PRINTED: 02/10/2023 FORM APPROVED OMB NO. 0938-0391

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED	
		495302	B. WING		C 06/15/2022	
NAME OF PR	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE	1 00/10/2022	
FOREST H	IEALTH & REHAB CENT	ER		2406 ATHERHOLT ROAD LYNCHBURG, VA 24501		
(X4) ID PREFIX TAG	PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)	BE COMPLETION	
E 000	000 Initial Comments		E 00	00		
F 000	survey was conducted 6/15/2022. The facility	ty was in substantial FR 483.73, Requirement for ties.	F 00	00		
	survey was conducte 06/15/2022. One corduring the survey. VA unsubstantiated with Corrections are requi CFR Part 483 Federa	nplaint was investigated .00053731 was out any deficiencies. red for compliance with 42				
	at the time of the surv	certified bed facility was 49 /ey. The survey sample nt resident reviews and 2 s.	F 68	34	7/11/22	
	applies to all treatment facility residents. Bas assessment of a resident residents receive accordance with profepractice, the comprehate plan, and the resident REQUIREMENT by: Based on observation	ndamental principle that nt and care provided to ed on the comprehensive dent, the facility must ensure treatment and care in essional standards of nensive person-centered		Forest Health and Rehab is filing this of correction for the purpose of regula		
ABOBATORY	staff failed to impleme	record review, the facility ent a physician's order for Supplier REPRESENTATIVE'S SIGNATURE		compliance. The facility is submitting t	-	

ABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

07/01/2022 **Electronically Signed**

Facility ID: VA0059

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	NITIFICATION NUMBER:) MULTIPLE CONSTRUCTION BUILDING		(X3) DATE SURVEY COMPLETED	
			A. BOILDI				С	
		495302	B. WING				/15/2022	
NAME OF PI	ROVIDER OR SUPPLIER		-	S	TREET ADDRESS, CITY, STATE, ZIP CODE	<u></u>		
				24	406 ATHERHOLT ROAD			
FOREST I	IEALTH & REHAB CENT	ER		Ľ	YNCHBURG, VA 24501			
(X4) ID	SUMMARY ST	ATEMENT OF DEFICIENCIES	ID		PROVIDER'S PLAN OF CORRECTION		(X5)	
PREFIX TAG		Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	PREFI TAG		(EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		COMPLÉTION DATE	
F 684	Continued From page	e 1	F	684				
	one of eighteen resid	ents in the survey sample,			plan of correction to comply with the			
		ent #29's physician ordered			applicable law. The submission of this			
		dministered for three weeks.			plan of correction does not represent a	n		
					admission or statement of agreement v	vith		
	The findings include:				respect to the alleged deficiencies.			
	Resident #29 was ad	mitted to the facility with			F684			
	diagnoses that included COPD (chronic				A. Corrective action accomplished fo	r		
	obstructive pulmonary disease), diabetes,				the resident found to have been affected			
	congestive heart failu			by the alleged deficient practice:				
	bipolar disorder, anxi			1. The MD was notified of resident #2	29			
		on, and osteoporosis. The			got getting his eye gtts as ordered on			
		DS) dated 4/26/22 assessed			5/24/22. The order			
	Resident #29 as cogr	nitively intact.			was entered into PCC and the gtts wer obtained and given as ordered.	е		
	On 6/14/22 at 11:58 a	a.m., Resident #29 was			Resident #29 had no ill effects from thi	S		
	interviewed about qua	ality of care in the facility.			error.			
	Resident #29 stated I	he had seen an eye doctor						
		ho prescribed eye drops but			B. Identify other residents who have	the		
	_	the drops. Resident #29			potential to be affected by the same			
		sed to get eye drops about			deficient practice and what corrective			
	four to five times per				action taken:			
		29's eyes were observed at			The facility will look at all consults			
		s noted on edges of the			the past 30 days to see if any other ord	lers		
	upper and lower lids.				were not entered as MD ordered.			
	Resident #29's clinica	al record documented a			C. Measures/systematic changes put	in		
	physician's order date	ed 5/24/22 for, "Preservative			place to ensure that the deficient practi	ce		
	free tears 1 drop both	n eyes 6 times a day"			does not reoccur:			
					DON and/or designee will educate			
		ocumented a nursing note			licensed nurses how to review all order	'S		
		a.m. stating, "Resident			that were written from resident			
		an). new order for artificial			consultations.			
	tears 1 drop to both e	eyes 6x (times per) day"			D Manifestina et e			
	Decident #001 "				D. Monitoring of corrective action to			
		cation administration record			ensure the deficient practice will not			
	, , ,	and June 2022 documented			reoccur;	1 ;+		
	·	servative-free eye drops.			The DON and/or designee will aud all new orders for week x 1 month and	iit		
	. THE UNITED IT COULT UC	vontronted tio adminibiliation	1		F AN LICK CIUCIO IUI WEEK & I IIIUIIII AIIU		i l	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:			(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
		495302	B. WING _		C 		
NAME OF PF	ROVIDER OR SUPPLIER			ST	TREET ADDRESS, CITY, STATE, ZIP CODE	1 00/	13/2022
			2406 ATHERHOLT ROAD		06 ATHERHOLT ROAD		
FOREST H	EALTH & REHAB CENT	ER		LY	/NCHBURG, VA 24501		
(X4) ID PREFIX TAG			ID PREFIX TAG	(PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 684	Continued From page	2	F 6	84			
	ordered. On 6/15/22 at 9:17 a.	5/24/22 through 6/14/22 as m., the registered nurse (RN dications to Resident #29			then monthly for 2 months. 2. The DON and/or designee will audresidents receiving eye gtts weekly x 1 month and then 10 monthly for 2 month. 3. All findings will be reported to the		
		t the eye drops. RN #3			Administrator.		
	stated she was not av				4. Failure to adhere to facility policy v		
		for Resident #29 and the			be considered a violation. Violations wi		
	MAR had no order list	ted for the drops.			resulting disciplinary action in accordar with the facility progressive disciplinary		
		m., the unit manager (RN about Resident #29's eye			policy. 5. All findings will be reviewed in the		
	•	g the clinical record, RN #1			monthly QAPI x 2 months for further		
		e preservative-free eye			recommendations and follow up.		
	•	d into the health record and			E		
	the order did not show	v on the MAR for 1 stated the floor nurse			E. Date of Completion - 07/11/22		
		as responsible for initiating					
	the order for the medi	· · · · · · · · · · · · · · · · · · ·					
	documented the resid irritation due to dry ey decrease and/or elimi eyes included, "Instill/	of care (revised 3/8/22) Ident had potential for eye res. Interventions to Inate eye irritation and dry I/apply eye medication as per Itain eye exam consultation					
	and director of nursing 6/15/22 at 11:15 a.m.						
F 755 SS=D		edures/Pharmacist/Records (1)-(3)	F 7	55			7/11/22
		ide routine and emergency to its residents, or obtain					

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STATEMENT OF DEFICIENCIES (X) AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
		495302	B. WING			C 06/15/2022	
	ROVIDER OR SUPPLIER			24	TREET ADDRESS, CITY, STATE, ZIP CODE 106 ATHERHOLT ROAD (NCHBURG, VA 24501	1 06/	19/2022
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFII TAG				(X5) COMPLETION DATE
F 755	personnel to administ permits, but only under a licensed nurse. §483.45(a) Procedure pharmaceutical service that assure the accurdispensing, and administic biologicals to meet the service that assure the accurdispensing, and administic biologicals to meet the service Comust employ or obtain pharmacist whose service of the provision that an accipate the facility. §483.45(b)(1) Provide aspects of the provision that an accipate the facility. §483.45(b)(2) Established the facility is a service to the provision sufficient detail to enarce on ciliation; and and service and that an accipate and that an accipate and that an accipate and the permitted and permitted the provision staff interview, and facility failed to ensure available for one of 18 sample, Resident #32 services as a service and the services are services as a services and the services are services as a services as a services and the services are services as a services and the services are services as a services as a services and the services are services as a services as a services as a services and the services are services as a services are services as a services as a services and the services are services as a	ity may permit unlicensed er drugs if State law er the general supervision of es. A facility must provide es (including procedures ate acquiring, receiving, nistering of all drugs and he needs of each resident. In the services of a licensed es consultation on all on of pharmacy services in the services in estension of all controlled drugs in able an accurate estension of all controlled drugs in ount of all controlled drugs in ount of all controlled drugs in in estension of all controlled drugs in estension of all controlle	F	755	F755 A. Corrective action accomplished for the resident found to have been affected by the alleged deficient practice: 1. Resident #32 s Omeprazole was available at 0900. Med was obtained at given before 1200. MD was notified of med not being available in tablet form a it was changed to capsule. The medication is being filled by the	not nd the	

	STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION (X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
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		495302	B. WING			06/	15/2022
	ROVIDER OR SUPPLIER HEALTH & REHAB CENT	ER		24	TREET ADDRESS, CITY, STATE, ZIP CODE 406 ATHERHOLT ROAD YNCHBURG, VA 24501		
(X4) ID PREFIX TAG	(EACH DEFICIENC	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG		PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 755	included: End stage peripheral vascular d most current MDS (mannual assessment was reference date) of 4/2 cognitive score was a impaired cognitively. On 06/15/22 at 8:04 / pour observation was Omeprozole 10 millig given at 9:00 AM. Recould not find Reside medication cart. RN medication was not a (because of the dosa through the pharmacy pharmacy was going in the day. On 06/15/22 at 10:36 (DON) was interviewed medications through stated medications shresident gets down to the physician's order Omeprozole docume MG (milligrams) by morningdispense 9 The facility policy, On Non-Controlled Medici "Reorder medication refill date on the pharmacy most currently policy or the physician's order of the facility policy of the facility policy or the facility policy or the pharmacy medication refill date on the pharmacy most currently policy or the pharmacy of the pharmacy was going in the day.	mitted with diagnoses which renal failure, reflux, isease, and diabetes. The minimum data set) was an with an ARD (assessment 27/22. Resident #32's a 5 indicating severely AM, a medication pass and a conducted. Resident #32's rams was ordered to be gistered nurse (RN #2) not #32's Omeprozole in the #2 stated that the vailable over the counter ge) and had to be ordered y. RN #2 stated that to send the medication later AM, the director of nursing ed regarding reordering the pharmacy. The DON mould be reordered when a part a three day supply. Tor Resident #32's med, "Omeprozole Tablet 10 mouth in the 100 AM." dering and Receiving cations, documented macy RX (prescription) a days in advance to ensure	F	755	pharmacy. Resident #32 did not miss a doses of her medication and there were no ill effects from this deficient practice. B. Identify other residents who have the potential to be affected by the same deficient practice and what corrective action taken: 1. All residents have the potential to be affected by this deficient practice. 2. 100% MAR to cart audit was conduct to ensure that all meds are available as ordered. C. Measures/systematic changes put place to ensure that the deficient practice does not reoccur: 1. DON or designee will educate all licensed nurses on pharmacy services and ordering medications timely. D. Monitoring of corrective action to ensure the deficient practice will not reoccur; 1. DON or designee will audit med availability by randomly choosing 5 residents per week and do a MAR to cacheck from their med list to ensure mediavailability. 2. This will be done weekly for 3 mon 3. All results will be reported to QAP review, recommendations and follow up 3 months. E. Date of Completion - 07/11/22	ted in ce	

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:			PLE CONSTRUCTION G	(X3) DATE SURVEY COMPLETED		
		495302	B. WING		C 06/15/2022	
	ROVIDER OR SUPPLIER	TER		STREET ADDRESS, CITY, STATE, ZIP CODE 2406 ATHERHOLT ROAD LYNCHBURG, VA 24501	1 00/10/2022	
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD B CROSS-REFERENCED TO THE APPROPRI DEFICIENCY)	DATE	
F 759 SS=D	On 06/15/22 at 11:22 presented to the dire administrator, and number of the dire administrator, and number of the direct administrator	AM, the above finding was ctor of nursing, arse consultant. was presented prior to exit 22. rror Rts 5 Prcnt or More n Errors. ure that its- tion error rates are not 5 is not met as evidenced in pass and pour observation, al record review, and facility are facility staff failed to ensure the less than 5 percent. so out of 38 opportunities tion error rate of 5.26 AM a medication pass and as conducted with RN #2. prozole 10 milligrams was at 9:00 AM. Registered nurse	F 75		ed ven d of g as e	

	DEFICIENCIES CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	l ` ′	PLE CONSTRUCTION G	(X3)) DATE SURVEY COMPLETED
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	ROVIDER OR SUPPLIER			STREET ADDRESS, CITY, STATE, ZIP CODE 2406 ATHERHOLT ROAD LYNCHBURG, VA 24501		06/13/2022
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORR (EACH CORRECTIVE ACTION SI CROSS-REFERENCED TO THE AP DEFICIENCY)	HOULD BE	(X5) COMPLETION DATE
F 759	MG (milligrams) by m morningdispense 9: RN #2 began pulling in Resident #44. One of labeled, "Propranolol RN #2 then popped the medicine cup along with gave the medications." After the medications give conciled with the propranolol or decorated with the propranolol of decorated with the decorated with the propranolol of decorated with the p	for Resident #32's nted, "Omeprozole Tablet 10 outh in the 00 AM." medications to be given to f the medications was 40 MG give one tablet" ne Propranolol into a nith other medications and to Resident #44. Observation was complete, wen by RN #2 were then a pysician's orders. Resident er read "Propranolol Tablet to by mouth" AM, the order was reviewed then pulled the medication and given the wrong at all of Resident #44's bound the correct dose of the 40 MG dose of have been on the cart for AM, the above finding was stor of nursing, rise consultant.	F 7	C. Measures/systematic change place to ensure that the deficient does not reoccur: 1. DON or designee will re-edicensed nurses on medication pmed availability. D. Monitoring of corrective actensure the deficient practice will reoccur; 1. DON or designee will randous 5 residents weekly and do a MA check against their orders to enall meds are available. 2. This will be done weekly for 3. All findings will be reported for further review, follow up and recommendations weekly for 3 in E. Date of Completion - 07/11	nt practice ducate all bass and dion to I not omly audit AR to cart sure that r 3 months I to QAPI months.	
F 803 SS=E	CFR(s): 483.60(c)(1)-	t Nds/Prep in Adv/Followed (7) d nutritional adequacy.	F 8	03		7/11/22
			1	I .		1

		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING			(X3) DATE SURVEY COMPLETED	
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		495302	B. WING _			06/	15/2022
NAME OF P	ROVIDER OR SUPPLIER				TREET ADDRESS, CITY, STATE, ZIP CODE		
FOREST H	IEALTH & REHAB CENT	ER			406 ATHERHOLT ROAD YNCHBURG, VA 24501		
(X4) ID	SUMMARY ST	ATEMENT OF DEFICIENCIES	ID		PROVIDER'S PLAN OF CORRECTION		(X5)
PREFIX TAG	(EACH DEFICIENC)	Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	PREFI TAG	X	(EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIADEFICIENCY)		COMPLETION DATE
F 803	Continued From page 7 Menus must-		F 8	303			
		ne nutritional needs of ce with established national					
	§483.60(c)(2) Be prep	pared in advance;					
	§483.60(c)(3) Be follo	wed;					
		e religious, cultural and esident population, as well as					
	§483.60(c)(5) Be upd	ated periodically;					
	§483.60(c)(6) Be revieusly dietitian or other clinic professional for nutriti	cally qualified nutrition					
	construed to limit the personal dietary choice	g in this paragraph should be resident's right to make ces. is not met as evidenced					
	Based on observation interview, facility policy review, the facility state items per the menu and eighteen residents in Resident #29 and #32	2. Resident #29 and 32 vided food per their meal			A. Corrective action accomplished for the resident found to have been affected by the alleged deficient practice: 1. Resident #29 and #32 likes and dislikes were reviewed with the resident by dietary and their tray cards were updated. Dietary staff were educated of following tray tickets.	ed its	
	The findings include: 1. Resident #29 was a	admitted to the facility with			B. Identify other residents who have to potential to be affected by the same deficient practice and what corrective	:he	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	1 ' '	PLE CONSTRUCTION G	\ , ,	(X3) DATE SURVEY COMPLETED C 06/15/2022	
		495302	B. WING _	B. WING			
NAME OF P	ROVIDER OR SUPPLIER		<u> </u>	STREET ADDRESS, CITY, STATE, ZIP CO	•		
				2406 ATHERHOLT ROAD			
FOREST	HEALTH & REHAB CE	NIER		LYNCHBURG, VA 24501			
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F 803	obstructive pulmon congestive heart fabipolar disorder, ar insomnia, hyperter minimum data set of Resident #29 as coordinated on 6/14/22 at 11:5 interviewed about of Resident #29 state and/or food items at this happened on a stated he was suppor cola on each me not receive the cola items like rolls and provided with meal On 6/14/22 at 12:3 observed with his lidated 6/14/22 door regular, thin liquids ounces whole milk, cheese sandwich wand an alert listed a The resident's lunc double portion of contract of the contract of	ary disease), diabetes, illure, chronic kidney disease, axiety, atrial fibrillation, sion, and osteoporosis. The (MDS) dated 4/26/22 assessed orgitively intact. 8 a.m., Resident #29 was quality of life/care in the facility. d that he did not get drinks as listed on the meal ticket and a routine basis. Resident #29 posed to get a diet ginger ale real tray and he frequently did at. The resident stated bread for toast were not routinely s. 9 p.m., Resident #29 was unch tray. The lunch ticket amented the resident's order as with "standing orders" of 4 and 4 ounces diet cola, a grilled with tomato and mayonnaise as "send extra vegetables." he tray had pork bites on rice, forn, milk and a diet cola. In the december of the meal ticket and the resident #29 was a listed on the meal ticket and and ticket are all sisted on the meal ticket and and ticket and and ticket and and ticket and and ticket and the resident #29 was a his room. The meal ticket	F 8		otential to be ctice. In and Dietary the sure that likes of 6/16/22. In anges put in cient practice by Manager and how to by Manager will wing tray by the contine tray. I ducate nursing the tray.		
	Resident #29 as co	B a.m., Resident #29 was quality of life/care in the facility. d that he did not get drinks as listed on the meal ticket and a routine basis. Resident #29 cosed to get a diet ginger ale that tray and he frequently did a. The resident stated bread for toast were not routinely s. O p.m., Resident #29 was unch tray. The lunch ticket umented the resident's order as with "standing orders" of 4 a unces diet cola, a grilled with tomato and mayonnaise as "send extra vegetables." h tray had pork bites on rice, orn, milk and a diet cola. In the decese sandwich with the as listed on the meal ticket and fany type. a.m., Resident #29 was		and dislikes are accurate as C. Measures/systematic chiplace to ensure that the deficiency of the place to ensure that the deficiency of the place to ensure that the Dietary about following tray cards an update as needed. Dietary educate dietary staff on following tray cards to ensure residents are 2. DON or designee will extaff on reading the tray cards that all requested items are common to the place of the place o	of 6/16/22. nanges put in cient practice y Manager and how to Manager will wing tray e on the tray. ducate nursing its to ensure on the tray. action to will not select 5 trays card matches Administrator PI weekly, or further mendations.		

		(X3) DATE SURVEY COMPLETED	
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495302 B. WING_		06/15/2022	
NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE		
FOREST HEALTH & REHAB CENTER	2406 ATHERHOLT ROAD		
	LYNCHBURG, VA 24501		
(X4) ID SUMMARY STATEMENT OF DEFICIENCIES ID PREFIX (EACH DEFICIENCY MUST BE PRECEDED BY FULL PREFIX TAG REGULATORY OR LSC IDENTIFYING INFORMATION) TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)	DATE	
toast/bread. The resident stated the serving of scrambled eggs was very small and he would prefer some type of meat and toast. Resident #29 stated he hated to ask for food/drink items that were not on his tray. The resident stated by the time the requested items were served he was done with eating. The resident stated not getting food/drink items on his tray happened "almost every day." Resident #29 stated butter was frequently on his tray but bread was rarely provided. The facility's regular menu/diet spreadsheet for 6/14/22 included an English muffin for breakfast but no bread for the lunch and dinner meal. The menu/diet spreadsheet for breakfast on 6/15/22 listed toast and/or a biscuit was supposed to be served in addition to juice, cereal, scrambled eggs with cheese, milk and coffee or tea. On 6/15/22 at 8:35 a.m., the dietary manager (other staff #1) and the registered dietitian (RD other staff #2) were interviewed about Resident #29's food concerns and not getting food/drink items as listed on the meal ticket. The dietary manager stated the grilled cheese sandwich and the diet cola must have been omitted in error from the tray line. The dietary manager stated rolls, bread and/or toast were routinely available for residents. The RD stated the meal tickets did not print the "day to day" menu but included the resident's preferences. The dietary manager stated "all of the preferences don't show" on the meal tickets. The dietary manager stated he was not familiar with the meal ticket printing system and was working to figure it out. The dietary manager stated he was not familiar with the meal ticket printing system and was working to figure it out. The dietary manager stated reliance that resident's food according to the ticket and that residents should be getting rolls,	03		

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(X4) ID PREFIX TAG	(EACH DEFICIEN	STATEMENT OF DEFICIENCIES ICY MUST BE PRECEDED BY FULL R LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPRO DEFICIENCY)	LD BE COMPLETION	
F 803	bread and/or toast vifacility followed the Resident #29's clinic physician's order dadiet with thin liquids (revised 3/8/22) lister nutrition/hydration richeart failure and usunterventions to supincluded, "Provideresident dietary chomilk" The facility's policy (revised 7/27/20) do facility's reasonable religious, cultural, a resident population, and resident groups This finding was revand director of nurse 6/15/22 at 11:15 a.n. 2. Resident # 32 withat included end strooronary artery disentation, periph gastroesophageal remellitus, hypokalem accident with right sedisorder, dysphagia cardiomyopathy, insmuscle weakness. Minimum Data Set vine Reference Date of 4 assessed under Sedioner diseases sedioner sedioner diseases sedioner sedio	with meals. The RD stated the corporate menus. cal record documented a sted a 7/20/21 for a regular. The resident's plan of care ed the resident had increased sks due to COPD, congestive e of multiple diuretics. port acceptable lab values ediet per orderRespect ices, likes Diet Coke, 2% ctitled Menu Planning Policy ocumented, "Based on a efforts, menus will reflect the nod ethnic needs of the as well as individual resident s" riewed with the administrator ing during a meeting on n. as admitted with diagnoses age renal disease, anemia, ease, hypertension, orthostatic eral disease, eflux disease, diabetes iia, arthritis, cerebrovascular ided hemiplegia, seizure , hypertrophy, somnia, and generalized According to an Annual with an Assessment 4/27/2022, the resident was ction C (Cognitive Patterns) ognitively impaired, with a	F 80	03		

STATEMENT OF DEFICIENCIES (X1) PROVIDER/SUPPLIER/CLIA AND PLAN OF CORRECTION IDENTIFICATION NUMBER:		` ′	LE CONSTRUCTION G	(X3) DATE SURVEY COMPLETED		
		495302	B. WING		C 06/15/2022	
	ROVIDER OR SUPPLIER	ΓER		STREET ADDRESS, CITY, STATE, ZIP CODE 2406 ATHERHOLT ROAD LYNCHBURG, VA 24501	1 00/13/2022	
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES BY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTI (EACH CORRECTIVE ACTION SHOUL CROSS-REFERENCED TO THE APPROI DEFICIENCY)	D BE COMPLETION	
F 803	lunch in the main din observed at a table, lunch tray was place and set-up for eating resident's tray consist multi-colored green is sandwich. Resident # 32 picked fingers and placed it the pork, the resident the tray away. Asked wrong, Resident # 32 Asked about getting 32 declined to ask for Review of the meal tray revealed the Orders: > 3 oz (ounce slices meat)." There Resident # 32's mean At 8:50 a.m. on 6/15, was interviewed regarmeal tickets. According	4/2022, during observation of ing room, the resident was seated in a wheelchair. The d in front of Resident # 32. The entree on the sted on pork bites over rice, beans, and a grilled cheese of the seans, and a grilled cheese o	F 80			
	and the main menu of Resident # 32 got a ginstead of a deli sand said the grilled chees sandwich, and the rethe deli sandwich. The findings was dis 11:15 a.m. on 6/15/2	get the standing order item meal items." When told grilled cheese sandwich dwich, the Dietary Manager se sandwich was not a deli- sident should have gotten cussed during a meeting at 022 that included the or of Nursing, and the survey				

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	` ′	PLE CONSTRUCTION G	(X3) DATE SURVEY COMPLETED
		495302	B. WING		C 06/15/2022
NAME OF PROVIDER OR SUPPLIER FOREST HEALTH & REHAB CENTER				STREET ADDRESS, CITY, STATE, ZIP CODE 2406 ATHERHOLT ROAD LYNCHBURG, VA 24501	1 00/13/2022
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)		ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD CROSS-REFERENCED TO THE APPROFICIENCY)	D BE COMPLETION
F 880 SS=D	infection prevention designed to provide comfortable environ development and tradiseases and infection \$483.80(a) Infection program. The facility must est and control program a minimum, the followard for the facility must est and communicable of the facility for the facility fo	ontrol ablish and maintain an and control program a safe, sanitary and ment and to help prevent the ansmission of communicable ons. prevention and control ablish an infection prevention (IPCP) that must include, at wing elements: tem for preventing, identifying, ng, and controlling infections diseases for all residents, itors, and other individuals inder a contractual upon the facility assessment g to §483.70(e) and following andards; In standards, policies, and rogram, which must include, or eillance designed to identify able diseases or ey can spread to other sy; om possible incidents of ase or infections should be used for a	F 88		7/11/22

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION A. BUILDING		(X3) DATE SURVEY COMPLETED		
			7. BOILDING			С	
495302		495302	B. WING			06/15/2022	
NAME OF PROVIDER OR SUPPLIER FOREST HEALTH & REHAB CENTER				24	TREET ADDRESS, CITY, STATE, ZIP CODE 106 ATHERHOLT ROAD YNCHBURG, VA 24501		
(X4) ID PREFIX TAG	(EACH DEFICIENC)	ATEMENT OF DEFICIENCIES Y MUST BE PRECEDED BY FULL SC IDENTIFYING INFORMATION)	ID PREFI TAG	X	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 880	involved, and (B) A requirement that least restrictive possible circumstances. (v) The circumstances must prohibit employed disease or infected skeentact with residents contact will transmit the factorrective actions take \$483.80(e) Linens. Personnel must hand transport linens so as infection. §483.80(f) Annual revenue from the facility will conduit IPCP and update their This REQUIREMENT by: Based on observation document review, the infection control proton hygiene. A staff mem hygiene between residining observation on The findings include: A dining observation of	ation of the isolation, infectious agent or organism of the isolation should be the pole for the resident under the sunder which the facility ees with a communicable kin lesions from direct or their food, if direct in edisease; and procedures to be followed rect resident contact. If the facility's IPCP and the en by the facility. It is, store, process, and to prevent the spread of the program, as necessary. It is not met as evidenced on, staff interview and facility facility staff failed to follow cols regarding hand ther failed to perform hand dent contacts during a	F	380	A. Corrective action accomplished for the resident found to have been affected by the alleged deficient practice: 1. C.N.A. #1 received a 1:1 education and discipline from the DON on 6/14/22 B. Identify other residents who have the potential to be affected by the same deficient practice and what corrective action taken: 1. All residents have the potential to laffected by deficient practice.	ed n 2.	

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION		(X3) DATE SURVEY COMPLETED		
			A. BUILDING			C	
		495302	B. WING			06/15/2022	
NAME OF PROVIDER OR SUPPLIER FOREST HEALTH & REHAB CENTER				24	TREET ADDRESS, CITY, STATE, ZIP CODE 406 ATHERHOLT ROAD YNCHBURG, VA 24501		
(X4) ID PREFIX TAG	(EACH DEFICIENC	TATEMENT OF DEFICIENCIES CY MUST BE PRECEDED BY FULL LSC IDENTIFYING INFORMATION)	ID PREFI TAG	X	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BI CROSS-REFERENCED TO THE APPROPRIA DEFICIENCY)		(X5) COMPLETION DATE
F 880	the room, attempted the meal service. Coassisted Resident #3 on. Without hand hy a lunch tray from the another resident. Cl touching the utensils drinking glass. CNA assistance with tray three additional resident's tray, utens opened milk cartons thermal tops on the ono hand hygiene bet or after contact with items. On 6/14/22 at 12:47 interviewed about has he was supposed to residents. CNA #1 skeep him (Resident stated hand sanitized carts and in the dining the facility's policy to the facility's policy to the facility's policy to the facility's policy to the facility policy policy to the facility policy policy to the facility policy	d at a table near the center of to take his shirt off during critified nurses' aide (CNA) #1 80 with putting his shirt back rgiene, CNA #1 then retrieved a cart and served a tray to NA #1 set up the meal tray at the proceeded to provide service and meal set-up to dents. CNA #1 touched the sils, applied seasonings, discarded trash and placed counter. CNA #1 performed ween any of these residents the utensils and/or food p.m., CNA #1 was and hygiene. CNA #1 stated to use hand sanitizer between stated, "I was just trying to the sand sanitizer between the stated, "I was just trying to the sand sanitizer between the sand hygiene. CNA #1 was available on the mealing room. Itled Hand and Policy (revised 7/14/21) washing is the most at for preventing the spread of and hygieneBefore and contact with residentsAfter the objects (including medical mediate vicinity of the dis with either plain or and water or rub hands with an lation before handling	F	880	C. Measures/systematic changes put in place to ensure that the deficient practidoes not reoccur: 1. All nursing staff were provided pool sized hand sanitizer on 6/14/22. 2. The DON and/or designee have in-serviced all staff on the Hand Hygier policy 3. C.N.A.s will be tracked and trende for compliance with proper hand hygier by the RN Unit Manager or designee D. Monitoring of corrective action to ensure the deficient practice will not reoccur: 1. Director of Nursing or designee wi audit 5 C.N.A.s as they complete hand washing/sanitizing procedures for the dining process weekly for one month at then 5 monthly for two months. 2. Findings will be reported to the Nursing Home Administrator (NHA) immediately when policy is not adhered to. 3. Failure to adhere to facility policy who considered a violation. Violations were sult in disciplinary action in accordan with the facility progressive disciplinary policy. 4. The Administrator will be responsite for overseeing all audit of findings and subsequent disciplinary action, if applicable. All findings will be reported to the facility QAPI Committee monthly for three months to review the need for continue intervention or amendment of plan. E. Date of Completion □ 07/11/22	ce ket ne d ne vill nd vill rill ce	

STATEMENT OF DEFICIENCIES (X AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:		2) MULTIPLE CONSTRUCTION BUILDING		(X3) DATE SURVEY COMPLETED C 06/15/2022	
495302 B. WI			B. WING				
NAME OF PROVIDER OR SUPPLIER FOREST HEALTH & REHAB CENTER				STREET ADDRESS, CITY, STATE, ZIP CODE 2406 ATHERHOLT ROAD LYNCHBURG, VA 24501			
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F 880	This finding was revie	ewed with the administrator g during a meeting on	F 88				