



2012 LFHD Results Youth Risk Behavior Survey (2011) Grade 8

In the fall of 2012, a total of 1,702 surveys were collected from eighth-graders in the Lord Fairfax Health District (LFHD). This represented 80% of the student population in that grade.*

*Shenandoah County Public Schools did not participate.

Automobile and Bicycle Safety

	LFHD
<ul style="list-style-type: none"> Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else 	8.2
<ul style="list-style-type: none"> Percentage who rode in a car driven by someone who had been drinking alcohol 	22.5
<ul style="list-style-type: none"> Among students who rollerblade or ride a skateboard, percentage who rarely or never wore a helmet 	40.4
<ul style="list-style-type: none"> Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet 	62.2

Violence-Related Behaviors

Weapons	LFHD
<ul style="list-style-type: none"> Percentage of students who have carried a weapon 	34.7
<ul style="list-style-type: none"> Percentage of students who had been in a physical fight 	41.1
<ul style="list-style-type: none"> Percentage of students who had been in a fight requiring medical treatment 	4.9

Bullying Behaviors

Bullying and Harassment	LFHD
<ul style="list-style-type: none"> Percentage of students who were bullied on school property 	44.3
<ul style="list-style-type: none"> Percentage of students who were electronically bullied 	25.3

Suicide-Related Behaviors

	LFHD
<ul style="list-style-type: none"> Percentage of students who seriously thought about killing him/herself 	20.6
<ul style="list-style-type: none"> Percentage of student who made a suicide plan 	13.2
<ul style="list-style-type: none"> Percentage of students who attempted suicide 	6.8

Sexual Behaviors

	LFHD
<ul style="list-style-type: none"> Percentage of students who ever had sexual intercourse (lifetime) 	11.0
<ul style="list-style-type: none"> Percentage of students who had sexual intercourse before the age of 13 	7.4
<ul style="list-style-type: none"> Among sexually active students, percentage who used a condom during last episode of sexual intercourse 	89.2

Alcohol, Tobacco, Other Drugs (ATOD)

Lifetime ATOD Use	LFHD
<ul style="list-style-type: none"> Alcohol 	29.2
<ul style="list-style-type: none"> Cigarettes 	29.2
<ul style="list-style-type: none"> Inhalants 	7.9
<ul style="list-style-type: none"> Marijuana 	9.5
<ul style="list-style-type: none"> Cocaine 	3.2
<ul style="list-style-type: none"> Steroids 	1.6
<ul style="list-style-type: none"> Prescription drugs without doctor's orders 	4.3
30-Day Tobacco Use	LFHD
<ul style="list-style-type: none"> Cigarettes 	3.9
<ul style="list-style-type: none"> Cigars/Cigarillos 	4.0

Body Weight and Dieting

	LFHD
<ul style="list-style-type: none"> Percentage of students who described themselves as slightly overweight or very overweight 	28.0
<ul style="list-style-type: none"> Percentage of students who had fasted 24 hours 	19.2
<ul style="list-style-type: none"> Percentage of students who used diet pills 	4.5
<ul style="list-style-type: none"> Percentage of students who vomited or took laxatives 	5.3

Physical Activity and Health

	LFHD
<ul style="list-style-type: none">Percentage of students physically active 60 minutes or more per day on 5 or more of the past 7 days	66.5
<ul style="list-style-type: none">Percentage of students who watched TV three or more hours per day on an average school day	28.6
<ul style="list-style-type: none">Percentage of students who played computer games three or more hours per day on an average school day	32.2
<ul style="list-style-type: none">Percentage of students who attend PE classes on one or more days in school	87.1
<ul style="list-style-type: none">Percentage of students who played on one or more sports teams during the past 12 months	63.7
<ul style="list-style-type: none">Percentage of students who had ever been taught about AIDS/HIV	48.1
<ul style="list-style-type: none">Percentage of students who had ever been told by doctor or nurse they had asthma	18.2
<ul style="list-style-type: none">Percentage of students who had ever been told by doctor or nurse they still had asthma	13.0