

## Got Dreams?

**Dream (drēm) n. a: a strongly desired goal or purpose b: something that fully satisfies a wish**

Almost all of us can recall being asked by family and friends, “*What do you want to be when you grow up?*”

Some of us knew right away that we wanted to be a doctor, lawyer, or

teacher; while others had no idea until much later in their lives what path they would take. No matter what your responses were during those early years, all of us have a wish or strongly desired goal that represents what we would like to see happen in our lives. While the dream may appear to be a long way off, the decisions you make today will determine the opportunities you will have tomorrow.



Choosing abstinence now will give you the freedom to choose later.

When you choose abstinence you choose freedom. Freedom to:



- Focus your energies on pursuing your goals
- Select a career field that may require travel or relocation

- **Grow and enjoy your teenage years**
- **Develop a better understanding of relationships before starting a serious relationship**
- **Choose the right mate without the influence of emotional baggage such as an inability to trust, rejection, a broken heart and disappointment**
- **Develop respect for yourself as well as others**
- **Become self-sufficient before making major life decisions**

**Abstinence gives you an added advantage over your peers who may not be willing sacrifice today in order to have a full array of choices tomorrow. Ask yourself these questions when considering the impact of sexual activity on your future:**

- **How will this decision affect my parents and family?**
- **How will this decision change my educational/vocational goals?**
- **How will this decision impact my friends and other relationships?**
- **Will this relationship continue or remain the same after sexual intercourse?**
- **Is this decision worth sacrificing my future dreams, goals and aspirations?**

**The answers to these questions should help you understand why choosing abstinence is the healthiest choice you can make --- for today and tomorrow.**