes when talk to, late signs: blood pressure pulse 98, respirations on room air, blood sug Resident seen by NP to send resident to ER evaluation and treatm sent to ER, all paper v with patient." An interview was cond AM, with LPN (license When asked how RPs transfer, LPN #2 state not send anything in when the RPs are notification in writing to do not do that.	g progress note dated revealed, "Situation: eling very week, AMS), resident has erday, did not eat breakfast, ckground: A case of rebral infarction. It in bed, lethargic, stated "I warm and dry to touch, lungs pases, abdomen soft, at and drink, she will open er go back to sleep, vital 139/75, temperature 97.6, 18, oxygen saturation 92% gar 168. Response: (nurse practitioners), order & (emergency room) for ent, RP notified, resident work completed and sent ducted on 8/30/22 at 9:55 de practical nurse) #2. It is are notified of a hospital de, we call them but we do	F	623			

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CENTERS FOR MEDICARE & MEDICAID SERVICES

STATEMENT OF DEFICIENCIES
AND PLAN OF CORRECTION
IDENTIFICATION NUMBER:

CENTERS FOR MEDICARE & MEDICAID SERVICES

(X1) PROVIDER/SUPPLIER/CLIA
(X2) MULTIPLE CONSTRUCTION
(X3) DATE SURVEY
COMPLETED

AND FLAN OI	CORRECTION	IDENTIFICATION NUMBER.	A. BUILDII	NG.		COMP	CETED
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		495240	B. WING_			08/	31/2022
NAME OF P	ROVIDER OR SUPPLIER		•	-;	STREET ADDRESS, CITY, STATE, ZIP CODE		
				,	3900 PLANK ROAD		
FREDERIC	CKSBURG HEALTH AND	REHAB	l		FREDERICKSBURG, VA 22407		
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TAG	REGULATORY OR L	SC IDENTIFYING INFORMATION)	TAG		CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)	1E	DATE
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F 623	Continued From war	. 40					
F 023	Continued From page		F6	523			
		staff member) #2, the social					
		en asked who provides					
		the RP and ombudsman,					
		esponsibility is to contact					
		them the bed hold. I do					
	not send any type of v						
		to them on the phone so					
		the hospital. I only send					
		ach the RP by phone. I nail then. Ombudsman					
	•	ery month. I send out a list					
		rged from the facility. At					
		end out the discharges from					
		the discharged out, some					
	1 -	hospital, includes all of					
	•	where I keep the fax cover					
	sheet, I send to the lo	•					
	oricot, r soria to the lo	our ombademan.					
	On 8/30/22 at 5:30 PM	/I, ASM (administrative staff					
		inistrator, ASM #2, the					
		it of operations and ASM #3,					
		of clinical services were					
	made aware of the fin						
		Ü					
	A review of the facility	's "Family Notification"					
	_	revealed the following:					
	"The family will be not						
	changes. i.e.: A. Roor						
	problems and C. Acco						
	No further information	was provided prior to exit.					
		ed to provide evidence of					
		for Resident #90 when					
	transferred to the hosp	oital on 7/6/22.					
	Did4400						
		nitted to the facility on					
		s that included but were not					
	minited to: diabetes me	ellitus (DM), congestive					

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FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	` · ·		E CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
			A. BOILDI			(2
		495240	B. WING_				31/2022
NAME OF PI	ROVIDER OR SUPPLIER				STREET ADDRESS, CITY, STATE, ZIP CODE		
FREDERIC	CKSBURG HEALTH AND	REHAB			3900 PLANK ROAD		
				F	FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 623	Continued From page	e 41	F	623			
	heart failure (CHF) ale hypertension.	coholic cirrhosis and					
	The most recent MDS assessment, a quarte ARD (assessment ref coded the resident as the BIMS (brief intervi indicating the resident impaired. A request for evidence ombudsman notification 8/29/22 at 1:45 PM Ombudsman notification 8/29/22 at 1:56 PM, revalert and responsive valert and v	erly assessment, with an ference date) of 8/2/22, assoring a 04 out of 15 on fiew for mental status) score, it was severely cognitively as of written RP and on was made to the facility of a few for mental status. The facility of a few for many facility of the facility of a few for many facility of the					
	levels. Confusion note reported to NP (nurse assessed. Resident g out to emergency rooi Resident left facility vi	ig) within Resident's normal ed. Response: Condition practitioner) and then iven new order to be sent m. RP made aware. It is a stretcher at 12:30pm."					
		ed practical nurse) #2.					

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STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
				-			1000000000
		495240	B. WING			08/	31/2022
NAME OF PROVIDER OR S		REHAB		3	TREET ADDRESS, CITY, STATE, ZIP CODE 900 PLANK ROAD REDERICKSBURG, VA 22407		
PREFIX (EAC	CH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
When ask transfer, L not send a An intervie PM, with F how the R RN #2 sta progress r notification do not do An intervie PM, with C services d written not OSM #2 s RPs afterv not send a transfer, I they know anything if would sen notification of all resid beginning previous n may have them. I ha sheet, I see On 8/30/22 member) # regional vi the region made awa	PN #2 state anything in view was con RN (register PPs are notificated, we call note. When in in writing that. Bew was con DSM (other lirector. What that. Bew was con DSM (other lirector. What they are in food to only speak or they are in food to only speak or they are in food to the local term of the food to the local term of the food to the local term of the food to the form of the facility o	s are notified of a hospital ed, we call them but we do writing. ducted on 8/30/22 at 4:20 ed nurse) #2. When asked fied of a hospital transfer, the RP and document it in a asked if they send any to the RP, RN #2 stated, we ducted on 8/30/22 at 4:35 staff member) #2, the social en asked who provides the RP and ombudsman, responsibility is to contact or them the bed hold. I do written notification of to them on the phone so the hospital. I only send each the RP by phone. I mail then. Ombudsman ery month. I send out a list arged from the facility. At end out the discharges from the discharged out, some enospital, includes all of the where I keep the fax cover cal ombudsman." M, ASM (administrative staff inistrator, ASM #2, the of operations and ASM #3, of clinical services were	F	623			

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DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING С B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (X4) ID PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE DATE CROSS-REFERENCED TO THE APPROPRIATE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG TAG DEFICIENCY) Continued From page 43 F 623 "The family will be notified of any resident changes. i.e.: A. Room changes, B. Health problems and C. Accomplishments." No further information was provided prior to exit. 4. The facility staff failed to provide evidence of written RP notification was provided for Resident #34 when transferred to the hospital on 7/29/22. Resident #34 was admitted to the facility on 12/14/19 with diagnosis that included but were not limited to: diabetes mellitus (DM), chronic obstructive pulmonary disease (COPD), hemiplegia and sick sinus syndrome. The most recent MDS (minimum data set) assessment, a quarterly assessment, with an ARD (assessment reference date) of 6/28/22, coded the resident as scoring a 09 out of 15 on the BIMS (brief interview for mental status) score, indicating the resident was moderately cognitively impaired. A request for evidence of written RP and ombudsman notification was made to the facility on 8/29/22 at 1:45 PM. Ombudsman notification was provided, however there was no evidence of written RP notification. A review of the nursing progress note dated

7/29/22 at 10:00 AM, revealed, "Situation: Chest pain. Background: Resident complained of chest pain in the middle of her chest. Resident crying and this nurse went into her room to see what was wrong. Not radiating anywhere else. Vitals were normal blood pressure 127/67, temperature 97.8, pulse 75, respirations 18 and oxygen

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OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES

	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA (X2) I IDENTIFICATION NUMBER: A, BL			LE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		495240	B. WING			08/:	31/2022
	ROVIDER OR SUPPLIER	REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD E CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)		(X5) COMPLETION DATE
F 623	resident. Advised to s (emergency room). Frescue squad to hosp An interview was come AM, with LPN (licensed When asked how RPs transfer, LPN #2 states not send anything in which are the send anything the send anything the send any type of which are the send any type of which are the send any type of which are the send anything if I cannot re would send it out by motification is sent ever of all residents dischalbeginning of month seprevious month. I do may have been to the	essment: NP (nurse and came to evaluate the end resident to the ER Response: Resident sent by ital. RP notified." ducted on 8/30/22 at 9:55 and practical nurse) #2. as are notified of a hospital and, we call them but we do writing. ducted on 8/30/22 at 4:20 and ed nurse) #2. When asked fied of a hospital transfer, the RP and document it in a asked if they send any to the RP, RN #2 stated, we ducted on 8/30/22 at 4:35 astaff member) #2, the social and sked who provides the RP and ombudsman, asked who provides the RP and ombudsman, asponsibility is to contact and the the bed hold. I do written notification of to them on the phone so the hospital. I only send and the RP by phone. I mail then. Ombudsman ary month. I send out a list arged from the facility. At and out the discharges from the discharged out, some a hospital, includes all of the where I keep the fax cover	F	62	3		

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID COMPLETION PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG DEFICIENCY) Continued From page 45 F 623 On 8/30/22 at 5:30 PM, ASM (administrative staff member) #1, the administrator, ASM #2, the regional vice president of operations and ASM #3, the regional director of clinical services were made aware of the findings. A review of the facility's "Family Notification" policy dated 12/2020, revealed the following: "The family will be notified of any resident changes, i.e.: A. Room changes, B. Health problems and C. Accomplishments." No further information was provided prior to exit. 5. During the course of a complaint investigation. it was determined that the facility staff failed to evidence written notification of transfer to the responsible party or notification to the ombudsman for a facility-initiated transfer on 4/2/2022 for Resident #16 (R16). On the most recent MDS (minimum data set), a quarterly assessment with an ARD (assessment reference date) of 6/4/2022, the resident scored 99 on the BIMS (brief interview for mental status) assessment, indicating the resident was severely impaired for making daily decisions. Section J documented R16 having one fall with injury since the previous assessment. The progress notes for R16 documented in part, - "4/2/2022 13:38 (1:38 p.m.) Situation: At 1210pm Resident fall out of chair in lounge room with laceration to left temporal/bleeding heavy...Awake and responsive to staff pressure

applied to wound. Response: [Name of hospice] notified, son [Name of son] (wife) updated, NP (nurse practitioner) [Name of NP] updated, Sent via EMS (emergency medical services) to [Name

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OMB NO. 0938-0391 (X1) PROVIDER/SUPPLIER/CLIA STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED. A, BUILDING C 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID ID. (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE **PREFIX PREFIX** REGULATORY OR LSC IDENTIFYING INFORMATION) DATE CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 623 | Continued From page 46 F 623 - "4/2/2022 13:51 (1:51 p.m.) Report called in to [Name of staff member] in ER (emergency room) department [Name of hospital]." - "4/2/2022 18:48 (6:48 p.m.) Resident to return to facility this evening per [Name of hospital]." - "4/2/2022 19:20 (7:20 p.m.) Resident arrived back at facility at this time via [Name of transport]. No new orders. NP and resident family made aware of residents return to facility." R16's clinical record failed to evidence documentation of written notification of transfer to the responsible party or notification to the ombudsman of the facility-initiated transfer on 4/2/2022. On 8/29/2022 at approximately 3:30 p.m., a request was made to ASM (administrative staff member) #1, the administrator, for evidence of written notification of transfer to the responsible party and notification to the ombudsman for the facility-initiated transfer on 4/2/2022 for R16. On 8/30/2022 at 4:25 p.m., an interview was conducted with RN (registered nurse) #2. RN #2 stated that when residents were transferred to the hospital they sent any recent labs and a SBAR (situation, background, assessment, recommendation) note with the resident. RN #2 stated that nursing did not provide a written notification of transfer to the responsible party and they only verbally notified them. RN #2 stated that they did not know who provided the bed hold notice. RN #2 stated that the documents that they provided to the emergency room would be documented in the progress notes. On 8/30/2022 at 4:35 p.m., an interview was

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING_ 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION DATE SUMMARY STATEMENT OF DEFICIENCIES (X4) ID PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) F 623 | Continued From page 47 F 623 conducted with OSM (other staff member) #2, the social services director. OSM #2 stated that the nurses provided the clinical information to the hospital for resident transfers and sent a bed hold notice with them. OSM #2 stated that their responsibility was to contact the responsible party after they were admitted to the hospital to offer the bed hold. OSM #2 stated that they did not send any type of written notification of transfer. OSM #2 stated that they spoke with the responsible party over the telephone and they already knew they were in the hospital at that point. OSM #2 stated that they sent a letter to the responsible party if they were unable to reach the responsible party by telephone. OSM #2 stated that they send out the ombudsman notification monthly and used a list that they pulled from the electronic medical record. OSM #2 stated that they kept a binder with the fax cover sheet and confirmation in their office. OSM #2 stated that they did not have evidence of ombudsman notification for the facility-initiated transfer of R16 on 4/2/2022 because the computer did not put them on the list when they ran it for April. OSM #2 stated that they went by what printed out on the report and sent that to the ombudsman and that it should include discharges and hospitalizations. On 8/30/2022 at 3:32 p.m., ASM #2, the regional vice president of operations stated that they did not have evidence to provide of written notification of transfer to the responsible party or notification to the ombudsman for the

facility-initiated transfer on 4/2/2022 for R16.

On 8/30/2022 at approximately 5:30 p.m., ASM #1, the administrator, ASM #2, the regional vice president of operations and ASM #3, the regional

CENTERS FOR MEDICARE & MEDICAID SERVICES

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	, ,		E CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
		495240	B. WING_				C /31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		3	STREET ADDRESS, CITY, STATE, ZIP CODE 1900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 623	the findings. No further information 6. For Resident #116 failed to evidence writ provided to the respor facility-initiated transfe On the most recent M admission assessmen reference date) of 6/2 15 on the BIMS (brief assessment, indicating cognitively intact for m The progress notes for "7/15/2022 18:55 (6: presenting with s/s (sigmental status Respor practitioner) [Name of aware of the RP's (resund agreed to send regroom) for further evalus "7/15/2022 23:00 (11 admitted to [Name of Altered Mental Status, with hematuria." "7/18/2022 15:50 (3: his family declined a big resident discharging to hospital."	wices were made aware of n was provided prior to exit. (R116), the facility staff tten notification of transfer nsible party for a er on 7/15/2022. IDS (minimum data set), an nt with an ARD (assessment 8/2022, the resident scored interview for mental status) g the resident was naking daily decisions. or R116 documented in part, 155 p.m.) Situation: Resident igns, symptoms) of altered onse: On-Call NP (nurse f NP] notified and made sponsible parties) concerns esident to ER (emergency uation." 1:00 p.m.) Resident hospital] Dx: (diagnoses) , UTI (urinary tract infection) 50 p.m.) Please note that ped hold d/t (due to) the o another facility from the	F€	623			

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	OF DEFICIENCIES CORRECTION	IDENTIFICATION NUMBER		TIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED	
		495240	B. WING			C 31/2022	
	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407	1 00/	31/2022	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		BE	(X5) COMPLETION DATE	
F 623	On 8/30/2022 at approrequest was made to member) #1, the adm written notification of the party provided for the 7/15/2022 for R116. On 8/30/2022 at 4:25 conducted with RN (restated that when reside hospital they sent any (situation, background recommendation) notestated that nursing did notification of transfer and they only verbally stated that they did not bed hold notice. RN # documents that they proom would be documented with OSM (social services directed did not send any type transfer. OSM #2 stated responsible party over already knew they we point. OSM #2 stated responsible party if the responsible party by technical services to prove transfer to the responsions	ASM (administrative staff inistrator, for evidence of transfer to the responsible facility-initiated transfer on p.m., an interview was egistered nurse) #2. RN #2 dents were transferred to the recent labs and a SBAR d, assessment, with the resident. RN #2 d not provide a written to the responsible party notified them. RN #2 of know who provided the #2 stated that the provided to the emergency mented in the progress p.m., an interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., an interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., an interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., an interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., an interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., and interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., and interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., and interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., and interview was (other staff member) #2, the provided to the emergency mented in the progress p.m., and interview was (other staff member) #2, the provided to the emergency members p.m., and interview was (other staff member) #2, the provided to the emergency members p.m., and interview was (other staff member) #2, the provided to the emergency members p.m., and interview was (other staff members) #2, the provided to the emergency p.m., and interview was (other staff members) #2, the provided to the emergency p.m., and interview was (other staff members) #2, the provided to the emergency p.m., and interview was (other staff members) #2, the provided to the emergency p.m., and interview was (other staff members) #2, the provided to the emergency p.m., and interview was (other staff members) #2, the	F	623			

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CENTERS FOR MEDICARE & MEDICAID SERVICES

STATEMENT OF DEFICIENCIES

(X1) PROVIDER/SUPPLIER/CLIA
AND PLAN OF CORPECTION

(X2) DATE SURVEY

(X3) DATE SURVEY

(X3) DATE SURVEY

(X4) DESTRICTION NUMBERS

AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:	A, BUILDI	A, BUILDING			COMPLETED		
	495240				-		С		
		495240	B. WING			08	/31/2022		
	ROVIDER OR SUPPLIER KSBURG HEALTH AND	REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA. 22407						
(X4) ID PREFIX TAG	(EACH DEFICIENCY	TEMENT OF DEFICIENCIES 'MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	x	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIAT DEFICIENCY)		(X5) COMPLETION DATE		
F 625 SS=E	#2, the regional vice p ASM #3, the regional were made aware of t No further information Notice of Bed Hold Pc CFR(s): 483.15(d)(1)(eximately 10:00 a.m., ASM resident of operations and director of clinical services the findings. was provided prior to exit. Alicy Before/Upon Trnsfr (2) med-hold policy and returnated for transfer. Before a resident to a hospital or the resident to a hospital or the resident is permitted to idence in the nursing the must be consistent with a section, permitting a medical policy in the state of this chapter, if any; it's policies regarding the must be consistent with a section, permitting a medical policy in the state of this chapter, if any; it's policies regarding the must be consistent with a section, permitting a medical policy in the state of this chapter, if any; it's policies regarding the must be consistent with a section, permitting a medical policy in the state of the resident for a peutic leave, a nursing the resident and the a written notice which		623	1) Residents #56, #94, #90 and #34 remain safely in the center and evidence of bed hold policy being sent for hospital transfers is available. 2) Current Residents that are transferred to the hospital have the potential to be affected. 3) The DON/designee provided re-education to the Social Services and Business Office regarding the Transfer to Hospital policy related to bed holds. 4) Transfers will be audited weekly for 1 month to ensure evidence of bed hold policy was provided. Results will be presented to QAPI monthly. Any noted trends will be corrected immediately. 5) Compliance Date: 9/28/2022				

PRINTED: 09/07/2022 FORM APPROVED OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING С 495240 B. WING-08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID 1D (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE **PREFIX** REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) F 625 Continued From page 51 F 625 Based on staff interview, clinical record review and facility document review, it was determined the facility staff failed to provide evidence that bed hold notification was provided when four out of 47 residents in the survey sample were transferred to the hospital; Residents #56, #94, #90 and #34. The findings include: 1. The facility staff failed to provide evidence of that a bed hold notification was provided when Resident #56 was transferred to the hospital on 7/4/22. Resident #56 was admitted to the facility on 4/11/22 with diagnosis that included but were not limited to: Alzheimer's disease, dementia and cerebral infarction. The most recent MDS (minimum data set) assessment, a 5 day Medicare assessment, with an ARD (assessment reference date) of 7/14/22, coded the resident as scoring a 05 out of 15 on the BIMS (brief interview for mental status) score, indicating the resident was severely cognitively impaired. A review of the nursing progress note dated 7/4/22 at 9:00 AM, revealed, "Situation: Resident status post fall. Right sided hip pain. Background: Resident found on previous shift on the floor of her room. Resident assessed, assisted to bed and neuro checks performed. Hospice notified and came and assessed resident. Assessment: Resident complained of extreme right sided hip pain. Resident in distress while ADL's (activities of daily living) performed. Assessed and this nurse decided to send to ER

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	DF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		TIPLE CONSTRUCTION NG	(X3	(X3) DATE SURVEY COMPLETED	
		495240	B. WING_			C 08/31/2022	
	ROVIDER OR SUPPLIER	REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407		55/5 / 25/2	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG		HOULD BE	(X5) COMPLETION DATE	
F 625	A request for evidence the facility on 8/30/22 evidence of bed hold. An interview was cond AM, with LPN (license When asked who provesidents transferred to stated, we may send to the facility of the facili	desponse: NP (nurse responsible party) notified." e of bed hold was made to at 4:00 PM. There was no ducted on 8/30/22 at 9:55 ad practical nurse) #2.	F6	525			
	PM, with RN (registers how the bed hold is put transfer, RN #2 stated the resident to the hose An interview was conc PM, with OSM (other services director. Whole bed hold, OSM #2 stated hold policy attached to with the resident to the	, the bed hold is to go with					
	member) #1, the admiregional vice presiden the regional director of made aware of the fine A review of the facility Reservation" policy defollowing: "Policy: A p	t of operations and ASM #3, f clinical services were					

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	OF DEFICIENCIES CORRECTION	IDENTIFICATION NUMBER:		2) MULTIPLE CONSTRUCTION BUILDING			(X3) DATE SURVEY COMPLETED	
		495240	B. WING				C 31/2022	
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB	•	39	REET ADDRESS, CITY, STATE, ZIP CODE 00 PLANK ROAD REDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	ID PREFI TAG	x	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE	
F 625	2. The facility staff fail that a bed hold notific Resident #94 when tr. 7/26/22. Resident #94 was adr 10/19/21 with diagnos not limited to: cerebro hemiplegia, diabetes and hypertension. The most recent MDS assessment, a quarte ARD (assessment reficoded the resident as the BIMS (brief intervi indicating the resident the interview. A review of the nursin 7/26/22 at 11:52 AM, Resident lethargic, fee (altered mental status nausea/vomiting yeste had sips of water. Bat hypertension, DM, cell Assessment: Resident don't feel good "skin visound diminished on I resident refusing to ea eyes when talk to, late signs: blood pressure	e resident awaits In was provided prior to exit. Ided to provide evidence of ation was provided for ansferred to the hospital on mitted to the facility on ses that included but were evascular accident, mellitus (DM), pneumonia Is (minimum data set) rly assessment, with an erence date) of 8/2/22, scoring a 99 out of 15 on few for mental status) score, it was unable to complete If you was a	F	325				

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION COMPLETED AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 625 | Continued From page 54 F 625 Resident seen by NP (nurse practitioners), order to send resident to ER (emergency room) for evaluation and treatment, RP notified, resident sent to ER, all paper work completed and sent with patient." A request for evidence of a bed hold was made to the facility on 8/29/22 at 1:45 PM. There was no evidence of bed hold. An interview was conducted on 8/30/22 at 9:55 AM, with LPN (licensed practical nurse) #2. When asked who provides the bed hold for residents transferred to the hospital, LPN #2 stated, we may send the bed hold policy, not sure that we do though. An interview was conducted on 8/30/22 at 4:20 PM, with RN (registered nurse) #2. When asked how the bed hold is provided upon hospital transfer, RN #2 stated, the bed hold is to go with the resident to the hospital. An interview was conducted on 8/30/22 at 4:35 PM, with OSM (other staff member) #2, the social services director. When asked who provides the bed hold, OSM #2 stated, nurses have the bed hold policy attached to the paperwork that goes with the resident to the hospital. My responsibility is to contact residents afterwards to offer them the bed hold. On 8/30/22 at 5:30 PM, ASM (administrative staff member) #1, the administrator, ASM #2, the regional vice president of operations and ASM #3, the regional director of clinical services were made aware of the findings.

A review of the facility's "Bed Hold- Pre Admission

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	TEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X2) MULTIPLE CONSTRUCTION (X3) MULTIPLE CONSTRUCTION (X4) MULTIPLE CONSTRUCTION (X5) MULTIPLE CONSTRUCTION (X5) MULTIPLE CONSTRUCTION (X6) MULTIPLE CONSTRUCTION (X6) MULTIPLE CONSTRUCTION (X7) MULTIPLE CONSTRUCTI			(X3) DATE SURVEY COMPLETED			
		495240	B. WING		<u> </u>	1	31/2022
	ROVIDER OR SUPPLIER	REHAB		STREET ADDRESS, CITY, ST 3900 PLANK ROAD FREDERICKSBURG, VA			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	((EACH CORRE CROSS-REFERE	S PLAN OF CORRECTION CTIVE ACTION SHOULD B NCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 625	following: "Policy: A pe held vacant for tha made for each day the admission." No further information 3. The facility staff fail a bed hold notification #90 when transferred Resident #90 was admostification #90 was element #90 was	ated 11/2020, revealed the potential resident's bed will to resident if payment is a resident awaits. I was provided prior to exit. I was provided prior to exit. I was provided for Resident to the hospital on 7/6/22. Initted to the facility on a that included but were not cellitus (DM), congestive coholic cirrhosis and I (minimum data set) rily assessment, with an erence date) of 8/2/22, scoring a 04 out of 15 on ew for mental status) score, was severely cognitively I progress note dated realed, "Situation: Resident vith confusion. Resident 2. Observed with decline	F	525	DEFICIENCY)		
	status) with (R) sided Alcoholic Cirrhosis of DM2, CHF. Assessment pressure 108/81, pulse respirations 18, oxyge air. Resident with notion wheelchair. Unable to	and AMS (altered mental weakness. Background: the liver, Encephalopathy, ent: vital signs: blood e 87, temperature 97.0, n saturation 94% on room ceable lean to (R) side in performed baseline ADLs g) within Resident's normal					

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING _ B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE PREFIX PREFIX DATE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 625 | Continued From page 56 F 625 levels. Confusion noted. Response: Condition reported to NP (nurse practitioner) and then assessed. Resident given new order to be sent out to emergency room. RP made aware. Resident left facility via stretcher at 12:30pm." A request for evidence of a bed hold was made to the facility on 8/29/22 at 1:45 PM. There was no evidence of bed hold. An interview was conducted on 8/30/22 at 9:55 AM, with LPN (licensed practical nurse) #2. When asked who provides the bed hold for residents transferred to the hospital, LPN #2 stated, we may send the bed hold policy, not sure that we do though. An interview was conducted on 8/30/22 at 4:20 PM, with RN (registered nurse) #2. When asked how the bed hold is provided upon hospital transfer, RN #2 stated, the bed hold is to go with the resident to the hospital. An interview was conducted on 8/30/22 at 4:35 PM, with OSM (other staff member) #2, the social services director. When asked who provides the bed hold, OSM #2 stated, nurses have the bed hold policy attached to the paperwork that goes with the resident to the hospital. My responsibility is to contact residents afterwards to offer them the bed hold. On 8/30/22 at 5:30 PM, ASM (administrative staff member) #1, the administrator, ASM #2, the regional vice president of operations and ASM #3. the regional director of clinical services were made aware of the findings.

A review of the facility's "Bed Hold- Pre Admission

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	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1		CONSTRUCTION	(X3) DATE COMP	SURVEY LETED
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		495240	B. WING			08/	31/2022
	ROVIDER OR SUPPLIER	RFHAR			TREET ADDRESS, CITY, STATE, ZIP CODE 900 PLANK ROAD		
TREDERIG	SKODOKO NEAEMIAND	KEIKB		Fi	REDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)	1	(X5) COMPLETION DATE
F 625			F	625			
	following: "Policy: A p	ated 11/2020, revealed the potential resident's bed will tresident if payment is e resident awaits					
	No further information	was provided prior to exit.					
	that a bed hold notific	ed to provide evidence of ation was provided for ent #34 was transferred to 2.					
	12/14/19 with diagnos						
	ARD (assessment reflected the resident as the BIMS (brief intervi	(minimum data set) rly assessment, with an erence date) of 6/28/22, scoring a 09 out of 15 on ew for mental status) score, t was moderately cognitively					
	7/29/22 at 10:00 AM, pain. Background: Repain in the middle of hand this nurse went in was wrong. Not radiat were normal blood pre 97.8, pulse 75, respira saturation 94%. Assepractitioner) notified a resident. Advised to se						

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CENTER	S FOR MEDICARE &	MEDICAID SERVICES				OMB NO	0. 0938-0391
	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			LE CONSTRUCTION	(X3) DATE	
		495240	B. WING			0.0000.000	C 31/2022
NAME OF P	ROVIDER OR SUPPLIER		_	Г	STREET ADDRESS, CITY, STATE, ZIP CODE		
FREDERIC	CKSBURG HEALTH AND	DELLAR			3900 PLANK ROAD		
1116561		KCHAD		_	FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL .SC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 625	Continued From page	e 58	F	625	5		
	rescue squad to hospi			-			
		e of a bed hold was made to at 1:45 PM. There was no					
	AM, with LPN (license When asked who prov residents transferred t						
	PM, with RN (registered how the bed hold is pro	t, the bed hold is to go with					
	PM, with OSM (other s services director. Who bed hold, OSM #2 stat hold policy attached to with the resident to the	ducted on 8/30/22 at 4:35 staff member) #2, the social en asked who provides the ted, nurses have the bed to the paperwork that goes e hospital. My responsibility afterwards to offer them					
	member) #1, the admir regional vice president	t of operations and ASM #3, f clinical services were					
	Reservation" policy da following: "Policy: A po	's "Bed Hold- Pre Admission ated 11/2020, revealed the octential resident's bed will t resident if payment is e resident awaits					

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER: A. BUILDING B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION DATE (X4) ID (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F641 F 625 Continued From page 59 F 625 admission." 1) Resident #116 discharge MDS was immediately No further information was provided prior to exit. corrected to reflect discharged F 641 Accuracy of Assessments F 641 CFR(s): 483.20(g) to hospital and Resident #31 annual assessment section O §483.20(g) Accuracy of Assessments. was immediately corrected. The assessment must accurately reflect the resident's status. This REQUIREMENT is not met as evidenced 2) Audit of discharged residents bv: MDS in the last 30 days to Based on staff interview and clinical record ensure appropriate coding and review it was determined that the facility staff failed to maintain an accurate MDS (minimum an audit of current hospice data set) assessment for two of 47 residents in residents annual MDS to ensure the survey sample, Resident #116 and Resident section O was coded #31. appropriately. The findings include: 3) Administrator/ Designee re-1. For Resident #116 (R116), the facility staff educated MDS department on failed to accurately code a discharge MDS properly coding per the RAI (minimum data set) assessment. manual. The discharge MDS (minimum data set) for R116 with the ARD (assessment reference date) of 4) Hospice patients annual MDS 7/15/2022 coded R116 as being discharged to the section O and discharged community, however the progress notes reflected residents MDS audited weekly that R116 was admitted to the hospital on 7/15/2022. for 1 month to ensure accurate coding. Results of audits will be On the most recent prior MDS (minimum data reviewed at the monthly QAPI set), an admission assessment with an ARD (assessment reference date) of 6/28/2022, the meeting. Any discrepancies will resident scored 15 on the BIMS (brief interview be addressed immediately. for mental status) assessment, indicating the resident was cognitively intact for making daily 5) Compliance Date: 9/28/2022 decisions.

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	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X2) MULTIPLE CONSTRUCTION A, BUILDING		(X3) DATE SURVEY COMPLETED			
		495240	B. WING				0
NAME OF D	DOVIDED OD SUDDIJED	495240	B. WING		STREET ADDRESS, CITY, STATE, ZIP CODE	08/	31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		:	3900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREF TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 641	Review of the clinical R116's MDS assessmand ischarge MDS was Section A of the asses with an unplanned diswith a return to the factor of the progress notes for "7/15/2022 18:55 (6) presenting with s/s (signental statusResponsationer) [Name of aware of the RP's (reand agreed to send read agreed to send read agreed to send read additted to [Name of Altered Mental Status with hematuria." - "7/18/2022 15:50 (3: his family declined a bresident discharging the hospital." On 8/30/2022 at 1:41 conducted with LPN (MDS coordinator. LP the RAI (resident asseguide when completin LPN #6 stated that the resident discharges the progress notes or stated that they would the ARD of 7/15/2022	record revealed a list of ments. The list revealed that is completed on 7/15/2022. It is sment documented R116 is charge to the community cility anticipated. The R116 documented in part: 155 p.m.) Situation: Resident igns, symptoms) of altered in sec. On-Call NP (nurse if NP) notified and made is sponsible parties) concerns its esident to ER (emergency justion."		641	DEFICIENCY)	WE.	DATE
		p.m., LPN #6 stated that MDS with the ARD of					

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	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			CONSTRUCTION	(X3) DATE COMP	SURVEY LETED
		495240	B. WING				31/2022
	ROVIDER OR SUPPLIER			3	TREET ADDRESS, CITY, STATE, ZIP CODE 900 PLANK ROAD REDERICKSBURG, VA 22407	1 00/	3172022
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 641	wrong. LPN #6 stated coordinator was corre was discharged to the home" According to the RAI and a section A2100: OB documented in part, "Review the medical reduction of discharge plan and encephalopathy. The most recent MDS assessment, a 5 day I an ARD (assessment as the BIMS (brief interview. A review G-functional status co	and that it had been coded of that the other MDS cting it to reflect that R116 thospital rather than the regional rather than the rath	F	341			

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	OF DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	l''	PLE CONSTRUCTION G	(X3) DATE COMP	
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NAME OF P	ROVIDER OR SUPPLIER		· T	STREET ADDRESS, CITY, STATE, ZIP CODE		
FREDERIC	CKSBURG HEALTH AND	REHAB		3900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 641	Continued From page	62	F 6	41		
	transfer, dressing, hyd supervision for locomous Section O-special pro the resident as hospic	otion and for eating. cedures/treatments coded				
	6/17/22, which reveals on Hospice care relate INTERVENTIONS: co	ordinate care plan with				
	Hospice. Notify hospi condition or medicatio emotional support to p decline in the dying pr	n changes. Provide patient and family during				
	A review of physician revealed the following Hospice as of 6/16/22					
	PM with LPN (licensed MDS coordinator. What an order for hospice, I coded in Section O-Sp Treatments, LPN #6 s as "yes". When asked	LPN #6 stated, we follow				
	On 8/30/22 at 2:11 PN ahead and corrected i	/I, LPN #4 stated, "I went t."				
	(administrative staff m administrator, ASM #2 president of operation					
	A review of the RAI "(I	MDS must be completed for				

PRINTED: 09/07/2022 FORM APPROVED OMB NO. 0938-0391

CENTERS FOR MEDICARE & MEDICAID SERVICES STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION COMPLETED A. BUILDING_ С 495240 B. WING_

08/31/2022

AME OF PE	ROVIDER OR SUPPLIER		STREET ADDRESS, CITY, STATE, ZIP CODE	
DEDEDIC	CKSBURG HEALTH AND REHAB		3900 PLANK ROAD	
REDERIC	CASBURG REALIT AND REHAB		FREDERICKSBURG, VA 22407	
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETIC DATE
F 656 SS=D	Continued From page 63 any resident residing in the facility, including: o All residents of Medicare (Title 18) skilled nursing facilities (SNFs) or Medicaid (Title 19) nursing facilities (NFs). This includes certified SNFs or NFs in hospitals, regardless of payment source. o Hospice residents: When a SNF or NF is the hospice resident's residence for purposes of the hospice benefit, the facility must comply with the Medicare or Medicaid participation requirements, meaning the resident must be assessed using the RAI, have a care plan and CMS's RAI Version 3.0 Manual CH 2: Assessments for the RAI be provided with the services required under the plan of care. This can be achieved through cooperation of both the hospice and long-term care facility staff (including participation in completing the RAI and care planning) with the consent of the resident." No further information was provided prior to exit. Develop/Implement Comprehensive Care Plan CFR(s): 483.21(b)(1) §483.21(b) Comprehensive Care Plans §483.21(b)(1) The facility must develop and implement a comprehensive person-centered care plan for each resident, consistent with the resident rights set forth at §483.10(c)(2) and §483.10(c)(3), that includes measurable objectives and timeframes to meet a resident's medical, nursing, and mental and psychosocial needs that are identified in the comprehensive assessment. The comprehensive care plan must	F 64	F656 1) Resident #30 care plan is being implemented. 2) Audit of current Residents comprehensive care plans that have dialysis care to ensure they are being implemented. 3) Licensed staff will be reeducated on implementing	

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING_ B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID PREFIX ID PREFIX (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY F 656 | Continued From page 64 F 656 required under §483.24, §483.25 or §483.40; and (ii) Any services that would otherwise be required under §483.24, §483.25 or §483.40 but are not provided due to the resident's exercise of rights under §483.10, including the right to refuse treatment under §483.10(c)(6). (iii) Any specialized services or specialized rehabilitative services the nursing facility will provide as a result of PASARR recommendations. If a facility disagrees with the findings of the PASARR, it must indicate its rationale in the resident's medical record. (iv)In consultation with the resident and the resident's representative(s)-(A) The resident's goals for admission and desired outcomes. (B) The resident's preference and potential for future discharge. Facilities must document whether the resident's desire to return to the community was assessed and any referrals to local contact agencies and/or other appropriate entities, for this purpose. (C) Discharge plans in the comprehensive care plan, as appropriate, in accordance with the requirements set forth in paragraph (c) of this section. This REQUIREMENT is not met as evidenced bv: Based on staff interview, resident interview, clinical record review and facility document review, it was determined the facility staff failed to implement the care plan for one of 47 residents in the survey sample, Resident #30. The findings include: The facility staff failed to implement the

comprehensive care plan for dialysis care for

OLIVILI	O TOTT WILD TO ATTLE	WEDIONID OF KNICES				CIVID NO	7. 0330-0381
	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	, ,		E CONSTRUCTION	(X3) DATE COMP	SURVEY
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	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		39	TREET ADDRESS, CITY, STATE, ZIP CODE 900 PLANK ROAD REDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 656	Continued From page	9 65	F	656			
	10/14/21 with diagnos	mitted to the facility on sis that included but were ge renal disease, peripheral gangrene.					
	ARD (assessment reficoded the resident as the BIMS (brief interviindicating the resident impaired. A review of G-functional status co requiring extensive as transfer, dressing, hygassistance for locomo	rly assessment, with an erence date) of 6/25/22, scoring a 15 out of 15 on ew for mental status) score, t was not cognitively the MDS Section ded the resident as esistance for bed mobility, giene and bathing; limited tion and supervision for ecial procedures/treatments					
	10/15/21, which reveathas alteration in Kidne Stage Renal Disease hemodialysis. INTER\	vith review of weights and ion between dialysis					
	revealed the following Wednesday and Frida	y at 6AM in the morning E RENAL DISEASE, please					
		•					

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	TIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED	
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	PROVIDER OR SUPPLIER	REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407	1 00.	3 112022
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI) TAG			(X5) COMPLETION DATE
	of 13 visits in May 202 2022, 2 of 13 visits in in August 2022. An interview was come PM with Resident #30 her dialysis communic dialysis center, Reside the book with me. I direturned today. I do recenter or in the transport An interview was cone AM with LPN (licensed asked what information facility when a resident LPN #4 stated, the purcommunication sheet resident's vital signs, vinformation. The cent information also. We have a fistula and door When asked if the carrinterventions of provide to the dialysis center, provided, is the care plated, no, the care plated, no, the care plated in the carring administrative staff in administrator, ASM #2 president of operation director of clinical servathe findings.	on to the dialysis facility for 6 22, 4 of 13 visits in June July 2022 and 3 of 14 visits ducted on 8/29/22 at 4:00 D. When asked if she takes cation book with her to the lent #3 stated, "Yes, I take lid not have it when I not know if it is at the dialysis cortation van." ducted on 8/31/22 at 8:20 ad practical nurse) #4. When on is provided to the dialysis in tis sent for hemodialysis, larpose of the dialysis is to inform the center of weight and any pertinent ther sends back any pertinent check the bruit / thrill if they cument that on the form. The plan which reveals ding written communication and the information is not plan followed, LPN #4 lan is not followed. Imately 9:30 AM, ASM member) #1, the		1) Professional Standards of Practice during administration of Symbicort inhaler are being followed. 2) Med pass audits of current residents on Symbicort conducted to ensure professional standards of practice are being followed. 3) DON/Designee re-educated Licensed nurses on profession standards of practice for administration of Symbicort. 4) Random audits of med pass will be conducted weekly for month to ensure professional standards of practice are followed for Symbicort. Resul of audits will be reviewed at t monthly QAPI meeting. Any discrepancies will be addressed immediately. 5) Compliance Date: 9/28/202	d hal s 1 ts he	
F 658 SS=D	Services Provided Me	et Professional Standards	F 6	658 37 compliance bate. 37237232		

FORM APPROVED

PRINTED: 09/07/2022 DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING С B. WING 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETION DATE PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) Continued From page 67 F 658 CFR(s): 483.21(b)(3)(i) §483.21(b)(3) Comprehensive Care Plans The services provided or arranged by the facility, as outlined by the comprehensive care plan, must-(i) Meet professional standards of quality. This REQUIREMENT is not met as evidenced Based on observation, staff interview, clinical record review and facility document review, it was determined facility staff failed to follow professional standards of practice during medication administration for one of five residents observed during the medication administration

The findings include:

observation, Resident #83.

For Resident #83 (R83), the facility staff failed to follow medication administration standards of practice following the administration of a Symbicort inhaler (1). The facility staff did not have the resident rinse their mouth after administration of the inhaler.

R83 was admitted to the facility with diagnoses that included but were not limited to chronic obstructive pulmonary disease (2).

On the most recent MDS (minimum data set), a quarterly assessment with an ARD (Assessment Reference Date) of 7/30/2022, the resident scored 5 out of 15 on the BIMS (brief interview for mental status) assessment indicating the resident was severely impaired for making daily decisions.

On 8/30/2022 at 8:11 a.m., an observation of

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OMB NO. 0938-0391 CENTERS FOR MEDICARE & MEDICAID SERVICES STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING С 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION DATE (X4) ID PRÉFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 658 Continued From page 68 F 658 medication administration for R83 was conducted with LPN (licensed practical nurse) #8. LPN #8 prepared medications to administer to R83 including a Symbicort inhaler. LPN #8 administered the medications that were prepared to R83 and then handed the Symbicort inhaler to the resident. R83 was observed to self-administer two puffs of the inhaler and return the device to LPN #8. LPN #8 was then observed to wash their hands and return the inhaler back to the medication cart. LPN #8 failed to have R83 rinse their mouth with water after administration of the Symbicort inhaler. The physician orders for R83 documented in part, "Budesonide-Formoterol Furnarate Aerosol 160-4.5 mcg/act (micrograms per actuation) 2 (two) puff inhale orally two times a day for copd...Order Date: 12/23/2021." The comprehensive care plan for R83 documented in part, "I have alteration in Respiratory Status due to asthma, CHF (congestive heart failure), pulmonary emboli, COPD with exacerbation, bronchitis, SOB (shortness of breath) at times. Date Initiated: 03/30/2020." The eMAR (electronic medication administration record) dated 8/1/2022-8/31/2022 documented R83 receiving the Symbicort inhaler each day at 9:00 a.m. and 6:00 p.m. On 8/30/2022 at 10:29 a.m., an interview was conducted with LPN #8. LPN #8 stated that R83 administered the Symbicort inhaler themselves and they supervised. LPN #8 stated that they did

not do anything extra after administering the Symbicort inhaler because the instructions on the

STATEMENT OF	F DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		495240	B. WING				C /31/2022
	ROVIDER OR SUPPLIER	REHAB		39	TREET ADDRESS, CITY, STATE, ZIP CODE 900 PLANK ROAD REDERICKSBURG, VA 22407		3112022
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES / MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	х	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
	inhalers require rinsing instructions on the eM #8 stated that they known inhalers required rinsing afterwards to remove that they were not away mouth rinse after admitted manufacturer's inside the manufacturer's inside of the manufacturer's inside of the manufacturer's instruction of the facility provided of the facili	s. LPN #8 stated that when g the mouth afterwards the IAR normally tell them. LPN ew that certain powdering the mouth with water any residue. LPN #8 stated are of Symbicort requiring a inistration and would review structions for use to clarify. Description of the facility administration and the tions for use of Symbicort. Description of the facility administration and the tions for use of Symbicort. Description of the facility administration and the tions for use of Symbicort. Description of the facility administration and the tions for use of Symbicort. Description of the facility administration and the tions for use of Symbicort. Description of the facility administration and the tions for use of Symbicort. Description of the structions occumented in part, desonide 80mcg and hydrate 4.5mcg) inhalation followed a the did albicans has occurred a SymbicortAdvise the mouth with water without the alation to help reduce the candidiasis" Description of the mouth did albicans has occurred the the facility of the produce the candidiasis"	F	658			

CENTERS FOR MEDICARE & MEDICAID SERVICES

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:		2) MULTIPLE CONSTRUCTION BUILDING		(X3) DATE SURVEY COMPLETED	
		495240	B. WING	***************************************	0	C 8/31/2022	
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407	1 0	0/3 1/2022	
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFII TAG		OULD BE	(X5) COMPLETION DATE	
F 695 SS=D	References: 1. Symbicort SYMBICORT 160/4.5 improve symptoms of pulmonary disease (C bronchitis and emphys and fewer flare-ups. obtained from the web https://www.mysymbio 2. chronic obstructive (COPD) Disease that makes it lead to shortness of bi obtained from the web https://www.nlm.nih.go Respiratory/Tracheost CFR(s): 483.25(i) § 483.25(i) Respirator tracheostomy care and The facility must ensu needs respiratory care care and tracheal suct care, consistent with p practice, the comprehe care plan, the resident and 483.65 of this sub This REQUIREMENT by: Based on observation document review and	mcg is used long-term to chronic obstructive OPD), including chronic sema, for better breathing This information was esite: cort.com/ pulmonary disease difficult to breath that can reath. This information was esite: by/medlineplus/copd.html. comy Care and Suctioning of tracheal suctioning. The that a resident who estimate including tracheostomy ioning, is provided such rofessional standards of ensive person-centered is goals and preferences,	F6	F695 1) Physicians' order was obtained for resident #3 oxygen order. 2) Audit of current reside oxygen to ensure profess standards of physician or place. 3) DON/Designee to re-edstaff on professional stan of obtaining a physician of or oxygen 4) Random audits of resid on oxygen will be conduct weekly for 1 month to ensprofessional standards of physician order in place. R of audits will be reviewed monthly QAPI meeting. And discrepancies will be addresimmediately. 5) Compliance Date: 9/28/3	ents on sional der in ducate dards rder ents eed esults at the essed		

CENTERS FOR MEDICARE & MEDICAID SERVICES

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		(X2) MULTIF A. BUILDING	PLE CONSTRUCTION G		(X3) DATE SURVEY COMPLETED	
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NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AN	D REHAB		STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407	1 00/	3112022	
PREFIX (EACH DEFICIEN	SUMMARY STATEMENT OF DEFICIENCIES ID PROVIDER'S PLAN OF CORRECTION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) TAG CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE			
one of 47 residents Resident #316. The facility staff faile order for Resident # The findings include R316's admission M assessment was not admission data colle documented the residecisions regarding moderately impaired R316's baseline care date of 8/19/22 docucontinuous oxygen a nasal cannula. A rephysician's order for On 8/29/22 at 3:52 p R316 was observed via nasal cannula at half and three liters. On 8/30/22 at 2:57 p conducted with LPN LPN #3 stated oxygenursing measure for usually a physician's routinely uses oxyge "Everything" needs a stated nurses know it	o professional standards for in the survey sample, and to obtain a physician's calle's (R316) use of oxygen. DS (minimum data set) to complete. R316's ection form dated 8/18/22 ident's ability to make daily tasks of life was likely tasks likely tasks of life was likely tasks likely	F 69	95			

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:				(X3) DATE SURVEY COMPLETED	
		495240	B. WING		-	l .	C 31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		39	REET ADDRESS, CITY, STATE, ZIP CODE 100 PLANK ROAD REDERICKSBURG, VA 22407		01.2022
(X4) ID PREFIX TAG	(EACH DEFICIENCY	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
SS=D	On 8/30/22 at approxi (administrative staff madministrative staff madministrative staff madministrative), ASM # president of operation director of clinical sent the above concern. The facility document administration docume practitioner's order for because oxygen is coshould be prescribed. No further information Dialysis CFR(s): 483.25(I) §483.25(I) Dialysis. The facility must ensure quire dialysis receive with professional standomprehensive personant the residents' goals and the residents' goals are a residents in the survey. The findings include: The facility failed to predialysis facility for 6 of 13 visits in June 2022,	imately 5:45 p.m., ASM nember) #1 (the #2 (the regional vice is) and ASM #3 (the regional vices) were made aware of regarding oxygen ented, "Verify the rathe oxygen therapy, insidered a medication and " a was presented prior to exit. If the that residents who is such services, consistent dards of practice, the in-centered care plan, and indigreferences. It is not met as evidenced ew, resident interview, and facility document ined the facility staff failed to and services for one of 47 y sample, Resident #30. Tovide communication to the facility in July 2022 argust 2022, for a total of 15		695	F698 1) Resident #30 has evidence or ongoing communication with the dialysis center. 2) Current residents that receive dialysis were audited to ensure evidence of ongoing communication with the dialysis center. 3) DON/Designee re-educated Licensed nurses on dialysis policy. 4) Weekly audits for 1 month will be conducted on dialysis residents to ensure evidence or ongoing communication with the dialysis center. Results will be presented to QAPI monthly. Any noted trends will be corrected immediately. 5) Compliance Date: 9/28/2022	o ·f	

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1		CONSTRUCTION	(X3) DATE	SURVEY PLETED
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F 698			F	698			
	10/14/21 with diagnos	mitted to the facility on sis that included but were ge renal disease, peripheral gangrene.					
	ARD (assessment refecoded the resident as the BIMS (brief intervisional status configurational status configuration in the status configurati	erly assessment, with an erence date) of 6/25/22, a scoring a 15 out of 15 on iew for mental status) score, it was not cognitively the MDS Section oded the resident as esistance for bed mobility, giene and bathing; limited oution and supervision for ecial procedures/treatments a dialysis "yes".					
	10/15/21, which revea has alteration in Kidne Stage Renal Disease hemodialysis. INTERV	with review of weights and tion between dialysis					
	revealed the following, Wednesday and Frida	y at 6AM in the morning E RENAL DISEASE, please					
	A review of Resident # communication book recommunication to the visits from 5/1/22-8/31	revealed missing dialysis facility for 15 of 53					

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		495240	B. WING			1	C /31/2022
	ROVIDER OR SUPPLIER CKSBURG HEALTH AND	REHAB		3	STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI. TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 698	An interview was cond PM with Resident #30 her dialysis communion dialysis center, Resident the book with me. I dialysis returned today. I do no center or in the transp	ducted on 8/29/22 at 4:00 D. When asked if she takes cation book with her to the lent #3 stated, "Yes, I take lid not have it when I not know if it is at the dialysis portation van."	F	698			
		M a request was made for cation forms for Resident					
	8:00 AM, revealed the ensure that all approp administrative and oth all designated residen Center. This informatic limited to, where appropriatement presently be designated resident, a appropriate medical reillness, labs and x ray information that will face	ner information accompany into at the time of transfer to ion shall include, but in not ion shall include, ion shall include included ion shall included					
	AM with LPN (licensed asked what information facility when a resident LPN #4 stated, the purcommunication sheet information. The center information also. We determine the sake of the sak	ducted on 8/31/22 at 8:20 d practical nurse) #4. When on is provided to the dialysis at is sent for hemodialysis, arpose of the dialysis is to inform the center of weight and any pertinent are sends back any pertinent check the bruit / thrill if they cument that on the form.					

NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AND REHAB STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407 (X4) ID PREFIX TAG (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) F 698 Continued From page 75 On 8/31/22 at 9:00 AM, the dialysis communication binder for Resident #30 was provided.	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A, BUILDING			(X3) DATE SURVEY COMPLETED	
NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AND REHAB STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407 [X4) ID PREFIX TAG (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) F 698 Continued From page 75 On 8/31/22 at 9:00 AM, the dialysis communication binder for Resident #30 was provided. STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407 PREFIX (EACH CORRECTION HOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) F 698			495240		_		l		
FREDERICKSBURG HEALTH AND REHAB (X4) ID PREFIX TAG (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) F 698 Continued From page 75 On 8/31/22 at 9:00 AM, the dialysis communication binder for Resident #30 was provided.	NAME OF PROV	/IDER OR SLIPPLIER	495240	B. WING	6.	TREET ADDRESS CITY STATE ZIR CODE	08/	/31/2022	
PRÉFIX TAG (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION) F 698 Continued From page 75 On 8/31/22 at 9:00 AM, the dialysis communication binder for Resident #30 was provided. (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY) F 698 Continued From page 75 On 8/31/22 at 9:00 AM, the dialysis communication binder for Resident #30 was provided.	FREDERICKSBURG HEALTH AND REHAB			39	900 PLANK ROAD				
On 8/31/22 at 9:00 AM, the dialysis communication binder for Resident #30 was provided.	PREFIX	(EACH DEFICIENCY	Y MUST BE PRECEDED BY FULL	PREF		(EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA		COMPLETION	
On 8/31/22 at approximately 9:30 AM, ASM (administrator, ASM #2, the regional vice president of operations and ASM #3, the regional director of clinical services were made aware of the findings. A review of the facility's "Coordination of Hemodialysis Services" dated 1/2020, revealed the following, "There will be communication between the facility and the ESRD facility regarding the resident. The facility will establish a Dialysis Agreement/Arrangement if there are any residents requiring dialysis services. The agreement shall include how the residents care is to be managed. Procedure 1. A communication format will be initiated by the facility for any resident going to an ESRD facility for hemodialysis, (please note that the ERSD (sic) may be facility specific due to needs of individual dialysis clinic). 2. Nursing will collect information regarding the resident- information recommended but not limited to: A. Resident information - face sheet B. Copy of current physician orders C. Copy of plan of care D. Blank progress note E. Blank ESRD communication form 3. Nursing will send the resident information with	Or coopro	n 8/31/22 at 9:00 AM ommunication binder rovided. In 8/31/22 at approximation desire the facility and additionable to the facility for any resident and additionable to the facility for any resident and the facility for any resident and the facility for any resident and the facility for any be facility sponsitionable to the facility and the facility and the facility for any resident and the facility for any resident and the facility and the facility for any resident and the facility for any resident and the facility of the facility and the facility for any resident and the facility of the facility of the facility of the facility and the facility of the	M, the dialysis r for Resident #30 was mately 9:30 AM, ASM nember) #1, the 2, the regional vice s and ASM #3, the regional vices were made aware of 's "Coordination of s" dated 1/2020, revealed vill be communication not the ESRD facility The facility will establish a rrangement if there are any slysis services. The de how the residents care is format will be initiated by the ase note that the ERSD secific due to needs of c). Information regarding the se ESRD facility with the secommended but not n - face sheet risician orders e e unication form	F	698				

DEPARTMENT OF HEALTH AND HUMAN SERVICES

CENTERS FOR MEDICARE & MEDICAID SERVICES

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
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NAME OF P	ROVIDER OR SUPPLIER	453240	I B. WING_	STREET ADDRESS, CITY, STATE, ZIP CODE	08/31	1/2022
				3900 PLANK ROAD		
FREDERICKSBURG HEALTH AND REHAB			FREDERICKSBURG, VA 22407			
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD I CROSS-REFERENCED TO THE APPROPR DEFICIENCY)	BE	(X5) COMPLETION DATE
F 698	Continued From page	: 76	F 69	98	- 1	
F 812	the resident to the design the ESRD facility. Nursummary of the physicondition, oral intake, change in physician of appointment." No further information Food Procurement, St. CFR(s): 483.60(i)(1)(2) §483.60(i) Food safety. The facility must - §483.60(i)(1) - Procurapproved or considered state or local authoritic (i) This may include for from local producers, and local laws or regulusion to the facilities from using progardens, subject to considered safe growing and food (iii) This provision does facilities from using progardens, subject to considered safe growing and food (iii) This provision does from consuming foods §483.60(i)(2) - Store, provision does from consuming foods safe growing and food server food in accordant standards for food ser This REQUIREMENT by: Based on observation document review it was staff failed to have a rekitchen wear protective properly in the walk-in	signated appointments at sing will give a brief cal, mental and emotional activity tolerance and rders since the last was provided prior to exit. ore/Prepare/Serve-Sanitary (2) y requirements. e food from sources ed satisfactory by federal, es. od items obtained directly subject to applicable State lations. s not prohibit or prevent oduce grown in facility mpliance with applicable l-handling practices. s not preclude residents in not procured by the facility. Drepare, distribute and noe with professional	F 81	F812 1) The Dietary Staff is ensurin repair personnel wear protective hair guard, food is	n a for and al	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPP IDENTIFICATION I	NI IMPED:	ULTIPLE CONSTRUCTION LDING	(X3) DATE SURVEY COMPLETED
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NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AND REHAB	1	STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407	1 00/0 //2022
(X4) ID SUMMARY STATEMENT OF DEFICIEN PREFIX (EACH DEFICIENCY MUST BE PRECEDED TAG REGULATORY OR LSC IDENTIFYING INFOR	BY FULL PREF	EFIX (EACH CORRECTIVE ACTION SHO	ULD BE COMPLETION
F 812 Continued From page 77 goods properly; and store food in one of nourishment room refrigerators in accorwith professional standards for food sensafety. The findings include: 1. The facility failed to properly store for walk-in refrigerator, properly dry dishwan properly store a scoop in dry goods in the kitchen of the facility. On 8/29/2022 at 11:06 a.m., an observation of the kitchen with OSM (of member) #6, dietary manager in training Observation of the kitchen revealed staff members actively preparing lunch for resultant A staff member was observed making resultant the ice machine in the kitchen, OSM #6 the staff member as a maintenance ventor brought in to fix the ice machine. The staff member was observed wearing a facem a hair net. The staff member was observed wearing a facem a hair net. The staff member was observed to be and the beard since they were in the kitchen were not sure because they were only refrigerator revealed a tray containing 13 cups containing a brown liquid that were uncovered and open to air. The tray with plastic cups was observed to be on the shelf of a stainless steel wire shelf with a gallon bucket of pickles directly over the OSM #6 stated that the containers were approximately 30 ml (milliliters) each and contained syrup. OSM #6 stated that the run out of the single serve syrup package.	od in the re, and he main ation was other staff g. If sidents. epairs to identified dor taff hask and red with ncovered area but epairing has a plastic eth the 13 second a 10 e cups.	Manger/Designee re-educated staff on hair guards, the prostorage and labeling of food items, sanitary food service scoop usage, dry dishware storage according to professional standards for fiservice safety. 4) The Dietary Manager/Designee will conweekly audits x 1 month to ensure repair personnel with protective hair guard, food stored properly in the walk refrigerator, dry dishware is sanitary manner, scoop used dry goods is stored properly food is stored in nourishmer room according to professions standards for food service safety. Results of audits with reviewed at the monthly Office meeting. Any discrepancie be addressed immediately 5) Compliance Date: 9/28/	oper d d d d d d d d d d d d d d f o i i i i i i i i i i i i i i i i i i

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31/2022
(X5) COMPLETION DATE

DEPARTMENT OF HEALTH AND HUMAN SERVICES

PRINTED: 09/07/2022 FORM APPROVED

CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X2) MULTIPLE CONSTRUCTION (X3) DATE SURVEY AND PLAN OF CORRECTION **IDENTIFICATION NUMBER:** COMPLETED A. BUILDING_ С 495240 B. WING 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X4) ID (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX (EACH CORRECTIVE ACTION SHOULD BE PREFIX REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE DATE TAG TAG DEFICIENCY) F 812 | Continued From page 79 F 812 #4 stated that they did not keep a log for cleaning the fan and would check with the previous maintenance director to see if the fan cleaning was documented. On 8/29/2022 at 3:40 p.m., OSM #4 provided documentation of kitchen inspection completed on 6/8/2022 and 7/20/2022 and stated that the fan was cleaned once a month. OSM #4 stated that they had spoken to the previous maintenance director and had not personally cleaned the fan. On 8/31/2022 at 9:22 a.m., ASM (administrative staff member) #2, the regional vice president of operations stated that the facility did not have a policy regarding use of beard guards or fans in the kitchen. The facility policy "Dry Food Storage" failed to evidence guidance on storage of scoops. On 8/30/2022 at approximately 5:40 p.m., ASM #1, the administrator, ASM #2, the regional vice president of operations and ASM #3, the regional director of clinical services were made aware of the findings. No further information was provided prior to exit. 2. The facility staff failed to store food in one of two nourishment room refrigerators in accordance with professional standards for food service safety. On 8/30/2022 at 9:15 a.m., an observation was made of the east two pantry with CNA (certified nursing assistant) #2. Observation of the pantry

refrigerator revealed one unopened 46 fl. oz.

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OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING C 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX PREFIX** (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 812 | Continued From page 80 F 812 (fluid ounce) thickened sweetened tea with lemon flavor dated "Useby: 07/27/22" and one unopened 46 fl. oz. thickened orange juice from concentrate dated "Useby: 07/13/22." Further observation of the refrigerator revealed a 64 oz. unsweetened black tea approximately one-quarter full without a date or name. The tea contained a manufacturer's date of "May 09 22." A lunchbox was observed inside the refrigerator without a date or name on it. CNA #2 opened the lunchbox which revealed a plastic bag inside with foil wrapped contents. There were no date or name observed on the contents of the lunchbox. On 8/30/2022 at approximately 9:20 a.m., an interview was conducted with CNA #2. CNA #2 stated that all items in the refrigerator were for residents only. CNA #2 stated that the thickened tea and orange juice were expired and should be thrown away. CNA #2 stated that the 64 oz. unsweetened black tea should have a name and date on them. CNA #2 stated that they did not know who the lunchbox belonged to and it should have a name and date on it. CNA #2 stated that dietary managed the pantry items and came in twice a day to stock and remove any expired items. CNA #2 stated that they would notify the nurse of the expired items to call dietary to request replacements. On 8/30/2022 at 9:45 a.m. an interview was conducted with OSM (other staff member) #5, dietary manager. OSM #5 stated that dietary provided snacks for the pantries on the nursing units. OSM #5 stated that nursing was responsible for checking the refrigerators and disposing of expired items. On 8/30/2022 at 10:29 a.m., an interview was

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CENTERS FOR MEDICARE & MEDICAID SERVICES OMB NO. 0938-0391 STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA (X3) DATE SURVEY (X2) MULTIPLE CONSTRUCTION AND PLAN OF CORRECTION IDENTIFICATION NUMBER: COMPLETED A. BUILDING C 495240 08/31/2022 NAME OF PROVIDER OR SUPPLIER STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG HEALTH AND REHAB FREDERICKSBURG, VA 22407 SUMMARY STATEMENT OF DEFICIENCIES PROVIDER'S PLAN OF CORRECTION (X5) COMPLETION (X4) 1D (EACH DEFICIENCY MUST BE PRECEDED BY FULL **PREFIX PREFIX** (EACH CORRECTIVE ACTION SHOULD BE REGULATORY OR LSC IDENTIFYING INFORMATION) CROSS-REFERENCED TO THE APPROPRIATE TAG TAG DEFICIENCY) F 812 | Continued From page 81 F 812 conducted with LPN (licensed practical nurse) #8. LPN #8 stated that all items in the pantry should be dated and have the residents name on them. LPN #8 stated that dietary staff came and checked the dates of items in the refrigerator and F947 discarded any expired items. 1) Current CNAs have received The facility policy "Use and Storage of Foods brought to residents by family and visitors" the annual abuse, neglect and documented in part, "...Food item(s) will be dementia training. labeled with the resident's name, content, the date it was prepared, if known, and a discard/use 2) Current staff have the by date ... " potential to be affected. On 8/30/2022 at approximately 5:40 p.m., ASM (administrative staff member) #1, the 3) Re-education was provided administrator, ASM #2, the regional vice to HR and Administrator on president of operations and ASM #3, the regional mandatory training for CNAs. director of clinical services were made aware of the findings. 4) Evidence of mandatory No further information was provided prior to exit. training for CNAs will be F 947 Required In-Service Training for Nurse Aides F 947 audited weekly times 1 month SS=E CFR(s): 483.95(g)(1)-(4) to ensure abuse, neglect and §483.95(g) Required in-service training for nurse dementia was completed. Results of audits will be In-service training mustreviewed at the monthly QAPI §483.95(g)(1) Be sufficient to ensure the meeting. Any discrepancies will continuing competence of nurse aides, but must be addressed immediately. be no less than 12 hours per year. 5) Compliance Date: 9/28/2022 §483.95(g)(2) Include dementia management training and resident abuse prevention training.

§483.95(g)(3) Address areas of weakness as determined in nurse aides' performance reviews

	OF DEFICIENCIES F CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MUL ⁻ A. BUILDI		CONSTRUCTION	(X3) DATE	SURVEY PLETED
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	ROVIDER OR SUPPLIER	REHAB		3:	TREET ADDRESS, CITY, STATE, ZIP CODE 900 PLANK ROAD REDERICKSBURG, VA 22407		
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F 947	address the special not determined by the fact determined by the fact \$483.95(g)(4) For nur to individuals with cog address the care of the This REQUIREMENT by: Based on staff intervirulation review it was determined to evidence and dementia training for food (certified nursing assisted as employed for at least of the findings include: The findings include: The facility staff failed neglect and dementia #7 and #8. On 8/29/2022 at approprequest was made to a member) #3, the regions services for evidence and dementia training #6, CNA #7 and CNA in the conducted with OSM (human resource direct they and the director of for the CNA education coordinated with the unthe education in the cothat abuse, neglect and the conducted and the director of the conducted with the unthe education in the cothat abuse, neglect and the conducted a	ant at § 483.70(e) and may beeds of residents as sility staff. Se aides providing services antive impairments, also be cognitively impaired. It is not met as evidenced are and facility document and the facility staff and abuse, neglect and five out of five CNAs stants) reviewed who were one year. It is evidence annual abuse, training for CNA #4, #5, #6, and facility staff and director of clinical of annual abuse, neglect for CNA #4, CNA #5, CNA #8. It is a.m., an interview was other staff member) #9, for. OSM #9 stated that if nursing were responsible and computer. OSM #9 stated did dementia were required fied the director of nursing field the director of nurs	F	947			

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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NAME OF PROVIDER OR SUPPLIER FREDERICKSBURG HEALTH AND REHAB			STREET ADDRESS, CITY, STATE, ZIP CODE 3900 PLANK ROAD FREDERICKSBURG, VA 22407	1 00	13 112022		
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F 947	documented in part, " generally be conducte employment and annu your date of hire." On 8/31/2022 at 9:57 director of clinical sen have evidence of abust training to provide for The facility assessme documented in part, ". and competenciesR for nurse aides. In-se sufficient to ensure the nurse aides, but must per year. Include dem and resident abuse pr On 8/31/2022 at appro #2, the regional vice p ASM #3, the regional were made aware of t	rformance Management" Performance appraisals will ed after 90 days of ually thereafter based on a.m., ASM #3, the regional vices stated that they did not se, neglect or dementia the five sampled CNA staff. Int tool dated August 2022Staff training/education tequired in-service training ervice training must: Be e continuing competence of the be no less than 12 hours mentia management training revention training" Doximately 10:00 a.m., ASM president of operations and director of clinical services	F	947			