

## West & East Henrico Medical Reserve Corps (MRC) Training Schedule

June – August 2011

| Dates 2011                      | Time     | Topic/Course  | Location   | Instructor                                |
|---------------------------------|----------|---|--|---|
| <b>June, West &amp; East</b>    |          |   |  |   |
| June 9, West HMRC<br>(Thursday) | 6pm-8pm  | Nuclear & Radiation Overview<br>for MRC               | Henrico Health & Human Services Building,<br>8600 Dixon Powers Drive | Polycom                                   |
| June 28, East HMRC<br>(Tuesday) | 1pm-3pm  | Henrico MRC Orientation                               | Sandston Library,<br>23 Williamsburg Road                            | Augustine W. Doe, Henrico MRC Coordinator |
| June 28, West HMRC<br>(Tuesday) | 6-8:30pm | Adult CPR Training                                    | Henrico Health & Human Services Building,<br>8600 Dixon Powers Drive | Augustine W. Doe, Henrico MRC Coordinator |
| <b>July, West &amp; East</b>    |          |   |  |   |
| July 20, (Wednesday)            | 6-8:30pm | Adult CPR & AED (Automated<br>External Defibrillator) | Henrico Health & Human Services Building,<br>8600 Dixon Powers Drive | Augustine W. Doe, Henrico MRC Coordinator |
| July 26 (Tuesday)               | 1pm-3pm  | Adult CPR Training                                    | Sandston Library,<br>23 Williamsburg Road                            | Augustine W. Doe, Henrico MRC Coordinator |
| <b>August, West &amp; East</b>  |          |   |  |   |
| August 17,<br>(Wednesday)       | 6-7:30pm | Incident Command Systems<br>(ICS) 100 Overview        | Henrico Health & Human Services Building,<br>8600 Dixon Powers Drive | Augustine W. Doe, Henrico MRC Coordinator |
| August 23,<br>(Tuesday)         | 1pm-3pm  | Incident Command Systems<br>(ICS) 100 Overview        | Sandston Library,<br>23 Williamsburg Road                            | Augustine W. Doe, Henrico MRC Coordinator |

Orientation sessions will be held quarterly and added to the schedule as necessary. Kindly review the training plan above and attend as much as your schedule permits. The times and locations for all training events are listed on the schedule. Any necessary change will be communicated.

To RSVP for these sessions, please email [HenricoMRC@vdh.virginia.gov](mailto:HenricoMRC@vdh.virginia.gov) or call 804-501-4643 (office), 804-356-4131(cell). You are encouraged to register in advance of the session convening date. The CPR and First Aid sessions are limited to only **10** participants per session. **Early** request to attend any available session will be accepted.