#FIGHTTHEBITE

BUZZ OFF!

A bite from a mosquito can cause some pretty nasty diseases. Yikes! Fight the bite by:

Using insect repellent before you go outside

Reapplying insect repellent every few hours

Dressing in long sleeves and pants when you can

Getting rid of standing water around your house and where you play (that's where they live!)

Excited for summer?

LOL me too, bro!

PORTSMOUTH Health Department
Charting a Course for Good Health

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