



2012 LFHD Results Youth Risk Behavior Survey (2011) Grade 11

In the fall of 2012, a total of 1,492 surveys were collected from 11th-graders in the Lord Fairfax Health District (LFHD). This represented 74% of the student population in that grade. Below are those results compared with Virginia and United States results collected in the fall of 2011.*

*Shenandoah County Public Schools did not participate.

Automobile and Bicycle Safety

	LFHD	VA	US
<ul style="list-style-type: none"> Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else 	6.3	6.5	6.0
<ul style="list-style-type: none"> Percentage who rode in a car driven by someone who had been drinking alcohol (past 30 days) 	17.1	19.7	23.8
<ul style="list-style-type: none"> Percentage who drove a car after drinking alcohol (past 30 days) 	5.8	5.2	9.1
<ul style="list-style-type: none"> Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet 	88.0	88.0	87.7

Violence-Related Behaviors

Weapons	LFHD	VA	US
<ul style="list-style-type: none"> Percentage of students who carried a weapon (past 30 days) 	18.9	21.4	16.2
<ul style="list-style-type: none"> Percentage of students who carried a gun (past 30 days) 	7.1	11.2	5.0
<ul style="list-style-type: none"> Percentage of students who carried a weapon on school property (past 30 days) 	4.9	7.9	4.7
<ul style="list-style-type: none"> Percentage of students who had been threatened or injured with a weapon on school property (past 12 months) 	6.2	7.1	7.3
Fighting	LFHD	VA	US
<ul style="list-style-type: none"> Percentage of student who were in a fight (past 12 months) 	20.9	26.5	29.7
<ul style="list-style-type: none"> Percentage of student who were in a fight requiring medical treatment (past 12 months) 	3.2	4.3	3.6
<ul style="list-style-type: none"> Percentage of students who were in a fight on school property (past 12 months) 	6.6	8.8	9.2
<ul style="list-style-type: none"> Percentage of students who were hit by boyfriend or girlfriend (past 12 months) 	13.1	10.1	10.3

Bullying Behaviors

Bullying and Harassment	LFHD	VA	US
• Percentage of students who were bullied on school property (past 12 months)	17.3	14.7	17.1
• Percentage of students who were electronically bullied (past 12 months)	14.9	14.2	16.0
• Percentage of students who did not go to school because they felt unsafe (past 30 days)	3.7	5.0	5.2

Suicide-Related Behaviors

	LFHD	VA	US
• Percentage of students who felt sad or hopeless (past 12 months)	24.4	25.5	28.8
• Percentage of students who considered attempting suicide (past 12 months)	12.7	17.3	15.5
• Percentage of student who made a suicide plan (past 12 months)	10.2	12.3	11.9
• Percentage of students who attempted suicide (past 12 months)	11.0	8.2	6.6
• Percentage of students injured for suicide attempt requiring medical treatment (past 12 months)	5.3	2.8	1.9

Alcohol, Tobacco, Other Drugs (ATOD)

Lifetime ATOD Use	LFHD	VA	US
• Alcohol	66.0	65.5	75.3
• Cigarettes	39.9	40.0	47.1
• Inhalants	9.0	8.3	11.1
• Marijuana	37.9	31.9	45.5
• Ecstasy	7.7	7.3	9.2
• Cocaine	6.5	4.9	7.5
• Methamphetamine	4.7	2.6	4.1
• Heroin	3.9	1.7	2.8
• Steroids	3.5	2.4	3.7
• Prescription drugs without doctor's orders	17.5	17.7	23.3
• Used needle to inject illegal drugs	3.0	0.7	2.4
30-Day ATOD Use	LFHD	VA	US
• Alcohol	37.6	30.6	42.7
• Binge Drinking	22.9	16.9	25.2
• Cigarettes	17.6	12.3	19.3
• Cigars/Cigarillos	13.7	8.6	14.5
• Smokeless Tobacco	9.3	10.2	8.6
• Marijuana	20.1	15.4	25.5
• Cocaine	3.7	0.5	3.0
30 Day ATOD Use on School Property	LFHD	VA	US
• Alcohol	3.3	2.5	5.2
• Cigarettes	4.4	3.4	5.9
• Smokeless Tobacco	5.9	5.6	5.0
• Marijuana	3.6	1.9	6.2
• Offered, sold, or given an illegal drug (12mo)	21.2	23.1	27.0

Sexual Behaviors

	LFHD	VA	US
<ul style="list-style-type: none"> Percentage of students who ever had sexual intercourse (lifetime) 	46.7	NA	53.2
<ul style="list-style-type: none"> Percentage of students who had sexual intercourse before the age of 13 	12.0	NA	4.9
<ul style="list-style-type: none"> Percentage of students who had sexual intercourse in the past 3 months 	30.0	NA	38.7
<ul style="list-style-type: none"> Among sexually active students, percentage who used a condom during last episode of sexual intercourse 	66.1	NA	60.2
<ul style="list-style-type: none"> Among sexually active students, percentage who drank alcohol or used drugs before last episode of sexual intercourse 	24.7	NA	21.0

Body Weight and Dieting

	LFHD	VA	US
<ul style="list-style-type: none"> Percentage of students who described themselves as slightly overweight or very overweight 	29.9	25.3	29.3
<ul style="list-style-type: none"> Percentage of students who had fasted 24 hours (past 30 days) 	11.6	13.4	12.9
<ul style="list-style-type: none"> Percentage of students who used diet pills (past 30 days) 	5.5	5.1	5.9
<ul style="list-style-type: none"> Percentage of students who vomited or took laxatives (past 30 days) 	5.8	4.9	4.3

Nutrition

	LFHD	VA	US
<ul style="list-style-type: none"> Percentage of students who drank fruit juice (past 7 days) 	73.8	77.5	81.1
<ul style="list-style-type: none"> Percentage of students who ate fruit (past 7 days) 	89.0	84.8	88.7
<ul style="list-style-type: none"> Percentage of students who ate a green salad (past 7 days) 	61.6	62.9	61.6
<ul style="list-style-type: none"> Percentage of students who ate potatoes (past 7 days) 	70.6	78.9	68.0
<ul style="list-style-type: none"> Percentage of students who ate carrots (past 7 days) 	49.2	46.3	48.5
<ul style="list-style-type: none"> Percentage of students who ate other vegetables (past 7 days) 	85.2	83.8	82.7

Physical Activity and Health

	LFHD	VA	US
<ul style="list-style-type: none"> Percentage of students physically active 60 minutes or more per day on 5 or more of the past 7 days 	46.2	59.9	52.7
<ul style="list-style-type: none"> Percentage of students who watched TV three or more hours per day on an average school day 	26.6	28.6	31.4
<ul style="list-style-type: none"> Percentage of students who played computer games three or more hours per day on an average school day 	28.1	31.5	30.7
<ul style="list-style-type: none"> Percentage of students who attend PE classes on one or more days in school 	21.6	21.0	42.9
<ul style="list-style-type: none"> Percentage of students who played on one or more sports teams during the past 12 months 	53.2	41.8	43.8
<ul style="list-style-type: none"> Percentage of students who had ever been taught about AIDS/HIV 	79.4	90.8	85.4
<ul style="list-style-type: none"> Percentage of students who had ever been told by doctor or nurse they had asthma 	23.0	19.6	22.3
<ul style="list-style-type: none"> Percentage of students who had ever been told by doctor or nurse they still had asthma 	13.2	9.9	11.5